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ORIGINAL RESEARCH

Reliability of didactic grades to predict practical skills in an undergraduate dental college in Saudi Arabia

Khalid H Zawawi¹ Ahmed R Afify Mohammed K Yousef² Hisham I Othman³ Ayman A Al-Dharrab4

Department of Orthodontics, ²Department of Operative Dentistry, ³Department of Oral Diagnostic Sciences, ⁴Department of Oral and Maxillofacial Prosthodontics, Faculty of Dentistry, King Abdulaziz University, Jeddah, Saudi Arabia

Objectives: This longitudinal study was aimed to investigate the association between didactic grades and practical skills for dental students and whether didactic grades can reliability predict the dental students' practical performance.

Materials and methods: Didactic and practical grades for graduates from the Faculty of Dentistry, King Abdulaziz University, between the years 2009 and 2011 were collected. Four courses were selected: Dental Anatomy, Operative Dentistry, Prosthodontics, and Orthodontics. Pearson product-moment correlation analyses between didactic and practical scores were conducted.

Results: There was only a significant correlation between didactic and practical scores for the Dental Anatomy course (P<0.001). There was also a significant correlation between all four subjects in the didactic scores (P<0.001). Only the scores of male students showed a significant correlation in the Operative Dentistry course (P<0.001). There were no correlations between Orthodontic grades. Moreover, a poor degree of reliability was found between didactic and practical scores for all subjects.

Conclusion: Based on the findings of this study, the relationship between didactic grades and practical performance is course specific. Didactic grades do not reliably predict the students' practical skills. Measuring practical performances should be independent from didactic grading. **Keywords:** correlation study, dental education, dental students, practical performance

Introduction

The dental program is an opportunity for dental instructors to gradually develop students' knowledge, skills, and attitudes with the aim of graduating a competent general dentist. As students proceed through the dental curriculum, the basic knowledge is progressively gained from lectures and seminars. The development of manual skills on the other hand occurs initially with preclinical bench-top procedures (eg, typodont exercises) and progresses to mannequin simulation exercises before the student starts treating patients under instructor supervision.

The final grade of each course at the Faculty of Dentistry, King Abdulaziz University, is the combined grades of both didactic and practical scores, even though they are graded independently. For example, a high didactic grade and a poor practical grade would yield an average grade and this could bias the student's actual practical performance.

To develop the qualification processes, it is imperative that dental schools are able to predict both the prospective academic performance and the clinical competencies of their students. There are numerous articles in the literature that investigated the effects of different variables on predicting the performance of dental students.

Correspondence: Khalid H Zawawi Department of Orthodontics, Faculty of Dentistry, King Abdulaziz University, PO Box 80209, Jeddah 21589, Saudi Arabia Tel +966 2 640 2000 ext 22267 Fax +966 2 640 3316 Email kzawawi@kau.edu.sa

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These studies assessed the relationship between predictor variables and student performance in preclinical laboratory courses, but there have been few studies highlighting the overall clinical performance. Preclinical predictors have mostly shown insignificant correlation with preclinical laboratory course performance. Nonetheless, there is limited research correlating both the didactic and the practical components of these courses. In a recent study, Afify et al¹⁰ correlated didactic and practical performance of dental students. They found no significant correlation between the practical and didactic scores. However, they only followed one group of students and the sample size was relatively small to draw any significant conclusions. Hence, a follow-up study was recommended to evaluate a larger group in different courses.

The aim of this study was to investigate the correlation between the didactic grades and practical performance and to evaluate if didactic grades can in fact predict the practical performance of dental students.

Materials and methods

Didactic and practical scores of graduates from the Faculty of Dentistry, King Abdulaziz University, between the years 2009 and 2011 were collected. Four courses were selected that represented different levels of preclinical practical skills: Dental Anatomy, Operative Dentistry, Orthodontics, and Prosthodontics. ^{1,11–13} These courses were selected based on availability of complete lists of calibrated grading materials and similar weight distribution of marks for didactic and practical scores.

Students who repeated any of the three courses or did not take any of the four courses consecutively were eliminated. The final sample size consisted of 320 students, 137 males and 183 females. The study was reviewed and approved by the Research Ethics Committee at the Faculty of Dentistry, King Abdulaziz University.

Each of these courses required the completion of a didactic and a preclinical practical component, and scores were expressed in percentages. Didactic grades for all four courses were represented by the final grade of multiple-choice questions at the end of the course which constituted 60% of the final grade. The approximate percentages of multiple-choice questions from each domain were: knowledge =40%, comprehension =40% and application/analysis =20%. The practical modules represent an assessment of each student's hand skill and dexterity as well as fine hand-eye coordination, and comprised 40% of the final grade. These practical modules comprised carving teeth from plaster and teeth set-up in the

Dental Anatomy course; cavity preparation and restoration in the Operative Dentistry course; wire-bending exercises in the Orthodontic course; and fabrication of partial and complete dentures in the Prosthodontic course. 1,11–13

Illustrated handouts for each practical exercise were distributed to the students 1 week before the session and included the assessment and grading criteria for the upcoming exercise. Instructors for each practical session carried out calibration sessions to establish an agreement when grading. Three faculty members completed the grading of each student's exercise independently and then averaged to obtain the grade for each exercise. Each faculty member was unaware of the student's score that was graded by the other two faculty members.

Statistical analysis

Pearson product-moment correlation between practical scores and didactic scores were performed. Cronbach's alpha test was used to evaluate the reliability and absolute agreement between didactic and practical scores for each subject. The analysis was conducted for the total sample then repeated for males and females separately. To correct for type 1 error, statistical differences were considered significant at an alpha level of less than 0.01. Moreover, the following guidelines were used when interpreting the Pearson's correlation coefficient (r) for the strength of the association: r < 0.3 = weak; r = 0.3 to < 0.5 = moderate; and $r \ge 0.5 =$ strong. Statistical analysis was performed using Statistical Package for the Social Sciences Version 20.0 (IBM Corporation, Armonk, NY, USA).

Results

The Pearson product-moment correlation coefficient showed that there was only a statistically significant but moderate correlation between the Dental Anatomy's didactic grade and practical performance (P<0.01) for the total sample (Table 1). No significant correlation existed between the didactic and practical grades in the other three courses.

When analyzing the outcome for males, a statistically significant but weak correlation was observed between the didactic grades and the practical performances of both Dental Anatomy and Operative Dentistry (P<0.01); however, no correlation was observed in Prosthodontics and Orthodontics courses (Table 2).

For the female graduates, there was a statistically significant but moderate correlation between the didactic grades and the practical performances for Dental Anatomy course only, P < 0.01 (Table 3).

Table I Pearson product-moment correlations between practical scores and didactic scores for both females and males

	Didactic				Practical			
	Dental	Operative	Prosthodontic	Orthodontic	Dental	Operative	Prosthodontic	Orthodontic
	Anatomy	Dentistry			Anatomy	Dentistry		
Didactic		,						
Dental Anatomy	_	0.481**	0.161*	0.621***	0.369**	0.217*	0.110	0.054
Operative Dentistry		_	0.208*	0.535***	0.421**	0.067	0.145*	0.367**
Prosthodontic			_	0.047	0.063	0.066	0.103	0.096
Orthodontic				_	0.390**	0.351**	0.031	0.109
Practical								
Dental Anatomy					_	0.220*	0.166*	0.349**
Operative Dentistry						_	0.001	0.159*
Prosthodontic							_	0.101
Orthodontic								_

Notes: *Weak and statistically significant correlation at the 0.01 level (two-tailed); **moderate and statistically significant correlation at the 0.01 level (two-tailed); ***strong and statistically significant correlation at the 0.01 level (two-tailed).

Table 4 shows the Cronbach's alpha reliability and absolute agreement results between didactic and practical scores in each subject for the total sample. There was a poor degree of reliability between didactic and practical scores in all subjects. When evaluating the results of male and female students separately, only female students showed an acceptable agreement between didactic and practical scores in the Dental Anatomy course only (Table 4).

Discussion

The aim of this study was to investigate whether there is a correlation between the performance of dental students in didactic and practical parts of four dental courses. In the Faculty of Dentistry at King Abdulaziz University, students are introduced to the anatomic forms and shapes of deciduous and permanent dentition during the Dental Anatomy course. This course, as well as the other three courses, has a didactic part in the form of lectures, presentations, and seminars, and a practical part where students learn how to carve and shape

different teeth using different types of waxes. In the following year, in the Operative Dentistry course, students are taught how to perform different classes of cavity preparations on typodonts and use a variety of dental materials (eg, amalgam, composites, and glass ionomer cements). The practical component of the Prosthodontic course comprises tooth set-up for partial and complete dentures. In the Orthodontic course, different skills are introduced (eg, bending wires). In all of these above-mentioned courses, students are taught different psychomotor skills and have to apply what was learnt during the didactic part to their practical exercises.

Recently, one study could not demonstrate any relationship between didactic scores of dental students in the same dental college and their psychomotor skills. ¹⁰ Their findings are in opposition to the findings of the present study in which a significant correlation was found only in the Dental Anatomy course. This was also true where the reliability between didactic and practical scores were only acceptable in the Dental Anatomy subject and, in particular, more in

Table 2 Pearson product-moment correlations between practical scores and didactic scores for males

	Didactic				Practical			
	Dental	Operative	Prosthodontic	Orthodontic	Dental	Operative	Prosthodontic	Orthodontic
	Anatomy	Dentistry			Anatomy	Dentistry		
Didactic								
Dental Anatomy	_	0.296*	0.009	0.573***	0.218*	0.267*	0.111	0.067
Operative Dentistry		_	0.058	0.503***	0.370**	0.240*	0.192	0.336**
Prosthodontic			_	0.122	0.070	0.043	0.039	0.054
Orthodontic				_	0.306**	0.423**	0.043	0.098
Practical								
Dental Anatomy					_	0.102	0.137	0.355**
Operative Dentistry						_	0.025	0.246*
Prosthodontic							_	0.013
Orthodontic								_

Notes: *Weak and statistically significant correlation at the 0.01 level (two-tailed); **moderate and statistically significant correlation at the 0.01 level (two-tailed); ***strong and statistically significant correlation at the 0.01 level (two-tailed).

Table 3 Pearson product-moment correlations between practical scores and didactic scores for females

	Didactic				Practical			
	Dental	Operative	Prosthodontic	Orthodontic	Dental	Operative	Prosthodontic	Orthodontic
	Anatomy	Dentistry			Anatomy	Dentistry		
Didactic								-
Dental Anatomy	_	0.620***	0.219*	0.656***	0.469**	0.173	0.067	0.091
Operative Dentistry		_	0.173	0.549***	0.368**	0.089	0.039	0.267*
Prosthodontic			_	0.113	0.021	0.044	0.156	0.055
Orthodontic				_	0.438**	0.304**	0.007	0.055
Practical								
Dental Anatomy					-	0.294*	0.141	0.227*
Operative Dentistry						_	0.030	0.156
Prosthodontic							_	0.127
Orthodontic								_

Notes: *Weak and statistically significant correlation at the 0.01 level (two-tailed); **moderate and statistically significant correlation at the 0.01 level (two-tailed); **strong and statistically significant correlation at the 0.01 level (two-tailed).

the female students. These differences can be explained by two factors. The first being the small sample size in the previous study (86 students) compared to the current one (320 students). The other factor is that the previous study was a cross-sectional study that correlated didactic and psychomotor performance of one group of students, while this was a longitudinal study that evaluated three groups of students.

It was noteworthy to find that even though a statistically significant correlation between didactic and practical scores did exist; the Pearson's coefficient was rather low or weak for the most part (Tables 1–3). This was substantiated by the Cronbach's alpha test where all courses except Dental Anatomy demonstrated poor reliability to predict students' practical performance from their didactic grade (Table 4).

Furthermore, the results of this study did not show significant sex differences in the relationship between the didactic grades and practical performances.

Knowledge on how to perform certain procedures is definitely reflected in their application in the laboratory or clinical setting. Students who are not aware or do not quite understand the shape of a tooth will definitely have difficulties carving its proper shape/form in wax or even reproducing the correct anatomic and physiologic aspects of different restorations. Students who cannot recall the different steps of cavity preparations or how different dental restorations require certain cavity designs will not be able to work on

Table 4 Reliability analysis between didactic and practical scores

Subject	Cronbach's alpha					
	Males	Females	Total sample			
Dental Anatomy	0.346	0.617	0.523			
Operative Dentistry	0.384	0.186	0.126			
Prosthodontics	0.082	0.270	0.186			
Orthodontics	0.167	0.104	0.189			

patients or perform their procedure properly and according to the required standards.

Feil,¹⁴ in a study assessing the application of psychomotor learning theory constructs in preclinical laboratory instruction, discussed how generation of knowledge is an important facet in psychomotor skills acquisition. Feil and Gatti¹⁵ examined the use of a validation technique called "Verbal self-reporting" and how it can be used in dentistry. Students were taped while preparing teeth. Later, the authors played the tape for the subjects and asked them to recall the mental process, which happened during the preparation. Subjects reported constant knowledge recall and generation during the process. The results of the study showed that didactic performance (recall of knowledge, cognitive thinking, and application of knowledge) could be mirrored in psychomotor performance. However, the present study contradicts this theory.

The majority of research in this field concentrates on how dental admission tests (perceptual aptitude test, manual dexterity test, etc) can predict students' performance in both preclinical and clinical courses in dental school. 1,4,13,16 However, studies correlating didactic scores to psychomotor performance, which was the focus of this study, are scarce. There is a need to further test such association in an attempt to further improve the educational experience in dental schools, and to develop new techniques of incorporating general and specific didactic dental knowledge toward acquiring and improving different psychomotor skills required for different dental specialties.

The dental field requires fine manual dexterity that is gained from persistent practical and clinical teachings, which should be preceded by fundamental knowledge that is obtained during didactic courses, and both of these components should relate to one another. This study investigated the relationship between didactic grades and practical skills among dental students and whether didactic grades can predict students' practical performance. The hypothesis was that if a student scored high in his/her didactic courses, he/ she would perform equally in practical exercises. It was of interest to find that not all didactic scores can reliably predict the practical performance of a dental student.

Conclusion

Based on the findings of this study, the relationship between didactic grades and practical skills is course specific. Didactic grades do not predict the student's practical skills. Measuring practical performances should be performed independently from didactic grading.

Disclosure

The authors report no conflicts of interest in this work.

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