

# Intravitreal use of bone marrow mononuclear fraction containing CD34<sup>+</sup> stem cells in patients with atrophic age-related macular degeneration

Carina Costa Cotrim  
Luiza Toscano  
André Messias  
Rodrigo Jorge  
Rubens Camargo Siqueira

Department of Ophthalmology,  
Otorhinolaryngology and Head and  
Neck Surgery, Ribeirao Preto School  
of Medicine, University of Sao Paulo,  
Sao Paulo, Brazil

**Purpose:** To evaluate the therapeutic potential and safety of intravitreal injections of bone marrow mononuclear fraction (BMMF) containing CD34<sup>+</sup> cells in patients with atrophic age-related macular degeneration (AMD).

**Methods:** Ten patients with atrophic AMD and best-corrected visual acuity (BCVA) in the worse-seeing eye of  $\leq 20/100$  were enrolled in this study. The bone marrow from all patients was aspirated and processed for mononuclear cell separation. A 0.1 mL suspension of BMMF CD34<sup>+</sup> cells was injected into the vitreous cavity of the worse-seeing eye. Patients were evaluated at Baseline and 1,3,6,9 and 12 months after injection. Ophthalmic evaluation included BCVA measurement, microperimetry, infrared imaging, fundus autofluorescence and SD-optical coherence tomography at all study visits. Fluorescein angiography was performed at Baseline and at 6 and 12 months after intravitreal therapy.

**Results:** All patients completed the 6-month follow-up, and six completed the 12-month follow-up. Prior to the injection, mean BCVA was 1.18 logMAR (20/320<sup>-1</sup>), ranging from 20/125 to 20/640<sup>-2</sup>, and improved significantly at every follow-up visit, including the 12-month one, when BCVA was 1.0 logMAR (20/200) ( $P < 0.05$ ). Mean sensitivity threshold also improved significantly at 6, 9 and 12 months after treatment ( $P < 0.05$ ). Considering the area of atrophy identified by fundus autofluorescence, significant mean BCVA and mean sensitivity threshold improvement were observed in patients with the smallest areas of atrophy. Fluorescein angiography did not identify choroidal new vessels or tumor growth.

**Conclusion:** The use of intravitreal BMMF injections in patients with AMD is safe and is associated with significant improvement in BCVA and macular sensitivity threshold. Patients with small areas of atrophy have a better response. The paracrine effect of CD34<sup>+</sup> cells may explain the functional improvement observed; however, larger series of patients are necessary to confirm these preliminary findings.

**Keywords:** AMD, stem cells, hematopoietic cells

## Introduction

Age-related macular degeneration (AMD) is a degenerative and disabling ocular disease that requires effective preventive and curative treatment.<sup>1</sup> Its main manifestation is progressive and irreversible loss of central vision in over 50-year-old individuals.<sup>2-4</sup> Worldwide, it affects 8.7% of the elderly;<sup>5</sup> the prevalence is estimated at 196 million in 2020 and 288 million in 2040.<sup>6</sup> It is the leading cause of blindness in over 50-year-old patients in developed countries.<sup>7</sup> In developing countries, such as Brazil, it is in the third place, but, due to alterations in the epidemiological profile and aging of the population, this is expected to change.<sup>8</sup>

Correspondence: Rubens Camargo  
Siqueira  
Rua Saldanha Marinho 2815  
Sala 42, Centro, São José do Rio  
Preto 15010-080, SP, Brazil  
Tel +55 17 3234 5858  
Fax +55 17 3214 0896  
Email rubenssiqueira@terra.com.br

The pathogenesis of AMD is not fully understood.<sup>9,10</sup> There are two forms: exudative and dry. Exudative AMD occurs less frequently (15%) than dry AMD (85%), with the former accounting for two-thirds of the cases of significant visual loss.<sup>3,11,12</sup> Dry AMD can progress to geographic atrophy characterized by well-delineated areas of hypopigmentation or depigmentation due to an absence or attenuation of the underlying retinal pigment epithelium.<sup>13</sup> Mechanisms for the development of geographic atrophy include ischemia, senescence, oxidative and photo-oxidative damage and inflammation, either directly or through apoptotic mechanisms.<sup>11,14</sup>

While anti-vascular endothelial growth factor (anti-VEGF) therapy has revolutionized the treatment of exudative AMD, the only approved treatment for dry AMD to date is based on the Age-Related Eye Disease Study (AREDS). This study demonstrated that daily oral supplementation with antioxidant vitamins and minerals reduced the risk of developing an advanced disease in 5 years by 25%.<sup>9,10</sup>

Treatment of dry AMD poses a challenge as there is no approved therapy available. Knowing the pathology and its limitations, many researchers have looked for therapeutic alternatives, including the use of stem cells.<sup>15</sup>

Some studies have evaluated the trophic effect of autologous hematopoietic stem cells (HSCs) derived from the bone marrow for retinal diseases.<sup>11,16–20</sup>

The objective of this study was to evaluate the safety and efficacy of intravitreal injections of bone marrow mononuclear fraction (BMMF) containing CD34<sup>+</sup> cells in patients with atrophic AMD.

## Methods

A prospective, non-randomized, open study was conducted to assess changes in visual acuity and results of fluorescein angiography, infrared imaging, fundus autofluorescence, optical coherence tomography (OCT) and microperimetry induced by intravitreal injections of BMMF containing CD34<sup>+</sup> cells in patients with dry AMD.

The study protocol adhered to the principles of the Declaration of Helsinki, and the study was registered as a clinical trial (NCT01518127). It was approved by local and national institutional review committees (Comitê Nacional de Ética e Pesquisa – CONEP no. 15978), and all the participants signed consent forms.

The patients were evaluated at the Retina and Vitreous Outpatient Clinic in the Hospital das Clínicas of the Medical School of Ribeirao Preto, University of Sao Paulo (HCFMRP-USP), Sao Paulo, between January 2014 and May 2015.

## Inclusion and exclusion criteria

The inclusion criteria included the following: male or female; aged >50 years; a diagnosis of geographic atrophy due to AMD in either eye; an Early Treatment Diabetic Retinopathy Study (ETDRS) best-corrected visual acuity (BCVA) of 60 letters or worse in the study eye; no prior or current choroidal neovascularization in either eye; adequate caregiver support and access to medical care in the local community; able to provide written informed consent prior to any study-related procedures; and agree to comply in good faith with all conditions of the study and to attend all required study visits.

The exclusion criteria were the following: retinal disease other than AMD in study eye which, in the investigator's opinion, may pose a safety risk or interfere with the study; choroidal neovascularization due to a cause other than AMD; media opacity in the study eye that interferes with fundus imaging or is likely to require surgery during the study period; any of the treatments to the study eye within 14 days prior to dosing (ranibizumab [Lucentis], bevacizumab [Avastin], pegaptanib [Macugen], or other VEGF inhibitor), or likely requirement of one of the above treatments within 14 days of LFG316 administration; any of the following within 30 days prior to dosing: photodynamic therapy in the study eye, extrafoveal or juxtafoveal thermal laser photocoagulation in the study eye, systemic or topical (ophthalmic) steroid use in the study eye, bacterial keratitis in the study eye, or intraocular surgery (including cataract surgery) in the fellow eye; any of the following within 90 days prior to dosing: intraocular surgery (including cataract surgery) in the study eye, or intravitreal or periocular corticosteroid injection in the study eye; and participation in another interventional clinical study, or use of any experimental treatment for AMD or any other investigational new drug within 12 weeks prior to the start of study treatment.

Clinical trials solely involving over-the-counter vitamins, supplements or diets were not considered as criteria to exclude the patients from study participation.

The patients underwent blood tests to screen for infections and to analyze blood coagulation.

## Ophthalmologic evaluations

The BCVA was measured, according to the standards recommended by the ETDRS (1985), always by the same examiner at every return visit before any other procedure. At baseline, and 1, 3, 6, 9 and 12 months after treatment, patients were subjected to infrared imaging, fundus autofluorescence test, OCT and microperimetry besides an ophthalmologic

evaluation by slit lamp biomicroscopy, with and without dilatation, applanation tonometry and retinal mapping with an indirect ophthalmoscope and a 20D lens. Fluorescein angiography was performed at baseline, and 6 and 12 months after the procedure.

## Fluorescein angiography, infrared imaging and fundus autofluorescence

The examinations were performed with a Spectralis device (Heidelberg Engineering, Heidelberg, Germany) in all patients at baseline, and 1, 3, 6, 9 and 12 months after treatment except for fluorescein angiography which was performed at baseline, and at 3, 6 and 12 months to evaluate the extent of the AMD lesion and the possible growth of tumors or neovessels.

## Optical coherence tomography

Patients were examined at baseline and at all subsequent visits using a Spectralis OCT device (Heidelberg Engineering). A contour with 19 horizontal sections at a distance of 236  $\mu\text{m}$  and centered on the fovea was used. The total field was of 20°×15° (5.7×4.3 mm), with an average of 25 frames in each section.

## Microperimetry

Microperimetry was performed using an MAIA apparatus (Centervue, Padova, Italy) with the images being acquired by scanning laser ophthalmoscopy. Sensitivity was measured from 0 to 36 dB, and color was coded; the field of the infrared image was 36°×36°, and perimetry was performed in a field of 30°×30° with a luminance of 4 asb. The Full-Threshold 4–2 test, which assesses the retina in detail, was used.

## Collection of bone marrow aspirate

The technique used to obtain bone marrow aspirate is similar to the method employed in oncological and hematological procedures for bone marrow transplantation. The procedure was performed in the Bone Marrow Transplantation Sector of the HCFMRP-USP by a team of hematologists. After antisepsis with iodopovidone and lidocaine anesthesia, a needle was introduced into the posterior iliac crest, and 5–10 mL of bone marrow was aspirated using a syringe containing heparin.

## Cell processing

The bone marrow aspirate was processed on the same day using Ficoll-Hypaque gradient centrifugation (Amersham Pharmacia) to isolate mononuclear cells. Then, the cells were resuspended in sterile saline and centrifuged again. These

cells are a mixed population of single-nucleus cells including monocytes, lymphocytes and hematopoietic stem and progenitor cells. The fraction of mononuclear cells was immunophenotypically characterized by flow cytometry employing a panel of monoclonal antibodies to determine the presence and percentage of stem cells (CD34<sup>+</sup>) and mature cells of the hematopoietic and lymphoid cell lines. The number of cells to be infused was, on average, 1.68×10<sup>4</sup> cells as a 0.1-mL suspension. The total number (approximately 1 million cells) refers to the total number containing these different cells. The percentage of CD34<sup>+</sup> cells ranged from 0.6% to 2%.

## Intravitreal injection

All patients received a single 0.1-mL intravitreal autologous injection of BMMF with CD34<sup>+</sup> cells in the eye with the worst visual acuity in which all the examinations should be performed. The cells were collected from the bone marrow of each patient (autologous cells), and therefore, there was no need to use immunotherapy.

All intravitreal injections were performed by the same researcher. The technique followed established rules including preprocedural periocular and ocular preparation using topical polyvinylpyrrolidone with iodine (PVPI) and topical ophthalmic PVPI, respectively, and the establishment of a surgical field with a sterile blepharostat. The intravitreal injection was applied using a 30-gauge needle in the upper temporal quadrant via pars plana at 4 and 3.5 mm from the limbus in phakic and pseudophakic eyes, respectively. After the procedure, antibiotic eye drops (fourth-generation quinolone) were prescribed four times per day for 7 days.

## Statistical analysis

The JMP<sup>®</sup> statistics program version 10.0.0 was used for all analyses.

## Results

Ten patients with AMD were enrolled in this study. All completed 6 months of evaluation, nine completed 9 months and six completed 12 months. Patients 7, 8, 9, and 10 did not attend the 12th-month visit due to difficulty in transportation, since they lived in distant cities.

## Visual acuity

The mean BCVA before the injection of CD34<sup>+</sup> cells was 1.18 logMAR (20/320<sup>+1</sup>). At 3, 6, and 12 months after the intravitreal injection, the mean BCVAs were 1.04 logMAR (20/200<sup>-2</sup>), 1.02 logMAR (20/200<sup>-1</sup>), and 1.0 logMAR (20/200), respectively. The BCVAs ranged from 20/125<sup>-1</sup>

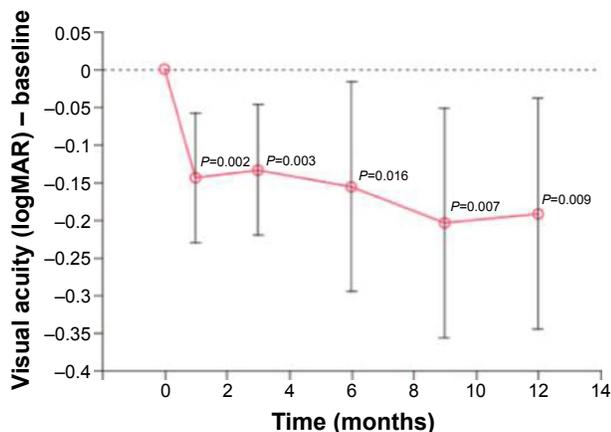


Figure 1 Evolution of visual acuity in logMAR over the follow-up period.

to 20/800 at baseline, increasing to 20/63<sup>-1</sup> and 20/500<sup>-2</sup> in the first month and to 20/40 and 20/800 in the sixth month. There was a significant difference at each follow-up time point (Figure 1 and Table 1).

### Fluorescein angiography

No changes in perfusion and no tumors or neovessels were found following the intravitreal injection.

### Infrared imaging and fundus autofluorescence

There was no significant difference in the size of atrophic areas assessed by infrared imaging and by fundus autofluorescence. Three patients with the largest areas in one of these examinations were selected to compare the data from the visual acuity and microperimetry examinations (Figure 2).

The sixth-month postprocedural analysis of the three patients with the largest atrophic areas showed no statistical significance for the BCVA and microperimetry parameters compared to baseline including for the bivariate contour

Table 1 Visual acuity measured before the intravitreal injection and 3 months after the procedure

Patient #	Baseline	Letters gained by patient	At 3 months
1	20/160 <sup>-1</sup>	14	20/80 <sup>-2</sup>
2	20/640 <sup>-2</sup>	10	20/400 <sup>-2</sup>
3	20/500	0	20/500
4	20/800	3	20/640 <sup>-2</sup>
5	20/160	19	20/63 <sup>-1</sup>
6	20/125 <sup>-1</sup>	6	20/100
7	20/800	0	20/800
8	20/160	5	20/125
9	20/200 <sup>-2</sup>	4	20/200 <sup>-2</sup>
10	20/200 <sup>-2</sup>	6	20/160 <sup>-1</sup>

ellipse area (BCEA) and the mean threshold sensitivity. In the seven patients with the smallest atrophic areas, significant differences were observed for the BCVA ( $P=0.03$ ) and the mean threshold sensitivity on comparing the baseline data with those of the sixth postprocedural month ( $P=0.01$ ). Moreover, an analysis of the BCEA showed that there was a trend towards significance ( $P=0.07$ ).

### Optical coherence tomography

No changes were found in the macular thickness or anatomy by OCT at any time point.

### Microperimetry

Two parameters were evaluated by microperimetry: the average threshold sensitivity and the BCEA. Despite the improvement in sensitivity, it was not significant in the third month, but the difference was significant at 6, 9, and 12 months (Figures 3 and 4).

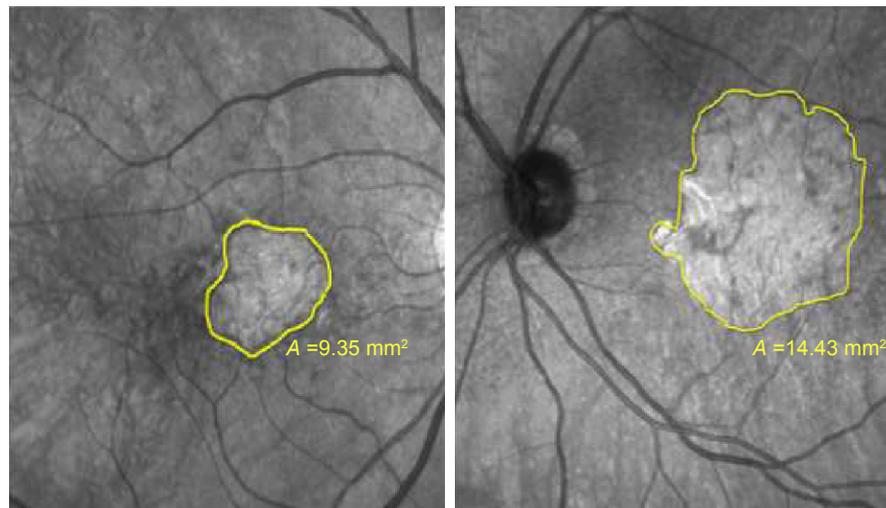
The average threshold sensitivity at baseline was 8.5 dB. In the first, sixth, and twelfth months, the average threshold sensitivities were 10.4, 11.6, and 12.15 dB, respectively.

The evaluation of fixation was carried out by an analysis of the BCEA, which used two ellipses formed by various fixation points. Theoretically, the larger the ellipse, the more points the patient presented in the fixation. Probably because it is more difficult to fix at one point, other places of fixation are “looked for.” In the present study, there was a decrease in the BCEA, albeit without statistical significance (Figure 5).

### Discussion

Stem cells have a great potential for treating degenerative diseases of the retina.<sup>21,22</sup> In the current study, ten patients with dry AMD received a single intravitreal injection of a 0.1-mL suspension of BMMF containing CD34<sup>+</sup> cells. Several studies have already demonstrated that these cells derived from bone marrow can be incorporated after intravitreal injections. Otani et al were one of the first to demonstrate the presence of HSCs in mice up to 6 months after intravitreal injections.<sup>23</sup> Caballero et al also demonstrated that bone marrow CD34<sup>+</sup> cells have the capacity to engraft in the damaged retina and its vasculature after intravitreal injections.<sup>24</sup>

Significant effects were observed in the follow-up of patients. The procedure was not associated with clinically significant inflammation, and there was no detectable impairment in visual function, showing that the procedure is safe. This finding corroborates previous research, such as the Phase I study by Siqueira et al, which reported the absence of side



**Figure 2** The size of the atrophic area of patients 1 (left) and 4 (right) measured by infrared examination.

effects with the intravitreal use of BMMF in patients with retinitis pigmentosa (RP) (three cases) and cone dystrophy (two cases).<sup>12</sup>

Jonas et al, in a pilot study of three patients with AMD, glaucoma and diabetic retinopathy separately, also showed that the intravitreal use of these cells is safe.<sup>25</sup> Park et al performed a Phase I study with six patients (six eyes) suffering from ischemia or retinal degeneration; these authors found no local or systemic side effects.<sup>26</sup>

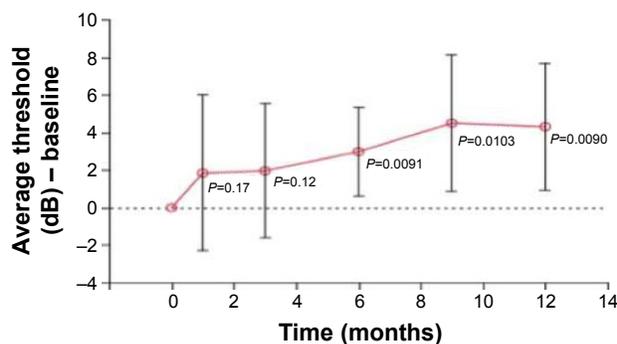
The trophic effect of cell therapy was analyzed in the present study. The main cells used for this type of evaluation are HSCs. These cells are multipotent, but the primary mechanism of action of these cells appears to be a paracrine trophic effect rather than direct cell replacement. These cells secrete neurotrophic and angiogenic trophic factors such as ciliary neurotrophic factor, basic fibroblast growth factor, and VEGF. The biologics secreted by these stem cells have been referred to as secretomes, some of which are packages of extracellular vesicles. Probably, these factors act on cells

that are suffering, especially in the area corresponding to hyper-autofluorescence. It is expected that these cells have no action in the atrophic area because they do not have cell replacement capacity.<sup>20</sup> According to Park et al,<sup>20</sup> acting on the damaged retina may represent a more viable approach to the treatment of retinal dysfunction than direct cell replacement as most retinal disorders are associated with more than one type of damage. Thus, cell therapy would not be disease specific and would be more universally applicable.<sup>20</sup>

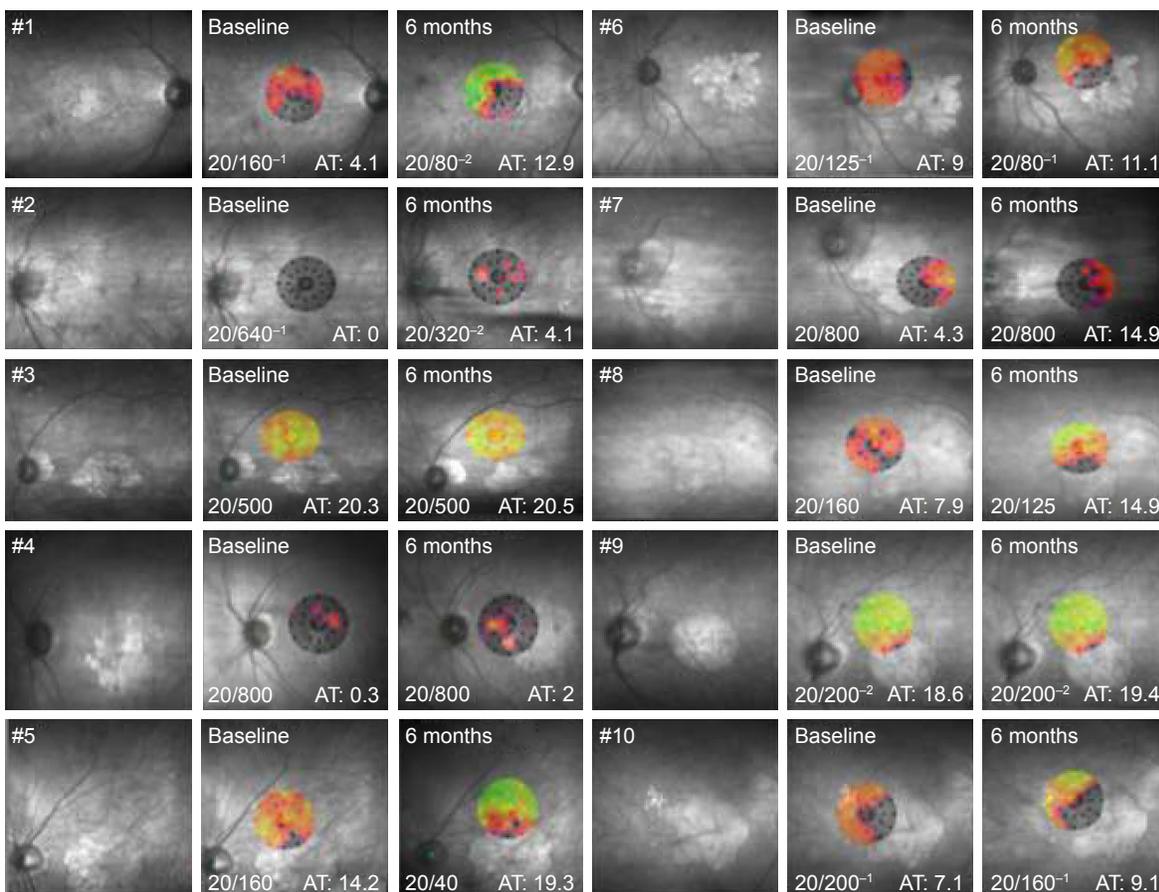
It is well known that the primary mechanism of HSCs is their trophic effect; however, Tomita et al demonstrated in studies of mice with retinal injury that these cells are capable of integrating and differentiating into retinal neurons.<sup>27</sup>

In the current study, significant improvements in the visual acuity were seen at all time points. Of the ten patients, six improved by more than one line of letters, three of whom improved by two lines or more; after 3 months, two improved by less than one line, and two remained stable. Previous studies with AMD and other diseases have demonstrated the possibility of improving poor vision with mononuclear cells containing CD34<sup>+</sup> cells.<sup>12,26</sup> In a study by Siqueira et al, improvements in vision were observed in all five patients evaluated even though they had a worse visual acuity of 20/200 and more advanced disease.<sup>12,28</sup> Park et al also showed improvement in the BCVA of two or more lines of letters in four of six patients with diagnoses such as Stargardt disease, AMD, central retinal artery and vein occlusion and RP.<sup>26</sup> The improvement ranged from 3 to 65 letters; in the present study, the improvement ranged from 3 to 19 letters.

OCT showed no change in anatomy or thickness. Siqueira et al also observed no change in macular thickness.<sup>12</sup> Park et al



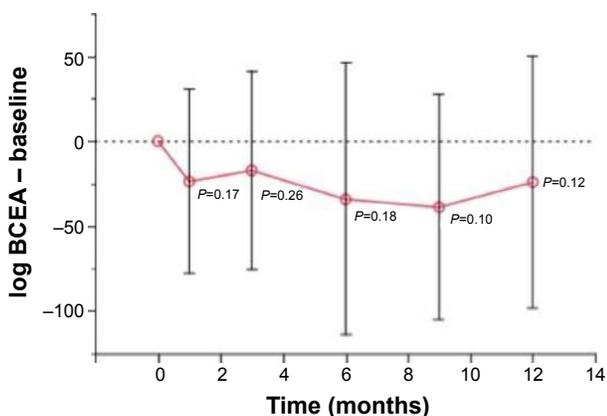
**Figure 3** Evolution of the mean threshold sensitivity evaluated by microperimetry over time.



**Figure 4** Microperimetries at baseline and 6 months after the procedure of the ten eyes that received intravitreal injections. The visual acuity was measured using the Snellen chart and average threshold.  
**Abbreviation:** AT, average threshold.

performed tomography with an adaptive optics device and observed that hyperreflective images measuring the same size as CD34<sup>+</sup> cells appeared in the retinal layers 1 month after the intravitreal injection in three patients.<sup>26</sup>

Fluorescein angiography was performed in all patients. One of the effects of HSC therapy is to promote



**Figure 5** Evolution of the bivariate contour ellipse area evaluated by microperimetry over time.  
**Abbreviation:** BCEA, bivariate contour ellipse area.

neovascularization and improve retinal perfusion.<sup>23</sup> The injection of BMMF in mice rescued endothelial cells.<sup>23,29</sup> Even so, no changes in macular perfusion were observed in the ten patients of the current study. On the other hand, this test, by analyzing possible tumor growth and development of choroidal neovascularization during the follow-up, was very important to show the safety of the procedure. Seven patients had improvements in the microperimetry test, while two showed a slight decline in the threshold sensitivity within the first month after the intravitreal injection. At 6 months, nine patients presented greater sensitivity compared to the preprocedural exam, and at 12 months, five of the six patients analyzed showed improvements. Park et al also reported improvements in microperimetry in three out of the five patients evaluated after HSC intravitreal injections.<sup>26</sup>

On correlating the area of hypoautofluorescence or atrophy identified by the infrared test with improvements in the visual acuity and threshold sensitivity evaluated by microperimetry, it was explicit that patients with greater areas of geographic atrophy responded less to the procedure; there

was improvement, albeit nonsignificant, in the parameters. The group with the smallest area of atrophy presented better results. It is believed that BMMF therapy may not only stabilize the process but also decrease the scotoma area by the functional rescue of distressed cells.

## Conclusion

Intravitreal injection of BMMF containing CD34<sup>+</sup> cells is safe in patients with atrophic AMD. The preliminary results demonstrated a significant improvement in visual acuity, especially in patients with smaller areas of geographic atrophy probably because of the trophic effect of these cells. Studies with larger study samples and the use of technologies such as adaptive optics are important for a better understanding of the behavior of these cells in retinal diseases.

## Disclosure

The authors report no conflicts of interest in this work.

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