

# Anti-angiogenic effects of biotechnological therapies in rheumatic diseases

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**Introduction:** Angiogenesis plays a key role in the pathogenesis of numerous rheumatic diseases, such as rheumatoid arthritis, psoriatic arthritis, and vasculitides. Therefore, the inhibition of pathological angiogenesis may be considered a useful therapeutic approach in these rheumatic diseases.

**Methods:** This review article is based on a literature research about the role of biotechnological therapies in angiogenesis inhibition.

**Results and conclusions:** Several evidences have demonstrated a role for biotechnological therapies in angiogenesis inhibition. Nevertheless, further research and clinical trials are needed to better quantify the real impact of biotechnological therapies on pathological angiogenesis.

**Keywords:** abatacept, anakinra, angiogenesis, rituximab, TNF- $\alpha$ , tocilizumab

## Introduction

Angiogenesis dysregulation is emerging as a key player in numerous rheumatic diseases, such as chronic arthritides, connective tissue diseases, and vasculitides.<sup>1-3</sup> In fact, a dysregulation of both angiogenic and anti-angiogenic factors has been seen in synovial tissues and sera of patients affected by chronic arthritides, such as rheumatoid arthritis (RA) and psoriatic arthritis (PsA).<sup>4,5</sup> Moreover, angiogenesis may be involved in the pathogenesis of vasculitides, as the consequence of ischemia and intense metabolic activity, which may characterize these diseases.<sup>3</sup> In this review, we want to focalize the current knowledge in angiogenesis occurring in rheumatic diseases about the role of biotechnological therapies, which represent important therapeutic arms in many of these diseases.

In synovitis pathogenesis, the production of angiogenic factors is responsible for the activation of endothelial cells. Activated endothelial cells produce proteolytic enzymes such as matrix metalloproteinases (MMPs) and plasminogen activators, which are involved in the degradation of the basement membrane and of the perivascular extracellular matrix. The subsequent endothelial cell proliferation and migration into the perivascular area lead to the formation of "primary sprouts" forming "capillary loops." The proliferation of endothelial cells of these "primary sprouts" and their migration is then responsible for the generation of secondary and further generations of vascular sprouts.<sup>6</sup> The balance between angiogenic and anti-angiogenic factors is responsible for the regulation of these events.<sup>7</sup>

The main factors involved in angiogenesis stimulation are vascular endothelial growth factor (VEGF), platelet-derived growth factor, fibroblast growth factor (FGF),

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transforming growth factor (TGF)- $\alpha$  and - $\beta$ , tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukins (ILs), chemokines, angiogenin, and angiopoietins. Conversely, the action of these factors is counteracted by anti-angiogenic agents, such as endostatin, angiostatin, and thrombospondin. An imbalance between these angiogenic and anti-angiogenic factors is responsible for angiogenesis dysregulation.<sup>1-3</sup>

In RA and PsA, the predominance of these angiogenic agents over the anti-angiogenic agents triggers angiogenesis.<sup>4,8,9</sup> Different morphological vascular alterations have been described in RA and in PsA synovial tissues. In fact, RA is usually characterized by straight vessels with regular branching, while PsA is generally characterized by tortuous, bushy, elongated vessels, suggesting the presence of different angiogenic pathways between PsA and RA.<sup>10</sup>

Regarding connective tissue diseases, such as systemic lupus erythematosus (SLE), angiogenic factors including VEGF, endothelial growth factor (EGF), FGF, and IL-18, as well as angiostatic factors, such as endostatin, have been found in sera of patients.<sup>11,12</sup> Zhou et al<sup>13</sup> have found higher levels of placental growth factor, basic FGF (bFGF), and VEGF in SLE patients than in normal controls, suggesting a role for these angiogenic factors in SLE pathogenesis.

In vasculitides, high levels of VEGF and TGF- $\beta$  have been described in Kawasaki syndrome and in antineutrophil cytoplasmic antibody (ANCA)-associated vasculitides.<sup>11,12,14</sup> In vasculitides, stenosis or occlusion of the vascular lumen induce hypoxia which is a potent signal for angiogenesis. Thus,

angiogenesis may be a compensatory response to hypoxia and to the increased metabolic activity due to inflammation.<sup>3</sup>

## Biotechnological therapies

Biotechnological therapies play a key role in the treatment of several rheumatic diseases, such as RA, PsA, ankylosing spondylitis, SLE, Wegener granulomatosis, and microscopic polyangiitis (MPA). To date, the available biotechnological therapies are TNF- $\alpha$  inhibitors (infliximab, adalimumab, etanercept, golimumab, and certolizumab), anti-IL-1 receptors (anakinra), anti-IL-6 receptors (tocilizumab), anti-IL-17 antibodies (secukinumab), anti-IL-12/23 antibodies (ustekinumab), anti-CD-20 antibodies (rituximab), anti-B-cell activating factor (belimumab), and anti-CD80 and anti-CD86 receptors (abatacept) (Table 1).

There are accumulating evidences of the role of these agents in angiogenesis inhibition. In consideration of the role of angiogenesis in rheumatic diseases, angiogenesis inhibition may represent a useful therapeutic arm against these diseases, and in particular against chronic arthritis.

## TNF- $\alpha$ inhibitors

TNF- $\alpha$  plays a key role in inducing the expression of important angiogenic factors, such as VEGF, angiopoietin-1 (Ang-1) and Ang-2.<sup>15</sup> Supporting the evidence that TNF- $\alpha$  is involved in inducing angiogenesis, several studies have demonstrated that anti-TNF- $\alpha$  agents may be responsible for anti-angiogenic effects. Adalimumab has been success-

**Table 1** Mechanisms of action of biotechnological drugs and their role in angiogenesis in rheumatic diseases

Biological drug	Mechanism of action	Role in angiogenesis in rheumatic diseases	References
Infliximab	TNF- $\alpha$ inhibition	Reduction of serum VEGF levels in RA	33-36
Adalimumab	TNF- $\alpha$ inhibition	Not studied	
Etanercept	TNF- $\alpha$ inhibition	Not studied	
Golimumab	TNF- $\alpha$ inhibition	Not studied	
Certolizumab	TNF- $\alpha$ inhibition	Not studied	
Tocilizumab	Inhibition of IL-6 by binding to IL-6 receptor	Angiogenesis inhibition in synovial tissues obtained from RA patients	40
Abatacept	Inhibition of T-cell activation by blocking interaction of CD80/CD86 receptors to CD28	Reduction of serum levels of ADAM17 and CX3CL1 in RA. Reduction of CX3CL1 in RA synovial fluids	13,44
Rituximab	Depletion of B cell by binding to the CD20 antigen	Reduction of serum levels of MMP-1, MMP-3, MMP-9, thrombomodulin, P-selectin, and VEGF in ANCA-associated vasculitis	53
Anakinra	Inhibition of IL-1 by binding to IL-1 receptor	Angiogenesis inhibition (evaluated only in animal models of arthritis)	58
Belimumab	BAFF inhibition	Not studied	
Secukinumab	IL-17 inhibition	Not studied	
Ustekinumab	IL-12 and IL-23 inhibition	Not studied	

**Abbreviations:** ANCA, antineutrophil cytoplasmic antibody; BAFF, B-cell activating factor; CTLA-4, cytotoxic T-lymphocyte antigen 4; IL, interleukin; MMP, matrix metalloproteinase; RA, rheumatoid arthritis; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; VEGF, vascular endothelial growth factor.

fully used in neovascular age-related macular degeneration refractory to anti-VEGF therapy.<sup>16</sup> Numerous studies by using animal models have demonstrated the efficacy of topical application of infliximab in the treatment of corneal neovascularization.<sup>17–20</sup> Moreover, golimumab has significantly inhibited angiogenesis and growth in vivo in tetratricopeptide repeats 2 (IFIT2)-depleted metastatic oral squamous cell carcinoma cells.<sup>21</sup> In vitro, certolizumab pegol has shown an inhibitory role on TNF- $\alpha$ -dependent leukocyte adhesion and angiogenesis, probably via inhibition of angiogenic adhesion molecule expression and angiogenic chemokine secretion, as demonstrated by the significant inhibition on human dermal microvascular endothelial cell surface of TNF- $\alpha$ -induced E-selectin, vascular cell adhesion molecule-1, and intercellular adhesion molecule-1 (ICAM-1) expression and angiogenic chemokine secretion.<sup>22</sup>

Anti-TNF- $\alpha$  agents have also demonstrated anti-angiogenic effects in chronic inflammatory diseases such as psoriasis and Crohn's disease.<sup>23,24</sup> By using in vitro and in vivo models, Liu et al<sup>25</sup> have proposed a dual mechanism to explain the anti-psoriatic effect of IBI303, an anti-TNF- $\alpha$  monoclonal antibody, based on the inhibition of both inflammation and angiogenesis, with a direct inhibition of the anti-TNF- $\alpha$  agent on blood vessel formation in vitro. Among rheumatic diseases, anti-TNF- $\alpha$  agents have shown anti-angiogenic properties in RA and PsA. Numerous evidences confirm that VEGF plays a key role in angiogenesis occurring in arthritic synovial tissue.<sup>26–28</sup> High VEGF serum levels have been seen in patients with inflammatory arthritis.<sup>29</sup> Moreover, in arthritic joints, synovial lining cells, macrophages and fibroblasts surrounding microvessels, and vascular smooth-muscle cells are involved in VEGF production.<sup>30–32</sup> In patients with active RA, a decrease in serum VEGF levels was found after infliximab treatment.<sup>33,34</sup> Serum VEGF levels obtained by RA patients after 1 week from a single intravenously infusion of infliximab (receiving either 1 or 10 mg/kg) were significantly reduced and remained below preinfusion levels until 2 weeks in patients treated with 1 mg/kg infliximab and 4 weeks in patients who received 10 mg/kg infliximab.<sup>33</sup> Moreover, treatment with infliximab significantly decreased serum VEGF levels after 2 weeks in RA patients.<sup>34</sup>

TNF- $\alpha$  inhibitors have also been involved in inducing the reduction of VEGF levels in sera of patients affected by PsA.<sup>35,36</sup> In fact, the treatment with 5 mg/kg infliximab at 0, 2, and 6 weeks and every 12 weeks was correlated to a significant reduction of serum VEGF levels in PsA patients.<sup>35,36</sup>

Moreover, immunohistochemical studies on synovial and psoriatic lesional skin biopsies obtained from PsA patients treated with anti-TNF- $\alpha$  agents have demonstrated reduced

angiogenesis and deactivation of the endothelium, which were responsible for reduced cell infiltration and clinical improvement in psoriasis and PsA.<sup>37</sup> A considerable fraction of new immature blood vessels has been found in synovial arthroscopic biopsies obtained from RA patients. An increment of the presence and density of immature but not mature vessels has been observed by following these patients during the progression of their disease. Moreover, only immature vessels were depleted in response to anti-TNF- $\alpha$  therapy.<sup>38</sup>

## Tocilizumab

IL-6 is an important regulator of immune and inflammatory responses. It also plays a key role in angiogenesis in several diseases.<sup>3,9</sup> Thus, it is conceivable that IL-6 inhibition may be responsible for anti-angiogenic effects.

Increased IL-6 mRNA and protein levels have been found in human oral squamous cell carcinoma. Tocilizumab treatment was correlated with significantly decreased VEGF mRNA expression in cultures of human oral squamous cell carcinoma cells. Moreover, tocilizumab treatment was also involved in reducing microvessel density and vessel diameter in a human oral squamous cell carcinoma mouse xenograft model.<sup>39</sup>

With regard to rheumatic diseases, tocilizumab treatment has been correlated to reduced angiogenesis in synovial tissues obtained from RA patients.<sup>40</sup>

## Abatacept

Abatacept is a fusion protein that is responsible for the molecular interaction between antigen-presenting cells and T lymphocytes. It inhibits T-cell activation by blocking the interaction of CD80/CD86 receptors to CD28. T-cell inhibition is then responsible for inhibiting B-cell immunological response and for a reduction of serum levels of inflammatory and angiogenic cytokines, such as TNF- $\alpha$  and IL-6.<sup>41</sup> Antiangiogenic effects of abatacept have been first described in 2001 in murine tumor models.<sup>42</sup> In vitro, abatacept administration to endothelial cells was correlated to the reduction of VEGF-receptor 2 and ICAM-1, both relevant for angiogenesis.<sup>43</sup> More recently, abatacept treatment has been correlated to the reduction of serum levels of ADAM17 and CX3CL1 in patients with RA after 24 weeks of treatment.<sup>44</sup> High level of ADAM17 expression was found in synovial tissue and also in cartilage in patients with RA,<sup>45–47</sup> suggesting that dysregulated ADAM17 activity and production may be involved in RA pathogenesis. ADAM17, also known as TNF- $\alpha$  converting enzyme, is a disintegrin and metalloprotease 17, which plays a role in tissue destruction, inflammation, and angiogenesis. It is responsible for the physiological cleavage of membrane-anchored cytokines, such as CX3CL1 and

TNF $\alpha$ , releasing them in a soluble form.<sup>48–50</sup> ADAM17 was also involved in inducing the solubilization of TNF and IL-6 receptors.<sup>51,52</sup> CX3CL1 is expressed on cytokine-activated endothelia and induces angiogenesis both in vitro and in vivo. Immunodepletion of CX3CL1 in rheumatoid synovial fluids reduces its chemoattractant effects on endothelial cells.<sup>13</sup>

## Rituximab and other biotechnological drugs

The role of rituximab in angiogenesis is still unclear, and only limited literature data are available. A reduction of markers of vascular injury and angiogenesis, such as serum levels of MMP-1, MMP-3, MMP-9, thrombomodulin, P-selectin, and VEGF, has been observed in patients affected by active ANCA-associated vasculitis who were treated with rituximab.<sup>53</sup> Moreover, hypoxia-inducible factor-1 $\alpha$  expression has been correlated to a more favorable prognosis in patients affected by diffuse large B-cell lymphoma treated with rituximab.<sup>54</sup>

IL-1 is involved in inducing angiogenesis mainly via stimulation of VEGF production.<sup>55</sup> The involvement of IL-1 in promoting angiogenesis makes it an interesting target for therapeutic intervention. Even if further studies are needed to better clarify this aspect, there are some studies that indicate a role for anakinra in reducing pathological angiogenesis in tumors. In fact, IL-1 also plays a role in growth and metastasization of several types of human cancers. Anakinra has shown inhibitory effects on human cancer xenografts growth in IL-1-producing tumors even if no direct antiproliferative effects were found in vitro.<sup>56</sup> A role for anakinra, when combined with the inhibition of TGF- $\beta$  and CXCR2 receptors (CXCR1/2 ligands), has been hypothesized in reducing in vivo resistance of tumors to antiangiogenic therapies, by using murine tumor models resistant to the anti-VEGF antibody bevacizumab.<sup>57</sup>

Studies on animal models have shown that anakinra was responsible for suppressing neovascularization in choroidal and corneal angiogenesis and in adjuvant arthritis, an experimental model of polyarthritis.<sup>58,59</sup> Nevertheless, no further data are present in literature about the putative antiangiogenic effects of anakinra in rheumatic diseases.

To date, there are no studies that have assessed the possible antiangiogenic effects for belimumab, secukinumab, and ustekinumab.

## Concluding remarks

Angiogenesis is emerging as a key player in the pathogenesis of numerous rheumatic diseases, such as RA, PsA, and vasculitides. Therefore, it is conceivable that the inhibition of pathological angiogenesis may be a useful therapeutical

approach in these rheumatic diseases. Biotechnological therapies represent an important therapeutic arm in chronic arthritis and in some vasculitides and connective tissue diseases. Even if accumulating evidences suggest an antiangiogenic role for these drugs, further research and clinical trials are needed to better quantify their real impact on pathological angiogenesis.

## Disclosure

The authors report no conflicts of interest in this work.

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