ORIGINAL RESEARCH

Green synthesis of silver nanoparticles using Ganoderma neo-japonicum Imazeki: a potential cytotoxic agent against breast cancer cells

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Background: Silver nanoparticles (AgNPs) are an important class of nanomaterial for a wide range of industrial and biomedical applications. AgNPs have been used as antimicrobial and disinfectant agents due their detrimental effect on target cells. The aim of our study was to determine the cytotoxic effects of biologically synthesized AgNPs using hot aqueous extracts of the mycelia of *Ganoderma neo-japonicum* Imazeki on MDA-MB-231 human breast cancer cells.

Methods: We developed a green method for the synthesis of water-soluble AgNPs by treating silver ions with hot aqueous extract of the mycelia of *G. neo-japonicum*. The formation of AgNPs was characterized by ultraviolet-visible absorption spectroscopy, X-ray diffraction, dynamic light scattering, and transmission electron microscopy. Furthermore, the toxicity of synthesized AgNPs was evaluated using a series of assays: such as cell viability, lactate dehydrogenase leakage, reactive oxygen species generation, caspase 3, DNA laddering, and terminal deoxynucleotidyl transferase deoxyuridine triphosphate nick-end labeling in human breast cancer cells (MDA-MB-231).

Results: The ultraviolet-visible absorption spectroscopy results showed a strong resonance centered on the surface of AgNPs at 420 nm. The X-ray diffraction analysis confirmed that the synthesized AgNPs were single-crystalline, corresponding with the result of transmission electron microscopy. Treatment of MDA-MB-231 breast cancer cells with various concentrations of AgNPs (1–10 μ g/mL) for 24 hours revealed that AgNPs could inhibit cell viability and induce membrane leakage in a dose-dependent manner. Cells exposed to AgNPs showed increased reactive oxygen species and hydroxyl radical production. Furthermore, the apoptotic effects of AgNPs were confirmed by activation of caspase 3 and DNA nuclear fragmentation.

Conclusion: The results indicate that AgNPs possess cytotoxic effects with apoptotic features and suggest that the reactive oxygen species generated by AgNPs have a significant role in apoptosis. The present findings suggest that AgNPs could contribute to the development of a suitable anticancer drug, which may lead to the development of a novel nanomedicine for the treatment of cancers.

Keywords: AgNPs, *Ganoderma neo-japonicum*, human breast cancer cells, cytotoxicity, caspase-3 activity, DNA fragmentation

Introduction

Nanotechnology is a most promising arena for generating new applications in biotechnology and nanomedicine.¹ Silver nanoparticles (AgNPs) have become increasingly popular as an antibiotic agent in textiles and wound dressings, medical devices, and appliances, such as refrigerators and washing machines.² Among several nanoproducts, a most prominent nanoproduct is nanosilver. AgNPs have been used for antimicrobial, antifungal, antioxidant, and anti-inflammatory effects.³ Nanobiotechnology is the most

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promising field for generating new kinds of nanomaterials for biomedical applications.⁴ Various natural resources have been used for green synthesis of NPs: plants, plant products, bacteria, fungi, algae, yeast, and viruses.5 The most commonly preferred method is using bacteria or fungi due to the fact that they are easy to handle, and genetic manipulation is also possible.⁶ In general, NPs are prepared using conventional means, such as physical and chemical methods. However, physical methods give a low yield,⁴ and chemical methods are toxic to the environment due to usage of toxic chemicalreducing agents, such as citrate, borohydride, or other organic compounds, and also it is difficult to prepare AgNPs with welldefined size, whereas biological methods involve synthesis of AgNPs by means of enzymatic reduction, with better control over the shape and size of the NPs.7,8 Since the control of particle shape is a factor for various biomedical applications, the biological system is better able to control particle size and morphology than chemical or physical methods of nanoparticle synthesis. By varying such parameters as microorganism type, growth stage of microbial cells, growth medium, synthesis conditions, pH, substrate concentrations, source compound of target NPs, temperature, reaction time, and the addition of nontarget ions, it might be possible to obtain sufficient control of particle size and monodispersity.9,10 Biological methods are also valuable in that the NPs are sometimes coated with a lipid layer that confers physiological solubility and stability, which is critical for biomedical applications and is the bottleneck of other synthetic methods.¹⁰ Besides these, biological methods have several additional merits, such as low toxicity, cost-effectiveness, biocompatibility, stability, and significant dispersity, and do not flocculate.¹¹ Therefore, it is essential to look for alternative sources for synthesis of AgNPs using fungi.

Due to their potential medicinal values, culinary and medicinal mushrooms have attracted intense interest in alternative medicine. Extracts of medicinal mushrooms have long been an important part of traditional Oriental medicine. Ling-Sing Seow et al¹² reported that *Ganoderma neo-japonicum* extract possessed neuritogenic effects. A white-rot basidiomycete, *Ganoderma* spp. have long been used as a medicinal mushroom in Asia, and it has an array of pharmacological properties, including immunomodulatory activity. Several researchers attempted to use fungi as a platform for synthesis of AgNPs and gold NPs, eg, *Verticillium*,¹³ *Fusarium oxysporum*,¹⁴ *Aspergillus fumigatus*,¹⁵ *Penicillium fellutanum*,¹⁶ *Volvariella volvacea*,¹⁷ *Pleurotus florida*,¹⁸ and *Candida*¹⁹ as reducing agents. Further, medicinal mushrooms like *G. lucidum* have been shown to synthesize NPs using extracellular methods, and the produced AgNPs showed sizes between 10 and 70 nm, with an average size of 45 nm.^{20,21} In addition, mushroom-derived AgNPs show strong stability, due to amide linkages and protein capping.^{20,21} The cell-free extract of Penicillium spp. shows sizes between 10 and 100 nm, with an average size of 60 nm.²² Jaidev and Narasimha²³ reported that A. niger assisted extracellular synthesis of AgNPs, showing a size range between 3 and 30 nm. Several studies have been reported that used a biological system for synthesis of AgNPs, including treating AgNO₂ solution with the culture supernatant of A. terreus. The synthesized AgNPs using A. terreus were polydispersed spherical particles ranging in size from 1 to 20 nm.24 The fungus A. flavus accumulated a size of 8 nm in the cell wall.²⁵ AgNPs were synthesized using an aqueous extract of Agaricus bisporus fungi, and synthesis revealed that they were of spherical shape and 8-20 nm in size, and showed a dose-dependent cytotoxic effect on MCF-7 breast cancer cells, with a median lethal dose of 50 µg/mL.11

Cancer is the most important cause of mortality in the world. Breast cancer is the second most common cause of cancer death in women.^{26,27} Many cancers initially respond to chemotherapy, but later develop resistance.^{28,29} Currently available chemopreventives and chemotherapeutic agents cause undesirable side effects;^{30,31} therefore, developing a biocompatible and cost-effective method of treatment for cancer is indispensable. Cytotoxic agents used for its treatment are expensive and known to induce several side effects, such as anemia and most importantly the generation of cellular resistance. For this, it is important to find alternative therapies or drugs to overcome these drawbacks.³² Nanotechnology has contributed in several applications, such as therapeutics,³³ catalysis,³⁴ biosensing devices,³⁵ biomedicine due to its ready manufacturing process,³⁶ quality control, and biocompatibility, and indeed its use in wound healing and antibacterial applications are already part of clinical practice.^{22,37} AgNPs have been shown to induce the apoptotic pathway in vitro through free oxygen radical generation, which showed antitumor, antiproliferative, and antiangiogenic effects in vitro.38-43

AgNPs are gaining much interest among the emerging nanoproducts in the field of nanomedicine due to their unique properties and obvious therapeutic potential in treating a variety of diseases, including retinal neovascularization.³⁸ AshaRani et al³⁹ reported that AgNPs inhibit proliferation of human glioblastoma cells. Franco-Molina et al³² evaluated the effects of colloidal silver on MCF-7 human breast cancer cells. Sanpui et al⁴⁴ demonstrated that AgNPs not only

disrupted normal cellular function but also affected membrane integrity, inducing various apoptotic signaling genes of mammalian cells, leading to programmed cell death. Hsin et al⁴⁵ reported that AgNPs induced apoptosis in NIH 3T3 (murine embryonic fibroblasts) cells by heightening reactive oxygen species (ROS) generation and activating the c-Jun N-terminal kinase pathway, leading to mitochondria-dependent apoptosis. Several cytotoxic agents have been used in the treatment of breast cancer, such as doxorubicin, cisplatin, and bleomycin, providing beneficial effects, but the efficacy and demerits are unclear.32 Therefore, it is necessary to find novel therapeutic agents against cancer that are biocompatible and cost-effective. In this study, we firstly performed synthesis of AgNPs using G. neo-japonicum extract. Secondly, the cytotoxic effect of biologically synthesized AgNPs was investigated in MDA-MB-231 human breast cancer cells. Thirdly, the probable mechanism of cell death caused by AgNPs was addressed with a series of assays, such as lactate dehydrogenase (LDH) leakage, ROS generation, caspase-3 activity, and DNA fragmentation.

Materials and methods Materials

Penicillin-streptomycin solution, trypsin-ethylenediaminetetraacetic acid (EDTA) solution, Roswell Park Memorial Institute 1640 medium, Dulbecco's Modified Eagle's Medium (DMEM; F-12), and 1% antibiotic-antimycotic solution were obtained from Life Technologies (Carlsbad, CA, USA). A fetal bovine serum in vitro toxicology assay kit was purchased from Sigma-Aldrich (St Louis, MO, USA).

Culturing and maintenance of Ganoderma neo-japonicum

The culture of *G. neo-japonicum* Imazeki KUM61076 was obtained from the Mushroom Research Centre, University of Malaya. The mycelia were cultured on potato dextrose agar and incubated at $28^{\circ}C \pm 2^{\circ}C$ for 7 days. The mycelia were then transferred to glucose yeast malt peptone broth.⁴⁶ The inoculated medium was incubated at $28^{\circ}C \pm 2^{\circ}C$ and agitated at 150 rpm for 10 days. After incubation, the mycelia were freeze-dried and stored at $4^{\circ}C$ in air-tight containers prior to use.

Preparation of mycelia hot aqueous extract

The preparation of mushroom extract was carried out according to a method described earlier.⁴⁷ In brief, the freeze-dried mycelia were soaked in distilled water at a ratio of 1:20 and double-boiled for 30 minutes, left to cool and filtered through grade 4 Whatman filter paper. The hot aqueous extract was then freeze-dried at $-50^{\circ}C \pm 2^{\circ}C$ for 48 hours and stored at 4°C in airtight containers. The freeze-dried hot aqueous extract of the mycelia was used as the reducing and stabilizing agent for the reduction of Ag⁺ to Ag⁰.

Synthesis of AgNPs

Synthesis of AgNPs was carried out according to a method described earlier.⁹ In a typical reaction, 1 mg/mL of freezedried hot aqueous mushroom mycelia extract was mixed with an aqueous solution of 1 mM AgNO₃ solution and kept at room temperature for 24 hours. The synthesis was observed using ultraviolet (UV)-visible spectroscopy. The color change to reddish brown in the presence of silver nitrate took place within 12 hours.

Characterization of AgNPs

Characterization of AgNPs was carried out according to methods described previously.38 The prepared AgNPs were primarily characterized by UV-visible spectroscopy, which has proved to be a very useful technique for the analysis of AgNPs. UV-visible spectra were obtained using a Biochrom (Cambridge, UK) WPA Biowave II UV-visible spectrophotometer. The particle size of dispersions was measured by a Zetasizer Nano ZS90 (Malvern Instruments, Malvern, UK). X-ray diffraction (XRD) analyses were carried out on an X-ray diffractometer (D8 Discover; Bruker, Billerica, MA, USA). The high-resolution XRD patterns were measured at 3 kW with Cu target using a scintillation counter ($\lambda = 1.5406$ Å) at 40 kV and 40 mA were recorded in the range of $2\theta = 5^{\circ} - 80^{\circ}$. Transmission electron microscopy (TEM; JEM-1200EX; JEOL, Tokyo, Japan) was used to determine the size and morphology of AgNPs. TEM images were obtained at an accelerating voltage of 300 kV.

Cell culture

MDA-MB-231 human breast cancer cells were kindly provided by Kyung Jin Lee, Institute for Life Sciences, ASAN Medical Center, University of Ulsan College of Medicine, Seoul, South Korea. MDA-MB-231 breast cancer cell lines were grown adherently and maintained in DMEM containing 10% fetal calf serum, and 1% antibiotic solution containing penicillin and streptomycin at 37°C in 5% CO₂. All experiments were performed in six-well plates, unless stated otherwise. Cells were seeded onto the plates at a density of 1×10^{6} cells per well and incubated for 24 hours prior to the experiments. The cells were washed with phosphate-buffered saline (PBS; pH 7.4) and incubated in fresh medium containing different concentrations of AgNPs dissolved in water.

Cell-viability assay

Cell viability was measured using the MTT (3-[4, 5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) dye-reduction assay to determine the cytotoxic effect of the AgNPs at various concentrations. Briefly, cells were plated onto 96-well flat-bottom culture plates with various concentrations of AgNPs (0-10 µg/mL). All cultures were incubated for 24 hours at 37°C in a humidified incubator. After 24 hours of incubation (37°C, 5% CO₂ in a humid atmosphere), 10 µL of MTT (5 mg/mL in PBS) was added to each well, and the plate was incubated for a further 4 hours at 37°C. The resulting formazan was dissolved in 100 µL of dimethyl sulfoxide with gentle shaking at 37°C, and absorbance was measured at 595 nm with an enzymelinked immunosorbent assay reader (SpectraMax; Molecular Devices, Sunnyvale, CA, USA). The results were given as the means of three independent experiments. Concentrations of AgNPs showing a 50% reduction in cell viability (ie, half-maximal inhibitory concentration [IC₅₀] values) were then calculated.48,49

Membrane integrity

Cell-membrane integrity of MDA-MB-231 cells was evaluated as described earlier,48,49 by determining the activity of LDH leaking out of the cell according to the manufacturer's instructions (TOX7 in vitro toxicology assay kit; Sigma-Aldrich). The LDH assay is based on the release of the cytosolic enzyme LDH from cells with damaged cellular membranes. Thus, in cell culture, the course of AgNPinduced cytotoxicity was followed quantitatively by measuring the activity of LDH in the supernatant. Briefly, cells were exposed to various concentrations of AgNPs for 24 hours, and then 100 µL per well of each cell-free supernatant was transferred in triplicate into wells in a 96-well plate, and 100 µL of LDH-assay reaction mixture was added to each well. After a 3-hour incubation under standard conditions, the optical density of the color generated was determined at a wavelength of 490 nm using a microplate reader.

Determination of ROS

Intracellular ROS were measured based on the intracellular peroxide-dependent oxidation of 2',7'-dichlorodihydrofluore

scein diacetate (DCFH-DA; Life Technologies) to form the fluorescent compound 2',7'-dichlorofluorescein (DCF), as previously described.⁴⁹ Cells were seeded onto 24-well plates at a density of 5×10^4 cells per well and cultured for 24 hours. After washing twice with PBS, fresh medium containing 6 µg/mL of AgNPs or 1 µM doxorubicin was added, and the cells incubated for 24 hours. For the control, 20 µM of DCFH-DA was added to the cells, and incubation continued for 30 minutes at 37°C. The cells were rinsed with PBS, 2 mL of PBS was added to each well, and fluorescence intensity was determined with a spectrofluorometer (Gemini EM; Molecular Devices) with excitation at 485 nm and emission at 530 nm. For the cells grown in 24-well plates for 24 hours, the antioxidant N-acetyl-L-cysteine (NAC; 5 mM) was added for 1 hour prior to exposing them to $6 \mu g/mL AgNPs$ or $1 \mu M$ doxorubicin for 12 hours. DCFH-DA (20 µM) was then added and the cells incubated for 30 min at 37°C before measuring changes of DCF fluorescence.

Measurement of caspase-3 activity

The cells were treated with 6 µg/mL AgNPs, purified caspase 3, or caspase-3 inhibitor for 24 hours. The activity of caspase 3 was measured in MDA-MB-231 cells using a kit from Sigma-Aldrich, according to the manufacturer's instructions. Cells were washed with ice-cold PBS and lysed with 100 µL of lysis buffer (50 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1 mM ethylene glycol tetraacetic acid, 1 mM NaF, 1% Nonidet P-40, and 1 mM phenylmethanesulfonylfluoride protease-inhibitor cocktail) for 30 minutes at 4°C. Protein extracts were collected after centrifugation at 14,000 rpm for 10 minutes. Protein concentration was determined using a Bio-Rad protein assay kit (Bio-Rad Laboratories, Hercules, CA, USA). Equal amounts (50 µg) of protein extracts were mixed with assay buffer (20 mM 4-[-hydroxyethyl]-1-piperazineethanesulfonic acid [pH 7.4], 100 mM NaCl, 0.1% CHAPS (3-[(3-cholamidopropyl) dimethylammonio]-1-propanesulfonate), 10 mM dithiothreitol (DTT), 1 mM EDTA, 10% sucrose), added to 96 well microtiter plates, and incubated with the caspase-3 substrate acetyl-Asp-Glu-Val-Asp p-nitroanilide (Ac-DEVD-pNA) and a caspase-3 inhibitor (Ac-DEVD-CHO) for 1 hour, and the absorbance read at 405 nm. The calorimetric assay is based on the hydrolysis of caspase-3 substrate by caspase 3, resulting in the release of the pNA moiety. The concentration of the pNA released from the substrate is calculated from the absorbance values at 405 nm. The assay was done with noninduced cells and also in the presence of the caspase-3 inhibitor (Ac-DEVD-CHO) for a comparative analysis.

DNA-fragmentation assay

MDA-MB-231 (10^6 cells/mL) were seeded in six-well microplates and treated with 6 µg/mL of AgNPs. After 24 hours of treatment, the culture medium was removed and the cells harvested by scraping with 1 mL of PBS and lysed with 500 µL of lysis buffer (20 mM Tris-HCl [pH 8.0], 5 mM EDTA, 400 mM NaCl, 1% sodium dodecyl sulfate, and 10 mg/mL proteinase K) for 1 hour at 55°C. Fragmented DNA was extracted with phenol/chloroform/isoamyl alcohol (25:24:1 v/v/v), precipitated with ethanol, and resuspended in Tris-EDTA buffer (TE, pH 8.0) containing 20 µg/mL RNase A. For quantitative analyses of DNA content, an equal amount of DNA was loaded and run on a 1.0% agarose gel containing 1 µg/mL ethidium bromide at 80 V, and the DNA fragments were visualized by exposing the gel to UV light, followed by photography.

Detection of apoptosis by TUNEL assay

Apoptotic DNA fragmentation was also detected by using a DNA fragmentation imaging kit (Roche, Basel, Switzerland), following the manufacturer's instructions. Based on the terminal deoxynucleotidyl transferase deoxyuridine triphosphate nick-end labeling (TUNEL) reaction, fluorescence detection of cells with apoptotic DNA strand breaks was performed. To examine total cell numbers, nuclei were labeled simultaneously with 4',6-diamidino-2phenylindole. Merged images of both channels were shown using a fluorescence microscope (Olympus, Tokyo, Japan) at 100× magnification.

Results and discussion Extracellular synthesis of AgNPs

In this study, we attempted to use the extract of *G. neo-japonicum* for synthesis of AgNPs. Shown in Figure 1 are tubes with the silver nitrate, *G. neo-japonicum* mycelial extract, and extract after reaction with Ag^+ ions for 24 hours. It was observed that the extract had a pale-yellow color before reaction with the silver ions, which changed to a brownish color on completion of the reaction. The appearance of a yellowish-brown color in solution containing the extract was a clear indication of the formation of AgNPs in the reaction mixture, and was due to the excitation of surface plasmon vibrations in the NPs.^{14,50,51} The color change indicates that *G. neo-japonicum* mycelial extract could be used as a



Figure I Synthesis of silver nanoparticles (AgNPs) using Ganoderma neo-japonicum extract. The photo shows containers with samples of AgNO₃ (1), *G. neo-japonicum* mycelia extract (2), AgNO₃ with the *G. neo-japonicum* mycelia extract (3). After exposure for 24 hours the color of the solution turned from colorless to brown, indicating the formation of AgNPs.

reducing and stabilizing agent for AgNP synthesis, and also it serves as a piece of evidence for synthesis of AgNPs.

Characterization of AgNPs using UV-visible spectroscopy

Further, the prepared AgNPs were characterized by UVvisible spectroscopy. UV-visible spectroscopy is an important and valuable technique for the characterization of NPs.50 The UV-visible absorption spectra of the AgNPs were measured in the range of 300-600 nm. A strong and broad surface plasmon peak located at 420 nm was observed for the AgNPs prepared using mycelia extract of G. neo-japonicum (Figure 2). The strong surface plasmon resonance centered at 420 nm clearly indicates the formation of AgNPs, which were extremely stable, with no evidence of flocculation of the particles even after 3 months.14 The band around 420 nm suggests that the particles were well dispersed without aggregation. The long-term stability of the NP solution may be due to the proteins in the mushroom extract as capping agents.¹⁴ Further, we examined the function of time for the synthesis of AgNPs, and the results suggest that the intensity of this peak steadily increases with an increase in the reaction time, which may be attributed to the formation of AgNPs with the progress of the reaction, because the intensity of the surface plasmon peak is directly proportional to the density of the NPs in solution. Maximum intensity was achieved after 24 hours of the reaction, which indicates the complete reduction of the Ag⁺ ions. An intense brown color of the reaction mixture further supports the complete reduction of Ag⁺ ions and the formation of AgNPs.^{7,8,19}



Figure 2 The ultraviolet-visible spectra of silver nanoparticles (AgNPs). The absorption spectra of AgNPs exhibited a strong broad peak at 420 nm, and observation of this band was attributed to surface plasmon resonance of the particles.

XRD analysis of AgNPs

Next, we examined the confirmation of the crystalline nature of AgNPs using XRD. Figure 3 shows the XRD pattern obtained for AgNPs synthesized using the mycelia extract of G. neo-japonicum. Regarding the crystalline nature of the AgNPs, two intense XRD peaks were observed, corresponding to the (111) and (200) planes at 2θ angles of 38.28° and 44.38°, respectively (Figure 3). XRD spectra of the nanoparticles derived from G. neo-japonicum extract suggest the formation of metallic silver. The width of the (111) peak was employed to calculate the average crystallite size using the Scherrer equation. It was found that the calculated average size is <6 nm, which matches the particle size obtained from a TEM image of AgNPs using Ganoderma extract. In addition to the Bragg peaks representative of face-centered cubic AgNPs, additional as-yet-unassigned peaks (marked with stars) were also observed, suggesting that the crystallization of the bioorganic phase occurred on the surface of the AgNPs. Our results represent a significant consensus with earlier findings reporting synthesis of AgNPs using geranium

leaf extracts and edible mushroom extract.^{52,53} However, the Vikneswaran et al²⁵ suggested an intense diffraction peak at 2θ angles of 57.3°, due to the chloride ions involved during the preparation of the cell filtrate, and also possibly due to residue from an extract of the biomass.^{24,25} In addition, three new peaks were formed due to the interaction of silver nitrate with the fungal cell-wall matrix.²⁵

Size-distribution analysis by dynamic light scattering

To know the average size of synthesized AgNPs, a sizedistribution analysis was performed using dynamic light scattering (DLS) in aqueous solution. Figure 4 shows that the average particle size of *G. neo-japonicum* extract prepared AgNPs was 5 nm. DLS results showed the size ranging between 2 and 10 nm and a low polydispersity index of 0.175, indicating that a monodisperse distribution of mostly single and uniform size of species was present in solution. Mukherjee et al⁵⁴ demonstrated that exposure of an aqueous AgNO₃ solution to the fungus *Verticillium* caused



Figure 3 X-ray diffraction pattern of the silver nanoparticles (AgNPs) derived from *Ganoderma neo-japonicum* mycelial extract. The diffractions at 38.28° and 44.38° 20 can be indexed to the (111) and (200) planes of the face-centered cubic AgNPs, respectively. **Note:** The stars indicate the nonspecific peaks due to biomass residues.

the reduction of the metal ions and formation of AgNPs of 25 nm diameter.¹³ The cell-associated biosynthesis of AgNPs were reported in *F. oxysporum*, and the particles were quasispherical overall with a size range between 5 and 15 nm.¹⁴

Size and morphology analysis of AgNPs by transmission electron microscopy

To verify the data derived from DLS analysis, further characterization of AgNPs was done using TEM to examine

Z-average (dnm: 5.0) PDI: 0.175		Diameter (nm)	Width (nm)
	Peak 1	4.4	2.0
	Peak 2	0.000	0.000
	Peak 3	0.000	0.000



Figure 4 Size-distribution analysis by dynamic light scattering. The particle size-distribution analysis revealed that particle size was about 5 nm. Abbreviations: dnm, diameter; PDI, polydispersity index.

their size and morphology. The representative TEM image is shown in Figure 5, and indicates well-dispersed particles that are significantly uniform and spherical. The TEM analysis revealed that the average size of the particles synthesized by G. neo-japonicum was approximately 5-8 nm. A significant proportion of largely spherical AgNPs within the range of 5 nm were observed in TEM micrographs. The spherical particles were reasonably uniform in size and in agreement with DLS data. Overall analysis of DLS and TEM suggests that the average size of AgNPs derived from Ganoderma spp. mushroom extract was 5 nm. Vigneshwaran et al⁵⁵ reported that the average size of AgNPs using spent mushroom substrate was 30.5 nm. The average size of AgNPs using edible mushroom Pleurotus florida and Volvariella volvacea was 20 \pm 5 nm and 15 nm, respectively.^{17,18} The G. neo-japonicum-synthesized NPs revealed polydispersity and sizes between 10 and 70 nm, with an average size of 45 nm.²¹ In general, smaller NPs have significant toxicity in bacteria when compared to larger ones. Reducing the particle size of materials is an efficient and reliable tool for improving their biocompatibility.56

AgNP-induced cytotoxicity in MDA-MB-231 breast cancer cells

The cell-viability assay is one of the important parameters for toxicology analysis that explains the cellular responses to toxic materials, and it can provide information on cell death, survival, and metabolic activities.³⁹ To examine



Figure 5 Size and morphology of silver nanoparticle (AgNP) analysis by transmission electron microscopy (TEM).

Notes: Several fields were photographed and used to determine the diameter of the NPs. Representative TEM image of AgNPs produced by *Ganoderma neo-japonicum* mycelial extract. The maximum size of the observed diameter was 5 nm.

the effect of AgNPs on mitochondrial activity, cells were treated with various concentrations of AgNPs between 1 and $10 \,\mu\text{g/mL}$, and toxicity was measured. The data from this experiment suggest that higher concentrations between 6 and $10 \,\mu g/mL$ had significantly more impact on cell viability than 1-4 µg/mL. At 24 hours of treatment, AgNPs were found to be significantly toxic to the cells at concentrations of 6 µg/mL and higher (Figure 6). AgNP-treated cells showed decreased metabolic activity, which depends on the nature of cell types and the size of NPs.⁵⁷ Franco-Molina et al³² reported a colloidal silver-induced dose-dependent cytotoxic effect on MCF-7 breast cancer cells. The rate of cell viability was significantly reduced as a function of both culture time and AgNP concentration in human IMR-90 and U251 cells, mouse embryonic stem cells, and A549 lung cells.³⁹ Gopinath et al58 found that the IC50 value of AgNPs prepared using chemical methods with a size of 10-15 nm was 27.0 µg/mL in BHK21 (noncancer) and HT29 (cancer) cells and higher concentrations of AgNPs (>44.0 µg/mL) became necrotic to cells, leading to rapid cell-membrane rupture.⁵⁹ Dosedependent cytotoxicity of AgNPs and AgNO₃ was observed in human Chang liver cells, the results indicating that AgNPs showed significantly higher cytotoxicity than AgNO₂.58 In our experiment, the cell-proliferation assay suggested that the IC₅₀ was 6.0 μ g/mL, which is significantly better than earlier findings. However, the action of AgNPs depends on size, shape, conditions of media, type of cells, and also dose- and time-dependence.

Impact of AgNPs on membrane integrity

LDH is a characteristic marker for cell death. LDH assay can be used to determine the status of cells under a given condition. We examined the effect of various concentrations of AgNPs on membrane integrity; the cells were treated with various concentrations of AgNPs for 24 hours. The results suggest that cell-membrane leakage was dose-dependent and significantly affected (Figure 7). The results from the LDH assay were consistent with cell viability; with increasing concentrations of AgNPs, the cells became gradually more cytotoxic. The increase of LDH leakage was due to abrupt cell-membrane lysis consequently leading to cell death, which suggest that the membrane leakage was a consequence of the apoptosis. Similarly, Hussain et al⁶⁰ demonstrated that exposure to AgNPs for 24 hours resulted in a concentration-dependent increase in LDH leakage and exhibited significant cytotoxicity at 10-50 µg/mL in BRL 3A rat liver cells. Park et al57 analyzed the status of LDH leakage in L929 fibroblasts with various sizes of AgNPs,



Figure 6 Cytotoxic effect of silver nanoparticles (AgNPs) on MDA-MB-231 human breast cancer cells. Cells were treated with AgNPs at various concentrations for 24 hours, and cytotoxicity was determined by the MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) method. Notes: The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group with Student's t-test (P<0.05).

and the results suggested that cell-membrane integrity was significantly affected. Enzymes secreted into the media for all three different sizes of AgNP-treated samples, among which 20 nm AgNPs were more effective than the 80 and 113 nm ones. Water-soluble mPEG-SH-coated AgNPs decreased cell viability in dose- and time-dependent manners and decreased the activities of superoxide dismutase and glutathione peroxides.⁶¹ Lee et al⁶² observed that the LDH level increased 210% when cells were cultivated for 48 hours in a culture medium containing AgNPs at 100 μ g/mL, and found that





AgNPs could induce the release of LDH in a concentrationand time-dependent manner, indicating that AgNPs reduced the membrane potential in A549 cells. We found that an IC_{50} concentration of 6.0 µg/mL was significant to inhibit cell growth and sufficient to induce cell death. Therefore, this concentration was used for further analysis.

AgNP-induced oxidative stress in MDA-MB-231 human breast cancer cells

Several studies have provided strong evidence for a link between AgNP-mediated production of ROS and subsequent generation of oxidative stress and cytotoxicity. Oxidative stress in turn plays an important role in many types of cellular injury, which can result in DNA damage and apoptotic cell death.⁶³⁻⁶⁸ ROS are chemical species that are produced as by-products of cellular oxygen metabolism, which occurs via mitochondrial respiration in eukaryotic cells.63-68 AgNPs are capable of producing ROS. Abnormal accumulation of ROS is called oxidative stress, and can lead to serious cellular damage.^{63–71} According to a literature survey, currently there is limited information available about the mechanism of AgNP-induced toxicity. To know the effect of AgNPs on oxidative stress, we measured ROS generation using the H₂DCF-DA assay. AgNP-induced intracellular ROS generation was evaluated using intracellular peroxide-dependent oxidation of DCFH-DA to form fluorescent DCF. Cells were also treated with doxorubicin 1 µM as a positive control.

DCF fluorescence was detected in cells treated with AgNPs for 24 hours. We examined ROS generation, which is considered to be a crucial component of apoptosis in many studies. Consistent with an increase in intracellular ROS, the level of ROS generation was markedly increased in AgNP-treated cells (Figure 8). These results indicate that ROS induced by AgNPs is a significant factor for apoptosis in yeast cells. To demonstrate that NAC acts as an OH scavenger, we also treated cells exposed to AgNPs with NAC. NAC significantly reduced the level of ROS generation in AgNP-treated cells. As shown in Figure 8, the ROS levels generated in response to AgNP- and doxorubicin-treated cells were significantly higher than the control. Consistent with earlier findings, all of the cytotoxic effects induced by AgNPs were efficiently prevented by NAC pretreatment (Figure 8), suggesting that the intrinsic toxicity of AgNPs is associated with oxidative damage-dependent pathways.⁷¹ The results derived from this experiment suggest that cell death is mediated by ROS production, which might alter the cellular redox status and be a potential reason for cell death.^{63–71}

AgNP-induced caspase-3 activation

Several studies have been reported using various kinds of cultured cells and animal models to provide evidence for AgNP-induced genotoxicity and apoptosis. Apoptosis is well recognized as a distinctive mode of programmed cell death that involves the genetically determined elimination of



Figure 8 Silver nanoparticles (AgNPs) induce reactive oxygen species (ROS) generation in MDA-MB-231 human breast cancer cells. Relative fluorescence of 2',7'-dichlorofluorescein was measured using a spectrofluorometer with excitation at 485 nm and emission at 530 nm.

Notes: The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control (CON) group with Student's t-test (P < 0.05).

Abbreviations: DOX, doxorubicin; NAC, *N*-acetyl-L-cysteine.



Figure 9 Silver nanoparticles (AgNPs) induce the activity of caspase 3 in MDA-MB-231 human breast cancer cells. MDA-MB-231 cells were treated with AgNPs, doxorubicin (DOX), and/or a caspase-3 inhibitor (Ac-DEVD-CHO) for 24 hours.

Notes: The concentration of the *p*-nitroaniline released from the substrate was calculated from the absorbance values at 405 nm. The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group with Student's *t*-test (P<0.05).

Abbreviation: CON, control.

cells.⁶⁷ Proteolytic enzymes, such as caspases, are important effector molecules in apoptosis. Activation of caspases in response to environmental toxicants can be initiated through stimulation of the extrinsic pathway or the intrinsic pathway.67,68 Oxidative stress plays an important role in a variety of normal biochemical functions, and abnormality in these functions results in pathological processes. Excessive production of ROS in the cell is known to induce apoptosis.⁷² The caspase-3-activation cascade plays an important role in several apoptotic mechanisms.73 To know the effect of caspase-3 activation induced by AgNPs, the cells were treated with AgNPs, and caspase-3 activation suggested that AgNPs caused cell death through apoptosis.⁴³ Figure 9 depicts the increase in the levels of caspase 3 during treatment with AgNPs as well as doxorubicin. Cells treated with a caspase-3 inhibitor revealed a level of caspase-3 activation equal to control, which clearly indicates that caspase-3 plays a key role in the apoptotic pathway of cells. The increased level of caspase-3 activation in AgNP-treated cells could contribute to cell death through apoptosis. These results suggest that AgNPs induce apoptosis in breast cancer cells in a caspase-3-dependent manner.43

DNA fragmentation

Cellular DNA damage can result from the action of endogenous ROS or stochastic errors in replication or recombination, as well as from environmental toxicants.⁶⁸ Several studies reported that AgNPs could alter many biochemical and



Figure 10 Effect of silver nanoparticles (AgNPs) on DNA fragmentation. MDA-MB-231 human breast cancer cells were treated with AgNPs for 24 hours, and DNA fragmentation was analyzed by agarose gel electrophoresis.

Notes: Lane M, I kB ladder; lane I, control; lane 2, AgNPs (6 $\mu g/mL);$ lane 3, doxorubicin (I $\mu M).$



Figure 11 Terminal deoxynucleotidyl transferase deoxyuridine triphosphate nick-end labeling (TUNEL) assay. Fluorescent staining of MDA-MB-231 human breast cancer cells after 24 hours' treatment with silver nanoparticles (AgNPs; 6 µg/mL) and doxorubicin (DOX; 1 µM) using TUNEL assay. Note: Representative images are shown for apoptotic DNA fragmentation (red staining) and corresponding nuclei (blue staining). Abbreviations: CON, control; DAPI, 4',6-diamidino-2-phenylindole.

molecular changes in cultured cells. AgNP-induced DNA breakage was detected in cell lines using the DNA comet assay.⁶⁹ DNA laddering is a valuable technique to analyze the endonuclease cleavage products of apoptosis. The ROS can act as signal molecules promoting cell-cycle progression, and can induce oxidative DNA damage.74 DNA fragmentation is broadly considered a characteristic feature of apoptosis.⁷⁵ Induction of apoptosis can be confirmed by two factors: irregular reduction in size of cells, in which the cells are reduced and shrunken, and DNA fragmentation.⁴³ To confirm further the apoptotic features induced by AgNP-treated MDA-MB-231 cells, a DNA-fragmentation assay was conducted. Figure 10 clearly indicates that the DNA-laddering pattern in MDA-MB-231 cells treated with AgNPs is one of the reasons for cell death. Further, to support the data for AgNP-induced apoptosis, apoptotic DNA fragmentation was evaluated by fluorescence microscopy using the TUNEL assay (Figure 11). Treatment of MDA-MB-231 cells with AgNPs ($6 \mu g/mL$) revealed a significant appearance of positively labeled cells, representing apoptotic DNA fragmentation. In control cultures, fewer or no apoptotic cells were observed. In contrast, doxorubicin-treated cells showed a significant number of TUNEL-positive cells.

Sriram et al⁴³ demonstrated that Dalton's lymphoma ascite cell lines treated with AgNPs exhibit DNA fragmentation. Genotoxic studies of titanium dioxide NPs revealed dose-dependent DNA damage, chromosomal aberrations, and errors in chromosome segregation, which were due to deposition of metal particles inside the nucleus affecting the DNA and cell division and formation of sister chromatic exchanges.⁷⁶ The toxicity of starch-coated AgNPs was studied using normal human lung fibroblast cells (IMR-90) and human glioblastoma cells (U251), and the results concluded that the toxicity of AgNPs influences cell morphology, cell viability, metabolic activity, and oxidative stress. Further, AgNPs reduced adenosine triphosphate content of the cell, caused damage to mitochondria, and increased production of ROS in a dose-dependent manner.⁶⁹

Conclusion

We demonstrated the synthesis of AgNPs with a mean size of 5 nm using pharmaceutically important *G. neo-japonicum* mycelia extract. These AgNPs showed an absorption peak at 420 nm in UV-visible spectra, corresponding to the plasmon resonance of AgNPs. TEM and DLS results showed the production of reasonably uniform and monodisperse AgNPs with an average particle size of 5 nm. XRD spectra of the NPs confirmed the formation of metallic silver. Further, toxicity studies confirmed the potential cytotoxic effects of biologically synthesized AgNPs in MDA-MB-231 cells. AgNP-treated cells exhibited dose-dependent cell death and membrane leakage. From the cell-proliferation assay, the IC₅₀ was found to be 6.0 μ g/mL. This report also suggests that AgNPs induce cell death through ROS generation, activation of caspase 3, and DNA fragmentation. This study demonstrates the possibility of using AgNPs to inhibit the growth of cancer cells and their cytotoxicity for potential therapeutic treatments, and offers a new method to combat various diseases, such as cancer, arthritis, and neovascularization.

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Disclosure

The authors report no conflicts of interest in this work.

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