

# Reduction of graphene oxide by resveratrol: a novel and simple biological method for the synthesis of an effective anticancer nanotherapeutic molecule

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**Objective:** Graphene represents a monolayer or a few layers of  $sp^2$ -bonded carbon atoms with a honeycomb lattice structure. Unique physical, chemical, and biological properties of graphene have attracted great interest in various fields including electronics, energy, material industry, and medicine, where it is used for tissue engineering and scaffolding, drug delivery, and as an antibacterial and anticancer agent. However, graphene cytotoxicity for ovarian cancer cells is still not fully investigated. The objective of this study was to synthesize graphene using a natural polyphenol compound resveratrol and to investigate its toxicity for ovarian cancer cells.

**Methods:** The successful reduction of graphene oxide (GO) to graphene was confirmed by UV-vis and Fourier transform infrared spectroscopy. Dynamic light scattering and scanning electron microscopy were employed to evaluate particle size and surface morphology of GO and resveratrol-reduced GO (RES-rGO). Raman spectroscopy was used to determine the removal of oxygen-containing functional groups from GO surface and to ensure the formation of graphene. We also performed a comprehensive analysis of GO and RES-rGO cytotoxicity by examining the morphology, viability, membrane integrity, activation of caspase-3, apoptosis, and alkaline phosphatase activity of ovarian cancer cells.

**Results:** The results also show that resveratrol effectively reduced GO to graphene and the properties of RES-rGO nanosheets were comparable to those of chemically reduced graphene. Biological experiments showed that GO and RES-rGO caused a dose-dependent membrane leakage and oxidative stress in cancer cells, and reduced their viability via apoptosis confirmed by the upregulation of apoptosis executioner caspase-3.

**Conclusion:** Our data demonstrate a single, simple green approach for the synthesis of highly water-dispersible functionalized graphene nanosheets, suggesting a possibility of replacing toxic hydrazine by a natural and safe phenolic compound resveratrol, which has similar efficacy in the reduction of GO to rGO. Resveratrol-based GO reduction would facilitate large-scale production of graphene-based materials for the emerging graphene-based technologies and biomedical applications.

**Keywords:** reduced graphene oxide, Raman spectroscopy, scanning electron microscopy, UV-vis spectroscopy, ROS generation, membrane integrity

## Introduction

Graphene oxide (GO) is a multipurpose, solution-processable next-generation candidate material for application in ultrathin electronics, optoelectronics, energy conversion, and storage technologies.<sup>1-4</sup> Graphene, a two-dimensional allotrope of carbon that displays an unusual honeycomb crystal structure, has received considerable attention

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in the field of nanoscience and technology because of its excellent physical, chemical, electrical, mechanical, and optical properties,<sup>5-7</sup> and biocompatibility.<sup>8,9</sup> Owing to its excellent characteristics, graphene can be potentially used in electronic devices such as flexible thin-film transistors, touch panels, and solar cells.<sup>5-7,10</sup> Furthermore, graphene has been used in various biomedical applications such as bio-sensing,<sup>11</sup> antibacterial composites,<sup>12-14</sup> drug delivery,<sup>15</sup> and tissue scaffolds.<sup>16</sup>

Due to the increasing demand for graphene in a wide range of industries, the production of high-quality graphene should be established. Several techniques have been adopted to prepare high-quality graphene such as chemical vapor deposition onto thin films of metal, epitaxial growth on electrically insulating surfaces like silicon carbide, and the scotch tape method.<sup>7</sup> All these methods can produce highly crystalline graphene but are unsuitable for mass production.<sup>6,7</sup> The most promising method for the large-scale production of graphene is chemical oxidation of graphite (Gt), conversion of the resulting Gt oxide to GO, and subsequent GO reduction. The reduction of GO to graphene can be accomplished by using chemical-reducing agents, flash photolysis, microwave irradiation, thermal shock, photocatalytic degradation, and catalytic reduction in liquid phase.<sup>5,7</sup> In addition, several other methods have been developed for the synthesis of graphene and its derivatives, including exfoliation of Gt,<sup>17</sup> flash reduction,<sup>18</sup> hydrothermal dehydration,<sup>19</sup> mechanical exfoliation,<sup>20</sup> epitaxial growth,<sup>21</sup> photocatalysis,<sup>22</sup> photodegradation,<sup>23</sup> and electrochemical exfoliation.<sup>24</sup> Recently, Yang et al<sup>25</sup> employed a simple approach to synthesize reduced GO sheets (rGOSs) and gold nanoparticles at room temperature on indium tin oxide-coated glass slides as disposable working electrodes for sensing dopamine.

GO reduction by chemical methods results in very limited solubility or even irreversible agglomeration of reduced GO (rGO) during preparation in water and most organic solvents (unless capping reagents are used) because of strong  $\pi$ - $\pi$  stacking tendency between rGOSs.<sup>6,26</sup> Besides, chemical oxidation-reduction methods often use toxic reducing agents for  $\pi$ - $\pi$  stacking of graphene to form a graphitic structure.<sup>6,7,26</sup> The most commonly used chemical-reducing agents are hydrous hydrazine, hydrazine monohydrate, sodium borohydride, and hydrogen sulfide, which are highly toxic and harmful to living organisms and the environment.<sup>6,9,26-28</sup> To overcome the aggregation and solubility problems, several polymers or surfactants have been used such as poly(sodium-4-styrenesulfonate),<sup>29</sup> alkaline conditions,<sup>30</sup> poly(*N*-vinyl-2-pyrrolidone),<sup>31</sup> and poly(allylamine).<sup>32</sup>

Recently, biological molecules have been used to reduce GO; thus, Salas et al<sup>33</sup> have reported “green” reduction of GO via bacterial respiration.<sup>33</sup> Several microorganisms have been shown to reduce GO, including *Shewanella* spp.,<sup>34</sup> *Escherichia coli*,<sup>35,36</sup> *Pseudomonas aeruginosa*,<sup>13</sup> *Bacillus marisflavi*,<sup>36</sup> and *Ganoderma* spp.<sup>9</sup> A number of studies have also reported GO reduction using various biomolecules such as ascorbic acid,<sup>37</sup> amino acids,<sup>38</sup> glucose,<sup>39,40</sup> bovine serum albumin,<sup>41</sup> melatonin,<sup>42</sup> and humanin.<sup>8</sup> The use of biomaterials for the synthesis of graphene would save energy and time in downstream processing, and compared to bacterial reduction, it does not have the danger of introducing endotoxins.<sup>43,44</sup> Biological modification of GO using resveratrol could provide better biocompatibility, solubility, and selectivity than chemical-reducing agents such as hydrazine and citrate. Therefore, in this study, we investigated the use of a purified polyphenolic compound resveratrol for GO reduction.

Graphene and graphene-related materials have recently been used as drug delivery and anticancer agents. Yang et al<sup>45</sup> have shown tumor uptake and photothermal therapeutic effects of PEGylated GO using xenograft tumor mouse models. Akhavan et al<sup>40</sup> have reported the efficacy of the glucose-rGOSs in photothermal therapy of LNCaP prostate cancer cells; in that case, GO suspension reduced and functionalized by glucose in the presence of Fe catalyst showed biocompatibility and excellent near-infrared (NIR) photothermal therapeutic efficiency, which exceeded that of hydrazine-rGO (H-rGO) single-walled and multi-walled carbon nanotube suspensions. Markovic et al<sup>46</sup> have demonstrated differential photothermal anticancer activity of NIR-excited graphene and carbon nanotubes, and Kam et al<sup>47</sup> have shown that polyvinyl pyrrolidone-coated graphene nanoparticles display higher photothermal responsiveness than single-walled carbon nanotubes (SWCNTs). Zhang et al<sup>48</sup> have developed doxorubicin-loaded PEGylated nanoGO to combine cancer chemotherapy and photothermal therapy in one system. Their results demonstrate that such a combination exhibited synergistic effect, significantly improving the therapeutic efficacy of cancer treatment compared to each therapy alone. Gurunathan et al<sup>36</sup> have shown that biologically obtained rGO had a significant dose-dependent toxicity against breast cancer MCF-7 cells, which was superior to that of GO.

Epithelial ovarian carcinoma is the fifth most frequent cause of cancer death in women and the leading cause of death from gynecological cancers.<sup>49,50</sup> Although the majority of the tumors initially respond to chemotherapy, they eventually acquire chemoresistance.<sup>51</sup> The resistance of recurrent tumors to cytotoxic drugs is the principal factor limiting

the success of long-term treatment for ovarian cancer. The development of ovarian cancer appears to involve the emergence and subsequent expansion of cell clones resistant to apoptosis. The mechanisms underlying reduced apoptosis and the resultant chemotherapy resistance in ovarian cancer are complex. Therefore, it is a challenge to identify lead nanomaterials that target the resistance mechanisms and increase the sensitivity of ovarian tumors to conventional chemotherapeutic agents.

Resveratrol (*trans*-3,5,4'-trihydroxystilbene), a natural phenolic compound found in several plants, displays multiple biological effects such as antioxidant and pro-oxidant properties, and regulates a number of cellular processes.<sup>52,53</sup> In the cell, resveratrol has several molecular targets, directly binding to estrogen receptors and the F1 component of mitochondrial ATP synthase; it also inhibits tubulin polymerization and induces cell cycle arrest and apoptosis.<sup>54,55</sup> Ragione et al<sup>56</sup> have reported that resveratrol exerts antiproliferative effects via regulation of the expression and phosphorylation of cyclin E, cyclin A, cdc2, and Rb, causing cell cycle arrest at the G2–S checkpoint. Resveratrol-induced apoptosis appears to involve caspase activation and stabilization of p53.<sup>57</sup> Resveratrol has been found to interact with multiple molecular targets involved in inflammation and immunity by modulating the functional activity of macrophages, lymphocytes, and dendritic cells.<sup>58</sup> Because of multiple biological effects elicited by resveratrol and resveratrol-like compounds, they have been investigated in pharmacological studies as antioxidants with allosteric mechanism in epigenetic drug targets.

The objective of this study was to develop a simple, dependable, and environmentally friendly approach for green reduction and functionalization of GO using resveratrol. Furthermore, we conducted comprehensive evaluation of GO and resveratrol-rGO (RES-rGO) toxicity by analyzing cell viability, membrane integrity, reactive oxygen species (ROS) generation, and apoptosis in ovarian cancer cell line A2780, an *in vitro* model to study the induction of epithelial-to-mesenchymal transition. The results of this study could open a new avenue for using natural products like resveratrol as nontoxic substitutes for hydrazine in large-scale production of solution-processable graphene. The obtained graphene could be applied as a biocompatible and efficient anticancer agent in next-generation nanotechnology-based therapeutic approaches.

## Materials and methods

### Materials

Gt powder, NaOH, KMnO<sub>4</sub>, NaNO<sub>3</sub>, anhydrous ethanol, 98% H<sub>2</sub>SO<sub>4</sub>, 36% HCl, 30% H<sub>2</sub>O<sub>2</sub>, resveratrol, fetal bovine serum

(FBS), and the *in vitro* toxicology assay kit were purchased from Sigma-Aldrich (St Louis, MO, USA). Penicillin–streptomycin, trypsin ethylenediaminetetraacetic acid (EDTA), Dulbecco's Modified Eagle's Medium (DMEM), and 1% antibiotic–antimycotic solution were obtained from GIBCO (Life Technologies, Carlsbad, CA, USA). All other chemicals were purchased from Sigma-Aldrich unless stated otherwise.

### GO synthesis

GO was synthesized as described previously with some modifications.<sup>9,13,59</sup> In a typical synthesis process, 2 g of natural Gt powder was added to 350 mL of cooled (0°C) H<sub>2</sub>SO<sub>4</sub>, and then 8 g of KMnO<sub>4</sub> and 1 g of NaNO<sub>3</sub> were added gradually while stirring. The mixture was transferred to a 40°C water bath and stirred for 60 minutes. Deionized water (250 mL) was slowly added, and the temperature was increased to 98°C. The mixture was maintained at 98°C for 30 minutes, and the reaction was terminated by the addition of 500 mL of deionized water and 40 mL of 30% H<sub>2</sub>O<sub>2</sub>. The color of the mixture changed to brilliant yellow, indicating the oxidation of pristine Gt to GO. The mixture was then filtered and washed with diluted HCl to remove metal ions. Finally, the product was washed repeatedly with distilled water until pH 7.0 was achieved, and the synthesized GO was sonicated for 60 minutes.

### Preparation of RES-rGO

GO reduction was performed as described previously<sup>9,13</sup> with some modifications. RES-rGO was obtained using resveratrol both as a reducing agent and as a stabilizer. In a typical procedure, 50 μM resveratrol was mixed with 1 mg/mL of GO, sonicated for 15 minutes, and incubated at 40°C for 1 hour. The mixture was then cooled to room temperature and sonicated for additional 15 minutes. After vigorous stirring for 5 minutes, the mixture was stirred in a 90°C water bath for 1 hour. The resulting stable black dispersion was then centrifuged and washed with water three times, producing a homogenous RES-rGO suspension without aggregation. The obtained RES-rGOSs were redispersed in water before further use. To compare the reduction efficiency of resveratrol of GO suspension as compared to efficacy of H-rGO, we prepared H-rGO as described earlier<sup>41</sup> and used as a control in all our experiments.

### Characterization of GO and RES-rGO

GO and RES-rGO were characterized as described previously.<sup>9,13</sup> UV-vis spectra were recorded using a WPA

Biowave II spectrophotometer (Biochrom, Cambridge, UK). Particle size of the GO and RES-rGO dispersions was measured using a ZetasizerNano ZS90 instrument (Malvern Instruments, Malvern, UK). X-ray diffraction (XRD) analysis was performed in a Bruker D8 DISCOVER X-ray diffractometer (Bruker AXS GmbH, Karlsruhe, Germany). The X-ray source was 3 kW with a Cu target, and high-resolution XRD patterns were measured using a scintillation counter ( $\lambda=1.5406 \text{ \AA}$ ). XRD was run at 40 kV and 40 mA, and samples diffraction was recorded at  $2\theta$  values between  $5^\circ$  and  $50^\circ$ . Dry GO or RES-rGO powder was suspended in KBr, and Fourier transform infrared (FTIR) spectroscopy was performed using a Spectrum GX spectrometer (Perkin Elmer Inc., Waltham, MA, USA) within the range of  $500\text{--}4,000 \text{ cm}^{-1}$ . A JSM-6700F semi-in-lens field emission scanning electron microscope was used to acquire scanning electron microscopy (SEM) images. Solid samples were transferred to a carbon tape in an SEM sample holder, and the analysis was performed at an average working distance of 6 mm. GO and RES-rGO Raman spectra were measured using a WITEC Alpha300 laser at the wavelength of 532 nm. Calibration was initially performed using an internal silicon reference at  $500 \text{ cm}^{-1}$ , which gave peak resolution of less than  $1 \text{ cm}^{-1}$ . The spectra were measured from  $500 \text{ cm}^{-1}$  to  $4,500 \text{ cm}^{-1}$ . All samples were deposited onto glass slides in powdered form without using solvent.

## Cell culture and exposure to GO, RES-rGO, and H-rGO

Human ovarian A2780 cancer cells were cultured in DMEM supplemented with 10% FBS, 2 mM glutamine, and 100 U/mL penicillin–streptomycin, in a humidified 5%  $\text{CO}_2$  incubator at  $37^\circ\text{C}$ . The medium was replaced three times a week, and cells were passaged at subconfluency. At approximately 75% confluence, cells were harvested using 0.25% trypsin–EDTA and seeded in  $75 \text{ cm}^2$  flasks, six-well plates, or 96-well plates depending on the experiment. After 24 hours, the medium was replaced with fresh medium containing GO or RES-rGO or H-rGO at different concentrations ( $20\text{--}100 \mu\text{g/mL}$ ); cells not exposed to GO or RES-rGO or H-rGO served as negative control. After 24-hour incubation, the treated cells were analyzed for viability, lactate dehydrogenase (LDH) release, ROS generation, and cell morphology examined using an OLYMPUS IX71 microscope (Olympus, Tokyo, Japan) with appropriate filter sets.

## Cell viability assay

Cell viability was examined using the WST-8 assay as described previously.<sup>9,36</sup> Typically,  $1 \times 10^4$  cells were seeded

in 100 L of 10% FBS-containing DMEM in a 96-well plate. After 24 hours, the cells were washed with  $100 \mu\text{L}$  of serum-free DMEM two times and incubated in  $100 \mu\text{L}$  of serum-free DMEM containing different concentrations of GO or RES-rGO suspensions. After 24 hours of exposure, the cells were washed twice with serum-free DMEM, and  $15 \mu\text{L}$  of the WST-8 solution was added to each well containing  $100 \mu\text{L}$  of serum-free DMEM. After 1-hour incubation,  $80 \mu\text{L}$  of the mixture was transferred to another 96-well plate because residual GO or RES-rGO could affect the absorbance measured at 450 nm using a microplate reader. Cell-free control experiments were performed to determine whether GO and RES-rGO directly reacted with the WST-8 reagent. For this, various concentrations of resveratrol ( $0\text{--}200 \mu\text{M}$ ) or  $100 \mu\text{L}$  of GO or RES-rGO or H-rGO suspensions ( $20\text{--}100 \mu\text{g/mL}$ ) was incubated with  $10 \mu\text{L}$  of the WST-8 reagent in a 96-well plate for 1 hour. The plates were centrifuged to precipitate GO and RES-rGO, and  $100 \mu\text{L}$  of the supernatant was transferred to another 96-well plate to measure optical density at 450 nm.

## Cell morphology

Ovarian cancer cells were plated in six-well plates ( $1 \times 10^4$  cells per well) in 10% FBS-containing DMEM. After 24 hours, medium was changed to serum-free DMEM without or with  $20 \mu\text{g/mL}$  of GO or RES-rGO or H-rGO and incubated for 12 hours or 24 hours. Cell morphology was examined using an optical microscope.

## Membrane integrity

Cell membrane integrity of human ovarian cancer cells (A2780) was evaluated by determining LDH activity in cell supernatants according to the manufacturer's instructions (In Vitro Toxicology Assay kit; Sigma-Aldrich) and as described previously.<sup>9</sup> Briefly, cells were exposed to various concentrations of GO or RES-rGO or H-rGO ( $20\text{--}100 \mu\text{g/mL}$ ) in triplicate for 24 hours;  $100 \mu\text{L}$  of each cell-free supernatant was transferred to a new 96-well plate and mixed with  $100 \mu\text{L}$  of the LDH reagent. After 3-hour incubation under standard conditions, optical density was determined at 490 nm using a microplate reader.

## Determination of ROS

Intracellular ROS were measured based on the intracellular peroxide-dependent oxidation of 2',7'-dichlorodihydrofluorescein diacetate (DCFH-DA, Molecular Probes, Thermo Fisher Scientific, Waltham, MA, USA) to a fluorescent compound 2',7'-dichlorofluorescein, as previously described.<sup>9,36</sup> Cells were seeded onto 24-well plates at



a density of  $5 \times 10^4$  cells per well and cultured for 24 hours. After washing twice with phosphate-buffered saline (PBS), fresh medium containing different concentrations of GO or RES-rGO or H-rGO (20–100  $\mu\text{g}/\text{mL}$ ) was added, and the cells were incubated for 24 hours. The cells were then supplemented with 20  $\mu\text{M}$  DCFH-DA, and incubation continued for 30 minutes at  $37^\circ\text{C}$ . The cells were rinsed with PBS, and 2 mL of PBS was added to each well, and fluorescence intensity was determined using a Gemini EM spectrofluorometer with the excitation at 485 nm and emission at 530 nm.

### Measurement of caspase-3 activity

Caspase-3 activity was assayed as described earlier<sup>60</sup> using a commercial kit (Sigma-Aldrich) according to the manufacturer's instructions. Cancer cells were plated as above and treated without or with GO or RES-rGO or H-rGO (50  $\mu\text{g}/\text{mL}$ ), or caspase-3 inhibitor for 24 hours, washed with ice-cold PBS, and lysed with 100  $\mu\text{L}$  of lysis buffer (50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM ethylene glycol tetraacetic acid, 1 mM NaF, 1% Nonidet P-40, 1 mM phenylmethanesulfonyl fluoride, and protease inhibitor cocktail) for 30 minutes at  $4^\circ\text{C}$ . The extracts were collected after centrifugation at 10,000 rpm for 10 minutes, and protein concentration was determined using the Bio-Rad protein assay kit (Bio-Rad, Hercules, CA, USA). Equal amounts (50  $\mu\text{g}$ ) of protein extracts were mixed with assay buffer (20 mM 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid, pH 7.4, 100 mM NaCl, 0.1% 3-[(3-cholamidopropyl)dimethylammonio]-1-propanesulfonate, 10 mM DTT, 1 mM EDTA, 10% sucrose), added to 96-well plates, and incubated with caspase-3 substrate acetyl-Asp-Glu-Val-Asp-p-nitroanilide (Ac-DEVD-pNA) and caspase-3 inhibitor (Ac-DEVD-CHO) for 1 hour, and the absorbance was measured at 405 nm. The colorimetric assay is based on the hydrolysis of caspase-3 substrate by caspase-3, resulting in the release of the p-nitroaniline.

### TUNEL assay

Apoptosis induced by RES-rGO was determined by terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay using the DNA fragmentation Imaging Kit (Roche) as per manufacturer's instruction. Briefly, A2780 cells were seeded in six-well plates ( $1.5 \times 10^6$  cells per well) for 24 hours, and then treated with 20  $\mu\text{g}/\text{mL}$  of GO or RES-rGO or H-rGO for another 24 hours. Cells were detached with trypsin-EDTA, placed on 0.01% polylysine-coated slides, fixed with 4% methanol-free formaldehyde solution, and stained using terminal deoxynucleotidyltransferase and fluorescein-labeled deoxyuridine triphosphate

for fluorescence-based detection of cells containing DNA breaks; cells were counterstained with 4',6-diamidino-2-phenylindole (DAPI) to evaluate total cell number. Stained cells were observed using a Carl-Zeiss (Axiovert) epifluorescence microscope equipped with a triple band-pass filter. To determine the percentage of apoptotic cells, 1,000 cells were counted in each experiment. Merged images of TUNEL- and DAPI-stained cells were observed using a fluorescence microscope (OLYMPUS) at  $\times 500$  magnification.

### Alkaline phosphatase activity

Alkaline phosphatase (ALP) activity was measured as described earlier.<sup>61</sup> Briefly, A2780 cells were seeded in 2 mL of 10% FBS-supplemented DMEM at the density of  $5 \times 10^4$  cells/mL in a six-well plate and incubated for 24 hours. The medium was replaced with 10% FBS-DMEM containing GO or RES-rGO or H-rGO (50  $\mu\text{g}/\text{mL}$ ), and the cells were incubated for 5 days. ALP activity in cell lysates was measured using the DALP 250 QuantiChrom™ Alkaline Phosphatase Assay Kit (Gentaur, Brussels, Belgium) and expressed as units per milligram of protein. Protein concentration was measured using the Bradford assay kit (Thermo Fisher Scientific, Rockford, IL, USA).

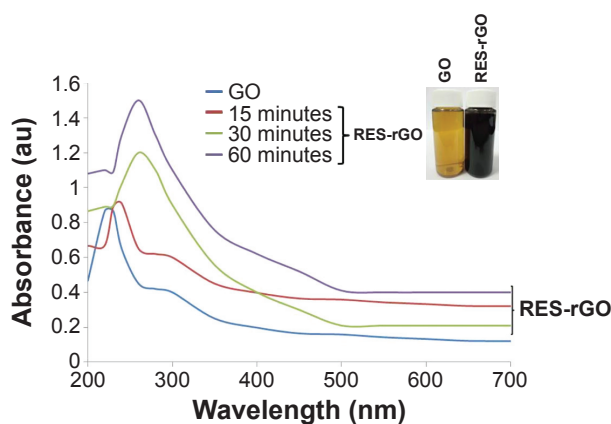
### Statistical analyses

The results are presented as the mean  $\pm$  standard deviation of at least three independent experiments; all assays were performed in triplicate. The data were compared using Student's *t*-test, and the difference was considered statistically significant at *P*-value less than 0.05.

## Results and discussion

### Synthesis and characterization of RES-rGO

First, we prepared GO sheets using the Hummers method.<sup>59</sup> The optical absorption spectra of GO and RES-rGO suspensions are shown in Figure 1. After GO reduction by resveratrol, the color of suspension changed from light brown to black (Figure 1, inset), which can be attributed to partial restoration of the  $\pi$  network between the sheets due to the removal of oxygen-containing bonds, resulting in electronic conjugation within reduced sheets.<sup>10,39,40</sup> The absorption spectra also showed that the absorption peak of GO suspension was around 231 nm, gradually red shifted to 260 nm, and the absorption in the whole spectral region increases with reaction time, suggesting that GO is reduced and the electronic conjugation within the graphene sheets is restored upon resveratrol reduction.<sup>40</sup> Similarly, Zhu et al<sup>39</sup> reported using glucose as a reducing agent for synthesis of graphene. The as-prepared GO samples showed a characteristic main absorbance peak at

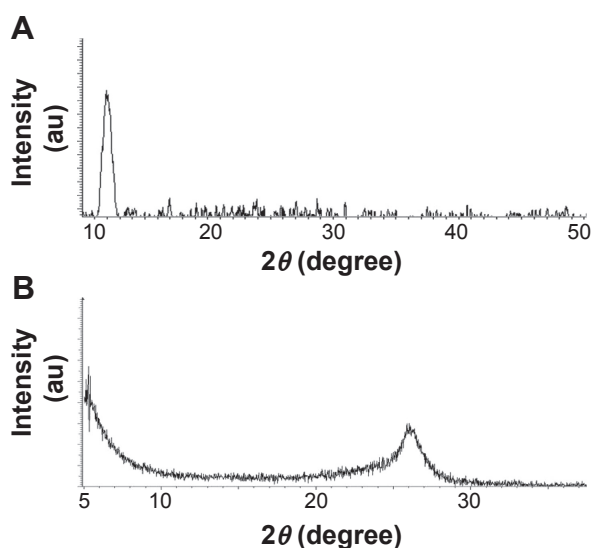


**Figure 1** Synthesis and characterization of GO and RES-rGO by UV-vis spectroscopy. **Notes:** Spectra of GO exhibited a maximum absorption peak at approximately 231 nm, which corresponds to a  $\pi$ - $\pi^*$  transition of aromatic C-C bonds. The absorption peak for reduced GO was red shifted to 260 nm. At least three independent experiments were performed for each sample, and reproducible results were obtained. The data present the results of a representative experiment. **Abbreviations:** au, arbitrary unit; GO, graphene oxide; RES-rGO, resveratrol-reduced GO.

231 nm, attributed to  $\pi$ - $\pi^*$  transitions of C=C in amorphous carbon systems, and broad absorption in the visible region. In addition, a broad shoulder at 300 nm indicating  $\pi$ - $\pi^*$  transitions of C=O was observed during the entire course of GO preparation, whereas RES-rGO showed a clear red shift to 260 nm, as reported earlier for rGO samples.<sup>40,62</sup> The phenomenon of red shift has been used as an indicator of GO reduction (Figure 1). As a control, resveratrol alone shows the absorption spectra between 305 nm and 320 nm.

## XRD analysis of GO and RES-rGO

The crystallographic phase of GO and RES-rGO was examined by XRD. A strong diffraction peak was observed at  $2\theta=10.8^\circ$ , indicating GO formation via chemical oxidation of Gt powder.<sup>63</sup> The XRD pattern of GO showed a strong peak located in the low-angle region (approximately  $10.8^\circ$ ), which is similar to those of other GO precursors.<sup>31,63</sup> Gt oxidation involves the insertion of oxygen-containing groups, mainly carboxylic acid at the periphery and epoxide and hydroxyl groups between the planes, which leads to an increase in  $d$ -spacing to 7.8 Å with the diffraction peak at  $2\theta=10.8^\circ$  (Figure 2A). This peak completely disappeared after resveratrol treatment, and a new peak at  $2\theta=25.9^\circ$  emerged due to graphene diffraction.<sup>17</sup> Thus, it can be concluded that resveratrol effectively rGO to graphene (Figure 2B). Interestingly, there were no obvious diffraction peaks of graphene observed in RES-rGO spectra, indicating that graphene sheets were homogeneously dispersed. Recently, Mhamane et al<sup>64</sup> have reported a facile single-step synthesis of highly water-dispersible functionalized



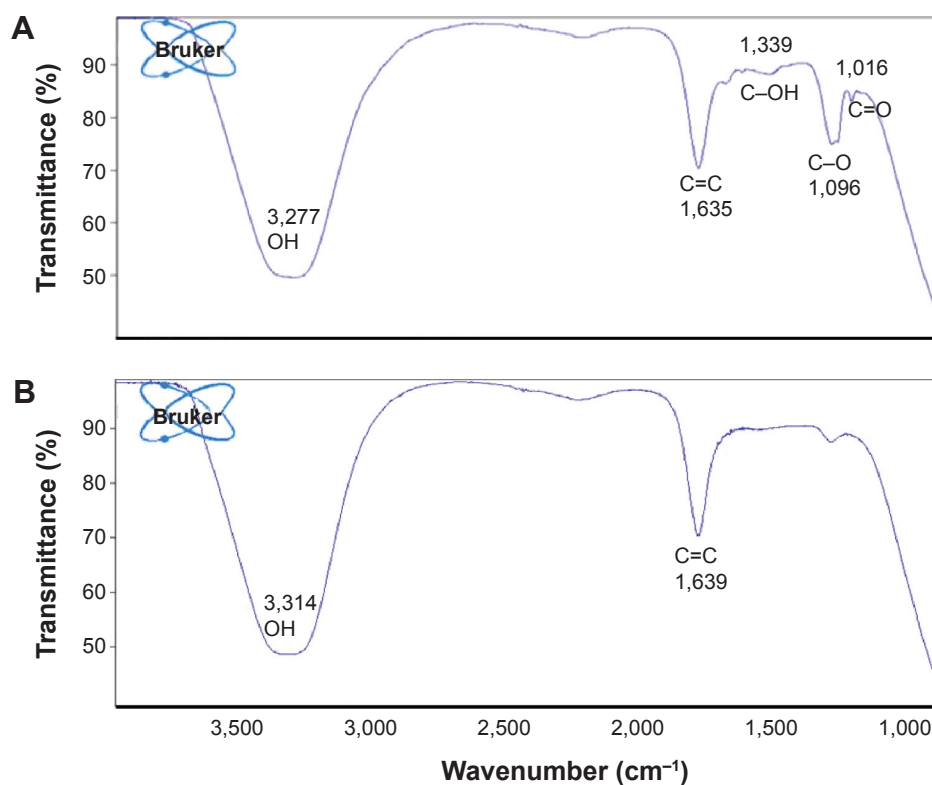
**Figure 2** XRD patterns of GO and RES-rGO.

**Notes:** In the XRD pattern of GO (A), a strong sharp peak at  $2\theta=10.8^\circ$  corresponds to an interlayer distance of 7.6 Å. RES-rGO (B) has a broad peak centered at  $2\theta=25.9^\circ$ , which corresponds to an interlayer distance of 3.6 Å. The changes in XRD are related to GO reduction by resveratrol and to the removal of intercalated water molecules and oxide groups. At least three independent experiments were performed for each sample, and reproducible results were obtained. The data present the results of a representative experiment. **Abbreviations:** au, arbitrary unit; XRD, X-ray diffraction; GO, graphene oxide; RES-rGO, resveratrol-reduced GO.

graphene nanosheets by plant extract-induced deoxygenation of GO. Our data indicate that GO reduction can be performed using resveratrol, which is in agreement with earlier studies using various natural products such as vitamin C,<sup>65</sup> l-cysteine,<sup>66</sup> and humanin<sup>8</sup> as reducing agents. The results also show that the properties of resveratrol-converted graphene nanosheets are comparable to those of chemically reduced graphene nanosheets.

## FTIR spectra of GO and RES-rGO

The reduction of oxygen-containing functional groups in GO and RES-rGO was confirmed by FTIR spectroscopy (Figure 2). The FTIR spectrum of GO revealed the presence of different oxygen-containing functional groups, OH ( $3,277\text{ cm}^{-1}$ ), C-OH ( $1,339\text{ cm}^{-1}$ ), C-O ( $1,096\text{ cm}^{-1}$ ), and C=O ( $1,016\text{ cm}^{-1}$ ), indicating that oxygen-containing groups were introduced into GO (Figure 3A). However, the FTIR spectrum of graphene was completely different from that of GO: after the treatment with resveratrol, the intensities of absorption peaks corresponding to oxygen-containing groups significantly decreased, indicating nearly complete reduction. The FTIR peak of RES-rGO showed stretching vibrations from O-H ( $3,314\text{ cm}^{-1}$ ) and C=C ( $1,639\text{ cm}^{-1}$ ); however, C-OH ( $1,391\text{ cm}^{-1}$ ) and C-O ( $1,099\text{ cm}^{-1}$ ) peaks almost disappeared (Figure 3B), indicating that GO was significantly reduced by resveratrol.



**Figure 3** FTIR spectra of GO (A) and RES-rGO (B).

**Abbreviations:** FTIR, Fourier transform infrared; GO, graphene oxide; RES-rGO, resveratrol-reduced GO.

## Dynamic light scattering analysis of GO and RES-rGO

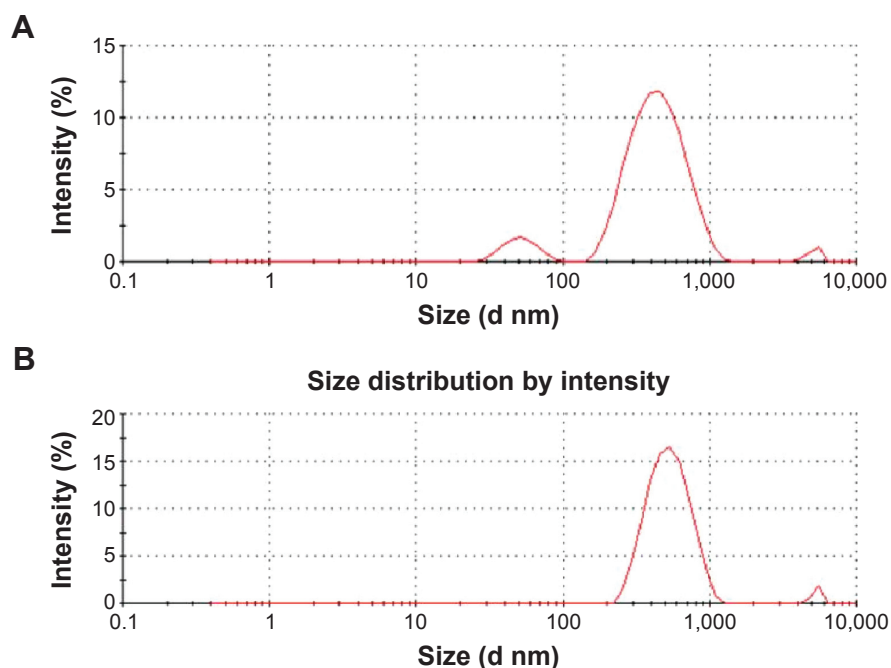
Dynamic light scattering was employed to measure size distribution of GO and RES-rGO in aqueous solutions (250 µg/mL).<sup>9</sup> The average hydrodynamic diameter of GO and RES-rGO was 325±7 nm and 540±20 nm, respectively (Figure 4A and B), indicating a significant increase in the particle size after GO reduction by resveratrol. This obvious change of size distribution suggests that resveratrol not only acted as a reducing agent but also functionalized the surface of the resulting rGO particles.<sup>67</sup> From the Scherrer formula, the average size of the GO and RES-rGO crystallites can be calculated using the full width at half maximum of the most intense peak. For GO and RES-rGO, the average crystallite size was calculated to be 98.14 nm and 180.55 nm, respectively.

Lammel et al<sup>68</sup> have observed size increase from 385 nm (GO) to 1,110 nm of carboxyl-functionalized graphene nanoplatelets. Wang et al<sup>69</sup> have reported the increase in graphene particle size when GO was functionalized with heparin. Stankovich et al<sup>17</sup> have shown that graphene nanoplatelets functionalized with isocyanate have effective hydrodynamic diameter of 560±60 nm. Liu et al<sup>70</sup> have reported a

significant increase in the size of aqueous dispersed graphene (2,930 nm) compared to that of GO (560 nm). We have also observed the increase in the size of rGO after the reduction with *B. marisflavi*,<sup>36</sup> *P. aeruginosa*,<sup>13</sup> *Ginkgo biloba*,<sup>61</sup> and *Ganoderma* spp.<sup>9</sup> and enhanced green fluorescent protein.<sup>66</sup> Our present data are in good agreement with previous reports, indicating that resveratrol reduction effectively increased the size of rGO particles.

## Surface morphology of GO and RES-rGO

The surface morphology of GO and RES-rGO was analyzed by SEM (Figure 5). GO was observed to have flaky texture, reflecting its layered microstructure (Figure 5A). GO samples contained several layers of aggregated and crumpled sheets closely associated with each other to form a continuous conducting network.<sup>67</sup> Because of Gt exfoliation into GO, the edges of GO sheets appeared crumpled, folded, and closely restacked, and the surface had soft carpet-like morphology, possibly because of the presence of residual H<sub>2</sub>O molecules and hydroxyl or carboxyl groups.<sup>71</sup> In contrast to GO, RES-rGO samples resembled transparent and rippled silk-like waves (Figure 5B). During the reduction process, RES-rGO acquired flaky, scale-like, or layered structure; it consisted of



**Figure 4** Size distribution analysis of GO and RES-rGO.

**Notes:** Aqueous dispersions of GO (**A**) and RES-rGO (**B**) at 200  $\mu\text{g/mL}$  were characterized by dynamic light scattering analysis at the scattering angle  $\theta=90^\circ$  using a particle size analyzer. The data show the average values from triplicate measurements.

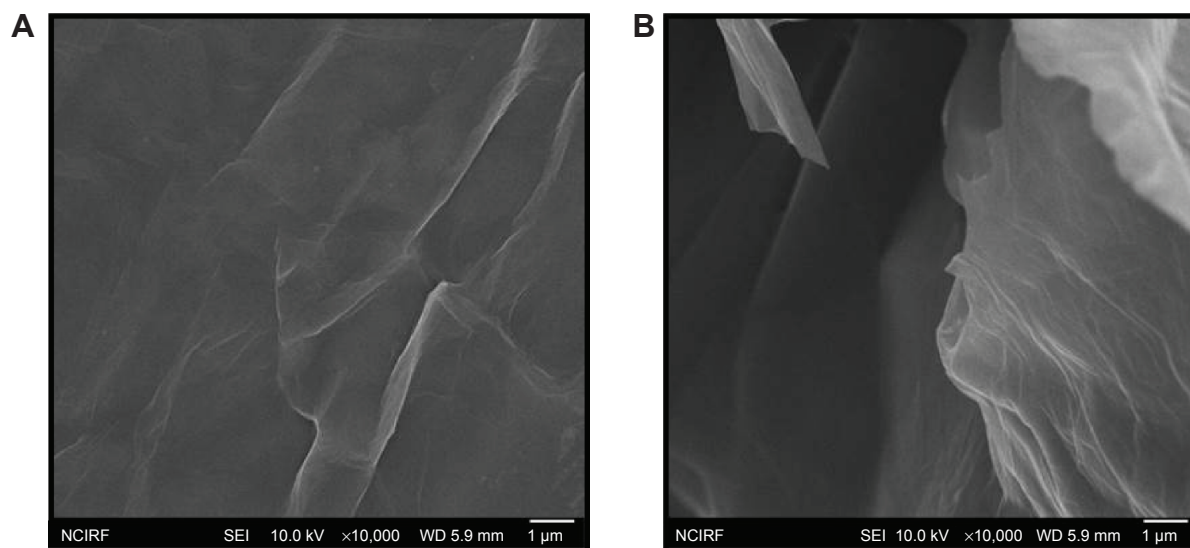
**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO.

individual closely associated nanosheets with silky leaf-like morphology. These observations are in agreement with a previous study where graphene sheets obtained from GO by rapid thermal expansion in a nitrogen atmosphere showed a curled morphology consisting of thin, wrinkled, paper-like structures, and had fewer layers (approximately four) and larger specific surface area compared to GO.<sup>72</sup> Graphene nanosheets

functionalized with long chains and polymers showed coarse and hairy surface with blurry edges of the flakes.<sup>73</sup>

### Raman spectroscopy analysis of GO and RES-rGO

Raman spectroscopy is employed to characterize the structural electronic properties, crystal structure, and disorders and



**Figure 5** SEM images of GO and RES-rGO.

**Notes:** Representative SEM images of GO (**A**) and RES-rGO (**B**) dispersions at 500  $\mu\text{g/mL}$ .

**Abbreviations:** SEM, scanning electron microscopy; GO, graphene oxide; RES-rGO, resveratrol-reduced GO.



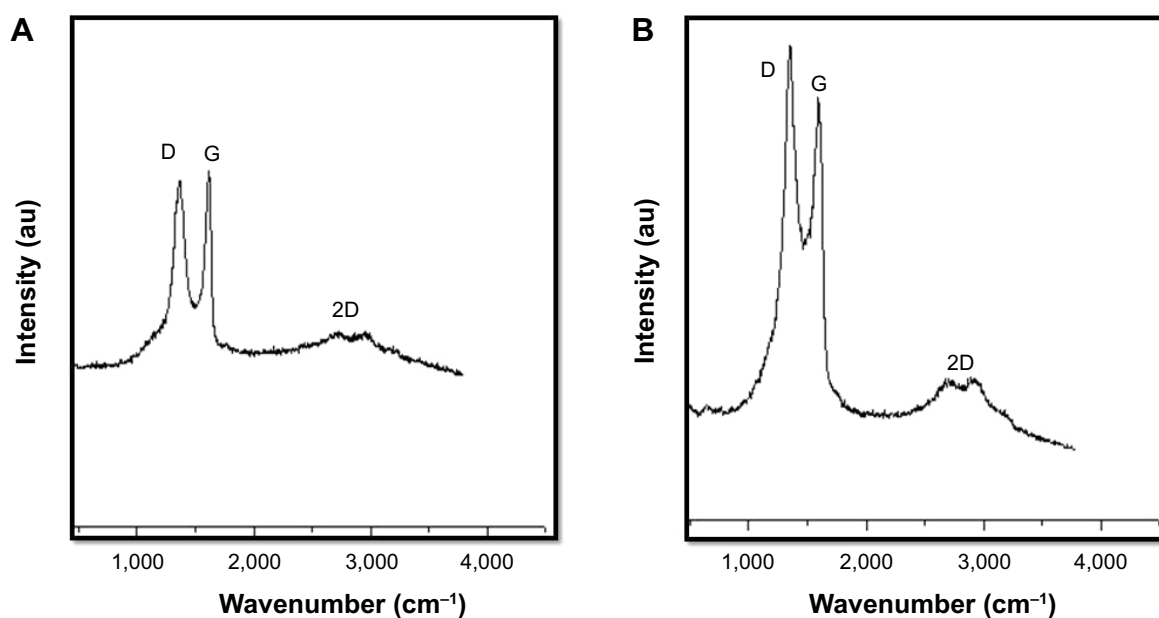
defects in Gt, GO, and graphene-based materials; it is also used to measure induced structural changes during chemical oxidation of pristine Gt and GO to rGO reduction.<sup>74,75</sup> In Raman spectra, GO reduction can be manifested by the changes in the relative intensity of two main D and G peaks. As shown in Figure 6A, D and G peaks of GO were located at 1,359 cm<sup>-1</sup> and at 1,607 cm<sup>-1</sup>, whereas those of rGO shifted to 1,351 cm<sup>-1</sup> and at 1,605 cm<sup>-1</sup>, respectively (Figure 6B), indicating a defect-induced breathing mode of sp<sup>2</sup> rings<sup>74,75</sup> common to an sp<sup>2</sup>-bonded carbon lattice, which originates from the stretching of C–C bonds. The G peaks at 1,607 cm<sup>-1</sup> (GO) and 1,605 cm<sup>-1</sup> (rGO) are due to the first-order scattering of the E<sub>2g</sub> phonon of sp<sup>2</sup>C atoms.<sup>74,75</sup> The intensity of the D band is related to the size of the in-plane sp<sup>2</sup> domains,<sup>76</sup> and the increase in D peak intensity indicates the formation of additional sp<sup>2</sup> domains. The intensity ratio of the two peaks ( $I_D/I_G$ ) is a measure of disorder degree and is inversely proportional to the average size of the sp<sup>2</sup> clusters.<sup>35,76</sup> Here, we found that the  $I_D/I_G$  ratio for RES-rGO increased compared to that for GO (2.1 vs 1.70, respectively), suggesting the formation of new graphitic domains and the increase in the number of sp<sup>2</sup> clusters,<sup>74</sup> confirming that GO was successfully reduced by resveratrol.

## Atomic force microscopy imaging of GO and HN-rGO

Atomic force microscopy (AFM) is a valuable technique to examine surface morphology and height profiles of

individual graphene sheets,<sup>73,77–79</sup> and AFM images are regarded as the most important indication of the successful functionalization of graphene.<sup>73,77–79</sup> Figure 7 shows typical AFM images of GO (Figure 7A) and RES-rGO (Figure 7B) dispersions in water after their deposition on a freshly cleaned glass surface. The AFM images of GO and RES-rGO samples displayed single-layer graphene sheets with lateral dimensions of several micrometers. RES-rGO height (11.14 nm) was larger than GO height (4.74 nm), which can be attributable to the presence of resveratrol functional groups in RES-rGO.

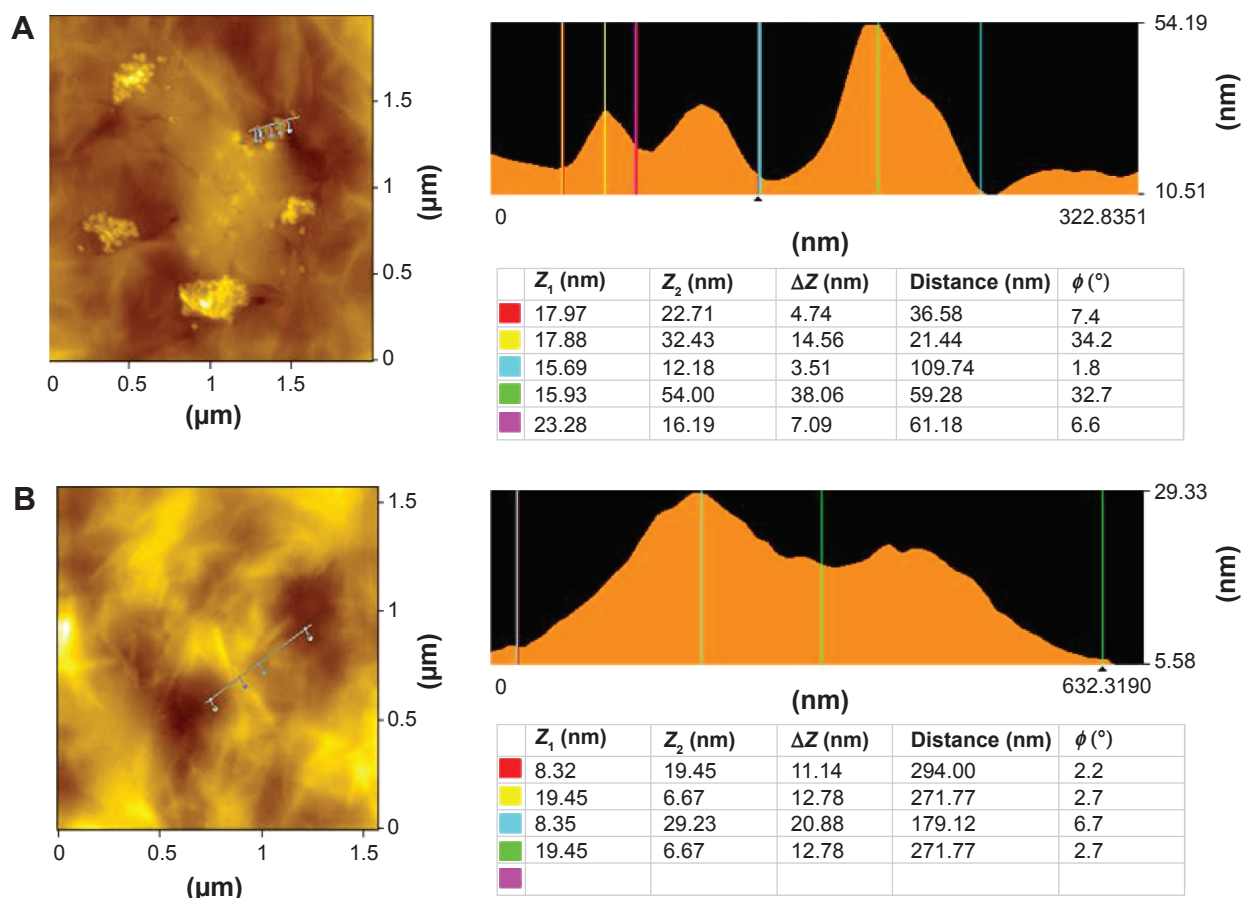
The capping reagents may increase the thickness of the prepared graphene, although most of the oxygen-containing functional groups are removed after reduction.<sup>39</sup> The biological molecules such as melatonin and glucose have been shown to increase graphene thickness through the attachment of oxidized melatonin and glucose molecules to both sides of the rGO, suggesting that the increase in thickness can be attributed to the adsorption of reductant entities.<sup>42</sup> Our findings indicate that resveratrol can be a suitable reducing agent for the synthesis of graphene. Su et al<sup>80</sup> have reported that molecules with large aromatic structure and extra negative charge are non-covalently immobilized on the basal plane of graphene sheets via strong interactions; they demonstrated that functionalization-based methodology is reliable and eventually produces graphene sheets of better quality and solubility. Interestingly, the results



**Figure 6** Raman spectroscopy analyses of GO and RES-rGO samples.

**Notes:** Raman spectra of GO (A) and RES-rGO (B) were obtained using laser excitation of 532 nm at the power of 1 mW, after the removal of background fluorescence. The intensity ratios of the D peak to G peak were 1.8 and 2.149 for GO and RES-rGO, respectively. At least three independent experiments were performed for each sample, and reproducible results were obtained.

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO.



**Figure 7** Surface and thickness analysis of GO (A) and RES-rGO (B) by atomic force microscopy.

**Note:** Figures on the right indicate the height profile of GO and RES-rGO.

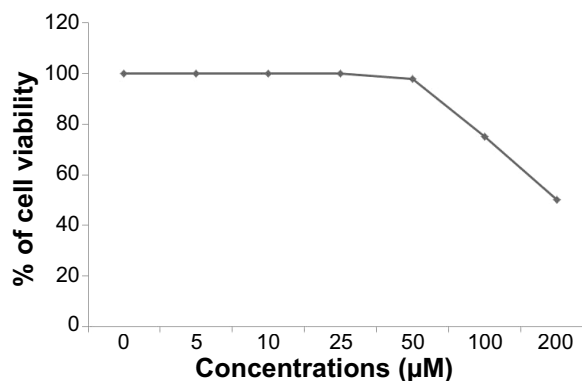
**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO.

presented here reveal that single-layer distribution state prevents the aggregation of functionalized graphene, which should greatly facilitate further visualization, manipulation, modification, and application of graphene.<sup>73</sup> Liu et al<sup>81</sup> reported that small-sized GO had sheet structures with the thickness ranging from 0.7 nm to 1.5 nm, suggesting single- or double-layered sheets.

## Effect of resveratrol on viability of ovarian cancer cells

In order to confirm the inhibitory effect of resveratrol, we first treated cells with various concentrations of resveratrol (0–200 μM) for 24 hours. The cytotoxicity of resveratrol on ovarian cancer cells was determined using the MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) assay. The ovarian cancer cells were treated with resveratrol at various concentrations (5 μM, 10 μM, 25 μM, 50 μM, 100 μM, 150 μM, or 200 μM) for 24 hours. Resveratrol inhibited the viability of ovarian cancer cell in a dose- and time-dependent manner (Figure 8). The results showed that treatment with resveratrol at different concentrations

ranging from 0 μM to 50 μM shows no significant effect on cell viability. However, the concentrations of 100 μM and 200 μM of resveratrol show significant inhibitory effect on cell viability.



**Figure 8** Effects of resveratrol on the viability of human ovarian cancer cells.

**Notes:** The viability of A2780 human ovarian cancer cells was determined after 24-hour exposure to different concentrations of resveratrol using the WST-8 assay. The results are expressed as the mean ± standard deviation of three independent experiments. There was a significant difference observed above 50 μM. The viability of resveratrol-treated cells was compared to the untreated cells by Student's *t*-test ( $P < 0.05$ ).

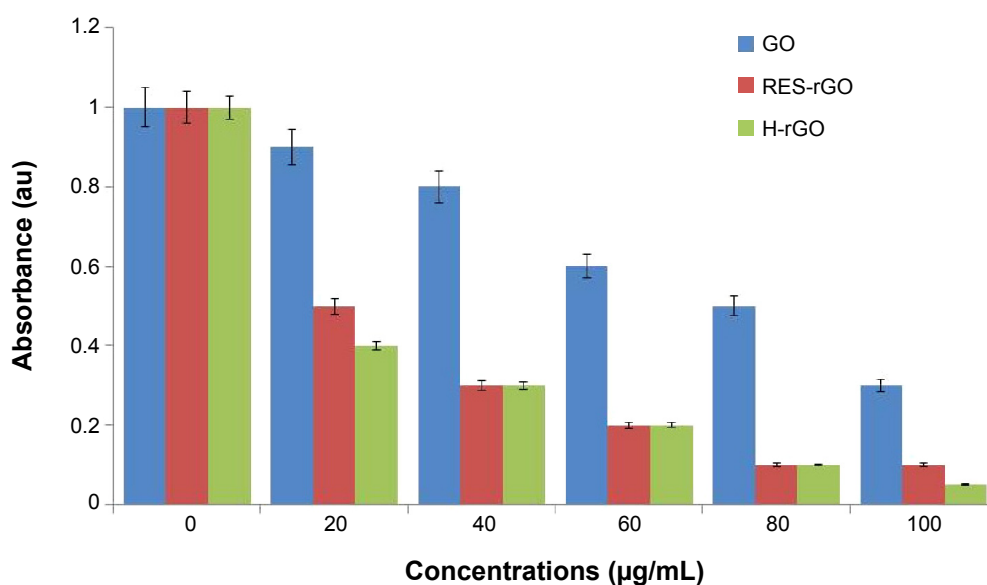
## Dose-dependent effect of resveratrol, GO, RES-rGO, and H-rGO on cell viability

To assess cytotoxic effects of GO and RES-rGO, A2780 human ovarian cancer cells were incubated with different concentrations of GO and RES-rGO (20–100  $\mu\text{g/mL}$ ) for 24 hours. As shown in Figure 9, both GO and RES-rGO decreased the viability of A2780 cells in a dose-dependent manner. However, RES-rGO was significantly more cytotoxic compared to GO, which could induce cell death in less than 60% of A2780 cells even at the highest tested concentration, whereas RES-rGO already caused significant cytotoxicity at 20  $\mu\text{g/mL}$ , and at 80  $\mu\text{g/mL}$ , 90% of the cells were dead, whereas H-rGO also shows significant toxicity. These data demonstrate that RES-rGO exerts a considerable dose-dependent cytotoxic effect, which is consistent with that of other nanomaterials.<sup>82,83</sup> Akhavan et al<sup>84,85</sup> have reported that graphene sheets and rGO nanoplatelets (rGONPs) affected the viability of human mesenchymal stem cells in a concentration- and size-dependent manner. They showed that rGONPs with the average lateral dimension (ALD) of  $11 \pm 4$  nm exhibited a significant cytotoxic effect at 1.0  $\mu\text{g/mL}$  after 1-hour treatment, whereas rGOSs with  $3.8 \pm 0.4$   $\mu\text{m}$  ALD were markedly cytotoxic only at the high concentration of 100  $\mu\text{g/mL}$ . Jaworski et al<sup>86</sup> have reported that graphene platelets at the concentration of 100  $\mu\text{g/mL}$  reduced the viability of human glioblastoma U87 and U118 cells to 54% and 60%, respectively.

It has been suggested that the cytotoxicity of rGOSs was due to extremely sharp edges and charge transfer between the cells and graphene material.<sup>14</sup> On the other hand, graphene could interact with the cell surface causing cell detachment or, depending on the particle size, enter the intracellular environment where it may interact with intracellular proteins, organelles, and DNA, inducing apoptosis and ultimately, cell death.<sup>87</sup>

## Effect of RES-rGO on cell morphology

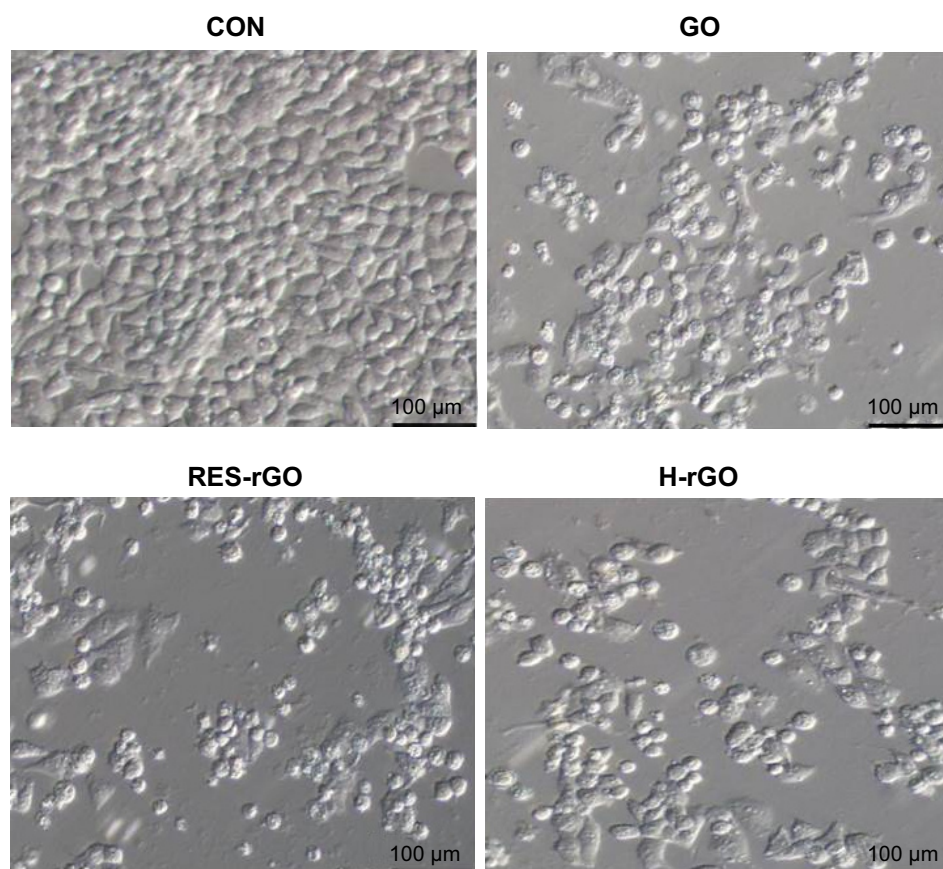
To further explore cytotoxicity of GO, RES-rGO, and H-rGO, we examined their effects on the morphology of A2780 cells by light microscopy. GO, RES-rGO, and H-rGO induced significant time-dependent morphological changes, including the loss of cell shape, disruption of cell monolayers, and reduction of cell adhesion, indicative of impaired cell vitality. Figure 10 shows the morphology of A2780 cell monolayers incubated without (control) or with 20  $\mu\text{g/mL}$  of GO or RES-rGO or H-rGO for 24 hours. The analysis revealed a clear difference between RES-rGO-treated and the control cells. Control A2780 monolayers appeared as small round clumps of undifferentiated cells with indistinct cellular borders, whereas RES-rGO- and H-rGO-treated cells had a more columnar epithelial-like appearance with distinct cellular boundaries, and developed more protrusions, which were longer and more numerous compared to the untreated cells. GO, RES-rGO, and H-rGO affected cell structural integrity and substrate adhesion, but cytotoxic effects of



**Figure 9** Effects of GO, RES-rGO and H-rGO on the viability of human ovarian cancer cells.

**Notes:** The viability of A2780 human ovarian cancer cells was determined after 24-hour exposure to different concentrations of GO or RES-rGO or H-rGO using the WST-8 assay. The results are expressed as the mean  $\pm$  standard deviation of three independent experiments. There was a significant difference in the viability of GO- and RES-rGO-treated cells compared to the untreated cells by Student's *t*-test ( $P < 0.05$ ).

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; H-rGO, hydrazine-reduced GO.



**Figure 10** Morphology of human ovarian cancer cells treated with GO, RES-rGO, H-rGO.

**Notes:** The morphology of A2780 cells treated with GO, RES-rGO or H-rGO (20  $\mu\text{g}/\text{mL}$ ) for 24 hours. The images were produced by interference contrast light microscopy.

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; CON, control; H-rGO, hydrazine-reduced GO.

RES-rGO and H-rGO were more significant. These results are in agreement with those reported by Jaworski et al<sup>86</sup> who showed that graphene platelets affected the adhesion of glioblastoma U87 and U118 cells.

### Effect of RES-rGO on membrane integrity

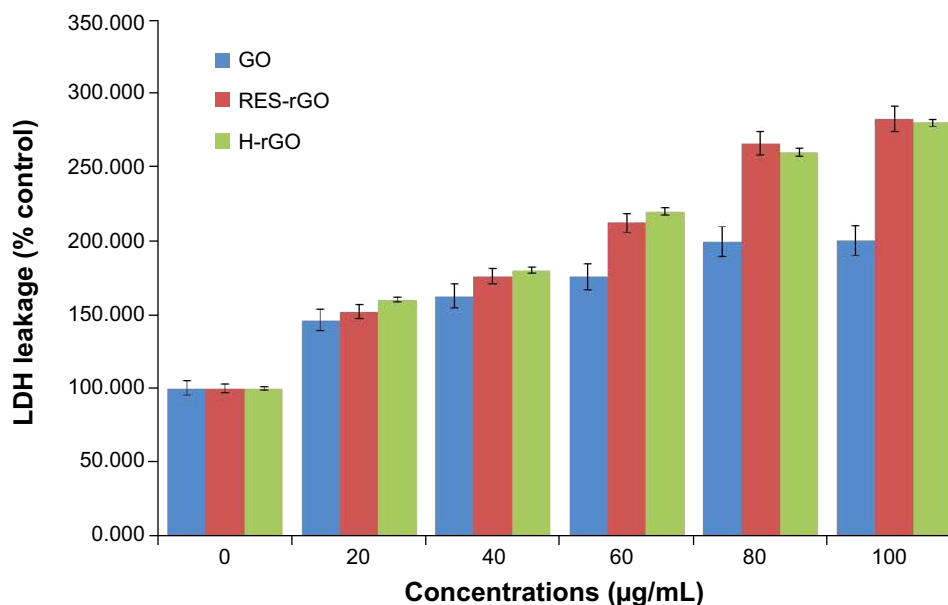
Membrane integrity, which is an important factor determining cell survival, was analyzed by the leakage of intracellular LDH molecules into culture medium.<sup>86</sup> GO, RES-rGO, and H-rGO caused dose-dependent LDH release into A2780 cell culture supernatant (Figure 11), suggesting the disruption of the cell membrane. The treatment with RES-rGO and H-rGO caused a more pronounced negative effect on the membrane integrity of A2780 cells than GO, indicating enhanced cytotoxicity, whereas RES-rGO and H-rGO show significant leakage. Zhang et al<sup>83</sup> have reported that graphene aggregation induced LDH leakage in rat pheochromocytoma PC12 cells, while Wang et al<sup>88</sup> have demonstrated that GO caused cytotoxicity and genotoxicity in human lung fibroblast

cells, which correlated with its effects on cell membrane integrity and depended on particle size, shape, composition, and surface charge and chemistry.

### RES-rGO-induced oxidative stress

The generation of oxidative stress is one of the important factors involved in triggering cell death. Earlier studies have found the increase in ROS production in the cells exposed to nanoparticles such as fullerenes and single-walled nanotubes,<sup>89</sup> and graphene.<sup>9,13,60</sup> In this study, oxidative stress was evaluated by the measurement of ROS levels. As shown in Figure 12, GO and RES-rGO and H-rGO induce ROS generation in a concentration-dependent manner, and significantly induced ROS generation compared to the untreated control cells, and as it was observed for other cytotoxicity parameters, the effect of RES-rGO was stronger than that of GO. H-rGO-treated cells also show similar effect of RES-rGO. Excessive ROS generation may be a mechanism underlying the cytotoxicity of GO and RES-rGO, as has been shown to be the case for other nanomaterials such as





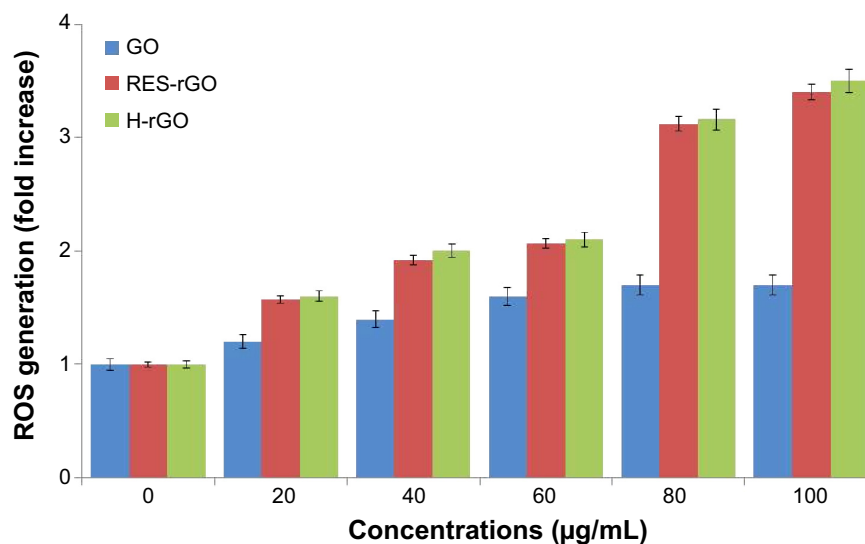
**Figure 11** GO, RES-rGO and H-rGO induce leakage of LDH to culture supernatant of human ovarian cancer cells.

**Notes:** LDH activity was measured at 490 nm using the LDH cytotoxicity kit. The results are expressed as the mean  $\pm$  standard deviation of three independent experiments. There was a significant difference in LDH activity of GO-, RES-rGO and H-rGO-treated cells compared to the untreated cells by Student's *t*-test ( $P < 0.05$ ).

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; LDH, lactate dehydrogenase; H-rGO, hydrazine-reduced GO.

SWCNTs or silver nanoparticles.<sup>60</sup> Previous studies have indicated that the interaction of nanoparticles with the cell membrane triggered ROS generation and oxidative stress, which may cause breakdown of membrane lipids, alterations in metabolic pathways, and apoptosis.<sup>88,90,91</sup> The increase in ROS production by GO and RES-rGO is in agreement with the results of the WST-8 and LDH assays, suggesting

that GO and RES-rGO induce cytotoxicity via oxidative stress. Reddy et al<sup>92</sup> have shown that multi-walled carbon nanotubes induce oxidative stress-dependent cytotoxicity in cultured human embryonic kidney cells. Another study has demonstrated that GO and carboxyl graphene nanoplatelets concentration- and time dependently induce ROS in human hepatocellular carcinoma HepG2 cells.<sup>68</sup> Wu et al<sup>93</sup> have



**Figure 12** GO, RES-rGO and H-rGO induce ROS generation in human ovarian cancer cells.

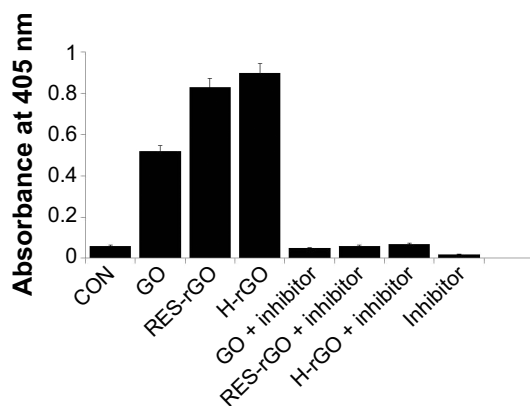
**Notes:** Relative fluorescence of 2',7'-dichlorofluorescein was measured at the excitation of 485 nm and emission of 530 nm using a spectrofluorometer. The results are expressed as the mean  $\pm$  standard deviation of three independent experiments. The treated groups showed statistically significant differences from the control group by Student's *t*-test ( $P < 0.05$ ).

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; ROS, reactive oxygen species; H-rGO, hydrazine-reduced GO.

reported dose-dependent toxicity of GO in *Caenorhabditis elegans*. The morphology of graphene nanoparticles and their chemical and physical properties significantly depend on the synthesis method, which thus play an important role in defining differential cellular responses.<sup>94</sup> It is known that surface functionality of nanomaterials directly affects cell viability and intracellular particle accumulation.<sup>83,95</sup> Both graphene and SWCNTs induce cytotoxic effects, which depend on their concentration and shape.

## Involvement of caspase-3 in RES-rGO-induced toxicity

Cysteine proteases of the caspase family are critical components of the apoptotic machinery in mammals, and are involved in other important biological processes such as inflammation, cell differentiation, proliferation, and cell cycle regulation, cell division, and fusion.<sup>96</sup> To further understand the molecular mechanisms underlying cytotoxic effects of RES-rGO in A2780 cells, we investigated possible involvement of apoptosis by measuring the activity of caspase-3. The cells were treated or not with a caspase inhibitor DEVD-CHO and challenged with GO or RES-rGO or H-rGO for 24 hours; cell lysates were then analyzed for caspase-3 activity by a spectrophotometric assay. Figure 13 illustrates the increase in the levels of caspase-3 activity induced by GO, RES-rGO, and H-rGO treatment, whereas the caspase-3 inhibitor reduced the level of caspase-3 activation back to that of the untreated cells, suggesting that graphene may induce apoptosis in ovarian cancer cells in a caspase-3-dependent



**Figure 13** GO, RES-rGO and H-rGO induce caspase-3 activity in human ovarian cancer cells.

**Notes:** Ovarian cancer cells were treated with GO, RES-rGO or H-rGO with or without caspase-3 inhibitor Ac-DEVD-CHO for 24 hours. The concentration of p-nitroanilide released from the substrate was calculated from the absorbance at 405 nm. The results are expressed as the mean  $\pm$  standard deviation of three separate experiments. The treated groups showed statistically significant differences from the control group by Student's *t*-test ( $P < 0.05$ ).

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; CON, control; H-rGO, hydrazine-reduced GO.

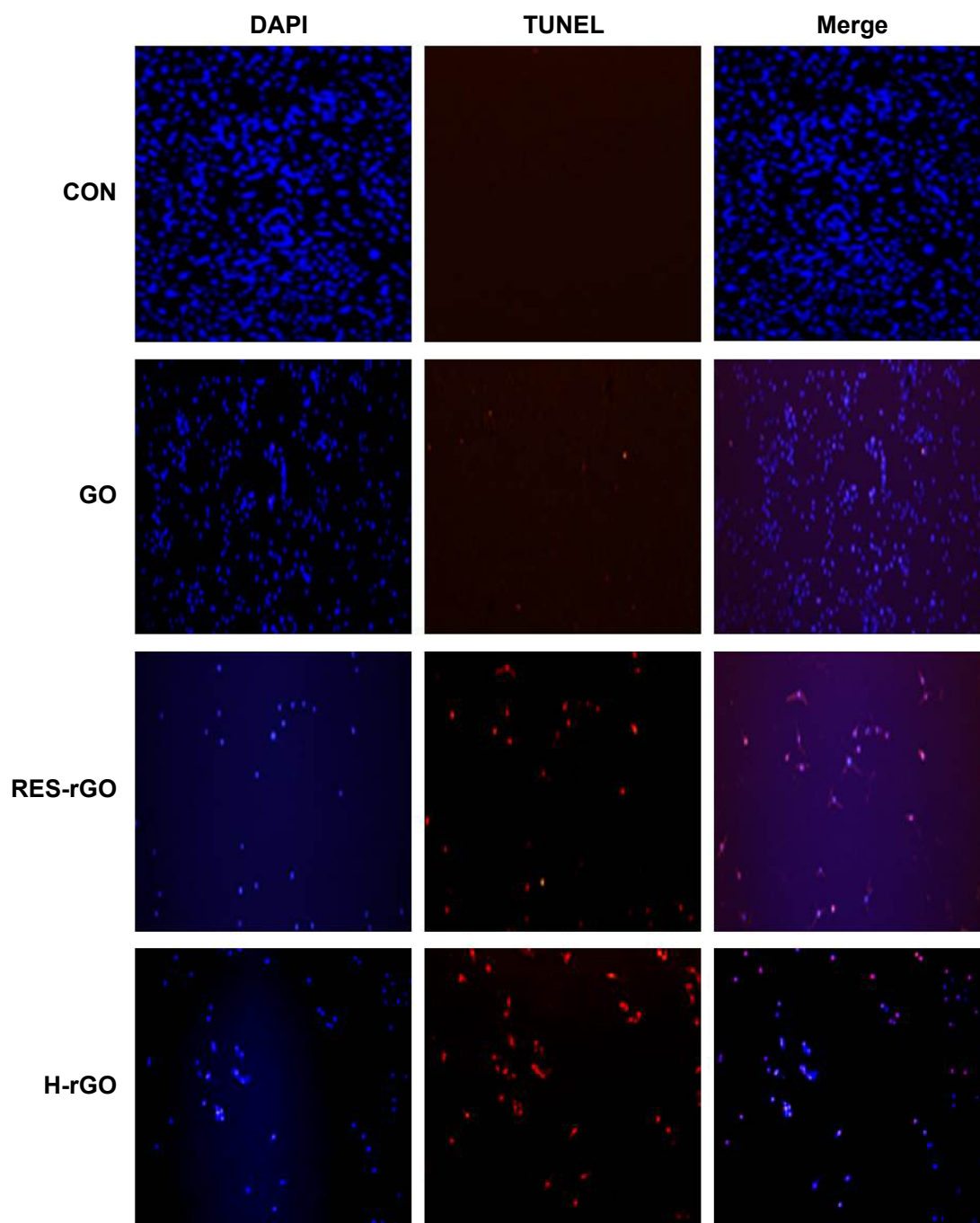
manner. Consistent with the results presented above, RES-rGO stimulated a more significant increase (16-fold) in caspase-3 activity compared to that of GO (tenfold). Li et al<sup>82</sup> have shown the activation of caspase-3 in pristine graphene-treated RAW 264.7 cells, confirming the involvement of caspase-3 in graphene-mediated apoptosis. Caspase-3 is one of the most important executioner caspases activated by both extrinsic (death ligand-mediated) and intrinsic (mitochondria-mediated) cellular apoptotic pathways.<sup>82,97,98</sup> Zhang et al<sup>83</sup> have demonstrated that graphene stimulates both ROS generation and caspase-3 activation in a concentration- and time-dependent manner, indicating the induction of apoptosis. Our results and previously reported data suggest that graphene nanoparticles may induce apoptotic cell death via activation of caspase-3.

## RES-rGO promoted apoptosis

To further confirm the induction of apoptosis by graphene nanoparticles, we investigated cellular DNA fragmentation, which is a hallmark of apoptosis. Several reports have shown that carbon nanomaterials such as nanodiamonds and multi-walled carbon nanotubes can induce the expression of chromosomal DNA-damage biomarkers p53, MOGG-1, and Rad51. In addition, the present and earlier data show that GO, RES-rGO, and other carbon nanomaterials induce ROS generation, which can also cause DNA fragmentation<sup>81,99,100</sup> via PARP activity involved in various cellular functions, including DNA repair, cell cycle, and cell death.<sup>101</sup> To confirm the induction of apoptosis in A2780 cells by GO and RES-rGO, the TUNEL assay was performed. The treatment with RES-rGO and H-rGO caused the appearance of a significant number of TUNEL-positive A2780 cells, whereas in control, no apoptotic cells were observed (Figure 14). GO also induced DNA fragmentation in A2780 cells, although to a lesser degree than RES-rGO, which, consistent with the cytotoxicity assays, caused apoptosis in almost 90% of the cells after 24-hour exposure (Figure 14). These data indicate that RES-rGO cytotoxicity is associated with the induction of apoptosis. Zhang et al<sup>102</sup> have shown that daunorubicin-loaded graphene-gold nanocomposites induce apoptosis by activating caspases 8 and 3 and inhibit the growth of multidrug-resistant leukemia cells in vivo. Collectively, these data strongly suggest that graphene nanoparticles can induce apoptosis in cancer cells.

## Effect of RES-rGO on ALP activity

ALP is a membrane enzyme involved in the mineralization of skeletal tissues, and ALP activity is considered a biomarker



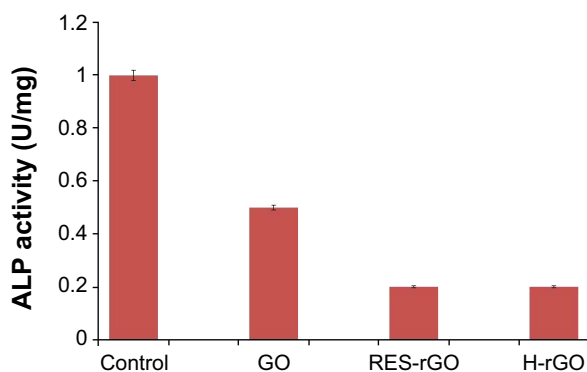
**Figure 14** GO, RES-rGO and H-rGO induce apoptosis in human ovarian cancer cells.

**Notes:** Apoptosis of human ovarian cancer cells after 24-hour treatment with 20  $\mu\text{g}/\text{mL}$  of GO, RES-rGO and H-rGO was assessed by the TUNEL assay; the nuclei were counterstained with DAPI. Representative images show apoptotic (fragmented) DNA (red staining) and corresponding nuclei (blue staining).

**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; CON, control; H-rGO, hydrazine-reduced GO; TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labeling; dUTP, deoxyuridine triphosphate; DAPI, 4',6-diamidino-2-phenylindole.

of differentiation in various cell types, including osteoblasts and ovarian cancer cells.<sup>103,104</sup> To examine whether the changes in cell morphology, reduced cell viability, and increased apoptosis of graphene-treated ovarian cancer cells correlated with cellular differentiation, we examined ALP activity in post-proliferative A2780 cells exposed to GO

or RES-rGO or H-rGO (20  $\mu\text{g}/\text{mL}$ ) for 5 days. RES-rGO significantly decreased the activity of ALP compared to untreated control cells (Figure 15). It has been previously shown that mesenchymal stromal cells adhered and proliferated better on graphene films than on an  $\text{SiO}_2$  substrate.<sup>105</sup> Other studies have demonstrated that osteoblast cells treated



**Figure 15** Effect of GO, RES-rGO and H-rGO on alkaline phosphatase activity.  
**Notes:** Ovarian cancer cells were treated with 20  $\mu\text{g}/\text{mL}$  of GO, RES-rGO or H-rGO for 5 days, and alkaline phosphatase activity was measured. The results are expressed as the mean  $\pm$  standard deviation of three independent experiments. GO-, RES-rGO and H-rGO-treated groups showed statistically significant differences from the control group by Student's *t*-test ( $P < 0.05$ ).  
**Abbreviations:** GO, graphene oxide; RES-rGO, resveratrol-reduced GO; ALP, alkaline phosphatase; H-rGO, hydrazine-reduced GO.

with hydroxyapatite-rGO showed higher ALP activity than untreated cells.<sup>106,107</sup> In contrast, Zhang et al<sup>108</sup> have shown that bone osteosarcoma MG63 cells treated with nanographene platelets had reduced ALP expression compared to untreated cells.<sup>108</sup> In our previous study, we have not observed changes in ALP activity in MDA-MB-231 human breast cancer cells treated with *G. biloba* leaf extract-rGO.<sup>61</sup> Such a discrepancy in the results suggests that the biocompatibility or toxicity of rGO is dependent on physicochemical and biological properties of graphene-based materials, including size, conductivity, density of functional groups, and type of reducing agents used for GO deoxygenation as well as tested cell types.

## Conclusion

Here we described a simple, facile, and quick one-step green approach for GO reduction using a natural phenolic compound resveratrol. This method allows avoiding toxic and environmentally harmful reducing agents such as hydrazine and hydrogen sulfide often used for chemical GO reduction to obtain graphene. UV-vis spectroscopy, XRD, SEM, and Raman spectroscopy provide clear evidence for the formation of graphene after GO reduction with resveratrol. These findings suggest that a powerful natural reducing agent can be highly efficient in causing deoxygenation of GO suspensions and can thus serve as a suitable substitute for hydrazine in large-scale production and application of graphene-based materials. Furthermore, RES-rGO demonstrated significant dose-dependent cytotoxicity for A2780 ovarian cancer cells in that it reduced cell viability and produced marked changes in cellular morphology via activation of caspase-3-mediated

apoptosis and reduction of ALP activity. These results open a new avenue for potential application of RES-rGO as a promising biocompatible nanomaterial to effective nanotherapy of cancer and prevention and treatment of osteoporosis. Further studies are required to clarify the detailed molecular mechanisms underlying the activity of GO and rGO in cancer treatment.

## Acknowledgments

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## Disclosure

The authors report no conflicts of interest in this work.

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