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# RETRACTED ARTICLE: The therapeutic effect of methotrexate- conjugated Pluronic-based polymeric micelles on the folate receptor-rich tumors treatment

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Key Laboratory of Smart Drug Delivery, Ministry of Education and PLA, Department of Pharmaceutics, School of Pharmacy, Fudan University, Lane 826, Zhangheng Road, Shanghai 201203, People's Republic of China Email xlfang@shmu.edu.cn Abstract: The therapeutic effect of methotrexate (MX)-conjugated c-based polymeric mixed micelles (F127/P105-MTX) on the folate to potor-or prexpressing tumors treatment was arity to for acid and the high expresinvestigated in this study. Due to its high str tural s. sion of folate receptor in most solid ture MTX serve not anly a cytotoxic agent but also cytic mechanism studies of MTX-conjugated a homing ligand. Cellular uptake are the exmixed micelles were performed in folate receptor, ich KBv and folate receptor-deficient A-549 efficacy and safety sudies of F127/P105-MTX in KBv tumorcancer cells. Additionally, the bearing mice were evaluate. Results in that F127/P105-MTX significantly enhanced ed to that of conventional non-MTX-conjugated the cellular uptake in KBv ells as comp mixed micelles. Moreover, the esults s wed that F127/P105-MTX can be internalized by both caveolae- a in-mediated endocytosis in energy-dependent and folate receptordependent manner The end in vivo antitumor efficacies of F127/P105-MTX were a comparison with MTX-entrapped mixed micelles. Furthermore, no signific enhanc to hem acu oxiciti ological system and major organs have been observed after intravenous ninistrat during the regimen. Therefore, our results suggest that F127/P105-MTX could tive and safe nano-drug delivery system for cancer therapy, especially for the folate be a ch cancer treatment. recepto.

Keywords, hethotrexate-conjugated, mixed micelles, folate receptor, Pluronic, KBv cells

# Introduction

Recently, research interest has been raised in the application of block copolymer micelles as the nanocarrier system in the field of drug delivery because of the hydrophobic drug-loading capacity of the inner core as well as the unique in vivo disposition characteristics.<sup>1</sup> Polymeric micelles have small particle size (<100 nm) and unique core–shell architecture, where hydrophobic segments are segregated from the aqueous exterior to form an inner core surrounded by a palisade of hydrophilic segments. The narrow size range is similar to those of viruses and lipoproteins and natural mesoscopic-scaled vehicle systems, and has been considered as a crucial factor in determining their in vivo disposition, especially when enhanced permeation and retention (EPR) effect is involved.<sup>2</sup> In our previous studies, polymeric micelles prepared with Pluronic F127 and P105 have been demonstrated to enhance anticancer efficacy of docetaxel and methotrexate (MTX) against multidrug-resistant (MDR) cancer cells in vitro and in vivo.<sup>3–5</sup> Pluronic P105 is presented as PEO<sub>37</sub>–PPO<sub>56</sub>–PEO<sub>37</sub> triblock copolymer with high MDR tumor-sensitizing ability, and Pluronic F127 is presented as PEO<sub>100</sub>– PPO<sub>65</sub>–PEO<sub>100</sub> triblock copolymer with long poly(ethylene oxide) (PEO) hydrophilic

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chain which can improve the physical stability and increase the blood circulation time in vivo of the polymeric micelles. Compared to single Pluronic P105 micelles, the micelles comprising Pluronic P105 and F127 can be more stable, due to the lowered critical micelle concentration conferred by the high PEO–poly(propylene oxide) ratio of F127, which will contribute to the long retention of drug-loaded micelles in blood, and eventually achieve higher drug accumulation at the target site (tumor) through the EPR effect.<sup>6–8</sup> It is noteworthy that doxorubicin-loaded mixed micelles composed of Pluronic L61 and F127 (SP1049C) have already reached Phase III stage.<sup>9</sup>

However, a major obstacle to the conventional drug delivery systems has been found to be the nonspecific uptake by reticuloendothelial system (RES). Thus, the ability to avoid recognition by RES is ideal for advanced drug delivery systems to achieve longevity in the blood circulation.<sup>10</sup> To this end, research efforts are being placed on the development of nanomicelles to date.<sup>11</sup> Functionalization of the outer space of the polymeric nanomicelles to modify its physicochemical or biological properties is of great value from the perspective of design and development of intelligent nano-drug delivery systems, which can be accomplished by constructing micelles with a variety of end-functionalized copolyme To date, strategic modification of polymeric micelles with functional peptides, saccharides, antibodies, and tamers on their periphery has been reported,<sup>12,13</sup> w 1 atter t to 4. enhance tumor accumulation, penetration and re-The folate receptor, which is expressed not Ty at the luminal surface of polarized epitheria has be found to be overexpressed in some sola tume, such as ovarian, endometrial, colorectal, breat, lung, and hal cell carcinoma as well as brain tastase derived from epithelial cancer, and neuroendok ne ca noma.<sup>16–19</sup> Because of this totwee, ormal a cancer cells, folic distinctive feature v rive targeting ligand for acid (FA) has merge as an a selective de very.<sup>20</sup> mostingly, the classic antimetabolite drug MTX has nilar chemical structure to FA, and ceases the intracellular in abolism of FA, leading to the impairment of tumor grown and induction of cell death. Similar to FA, MTX also displays a hydrophilic property due to its two carboxylic acid groups that are ionized at physiological pH (p $K_a$  =3.8, 4.8). Thus, MTX is unable to cross the cell membrane passively unless being uptaken in an active mechanism which is mediated by cell surface proteins like folate receptor and reduced folate carrier.<sup>21</sup> Thus, MTX may be used as not only an anticancer drug but also a potential targeting ligand.<sup>22-24</sup> Therefore, in this manuscript, based

on the findings from previous studies,<sup>3,4</sup> we have further elaborated on the mechanism of the affinity between F127/ P105-MTX and folate receptor. Besides, both in vitro and in vivo safety evaluation and therapeutic efficacy have been systemically performed. To achieve this goal, the cellular uptake and internalization mechanism of F127/P105-MTX in KBv cells, and the distribution and accumulation of F127/ P105-MTX in KBv tumor spheroids were evaluated. The in vivo biodistribution and anticancer efficacy of F127/P105-MTX were also investigated in subcutaneous xenograft mice model. Additionally, in vivo toxicity were sessed in terms of changes in the body weight, hem Jogical ameters, as well as common serum biochemical syels after th treatment with different MTX formula ons.

### Materials and methods Materials and animate

MTX was pure and from Zib xin Pharm & Chemical D, Co. Ltd. (Zhoo, Peore's Republic of China). Samples of Plurop 5 and F12 were kindly supplied by BASF Ltd. Shanghai, People's Republic of China). Pluronic P10 MTX was inthesized as described before.<sup>4</sup> Briefly, amin terminat d Pluronic P105 (P105-NH<sub>2</sub>), MTX, V-hydrox mimide, and N,N'-dicyclohexylcarbodiimide olved in dimethylsulfoxide in the presence of trieth-WP amine. The mixture was stirred in a nitrogen atmosphere at pom temperature overnight. Then, the mixture was diluted ith deionized water and centrifuged. The supernatant was further purified by dialysis against deionized water, followed by lyophilization. F127-MTX, P105-FA, F127-FA, and P105-fluorescein isothiocyanate (FITC) were synthesized as described previously.<sup>25,26</sup> Propidium iodide (PI), chlorpromazine hydrochloride (CPZ), sucrose, filipin, genistein, cytochalasin D, 5-(N,N-dimethyl) amiloride hydrochloride (DMA), NaN<sub>2</sub>, monensin, and FA were purchased from Sigma (St Louis, MO, USA). Low-melting-point agarose was obtained from Yixin Biotechnology Co., Ltd. (Shanghai, People's Republic of China). Bicinchoninic acid protein assay kit and Triton X-100 were purchased from Beyotime Biotechnology Co., Ltd. (Nantong, People's Republic of China). Dioctadecyl-3,3,3',3'-tetramethylindotricarbocyanine iodide (DIR) was purchased from Biotium (Life Technologies, Carlsbad, CA, USA). Penicillin-streptomycin, Roswell Park Memorial Institute (RPMI)-1640, fetal bovine serum (FBS), and 0.25% (w/v) trypsin-0.03% (w/v) ethylenediaminetetraacetic acid (EDTA) solution were purchased from Gibco BRL (Gaithersberg, MD, USA). Purified deionized water was prepared by Milli-Q plus system (Millipore Co.,

Billerica, MA, USA). All other solvents were analytical- or chromatographic grade.

The human MDR KBv carcinoma cell line was purchased from Nanjing KeyGen Biotech. Co. Ltd. (Nanjing, People's Republic of China). The human lung adenocarcinoma cell line A-549 was obtained from Cell Resource Center of the China Science Academy (Shanghai, People's Republic of China). Culture plates and dishes were purchased from Corning Inc. (New York, NY, USA). The cells were cultured in RPMI-1640 medium, supplemented with 10% FBS, 100 IU/mL of penicillin, and 100  $\mu$ g/mL of streptomycin sulfate. The cells were cultured in the incubator maintained at 37°C with 5% CO<sub>2</sub> under fully humidified conditions.

Male BALB/c nude mice (20±2 g), supplied by Department of Experimental Animals, Fudan University (Shanghai, People's Republic of China), were acclimated at 25°C and 55% of humidity under natural light/dark conditions for 1 week before the experiments. All the animal experiments were carried out in accordance with guidelines evaluated and approved by the ethics committee of Fudan University.

## Preparation of MTX-loaded Pluronicbased polymeric mixed micelles

F127/P105-MTX was prepared by thin-film hyd method according to the procedure described previo sly. Briefly, a thin polymeric film was formed in 2 nd-bot flask by removing the organic solvents rom 3 0 mg mixed solution composed of P105-M (86.7 (180 mg), and F127 (33.3 mg) discreded nL of methanol by rotary evaporation. This is was furthed under vacuum overnight at room to aperators to remove any traces of remaining solvents film, the dry lymeric film was hydrated with 5 mL of deiopized water. The mixture was stirred at 750 rpm r 45 anutes to obtain a transparent yellowish mir <sup>11</sup>or sol. on.

FA-crogugated mixed procelles (F127/P105-FA) was prepared in the organized as F127/P105-MTX except that P105-FA sequesed instead of P105-MTX.

For preparation of physically entrapped MTX mixed micelles (F127) 105/MTX), the mixture (300 mg) of P105 and F127 (8:1, w/w), 50  $\mu$ L of triethylamine, and MTX (10 mg) were used to prepare the thin polymeric film as described earlier. The resultant physical-entrapped micelles were filtrated through 0.22  $\mu$ m filter membrane to remove the unentrapped MTX before further use. Blank Pluronic mixed micelles (F127/P105) were prepared by the same method shown earlier except that P105-MTX was replaced by P105.

The preparation of DIR-labeled mixed micelles (F127/ P105/DIR and F127/P105-MTX/DIR) was performed in a similar way, except that 80  $\mu$ L of DIR (1 mg/mL of stock solution in dichloromethane) was added into the mixture of methanol and Pluronic before removing the organic solvents. After preparation, the free DIR was removed via CL-4B column chromatography (Hanhong Chemica Co. Ltd., Shanghai, People's Republic of China).

MTX or FA modification was performed by conjugating MTX or FA to the functionalized end of long PEO chain of Pluronic F127, and the corresponding usined micelles (MTX-F127/P105, FA-F127/P105) while prepare using the same method as that of F127/P105, the sept that Pluronic F127 was substituted by adding an insture 120 wt% 127-MTX or F127-FA and 80 wt% 127.<sup>26</sup>

FITC was used as the duorescent probe for in vitro studies. FITC acceled is conic microles were prepared in the same ways conjude above or pat that 6.7 mg of P105-FITC was used to replace the same amount of P105.

a particle site size distribution, and zeta potential of the polymeric micelles were determined by dynamic oght scatterin using a zeta plus analyzer (Zetasizer Nano Malverra instruments Ltd, Malvern, UK). The MTXloading takiency was measured by high-performance liquid comatography as previously described.<sup>4</sup> F127/P105/MTX and F127/P105-MTX were lyophilized and stored at 4°C for 6 months. The drug content and particle size were also monitored during the stability period.

### Cellular uptake of FITC-labeled Pluronicbased polymeric mixed micelles

KBv and A-549 cells were seeded at a density of  $1 \times 10^4$  cells per well in 24-well plates and allowed to grow until 80% confluence reached. The old culture medium was replaced by 250 µL of FITC-labeled mixed micelles in fresh medium at a concentration of 100 µg/mL. After 1-hour incubation, the medium was removed, and the cells were washed three times with cold pH 7.4 phosphate-buffered saline (PBS) and then visualized under fluorescent microscope (Leica DMI 4000B, Leica Microsystems, Solms, Germany). To qualitatively evaluate whether FA could hinder the receptor-mediated endocytosis, cells were preincubated with FA (1 mM) for 2 hours, and then washed three times with cold pH 7.4 PBS before the exposure to FITC-labeled mixed micelles.

For quantitative analysis of the cellular uptake of different polymeric mixed micelles, KBv and A-549 cells were seeded at a density of  $1 \times 10^5$  cells per well in six-well plates and allowed to grow until reaching 80% confluence. Then, cells

were incubated with FITC-labeled mixed micelles directly or preincubated with FA (1 mM) for 2 hours before exposure to FITC-labeled mixed micelles. The cells were washed three times with pH 7.4 PBS, and then trypsinized and centrifuged at 2,000 rpm for 4 minutes to obtain the cell pellets, which were subsequently re-suspended in pH 7.4 PBS and analyzed using a flow cytometer (FACSCalibur, BD Biosciences, San Jose, CA, USA). Cells without treatment served as the control group. Living cells were defined by gating the major population of the cells, and only cells within this gate were used for analysis. The mean fluorescence intensity was calculated using the histogram plot.

## Cellular internalization mechanism of FITC-labeled mixed micelles in KBv cells

Cells were seeded at a density of  $1 \times 10^4$  cells per well in 24-well plates and incubated for 24 hours. After checking the cell confluence and morphology, different inhibitors including CPZ (10 µg/mL), sucrose (0.45 M), filipin (5 µg/mL), genistein (0.2 M), cytochalasin D (3 µM), DMA (10 mM), NaN<sub>2</sub> (1  $\mu$ g/mL), and monensin (3  $\mu$ M) were added into each well separately and incubated for 30 minutes. Then, the compounds were withdrawn, and 200 µg/mL of FITC-label mixed micelles along with different compounds (concentra tion of each compound was equal to that describ bove) in fresh serum-free RPMI-1640 medium wa added. fter 2-hour incubation, the treatment solution was liscar the cells were washed three times w 1.4 PBS, cold for 4 minu trypsinized, and centrifuged at 2,00° to collect the cell pellets, which were subsequently re-suspended in pH 7.4 PBS and analyzer by a flow cyneter (FACS Calibur, BD Bioscience . The K<sup>T</sup> cells without any treatalar uptake of FITC-labeled ment represent the maxin mç as the introl group. mixed micelles, serv

#### In vitro By the spheroid formation

The ex vitro 120 KBv tumor spheroids were developed using liquid over v technique as reported earlier,<sup>27</sup> in order to evaluate the solid tumor diffusion capacity of MTX-conjugated mixed micelles. Briefly, agarose was heated at 80°C for 30 minutes, and diluted to 2% (w/v) using serum-free RPMI-1640. Each well in 24-cell culture plates was coated with a thin layer (300 µL) of sterilized agarose-based RPMI-1640. Then, KBv cells were seeded into each well at a density of 1×10<sup>3</sup> cells per well (in complete medium), agitated for 10 minutes, and incubated at 37°C for 7 days. The culture medium was changed every 2 days. The uniform and compact multicellular spheroids were selected for further studies.

# Cell viability in KBv tumor spheroids

PI was used as the fluorescent probe to distinguish the dead cells in treated tumor spheroids. Briefly, the KBv tumor spheroids were incubated separately with RPMI-1640, 10 µg/mL of MTX, F127/P105/MTX, or F127/P105-MTX for 7 days. Then, the tumor spheroids were incubated with PI  $(50 \,\mu\text{g/mL})$  for 30 minutes at 4°C. After incubation, the tumor spheroids were washed three times with old pH 7.4 PBS and lysed with 1% Triton X-100. orescene intensity of the cell lysate was measured by Sale plate read (TECAN M1000, Tecan Group Ltd. Anned Switze and). The protein content in tumo pheroids was mined using pt/ the bicinchoninic acid, tein say kit in accordance with the method specif a by the anufact er.

# Growth mhibition of Kev tumor spheretis

The afluence of various treatments on the growth of KBv as also investigated.<sup>27,28</sup> To this end, the r spheroids tum serun free RPM 1640 medium containing MTX, F127/ P105/M F127/P105-MTX was applied to the tumor which have been incubated for 7 days. Tumor sp heroids only incubated in RPMI-1640 were used as the ontrol group. After different treatments, tumor spheroids ere observed under an inverted microscope (Chongqing Optical and Electrical Instrument Co. Ltd., Chongqing, People's Republic of China) every day. The major  $(d_{max})$ and minor  $(d_{\min})$  diameters of each selected spheroid were determined, and the corresponding spheroid volume (V) was calculated using Equation 1.

$$V = \frac{\pi \times d_{\max} \times d_{\min}}{6} \tag{1}$$

The tumor spheroid volume ratio (*R*) was calculated using Equation 2:

$$R = \frac{V_i}{V_0} \times 100\%$$
 (2)

where  $V_i$  is the KBv tumor spheroid volume at the *i*th day after treatment and  $V_0$  is the tumor spheroid volume prior to the treatment.

### Tissue distribution studies

In vivo fluorescence imaging system was used to evaluate the biodistribution of mixed micelles in tumor-bearing mice.<sup>3</sup>

The KBv xenograft mice model was established by inoculating  $5 \times 10^6$  KBv cells (in 0.2 mL of pH 7.4 PBS) subcutaneously into the right hind leg. When tumor size reached 1 cm<sup>3</sup> in diameter, tumor-bearing mice were injected with 100 µL of DIR-labeled mixed micelles (DIR content: 0.2%) via the tail vein. After 48 hours postinjection, the mice were sacrificed, and the tumor and major organs were excised. Each organ was rinsed with PBS (pH 7.4) three times and placed onto the board of fluorescence imaging system for fluorescence detection. The biodistribution of the micelle system was semi-quantified by measuring the ratio of DIR fluorescence intensity recorded as total photons per centimeter square per dissected organs.

# In vivo antitumor efficacy and safety evaluation

The antitumor efficacy of different MTX formulations was evaluated in KBv tumor-bearing mice model, which was established by inoculating 0.2 mL of PBS containing  $5 \times 10^{6}$  KBv cells subcutaneously in the right hind leg of the mice. The first dose was scheduled at 24 hours after tumor inoculation<sup>3,4</sup> (designated as day 0). Tumor-bearing mice were randomly divided into four groups and treated with 100 µL of saline, MTX, F127/P105/MTX, of P105-MTX at a 5 mg/kg dose of MTX every 4 days for six continuous dosing. On day 24, the mice were crificed cervical dislocation, and the tumor mass as har sted at alaulated weighed. The inhibitory rate of tumor (T) wa using Equation 3:

IRT (%) = 
$$\frac{W_{e}}{W_{e}}$$
 100% (3)

where  $W_{e}$  is the weight of tupor in the same group and  $W_{t}$  is the weight of tupor in the treatment group.

and be blood stuples were also collected Major org distochemistry observation. for hema logic alysis fixed with 4% paraformaldehyde for Tissue mples nbedded in paraffin. Each section was cut into 48 hours a. 5 µm, process for routine hematoxylin and eosin staining, and then visualized under microscope (Leica DMI 4000B). Blood was collected in tubes containing EDTA-2K, and a portion of blood sample was used for the measurement of white blood cell, red blood cell, and platelet. In order to collect the serum, the rest of the blood sample was allowed to stand for 30 minutes at room temperature and then centrifuged at 3,000 rpm for 15 minutes at 4°C. The serum aspartate transaminase, alanine transaminase, total bilirubin, urea nitrogen, and creatinine levels were analyzed. All the blood

and serum measurements were conducted at the Shanghai Institute for Food and Drug Control.

#### Data analysis

Data are presented as mean  $\pm$  standard deviation. One-way analysis of variance was used to determine the significance among groups, after which post hoc tests with the Bonferroni correction were used for comparison between individual groups. A value of *P*<0.05 was considered to be significant.

## **Results and discussion** Preparation and characterization of MTX-loaded polymeric mixed nicelles

The constructions of MTX entrapy micelles and MTX-unjugged polymer olymeric mixed yug d polymeric mixed micelles are Ilustrate in Figural. To trace the micelles schematically y, FITC was used as the qualitativ ry nd quantit. fluorescent problemation label micelles through conjugation with P<sup>1</sup> ... copolymer covalent coupling. In the process of ficelle preparation, 10% (w/w) Pluronic P105 was replaced Y P105-FIT Table 1 summarizes the average particle size Nifferent lixed micelles. The average particle size of mixed nucefles prepared with MTX-P105 (F127/P105-MTX) A-P105 (F127/P105-FA) was about 100 nm, which was larger than those of blank F127/P105 mixed micelles (F127/ P105), physically entrapped MTX mixed micelles (F127/ P105/MTX), and mixed micelles prepared with MTX-F127 (MTX-F127/P105) or FA-F127 (FA-F127/P105) (around 20 nm). The larger diameter of MTX- or FA-conjugated mixed micelles could be probably due to the enlarged inner hydrophobic core by P105 terminal conjugation. The MTXloading coefficients of both conjugated and entrapped MTX mixed micelles were kept at 2.8%. F127/P105/MTX and F127/P105-MTX were lyophilized and stored at 4°C for 6 months. As presented in Table 2, 95.50% and 98.08% of MTX remained in F127/P105/MTX and F127/P105-MTX, respectively, after 6-month storage, suggesting the good stability of lyophilized micelle formulation. The particle size of F127/P105-MTX after reconstitution was slightly increased from 105.1 nm to 106.4 nm, which might be due to the slight aggregation of hydrophobic micelle cores during the storage period.

#### Cellular uptake

In order to evaluate the role of folate receptor in the cellular uptake of MTX-conjugated mixed micelles, FAoverexpressing MDR KBv cells were selected in the study,



Figure I The schematic illustration of construction of MTX-entrapy of the meric manufacture and MTX-conjugated polymeric mixed mice Abbreviation: MTX, methotrexate.

while A-549 cells were chosen as fol -deficient e recep cell model.29,30 FITC was used to the micelle and as shown in Figure 2A. KBv cells treated th FITC-labeled F127/P105-MTX exhibite higher fluores nce intensity than FITC-labeled F12 P105. For quantitative analysis the fils treated with non-MTX-(Figure 2B), compared elles, e mear duorescence intensity conjugated mixed of FITC-label 4 F127/ 105-MN as increased significantly rgest (P < 0.05),injugated MTX in micelles d facilitate the uptake of micelles to some aqueous layer

extent than non-MTX-conjugated ones. When adding free FA, cellular uptake of F127/P105-MTX was significantly reduced (P<0.01). By contrast, both FITC-labeled F127/P105 and FITC-labeled F127/P105-MTX have shown less cellular uptake in A-549 cells, regardless of whether free FA was added or not (P>0.05). The intracellular uptake of F127/P105-MTX could be competitively inhibited by free FA, which further proved that the uptake of MTX-conjugated micelles was at least partly mediated by the interaction of MTX and folate receptors overexpressed in KBv cells.

| Table | l | Characterization | of | FA | -modified | and | MT) | K-loaded | mixed | micelles |
|-------|---|------------------|----|----|-----------|-----|-----|----------|-------|----------|
|-------|---|------------------|----|----|-----------|-----|-----|----------|-------|----------|

| Formulation   | Size (nm)   | Polydispersity | Zeta potential (mV) |
|---------------|-------------|----------------|---------------------|
| F127/P105     | 22.5±1.30   | 0.12±0.02      | -4.73±1.12          |
| F127/P105-FA  | 102.2±4.53* | 0.18±0.01      | -3.02±1.52          |
| MTX-F127/P105 | 26.9±0.45   | 0.12±0.02      | -2.67±0.59          |
| FA-F127/P105  | 28.4±3.26   | 0.16±0.02      | -3.33±1.24          |
| F127/P105/MTX | 22.8±1.14   | 0.11±0.03      | -2.04±0.25          |
| F127/P105-MTX | 105.1±2.35* | 0.14±0.04      | -2.69±2.16          |
|               |             |                |                     |

**Notes:** Mean  $\pm$  standard deviation (n=3). \*P<0.01, compared with F127/P105. **Abbreviations:** FA, folic acid; MTX, methotrexate. Table 2 Particle sizes and MTX amounts of lyophilized mixed micelles kept at  $4^{\circ}C$  for 6 months

| Parameters         | Formulation   |               |  |  |  |  |
|--------------------|---------------|---------------|--|--|--|--|
|                    | F127/P105/MTX | FI27/PI05-MTX |  |  |  |  |
| Particle size (nm) | 27.9±0.52     | 106.4±1.44    |  |  |  |  |
| MTX amounts (%)    | 95.50±1.30    | 98.08±0.78    |  |  |  |  |

Note: Mean  $\pm$  standard deviation (n=3).

Abbreviation: MTX, methotrexate.

As shown in Figure 3, KBv cells treated with FITClabeled F127/P105-MTX and FITC-labeled F127/P105-FA also exhibited higher fluorescence intensity than that of FITC-labeled F127/P105 (P<0.01), and there was no obvious difference in FITC fluorescence intensity between these two groups (P>0.05). It was found that when MTX or FA was conjugated on the outer surface of mixed micelles (F127 with long PEO chain), FA-F127/P105 showed more (1.36-fold) cellular fluorescence intensity than that of MTX-F127/P105 group (P<0.05) (Figure 4). Based on these results, it was suggested that although MTX has relatively lower affinity to folate receptor compared with FA ( $K_{\rm D}$ =~20–100 nM vs  $K_{\rm D}$  (FA) =~1 nM),<sup>31,32</sup> MTX-conjugated micelles might bind to folate receptor through polyvalent interaction as reported recently.<sup>21,33,34</sup>

### Cellular uptake mechanism of FITClabeled mixed micelles in KBy

In order to elucidate the internalization rechanism of mixe micelles in KBv cells, the effects of end. vto ATP depletion, and ligands of follow receptor in the cellular uptake were evaluated quantit in (Figure 5). docytosis occurs in most cells as pirocytosis, as normally represents four basic mechanises: clathrin-med, ed endocytosis, caveolae-mediated indocyte is, macropinocytosis, as well as both clathrin- and colae-ind pendent endocytosis.<sup>35</sup> in-me internal-The effect cla. ization the mix d micelle was evaluated using CPZ and non-coated pits formation blocking <sup>38</sup> a<sup>1</sup> sucrose, agent. Filip, and genistein were used to evaluate the effect of caveolae-met, ted endocytosis on the cellular uptake.<sup>39,40</sup> Both types of endocytosis inhibitors significantly reduce the cellular uptake of mixed micelles in KBv cells (P < 0.05), suggesting the involvement of both clathrin- and caveolaemediated endocytosis in the cellular uptake of F127/P105 and F127/P105-MTX in KBv cells. Cytochalasin D and DMA were used as microtubule-disrupting agents<sup>41,42</sup> to evaluate the effect of macropinocytosis on the internalization. It was found that there was no influence on the cellular uptake of both mixed micelles (P>0.05), indicating the minimal

contribution of macropinocytosis to the internalization of F127/P105 and F127/P105-MTX in KBv cells. During preincubation with monensin or NaN<sub>3</sub>, it was found that the intracellular ATP was significantly depleted, and the cellular uptake of mixed micelles was decreased to some extent, suggesting that internalization of the F127/P105 and F127/P105-MTX in KBv cells occurred through an energy-dependent endocytosis process. Free FA was also used to investigate the receptor-blocking effect, and the results showed that free FA can significantly reduce the cellular uptake of F127/ P105-MTX in KBv cells, indication that folate receptormediated endocytosis was involved in bounternalization of F127/P105-MTX. Collective, results segest that the MTX-conjugated mixed nicelle, could be ecognized by v cells via MX a the terminal of folate receptors in V P105, and then we energy-dependently internalized by KBv cells through a number of cytic pathway including both clath \_\_\_\_\_nd caveola nated endocytosis.

# tudies

he ex vivo 3 tumor spheroids model has become the most monly y ed tool to evaluate the effect of drug delivery systems, suggestive of the extracellular matrix of tumors spheroids by the liquid overlay technique. After 7-day culture, the compact and homogeneous tumor spheroids were acquired (Figure 6A and B). The fluorescence intensity of PI was reported to be specifically related to the DNA of dead cell.<sup>28,45</sup> Thus, dead cells in the KBv tumor spheroids after treatment with MTX-loaded mixed micelles were stained by PI, a fluorescent probe. As presented in Figure 6C, the fluorescence intensity values of PI in the tumor spheroids treated with RPMI-1640, MTX, F127/P105/MTX, and F127/P105-MTX were 4.45×10<sup>5</sup>/mg protein, 8.43×10<sup>5</sup>/mg protein, 17.6×10<sup>5</sup>/mg protein, and 27.4×10<sup>5</sup>/mg protein, respectively, suggesting that F127/P105-MTX can induce a statistically significant increase in the cell death of the KBv tumor spheroids as compared to those of free MTX and conventional F127/P105/MTX (P<0.05).

# KBv tumor spheroid growth inhibition effect

The KBv tumor spheroids growth inhibition by different MTX-loaded mixed micelles treatment was also investigated. Figure 7 represents the KBv tumor spheroid volume ratios (of the control, %) after different treatments of MTX, F127/P105/MTX, and F127/P105-MTX at different MTX concentrations.



#### Figure 2 The cellular uptake in KBv and A-549 cells.

**Notes:** Cellular uptake studies in KBv and A-549 cells were examined by fluorescent microscopy (**A**) and flow cytometry (**B**), respectively, after a 1-hour treatment with FITC-labeled F127/P105 mixed micelles, FITC-labeled F127/P105-MTX, or 2-hour pre-incubation with 1 mM of free FA and then exposure to FITC-labeled F127/P105 mixed micelles or FITC-labeled F127/P105-MTX. Mean  $\pm$  standard deviation (n=3). \**P*<0.05 and \*\**P*<0.01. Green: FITC-labeled mixed micelles. Bar: 30  $\mu$ m. **Abbreviations:** FITC, fluorescein isothiocyanate; MTX, methotrexate; FA, folic acid.



Figure 3 The cellular uptake in KBv cells, of P105 terminal modified mixed micelles. Notes: Cellular uptake studies in KBv cells were examined by fluorescent microscopy (A–C) flow cytometry (F) after a 1-hour treatment with FITC-labeled F127/ P105 mixed micelles (A and D), FITC-labeled F127/P105-MTX (B and E), or FITC-labeled 127/P105-FA (C and F). Gen: FITC-labeled mixed micelles. Bar: 30 μm. Abbreviations: FITC, fluorescein isothiocyanate; MTX, methotrexate; FA, folic acid.



Figure 4 The cellular uptake in KBv cells, of F127 terminal modified mixed micelles.

Notes: Cellular uptake studies in KBv cells were examined by fluorescent microscopy (**A** and **B**) and flow cytometry (**C** and **D**) after a 1-hour treatment with FITC-labeled MTX-F127/P105 mixed micelles (**A** and **C**) or FITC-labeled FA-F127/P105 (**B** and **D**). Green: FITC-labeled mixed micelles. Bar: 30 μm. Abbreviations: FITC, fluorescein isothiocyanate; MTX, methotrexate; FA, folic acid.







Figure 6 Cell viability in KBv tumor spheroid.

Notes: KBv tumor spheroids at day 3 (A) and day 7 (B) after cells were seeded. Accumulation of PI in KBv tumor spheroids subjected to different treatments (C). PI can stain the DNA of dead cells, and thus, its fluorescence intensity relates to dead cell population. Mean  $\pm$  standard deviation (n=3). @P<0.05, compared with RPMI-1640. #P<0.05, compared with MTX. \$P<0.05, compared with F127/P105/MTX. Original magnification: ×10.

Abbreviations: PI, propidium iodide; DNA, deoxyribonucleic acid; RPMI, Roswell Park Memorial Institute; MTX, methotrexate.



Figure 7 Growth inhibition curves of KBv tumor spheroids after treatment with MTX or the considered mixed mixed mixed might different concentrations of MTX. Notes: The diameter of tumor spheroids was measured using a microscope equipped of an an ocular micrometer, and the corresponding volume of tumor spheroids was calculated by Equation 2. Mean ± standard deviation (n=3).

Abbreviations: MTX, methotrexate; RPMI, Roswell Park Memorial Institute.

It was observed that tumor spheroids continued to g volume in the absence of drug (179.8% of the control ter 7 days). No reduction in the volume of tume roids observed in MTX group (5 µg/mL) after ays of eatmer indicating that KBv tumor spheroids we resis to some extent. The calculated KP eroid volume tumor ratios were 125.2%, 77.8%, 68.5% at . g/mL and 98.3%, 57.9%, and 36.4% at 10 µg/m. for MTX, F127/P105/ MTX, and F127/P105 TX, respective Results showed that F127/P105-M/ X significantly improved the growth inhibitory effect that that I F127/P105/MTX.

# Tissur distribution Ludy

Tissue devilue on stack as carried out using subcutaneous KBv tumor varing nude mice. Semi-quantitative analysis of dissected or rates (the heart, liver, spleen, lung, kidney, and tumor) at 48 hours postinjection of DIR-labeled mixed micelles was performed. The fluorescence intensity of tumor tissues treated with F127/P105-MTX was about 1.46 times higher than that of nonspecific F127/P105 mixed micelles (F127/P105/MTX) (P<0.05), suggesting that the conjugated MTX could facilitate the accumulation of mixed micelles in tumor tissue. Moreover, F127/P105-MTX in tumor was found to be more than in the liver, spleen, and kidney (P<0.05) (Figure 8).

#### In vivo antitumor activity and safety evaluation

In vivo antitumor efficiency of different MTX-loaded mixed micelles was validated in subcutaneous xenograft-bearing mice. As shown in Figure 9 and Table 3, there was no serious body weight loss observed in mice treated with F127/P105/MTX or F127/P105-MTX during the treatment period, and the IRT was 59.1% and 71.4% on the 24th day, respectively, for F127/P105/MTX and F127/P105-MTX. The results showed that F127/P105-MTX exhibited stronger antitumor efficacy in KBv tumor-bearing mice model than that of F127/P105/MTX. A synergistic effect of the passive targeting and enhanced cellular accumulation in folate receptor-rich tumor could be the main reason for the significant tumor depression in F127/P105-MTX group. The in vivo tumor growth inhibitory effect of MTX-loaded mixed micelles was consistent well with the in vitro 3D tumor spheroids results.

It is well known that most of the intravenously injected nanoparticles will be taken up and eliminated by macrophagerelated organs based on our results of biodistribution study, which urge us to further investigate the potential pathological lesions induced by MTX-loaded mixed micelles.<sup>24</sup> To reveal any potential toxic effect of MTX-loaded mixed micelles on the treated tumor-bearing mice, hematology and blood biochemistry analysis were carried out. The histological



Figure 8 Fluorescence intensity of F127/P105/DIR and F127/P105-MTX/DIR in dissected organs of subcrease or bearing mice acrificed 48 hours after intravenous administration.

**Note:** Mean  $\pm$  standard deviation (n=3).

Abbreviations: DIR, dioctadecyl-3,3,3',3'-tetramethylindotricarbocyanine iodide; MTX, methy

analysis of major tissues including the heart, liver, spleen, lung, and kidney was conducted, and observation result revealed no obvious histopathological abnormalities of lesions in all groups (Figure 10). Liver function arkers including alanine aminotransferase, aspartar amino ansferase, as well as total bilirubin, and the dney markers such as creatinine and blood area h gen were ug-loaded used to further evaluate the safety vmeric micelles (Table 4). No obvious hepat or renal toxicity

was overved in the mice treated with MTX-loaded mixed nicelles, moreating that multiple dosing of MTX-loaded mixed nicelles had minimal impact on the function of the over and kidney. For the hematological assessment, we hose the following important hematology markers: white clood cell, red blood cell, and platelet count (Table 5). All the hematology parameters in the treated groups appeared to be normal in comparison with the control group. It indicates that multiple dosing of MTX-loaded mixed micelles did not



Figure 9 The dissected tumor tissue images after intravenous administration of 5 mg/kg of MTX, F127/P105/MTX (5 mg/kg, MTX equivalent), or F127/P105-MTX (5 mg/kg, MTX equivalent) which was injected every 4 days for six continuous times. Abbreviation: MTX, methotrexate.

| Table 3 The changes in the boo | ly weight and tumor weight aft | er different MTX treatments i | in KBv tumor-bearing mice |
|--------------------------------|--------------------------------|-------------------------------|---------------------------|
|--------------------------------|--------------------------------|-------------------------------|---------------------------|

| Groups        | Body weight (g) |            | Tumor weight (g)      | IRT (%) |
|---------------|-----------------|------------|-----------------------|---------|
|               | Day I           | Day 24     |                       |         |
| Saline        | 20.88±0.77      | 25.60±0.33 | 0.88±0.16             | 0       |
| MTX           | 21.97±1.70      | 25.17±1.86 | 0.67±0.21             | 23.86   |
| F127/P105/MTX | 22.60±1.10      | 24.17±2.27 | 0.36±0.04ª            | 59.09   |
| F127/P105-MTX | 20.67±1.12      | 23.62±2.67 | $0.25 \pm 0.08^{a,b}$ | 71.42   |

**Notes:** Mean  $\pm$  standard deviation (n=6).  ${}^{\circ}P < 0.01$ , when compared with free MTX group.  ${}^{\circ}P < 0.05$ , when compared with F127/P105/MTX group. **Abbreviations:** MTX, methotrexate; IRT, inhibitory rate of tumor.



Figure 10 Histox, wistry analysis of the heart, liver, spleen, lung, and kidney sections stained with hematoxylin and eosin after treatment with different formulations. Note: Original magnetion: ×20. Abbreviation: MTX, methotrexate.

| Groups        | ALT (IU/L) | AST (IU/L) | TBIL (μmol/L) | BUN (mmol/L) | CRE (µmol/L) |
|---------------|------------|------------|---------------|--------------|--------------|
| Saline        | 55.0±10.3  | 117.6±18.5 | 1.13±0.52     | 1.04±0.38    | 15.1±3.24    |
| MTX           | 50.8±12.1  | 4.9± 4.    | 1.06±0.57     | 1.12±0.41    | 14.5±3.90    |
| F127/P105/MTX | 52.1±14.7  | 122.5±13.8 | 1.10±0.37     | 1.06±0.73    | 14.8±4.57    |
| F127/P105-MTX | 51.3±18.2  | 120.5±15.3 | 1.02±0.46     | 1.17±0.66    | 14.4±3.03    |

**Notes:** Mean  $\pm$  standard deviation (n=3). There was no significant difference in the above-mentioned parameters among different MTX formulations when compared with the saline group (P>0.05).

Abbreviations: MTX, methotrexate; ALT, alanine transaminase; AST, aspartate transaminase; TBIL, total bilirubin; BUN, blood urea nitrogen; CRE, creatinine.

| Groups        | WBC (10 <sup>°</sup> /L) | RBC (10 <sup>12</sup> /L) | PLT (10%/L) |
|---------------|--------------------------|---------------------------|-------------|
| Saline        | 5.34±1.47                | 6.28±1.52                 | I,249±233   |
| MTX           | 5.11±1.18                | 7.33±1.05                 | 1,254±217   |
| F127/P105/MTX | 5.27±0.84                | 6.89±1.41                 | I,295±370   |
| F127/P105-MTX | 5.49±1.03                | 7.37±0.94                 | 1,327±197   |

**Notes:** Mean  $\pm$  standard deviation (n=6). There was no significant difference in the above-mentioned parameters among different MTX formulations when compared with the saline group (P>0.05).

Abbreviations: MTX, methotrexate; WBC, white blood cell; RBC, red blood cell; PLT, platelet.

cause acute toxicity to the hematological system and major organs in mice.

#### Disclosure

The authors report no conflicts of interest bis work.

### Conclusion

In this report, the therapeutic effect of MTX-conjugated Pluronic-based polymeric micelles (F127/P105-MTX) and conventional MTX-entrapped polymeric micelles (F127/ P105/MTX) was evaluated in vitro and in vivo. F127/ P105-MTX displayed higher cellular uptake ability in KBv cells than that of F127/P105/MTX, through folate receptormediated transcytosis. Both F127/P105-MTX and F127/ P105/MTX were found to be internalized by clathrin- and caveolae-mediated endocytosis in KBv cancer cells, and free FA can significantly reduce the cellular uptake of F127/P105-MTX in KBv cells. The antitumor efficacy of F12 P105-MTX was significantly enhanced in comparison with F127/P105/MTX in 3D tumor spheroid cell-base enograft nude mice-based models. Preliminary sa *cy* eval tion revealed that no acute hematological tox. v or histopathological abnormalities were oserve ter treatment. Our results showed the fave in vitro an n vivo efficacy and a good biological salety of C alent conjugated which could be MTX-based micelle system ributed to the receptor-mediated activ argeting effect in folate receptoroverexpressed cancerou ell

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