

Modification of paclitaxel-loaded solid lipid nanoparticles with 2-hydroxypropyl- β -cyclodextrin enhances absorption and reduces nephrotoxicity associated with intravenous injection

Jong-Suep Baek*
Ju-Heon Kim*
Jeong-Sook Park
Cheong-Weon Cho

College of Pharmacy and Institute of Drug Research and Development, Chungnam National University, Daejeon, South Korea

*These authors contributed equally to this work

Background: Paclitaxel (PTX) solid lipid nanoparticles (SLNs) modified with 2-hydroxypropyl- β -cyclodextrin (HPCD) were evaluated for their ability to enhance PTX absorption and reduce the nephrotoxicity accompanying intravenous administration.

Methods: PTX-loaded SLNs (PS) and PTX-loaded SLNs modified using HPCD (PSC) were prepared by hot-melted sonication. The anticancer activity of PSC was evaluated in MCF-7 cells, and confocal microscopy was used to quantify the cellular uptake. The pharmacokinetic profiles of PTX released from PSC after intravenous administration were studied in rats. Furthermore, kidney toxicity was determined by measuring the kidney size and plasma creatinine level.

Results: PSC were successfully prepared by hot-melted sonication and had smaller diameters than PS. PSC exhibited improved anticancer activity and cellular uptake in MCF-7 cells. Furthermore, PSC showed higher bioavailability in rats after intravenous administration than PTX solution; however, no significant differences in kidney toxicity were observed.

Conclusion: Based on these results, PSC could be considered as a potential therapeutic PTX delivery system for breast cancer with low renal toxicity.

Keywords: paclitaxel, solid lipid nanoparticles, 2-hydroxypropyl- β -cyclodextrin, bioavailability, nephrotoxicity

Introduction

Paclitaxel (PTX), the first of a new class of microtubule-stabilizing agents, has been used as an effective chemotherapeutic agent for a wide variety of tumors such as ovarian, breast, and lung cancers.¹ Available commercially as Taxol[®], a concentrated solution containing 6 mg/mL PTX in cremophor EL (polyoxyyl 35 castor oil) and dehydrated alcohol (1:1, v/v) because of the poor aqueous solubility of PTX (0.3–0.5 μ g/mL).^{1–4} The use of cremophor EL in Taxol[®] is associated with hypersensitivity reactions such as neurotoxicity and nephrotoxicity. Hence, more effort has been put on the development of cremophor EL-free alternative carrier systems including liposomes,⁵ complexation with cyclodextrin,⁶ emulsions,⁷ microspheres,⁸ and polymeric nanoparticles.⁹ Abraxane[®] is an albumin-bound form of and the first solvent-free PTX nanoparticle to be commercialized, with a mean particle size of ~130 nm.^{10–12}

Of the various formulations, solid lipid nanoparticles (SLNs) have been introduced as a potent carrier system for various pharmaceutical or cosmetically active compounds. SLNs have several advantages, including high biocompatibility, high bioavailability, and controlled release.^{13–18}

Correspondence: Cheong-Weon Cho
College of Pharmacy, Chungnam National University, 220 Gung-dong, Yuseong-gu, Daejeon 305 764, South Korea
Tel +82 42 821 5934
Fax +82 42 823 6566
Email chocw@cnu.ac.kr

We previously reported the formulation of PTX-loaded SLNs modified using 2-hydroxypropyl- β -cyclodextrin (HPCD). The resultant SLNs had improved in vitro cytotoxicity¹⁹ and oral bioavailability.²⁰ Herein, we aimed to decrease the burst release of PTX, reduce its renal toxicity, prolong its anticancer activity, and enhance its absorption. PTX-loaded SLNs modified with HPCD (PSC) were prepared by hot-melted sonication. MCF-7 cells treated with these SLNs were assayed for cytotoxicity, cellular uptake, and apoptosis. Furthermore, tumor xenografts and in vivo bioavailability of PSC administered intravenously in rats were also investigated. Finally, renal toxicity was investigated by determining serum creatinine levels and measuring the kidney size.

Materials and methods

Materials

PTX was provided by Samyang Genex (Daejeon, South Korea). Stearic acid was purchased from Daejung Chemical Co., Ltd. (Cheongwon, South Korea). Poloxamer 188 was obtained from BASF (Ludwigshafen, Germany), and lecithin was acquired from Junsei Chemical Co., Ltd. (Tokyo, Japan). Nile red, 4',6-diamidino-2-phenylindole (DAPI), HPCD, and mannitol were purchased from Sigma-Aldrich (St Louis, MO, USA). All other chemicals and reagents used were of analytical grade.

Preparation of the PS and PSC

PTX-loaded SLNs (PS) or PSC were prepared as previously described.¹⁹ Briefly, 100 mg stearic acid was melted at 80°C in a water bath. PTX (5 mg) was dissolved in ethanol (0.25 mL) by vortexing, and the solution was warmed to 80°C in a water bath. PTX solution was injected into molten stearic acid under sonication. Lecithin (75 mg) and poloxamer 188 (75 mg) were dispersed in 3 mL of distilled water. The mixture was sonicated for 10 minutes at 80°C in a water bath using a probe-type sonicator. This mixture was added to molten stearic acid under sonication for 10 minutes at 80°C in a water bath using a probe-type sonicator. The resulting solution was dispersed in 2 mL of distilled water at

4°C and sonicated for 15 minutes. HPCD (400 mg) was added to the SLN dispersion and shaken for 40 minutes. Samples were freeze-dried until further use. Each formulation is listed in Table 1. As a control, PTX solution was prepared as the Taxol® formulation.

Cell culture

MCF-7 cells were purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA). The cells were cultured in Dulbecco's Modified Eagle's Medium supplemented with 10% fetal bovine serum and 100 units/mL penicillin in a humidified atmosphere of 5% CO₂ at 37°C.

Proliferation assay of PS and PSC

To evaluate the proliferation of PS or PSC, the MTT assay (Sigma-Aldrich) was carried out. Briefly, MCF-7 breast cancer cells were seeded in 96-well plates at a cell density of 5×10⁴ cells/mL (200 μ L/well). After 24 hours, the cells were further incubated for 24 hours, 48 hours, or 72 hours in a fresh medium containing PS or PSC. The culture medium was replaced by MTT solution (5 mg/mL, 200 μ L/well), and the cells were incubated for a further 4 hours. The supernatant was discarded, and 200 μ L of dimethylsulfoxide was added to the wells. The plates were then placed in an incubator for 30 minutes. The absorbance values of each well were recorded at 570 nm using a microplate reader (Sunrise™; Tecan, Austria).

Cellular uptake using confocal microscopy

To evaluate qualitatively uptake into MCF-7 cells, Nile red-loaded SLNs (NS) or Nile red-loaded SLNs modified with HPCD (NSC) were prepared by the method described in the section "Preparation of the PS and PSC". On glass slides (Thermo Fisher Scientific, Waltham, MA, USA), MCF-7 cells were seeded at a density of 1×10⁶ cells per well in 1 mL growth medium and incubated for 24 hours to allow attachment. Cells were then incubated with NS or NSC in growth medium for 2 hours or 8 hours. Cells were washed

Table 1 Composition of PTX-loaded SLNs or PTX-loaded SLNs modified with HPCD

(Unit: mg)	PTX	Stearic acid	Lecithin	Poloxamer 188	Mannitol	HPCD
PS	5	100	75	75	100	–
PSC	5	100	75	75	–	400

Notes: The particle size of PS was 302.10±11.69 nm and that of PSC was 251.40±12.0 nm. And, the polydispersity of PS was 0.251±0.008 and that of PSC was 0.264±0.013.

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; PS, PTX-loaded SLNs; HPCD, 2-hydroxypropyl- β -cyclodextrin; PSC, PTX-loaded SLNs modified using HPCD.

twice with PBS (pH 7.4) before staining with 1 $\mu\text{g}/\text{mL}$ DAPI in PBS for 3 minutes and washing twice with PBS. The cells were observed directly under a confocal microscope (CLSM, Model: LSM5LIVE; Carl Zeiss Meditec AG, Jena, Germany).

Apoptosis assay by flow cytometry

MCF-7 cells were treated with each PTX solution, PS, and PSC corresponding 10 μM PTX for 24 hours, harvested, and washed three times with PBS. The cells were first incubated with 100 μL of binding buffer and stained with 5 μL of annexin V-FITC and 5 μL of propidium iodide (PI) according to the manufacturer's instruction (BD Biosciences, San Jose, CA, USA). The cells were then analyzed by flow cytometry (FACS Canto II, BD Biosciences). Data were analyzed and plotted for annexin V-FITC and PI in a two-way dot plot. Live, early apoptotic, late apoptotic, and necrotic cells were identified as annexin $^-$ /PI $^-$, annexin $^+$ /PI $^-$, annexin $^+$ /PI $^+$ and annexin $^-$ /PI $^+$, respectively.

Pharmacokinetic study

The pharmacokinetics of each PTX solution, PS, and PSC were investigated using male Sprague Dawley (SD) rats (NARA biotech, Seoul, Korea) weighing 200–250 g. All animal studies were conducted in accordance with the "Guiding Principles in the Use of Animals in Toxicology" adopted by the Society of Toxicology (USA), and the experimental protocols were approved by the Animal Care Committee of Chungnam National University. The rats were provided commercial rat chow diet (No 322-7-1) from Superfeed Co. (Gangwon, Korea) and tap water ad libitum. The animals were housed three per cage in laminar flow maintained at $22^{\circ}\text{C}\pm 2^{\circ}\text{C}$ and 50%–60% relative humidity. The animals were kept in these facilities for at least 1 week before the experiment and were fasted for at least 24 hours before commencing the experiments. The different formulations of PTX were diluted with saline to 5 mg/mL PTX and administered by intravenous injection into the tail vein at a dose of 5 mg/kg ($n=3$ for each group). A total of 300 μL of blood samples were collected from retro-orbital veins at different times (0.08 hour, 0.17 hour, 0.25 hour, 0.5 hour, 0.75 hour, 1 hour, 2 hours, 3 hours, 4 hours, 6 hours, and 8 hours) in polypropylene microcentrifuge tubes. The samples were immediately centrifuged at $9,425\times g$ for 5 minutes to isolate the plasma, which was stored at -80°C and subsequently analyzed by HPLC. To determine the plasma PTX concentration, 200 μL of acetonitrile was added to 100 μL of plasma and vortexed for

5 minutes. Then, samples were centrifuged at $11,310\times g$ for 5 minutes. The supernatant was transferred to another tube and evaporated to dryness using nitrogen gas. The residues were dissolved in 50 μL acetonitrile, and 20 μL aliquots were used for HPLC analysis. An Agilent 1,100 liquid chromatography system with an autosampler and UV detector was used with a C18 column (4.0 \times 250 mm, 5 μm particle size, SupelcoTM; MetaChem, Torrance, CA USA). The flow rate was 1 mL/min, and the detection wavelength was set to 227 nm. The mobile phase was a mixture of distilled water and acetonitrile (55:45, v/v). All procedures were carried out at an ambient temperature.

Evaluation of nephrotoxicity

The severity of nephrotoxicity was assessed by both kidney weight and serum creatinine level after the pharmacokinetic study. Serum was obtained 8 hours after intravenous administration of PTX solution, PS, or PSC, and kidneys were obtained after sacrifice. Serum creatinine was measured using a creatinine assay kit from Sigma-Aldrich. The absolute and relative (organ-to-body weight ratios) kidney weights were measured for all experimental animals.

In vivo antitumor efficacy test

Briefly, a solid tumor was established by subcutaneous injection of 0.1 mL MCF-7 cell suspension (1×10^6 cells per mouse) in the right flank of female BALB/c nude mice (6 weeks old; Charles River Laboratories International Inc., Frederick, MD, USA). The experimental protocols were approved by the Animal Care Committee of Chungnam National University. Tumor growth was documented by measuring the length and width of the tumors using a Vernier Caliper twice weekly, and tumor volumes were calculated as $\text{length}\times \text{width}^2/2$. Intratumoral therapy was initiated when tumors reached a volume of $\sim 100\text{ mm}^3$. On day 6, the mice were randomly divided into three groups, and PTX solution (100 μL 10 mg/kg PTX dispersed in saline), PSC (100 μL 10 mg/kg PTX dispersed in saline), or saline (100 μL) was intratumorally administered in three doses (on days 6, 13, and 20 after tumor inoculation). Weight changes were measured to evaluate the antitumor effects.

Statistical analysis

Student's *t*-test was used to compare the groups. A *P*-value < 0.05 was considered statistically significant. All data were expressed as the mean \pm standard deviation from three independent experiments.

Results and discussion

Cell proliferation study

The antiproliferation efficiency of PS or PSC was investigated in MCF-7 cells. Incubation of MCF-7 cells for 24 hours, 48 hours, or 72 hours with PSC containing PTX at concentrations up to 10 μM efficiently inhibited proliferation. Both PS and PSC exhibited concentration- and time-dependent inhibitory effects (Figure 1). As a reference, the viability of Caco-2 cells treated with PTX solution for 72 hours was 71.45.¹⁹ The inhibition efficiency of PS and PSC containing 5 μM and 10 μM PTX increased upon increasing the incubation time from 24 hours to 48 hours. The cell viability after treatment with PSC significantly decreased upon increasing the incubation time up to 72 hours at both PTX concentrations. These results indicated that PSC exhibited a sustained and prolonged cytotoxic effect in MCF-7 cells.

Cellular uptake study

To observe cellular uptake by confocal microscopy, MCF-7 cells were treated with Nile red solution, NS, or NSC (Figure 2). NS and NSC exhibited more fluorescence than Nile red solution at all incubation times. Furthermore, NSC showed the highest fluorescence among the tested formulations. The enhanced uptake of Nile red from NSC might be owing to the increased solubility of Nile red by HPCD in the cell membranes. Yamazaki and Ito reported that high-solubility materials such as PEG can facilitate the cellular uptake of nanoparticles.²¹ Furthermore, particle size and

shape were previously reported to significantly affect cellular uptake.²² Our previous study reported that the particle size of PSC was 251.4 ± 12.0 nm. Therefore, the small PSC particle size might improve the rate and amount of cellular uptake.¹⁹ Because NSC was prepared using the same method as that of PSC, the high fluorescence observed for NSC is consistent with the results obtained previously.

Apoptosis assay by flow cytometry

Apoptotic effect of PTX was examined by staining PTX solution-, PS-, or PSC-treated MCF-7 cells with annexin V-FITC/PI (Figure 3). Apoptosis or programmed cell death occurring after efficient cell damage plays an important role in the development and health of multicellular organisms. Dysregulation of apoptosis can disrupt the balance between cell growth and cell death and is thus an important step in cancer development.²³ Evasion of apoptosis has been considered a hallmark of cancer.²⁴ Treatment with PS or PSC for 8 hours dramatically increased the population of annexin V-positive cells to 26.0% or 44.5%, respectively, indicating the occurrence of late apoptosis in MCF-7 cells. Furthermore, PS and PSC increased the population of PI-positive cells to 17.0% and 20.9%, respectively. Notably, compared with PTX solution or PS, PSC exhibited 44.5% apoptotic cell death and 20.9% necrotic cell death because apoptosis and necrosis were more sustained at increased incubation time. Based on these results, we hypothesized that HPCD enhanced PTX-induced apoptosis in PSC, which is consistent with the cell proliferation data.

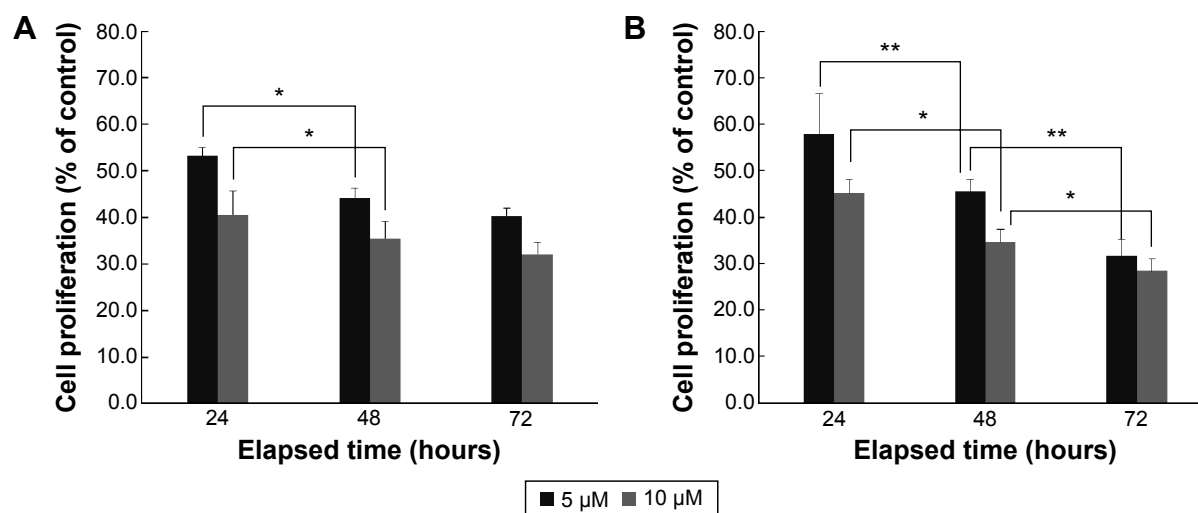


Figure 1 Cell proliferation of PTX-loaded SLNs (A) and PTX-loaded SLNs modified with HPCD (B) at 5 μM or 10 μM PTX concentration for 24 hours, 48 hours, or 72 hours incubation by MTT assay ($n=3$, mean \pm SD). * $P<0.05$; ** $P<0.01$.

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

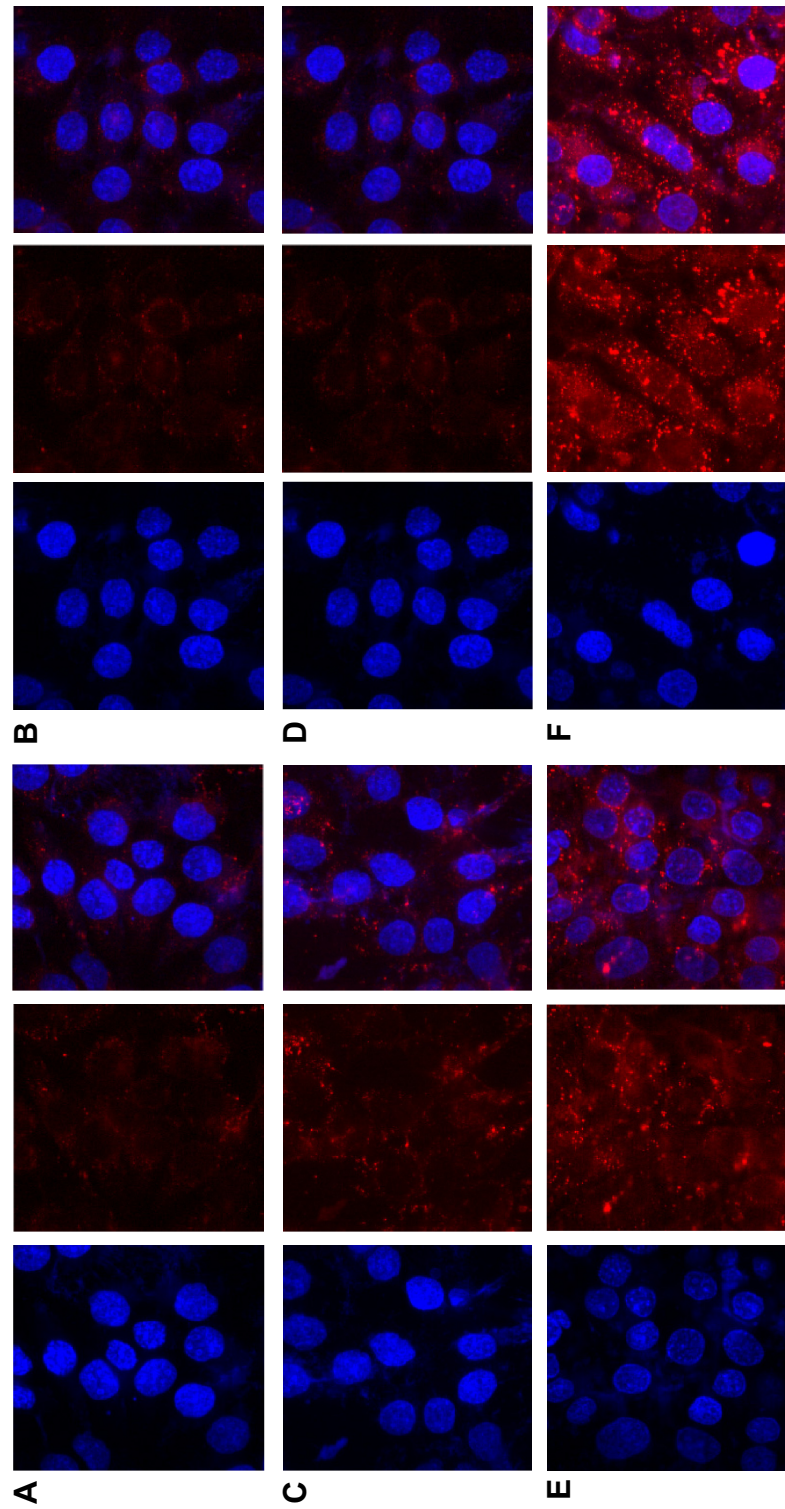


Figure 2 Cellular uptake into MCF-7 cells treated with Nile red solution, Nile red-loaded SLNs, or Nile red-loaded SLNs modified with HPCD for 2 hours or 8 hours of incubation.
Notes: (A) Nile red solution for 2 hours, (B) Nile red solution for 8 hours, (C) Nile red solution for 8 hours, (D) Nile red-loaded SLNs for 2 hours, (E) Nile red-loaded SLNs for 8 hours, (F) Nile red-loaded SLNs modified with HPCD for 8 hours.

Abbreviations: SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

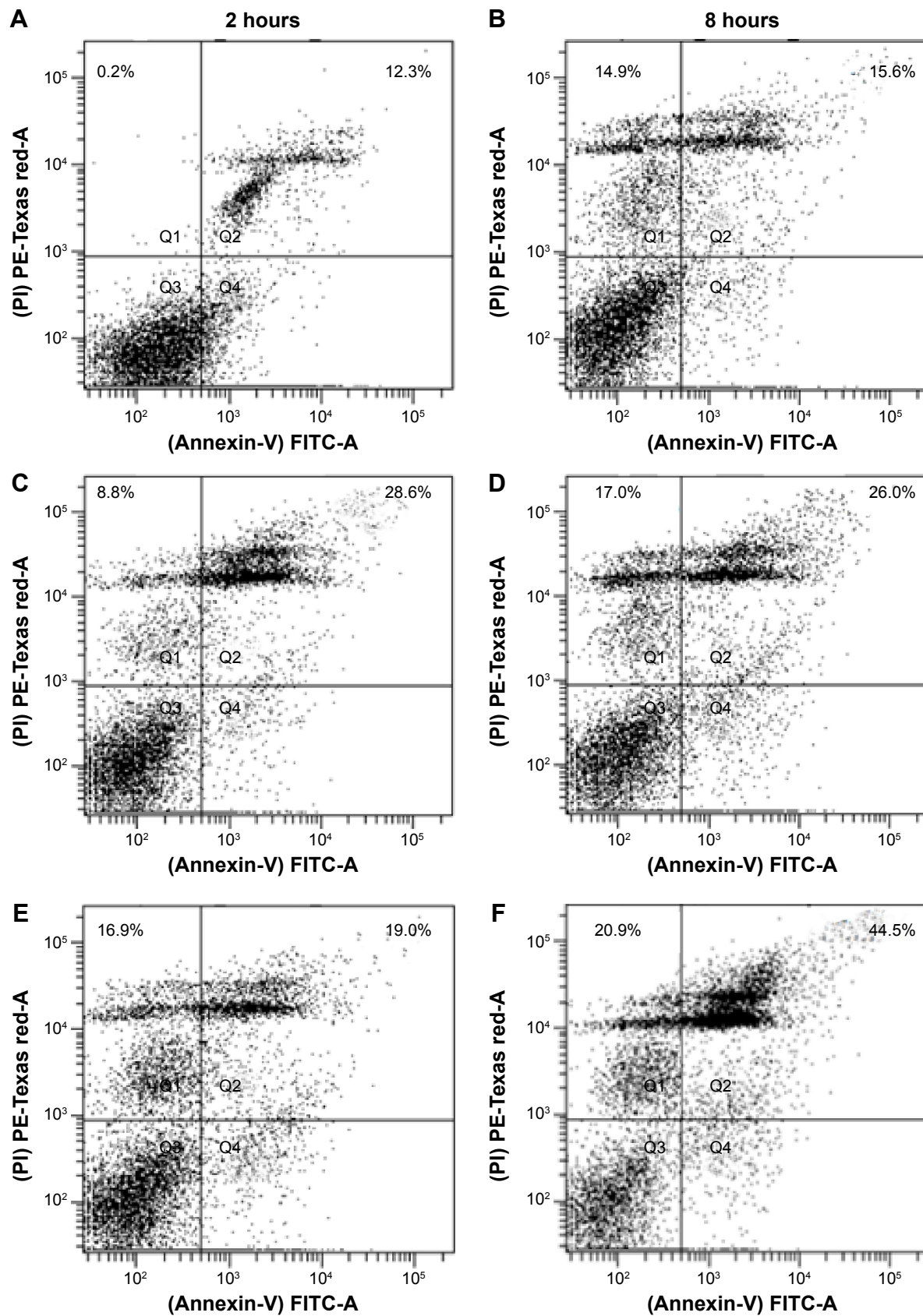


Figure 3 Apoptotic assay in MCF-7 cells treated with PTX solution, PTX-loaded SLNs, or PTX-loaded SLNs modified with HPCD corresponding 10 μ M of PTX for 2 hours or 8 hours of incubation.

Notes: (A) PTX solution for 2 hours, (B) PTX solution for 8 hours, (C) PTX-loaded SLNs for 2 hours; (D) PTX-loaded SLNs for 8 hours, (E) PTX-loaded SLNs modified with HPCD for 2 hours, (F) PTX-loaded SLNs modified with HPCD for 8 hours.

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

Pharmacokinetic study

The PTX concentrations in the samples were determined using a calibration curve obtained in the concentration range of 0.1–200 $\mu\text{g/mL}$, and the limit of detection was 0.05 $\mu\text{g/mL}$. The pharmacokinetic profiles of PTX after intravenous injection of PTX solution, PS, or PSC (corresponding to 5 mg/kg PTX) are shown in Figure 4. The calculated pharmacokinetic parameters such as area under the curve (AUC), plasma elimination half-life ($t_{1/2}$), and total body clearance (CL) using Winnolin (Pharsight Corporation, St Louis, MO, USA) are summarized in Table 2. The plasma concentration of PTX after administration of all three formulations exhibited a biphasic decline. Although the plasma concentrations of PTX released from PS or PSC were lower than that of PTX solution at 0.08 hour and 0.17 hour after intravenous injection, both formulations significantly prolonged the retention of PTX in circulatory system. The $\text{AUC}_{0-\infty}$, $t_{1/2}$, and CL for PTX solution were 2.57 $\mu\text{g}\cdot\text{h/mL}$, 0.45 hour, and 1.75 L/h/kg, respectively, and those for PS were 3.31 $\mu\text{g}\cdot\text{h/mL}$, 0.66 hour, and 1.35 L/h/kg, respectively. Interestingly, PSC showed a significant twofold increase in $\text{AUC}_{0-\infty}$ and 2.3-fold increase in $t_{1/2}$ compared with PTX solution. Many studies have demonstrated that the intravenous nanoparticle system can significantly alter the pharmacokinetic profiles of drugs.²⁵ Our studies also showed that PS and PSC have different pharmacokinetic properties. PSC had delayed blood clearance compared with PTX solution. It was well known that drugs can circulate for a certain period after injection before they are recognized as foreign matters and rapidly cleared by phagocytic cells of the mononuclear phagocyte system, which are abundant in special tissues and organs such as the liver and lung.^{26–28} The relatively higher initial plasma concentration and longer drug retention of PSC suggested that HPCD-stabilized SLNs might be a promising carrier to

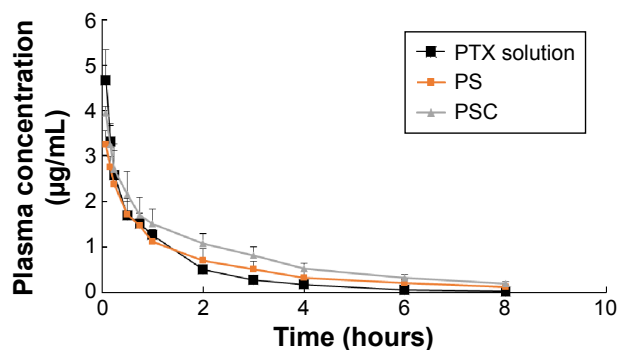


Figure 4 The concentration of PTX levels in rat plasma after intravenous injection of 5 mg/kg dose of PTX solution, PTX-loaded SLNs (PS) or PTX-loaded SLNs modified with HPCD (PSC).

Note: Each point represents the mean \pm SD of three rats per time point.

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

Table 2 The pharmacokinetic parameters observed in rats after intravenous injection of 5 mg/kg dose of PTX solution, PTX-loaded SLNs or PTX-loaded SLNs modified with HPCD. The results represent the mean \pm SD of three rats

	$\text{AUC}_{0-\infty}$ ($\mu\text{g}\cdot\text{h/mL}$) ^a	$t_{1/2}$ (h) ^b	CL (L/h/kg) ^c
PTX solution	2.57 \pm 0.33	0.45 \pm 0.07	1.75 \pm 0.20
PS	3.31 \pm 0.34	0.66 \pm 0.10	1.35 \pm 0.18
PSC	5.07 \pm 0.68*	1.03 \pm 0.17*	0.99 \pm 0.13*

Notes: ^aArea under the plasma concentration-time curve. ^bElimination half time. ^cTotal body clearance. * $P < 0.05$ compared with PTX solution.

Abbreviations: AUC, area under the curve; CL, clearance; PTX, Paclitaxel; PS, PTX-loaded SLNs; PSC, PTX-loaded SLNs modified using HPCD; HPCD, 2-hydroxypropyl- β -cyclodextrin.

reduce the elimination of PTX by the mononuclear phagocyte system and extend the residence time of PTX in the circulatory system.²⁹ Since PSC showed lower clearance and higher AUC than those of PTX solution, it was expected that PSC could prolong the exposure of cancer cells to PTX and extend its in vivo antitumor activity.

Evaluation of nephrotoxicity

The commercial formulation of PTX has resulted in cumulative sensory-dominant peripheral nephrotoxicity in humans, characterized clinically by numbness and/or paresthesia of the extremities due to the use of cremophor EL. Additionally, the damaged kidneys gain weight, and the serum creatinine level increases as the damage increases.^{30–34} Therefore, the renal effects of PTX solution, PS, or PSC were examined by determining the kidney weights and serum creatinine levels. The normalized kidney weight after treatment with PTX solution was 4.87 \pm 0.35 mg/g, significantly (1.35-fold) higher than that of nontreated kidney (Figure 5A). However, the normalized kidney weight after treatment with PS or PSC was 3.87 \pm 0.11 mg/g or 3.60 \pm 0.26 mg/g, respectively, and was not significantly different from that of nontreated kidney. We also measured serum creatinine levels 8 hours after intravenous administration of PTX solution, PS, or PSC (Figure 5B) as 0.52 \pm 0.06 mg/dL, 0.44 \pm 0.02 mg/dL, or 0.39 \pm 0.03 mg/dL, respectively. PS and PSC showed insignificant changes in kidney weight and plasma creatinine level after intravenous injection, suggesting no kidney toxicity compared with the commercial formulation including cremophor EL.

Antitumor efficacy

PTX solution, PSC, and a saline control were separately injected thrice (10 mg/kg each) on days 6, 13, and 20 after tumor inoculations. There were no significant differences in the sizes of tumors until day 23 between PTX solution- and PSC-treated mice (Figure 6A). However, tumor volume was remarkably small, that is, 309.6 \pm 18.7 mm³ or 264.5 \pm 23.5 mm³,

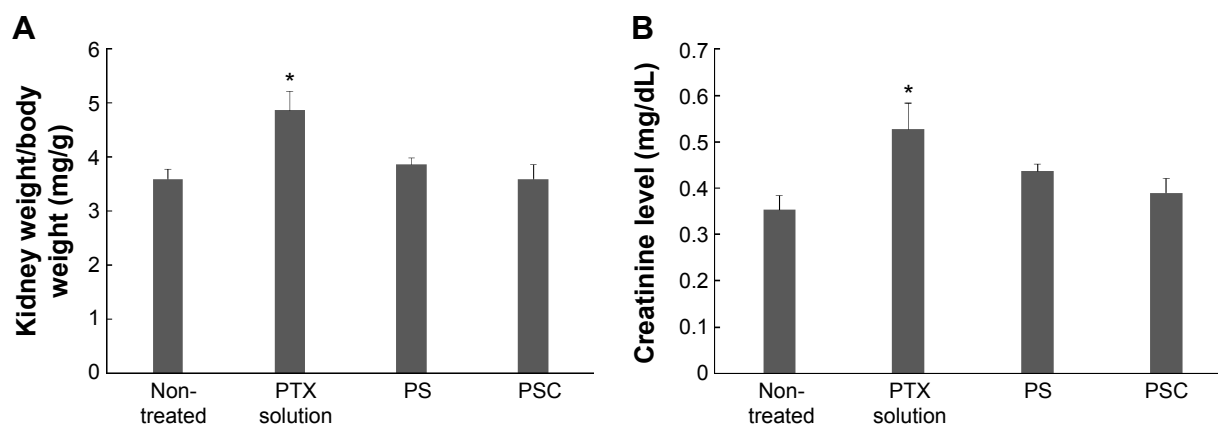


Figure 5 The normalized kidney weight (**A**) and serum creatinine level (**B**) of intravenous injection with PTX solution, PTX-loaded SLNs (PS), or PTX-loaded SLNs modified with HPCD (PSC) after 8 hours of intravenous injection

Notes: n=3, mean \pm SD. * $P < 0.05$ compared with control.

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

respectively, when treated with PTX solution or PSC after 27 days. In particular, mice treated with PSC had smaller tumor volumes than those treated with PTX solution, indicating greater antitumor efficacy of PSC than that of PTX solution. This is most likely owing to the high cellular uptake and expected sustained release profiles of PTX from PSC within the tumor tissue based on the apoptosis results.

The mean body weight changes of mice treated with PTX solution or PSC are shown in Figure 6B. Measurement of body weight variations can be used to define the systemic toxicity of a drug. PTX solution and PSC resulted in 7.5% and 6.4%, respectively, average maximum weight loss within 9 days. Despite the similar acute reductions in body weight, weight recovery was more rapid following administration of PSC. The increased body weight of mice treated with PTX

solution or PSC after 9 days may be due to normal growth coupled with growth of tumors.³⁵ Mice treated with PSC regained their initial body weight by day 13, whereas mice treated with PTX solution regained their initial body weight by day 20. These results suggest that PSC is less toxic to normal organs compared with PTX solution.

Conclusion

PSC exhibited sustained cytotoxicity against MCF-7 cells and displayed strong antitumor activity without a corresponding change in body weight. Furthermore, PSC increased absorption of PTX and reduced nephrotoxicity when administered intravenously. Based on these results, PSC could be considered as a promising intravenous drug delivery system with enhanced absorption and reduced nephrotoxicity.

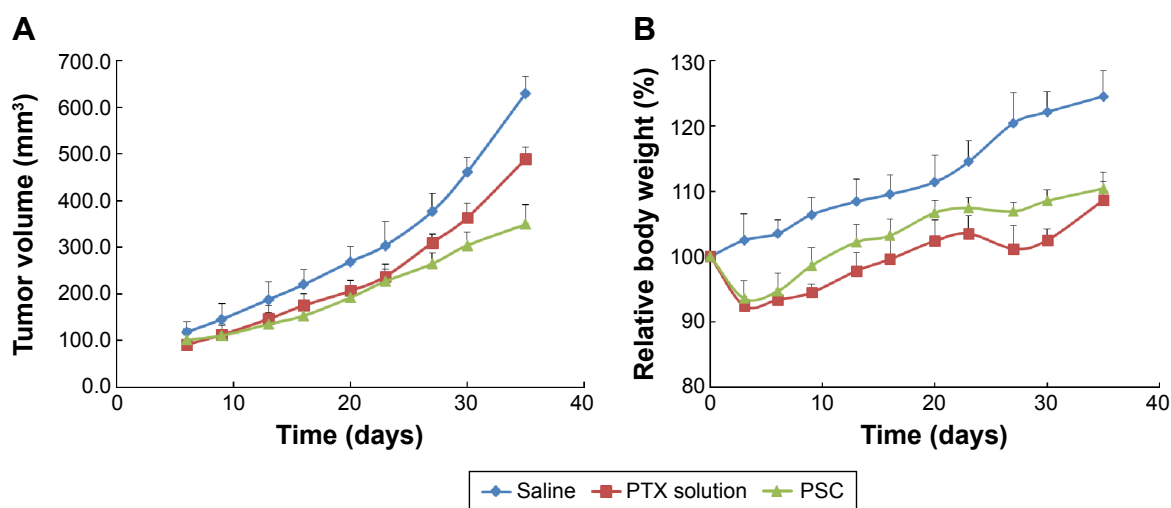


Figure 6 The effect of PTX-loaded SLNs modified with HPCD on tumor volume and body weight.

Notes: The changes of tumor volumes (**A**) and body weight (**B**) according to the administration of saline, PTX solution, or PTX-loaded SLNs modified with HPCD (PSC) (n=3, mean \pm SD).

Abbreviations: PTX, Paclitaxel; SLNs, solid lipid nanoparticles; HPCD, 2-hydroxypropyl- β -cyclodextrin.

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Disclosure

The authors report no conflicts of interest in this work.

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