ORIGINAL RESEARCH

# An evaluation of the analgesic effect of AnestaGel<sup>™</sup> on mechanical allodynia in a rat model of postoperative incisional pain

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<sup>1</sup>Department of Anesthesiology, University of Minnesota, Minneapolis, MN, USA; <sup>2</sup>InSitu Biologics, LLC, St Paul, MN, USA **Purpose:** Sustained release hydrogel with bupivacaine (AnestaGel<sup>M</sup>) is a novel formulation of extended release bupivacaine in a biohydrogel Matrix<sup>M</sup>. We sought to compare the analgesic effects via mechanical allodynia, the pharmacokinetic characteristics via serum blood levels, and the local tissue effects via pathology, following injection of either sustained release hydrogel with bupivacaine, liposome bupivacaine, or hydrogel only (negative control group).

**Materials and methods:** Ninety rats (30 in each group) were randomized to receive a sciatic nerve block injection of either sustained release hydrogel with bupivacaine, liposome bupivacaine (Exparel<sup>®</sup>), or a biohydrogel matrix. The total force generated was obtained at varying time points. Pathologic analysis was undertaken on days 5 and 42 of the study. Six additional rats (two in each group) were randomized to receive a sciatic nerve block injection of either sustained release hydrogel with bupivacaine, liposome bupivacaine, or bupivacaine and pharmacokinetic data were obtained for up to 120 hours.

**Results:** The sustained release hydrogel with bupivacaine group had significantly better response to mechanical allodynia compared to the other two groups. The pathology showed no significant adverse events at 42 days in any group. Finally, bupivacaine was present longer in the serum of sustained release hydrogel with bupivacaine group than the other two groups.

**Conclusion:** The sustained release hydrogel with bupivacaine achieved longer lasting analgesia with no significant findings on pathology at 42 days when compared to both positive and negative controls.

Keywords: mechanical allodynia, local anesthetics, extended release, nerve block

## Introduction

Pain management continues to remain an important part of intraoperative and postoperative patient care. Several papers and societies have advocated for a multimodal analgesic approach to the management of postoperative pain, with a local anesthetic being a component of that approach.<sup>1-4</sup> However, local anesthetics are limited in their effectiveness by their duration of action. Local anesthetics can be given via a catheter technique to extend their duration of action, but these techniques are sometimes more difficult to place and are associated with catheter dislodgement.<sup>5</sup>

Additionally, there have been several extended release formulations of local anesthetics developed, which prolong the duration of action of the local anesthetic.<sup>6,7</sup> Liposome bupivacaine (Exparel<sup>®</sup>; Pacira Pharmaceuticals Inc., Parsippany-Troy Hills, NJ, USA) is a multivesicular liposomal formulation of 1.3% bupivacaine. It has shown prolonged release compared to placebo in wound infiltration and peripheral

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Sustained release hydrogel with bupivacaine (AnestaGel<sup>TM</sup>; InSitu Biologics, LLC, St Paul, MN, USA) is a novel formulation of extended release bupivacaine in a biohydrogel Matrix<sup>™</sup> (InSitu Biologics, LLC). This formulation allows for a single injection of bupivacaine hydrogel into the tissue to prolong the release of local anesthetic. The matrix biohydrogel is tunable, biocompatible, and bioabsorbable. Prior formulations of sustained release hydrogel with bupivacaine have shown prolonged efficacy, but to date, no good laboratory practice (GLP) studies have been performed using sustained release hydrogel with bupivacaine. The objectives of this study were to evaluate under GLP 1) the analgesic effects of sustained release hydrogel with bupivacaine on mechanical allodynia; 2) the local tissue effects following injection of sustained release hydrogel with bupivacaine; and 3) the pharmacokinetic characteristics of sustained release hydrogel with bupivacaine analyzed by measuring serum blood levels.

## Materials and methods

This study was conducted in accordance with the US Food and Drug Administration Regulations on Good Laboratory Practice for Nonclinical Laboratory Studies CFR Title 21 Part 58, with the exception of blood sample processing. The pharmacokinetic portion of the study was not in accordance with GLP, but in accordance with the medical research organization NAMSA's Institutional Animal Care and Use Committee protocol #17-12-8, which also approved this study. For the GLP portion of the study, 90 Sprague Dawley male rats weighing 150–250 g were selected for the analgesic and pathologic portions of this study. An additional six Sprague Dawley male rats weighing between 350 and 450 g were chosen for the pharmacokinetic portion of the study. Thus, the total number of rats used in the study was 96.

Figure 1 displays a summary of the GLP portion of the study. These animals were received, acclimated, and verified to be in good health prior to use. Within 2 days of the study, they underwent baseline nociceptive testing to assess the withdrawal threshold to mechanical stimulation using electronic von Frey (eVF) fibers. Animals were randomly divided into three groups. The test group (n=30) received sustained release hydrogel with bupivacaine (Ref No. P105C, Lot No. NB 100.101.1865, p.1) with a two-part hydrogel formulation consisting of drug reservoir particles suspended in a binding hydrogel matrix. Drug reservoir particles contained 200 mg/mL 5.5% tyrosine-substituted hyaluronan (TsHA). The binding matrix was formulated with 10 mg/mL 1.2% TsHA. The overall sustained release hydrogel with bupivacaine dose contained 105 mg/mL of bupivacaine. The second group (n=30) was a positive control and received liposome bupivacaine (Exparel; 1.33%, NDC 65250-266-20). The third group (n=30) received a negative control consisting of the sustained release hydrogel without any bupivacaine added.

Animals were transferred to the procedure room, anesthetized with inhaled isoflurane, and the left hind paw was prepared for aseptic surgery. Surgical creation of a 1 cm longitudinal incision along the plantar aspect of the left foot was performed and the incision was closed in the standard fashion. Following the incisional procedure, each animal received an injection of 0.1 mL of the corresponding treatment targeting the sciatic nerve between the greater trochanter and the



Figure I The study design for the mechanical allodynia and pathology portion of the study

ischial tuberosity. All animals recovered from anesthesia and returned to their general housing area. Nociceptive testing was performed at 2, 6, 10, 24, 48, 72, 96, and 120 hours postinjection. Mechanical allodynia was tested using eVF Anesthesiometer (IITC Life Science, Woodland Hills, CA, USA). The testing was on the plantar surface of the ipsilateral and contralateral hind paw of each animal. This was repeated a total of three times at each time period to obtain an average force number for each time period. Pressure was applied with the probe tip with increasing force within 1 mm of the midline of the incision. Animal observations occurred at least once a day.

Twenty animals from each group (a total of 60 rats) survived a total of 5 days. Additionally, 10 rats from each group (a total of 30 rats) survived a duration of  $42\pm3$  days. All animals were humanely euthanized and submitted for gross necropsy. The injection sites of each animal, including the sciatic nerve and the local lymph nodes (popliteal, iliac, and/or prefemoral), were collected, processed for histology, and submitted

to a board-certified veterinary pathologist for analysis. Tissue samples were prepared and hematoxylin and eosin slides were prepared. The pathologist tested for local effects after implantation, including inflammation, hemorrhage, foreign debris, neovascularization, and necrosis. Scoring criteria for pathology was on the scale of absent 0, minimal 1, mild 2, moderate 3, and marked 4 (Table 1). Irritant rank scores were also calculated. This was accomplished by totaling the implant scores (inflammatory cells + tissue response) for each implant site scored. The Group Average was equal to the sum of the total scores for that group divided by the number of implant sites, rounded to the nearest 10th. The Irritant Ranking Score was derived as follows: Test Article Group Average Score -Control Article Group Average Score = The Irritant Ranking Score. Nonirritant was a score of 0.0-2.9; slight irritant was a score of 3.0-8.9; moderate irritant was a score of 9.0-15.0; finally, severe irritant was a score larger than 15.0.

For the pharmacokinetic portion of the study, six male Sprague Dawley rats weighing between 350 and 450 g were

Score	0	I (minimal)	2 (mild)	3 (moderate)	4 (marked)
Inflammatory cells: polymorphonuclear cells, lymphocytes, plasma cells, eosinophils, macrophages, multinucleated cells	Cells not present	Cells distributed in a widely scattered fashion, 1–5 cells per field of view at 400× magnification	Cells present in small clusters with 5–10 cells per field of view at 400× magnification	Cells present in heavy infiltrates, where as many as 25 cells can be identified per field of view at 400× magnification	Cells packed in each field of view at 400× magnification
Fibroblasts	Cells not present	Cells distributed in a widely scattered fashion, 1–5 cells per field of view at 400× magnification	Cells present in small clusters with 5–10 cells per field of view at 400× magnification	Cells present in heavy infiltrates, where as many as 25 cells can be identified per field of view at 400× magnification	Cells packed in each field of view at 400× magnification
Neovascularization: quantify	Not present	Less than 5 vascular profiles present in a 20× objective field	5–10 vascular profiles present in a 20× objective field	10–20 vascular profiles present in a 20× objective field	Greater than 20 vascular profiles present in a 20× objective field
Neovascularization: description	None present	Fine new blood vessels (small venules or capillaries)	Mostly fine new blood vessels with small numbers of venules or arterioles	Mostly new small venules and arterioles with fewer fine vessels	Nearly all new venules and arterioles with some larger vessels
Encapsulation/fibrosis	Not present	Up to 0.50 mm thick	0.51–1.00 mm thick	1.01–2.00 mm thick	Greater than 2.00 mm thick
Fatty infiltrates	Not present	Minimal amount of fat associated with fibrosis	Several layers of fat and fibrosis	Elongated and broad accumulation of fat cells about the implant site	Extensive fat completely surrounding the implant
Necrosis	Not present	Focal, rare necrotic bundles of skeletal muscle	Groups of necrotic muscle	Contiguous and broad areas of muscle necrosis	Complete obliteration of implant by necrotic muscle
Mineralization Hemorrhage, subacute to chronic nerve damage <sup>a</sup>	Not present	Minimal	Mild	Moderate	Marked/severe
Tissue ingrowth into the injected material	Not present	Minimal, >0% up to 25% of the injection field <sup>ь</sup>	Mild, >25% up to 50% of the injection field <sup>b</sup>	Moderate, >50% up to 75% of the injection field <sup>b</sup>	Marked, >75% up to 100% of the injection field <sup>b</sup>

Table I The scoring system for test site inflammation and tissue response

Notes: <sup>a</sup>Nerve damage was seen as axonophagia and myelinophagia. <sup>b</sup>The injection field was considered the area occupied by the injected material.

chosen. The six animals were divided into three groups. The first group (n=2) received sustained release hydrogel with bupivacaine (Ref No. P105C, Lot No. NB 100.101.1865, p.1) with a two-part hydrogel formulation consisting of drug reservoir particles suspended in a binding hydrogel matrix. Drug reservoir particles contained 200 mg/mL 5.5% TsHA. The binding matrix was formulated with 10 mg/mL 1.2% TsHA. The overall sustained release hydrogel with bupivacaine dose contained 105 mg/mL of bupivacaine. The second group (n=2) was a positive control and received liposome bupivacaine (1.33%, NDC 65250-266-20). The third group (n=2) was a positive control and received bupivacaine hydrochloride 0.75%.

For the non-GLP pharmacokinetic portion of the study, animals were anesthetized using inhaled isoflurane, and then each animal received 0.1 mL injection of their corresponding injectate between the greater trochanter and ischial tuberosity targeting the sciatic nerve. Blood sampling occurred via an implanted jugular catheter. The blood sampling was performed at 15 minutes, 45 minutes, 2 hours, 6 hours, and 24 hours for all three groups. Then, for the sustained release hydrogel with bupivacaine and liposome bupivacaine groups, blood sampling occurred at 48, 72, 96, and 120 hours. Blood samples were then sent to BASi laboratory for analysis of serum bupivacaine levels. No further pathologic testing occurred in these six rats.

## Statistical analysis

Statistical analysis was performed by Technomics Research, LLC (Long Lake, MN, USA). The total force generated was analyzed using an unpaired *t*-test and calculated using the average force from each rat at each time point from 2 to 72 hours for 0-72 hours and from 2 to 120 hours for 0-120 hours. The difference between the right paw and left paw was evaluated using

a repeated-measures analysis of variance. The area under the curve analysis was performed using the left paw average force value data and the difference was tested by an unpaired *t*-test.

#### Results

Ninety rats with 30 in each group were included in the GLP portion of the study testing both mechanical allodynia and pathology. Additionally, six rats were included in the final non-GLP pharmacokinetic analysis. We first analyzed the total force generated from 2 to 72 hours after injection in the left (injured) paw. We found that the sustained release hydrogel with bupivacaine group had significantly higher force generated than the control (P=0.0004; Table 2) and the liposome bupivacaine (P=0.0002; Table 3) groups. We then evaluated the total force generated from 2 to 120 hours after injection. The sustained release hydrogel with bupivacaine group had significantly higher force generated when compared to the control group (P=0.0024) and the liposome bupivacaine group (P=0.0005), as shown in Tables 2 and 3. Finally, we compared the right (uninjured) to left (injured) paw values for each group and found that the right paw generated significantly higher force than the left at all time points for all three groups (Table 4).

The results of the pathology tests illustrated that at day 5, five rats (out of 20) in the sustained release hydrogel with bupivacaine group had pathology consistent with either minimal or mild nerve damage. Minimal or mild nerve damage was characterized as axonophagia and/or myelinophagia. On day 42, five rats (out of 10) showed minimal nerve damage in the sustained release hydrogel with bupivacaine group. Neither the liposome bupivacaine group nor the biohydrogel matrix group showed any signs of nerve damage at both day 5 and day 42.

The irritant rank scores for all three groups at 5 and 42 days are listed in Table 5. At the 5-day time point, under the

 Table 2 Total force generated by rats in the injured (left) paw in the SRHB group when compared to the control group or sustained release hydrogel without bupivacaine group

Injectate	0–72 hours, total force	P-value	0–120 hours, total force	P-value
SRHB mean total force (SD)	152.8 (52.36)	0.0004	201.3 (69.22)	0.0024
Control mean total force (SD)	110.8 (34.73)		152.4 (50.52)	

Notes: Control refers to the sustained release hydrogel without bupivacaine group. The values are the mean total force for the 30 rats in each group. Abbreviations: SD, standard deviation; SRHB, sustained release hydrogel with bupivacaine.

Table 3 Total force generated b	y rats in the injured (	(left) paw in the SRH	group when compared to t	ne liposome bupivacaine group
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Injectate	0–72 hours total force	P-value	0–120 hours total force	P-value
SRHB mean total force (SD)	152.8 (52.36)	0.0002	201.3 (69.22)	0.0005
Liposome bupivacaine mean total force (SD)	107.3 (35.30)		144.4 (49.71)	

**Notes:** Control refers to the sustained release hydrogel without bupivacaine group. The values are the mean total force for the 30 rats in each group. **Abbreviations:** SD, standard deviation; SRHB, sustained release hydrogel with bupivacaine.

**Table 4** A comparison between left (injured) and right (uninjured) paws in each group

Test statistic	Paw	Test statistic	<b>P</b> -value
		value	
Average AUC from baseline to 2	Right	128.1	<0.0001
hours in SRHB group	Left	90.1	
Average AUC from 2 to 6 hours	Right	264.3	<0.0001
in SRHB group	Left	121.7	
Average AUC from 6 to 10 hours	Right	255.3	<0.0001
in SRHB group	Left	104.9	
Average AUC from 10 to 24	Right	880.9	<0.0001
hours in SRHB group	Left	320.5	
Average AUC from 24 to 48	Right	1455.8	<0.0001
hours in SRHB group	Left	522.4	
Average AUC from 48 to 72	Right	1305.9	<0.0001
hours in SRHB group	Left	553.7	
Average AUC from 72 to 96	Right	1215.3	<0.0001
hours in SRHB group	Left	598.4	
Average AUC from 96 to 120	Right	1211.4	<0.0001
hours in SRHB group	Left	724.9	
Average AUC from baseline to	Right	125.7	<0.0001
2 hours in liposome bupivacaine	Left	81.2	
group			
Average AUC from 2 to 6 hours	Right	267.7	<0.0001
in liposome bupiyacaine group	Left	74.9	
Average AUC from 6 to 10 hours	Right	254.1	<0.0001
in liposome bupiyacaine group	Left	57.8	
Average AUC from 10 to 24	Right	865.8	<0.0001
hours in liposome hupiyacaine	l eft	2172	<0.0001
group	_0.0		
Average ALIC from 24 to 48	Right	1409 3	<0.0001
hours in liposome hupivacaine	l eft	473.9	<0.0001
group	-0.0		
Average ALIC from 48 to 72	Right	1286 1	<0.0001
hours in liposome hupivacaine	Left	465 7	<0.0001
group	Leit	105.7	
Average ALIC from 72 to 96	Right	11940	<0.0001
hours in linesome hubivacaine	Loft	492.4	<0.0001
group	Leit	772.7	
Average ALIC from 96 to 120 hours	Pight	1193.8	<0.0001
in linesame hubingsing group	Loft	412.2	<0.0001
Average ALIC from baseling to 2	Dight	121.0	-0.0001
Average AOC from baseline to 2	Kignt Loft	77 4	<0.0001
		77. <del>4</del> 200 г	0.0001
Average AUC from 2 to 6 hours	Right	280.5	<0.0001
in the control group	Left	67.3	
Average AUC from 6 to 10 hours	Right	264.8	<0.0001
in the control group	Left	58.5	
Average AUC from 10 to 24	Right	869.3	<0.0001
hours in the control group	Left	239.4	
Average AUC from 24 to 48	Right	1392.5	<0.0001
hours in the control group	Left	471.1	
Average AUC from 48 to 72	Right	1298.6	<0.0001
hours in the control group	Left	515.5	
Average AUC from 72 to 96	Right	1199.4	<0.0001
hours in the control group	Left	565.4	
Average AUC from 96 to 120	Right	1161.6	<0.0001
hours in the control group			

**Note:** Control refers to the sustained release hydrogel without bupivacaine group. **Abbreviations:** AUC, area under the curve; SRHB, sustained release hydrogel with bupivacaine.

conditions of this study and based on the irritant rank score, sustained release hydrogel with bupivacaine was considered a moderate irritant when compared to liposome bupivacaine and a nonirritant when compared to the biohydrogel matrix group. At the 5-day time point, under the conditions of this study and based on the irritant rank score, liposome bupivacaine was considered a nonirritant when compared to the biohydrogel matrix group. At the 42-day time point, under the conditions of this study and based on the irritant rank score, sustained release hydrogel with bupivacaine was considered a slight irritant when compared to liposome bupivacaine and a nonirritant when compared to the biohydrogel matrix group. At the 42-day time point, under the conditions of this study and based on the irritant rank score, liposome bupivacaine was considered a nonirritant when compared to the biohydrogel matrix group. The material present and the corresponding tissue response and inflammation for the sustained release hydrogel with bupivacaine group led to the ranking of moderate irritant at 5 days and slight irritant at 42 days, compared to liposome bupivacaine.

The pharmacokinetic data are displayed in Table 6 which show serum bupivacaine levels from the three groups (sustained release hydrogel with bupivacaine, liposome bupivacaine, and bupivacaine) up through 120 hours. Six rats (who were not part of the mechanical allodynia and pathology portion of the study) were included in this analysis. The sustained release hydrogel with bupivacaine group showed serum bupivacaine cmax (peak serum concentration) levels at 579 and 1030 ng/mL for rats 1 and 2, respectively, both occurring 2 hours after injection. The cmax of rats 1 and 2 of the liposome bupivacaine rats was 27.0 and 42.1 ng/mL, respectively, both occurring at 6 hours postinjection. The cmax of rats 1 and 2 of the bupivacaine hydrochloride group was 129 and 138 ng/mL, respectively, both occurring at 45 minutes after injection.

## Discussion

This study illustrates that a single injection of sustained release hydrogel with bupivacaine administered near the sciatic nerve produced long-lasting analgesia in a rat model. When compared to both a negative control (sustained release hydrogel without bupivacaine) and a positive control (liposome bupivacaine), sustained release hydrogel with bupivacaine performed significantly better on assessing analgesia via mechanical allodynia produced from a sciatic nerve injection in rats from 0 to 72 hours and from 0 to 120 hours. This study is based on previous rat pain models which used similar incisions and force testing for assessment of analgesia.<sup>13,14</sup>

Tested group	Sustained release hydrogel without bupivacaine	Liposome bupivacaine	Sustained release hydrogel with bupivacaine
Irritant ranking score at 5 days	9.0	0.7	10.8
Irritant ranking score at 42 days	4.2	0.0	4.6

Table 6 Serum bupivacaine levels (ng/mL) after injection near the sciatic nerve in rats

Time after injection	Liposome bupivacaine	Bupivacaine	Sustained release hydrogel with bupivacaine
15 minutes	13.95	73.5	271
45 minutes	19.1	133.5	281
2 hours	23.25	74.9	804.5
6 hours	34.55	13.14	473.5
24 hours	0.705	0	70.4
48 hours	0	0	33.85
72 hours	0	0	8.8
96 hours	0	0	1.47
120 hours	0	0	0

Note: Values are the mean serum bupivacaine levels from two rats in each group.

It must be noted, however, that while the volumes were the same between sustained release hydrogel with bupivacaine and the positive control, the dosages of bupivacaine were different. The concentration of bupivacaine in sustained release hydrogel with bupivacaine was 105 mg/mL and in liposome bupivacaine was 13.3 mg/mL.

This analgesic effect of sustained release hydrogel with bupivacaine on the injured paw was supported by the data regarding the right paw. There was no significant difference between the right paw data when comparing sustained release hydrogel with bupivacaine to control and sustained release hydrogel with bupivacaine to liposome bupivacaine. This suggests that all rats performed equally well with regards to force assessment via the eVF testing in their uninjured paw and, thus, further validates testing on the injured paw. Furthermore, as there were significant differences in force generation at all time points between the left and right paws for each group, we can conclude that again force assessment via the eVF was accurate as the injured paw performed significantly worse in force assessment when compared to the uninjured paw.

Previous studies have illustrated the neurotoxic effects of local anesthetics.<sup>15,16</sup> Memari et al<sup>15</sup> illustrated that when bupivacaine is injected near the sciatic nerve, neuronal injury can occur. The neuronal injury can be characterized as either perineural inflammation or decreased number of myelinated fibers. The exact mechanism of neuronal injury is unknown; however, recent data from Yu et al<sup>17</sup> suggest different mechanisms depending on the type of local anesthetic used. Furthermore, they showed that as the concentration of bupivacaine increased, there was increased neurotoxicity. Consistent with these results, the sustained release hydrogel with bupivacaine group did show some nerve damage histologically, but this damage was minimal to mild at 5 days and minimal at the 42-day time point. This likely would resolve completely over time. The liposome bupivacaine (positive control) group did not show any measurable neurotoxicity, which was similar to previous pathologic findings obtained when injected perineurally in a porcine model.<sup>18</sup> As described earlier, the concentration of sustained release hydrogel with bupivacaine was higher than that of liposome bupivacaine, which may account for the differences in neuronal damage on histopathology.

Finally, the pharmacokinetic pilot study results suggest that bupivacaine remained longer in the blood of rats that received a sciatic nerve injection of sustained release hydrogel with bupivacaine than after injection of bupivacaine hydrochloride and liposome bupivacaine, indicating prolonged release. In rats weighing between 350 and 450 g, the concentrations of bupivacaine injected were between 23 and 30 mg/kg for sustained release hydrogel with bupivacaine and 3 and 3.7 mg/kg for liposome bupivacaine. Thus, the differences could be related to the differences in the concentration of bupivacaine injected. However, even at a lower concentration, liposome bupivacaine failed to produce measurable blood levels beyond 24 hours, whereas the sustained release hydrogel with bupivacaine produced measurable serum bupivacaine levels at 72 hours in one rat and 96 hours in another. Serum bupivacaine cmax levels of the sustained release hydrogel with bupivacaine are similar to previous studies involving larger dosages of liposome bupivacaine in animals.<sup>19</sup>

There are two limitations of this study. The first, as discussed earlier, is that the concentrations of bupivacaine between sustained release hydrogel with bupivacaine and liposome bupivacaine were not equivalent. This may have affected the analgesic, pathologic, and pharmacokinetic differences between the two groups. However, while this may be viewed as a limitation for comparison, it is an inherent advantage of the sustained release mechanism of action of the hydrogel with bupivacaine. Additionally, as the pharmacokinetic portion of the study consisted of only two rats in each group, it is difficult to draw definite conclusions regarding the differences observed in serum bupivacaine levels.

## Conclusion

Sustained release hydrogel with bupivacaine provides longlasting analgesia via release of bupivacaine from a biohydrogel matrix with no severe negative pathological findings in a rat model performed under GLP when compared to both positive and negative controls.

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## Disclosure

Dr Hutchins is a consultant and owns stock with InSitu Biologics, LLC. William Taylor is an employee and owns stock with InSitu Biologics, LLC. The authors report no other conflicts of interest in this work.

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