

# Pretreatment lymphocyte-to-monocyte ratio as a predictor of survival among patients with ovarian cancer: a meta-analysis

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**Introduction:** In this meta-analysis, we analyzed retrospective cohort studies that assessed the prognostic potential of the pretreatment lymphocyte-to-monocyte ratio (LMR) among patients with ovarian cancer (OC).

**Materials and methods:** We comprehensively searched electronic databases, including PubMed and Embase, from inception through October 2018. A random-effects model was used to calculate pooled HRs and their 95% CIs for overall survival (OS) and progression-free survival (PFS). The low LMR group was treated as the reference group.

**Results:** Twelve studies, including 3,346 OC cases at baseline, were included. Overall, our results indicated that LMR was positively associated with both OS (HR: 1.85, 95% CI: 1.50–2.28,  $P < 0.001$ ;  $I^2 = 76.5\%$ ) and PFS (HR: 1.70, 95% CI: 1.49–1.94,  $P < 0.001$ ;  $I^2 = 24.4\%$ ) among OC patients. Stratified analyses indicated that, for OS, the LMR's protective effect was more evident in studies conducted among younger patients (<55 years) than in those conducted among older patients ( $\geq 55$  years;  $P$  for interaction = 0.017), which was confirmed by meta-regression analysis ( $P = 0.004$ ).

**Conclusion:** This study suggested that a higher pretreatment LMR level was associated with a favorable prognosis among OC patients. Future large-scale prospective clinical trials are needed to confirm the prognostic value of LMR among OC patients.

**Keywords:** ovarian cancer, lymphocyte-to-monocyte ratio, prognosis, meta-analysis

## Introduction

Ovarian cancer (OC) is the fifth most common cause of cancer-related deaths among women, with ~90% of these cases being epithelial ovarian cancer (EOC).<sup>1</sup> At the start of 2018, there were an estimated 22,240 newly diagnosed cases and 14,070 deaths due to OC in USA.<sup>1</sup> Although OC is less common than other cancers such as breast cancer, OC is attracting increased attention because of its poor prognosis. The 5-year survival rate for OC is only 47.2%. Although great progress has been made in cancer research, the overall prognosis for OC remains poor, because it is often diagnosed late in the disease process and has high recurrence rates after curative resection.<sup>2</sup> Therefore, more effective and convenient markers must be identified to estimate the prognosis and select appropriate treatment strategies.

Over the past decades, many theories have been postulated to explain OC's etiology, and most of them converge on the role of inflammation.<sup>3</sup> The systemic inflammatory response is associated with survival in advanced and localized cancers.<sup>4</sup> Cancer-related inflammation includes modulating inflammatory cells and mediators such as cytokines

and chemokines; however, these markers are not routinely measured despite their direct changes provide a direct surrogate marker of expression (eg, lymphocyte-to-monocyte ratio [LMR]).<sup>4</sup> Several recent studies assessed the prognostic effect of pretreatment LMR among patients with OC, but the results were inconsistent. Elevated LMR was shown to increase survival in some,<sup>5–7</sup> but not all,<sup>8–11</sup> studies. As the statistical power of an individual study may be too weak to identify associations between pretreatment LMR and OC patient survival (sample size of most included studies was <300 OC patients), a meta-analysis combining data from all published studies may be more convincing.

Thus, we conducted a meta-analysis to evaluate the prognostic effect of pretreatment LMR on OC patient survival, which included all eligible publications to date.

## Materials and methods

This meta-analysis was conducted in accordance with the PRISMA (Table S1).<sup>12</sup>

### Search strategies

A comprehensive literature search of PubMed, Embase, Web of Science, Chinese National Knowledge Infrastructure (CNKI, <http://www.cnki.net>), and the Wanfang databases (<http://www.wanfangdata.com.cn>) was conducted from inception through October 2018. The following search terms were used: (lymphocyte-to-monocyte or lymphocyte monocyte or lymphocyte-monocyte or lymphocyte to monocyte or lymphocyte/monocyte or LMR) AND (cancer\* or carcinoma\* or neoplasm\* or malignan\* or tumour\* or tumor\*) AND (ovary or ovarian) without language restriction (Supplementary materials). Related articles generated by Google Scholar (<http://scholar.google.com>) and PubMed were retrieved. We also scanned the reference lists of related articles to identify all potential useful studies on OC that might have been missed in our database searches.

### Study selection

Inclusion criteria were as follows: 1) studies on patients with OC diagnosed histopathologically; 2) studies that assessed the prognostic value of pretreatment LMR among OC patients; 3) studies that reported the LMR cutoff value; 4) studies that reported sufficient information for calculating the HR and its 95% CI; and 5) studies that used overall survival (OS) and/or progression-free survival (PFS) as outcomes. For studies with overlapping data, only the most relevant articles with the largest datasets were included in the final analysis.

## Data extraction

Two independent reviewers (X-PG and Y-HL) evaluated all potential articles for inclusion. Disagreements were resolved by discussion among all coauthors. The following information was collected: the first author's name, publication year, country (region) and ethnicity of the population, publication type, number of OC patients at baseline, age, year of recruitment, time of follow-up, treatment method, tumor stage, histological type, LMR cutoff value, method of obtaining cutoff value, OC diagnostic criteria, survival analysis methods, and prognostic end points (OS or PFS). HRs were extracted from multivariate or univariate analyses or Kaplan–Meier survival curves. If only Kaplan–Meier curves were provided, we extracted data from the survival curves using Engauge Digitizer v.4.1 software.<sup>13</sup>

## Quality assessment

Each study's methodological quality was assessed as per the Newcastle–Ottawa Scale (NOS),<sup>14</sup> which was used to allocate a maximum of nine stars for selection quality of the study population, comparability, and outcome. The studies' quality scores ranged from 0 to 9, with 7–9 points indicating a high-quality study and 0–6 points indicating a low-quality study.

## Statistical analyses

The DerSimonian and Laird random-effects model of inverse variance methods was used to estimate the pooled HRs and 95% CIs. Unless otherwise stated, we used the most fully adjusted RRs from each study, and the low LMR group was treated as the reference group. If the studies used different reference groups to estimate the LMR HR for OS/PFS, we used an Excel macro file to transform the reference group.<sup>15</sup>

The random-effects model was chosen a priori, because it is considered to be more conservative than the fixed-effects model and it accounts for both within- and between-study heterogeneity.<sup>16</sup> Between-study heterogeneity was tested using Cochran's *Q* test and Higgins *I*<sup>2</sup> statistic (higher *I*<sup>2</sup> values denote greater heterogeneity).<sup>17</sup> We performed subgroup analyses for both OS and PFS to examine the robustness of the results by age (<55 vs ≥55 years), LMR cutoff value (≤3.0 vs >3.0), sample size (≤200 vs >200), and NOS score (<7 and ≥7 points). Influence analysis was also conducted to assess the effect of a single study on the pooled estimates.<sup>18</sup> These variables were also analyzed as covariates in the meta-regression analysis. Publication bias was assessed by visually inspecting funnel plots and quantitatively evaluated using Egger's and Begg's linear regression asymmetry tests.<sup>17</sup> All data were analyzed using Stata software, version 11.0

(StataCorp LP, College Station, TX, USA), and a two-sided  $P < 0.05$  was considered statistically significant.

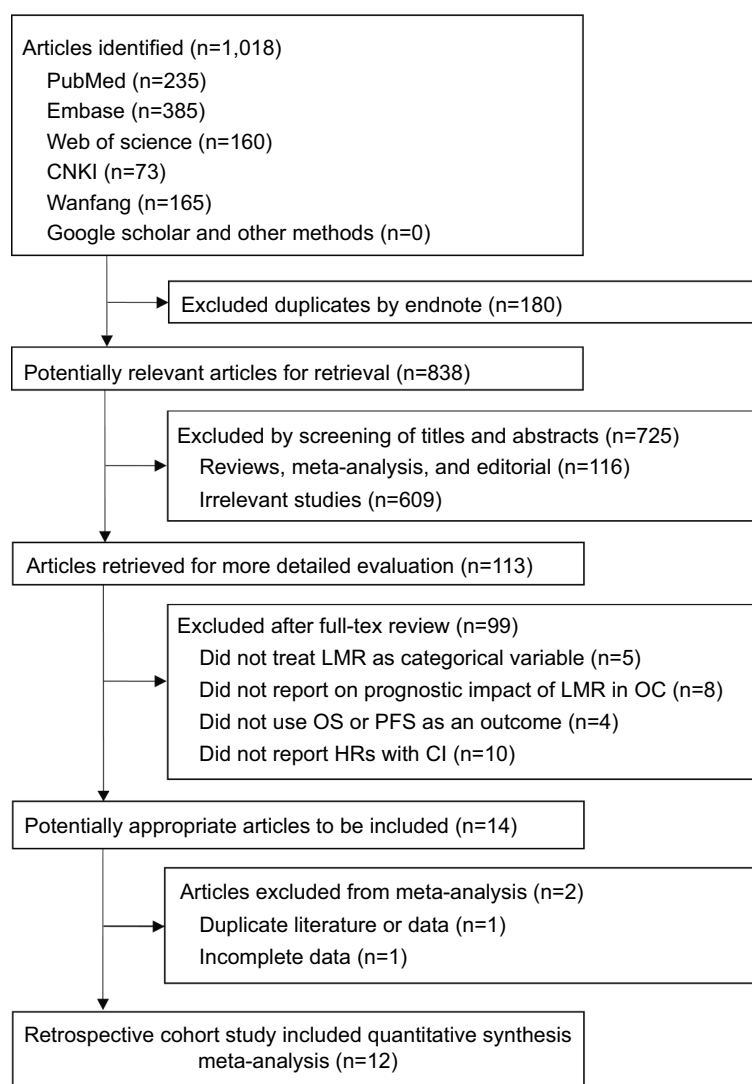
## Results

### Search results

The electronic database searches identified 1,018 articles (Figure 1), of which 180 duplications were excluded by Endnote. After assessing titles and abstracts and screening full texts, 824 unrelated articles were excluded. For the remaining 14 potentially eligible articles, 2 duplicate studies, 1 duplicate study,<sup>19</sup> and 1 study with incomplete data<sup>20</sup> were further excluded. Finally, 12 studies were included.<sup>5–11,21–25</sup>

### Characteristics of the included studies

Table 1 summarizes the characteristics of the included studies. In total, 3,346 OC patients (weighted age: 55.8 years) were included, with a follow-up period ranging from 23.6 to 58 months. All studies were published in 2016 or later. The number of patients per study ranged from 42 to 672. Eight studies were conducted among Chinese patients, three among Korean patients, and one among American Caucasian patients. The LMR cutoff values ranged from 1.85 to 4.35. The overall NOS scores ranged from 5 to 8 points (Table S2). Most cases were EOC, and 76.5% were stage III/IV. Among these studies, three investigated only OS, while nine investigated both OS and PFS.



**Figure 1** Flowchart of study selection in the current meta-analysis.

**Abbreviations:** CNKI, Chinese National Knowledge Infrastructure; LMR, lymphocyte-to-monocyte ratio; OC, ovarian cancer; OS, overall survival; PFS, progression-free survival.

Table 1 Characteristics of studies included in the meta-analysis

Study	Year	Country	Ethnicity	Duration of study conducted	Follow-up duration (months)	Age (years) <sup>a</sup>	Pathological type	Pathological subtypes, n (%)	No. of patients <sup>b</sup>	No. of stage I/II	No. of stage III/IV	Outcome	Cutoff value	Method of obtaining cutoff	NOS score
EO et al <sup>7</sup>	2016	Korea	Asian	2006.1–2013.12	NA	54 (14–84)	EOC	Serous: 132 (56.4) Mucinous: 35 (15.0) Clear cell: 35 (15.0) Endometrioid: 21 (10.0) Mixed epithelial: 5 (2.1) Others: 6 (2.6)	234	97	137	OS and PFS	2.07	ROC curve	6
Sun and Song <sup>21</sup>	2016	China	Asian	2006.2–2014.4	NA	55 (17–84)	EOC	Serous: 103 (54.5) Others: 86 (45.5)	189	78	111	OS and PFS	1.85	ROC curve	6
Wang et al <sup>24</sup>	2016	China	Asian	2000.1–2013.12	NA	56.1±10.2	OC	Serous: 214 (89.2) Mucinous: 22 (9.2) Endometrioid: 2 (0.8) Clear cell: 2 (0.8) Serous: 33 (78.6) Non-serous: 9 (21.4)	240	59	181	OS	3.949	ROC curve	6
Kwon et al <sup>9</sup>	2017	Korea	Asian	2009.4–2012.6	NA	70 (65–85)	EOC	High-grade serous: 525 (80.3) Low-grade serous: 4 (0.6) Endometrioid: 71 (10.9) Clear cell: 37 (5.7) Mucinous: 17 (2.6) Serous: 87 (65.4) Mucinous: 14 (10.5) Endometrioid: 10 (7.5) Clear cell: 5 (3.8) Others: 17 (12.8) Serous: 123 (51.9) Non-serous: 114 (36.3) Serous: 484 (72.0) Non-serous: 188 (28.0) Serous: 146 (68.2) Non-serous: 68 (31.8) Serous: 166 (62.2) Mucinous: 21 (7.9) Endometrioid: 65 (24.3) Clear cell: 14 (5.2) Others: 1 (0.4)	42	0	42	OS and PFS	3.63	ROC curve	6
Li et al <sup>10</sup>	2017	USA	Caucasian	2000–2010	49.5 (0.1–175.3)	63 (28–93)	EOC		654	121	533	OS and PFS	2.22	ROC curve	8
Xiang et al <sup>11</sup>	2017	China	Asian	2011.1–2016.3	23.6 (0.77–69.4)	53.3±13.6 (20–82)	OC		124	64	69	OS	4.35	ROC curve	6
Zhang et al <sup>5</sup>	2017	China	Asian	2007.1–2015.12	NA	50 (24–76)	OC		237	67	170	OS and PFS	3.82	NA	5
Zhu et al <sup>6</sup>	2017	China	Asian	2008.6–2015.12	38 (5–103)	55 (30–70)	EOC		672	0	672	OS and PFS	3.45	ROC curve	7
Tang et al <sup>22</sup>	2017	China	Asian	2005.1–2015.1	46 (2–120)	52.2±12.0	EOC		214	99	115	OS	3.85	ROC curve	7
Tian <sup>23</sup>	2017	China	Asian	2009.1–2011.7	58 (2–60)	54 (14–76)	EOC		267	86	181	OS and PFS	3.09 (OS) 2.07 (PFS)	ROC curve	7

Yang and Lo <sup>25</sup>	2017	China	Asian	2005.1–2011.5	37 (1–112)	54 (22–78)	EOC	Serous: 206 (56.6) Mucinous: 111 (30.5) Endometrioid: 23 (6.3) Others: 24 (6.6) OCCC: 109 (100)	364	52	312	OS and PFS	3.84	ROC curve	7
Kwon et al <sup>8</sup>	2018	Korea	Asian	2007.4–2012.6	NA	50 (24–77)	OCCC	OCCC: 109 (100)	109	64	45	OS and PFS	4.2	ROC curve	6

**Notes:** <sup>a</sup>Mean, median (range) of age at baseline. <sup>b</sup>Number of patients at baseline.

**Abbreviations:** EOC, epithelial ovarian cancer; NA, not available; NOS, Newcastle–Ottawa Scale; OC, ovarian cancer; OCCC, ovarian clear cell carcinoma; OS, overall survival; PFS, progression-free survival; ROC, receiver-operator characteristic.

## Association between LMR and OS among OC patients

Twelve studies involving 3,346 patients reported LMR and OS data among OC cases.<sup>5–11,21–25</sup> Increased LMR was associated with improved OS (pooled HR: 1.85, 95% CI: 1.50–2.28,  $P < 0.001$ ) with significant between-study heterogeneity ( $P < 0.001$ ,  $I^2 = 76.5\%$ ; Table 2 and Figure 2A). The association persisted after reanalyzing studies among Asian patients or those with only EOC. Stratified analyses for age, LMR cutoff values, sample size, and NOS score revealed significant interactions for age ( $P$  for interaction = 0.017) and LMR cutoff values ( $P$  for interaction = 0.025). The protective effect of elevated LMR was more evident among younger patients than older patients (HR: 2.28 vs 1.47) and among studies using an LMR cutoff of  $>3.0$  than in those using  $\leq 3.0$  (HR: 2.09 vs 1.38). Meta-regression analysis further confirmed that age, but not LMR cutoff values, significantly contributed to inter-study heterogeneity ( $P$  for regression = 0.004 and 0.153; Table S3).

## Association between LMR and PFS in OC patients

Eight studies<sup>5–9,21,23,25</sup> involving 2,114 patients reported data for the association between LMR and PFS among OC patients, and all studies were conducted among Asian patients. Similar to OS, the random-effects combined analysis demonstrated that LMR was positively and significantly associated with PFS (pooled HR: 1.70, 95% CI: 1.49–1.94,  $P < 0.001$ ) but with low between-study heterogeneity ( $I^2 = 24.4\%$ ;  $P = 0.234$ ; Table 2 and Figure 2B). The result was similar among studies with only EOC cases. Stratified analyses suggested that the association did not differ among NOS scores, LMR cutoff values, and age strata ( $P$  interaction range = 0.066–0.987). Meta-regression analysis also revealed that publication year, age, NOS score, sample size, and LMR cutoff value did not significantly contribute to heterogeneity ( $P$  for regression range = 0.086–0.982).

## Sensitivity analysis and bias

The sensitivity analyses indicated that the pooled HRs were not obviously influenced by any single study for either OS or PFS (Table 2).

Both Egger's and Begg's tests revealed no significant publication bias, and the  $P$ -values were 0.732 and 0.272 for OS and 1.000 and 0.887 for PFS. The funnel plots also showed no evidence of publication bias for either OS or PFS (Figure 3).

**Table 2** Total, stratified, and sensitivity analyses of the associations between pretreatment LMR and survival among OC patients

Groups	OS					PFS				
	No <sup>a</sup>	RR (95% CIs) <sup>b</sup>	P <sup>c</sup>	I <sup>2</sup> (%)	P <sup>d</sup>	No <sup>a</sup>	RR (95% CIs) <sup>b</sup>	P <sup>c</sup>	I <sup>2</sup> (%)	P <sup>d</sup>
<b>Overall</b>	12 <sup>5-11,21-25</sup>	1.85 (1.50–2.28)	<0.001	76.5	<0.001	8 <sup>5-9,21,23,25</sup>	1.70 (1.49–1.94)	<0.001	24.4	0.234
<b>Asian only</b>	11 <sup>5-9,11,21-25</sup>	1.97 (1.62–2.40)	<0.001	67.0	0.001	8 <sup>5-9,21,23,25</sup>	1.70 (1.49–1.94)	<0.001	24.4	0.234
<b>EOC only</b>	8 <sup>6,7,9,10,21-23,25</sup>	1.69 (1.34–2.13)	<0.001	79.4	<0.001	6 <sup>6,7,9,21,23,25</sup>	1.64 (1.48–1.82)	<0.001	0.0	0.483
<b>Subgroup analyses</b>										
Age (years)										
<55	7 <sup>5,7,8,11,22,23,25</sup>	2.28 (1.72–3.01)	<0.001	61.9	0.015	5 <sup>5,7,8,23,25</sup>	1.74 (1.37–2.20)	<0.001	54.7	0.065
≥55	5 <sup>6,9,10,21,24</sup>	1.47 (1.17–1.85)	0.001	72.2	0.006	3 <sup>6,9,21</sup>	1.70 (1.50–1.94)	<0.001	0.0	0.811
LMR cutoff values										
≤3.0	3 <sup>7,10,21</sup>	1.38 (1.06–1.80)	0.015	64.0	0.062	2 <sup>7,21</sup>	1.81 (1.11–2.97)	0.018	65.3	0.090
>3.0	9 <sup>5,6,8,9,11,22-25</sup>	2.09 (1.63–2.67)	<0.001	70.1	0.001	6 <sup>5,6,8,9,23,25</sup>	1.72 (1.48–1.99)	<0.001	18.0	0.297
Sample size										
≤200	4 <sup>8,9,11,21</sup>	1.59 (0.99–2.56)	0.057	37.8	0.186	3 <sup>8,9,21</sup>	1.36 (0.83–2.20)	0.219	0.0	0.970
>200	8 <sup>5-7,10,22-25</sup>	1.94 (1.50–2.50)	<0.001	83.1	<0.001	5 <sup>5-7,23,25</sup>	1.74 (1.48–2.06)	<0.001	52.0	0.080
NOS score										
<7	7 <sup>5,7-9,11,21,24</sup>	1.94 (1.45–2.60)	<0.001	57.1	0.030	5 <sup>5,7-9,21</sup>	2.06 (1.65–2.59)	<0.001	0.0	0.429
≥7	5 <sup>6,10,22,23,25</sup>	1.79 (1.31–2.46)	<0.001	86.7	<0.001	3 <sup>6,23,25</sup>	1.63 (1.46–1.81)	<0.001	0.0	0.379
<b>Influence analyses<sup>e</sup></b>										
Minimal	–	1.75 (1.43–2.13)	<0.001	72.9	<0.001	–	1.64 (1.48–1.81)	<0.001	0.0	0.560
Maximal	–	1.97 (1.62–2.40)	<0.001	67.0	0.001	–	1.76 (1.51–2.05)	<0.001	23.0	0.254

**Notes:** <sup>a</sup>Number of studies. <sup>b</sup>RRs and 95% CIs were pooled by using the random-effects model (the DerSimonian and Laird method). <sup>c</sup>P-value of Z-test for the significance of pooled RRs and 95% CIs. <sup>d</sup>P-value of Q-test for between-study heterogeneity test. <sup>e</sup>Influence analysis was conducted by eliminating one study at a time; for OS, the excluded study was the study by Tang et al<sup>22</sup> for minimal pooled RRs, and Li et al<sup>10</sup> for the maximal pooled RRs; for PFS, the excluded study was the study by Zhang et al<sup>5</sup> for minimal pooled RRs, and Tian<sup>23</sup> for the maximal pooled RR.

**Abbreviations:** EOC, epithelial ovarian cancer; LMR, lymphocyte-to-monocyte ratio; NOS, Newcastle–Ottawa Scale; OC, ovarian cancer; OS, overall survival; PFS, progression-free survival.

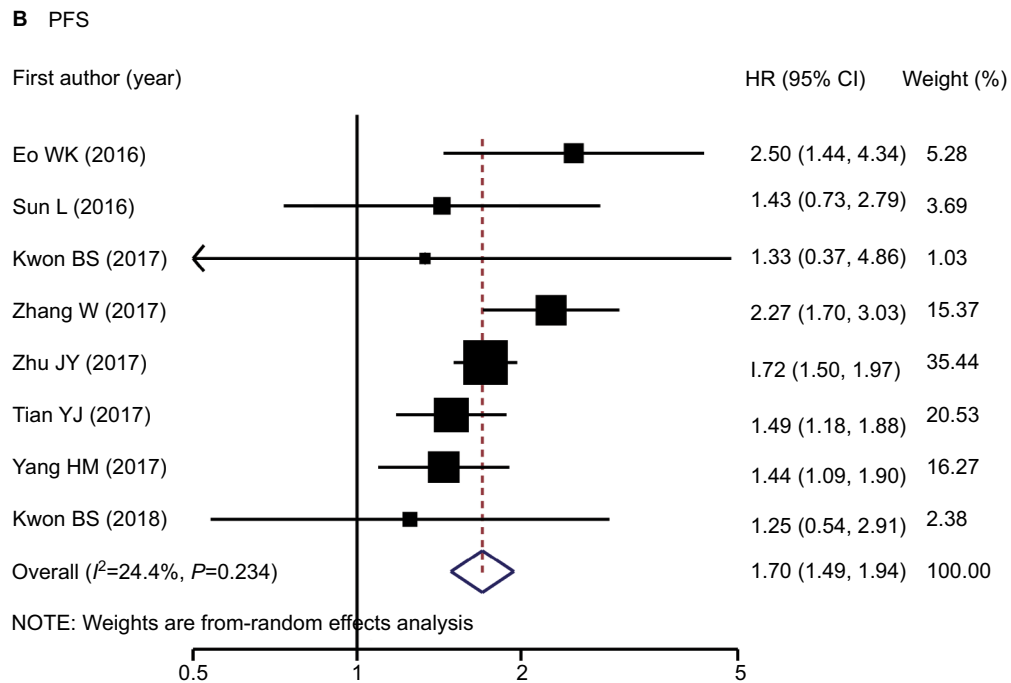
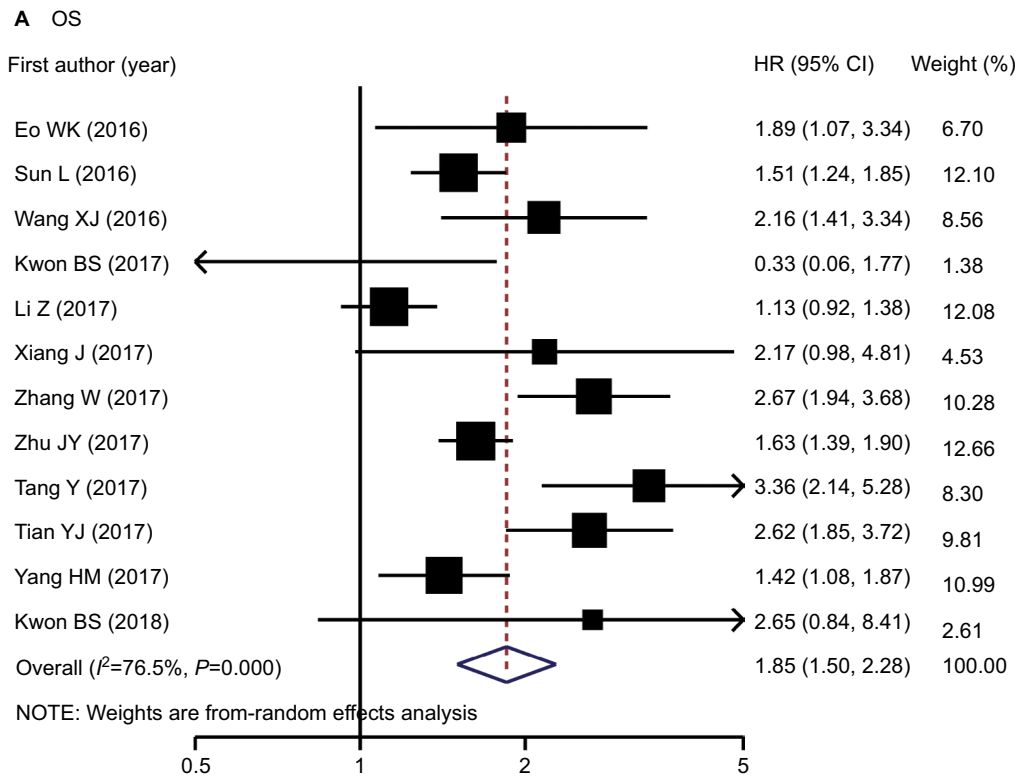
## Discussion

In this meta-analysis, we first report the prognostic value of pretreatment LMR among OC patients. Our results indicate that higher pretreatment LMR levels are associated with increased OS and PFS among OC patients. Substantial heterogeneity was observed for OS; further subgroup and meta-regression analyses indicated that age contributed to this heterogeneity, and these associations were more evident among younger patients than older populations.

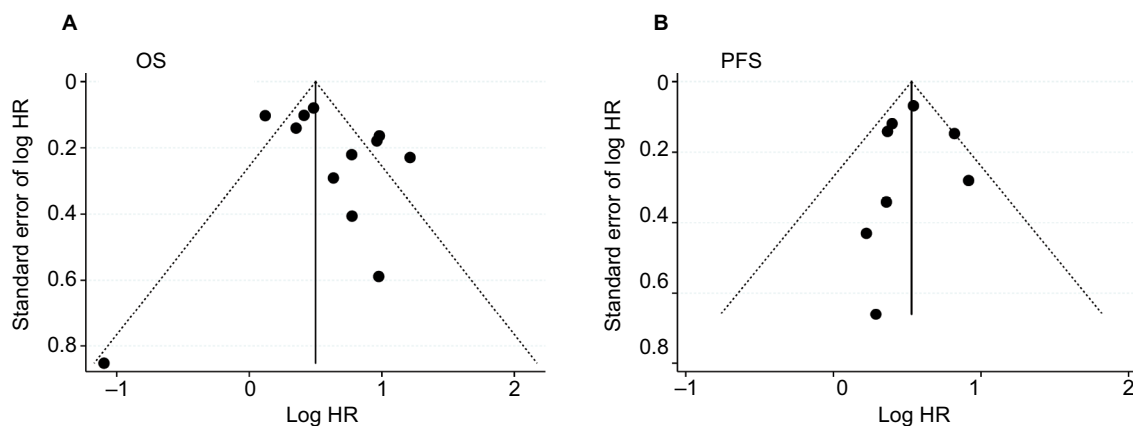
In recent years, several prognostic indicators derived from peripheral blood, such as LMR, have been widely investigated as useful prognostic markers in cancers. LMR has been identified as an independent prognostic factor in patients with various cancers, such as head and neck,<sup>26</sup> pancreatic,<sup>27</sup> colorectal,<sup>28</sup> hepatocellular,<sup>29</sup> and breast cancers.<sup>30</sup> Our results were consistent with findings from these studies, showing that higher LMR ratios may improve cancer prognoses.

The exact mechanisms by which LMR has some prognostic relevance in OC patients were still unknown. According to the current evidence, lymphopenia might weaken the efficacy of the immune system and be associated with worse prognosis in cancers; cell-mediated cytotoxicity may

be attenuated if the level of effector T cells is insufficient.<sup>31</sup> Circulating monocytes may contribute to both tumor growth and reduced immunosurveillance through differentiating into macrophages after infiltrating a tumor and then respond to the wide spectrum of chemokines and growth or differentiation factors.<sup>31</sup> Thus, the prognostic effect of LMR among OC patients can be assumed to be related to tumor-infiltrating immune cells, such as tumor-infiltrating lymphocytes (TILs), or tumor-associated macrophages. Circulating TILs, as direct measures of intratumoral immunity, may contribute to cancer growth and spread.<sup>32</sup> In OC tumor tissue sections, intraepithelial CD8+ TILs correlated with good outcome, and a high ratio of CD8+/FoxP3+ T regulatory cells was beneficial to survival.<sup>33</sup> Recent epidemiological studies have also confirmed that the presence of TILs was associated with improved clinical outcomes in OC patients.<sup>34-36</sup> Peripheral blood-based parameters (eg, LMR) have been studied as a surrogate measures of intratumoral immunity that reflect a host's immune response.<sup>4</sup> LMR has been shown a statistically significant correlation with CD8+ TILs among patients with breast cancer.<sup>37</sup> Tumor-associated macrophages (TAMs) have been suggested to be involved in accelerating angiogenesis,



**Figure 2** Forest plots of studies evaluating HRs of high pretreatment LMR among patients with OC for (A) OS and (B) PFS. Error bars indicate 95% CI. **Abbreviations:** LMR, lymphocyte-to-monocyte ratio; OC, ovarian cancer; OS, overall survival; PFS, progression-free survival.



**Figure 3** Funnel plots of studies evaluating HRs of high pretreatment LMR among patients with OC for **(A)** OS and **(B)** PFS.  
**Abbreviations:** LMR, lymphocyte-to-monocyte ratio; OC, ovarian cancer; OS, overall survival; PFS, progression-free survival.

invasion, migration, and metastasis and suppress the body's autoimmune response against tumor cells.<sup>38,39</sup> In addition, LMR had been supposed to reflect the TIL/TAM ratio, as the circulating levels of lymphocytes and monocytes may indicate the formation or the presence of TILs and TAMs, and significant correlation was observed between the LMR and the TIL/TAM ratio.<sup>31</sup> Immunotherapy has emerged as one of the most promising approaches for OC treatment,<sup>40</sup> and change in the LMR has been supposed to be an early surrogate marker of the efficacy of nivolumab monotherapy.<sup>41</sup> Thus, LMR represents the balance between the host's immune status and the degree of tumor progression, and it may therefore be a prognostic biomarker among OC patients.

Subgroup analyses indicated that the favorable prognostic effect of pretreatment LMR for OS was more evident in studies conducted among younger (<55 years) than older patients ( $\geq 55$  years;  $P$  for interaction = 0.017), which was further confirmed by meta-regression analysis ( $P=0.004$ ). One explanation for our finding is that human aging is characterized by a gradual increase in subclinical chronic inflammation, and older people are more likely to get chronic inflammatory diseases.<sup>42</sup> The greater severity of the inflammatory state among older OC patients may weaken the LMR's protective prognostic effect. In addition, older patients responded more efficiently to immunotherapy, such as programmed death-ligand 1 (nivolumab and pembrolizumab), and PD-L1 (atezolizumab) inhibitors also confirmed this finding.<sup>43,44</sup>

Some limitations of this meta-analysis should also be considered. First, between-study heterogeneity was significant for OS ( $I^2: 76.5\%$ ). Based on subgroup and meta-regression analyses, age was the main source of heterogeneity, and the pooled HR results showed consistent positive relationships.

Second, most studies included herein were performed among Asian patients, while only one study examined OS among Caucasian patients,<sup>10</sup> and no relevant studies were found for African patients. Thus, the findings of the present study might be limited to Asian patients, and the prognostic effects of LMR for other populations (eg, Caucasian or African) still need further confirmation. Third, the studies included herein differed in how the covariates were adjusted. However, the pooled estimates were similar between the maximal and minimal numbers of covariate adjustment analyses for both OS and PFS, indicating that these confounders were unlikely to significantly bias our findings (data not shown). Fourth, categorical analysis did not allow detecting the best cutoff point, which invites further studies to solve this problem. Fifth, all included studies were retrospective single-center studies, and the bias was unavoidable.

## Conclusion

This meta-analysis demonstrated that higher pretreatment LMR values were associated with more favorable outcomes among OC patients, and the associations were stronger for younger patients than older patients. Future large-scale prospective clinical trials are needed to confirm the LMR's prognostic effect and its cutoff value among OC patients. Therefore, LMR is a readily available, routinely measured, and inexpensive inflammatory biomarker, and if causation and cutoff value of LMR was established, LMR could be easily applied in daily clinical practice.

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## Author contributions

Study concept and design: F-FZ and SZ. Data extraction and analysis: X-PG and Y-HL. Manuscript drafting: X-PG and Y-HL. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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## Supplementary materials

### Detailed search strategies for each database

#### PubMed (N=215)

#1: lymphocyte-to-monocyte OR lymphocyte monocyte OR lymphocyte-monocyte OR lymphocyte to monocyte OR lymphocyte/monocyte OR LMR

#2: ((cancer\* OR carcinoma\* OR neoplasm\* OR malignan\* OR tumour\* OR tumor\*) AND (ovary OR ovarian)) OR "Ovarian Neoplasms"[mesh]

#3: #1 AND #2

#### Embase (N=385)

#1: ((cancer\* OR carcinoma\* OR neoplasm\* OR malignan\* OR tumour\* OR tumor\*) AND (ovary OR ovarian)) OR ('ovarian neoplasms'/exp)

#2: ('lymphocyte to monocyte') OR (lymphocyte AND monocyte) OR ('lymphocyte monocyte') OR (lymphocyte AND to AND monocyte) OR (LMR) OR (lymphocyte?monocyte)

#3: #1 AND #2

#### Web of science (N=160)

#1 (Ovarian Neoplasms) OR ((cancer\* OR carcinoma\* OR neoplasm\* OR malignan\* OR tumour\* OR tumor\*) AND (ovary OR ovarian))

#2 (lymphocyte-to-monocyte ratio OR "lymphocyte monocyte ratio" OR "lymphocyte to monocyte ratio" OR LMR)

#3: #1 AND #2

#### Wanfang (N=165)

#1 摘要:(卵巢癌+卵巢肿瘤)\*摘要:(淋巴细胞)\*摘要:(单核细胞)

#2 摘要:(卵巢癌+卵巢肿瘤)\*摘要:(LMR)

#3 题名或关键词:(卵巢癌+卵巢肿瘤)\*题名或关键词:(淋巴细胞)\*题名或关键词:(单核细胞)

#4 题名或关键词:(卵巢癌+卵巢肿瘤)\*题名或关键词:(LMR)

#5 主题:(卵巢癌+卵巢肿瘤)\*主题:(淋巴细胞) \*主题:(单核细胞)

#6 主题:(卵巢癌+卵巢肿瘤)\*主题:(LMR)

#7: #1 OR #2 OR #3 OR #4 OR #5 OR #6

#### Chinese National Knowledge Infrastructure (CNKI; N=73)

#1 AB=( '卵巢癌' + ' 卵巢肿瘤' ) and AB=' 淋巴细胞' and AB=' 单核细胞'

#2 AB=( '卵巢癌' + ' 卵巢肿瘤' ) and AB=' LMR'

#3 TI=( '卵巢癌' + ' 卵巢肿瘤' ) and TI=' 淋巴细胞' and TI=' 单核细胞'

#4 TI=( '卵巢癌' + ' 卵巢肿瘤' ) and TI=' LMR'

#5 KY=( '卵巢癌' + ' 卵巢肿瘤' ) and KY=' 淋巴细胞' and KY=' 单核细胞'

#6 KY=( '卵巢癌' + ' 卵巢肿瘤' ) and KY=' LMR'

#7 SU=( '卵巢癌' + ' 卵巢肿瘤' ) and SU=' 淋巴细胞' and SU=' 单核细胞'

#8 SU=( '卵巢癌' + ' 卵巢肿瘤' ) and SU=' LMR'

#9: #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8

**Table S1** PRISMA 2009 checklist

Section/topic	No.	Checklist item	Reported on page number
<b>Title</b>			
Title	1	Identify the report as a systematic review, meta-analysis, or both	1
<b>Abstract</b>			
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number	3
<b>Introduction</b>			
Rationale	3	Describe the rationale for the review in the context of what is already known	4, 5
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS)	5
<b>Methods</b>			
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (eg, Web address), and, if available, provide registration information including registration number	NA

(Continued)

**Table S1** (Continued)

Eligibility criteria	6	Specify study characteristics (eg, PICOS and length of follow-up) and report characteristics (eg, years considered, language, and publication status) used as criteria for eligibility, giving rationale	6
Information sources	7	Describe all information sources (eg, databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched	5
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated	5, Supplementary materials, pages 1–2
Study selection	9	State the process for selecting studies (ie, screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis)	6
Data collection process	10	Describe method of data extraction from reports (eg, piloted forms, independently, and in duplicate) and any processes for obtaining and confirming data from investigators	6
Data items	11	List and define all variables for which data were sought (eg, PICOS and funding sources) and any assumptions and simplifications made	6
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis	7, Table S2
Summary measures	13	State the principal summary measures (eg, risk ratio and difference in means)	7
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (eg, $I^2$ ) for each meta-analysis	7
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (eg, publication bias and selective reporting within studies)	7, 8
Additional analyses	16	Describe methods of additional analyses (eg, sensitivity or subgroup analyses, meta-regression), if done, indicating which were prespecified	7
<b>Results</b>			
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram	8, Figure 1
Study characteristics	18	For each study, present characteristics for which data were extracted (eg, study size, PICOS, and follow-up period) and provide the citations	8, Table 1
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12)	10, Table S3
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and CIs, ideally with a forest plot	Figure 2
Synthesis of results	21	Present results of each meta-analysis done, including CIs and measures of consistency	9, 10, Table 2, Figure 2
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see item 15)	10, Table S3
Additional analysis	23	Give results of additional analyses, if done (eg, sensitivity or subgroup analyses, meta-regression [see item 16])	9, 10
<b>Discussion</b>			
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (eg, health care providers, users, and policy makers)	10
Limitations	25	Discuss limitations at study and outcome level (eg, risk of bias), and at review level (eg, incomplete retrieval of identified research and reporting bias)	12, 13
Conclusions	26	Provide a general interpretation of the results in the context of other evidence and implications for future research	13
<b>Funding</b>			
Funding	27	Describe sources of funding for the systematic review and other support (eg, supply of data); role of funders for the systematic review	13

**Note:** Liberati A, Altman DG, Tetzlaff J, Mulrow C, Gøtzsche PC, Ioannidis JPA, et al. The PRISMA Statement for Reporting Systematic Reviews and Meta-Analyses of Studies That Evaluate Health Care Interventions: Explanation and Elaboration. *PLoS Med.* 2009; 6(7): e1000100. <https://doi.org/10.1371/journal.pmed.1000100>. For more information, visit: [www.prisma-statement.org](http://www.prisma-statement.org).

**Abbreviation:** NA, not available.

**Table S2** Methodological quality of all studies based on NOS for assessing the quality of each included study

Study	Representativeness of exposed cohort	Selection of non-exposed cohort	Assessment of exposure	Outcome not present at the start of the study	Comparability based on the design or analysis	Assessment of outcome	Follow-up long enough for outcomes	Adequacy of follow-up	Total score
Eo et al <sup>1</sup>	1	1	1	1	2	0	0	0	6
Sun and Song <sup>2</sup>	1	1	1	1	2	0	0	0	6
Wang et al <sup>3</sup>	1	1	1	1	2	0	0	0	6
Kwon et al <sup>4</sup>	1	1	1	1	2	0	0	0	6
Li et al <sup>5</sup>	1	1	1	1	2	0	1	1	8
Xiang et al <sup>6</sup>	1	1	1	1	1	0	0	1	6
Zhang et al <sup>7</sup>	1	1	1	1	1	0	0	0	5
Zhu et al <sup>8</sup>	1	1	1	1	2	0	1	0	7
Tang et al <sup>9</sup>	1	1	1	1	2	0	1	0	7
Tian <sup>10</sup>	1	1	1	1	1	0	1	1	7
Yang and Lo <sup>11</sup>	1	1	1	1	2	0	1	0	7
Kwon et al <sup>12</sup>	1	1	1	1	2	0	0	0	6

**Abbreviation:** NOS, Newcastle–Ottawa Scale.

**Table S3** Meta-regression analyses of the associations between pretreatment LMR and survival among OC patients

	Coefficient	Standard error	T-value	P-value	95% CI of intercept
<b>OS</b>					
Year of publication	0.0820097	0.2491714	0.33	0.749	(−0.4731787, 0.6371981)
Age	−0.0738882	0.0200856	−3.68	0.004	(−0.1186417, −0.0291346)
Sample size	−0.0008594	0.0005413	−1.59	0.143	(−0.0020655, 0.0003466)
LMR cutoff value	0.2008357	0.129754	1.55	0.153	(−0.0882742, 0.4899455)
NOS score	−0.1728062	0.1330581	−1.30	0.223	(−0.4692782, 0.1236658)
<b>PFS</b>					
Year of publication	−0.1952826	0.2098772	−0.93	0.388	(−0.7088336, 0.3182684)
Age	−0.0333006	0.0275148	−1.21	0.272	(−0.1006267, 0.0340256)
Sample size	−0.0000113	0.0004759	−0.02	0.982	(−0.0011757, 0.0011531)
LMR cutoff value	0.0189409	0.1054612	0.18	0.863	(−0.2391134, 0.2769952)
NOS score	−0.1618594	0.0787455	−2.06	0.086	(−0.3545426, 0.0308238)

**Abbreviations:** LMR, lymphocyte-to-monocyte ratio; NOS, Newcastle–Ottawa Scale; OC, ovarian cancer; OS, overall survival; PFS, progression-free survival.

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