

Effects of inhaler therapy on mortality in patients with tuberculous destroyed lung and airflow limitation

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Purpose: Although patients with tuberculous destroyed lung (TDL) receive long-acting muscarinic antagonist (LAMA) inhaler therapy, its effectiveness is not clear. This study evaluated the effect of LAMA inhaler therapy on mortality in patients with TDL and airflow limitation.

Patients and methods: A retrospective cohort of 683 patients with TDL and airflow limitation was analyzed in this study. The mortality was compared between 177 patients treated with LAMA inhalers >360 days (LAMA group) and 506 patients not treated with LAMA inhalers or treated with LAMA inhalers for <360 days (non-LAMA group). Risk factors for mortality were analyzed with Cox proportional hazards models and survival analysis was performed after propensity score matching.

Results: Patients in the LAMA group appeared to have worse baseline characteristics, older mean age, lower lung function, higher X-ray severity, and were more likely to receive long-term oxygen therapy than those in the non-LAMA group. On multivariate analysis, LAMA inhaler usage was independently associated with lower risk of mortality (HR, 0.405; $P=0.006$) after adjusting age, gender, body mass index, smoking history, Charlson Comorbidity Index, lung function, X-ray severity, and long-term oxygen therapy. After propensity score matching to adjust for the above unbalanced baseline characteristics, patients in the LAMA group tended to have a better prognosis than those in the non-LAMA group (121 patients in each group, 5-year mortality rate: 2.5% vs 9.1%, $P=0.057$). If we performed the same analysis of propensity score matching even after excluding patients with corticosteroids/long-acting beta-2 agonist (ICS/LABA) usage, patients in the LAMA group had a better prognosis than those in the non-LAMA group (64 patients in each group, 5-year mortality rate: 3.1% vs 14.1%, $P=0.039$).

Conclusion: LAMA inhaler treatment might reduce mortality in patients with TDL and airflow limitation.

Keywords: tuberculosis, long-acting muscarinic antagonist, propensity score, survival

Introduction

Tuberculosis (TB) is a global health problem, and 10.0 million new cases were reported and an estimated 1.3 million deaths occurred due to TB in 2017.¹ To facilitate the elimination of TB, numerous evidence-based guidelines have been developed for the standard management of TB. However, no standard management protocol has been developed for patients with tuberculous destroyed lung (TDL), possibly because studies targeting TDL (especially randomized controlled trials or observational studies) have rarely been performed and no medications targeting TDL have been developed. Even TB that was treated many years ago, may cause destruction of the lung, which can last for long period time after initial diagnosis or treatment of TB.² The impairment

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in lung function can cause airflow limitation,^{3–5} which might affect the clinical outcome.⁶ However, the prevalence, clinical manifestations, and optimal treatment of patients with TDL, as well as airflow limitation in these patients, have not been well investigated.

Despite the lack of standard therapy in patients with TDL, inhaler therapies such as inhaled long-acting muscarinic antagonist (LAMA) or corticosteroids/long-acting beta-2 agonist (ICS/LABA), are often used in these patients.⁷ Yum et al⁸ found that inhaled tiotropium might improve lung function in patients with TDL, and Kim et al⁹ recently showed that inhaled indacaterol improved lung function and symptom control in patients with TDL. However, these previous studies were performed using a short-term period of ~2 months; therefore, long-term outcomes, such as mortality, could not be evaluated. In addition, these studies included patients without airflow limitation, so the efficacy of inhaler therapies might have been affected.

Therefore, the current study aimed to investigate clinical characteristics and the effect of inhaler therapy on mortality in patients with TDL and airflow limitation in South Korea, a country with an intermediate TB burden.

Study population and methods

Study design and populations

We identified a total of 1,725 patients diagnosed with TDL between January 2000 and December 2014 from the electronic medical records at Asan Medical Center, a tertiary referral hospital, in South Korea. In this study, TDL is defined as parenchymal damage on chest radiograph due to sequelae from past TB, and the airflow limitation is defined as $FEV_1/FVC < 70\%$. Among the 1,725 patients, 500 patients who had been followed up for < 360 days were excluded from this study in order to evaluate the long-term effect of inhaler therapy on mortality; in addition, 542 patients who had no airflow limitation at baseline pulmonary function test were also excluded from this study. Subsequently, the included patients were classified into the following groups based on the types of inhaler therapy that patients received: LAMA group and non-LAMA group or ICS/LABA group and non-ICS/LABA group. The LAMA group comprised patients who had been prescribed the tiotropium inhaler for ≥ 360 days during the follow-up period to investigate the effect in a relatively adherent group over a period of time; the non-LAMA group included patients who never had been prescribed tiotropium inhaler and those who had been prescribed the inhaler for < 360 days during the follow-up period. In addition, the ICS/LABA group

included patients who had been prescribed the fluticasone propionate/salmeterol or budesonide/formoterol inhaler for ≥ 360 days during the follow-up period, and the non-ICS/LABA group comprised patients who never had been prescribed the fluticasone propionate/salmeterol or budesonide/formoterol inhaler and those who had been prescribed the inhaler for < 360 days during the follow-up period. The study flow chart is shown in Figure 1. The study protocol was approved by the Institutional Review Board of Asan Medical Center (2016–1028). The patient data were anonymized or maintained with confidentiality, in accordance with the Declaration of Helsinki. Because this study comprised a retrospective review of medical records, written informed consent was waived.

Data collection

Data regarding age, gender, body mass index (BMI), smoking history, mMRC score,¹⁰ comorbidity measured by the Charlson Comorbidity Index (CCI),¹¹ pulmonary function tests, prescription of LAMA or ICS/LABA inhaler, and usage of home oxygen were collected from electronic medical records. Pulmonary functions were measured according to American Thoracic Society recommendations, and the results are expressed as percentages of normal predicted values.¹² To evaluate the severity of TDL on the posteroanterior chest radiograph, six regions of the lung (ie, upper, middle, and lower regions of the right and left lungs) were semi-quantified with a total severity score of 0–6.⁷ Clinical follow-up courses, including mortality of the patients until December 2016, were obtained from the data of the Korean national health insurance, in addition to the electronic medical records.

Statistical analysis

Data collected from the inhaler therapy and non-inhaler therapy groups were compared using Student's *t*-test or the Mann–Whitney U test for continuous variables and the chi-squared test or Fisher's exact test for categorical variables. All *P*-values were two-tailed, with statistical significance set at $P < 0.05$. Risk factors for mortality were analyzed with Cox proportional hazards models. Variables with a *P*-value < 0.20 in the univariate analysis were used in the multivariate analysis. To avoid bias from the retrospective design in this cohort study, we performed propensity score matching to reduce potential confounding by non-random assignment or unbalanced covariates between LAMA and non-LAMA groups. The propensity score was calculated using logistic regression analysis with the following covariates: age, gender, BMI,

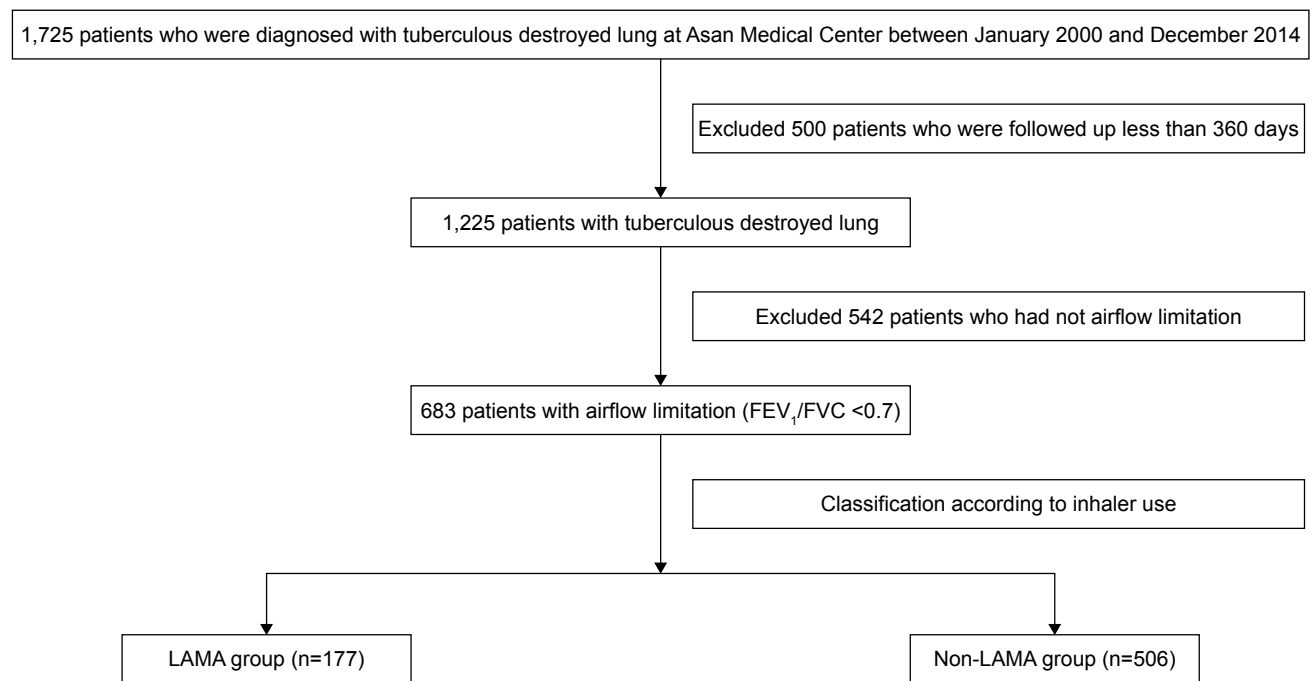


Figure 1 Study flow chart.

Abbreviation: LAMA, long-acting muscarinic antagonist.

smoking history, mMRC dyspnea score, CCI, concomitant asthma and COPD diagnosis, ICS/LABA inhaler usage over 360 days, pulmonary function tests, X-ray severity, and home oxygen usage. We compared the matched group using paired *t*-test or the paired Wilcoxon test (continuous variables) and the McNemar test (categorical data). The Kaplan–Meier survival analysis and log rank test were used to evaluate differences in mortality. All statistical analyses were performed using R software 3.5.1 version (R Foundation for Statistical Computing, Vienna, Austria) and SPSS 22.0 software (IBM Corporation, Armonk, NY, USA).

Results

Patient characteristics

Among 683 patients with TDL and airflow limitation, 177 patients (25.9%) received LAMA inhaler treatment over 360 days (LAMA group) and 171 patients (25.0%) received ICS/LABA inhaler treatment over 360 days (ICS/LABA group). Patients in the LAMA group appeared to have worse baseline characteristics than did those in the non-LAMA group (Table 1). Patients in the LAMA group were older (63.9 vs 61.3 years, $P=0.004$), had higher mMRC dyspnea scale, and proportion of concomitant asthma (19.8% vs 10.9%, $P=0.003$) than those in the non-LAMA group. In addition, patients were more frequently prescribed ICS/LABA inhaler in the LAMA group than in the non-LAMA group

(18.8% vs 2.9%, $P<0.001$). Baseline pulmonary functions were lower in the LAMA group than in the non-LAMA group (mean FEV₁: 40.7% vs 54.1% predicted, $P<0.001$), but X-ray severity (3.3 vs 2.9, $P<0.001$), the proportion of respiratory admission within 2 years (16.9% vs 9.3%, $P=0.006$), and long-term oxygen therapy (16.9% vs 5.7%, $P<0.001$) were higher in the LAMA group than in the non-LAMA group.

Patients in the ICS/LABA group also had worse baseline characteristics than non-ICS/LABA group (Table 2). The mMRC dyspnea scale score, and the proportion of concomitant asthma (30.4% vs 7.4%, $P<0.001$), were higher in the ICS/LABA group than in the non-ICS/LABA group. In addition, patients were prescribed LAMA more frequently in the ICS/LABA group than in the non-ICS/LABA group (62.6% vs 13.7%, $P<0.001$). Baseline pulmonary functions were lower in the ICS/LABA group (mean FEV₁: 40.2% vs 54.1% predicted, $P<0.001$), whereas X-ray severity (3.3 vs 2.9, $P<0.001$), and the proportion of long-term oxygen therapy (18.1% vs 5.5%, $P<0.001$) were higher in the ICS/LABA group than in the non-ICS/LABA group.

Risk factors for mortality in patients with TDL and airflow limitation

During the median follow-up period of 1,566 days, 73 (10.7%) patients died. Univariate Cox proportional hazards modeling revealed that older age, male gender, lower

Table 1 Baseline characteristics of patients with airflow limitation according to LAMA usage over 360 days

	LAMA group*	Non-LAMA group	P-value
Number of patients	177 (25.9)	506 (74.1)	
Age, years	63.9±10.0	61.3±11.5	0.004
Male gender	132 (74.6)	339 (67.0)	0.061
Body mass index, kg/m ²	21.7±3.4	22.0±3.4	0.272
Ever smoker	113 (63.8)	291 (57.5)	0.140
mMRC dyspnea scale			<0.001
–0	27 (15.3)	196 (38.9)	
–1	69 (39.2)	166 (32.9)	
–2	44 (25.0)	80 (15.9)	
–3	24 (13.6)	45 (8.9)	
–4	12 (6.8)	17 (3.4)	
Charlson Comorbidity Index	1.4±1.1	1.5±1.4	0.496
Concomitant asthma	35 (19.8)	55 (10.9)	0.003
ICS/LABA usage over 360 days	177 (18.8)	23 (2.9)	<0.001
Pulmonary function tests			
FEV ₁ , % predicted	40.7±13.0	54.1±20.2	<0.001
FVC, % predicted	63.1±16.0	71.1±19.4	<0.001
FEV ₁ /FVC ratio, %	48.0±11.1	54.9±10.9	<0.001
DLco, % predicted	56.7±22.1	71.5±20.2	<0.001
Respiratory admission within 2 years	30 (16.9)	47 (9.3)	0.006
X-ray severity (0–6)	3.3±1.3	2.9±1.3	<0.001
Long-term oxygen therapy	30 (16.9)	29 (5.7)	<0.001

Notes: Data are presented as mean ± SD or number of patients (%), unless otherwise indicated. *LAMA group included patients who were prescribed the tiotropium inhaler for ≥360 days during the follow-up period.

Abbreviations: DLco, diffusing capacity for carbon monoxide; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; LAMA, long-acting muscarinic antagonist.

BMI, ever smoker, higher CCI, lower FEV₁, severe chest X-ray findings, and long-term oxygen usage were related to higher mortality. Multivariate Cox proportional hazards model analysis showed that age (HR, 1.059; 95% CI, 1.032–1.087; $P<0.001$), BMI (HR, 0.892; 95% CI, 0.826–0.964; $P=0.004$), CCI (HR, 1.495; 95% CI, 1.315–1.700; $P<0.001$), and X-ray severity (HR, 1.244; 95% CI, 1.004–1.541; $P=0.045$) were significant independent risk factors for mortality. LAMA inhaler usage was not a significant risk factor for mortality in the univariate analysis, but was associated with lower risk of mortality in the multivariate analysis (HR, 0.405; 95% CI, 0.211–0.776; $P=0.006$, Table 3). However, ICS/LABA inhaler usage was not a significant risk factor for mortality in both univariate and multivariate analysis.

Propensity score matching between LAMA and non-LAMA groups

Because baseline pulmonary function and other baseline characteristics in addition to ICS/LABA inhaler usage were significantly different between LAMA and non-LAMA,

patients were matched based on the logit of the propensity score. After propensity score matching, 121 patients were selected from each group. Furthermore, we performed additional propensity score matching after patients with ICS/LABA inhaler usage over 360 days were excluded; 64 patients were selected from each of the LAMA and non-LAMA groups. Baseline characteristics were not different between LAMA and non-LAMA groups after the two propensity score matchings analyses (Table 4).

Comparison of mortality between LAMA and non-LAMA groups before and after propensity score matching

Kaplan–Meier survival analysis showed no significant differences between LAMA and non-LAMA groups before propensity score matching (Figure 2A, $P=0.115$). However, after propensity score matching, the survival period in the LAMA group was significantly longer than that in the non-LAMA group (Figure 2B, $P=0.002$). The results were similar even after patients with ICS/LABA usage were excluded (Figure 2C, $P=0.043$). Three sets of analyses

Table 2 Baseline characteristics of patients with airflow limitation according to ICS/LABA usage over 360 days

	ICS/LABA group*	Non-ICS/LABA group	P-value
Number of patients	171 (25.0)	512 (75.0)	
Age (years)	61.9±10.8	62.0±11.4	0.930
Male gender	119 (69.6)	352 (68.8)	0.837
Body mass index, kg/m ²	21.9±3.6	21.9±3.4	0.969
Ever smoker	107 (62.6)	297 (58.0)	0.293
mMRC dyspnea scale			<0.001
–0	22 (12.9)	201 (39.4)	
–1	59 (34.7)	176 (34.5)	
–2	47 (27.6)	77 (15.1)	
–3	29 (17.1)	40 (7.8)	
–4	13 (7.6)	16 (3.1)	
Charlson Comorbidity Index	1.3±1.1	1.5±1.5	0.017
Concomitant asthma	52 (30.4)	38 (7.4)	<0.001
LAMA usage over 360 days	107 (62.6)	70 (13.7)	<0.001
Pulmonary function tests			
FEV ₁ , % predicted	40.2±13.0	54.1±20.0	<0.001
FVC, % predicted	62.8±16.8	71.1±19.1	<0.001
FEV ₁ /FVC ratio, %	47.6±10.8	54.9±11.0	<0.001
DLco, % predicted	61.4±23.1	70.1±20.7	0.003
Respiratory admission within 2 years	25 (14.6)	52 (10.2)	0.110
X-ray severity (0–6)	3.3±1.4	2.9±1.3	<0.001
Long-term oxygen therapy	31 (18.1)	28 (5.5)	<0.001

Notes: Data are presented as mean ± standard deviation or number of patients (%), unless otherwise indicated. *ICS/LABA group included patients who were prescribed the fluticasone propionate/salmeterol or budesonide/formoterol inhaler for ≥360 days during the follow-up period.

Abbreviations: DLco, diffusing capacity for carbon monoxide; LAMA, long-acting muscarinic antagonist; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist.

Table 3 Risk factors for mortality in tuberculous destroyed lung patients with airflow limitation

	Univariate analysis			Multivariate analysis		
	HR	95% CI	P-value	HR	95% CI	P-value
Age, years	1.047	1.023–1.071	<0.001	1.059	1.032–1.087	<0.001
Male gender compared to female	1.979	1.104–3.547	0.022	1.239	0.576–2.666	0.583
Body mass index	0.876	0.813–0.943	<0.001	0.892	0.826–0.964	0.004
Ever smoker	1.509	0.926–2.460	0.099	1.024	0.543–1.933	0.941
mMRC dyspnea scale			0.326			
0 (reference)	1.000					
1	0.805	0.448–1.446	0.805			
2	0.973	0.486–1.948	0.973			
3	1.274	0.609–2.666	0.520			
4	2.201	0.836–5.793	0.110			
Charlson Comorbidity Index	1.553	1.374–1.756	<0.001	1.495	1.315–1.700	<0.001
Concomitant asthma	0.654	0.313–1.364	0.257			
LAMA usage	0.609	0.326–1.135	0.118	0.405	0.211–0.776	0.006
ICS/LABA usage	0.951	0.568–1.592	0.848			
FEV ₁ , % predicted	0.984	0.971–0.997	0.015	0.985	0.970–1.001	0.062
X-ray severity (0–6)	1.329	1.120–1.578	0.001	1.244	1.004–1.541	0.045
Long-term oxygen therapy	2.146	1.176–3.916	0.013	1.301	0.686–2.466	0.420

Note: Cox proportional hazards analysis was performed.

Abbreviations: DLco, diffusing capacity for carbon monoxide; LAMA, long-acting muscarinic antagonist; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist.

Table 4 Baseline characteristics of patients in LAMA and non-LAMA groups after propensity score matching

	Including patients with ICS/LABA usage				Excluding patients with ICS/LABA usage			
	LAMA group	Non-LAMA group	P-value	SMD	LAMA group	Non-LAMA group	P-value	SMD
Number of patients	121	121			64	64		
Age (years)	63.6±10.4	62.4±10.1	0.364	0.117	64.2±9.6	64.7±10.0	0.766	0.053
Male gender	90 (74.4)	87 (71.9)	0.772	0.056	50 (78.1)	51 (79.7)	>0.999	0.038
Body mass index (kg/m ²)	21.7±3.4	21.6±3.4	0.794	0.034	21.2±3.2	20.6±3.5	0.297	0.185
Ever smoker	78 (64.5)	76 (62.8)	0.894	0.034	42 (65.6)	45 (70.3)	0.705	0.101
mMRC dyspnea scale			0.778	0.172			0.903	0.182
–0	23 (19.0)	24 (19.8)			15 (23.4)	16 (25.0)		
–1	42 (34.7)	49 (40.5)			25 (39.1)	28 (43.8)		
–2	34 (28.1)	32 (26.5)			17 (26.6)	13 (20.3)		
–3	15 (12.4)	12 (9.9)			5 (7.8)	4 (6.3)		
–4	7 (5.8)	4 (3.3)			2 (3.1)	3 (4.7)		
Charlson Comorbidity Index	1.4±1.1	1.5±1.4	0.796	0.033	1.5±1.2	1.4±1.2	0.829	0.038
Concomitant asthma	24 (19.8)	22 (18.2)	0.870	0.042	5 (7.8)	3 (4.7)	0.715	0.129
ICS/LABA usage over 360 days	53 (43.8)	54 (44.6)	>0.999	0.017	0	0		
Pulmonary function tests								
FEV ₁ , % predicted	42.9±13.6	43.5±14.8	0.776	0.037	45.4±14.6	45.1±15.1	0.906	0.021
FVC, % predicted	63.9±16.0	65.2±18.6	0.556	0.076	64.5±16.4	63.8±18.3	0.823	0.040
FEV ₁ /FVC ratio, %	49.8±11.0	48.8±10.7	0.478	0.091	52.2±11.1	51.8±10.8	0.822	0.040
DLco, % predicted	60.8±23.0	66.7±20.3	0.192	0.098	59.2±20.6	63.4±22.0	0.464	0.159
Respiratory admission within 2 years	15 (12.4)	12 (9.9)	0.683	0.079	7 (10.9)	8 (12.5)	>0.999	0.049
X-ray severity (0–6)	3.2±1.3	3.2±1.4	0.732	0.044	3.2±1.2	3.0±1.2	0.374	0.158
Long-term oxygen therapy	16 (13.2)	12 (9.9)	0.547	0.103	6 (9.4)	6 (9.4)	>0.999	0

Note: Data are presented as mean ± standard deviation or number of patients (%), unless otherwise indicated.

Abbreviations: DLco, diffusing capacity for carbon monoxide; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; LAMA, long-acting muscarinic antagonist; SMD, standardized mean differences.

(before propensity score matching, after propensity score matching including patients with ICS/LABA usage, and after propensity score matching excluding patients with ICS/LABA usage) revealed that the follow-up period did not significantly differ between the LAMA and the non-LAMA groups (Table S1). Similar with Kaplan–Meier survival analysis, 5-year mortality rate was lower in the LAMA group than in the non-LAMA group after propensity score matching including patients with ICS/LABA usage (2.5 vs 9.1%, $P=0.057$) and excluding patients with ICS/LABA usage (3.1 vs 14.1%, $P=0.039$).

Discussion

Our current study showed that the LAMA inhaler therapy might reduce mortality in patients with TDL and airflow limitation. Although LAMA inhaler was prescribed more often for patients with older age, more symptoms, and reduced lung function, the patients in the LAMA group showed lower

overall mortality than patients in the non-LAMA group, after adjusting for unbalanced covariates. To the best of our knowledge, none of the prior studies investigated the role of inhaler therapy in the mortality of patients with TDL and airflow limitation.

Although there is no consensus standard treatment for patients with TDL and airflow limitation, inhaler therapy, such as inhaled LAMA or ICS/LABA, is often applied in real practice.⁷ LAMA inhaler has been widely used in COPD patients.¹³ However, there are few data regarding the use of inhaler therapy in patients with TDL. A recent study found that among 29 patients with TDL, 20 patients (72%) exhibited an increase of >10% in FEV₁ over baseline after 2 months of tiotropium treatment,⁸ and the results suggested that relaxation of the bronchial smooth muscle and/or reduction of airway secretion by tiotropium might improve pulmonary function. In our current study, we found that 177 patients (25.9%) were prescribed LAMA inhaler for over 360 days.

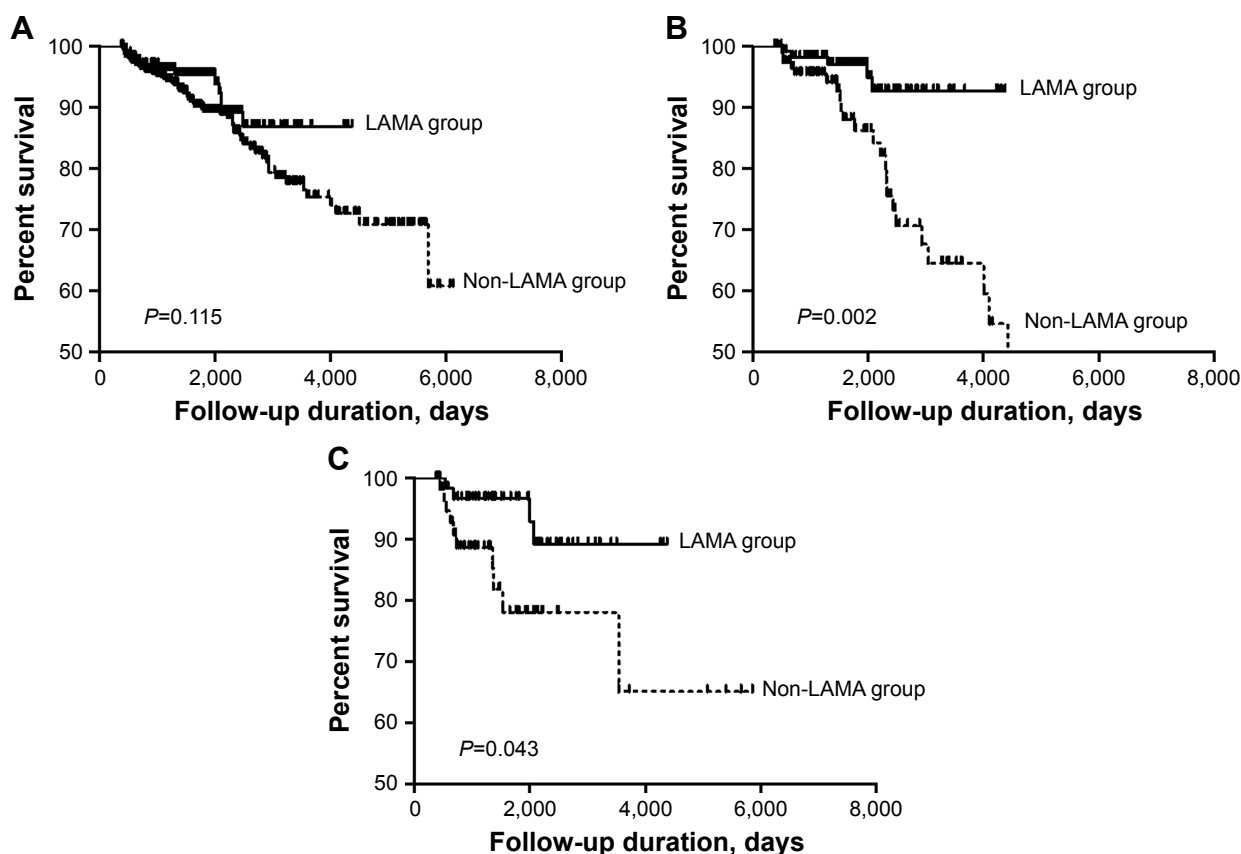


Figure 2 Comparison of Kaplan-Meier survival curves between LAMA and non-LAMA groups.

Notes: (A) Before propensity score matching, (B) after propensity score matching, including patients with inhaled corticosteroid/long-acting beta-2 agonist (ICS/LABA) usage, (C) after propensity score matching excluding patients with ICS/LABA usage. P-value from log rank test.

Abbreviation: ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; LAMA, long-acting muscarinic antagonist.

Importantly, our study demonstrated that the prognosis of patients was better in the LAMA group than in the non-LAMA group, even after adjusting unbalanced covariates between two groups and excluding patients with using ICS/LABA usage. These findings reinforce the importance of LAMA inhaler treatment for patients with TDL and airflow limitation.

Although the ICS/LABA inhaler has been used as one of the treatment options for patients with COPD,¹⁴ the LAMA inhaler alone or in the combination with the LABA inhaler is the preferred therapeutic option for patients with COPD because of its great efficacy and low adverse events, such as pneumonia.^{15,16} Previous studies reported an effect of inhaler on pulmonary function in patients with TDL. Kim et al⁹ reported that indacaterol group had improved FEV₁ and transition dyspnea index compared with the placebo group in 119 patients with TDL and moderate to severe airflow limitation. In addition, Rhee et al,⁷ in 35 patients with TDL, reported that both LAMA and ICS/LABA inhaler usage significantly increased the FEV₁ (respectively 0.14 and 0.28 L) compared to those of patients who did not use medication (0.01 L).⁷ However, no previous study has investigated the

role of inhaler therapy on mortality in patients with TDL. In the current study, while the LAMA inhaler usage was favorable prognostic factor, the ICS/LABA inhaler usage was not associated with prognosis in patients with TDL and airflow limitation. The reason for this result is unclear, and one possible explanation is that our study included small number of patients with asthma or bronchodilator response. In fact, 13.2% of patients had concomitant asthma and 7.2% of patients with available post-bronchodilator pulmonary function test had a bronchodilator response in the current study. Notably, growing evidences indicate that ICS might increase the risk of pneumonia or reactivation of TB.¹⁷⁻¹⁹ Therefore, ICS/LABA inhaler should only be prescribed for a selected group of patients with TDL.

TB can cause the progressive and extensive destruction of lung parenchyma, and the damage may induce chronic airflow obstruction (with ranges of 30%–80%).^{6,20-23} Furthermore, Plit et al²⁴ showed that a substantial proportion of patients with TB had impaired lung function, even after successful TB treatment. The prevalence of airflow limitation in patients with TDL was 55.8% in our study,

which is comparable with that in previous studies. A few studies have shown that airflow limitation might affect the clinical course of patients with TDL. Lee et al⁵ found that patients with airflow limitation and TDL had higher airflow resistance and lower positive bronchodilator response rates compared with COPD patients. Kim et al⁶ showed that airflow limitation was an independent risk factor for acute exacerbation (HR 1.634, $P=0.044$) in 158 patients with TDL. However, treatment information that could affect prognosis was not considered in that study. In addition, Rhee et al⁷ showed that the numbers of exacerbations did not differ in TDL patients with and without airflow limitation, although patients with airflow limitation had lower FEV₁, these patients used LAMA or ICS/LABA more frequently than did those without airflow limitation in that study. In our current study, patients with airflow limitation tended to have worse prognosis than did those without airflow limitation group, with marginal significance (P -value =0.067) (Figure S1). Although patients with airflow limitation had worse baseline characteristics than those without airflow limitation, inhaler therapy was prescribed more frequently in patients with airflow limitation than in those without airflow limitation (Table S2). These findings suggest that inhaler treatment might be associated with favorable prognosis in patients with TDL.

Beside LAMA inhaler usage, older age, lower BMI, and higher CCI were associated with higher mortality. These variables are relatively well known as predictors of poor prognosis in patients with COPD.^{25–27} In addition, the present study found that higher X-ray severity was associated with poor prognosis. The findings in the present study are supported by those in previous studies. Ryu et al²⁸ found that the extent of the destroyed lung parenchyma was only independent prognostic factor for mortality in 169 patients with TDL (HR 3.52, $P=0.004$). Therefore, patients with severe lung destruction should be monitored carefully and treated actively.

In our study, subjects were followed up for a relatively long period of time (median, 1,566 days). Although the follow-up duration for the LAMA group was not different for the non-LAMA group after propensity score-matching analysis, the 5-year mortality rate was lower in the LAMA group than in the non-LAMA group. In addition, ~50% of patients in the LAMA group had a medication possession ratio (MPR) $\geq 80\%$, and these patients were classified as the “adherent group” in many previous studies.^{29–32} Collectively, these results indicate that LAMA inhaler therapy might be

effective in reducing mortality in patients with TDL and airflow limitation.

This study has several limitations. First, our study was retrospective in nature. However, this study included a large number of patients with few missing data. In addition, we used a statistical method (propensity score analysis) to reduce confounding factors. Second, the treatment duration during the follow-up period was variable in the LAMA group. Although the LAMA group only included patients who used the LAMA inhaler for >360 days to enable evaluation of the long-term effect, 13 patients (7.3% in the total LAMA group) were prescribed the LAMA inhaler for <30% of the total follow-up period. These patients might have interfered with the accurate results in our study. Moreover, after propensity score matching, among patients in the non-LAMA group, 46 patients (38.0%) were prescribed the LAMA inhaler <1 year (median treatment duration: 100 days). However, none of these patients had died, which might have some effect on the results of this study. Finally, our study included patients at a single referral center in South Korea. Thus, external validation studies with other populations of patients with TDL and airflow limitation are needed. On the other hand, our study has advantages in data collection. We collected survival information of all patients by using the national health insurance database in South Korea, which makes it possible to trace the death of patients. Since South Korea has a mandatory universal health insurance system for the entire Korean population, it provides an accurate and useful research source.^{33,34}

Conclusions

The current study findings suggest that LAMA inhaler therapy might be associated with favorable prognosis in patients with TDL and airflow limitation. Therefore, LAMA inhaler therapy can be considered as a reasonable treatment option for these patients.

Abbreviations

TDL, tuberculous destroyed lung; LAMA, long-acting muscarinic antagonist; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; BMI, body mass index; CCI, Charlson Comorbidity Index.

Ethics approval

The study protocol was approved by the Institutional Review Board of Asan Medical Center (2016-1028). Because this study comprised a retrospective review of medical records, written informed consent was waived.

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Author contributions

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure

CK Rhee received consulting/lecture fees from MSD, AstraZeneca, Novartis, Takeda, Mundipharma, Boehringer-Ingelheim, Teva, and Bayer. Other authors have no potential conflicts of interest to disclose in this work.

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Supplementary materials

Table S1 Clinical course and medication history of patients in LAMA group and non-LAMA group

	Before propensity score matching			After propensity score matching (including patients with ICS/LABA usage)			After propensity score matching (excluding patients with ICS/LABA usage)		
	LAMA group	Non-LAMA group*	P-value	LAMA group	Non-LAMA group**	P-value	LAMA group	Non-LAMA group***	P-value
Number of patients	177	506		121	121		63	63	
Median follow-up duration, days	1,687 [1,048–2,352]	1,517 [863–2,479]	0.462	1,747 [1,085–2,446]	1,498 [973–2,465]	0.341	1,603 [928–2,424]	1,052 [622–1,930]	0.011
Mean follow-up duration, days	1,794.4±944.6	1,918.9±1,384.6	0.186	1,843.7±911.5	1,897.3±1,311.4	0.712	1,770.9±1,015.3	1,483.5±1,284.5	0.163
Death within 5-year	7 (4.0)	36 (7.1)	0.136	3 (2.5)	11 (9.1)	0.028	2 (3.1)	9 (14.1)	0.027
Median LAMA prescription duration, days (median)	940 [600–1,455]	90 [30–180]	<0.001	1,010 [605–1,435]	0 [0–50]	<0.001	845 [490–1,275]	0 [0–48]	<0.001
Mean LAMA prescription duration, days (mean)	1,047.3±494.4	114.6±91.9	<0.001	1,046.2±486.3	48.8±88.8	<0.001	901.3±39.7	454.3±73.3	<0.001
MPR ≥ 80%	97 (54.8)	1 (0.7)*	<0.001	59 (48.8)	1 (2.2)**	<0.001	30 (46.9)	0	<0.001
MPR < 30%	13 (7.3)	134 (90.0)	<0.001	9 (7.4)	41 (89.1)	<0.001	7 (10.9)	18 (75.0)	<0.001

Notes: Data are presented as median [interquartile range], mean ± standard deviation or number of patients (%). *Among non-LAMA group before propensity score matching, 149 patients received LAMA inhaler <360 days. One patient received LAMA during 320 days (total follow-up period: 395 days). **Among non-LAMA group after propensity score matching (including patients with ICS/LABA usage), 46 patients received LAMA inhaler <360 days. One patient received LAMA during 320 days (total follow-up period: 395 days). ***Among non-LAMA group after propensity score matching (excluding patients with ICS/LABA usage), 24 patients received LAMA inhaler <360 days.

Abbreviations: LAMA, long-acting muscarinic antagonist; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; MPR, medication possession ratio.

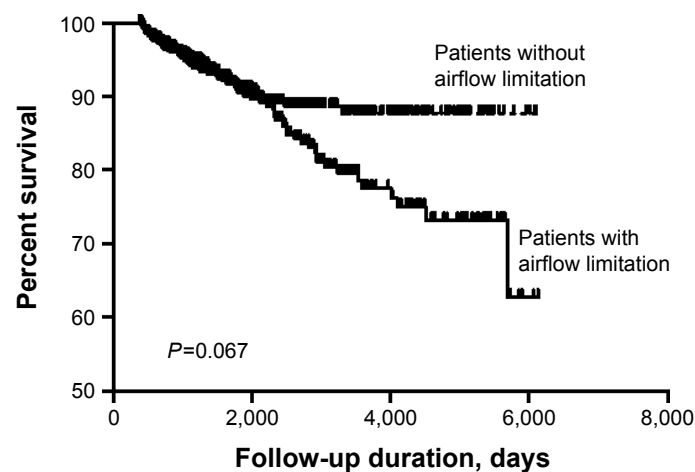


Figure S1 Comparison of Kaplan–Meier survival curves between patients with airflow limitation and without airflow limitation.
Note: P-value from Log rank test.

Table S2 Baseline characteristics of patients in with or without airflow limitation groups

	With airflow limitation group	Without airflow limitation group	P-value
Number of patients	683 (55.8)	542 (44.2)	
Age, years	62.0±11.2	56.4±13.5	<0.001
Male gender	471 (69.0)	300 (55.4)	<0.001
Body mass index, kg/m ²	21.9±3.4	21.5±3.6	0.032
Ever smoker	404 (59.2)	246 (45.4)	<0.001
mMRC dyspnea scale			<0.001
–0	223 (32.8)	333 (61.4)	
–1	235 (34.6)	112 (20.7)	
–2	124 (18.2)	66 (12.2)	
–3	69 (10.1)	23 (4.2)	
–4	29 (4.3)	8 (1.5)	
Charlson Comorbidity Index	1.5±1.4	1.0±1.3	<0.001
Concomitant asthma	90 (13.2)	15 (2.6)	<0.001
LAMA usage over 360 days	171 (25.0)	23 (4.2)	<0.001
ICS/LABA usage over 360 days	177 (25.9)	31 (5.7)	<0.001
Pulmonary function tests			
FEV ₁ , % predicted	50.6±19.5	78.2±24.9	<0.001
FVC, % predicted	69.0±18.9	73.9±23.2	<0.001
FEV ₁ /FVC ratio, %	53.1±11.4	80.5±0.08	<0.001
DLco, % predicted	67.8±21.6	75.7±26.4	<0.001
Respiratory admission within 2 years	77 (11.3)	67 (12.4)	0.557
X-ray severity (0 to 6)	3.0±1.3	2.3±1.5	< 0.001
Long-term oxygen therapy	59 (8.6)	31 (5.7)	0.052

Notes: Data are presented as mean ± standard deviation or number of patients (%), unless otherwise indicated. Airflow limitation group was defined as patients who had FEV₁/FVC <70%.

Abbreviations: LAMA, long-acting muscarinic antagonist; ICS/LABA, inhaled corticosteroid/long-acting beta-2 agonist; DLco, diffusing capacity for carbon monoxide.

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