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ORIGINAL RESEARCH

# Nanogel loaded with surfactant based nanovesicles for enhanced ocular delivery of acetazolamide

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Objective: Intraocular pressure has always been a great challenge for topical ophthalmic drugs. The study aimed to develop ocular surfactant based nanovesicles (NVs) carried in mucoadhesive nanogel providing efficient topical delivery of acetazolamide (ACZ).

Methods: For the sake of optimizing formulation parameters, the effect of the type of edge activator and its ratio to sorbitan monostearate (Span 60) on the mean particle size, entrapment efficiency (%EE), and zeta potential (ZP) of produced NVs was investigated.

Results: The selected formulation composed of Span 60:sodium deoxycholate with ratio 80:20 showed an average diameter of 202.90 nm, %EE of 90.2%, and ZP of −38.1 mV with a spherical and smooth surface. The ACZ loaded nanovesicles (ACZ-NVs) were embedded in different concentrations of Chitosan–sodium tripolyphosphate (CS-TPP) nanogels. The nanogel prepared using 1.5% CS showed the most promising viscosity, adhesion time, and rheological behavior (118,246 cP, 290 min, and thixotropic behavior, respectively). The in vitro release of ACZ showed a controlled release profile after incorporation in nanogels. The in vivo irritation test showed minimal irritation for the nanogel formulation compared to ACZ topical suspension. The effect of intraocular pressure lowering was significantly prolonged using ACZ-NV nanogels compared to ACZ oral tablets. Histopathological examination emphasized the healing power of CS on retinal atrophy.

Conclusion: The research work indicated a promising potential for successful topical delivery of ACZ.

Keywords: nanogels, acetazoleamide, intraocular pressure, nanovesicles, edge activators, ocular delivery

# Introduction

Recently, there has been increasing interest in combining the advantages of nanoparticles and hydrogels together, creating nanogels to offer researchers great and novel opportunities for wide varieties of biomedical and pharmaceutical applications.<sup>1</sup> By modification of a biodegradable nanogel system and fine tuning of its composition, optimal drug loading and controlled release for efficient peroral, rectal, vaginal, ocular, and transdermal drug delivery could be achieved.<sup>2,3</sup> Moreover, the nanogels can be produced on an industrial scale and the raw materials are easily afforded, providing high economical cost-benefit ratio.<sup>4</sup> Most importantly, nanogel particles can be rapidly cleared out from the body post treatment via renal excretion and/or enzymatic degradation to reduce the unwanted toxicity.<sup>55</sup>

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Efficient ocular drug delivery is one of the puzzling challenges facing pharmaceutical scientists, because of poor bioavailability, weak therapeutic response, and rapid precorneal drug elimination associated with patient compliance problems.6 In order to conquer the problems of conventional ocular therapy, neoteric topical delivery systems have been explored by researchers.<sup>7,8</sup>

Acetazolamide (ACZ) is a very well-known carbonic anhydrase inhibitor that is vastly used orally for the diminution of intraocular pressure (IOP) in patients suffering from glaucoma. However, large oral doses of ACZ are required to obtain the desired lowering in IOP which usually lead to systemic side effects, the most common of which are diuresis and metabolic acidosis.<sup>9</sup> Most patients are incapable to endure the side effects of ACZ and hence they withdraw from therapy. Thus, a number of scientists sought to develop an effective topical formulation for delivering ACZ composed of high drug concentration  $(2.5-10\% \text{ w/v})$ , viscolizing agents (PVA, HPMC), penetration enhancers (EDTA), and complexing agents (hydroxyl propyl-βcyclodextrin) entrapped in particulate drug delivery carriers.<sup>10</sup> Surprisingly, the complex did not show promising results in terms of the intensity of the decrease in IOP and improvement of side effects. The restrictions in the development of topical formulations of ACZ are due to its low solubility and inadequate corneal penetration.<sup>11</sup> Kumar and Rajeshwarrao.<sup>12</sup> reported that introduction of surfactant based nanovesicles (NVs) has improved both permeability and bioavailability of poorly water soluble drugs. In ocular delivery, NVs also have the ability to prevent metabolism of the drug at the tear/corneal epithelium surface by various enzymes including esterases and oxidoreductases.<sup>13</sup>

Inspired by the unique properties of both nanogels and NVs, this research aimed to develop a drug delivery system for topical administration of ACZ taking advantage of the high penetration power of surfactant based NVs accompanied with the ease of application and the prolonged residence time of mucoadhesive nanogels. For the sake of optimization, different ratios of Span 60 to different edge activators (Tween 20, Tween 80, sodium deoxycholate) were evaluated for their effect on the physical characterization of NVs. A selected formulation was subsequently introduced into Chitosan polymeric nanogel followed by in vitro and in vivo studies.

# Materials and methods **Materials**

Acetazolamide (ACZ) was kindly received as a gift from CID Pharmaceutical Co., Cairo, Egypt. Sorbitan monostearate (Span 60), polysorbate (Tween 80, Tween 20), sodium deoxycholate (SDC), and Chitosan (low viscosity) were purchased from Sigma-Aldrich Co., St Louis, MO, USA. Sodium tripolyphosphate (TPP) was bought from EVA Cosmetics Co., Cairo, Egypt. Cellulosic membrane Spectra/pore No. 2, 12-14000D was purchased from Spectrum Laboratories, Inc., USA. Ethyl acetate and ethanol were obtained as HPLC grade from El Nasr Pharmaceutical Chemicals Company, Cairo, Egypt.

#### **Methods**

#### Preparation of ACZ-loaded surfactant based NVs

ACZ-NVs were prepared by ethanol injection method which was reported as a successful method in previous literature reports.<sup>14,15</sup> Accurately weighed amounts of ACZ and the different calculated amounts of Span 60 were dissolved in absolute ethanol until clear solutions were obtained. According to the ratios illustrated in Table 1, different types and amounts of edge activators (EAs) (Tween 80, Tween 20, or SDC) were dissolved in distilled water and heated, reaching 60 °C. A glass syringe was charged with the EA solution prepared above and mounted on the infusion pump. The pump was programmed to a flow of 0.5 mL  $h^{-1}$ , with an inner syringe diameter of 20 mm. The mixture was left at 40 ° C on the magnetic stirrer for 15 min and another 15 min at 18 °C. The formulated vesicles appeared as a milky turbid suspension. The composition of the formulated NVs is demonstrated in Table 1.

Table I Composition of acetazolamide nanovesicles

<b>Formulation (F)</b> number	Edge activator (EA)	<b>Ratio of Span</b> 60:EA
FI	Tween 80	90:10
F <sub>2</sub>		80:20
F <sub>3</sub>		70:30
F <sub>4</sub>	Sodium	90:10
F <sub>5</sub>	deoxycholate	80:20
F <sub>6</sub>		70:30

Abbreviation: Span 60, sorbitan monostearate.

# Characterization of ACZ-NVs

#### Determination of percentage drug entrapment efficiency (%EE)

The %EE corresponds to the amount of drug entrapped inside the particles of NVs relative to the total drug content. The %EE can be determined either directly or indirectly.<sup>16,17</sup> For the accuracy of procedure results, both methods were applied for determining the concentration of ACZ in the developed NVs.

#### Direct determination of %EE

The formulated ACZ-NVs were separated by cooling ultracentrifugation at 12,000 rpm and 4 °C for 15 min. The pellet was dissolved using absolute ethanol and the absorbance was measured spectrophotometrically (JASCO V-530 double beam UV–VIS spectrophotometer connected to a computer loaded with Spectra Manager Program, Japan) at maximum wavelength 265 nm and then the amount of the ACZ drug was calculated according to the following equation:

$$
\%EE = \frac{Amount of drug actually present}{Total amount of drug added} \times 100
$$
 (1)

#### Indirect determination of %EE

The concentration of free drug was measured in the aqueous supernatant solution obtained after centrifugation of the NV suspensions. The solutions were measured spectrophotometrically at 265 nm and the %EE was given from the following equation:

$$
\%EE = \frac{\text{Total amount of drug} - \text{amount of unbound drug}}{\text{Total amount of drug}} \times 100
$$
\n(2)

#### Determination of particle size, polydispersity index, and zeta potential

The size of vesicles was determined by dynamic light scattering using a Nano ZS Zetasizer (Malvern Instruments, Malvern, UK). A 1-ml sample of nanosuspension was dispersed in 10 ml of double-distilled water. The samples were ultrasonicated for 5 min prior to size determination. The system was equipped with a 4 mW helium/ neon laser at 633 nm wavelength and the sample measured with non-invasive backscatter technology at a detection angle of 173° using DTS Nano version 6.12 software (Malvern Instruments). All measurements were carried out at 25 °C assuming 0.8872 cP and 1.330 as the medium viscosity and refractive index, respectively. The average particle size, polydispersity index (PDI), and zeta potential (ZP) were measured. Triplicate determinations for each formulation were carried out and the mean±SD was deduced.18

#### Transmission electron microscopy

The morphological examination of the optimum formulation was performed by a transmission electron microscope (TEM) operating at 80 kV (model JEM-1230, JEOL, Tokyo, Japan). One drop of the diluted vesicular dispersion was deposited on the surface of a carbon-coated copper grid, negatively stained with 2% phosphotungstic acid, and then allowed to dry at room temperature for 10 min for investigation.

#### Preparation of ACZ-NV loaded nanogel

The optimized ACZ-NV formulation was incorporated into a topical nanogel according to the method published.<sup>19</sup> Three stock solutions were prepared by dissolution of the Chitosan (CS) powder at concentrations of 0.8, 1.5, and 2.5 mg·mL<sup>-1</sup> in a 2% (m/v) acetic acid aqueous solution and stirred overnight. Nanogels were obtained by an ionotropic gelation process.<sup>20</sup> An amount of selected ACZ-NV formulation equivalent to 10 mg ACZ was dispersed in the polyanionic phase, that is, TPP  $(1.2 \text{ mg} \cdot \text{mL}^{-1})$  in water  $(4.5 \text{ mL})$ . The polyanion solution was added dropwise to the CS solution (9 mL) under sonication (750 W, amplitude 32%) to obtain stable nanogel. By the end of the addition, magnetic stirring was maintained for 10 min. $^{21}$  The composition of the formulated ACZ-NV nanogels is illustrated in Table 2.

#### Determination of the gel pH

A certain amount of the formulated nanogels was dispersed in 30 ml water. The pH of the various gel formulations was determined using a digital pH meter (Mettler Toledo MP 220, Switzerland).

Table 2 The physicochemical characterization of acetazolamide loaded nanovesicles

Formula (F) number	Particle size (nm)	<b>PDI</b>	Zeta poten- tial (mV)	℅ <b>EE</b>
FΙ	446.2	0.308	$-20.8$	58.4
F <sub>2</sub>	301.1	0.184	$-19.3$	67.9
F <sub>3</sub>	218.3	0.142	$-18.3$	59.2
F <sub>4</sub>	224.5	0.224	$-34.1$	76.8
F <sub>5</sub>	202.9	0.308	$-38.1$	90.2
F <sub>6</sub>	194.8	0.438	$-41.2$	81.3

Abbreviations: %EE, percentage drug entrapment efficiency; PDI, polydispersity index.

# Rheological properties of ACZ-NV loaded nanogel

The viscosity of ACZ-NV nanogel was measured by a Brookfield Viscometer (Brookfield DV-III Ultra R/S +RHEOMETER, MA, USA). About 0.5 g of the formulation was applied to the plate and left until the temperature of the cone reached  $25\pm1$  °C. The measurement was started at 20 rpm; the speed was gradually increased till it reached 200 rpm, and then reduced gradually until reaching the starting rpm. The shear stress versus shear rate measurements were analyzed non-parametrically by calculating the area of hysteresis loops. The linear trapezoidal rule was used to calculate the area under the down and upper curves that were subtracted to get the hysteresis area. To study the flow behavior of the different ACZ-NV loaded nanogels, the log shear rate was plotted against log shear stress and the following equation was applied:

$$
LogG = NLogF - Log\eta
$$

where G is shear rate ( $sec^{-1}$ ), F is shear stress (dyne/cm<sup>2</sup>), η is viscosity, and N is Farrow's constant.22

# Determination of the in vitro mucoadhesive time of ACZ-NV nanogel

The mucoadhesive forces of ACZ-NV loaded nanogels were determined according to the method reported. $^{23}$ Pieces of rabbit ocular tissue were surgically removed and placed in cold saline solution. The tissues were stored frozen in phosphate buffer pH 7.4 and thawed to room temperature before use. At the time of testing, a section of tissue was fixed on the side of a beaker. The gels were attached to the tissues by applying light force with a fingertip for 60 sec. The beaker was then filled with 100 mL phosphate buffer pH 6.8 at 37 ºC and magnetically stirred at 100 rpm. The time for complete erosion of the gels from the tissues was taken as an indication of the in vitro adhesion time.

# In vitro drug release study

In vitro release of ACZ from ACZ-NVs and ACZ-NV nanogel was evaluated. The study was carried out using glass cylindrical tubes opened from both ends with a diameter of 2.5 cm and tightly covered with a cellophane membrane. One gram of gel was placed in the cylindrical tube; the tube was suspended so that the membrane was just below the surface of 100 mL phosphate buffer pH 7.4 at approximately 100 rpm. Samples of

1 mL were withdrawn at predetermined time intervals, and then the release medium was compensated with equal volumes of fresh medium to ensure sink conditions. Samples were filtered through a 0.45-mm pore filter and analyzed for drug content by a UV visible spectrophotometer at 265 nm after appropriate dilutions. Kinetics of ACZ release was analyzed according to zero order, first order, and Higuchi diffusion models.

# Stability study Stability of ACZ-NVS

To examine the aggregation of NVs and leakage of ACZ from them during the period of examination, physical stability studies of the prepared NVs were accomplished. The prepared NVs were kept in transparent capped vials (10 mL capacity) at 4 °C $\pm$ 1 °C, and 25 °C $\pm$ 1 °C (room temperature) and at 37 °C for 3 months. Samples from ACZ nanosuspension (2 mL) were taken periodically. Both the particle size and entrapment efficiency (EE) of the prepared NVs were measured over the stability study period, as already described. Visual inspection was carried out to detect the sedimentation.

# Stability of the nanogel formulation

The prepared ACZ nanogel was stored in amber-colored screw-capped bottles. The bottles were kept at  $4 \degree C$ ,  $25 \degree C$ , and at 37 °C/75% relative humidity  $\pm$ 5% for a period of 1 month. Samples of the examined gel (0.5 g) were withdrawn and evaluated for drug content. The prepared nanogel was examined for any change in appearance at the end of the study.<sup>24</sup>

# In vivo study of selected ACZ-NV nanogel

The Institutional Animal Ethical Committee reviewed the animal protocol prior to the experiment. All rabbits were treated in accordance with the guideline for the care and use of laboratory animals and with the permission of the Faculty of Pharmacy Helwan University Animal Ethical Committee. The study steps were in agreement with ARRIVE guidelines, the Directive of the European Parliament, and the Directive of the European Council 2010/63/EU.

# Assessment of ocular irritancy of ACZ-NV nanogel

In order to evaluate the ocular tolerance of the formulated ACZ-NV nanogel, six male albino New Zealand rabbits weighing 2.0–2.5 kg (2 groups) were used per formulation, observing them for any redness, inflammation, or increased tear production, upon ocular application. A 50 μL aliquot of ACZ-NV nanogel or equivalent concentration of ACZ suspension was instilled in the conjunctival sac of the right eye, while the contralateral eye was kept as control and received no treatment. Both eyes of the rabbits under test were examined using direct visual observation using a slit lamp.<sup>15</sup>

# Pharmacodynamic studies

Adult male albino rabbits were used for in vivo pharmacodynamic studies. The average IOP value for the tested rabbits was 23.9±1.7 mmHg. After 48 h injection of alpha chymotrypsin in the posterior chamber of the left eye, IOP was increased to above 40 mmHg. The IOP of the right eye of each rabbit in all groups maintained its normal value during the study. The 12 rabbits were divided into four groups: one instilled with 50 μL ACZ-NV nanogel into the left eye, the second was instilled with 50 μL of ACZ suspension, the third group was treated with an equal amount of ACZ oral tablet (commercial ACZ) in sterile water, while the fourth group was treated with 50 μL of physiological saline into the left eye. In order to avoid experimental deviation, the right eye conjunctiva sac (control) was placed in 50 μL physiological saline. IOP was measured eight times at the scheduled time intervals (0, 0.5, 1, 2, 3, 4, 5, and 6 h). Each measurement was repeated for three readings. IOP was measured with a tonometer (Riester, Germany) under surface anesthesia using 0.2% lidocaine.<sup>25</sup>

# Histopathological examination

The histopathological examination was conducted as a comparative study between the oral commercial tablet of ACZ (Commercial ACZ) and the optimum formulated ACZ-NV loaded nanogel formulation. Six adult male albino rabbits weighing 2–2.5 kg were divided into two groups. Group I received mucoadhesive ACZ-NV nanogel and group II received an equivalent concentration of Commercial ACZ, for a period of 10 days. The right eye was kept as a control in all experimental rabbits. All of the rabbits were killed after 10 days and their eyes were separated, fixed, cut vertically, dehydrated, cleared, and embedded in paraffin at 60 °C in a hot air oven for 24 h. Eyes were then sectioned and stained by H&E. Corneal histological examination was completed after photographing the stained sections using a light microscope.<sup>26</sup>

# Statistical analysis

Pairs of groups were compared by performing one-tailed Student's *t*-test and multiple group comparison was conducted using statistical software (SPSS-11, SPSS Inc., Chicago, IL, USA). All data are presented as mean values with their SD (mean±SD). Differences were considered to be statistically significant when the p-values were less than 0.05.

# Results and discussion

# Physical characterization of ACZ-NVs Percentage entrapment efficiency

The first indication of a successful preparation is a reasonable %EE. All of the formulations exhibited more than 50% EE which assured the capability of the suggested delivery system to entrap the drug.<sup>27</sup> Yet there was a significant difference in %EE among the formulations ranging from 58.2% for F3 (Span 60:Tween 20 with ratio 70:30) to 91% for F5 (Span 60:SDC with ratio 80:20) as shown in Table 2. The results showed that a higher ratio of Span 60 showed a significant increasing effect on the %EE which may be referred to its HLB and transition temperature that qualifies Span 60 to a high EE, which was supported by previous reports.<sup>28</sup> Another obvious remark was that the type and the concentration of EAs had a significant effect on the %EE of ACZ-NVs (Table 2). By observing the effect of the EA ratio on %EE, we can see that the EA ratio of 20% showed the highest %EE. However, further increase in the EA ratio will lead to a consequent decrease in %EE which may be attributed to pore formation in vesicle bilayers.29

#### Particle size, PDI, and ZP

The particle size of the NVs is a very critical parameter in order to minimize irritation in ocular tissue, decrease blurry vision, and enhance ocular permeation. $30$  The size of ACZ-NVs ranged between 175.6 and 346.2 nm as shown in Table 2. The results also showed that only the type of EA has a significant effect on the particle size of NVs, with  $p<0.0001$ . Results also revealed that the significant decrease in the particle size of ACZ-NVs was dependent on the degree of the hydrophobicity of the EA used. These findings contraindicated the results published by Manosroi et al, $31$  who supposed Tween 80 showed less particle size due to its low HLB compared to SDC.

All formulations showed acceptable PDI where the values ranged from 0.184 to 0.438 as shown in Table 2, indicating homogeneous particle size distribution. The lower the PDI, the higher the uniformity.

The values of ZP of ACZ-NVs ranged from −20.8 to −41.2 mV as shown in Table 2. The negatively charged surface of the NVs is expected to form a shield that prevents the aggregation of the vesicles and maintains stability of the formulation.<sup>15</sup> It could be clearly seen that ACZ-NVs prepared using SDC showed more negative ZP values (−40.1 mV for 30% SDC in F6), attributed to their anionic nature, compared to Tween 80, which is a non-ionic surfactant.<sup>32</sup> Taking all of the previous results together, the formulation coded F5 was selected for subsequent investigations. The formulation F4 was prepared using Span 60: SDC with ratio 80:20. It showed the highest %EE (90.2%), nearly smallest particle size (202.9 nm), a highly accepted value for PDI (0.308), and a high value of ZP (−38.1 mV). The ACZ-NVs coded F5 were incorporated into a CS-TPP nanogel and subjected to further evaluation.

#### TEM examination

The TEM micrographs revealed successful formation of nanovesicular particles with spherical shape and smooth surface. The micrographs are shown in Figure 1.

# Physical characterization of ACZ-NV loaded nanogels pH of nanogels

The measured pH of the nanogels ranged from 5.8 to 6.6 which is considered slightly acidic due to the presence of 2% acetic acid in the preparation. It is very well known that CS only dissolves in acidic pH, where a weak basic pH caused by TPP is a must for the ionization of CS and its cross-linking by ionic gelation.<sup>33</sup> However, the tolerability of eye to this range of pH was reported as acceptable in various recent research studies.<sup>34</sup>

#### Rheological studies

The CS nanogels were widely studied as potential nanocarriers of bioactive molecules in mucous-rich tissues such as ocular and nasal ones.35 The effect of different concentrations of CS on the rheological properties of produced nanogels was clearly observed as a significant increase  $(p<0.005)$  in the value of viscosity, Farrow's constant, and area under the hysteresis loop followed by a non-significant decrease (plateau) in the previously mentioned parameters (Table 3). Their values revealed that all CS-TPP nanogel formulations showed pseudoplastic flow with variable thixotropic behavior which is highly recommended for achieving prolonged residence on



Figure 1 Transmission electron microscope (TEM) micrographs of prepared acetazolamide loaded nanovesicles. (A) TEM micrograph of F2 (Span 60:Tween 80 ratio 80:20). (B) TEM micrograph of F5 (Span 60:sodium deoxycholate ratio 80:20). Abbreviations: F, formulation; Span 60, sorbitan monostearate.

CS concentra- tion $(\%w/w)$	<b>Viscosity (minimum)</b> (cP)	<b>Farrow's constant</b> (N)	Surface area of hysteresis loop	Time of adhesion (min)
0.8	89.352	1.4	3198.50	160
1.5	118,246	1.19	3983.95	290
2.5	110.832	1.12	3854.32	282

Table 3 Composition and characterization of ACZ-NV nanogels

Note: \*All of the gels were loaded with 1% w/w ACZ-NV selected formulation number 5 (F5). Abbreviations: ACZ-NV, acetazolamide loaded nanovesicle; CS, chitosan.

the mucous membrane.<sup>3</sup> The nanogel prepared with  $1.5\%$  w/ w CS showed the best rheological properties. These results could be explained by a high degree of cross-linking because all cross-linking sites at CS polymer are bound to TPP.<sup>36</sup> Another benefit of increasing viscosity of the CS nanogels is prevention of NVs from leaving the formulation.

#### Determination of in vitro mucoadhesion time

The long duration of preocular retention of the formulated ACZ-NV nanogel (Table 3) is based on the bioadhesive power of CS, varying from 160 min to 290 min. The reinforcement of the mucoadhesive forces could be explained by the fact that secondary bond forming groups (eg hydroxyl, ether oxygen, and amine) are the principal source of mucoadhesion. The cellulosic polymers have an abundance of hydroxyl and ether groups along their length.<sup>37</sup> All nanogel formulations eroded completely without being detached from the tissues. The high residence time shown by the prepared gels gave ACZ-NVs the chance to be absorbed through the surface of the mucosa and consequently increase the bioavailability.<sup>38</sup>

Based on rheological properties and time of adhesion results, the ACZ-NV loaded ophthalmic nanogel composed of 1.5% CS polymer was selected to be subjected for further in vitro and in vivo studies.

#### In vitro drug release study

The effect of the drug delivery system on release of ACZ was investigated. The results illustrated in Figure 2 showed a biphasic release pattern for the ACZ-NVs which seemed to be a characteristic of a bilayered vesicle.<sup>39</sup> Rapid drug leakage was observed during the initial phase where about 12% of the entrapped ACZ was released from the surfactant based vesicular formulation in the first hour. This could be explained by the fact that ACZ was mainly incorporated between the fatty acid chains in the lipid bilayers of surfactant based NVs which led to rapid release upon dispersing vesicles in buffer until reaching equilibrium.<sup>40</sup>

However, during the following 5 h, only a further 52.9% of drug was released reaching %cumulative release of 64.9%. In general, the drug adsorbed on the vesicular surface would be released rapidly.

On the other hand, ACZ release showed a gradual increase and significantly prolonged duration from the loaded CS nanogel (reaching only 38.3% after 6 h). This could be attributed to the influence of viscosity on drug diffusion from mucoadhesive CS nanogel formulation. The increase in formulation viscosity might lead to slow drug diffusion from the gel matrix into the surrounding media. $41$ 

Kinetic analysis of the release data revealed that ACZ release from both surfactant based NVs and CS nanogels followed a diffusion mechanism (data not shown), where the drug release profile from CS nanogel was more fitted to zero order kinetics.

#### Stability studies

The measurements obtained from NVs of the nanosuspension formulation during the stability evaluation are shown in Tables 4 and 5. Insignificant changes  $(P>0.05)$  in the EE and vesicle size of the NVs stored at 4 ºC were detected.



Figure 2 In vitro release profile of acetazolamide from acetazolamide loaded nanovesicles (ACZ-NVs) and ACZ-NVs loaded in Chitosan nanogel.

Table 4 The entrapment efficiency (EE) measurements (%) and particle size of the prepared nanovesicles during storage at 4°C, 25°C, and 37°C over a period of 3 months

<b>Examined</b> characterization	Initial	4°C	$25^\circ$	$37^\circ$
Particle size (nm)	202.9	214.3	272.3	523.2
EE (w/w $%$ )	90.2	88.4	80.2	78.2

Table 5 The percent drug content (%) of the prepared nanogel during storage at 4°C, 25°C, and 40°C/75%±5% relative humidity over a period of 1 month



However, significant changes  $(P<0.05)$  in the EE and particle size of the NVs stored at 25 ºC or 37 ºC were detected. A noteworthy increase in the vesicle size and drug leakage was measured at both 25 ºC and 37 ºC physiologic temperature. Storage of NVs at 4 ºC has a great effect on their ability to keep a higher percentage of drug, compared to the NVs stored at both 25 ºC and 37 ºC. Neither color change nor sedimentation was observed regarding NVs stored at 4 °C. The stability evaluation of the prepared nanogel loaded with NVs represented that insignificant reduction  $(P>0.05)$  in the drug content for the nanogel stored at 4 ºC and 25 °C was detected. A significant decrease  $(P<0.05)$  in the drug content for the nanogel stored at 37 °C was detected, as shown in Table 2. Those results are concurrent with those have found by many scientists.<sup>24</sup>

Stability of the prepared NVs is a critical factor to be considered as a parameter for developing an efficient drug delivery system. The obtained results proved physical stability of the NVs stored at 4 ºC regarding the fusion and aggregation of vesicles. On the contrary, the NVs stored at 25 ºC and 37 ºC showed an increase of vesicle size as a result of coalescence and aggregation of NVs. A significant decrease in EE of the NVs stored at 25 ºC and 37 ºC may be attributed to the developed fluidity of the NVs or possible chemical deterioration of ingredients constituting the NVs. The drug content of the nanogel decreased at a low rate compared to the nanogel stored at elevated temperature. Storage at refrigerator temperature diminishes the problem arising through storage of NVs and nanogel.

# In vivo study for ACZ-NV loaded nanogels

#### Ocular irritancy test

The results showed that over the study period (6 h) the ACZ-NV nanogel formulation showed no signs of redness, inflammation, or increased tear production compared to the ACZ suspension, proving the safety of the used excipients to be applied topically in the eye. This result was expected based on the small size of the NVs and complete solubility of drug in them. Another explanation is the healing effect of CS on mucous tissue which protected the eye from any possible irritation caused by Span 60.

#### Pharmacodynamic study

For the ACZ suspension treated group, no significant decrease occurred in the IOP as shown in Figure 3. This may be referred to poor absorption and corneal penetration of ACZ through the topical route. For the ACZ-NV treated group, the IOP was decreased to normal values (22.6±2.10 mmHg) after 30 min of administration, the IOP was kept in the normal range for only 2 h, and then the IOP gradually increased. These results were consistent with **Hathout et al**<sup>42</sup> who used ACZ in different type of liposomal formulation and studied the IOP lowering effect in normotensive rabbits. Results showed that positively charged multilamellar vesicles of liposomes containing ACZ provide maximum IOP reduction compared to either free drug solution or negatively charged and neutral liposomes. The third group which was treated with ACZ oral tablet (Commercial ACZ) showed a decrease in IOP to normal values after 1.5 h and the decrement was only sustained for 5 h followed by a gradual decrease. The most inspiring result was demonstrated in the fourth group treated with ACZ-NV nanogel formulation which showed a gradual decrease in IOP, reaching the normal value after 45 min, and then showed prolonged action to 24 h. This result may be attributed to the mucoadhesive action of the nanogels which maintains the drug in contact with the ocular tissue for a long time.



Figure 3 Effect of different formulations of acetazolamide on lowering intraocular pressure. Abbreviation: ACZ-NV, acetazolamide loaded nanovesicle.

#### Histopathological examination

Figure 4A shows the ocular tissues of rabbits with induced glaucoma. Eye lesions of glaucoma induced animals revealed retinal atrophy with loss of retinal ganglion cells and their axons. Decay of a few layers including the inner plexiform layer and nuclear layer was seen. Retinal atrophy was characterized by loss of the internal nuclear layer and ganglion cells. Microcystoid degeneration of the retina of



Figure 4 Histopathological examination; findings were appointed with the arrows shown in each image. (A) Glaucoma retina (retina showing loss of internal nuclear layer and ganglion cells with numerous numbers of vacuoles in the choroid). (B) Glaucomatous optic nerve (optic nerve showing thickening, demyelination, and accumulation of fat vacuoles). (C) Glaucoma retina treated with acetazolamide (ACZ) oral tablet (retina showing some loss of inner plexiform layer and ganglion cells with little vacuoles in choroid). (D) Glaucomatous optic nerve treated with ACZ oral tablet (optic nerve showing Wallerian degeneration and minimal loss of myelin sheath). (E) Glaucoma retina treated with ACZ nanovesicles loaded in Chitosan nanogel (retina showing mild swelling of ganglion cells). (F) Glaucomatous optic nerve treated with ACZ nanovesicles loaded in Chitosan nanogel (optic nerve showing mild edema and thickening with remyelination of nerve fibers). Magnification power was 100×.

glaucomatous eyes was portrayed histologically by various clear round spaces found generally in the inward plexiform layer.<sup>43</sup> Numerous numbers of vacuoles were typically found in the choroid which went with marked thickening of the retina. The optic nerve of glaucomatous eyes clearly demonstrated Wallerian degeneration in the form of demyelination and accumulation of fat vacuoles in-between the optic fibers, where thickening of the optic nerve was also observed (Figure 4B).

The retina of animal medicated by oral Commercial ACZ tablet demonstrated moderate retinal decay with some loss of inner plexiform layer and ganglion cells. Little vacuoles were found in the choroid which went with slight thickening of the retinal layer (Figure 4C). The optic nerve of glaucomatous eyes treated by oral ACZ demonstrated Wallerian degeneration and minimal loss of the myelin sheath from a great part of the optic nerve filaments compared with the untreated animal group (Figure 4D). These results could be explained by the decrease in IOP produced by oral absorption of ACZ. The retina of glaucomatous eyes treated by ACZ-NV loaded nanogel showed enhancement of retinal healing with mild swelling of ganglion cells. Healing is a very well established effect of CS hydrogels which may have helped in improving retinal condition. The healing power of CS on the eye is also more prominent due to the small particle size of the nanogel.<sup>44</sup>

No vacuolations of choroid were identified in treated rabbits (Figure 4E). The optic nerve of glaucomatous eyes treated by ACZ-NV loaded nanogel indicated mild edema and thickening synchronized with remyelination of optic nerve fibers (Figure 4F). An absence of any deterioration signs on the retina or optic nerve compared to oral ACZ proved that the formulated ACZ-NV loaded nanogels used for topically treating glaucoma are safe and efficient.

# Conclusion

There were many attempts to deliver acetazolamide topically with high bioavailability. The administration of ACZ loaded in surfactant based nanovesicles as chitosan nanogels showed promising results. The nanogels showed good mucoadhesion time with the least irritant effect compared to ACZ dispersion. It also showed good lowering power compared to oral ACZ commercial tablet and ACZ-NVs. The mucoadhesive nanogels are inspiring formulations that are recommended for further applications.

## **Disclosure**

The authors report no conflicts of interest in this work.

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