

Vancomycin-resistant enterococcal infection in a Thai university hospital: clinical characteristics, treatment outcomes, and synergistic effect

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Purpose: The incidence of infections with vancomycin-resistant enterococci (VRE) is increasing, with associated high mortality rates and limited therapeutic choices. We investigated the clinical characteristics and treatment outcomes of VRE infection and also determined the in vitro effect of monotherapy and combined antimicrobials against clinical VRE isolates.

Patients and methods: Clinical data and bacterial isolates obtained from patients with VRE infections between January 2014 and April 2018 at Phramongkutklao Hospital were reviewed. The clinical outcomes included in-hospital mortality, 30-day mortality, and microbiological eradication. Clonal relationships were assessed by random amplified polymorphic DNA analysis. In vitro activity of linezolid, tigecycline, fosfomycin, gentamicin, chloramphenicol, and ampicillin were determined by minimum inhibitory concentration (MIC) values. Tests of synergy of fosfomycin- or gentamicin-based combinations by the checkerboard method were reported with the fractional inhibitory concentration index or MIC reduction, respectively.

Results: Among 26 cases of VRE infection, nosocomial and gastrointestinal infections were the most common. There were various treatment regimens, but linezolid-containing regimens were generally used. In-hospital and 30-day mortality were 73.1% and 57.7%, respectively. Higher mortality was significantly associated with illness severity. The VRE isolates tested were universally susceptible to linezolid and tigecycline. A synergistic or additive effect was observed for fosfomycin combined with linezolid (100%) and with tigecycline (83.3%). Fourfold or greater MIC reduction was observed for linezolid or fosfomycin plus gentamicin at concentrations 1 (58.3%, 62.5%), 2 (83.3%, 62.5%), and 4 µg/mL (91.6%, 62.5%).

Conclusion: In-hospital mortality among patients with VRE infection was high. Linezolid remains a treatment of choice. However, combination therapy such as linezolid plus fosfomycin and linezolid plus gentamicin should be considered in cases of serious infection.

Keywords: clinical outcomes, vancomycin-resistant enterococci, minimum inhibitory concentration, synergism

Introduction

Although enterococci are part of the normal flora and have low virulence, they can cause serious infection in debilitated patients. *Enterococcus faecalis* and *Enterococcus faecium* are major causes underlying enterococcal infections in humans, such as bacteremia, endocarditis, intra-abdominal and pelvic infection, and urinary tract infection. Enterococci are intrinsically resistant to many antibiotics. The treatments of choice for ampicillin-susceptible and -resistant enterococci are ampicillin and vancomycin, respectively. However, inappropriate vancomycin use

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has resulted in the emergence of vancomycin-resistant enterococci (VRE), especially *E. faecium*. Enterococci can spread resistance genes to other organisms.¹ Patients can acquire VRE infections from the hospital environment or because of colonization with VRE.^{1,2}

Invasive VRE infection is difficult to treat and is associated with a high mortality rate.³ Compared with vancomycin-sensitive enterococcal bacteremia, VRE bacteremia is associated with a higher mortality rate, longer length of hospital stay, and higher treatment costs.^{3,4} Delay in administering appropriate antibiotic therapy is associated with increased mortality. World Health Organization states that vancomycin-resistant *E. faecium* is a “high priority pathogen” for which new antibiotics are urgently required.⁵ The antibiotics currently available to treat VRE include linezolid, daptomycin, quinaprintin/dalfopristin, teicoplanin, tigecycline, fosfomycin, and other newer agents such as tedizolid, oritavancin, and dalbavancin. Of these, only linezolid, tigecycline, teicoplanin, and fosfomycin are available in Thailand. Treatment choices are based on adverse effects, antibiotic penetration, and drug interactions. However, single antibiotic regimens are often only bacteriostatic against enterococci and inadequate in several cases of serious infection.² Thus, the focus is currently on antibiotic combinations to treat VRE infections.⁶

The incidence of nosocomial VRE infections is increasing in several countries, including Thailand. According to the National Antimicrobial Resistance Surveillance Center, Thailand, vancomycin resistance rates in *E. faecium* strains increased from 0.7% in 2012 to 8% in 2018. However, resistance rates in *E. faecalis* strains remained stable over a 10-year period (0.4% in 2018).⁷ However, evidence on treatment patterns and clinical outcome in Thailand are lacking. There was only one study evaluating antimicrobial activity against VRE over the decade 1999–2009, but it did not include treatment regimens or outcomes of VRE infections.⁸ In the present study, we aimed to evaluate the in vitro susceptibility of clinical enterococcal isolates to single and combined antibiotics and to determine treatment outcomes in Thai patients infected with VRE.

Materials and methods

Patients and clinical strains

We retrospectively reviewed clinical data and bacterial isolates of adult patients in whom VRE infection was detected between January 2014 and April 2018 at

Phramongkutklo Hospital, a 1,200-bed university hospital in Bangkok, Thailand. VRE infection criteria were based on the Centers for Disease Control and Prevention/National Healthcare Safety Network Surveillance Definitions for Specific Types of Infections.⁹ Patients who were unavailable for follow-up of treatment outcome or who received <3 days of antibiotics were excluded.

Ethical approval

This study was approved by the ethics review committee of the Royal Thai Army Medical Department, Bangkok, Thailand (approval no. Q017b/61). This study was performed in accordance with the Declaration of Helsinki. We collected data after obtaining ethical approval and permission from the Director of the Phramongkutklo Hospital. Patient’s personal data were collected and analyzed in anonymity and confidentially. Identifying information of participants was not collected and only the researcher can access the data. Patient informed consent was not required by the ethics review committee of the Royal Thai Army Medical Department because the ethics review committee often permit a waiver of consent for using archived bacterial isolates, retrospective chart review studies, confidential and anonymized data.

Clinical characteristics and treatment outcomes

Patient data were obtained from electronic medical records. Information collected included demographic data, comorbidities, neutropenia if present, admission dates, admitting ward, antimicrobial use, infection dates, specimen for microbial culture, isolates, types of infections, severity of illness, exposure to a mechanical ventilator or urinary catheter, antimicrobial susceptibility, definitive treatment of VRE infection, days until definitive antibiotic treatment, and outcome of treatment. The primary study outcome was in-hospital all-cause mortality, and secondary outcomes were 30-day all-cause mortality and microbiological cure after 3 days of definitive antibiotics.

Molecular typing

Genomic DNA was extracted from clinical bacterial isolates using a commercial kit (Thermo Fisher Scientific, Waltham, MA, USA). Clonal typing was performed using RAPD with ERIC1R (5'-ATG TAA GCT CCT GGG GAT TCA C-3') and AP4 (5'-TCA CGC TGC A-3') primers according to Barbier et al.¹⁰ Polymerase chain reaction amplification was

performed in a Biometra TGradient Thermocycler (Biometra, Gottingen, Germany) at 94°C for 3 mins followed by 44 cycles at 94°C for 30 s, 35°C for 1 min, and 72°C for 2 mins. Ramping transition was 90 s from 65°C to 35°C and 111 s from 35°C to 72°C. RAPD products were run on 1.5% agarose gels and stained with ethidium bromide (Bio Basic, Markham, Ontario, Canada). RAPD patterns were classified in groups.¹¹

In vitro activity of single and combined antimicrobial agents

The minimum inhibitory concentration (MIC) values of antibiotics were evaluated in vitro for each clinical VRE strain. Linezolid, tigecycline, and fosfomycin MICs were determined by E-test methods (Liofilchem, Teramo, Italy). Ampicillin, chloramphenicol, gentamicin, and vancomycin MICs were evaluated by broth microdilution (standard powder donated by the Siam Pharmaceutical Co., Ltd.) Testing conditions were at 35–37°C in ambient air for 16–18 hrs, except for vancomycin (tested for 24 hrs) according to the Clinical and Laboratory Standards Institute (CLSI) recommendations.¹⁰

Susceptibility categories of linezolid, ampicillin, chloramphenicol, vancomycin, fosfomycin, and gentamicin were reported using CLSI criteria. Susceptibility category of tigecycline was based on the European Committee on Antimicrobial Susceptibility Testing criteria.^{12,13} Susceptibility categories of ciprofloxacin and levofloxacin were based on laboratory test results.

A combination of microdilution and checkerboard testing was used to determine synergistic activity of anti-VRE drugs. The VRE strains for which the MIC of fosfomycin was >1,024 µg/mL and strains that were highly resistant to gentamicin (MIC>500 µg/mL) were excluded from combination testing. The checkerboard assay was performed in 96-well microtiter panels with concentrations of linezolid of 0.125–8 µg/mL, tigecycline 0.007–8 µg/mL, fosfomycin 8–512 µg/mL, and gentamicin 0.25–4 µg/mL.

Synergistic activity of fosfomycin combined with linezolid or tigecycline was determined by the fractional inhibitory concentrations (FIC) index. Synergistic, additive, indifferent, and antagonistic effects were defined by an FIC index of ≤0.5, >0.5–1, >1–4, and >4, respectively. The effect of gentamicin combined with fosfomycin or with linezolid was determined by assessing the reduction in the MIC by the combination with gentamicin compared with the MICs of fosfomycin and linezolid alone.

Definitions

Comorbidities were assessed by the Charlson Co-morbidity Index (CCI) and the severity of illness by the Simplified Acute Physiology Score (SAPS II) on the day positive cultures were reported.^{14,15} Antimicrobial use was defined as an antibiotic administered for at least 3 days within 30 days prior to VRE infection. Neutropenia was defined as a neutrophil count <500/mm³ within 30 days prior to VRE infection. Polymicrobial infection was defined as the isolation of other pathogens within 24 hrs from the same site from which VRE were isolated. Days to definitive antibiotics were defined as the number of days before antibiotics appropriate for VRE were administered. Appropriate treatment was defined as an antibiotic regimen, either monotherapy or a combination, that matched the bacterial susceptibility data from this study and the hospital laboratory standards.

Statistical analysis

We reported descriptive statistics for clinical characteristics, susceptibility patterns, and the MICs by 50th percentile (MIC₅₀) and 90th percentile (MIC₉₀). The chi-square test and the Mann–Whitney U test were used to compare categorical and continuous variables between groups. Multivariate analyses by logistic regression were used to explore factors associated with higher mortality. Statistical significance was accepted when $P<0.05$. Analysis was performed with R program (version 3.5.2).

Results

From January 2014 to April 2018, among 39 adults with VRE infection, 12 received antibiotics for <3 days and 1 was referred to another hospital. This left 26 patients with VRE infections whose records were included in the study. All infections were with *E. faecium*.

Clinical characteristics and treatment outcomes

Of the 26 patients (Tables 1 and 2) with VRE infections, 19 (73.1%) were men, and the median age was 68.5 years (IQR 57–80 years). The median SAPII and CCI were 53 (IQR 34–61) and 4.5 (IQR 2–6), respectively. All patients were hospitalized for more than 48 hrs (range, 6 days to 5 months). Prior to the VRE infection, 14 (53.8%) patients had been admitted to the intensive care unit, 16 (61.5%) required mechanical ventilation, and 15 (57.7%) had an indwelling urinary catheter. Carbapenems and vancomycin

Table 1 Characteristics and outcomes of patients infected with vancomycin-resistant enterococci

Patient No.	Age (years)	CCI	SAPII	ICU	Mechanical ventilation	Type ^a	VRE bacteremia	Poly-microbial	Days to definitive antibiotics	Definitive treatment	Duration of treatment (days)	Outcome	Appropriate treatment
1	61	3	25	No	No	LCBI	Yes	No	2	FOS, GEN	26	Survived	Yes
2	88	6	70	Yes	Yes	LCBI	Yes	No	3	LZD, GEN	6	Died	Yes
3 ^{b,c}	58	4	54	Yes	No	CLABSI	Yes	Yes	2	LZD, GEN	12	Died	Yes
4 ^{b,c}	45	2	62	Yes	Yes	LCBI	Yes	Yes	1	LZD, FOS	4	Died	Yes
5	71	7	56	Yes	No	IAB	Yes	No	2	FOS, GEN	9	Died	No
6 ^{b,c}	49	3	63	Yes	Yes	GIT	Yes	Yes	2	LZD	34	Died	Yes
7	55	6	44	No	Yes	Bone	No	Yes	11	TGC	30	Survived	Yes
8	86	7	52	No	No	UTI	No	No	6	LZD	10	Died	Yes
9 ^b	81	1	56	Yes	Yes	LCBI	Yes	No	7	LZD, FOS	4	Died	Yes
10 ^c	61	7	58	No	Yes	CLABSI	Yes	Yes	5	LZD	12	Died	Yes
11	51	9	29	No	No	IAB	Yes	No	4	LZD	14	Died	Yes
12 ^c	87	6	76	Yes	Yes	GIT	Yes	No	2	LZD	9	Died	Yes
13	78	2	60	No	Yes	GIT	No	Yes	3	LZD, FOS	7	Died	Yes
14	69	5	31	No	No	UTI	No	Yes	8	LZD	8	Died	Yes
15	80	5	24	No	No	UTI	No	No	5	FOS	9	Died	No
16	78	2	73	Yes	Yes	ST	No	Yes	4	LZD, GEN	23	Died	Yes
17	75	5	59	Yes	Yes	LCBI	Yes	No	2	LZD	14	Died	Yes
18 ^c	67	0	39	No	Yes	Bone	Yes	Yes	3	LZD, GEN then LZD	224	Survived	Yes
19 ^c	72	7	50	Yes	Yes	Bone	No	Yes	12	LZD	23	Survived	Yes
20	64	3	56	Yes	Yes	IAB	No	No	2	LZD	3	Died	Yes
21 ^c	54	2	26	No	No	Bone	No	Yes	0	TGC	30	Survived	Yes
22	68	7	35	No	No	Bone	No	No	24	LZD, FOS	4	Died	Yes

(Continued)

Table 1 (Continued).

Patient No.	Age (years)	CCI	SAPII	ICU	Mechanical ventilation	Type ^a	VRE bacteremia	Poly-microbial	Days to definitive antibiotics	Definitive treatment	Duration of treatment (days)	Outcome	Appropriate treatment
23	57	1	46	Yes	Yes	IAB	Yes	Yes	2	TGC	12	Died	Yes
24	84	3	46	Yes	Yes	IAB	No	Yes	7	LZD	18	Survived	Yes
25	86	6	71	Yes	Yes	ST	No	Yes	9	LZD, GEN	5	Died	Yes
26	55	0	16	No	No	Bone	No	Yes	12	LZD	38	Survived	Yes

Notes: ^aCDC/NHSN Surveillance Definitions for Specific Types of Infections; ^bNeutropenia; ^cPolymicrobial bacteremia.

Abbreviations: CCI, Charlson Co-morbidity Index; SAPII, Simplified Acute Physiology Score II; ICU, intensive care unit; LCBI, laboratory-confirmed bloodstream infection (primary bloodstream infection); CLABS, central line-associated bloodstream infection; IAB, intra-abdominal infection; GIT, gastrointestinal tract infection; UTI, urinary tract infection; Bone, bone infection; ST, soft tissue infection; LZD, linezolid; FOS, fosfomycin; GEN, gentamicin; TGC, tigecycline.

Table 2 Type of infection and definitive treatment of patients infected with vancomycin-resistant enterococci

Characteristics	N (%)
Type of infection by site <ul style="list-style-type: none"> • Gastrointestinal system infection • Bloodstream infection • Bone and joint infection • Skin and soft tissue infection • Urinary system infection 	8 (30.8) 7 (26.9) 6 (23.1) 2 (7.7) 3 (11.5)
VRE bacteremia	13 (50)
Polymicrobial infection <ul style="list-style-type: none"> • <i>Candida</i> spp. • Enterobacteriaceae • <i>Pseudomonas aeruginosa</i> • <i>Acinetobacter baumannii</i> 	7 (26.9) 6 (23.1) 2 (7.7) 2 (7.7)
Days to definitive antibiotics	3.5 (IQR 2-7)
Definitive monotherapy <ul style="list-style-type: none"> • Linezolid • Tigecycline • Fosfomycin 	15 (57.7) 11 (42.3) 3 (11.5) 1 (3.8)
Definitive combination therapy <ul style="list-style-type: none"> • Linezolid-gentamicin • Linezolid-fosfomycin • Fosfomycin-gentamicin 	11 (42.3) 5 (19.2) 4 (15.4) 2 (7.7)

Abbreviation: VRE, vancomycin-resistant enterococci.

were commonly used prior to diagnosis of a VRE infection (n=18; 69.2% and n=17; 65.4%, respectively).

The in-hospital mortality was 19 (73.1%) and 30-day mortality was 15 (57.7%) (Table 1). Eighteen patients had microbiological data available after treatment indicating that all had a microbiological cure. The in-hospital mortality for VRE infections by site were 7 (87.5%) for gastrointestinal, 6 (85.7%) for bloodstream, and 1 (16.6%) for bone and joint infections. Eleven (84.6%) of 13 patients with VRE bacteremia died. Receiving monotherapy and combination treatments had in-hospital mortality rates of 10 (66%) and 9 (81.8%), respectively. The in-hospital mortality in patients who received a linezolid-based regimen (linezolid alone, linezolid-fosfomycin, or linezolid-gentamicin) was 16 of 20 (80.0%); a fosfomycin-based regimen (fosfomycin alone or fosfomycin-gentamicin), 2 of 3 (66.6%); and tigecycline alone, 1 of 3 (33.3%). The median SAPII was significantly higher in patients who died compared with those who survived (56 vs 39, $P=0.004$). Anti-VRE regimens, time to definitive therapy, VRE bacteremia, coinfection, age, and comorbidities were not significantly associated with increased in-hospital mortality. Bone and

joint infection, on the other hand, was significantly associated with a lower in-hospital mortality than other types of infection (OR, 0.022; 95% CI, 0.002–0.298; $P=0.002$). No significant relationships between any clinical characteristics and 30-day mortality were observed.

Molecular typing

Molecular typing by RAPD was performed for 16 clinical isolates. They were classified in four groups, with 11 strains in group A, 2 in group B, 2 in group C, and 1 in group D (Table 3).

Antimicrobial susceptibility and synergistic effect

Antimicrobial susceptibility testing was performed in the same 16 strains typed by RAPD (Table 3). The MIC range for linezolid was 0.75–2 $\mu\text{g/mL}$, for tigecycline 0.064–0.5 $\mu\text{g/mL}$, and for fosfomycin 96 to $>1,024 \mu\text{g/mL}$. Five (31.3%) of the 16 strains were highly resistant (MIC $>500 \mu\text{g/mL}$) to gentamicin.

A synergistic antimicrobial effect was observed for 12 VRE strains. This included 1 (8.3%) for fosfomycin with tigecycline and 3 (25%) for fosfomycin with linezolid. For 9 (75%) strains, there was an additive effect of fosfomycin with linezolid or with tigecycline. A fourfold or more reduction in MIC of linezolid in the presence gentamicin at concentrations of 0.25, 0.5, 1, 2, and 4 $\mu\text{g/mL}$ was seen in 12.5%, 33.3%, 58.3%, 83.3%, and 91.7% of strains, respectively. The corresponding results for fosfomycin plus gentamicin were 25%, 37.5%, 62.5%, 62.5%, and 62.5%, respectively (Table 3). No antagonism with any combination of antibiotics was observed.

Correlation between in vitro activity, treatment regimens, and treatment outcomes

Of 26 patients, 2 (7.1%) received inappropriate definitive treatment, 1 with fosfomycin monotherapy and 1 with low dose fosfomycin plus gentamicin, despite high MICs for fosfomycin, $>1,024 \mu\text{g/mL}$ in 1 and 192 $\mu\text{g/mL}$ in the other. The in-hospital mortality rate among patients given appropriate treatment was 70.8% (17/24). All patients in the inappropriate definitive treatment group were dead (Table 1).

Discussion

This is the first study worldwide investigating in vitro activity of fosfomycin combined with gentamicin and the

first study in Thailand evaluating treatment outcomes for patients with VRE infections. The mortality rates for VRE infections of any type and for VRE bacteremia in particular were higher than in previous studies.^{16,17} This could be attributed to the fact that the patients included in this study were older than those in previous studies. Older patients have multiple and more serious comorbidities and more frequently visit hospital wards. Nonetheless, age and CCI score were not associated with mortality rate, and patients who died were older and had more multiple comorbidities than survivors. The frequency of polymicrobial infections was also observed to be more than that reported in other studies.^{16–18} In this study, polymicrobial infections were not associated with mortality rate probably because of the small sample size. Polymicrobial infections reportedly have a higher mortality rate than monomicrobial infections.^{19,20} More severe illness was significantly associated with high in-hospital mortality. Several other studies have also indicated that a higher severity of illness is associated with greater mortality, including two studies of VRE bacteremia from Taiwan.^{16,21} However, in contrast to our finding that the anti-VRE regimens were not statistically associated with mortality, these two studies reported that the use of linezolid or daptomycin or an antimicrobial with in vitro activity against VRE was associated with lower mortality rate.

A previous study of fosfomycin plus linezolid or tigecycline showed synergism in time-kill studies of approximately 10% and 30%, respectively.²² Combining linezolid with gentamicin improved the activity of linezolid and it exerted bactericidal effect at 72 hrs.²³ To the best of our knowledge, ours is the first study to focus on the combination of fosfomycin and gentamicin to treat VRE.

In our study, linezolid showed better activity against VRE strains compared with that reported from studies conducted in other countries.^{24,25} VRE strains were susceptible to linezolid with high MICs (MIC₅₀ 1.5 $\mu\text{g/mL}$, MIC₉₀ 2 $\mu\text{g/mL}$). In critically ill patients, standard dosing of 600 mg linezolid intravenously twice a day led to subtherapeutic levels.²⁶ A Monte Carlo simulation study showed that a standard dose of linezolid can achieve a probability of target attainment of 90% or more at an MIC $\leq 1 \mu\text{g/mL}$, but when the MIC was 2 $\mu\text{g/mL}$, 600 mg every 8 hrs could provide good clinical efficacy.²⁷ However, increasing the dose of linezolid risks greater hematologic toxicity. Linezolid remains one of the treatments of choice, although we suggest that combining it with fosfomycin or gentamicin may be of benefit in critically ill patients with

Table 3 Molecular typing, antimicrobial minimum inhibitory concentrations, and antimicrobial combinations for 16 vancomycin-resistant enterococci strains

Patient NO.	RAPD group	MIC (µg/mL)										Susceptible ^a		Fold reduction of antimicrobial MIC in combination with gentamicin												Synergistic activity	
		VAN		TGC	FOS	AMP	CHL	GEN	CFX	L VX	LZD + GEN			FOS + GEN			GEN	GEN	GEN	GEN	GEN	GEN	TGC + FOS	LZD + FOS			
		S≤4	S≤2	S≤0.25	S≤64	S≤8	S≤8	S≤500			GEN 0.25	GEN 0.5	GEN 1	GEN 0.25	GEN 0.5	GEN 1	GEN 2	GEN 4	GEN 8	GEN 16	GEN 32						
1	A	128	1.5	0.094	128	64	32	≤500	R	R	N	>4	>4	>4	4	4	4	4	4	4	4	ADD	ADD				
2	C	128	1.5	0.094	192	>256	16	≤500	R	R	N	>4	>4	>4	4	4	4	4	4	4	4	INDIF	ADD				
3	A	>128	1.5	0.38	128	64	16	≤500	R	R	>4	>4	>4	>4	N	N	N	N	N	N	ADD	ADD					
4	A	>128	1	0.5	192	64	16	>500	S	R	N	N	N	N	N	N	N	N	N	N	SYN	SYN					
5	B	64	1.5	0.125	192	64	16	≤500	S	R	N	>4	>4	>4	N	2	>4	>4	>4	>4	INDIF	ADD					
6	B	128	2	0.125	192	64	32	≤500	S	R	N	2	>4	>4	N	N	2	2	2	2	ADD	ADD					
7	A	>128	2	0.125	256	128	16	≤500	S	R	N	N	>4	>4	N	N	4	>4	>4	>4	ADD	SYN					
8	A	128	1	0.125	192	128	16	≤500	R	R	N	2	>4	>4	2	4	4	4	4	4	ADD	ADD					
9	C	64	2	0.125	128	32	8	>500	R	R	-	-	-	-	-	-	-	-	-	-	ADD	ADD					
10	A	128	0.75	0.125	96	64	16	>500	R	R	-	-	-	-	-	-	-	-	-	-	ADD	SYN					
11	A	128	1.5	0.38	128	64	32	>500	S	R	-	-	-	-	-	-	-	-	-	-	ADD	ADD					
12	A	128	2	0.094	128	>256	32	>500	R	R	-	-	-	-	-	-	-	-	-	-	ADD	ADD					
13	A	128	1.5	0.094	>1,024	64	2	≤500	R	R	N	N	2	>4	-	-	-	-	-	-	-	-					
14	D	64	1.5	0.25	>1,024	8	8	≤500	R	R	>4	>4	>4	>4	-	-	-	-	-	-	-	-					
15	A	>128	1	0.094	>1,024	128	16	≤500	R	R	N	2	>4	>4	-	-	-	-	-	-	-	-					
16	A	128	1.5	0.064	>1,024	128	16	≤500	R	R	N	N	>4	>4	-	-	-	-	-	-	-	-					
MIC 50		128	1.5	0.125	192	64	16	≤500																			
MIC 90		>128	2	0.38	>1,024	128	32	>500																			

Notes: ^aInterpreted by disk diffusion test.

Abbreviations: MIC, minimum inhibitory concentration; VAN, vancomycin; LZD, linezolid; TGC, teicoplanin; FOS, fosfomicin; AMP, ampicillin; CHL, chloramphenicol; GEN, gentamicin; CFX, ciprofloxacin; LVX, levofloxacin; SYN, synergy; ADD, additive; INDIF, indifferent; N, no change.

severe infection or if the linezolid MIC is 2 µg/mL. The MIC₅₀ and MIC₉₀ of tigecycline was higher than reported from Taiwan (0.125, 0.38 µg/mL vs ≤0.03, 0.06 µg/mL).²⁸ Tigecycline remained active against VRE in our patients, but it had a low serum concentration. As VRE bacteremia is common, combining high dose tigecycline with fosfomycin is recommended over monotherapy. Tigecycline monotherapy is more appropriate for skin and soft tissue or intra-abdominal infections.

Fosfomycin is an alternative drug for VRE. In this study, fosfomycin was less active compared with activity shown in previous studies.^{29,30} Use of fosfomycin should be based on MIC, and combination therapy is recommended both for synergistic activity and to prevent resistance. A synergistic effect or adequate reduction of MIC in strains with a fosfomycin MIC >1,024 µg/mL is difficult. Two patients in our series received subtherapeutic doses. Combining fosfomycin with gentamicin is a potential option to treat VRE, especially for urinary tract infections or when the use of linezolid and tigecycline must be limited. This regimen is recommended when the fosfomycin MIC is ≤128 µg/mL³¹ and may overcome MICs of 256 µg/mL for synergy. The synergistic effect of gentamicin was acceptable for strains not highly resistant to gentamicin. Conventional dosing of gentamicin can be used along with monitoring serum concentrations. The optimal trough concentration to maintain synergism is about 1 µg/mL.

In this study, we assumed that strains with DNA differing by one or more bands were unrelated. Pattern A was the predominant pattern, with 3 isolates in 2015, 4 in 2016, and 4 in 2017. These patients had been treated in different wards. There is a potential for spread within the hospital from one ward to another by patients, health care workers, or environmental contamination. Chotiprasitsakul et al reported a VRE outbreak with the same RAPD patterns in 32 isolates. They concluded that contact isolation provides optimal protection against the spread of VRE.³²

The current study has several limitations. First, this is a retrospective study with a small number of patients which makes it difficult to determine the precise effects of antibiotic regimens and their toxicities. Second, only 16 VRE isolates from 26 patients were available for susceptibility testing, with only 12 strains used to determine synergistic antimicrobial activity. Further studies are required to investigate the bactericidal activity of antimicrobial combinations against VRE.

Conclusion

The in-hospital mortality rate of VRE infections was high and was particularly associated with more severe illness. Linezolid and tigecycline had good activity, but fosfomycin had less activity against VRE in our institution. Linezolid remains the first-line treatment, but it is worth considering the combination linezolid with gentamicin or fosfomycin to treat severe infection. Fosfomycin with gentamicin is an alternative combination that avoids linezolid toxicity.

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Disclosure

The authors report no conflicts of interest in this work.

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