

In vitro Antibacterial Activity of Isopropoxy Benzene Guanidine Against Multidrug-Resistant *Enterococci*

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Background: Bacterial infections cause a serious public health crisis due to the emergence of resistance towards multiple conventional antibacterial drugs. In particular, multidrug-resistant (MDR) *Enterococcus faecium* which belongs to “ESKAPE” organisms is causing significant problems worldwide. Hence, there is an urgent need to find alternative therapies. Recently, substituted benzene guanidine compounds have been used as lead structures to discover new promising drugs in both synthetic and medicinal chemistry.

Purpose: Here we investigated the antimicrobial activity of a new substituted benzene guanidine analog, isopropoxy benzene guanidine, against *Enterococci*.

Material and methods: The isopropoxy benzene guanidine was synthesized by Guangzhou Insighter Biotechnology Co., Ltd and tested on both reference bacterial strain and 32 clinical MDR *Enterococci* strains. The in vitro antibacterial activity was evaluated by microdilution method and kill kinetic assays. The potential antibacterial mechanism was measured by fluorescence spectrometry using fluorescent membrane potential probe 3, 3-diethylloxycarbocyanine iodide (DiOC₂ (3)).

Results: Isopropoxy benzene guanidine exhibited potent bactericidal activity against both reference strain and MDR *Enterococci* isolates. The minimum inhibitory concentration (MIC) range for isopropoxy benzene guanidine was 1–4 µg/mL. Minimum bactericidal concentration (MBC) was about 2–8-fold of its MIC values. Time-kill studies showed that isopropoxy benzene guanidine provided superior bactericidal effect against reference and MDR strains within 12 hrs at 2×MIC. Furthermore, isopropoxy benzene guanidine could cause a large reduction in the magnitude of the generated membrane potential compared to that of the untreated cells.

Conclusion: The present study highlights the potent bactericidal activity of isopropoxy benzene guanidine on *Enterococci* by disrupting the cell membrane potential. These findings demonstrate that isopropoxy benzene guanidine may be a good chemical lead for further medicinal chemistry and pharmaceutical development and could be used as a therapeutic agent for infectious diseases caused by MDR *Enterococci*.

Keywords: isopropoxy benzene guanidine, MDR *Enterococci*, DiOC₂, 3, cell membrane potential, bactericidal activity

Introduction

The rapid emergence of multidrug resistance combined with the limited number of novel antibacterial agents has caused a public health crisis.^{1,2} The ESKAPE pathogens (*Enterococcus faecium*, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterobacter* species)

were known for their ability to escape the inhibitory action of and develop high levels of resistance to traditional antibiotic drugs. These pathogens have recently been identified as the leading global cause of multidrug-resistant bacterial infections. Furthermore, resistance of these important pathogens to first-line and last-resort antibiotics has been reported worldwide and can lead to untreatable infections. Without a doubt, new antibacterial agents and novel approaches to counter drug-resistant infections are urgently needed.

Enterococci are commensal bacteria found in the gastrointestinal tract of humans and many other animals. Currently, *Enterococcus faecalis* and *Enterococcus faecium* have emerged as a major cause of zoonotic and nosocomial infections worldwide.^{3,4} A wide armamentarium of natural resistance, along with the capacity to acquire and disseminate multiple antibiotic resistance and virulence determinants in *Enterococci* is of significant concern with limited therapeutic alternatives.^{5–7} Concurrent with the declining discovery rate of novel antibiotics, there are some strains of *Enterococci* have become resistant to last-resort drugs.^{8–10} In general, *Enterococci* are considered as a significant antibiotic resistance threat and pose a risk to public health as a whole.

The attractive way to address this problem is to repurpose the Food and Drug Administration (FDA) approved drugs in clinical use as potential antimicrobials or reexamination of compounds previously developed for use to support animal health as candidates for further structural modification.¹¹ Historically, repurposing drugs have emerged as an innovation stream of pharmaceutical development that offers known safety and development pathways for drug developers and has resulted in great success in various disease areas.^{12,13} Recently, research efforts have focused on the development of novel antibacterial agents that is distinct from currently used antibiotics, with the objectives of avoiding cross-resistance and reducing the emergence of resistance.¹⁴

Substituted benzene guanidine compounds belonging to amino-guanidine compound class have been used in the treatment of a broad range of diseases and emerged as candidates for further structural modification for new promising drugs.^{15–17} For example, robenidine was synthesized as an anticoccidial agent widely used to prevent coccidian infections since the early 1970s.¹⁸ Recently, robenidine analogues have been shown as Gram-positive antibacterial agents, including *Staphylococcus aureus* and vancomycin-resistant *Enterococci*. Moreover, robenidine

analog NCL195 displayed bactericidal activity against *Streptococcus pneumoniae* and *S. aureus* by disrupting the cell membrane potential.¹⁹ Hence, utilization of guanidines as candidates for further structural modification against Gram-positive bacteria is highly attractive.

Recently, we have assessed the antibacterial activity of a series of substituted benzene guanidine derivatives against *E. faecalis* ATCC 29212 using broth microdilution method. We found that isopropoxy benzene guanidine (IBG) has the highest antibacterial activity. This compound is similar to robenidine analogues. However, the effect of robenidine analogues against *Enterococci* was only focused on the MIC of vancomycin-resistant *Enterococci*. Hence, in-depth in vitro evaluation of this compound is needed. In the present study, we evaluated the bactericidal activity of IBG against a collection of clinical MDR *Enterococci* and the related potential mechanism was also investigated. This presents an attractive prospect for this compound by expanding its chemical space with further medicinal chemistry for potential development as a novel drug against *Enterococci*.

Materials and Methods

Bacterial Strains

E. faecalis ATCC 29212 was stored in our laboratory. Twenty MDR *E. faecalis* strains and 12 MDR *E. faecium* strains were isolated from various livestock farms (Figure 1). Strain identification was performed by MALDI-TOF MS (Bruker Daltonik GmbH, Germany) and was further confirmed by 16S rDNA sequencing using universal prokaryotic primers. Multilocus sequence typing (MLST) was conducted according to the reference MLST database²⁰ (<http://efaecalis.mlst.net/>; <http://efaecium.mlst.net/>). All strains were grown in Mueller-Hinton (MH) broth.

Antimicrobial Agents and Medicinal Chemistry

Isopropoxy benzene guanidine (IBG) (batch number: 20150506, content: 99.9%) was synthesized by Guangzhou Insighter Biotechnology Co., Ltd (Guangzhou, China). Dimethyl Sulphoxide (DMSO) (Dmreagent, Tianjin, China) was utilized as solvent to dissolve IBG. Fetal bovine serum (FBS) was from Zhejiang Tianhang Biotechnology Co., Ltd (Zhejiang, China). MH broth was from HuanKai Microbial (Guangzhou, China). Trixon X-100, phosphate buffer solution (PBS) was from Sangon Biotech (Shanghai, China). Methylthiazoletetrazolium (MTT) was from Sigma-Aldrich

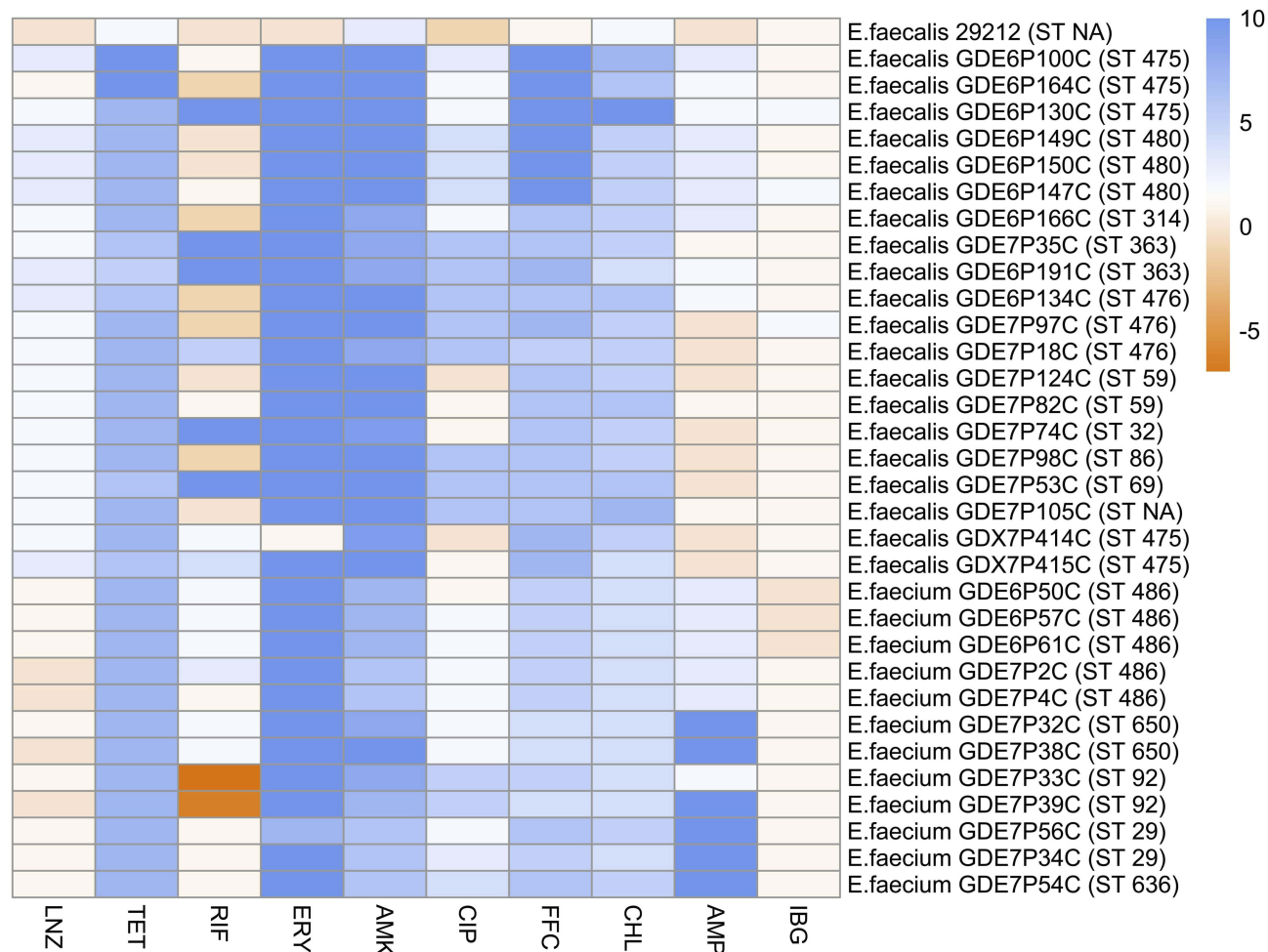


Figure 1 The MIC and MLSTs of all studied *Enterococci*. The colors present the value of \log_2 MIC of corresponding antibiotics.

Abbreviations: VAN, vancomycin; LZD, linezolid; TET, tetracycline; RIF, rifamycin; ERY, erythromycin; AMK, amikacin; CIP, ciprofloxacin; FFC, florfenicol; CHL, chloramphenicol; AMP, ampicillin; IBG, isopropoxy benzene guanidine.

(USA) and 3, 3'-diethyloxycarbocyanine iodide (DiOC₂ (3)) was from Thermo Fisher Scientific (Germany).

Synthesis of IBG (1, 3-Bis (P-Isopropoxydibenzylamine) Guanidine Hydrochloride; Isopropoxy Benzene Guanidine)

A suspension of p-isopropoxy benzaldehyde (25 g, 0.153 mol, 2 eq) and diaminoguanidine monohydrochloride (0.7–1.5 eq) in ethyl alcohol (EtOH) was heated at reflux until it becomes clear. The reaction mixture was cooled down to 10°C. The resulting precipitate was collected and washed twice with EtOH to afford the isopropoxy benzene guanidine as a white powder (Figure 2).

Nuclear magnetic resonance (NMR) and MS spectrum of IBG are shown in Figure 3. ¹H NMR (DMSO, 500 MHz)

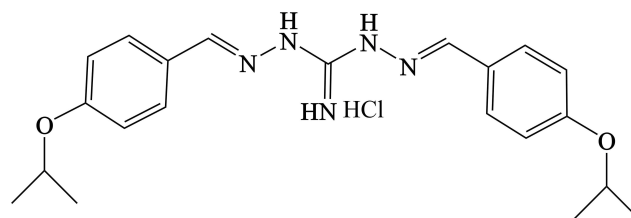


Figure 2 Chemical structure of isopropoxy benzene guanidine (IBG).

δ 11.77 (2H, s), 8.29 (4H, s), 7.85 (4H, d), 7.01 (4H, d), 4.72 (2H, m), 1.29 (12H, d).

Minimum Inhibitory Concentration (MIC) Determination

The MIC was determined by broth microdilution method recommended by CLSI.²¹ Mueller-Hinton (MH) broth was used in this experiment and cell concentration was

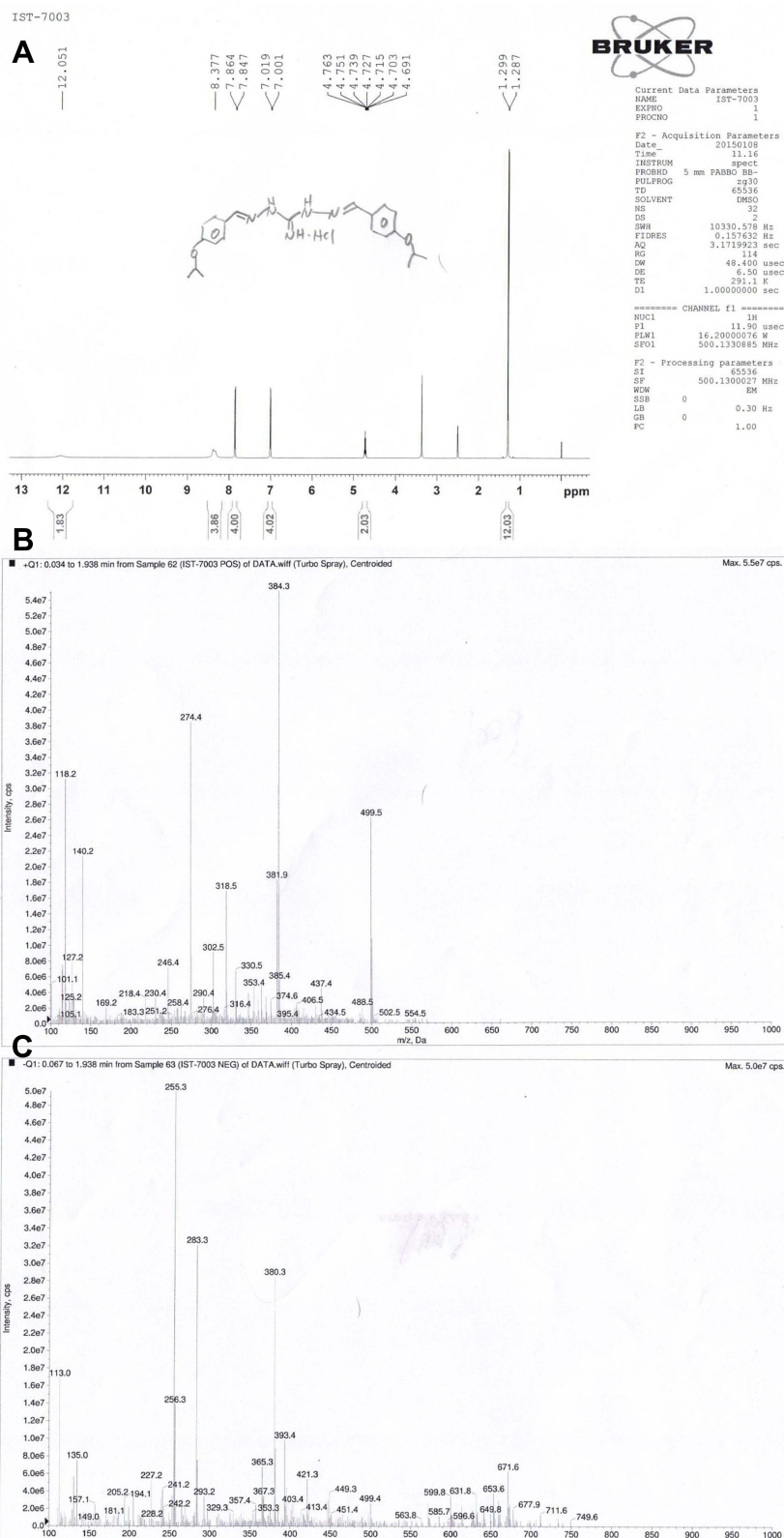


Figure 3 NMR and MS spectrum of isopropoxy benzene guanidine (IBG). **(A)** NMR spectrum of IBG **(B)** MS spectrum of IBG in positive ion mode **(C)** MS spectrum of IBG in negative ion mode.

adjusted to approximately 5×10^5 CFU/mL. Briefly, strains were cultured in MH broth and incubated at 37°C for about 5–6 hrs until the cell suspension was about 10^8 CFU/mL. The culture was then diluted 1:200 in MH broth, serial two-fold dilutions of drugs were added to the wells. After 16–20 hrs of incubation at 37°C, the MIC was defined as the lowest concentration of antibiotic with no visible growth. Experiments were performed with three biological replicates.

Minimum Bactericidal Concentration (MBC)

The MBC was further determined according to the CLSI guidelines. Briefly, after determination of the MIC, 20 μ L aliquots were taken from all the wells from MIC and spotted onto Brain-Heart Infusion (BHI) agar. The colonies were enumerated after incubating for 24 h at 37°C. The MBC is defined as the lowest concentration where a 99.9% colony count reduction was observed. Experiments were performed in triplicates.

Time-Kill Kinetics

The time-dependent killing for *E. faecalis* ATCC 29212, MDR *E. faecalis* GDE6P130C and MDR *E. faecium* GDE6P50C with various concentrations of IBG, vancomycin (VAN) and linezolid (LNZ) were investigated.²² The initial inoculum of 2×10^6 CFU/mL cells in 5 mL MH broth was challenged with IBG, VAN, LNZ at 2 \times MIC, 4 \times MIC or 10 \times MIC. At 0, 4, 8, 12, 24 hrs, 100 μ L aliquots were serially diluted 10-fold in phosphate-buffered saline (PBS) and plated with BHI agar medium. The plates were incubated at 37°C for 16–24 hrs. Plates with around 30 to 300 colonies were counted and CFU/mL for each time point was calculated. All experiments were replicated.

Membrane Potential Assay

To examine the perturbation of the cell membrane of *Enterococci* by IBG, the membrane potential of the cells was measured by fluorescence spectrometry using fluorescent membrane potential probe 3, 3-diethylloxacarbocyanine iodide DiOC₂ (3) as described previously.²³ *E. faecalis* ATCC 29212 cells were grown in LB broth for 12 hrs, then centrifuged at 4000 \times g for 10 mins at room temperature, washed twice in PBS and resuspended in PBS to OD_{600nm}=0.5. For the fluorescence assay, 2 mL of this suspension was added in a quartz cuvette, the mixture was stirred gently for 5 mins (with or without

addition of 1 \times IBG, 2 \times IBG, 4 \times IBG, 10 \times IBG, using 16 μ g/mL ampicillin as control), the cuvette was then placed in a Hitachi F-7000 Fluorescence Spectrometer set at Ex.486 nm/Em.620 nm, with excitation and emission slit widths at 5 nm and 10 nm, respectively. The background fluorescence of each suspension was followed for 1 min after which DiOC₂ (3) was added to a final concentration of 10 μ M and the fluorescence monitored until it plateaued. Cells were then re-energized with 0.5% glucose and fluorescence further monitored until it plateaued, after which 10 μ M of the proton ionophore carbonyl cyanide-chlorophenylhydrazone (CCCP) was added and fluorescence followed again until plateaued. All assays were performed in triplicates.

In vitro Cell Cytotoxicity

A thiazolyl blue tetrazolium bromide (MTT) assay was used to assess the in vitro cytotoxicity of IBG against A549 cells with a previously reported protocol.²⁴ Briefly, human lung epithelial (A549) cells were seeded at a density of 5×10^3 cells per well in 96-well plates and then incubated for 24 hrs. Then, the growth medium was rinsed with PBS and replaced with fresh medium containing different concentrations of the IBG. Control wells were treated with an equivalent volume of IBG-free and DMSO-medium. The cells were incubated at 37°C for 48 hrs. After incubation, the medium was removed, and MTT solution (5 mg/mL) was added to each well, and the plate was incubated for 4 hrs, thus allowing the viable cells to convert the yellow MTT into purple formazan crystals. Finally, the medium was completely removed, and 150 μ L of DMSO was added to each well to dissolve the purple formazan crystals. The absorbance was measured at 490 nm using a multifunctional microplate reader (Thermo Fisher Scientific, Germany). The IC₅₀ values were calculated using nonlinear regression analysis, and cell cytotoxicity was assessed by quantifying the IC₅₀ values of the IBG.

Hemolytic Activity

The hemolysis assay was performed as previously described.²⁵ Blood was collected from the posterior orbital venous plexus of KM mice and centrifuged at 1000 \times g for 5 mins. After centrifugation, the supernatant was discarded and obtained the fresh mice red blood cells (RBCs). Then, cells were washed with PBS (pH 7.4) three times, centrifuged at 1000g for 5 mins, and resuspended in PBS to attain a dilution of ~4% (v/v) of the erythrocyte. A total of 150 μ L

mice RBCs were added to the wells of a 96-well U-bottom plate and serial dilution of IBG was added to the wells resulting in a final concentration ranging from 1.25 to 2560 µg/mL. After 1 hr at 37°C, cells were centrifuged at 1000×g. The supernatant was transferred to 96-well plates and A450nm (OD₄₅₀) measured using a multifunctional microplate reader. The mRBCs in PBS and 1% Triton X-100 were used as negative and positive controls, respectively. Experiments were performed with biological replicates. The percentage of hemolysis was calculated using the following equation:

$$\text{Hemolysis (\%)} = (\text{OD}_t - \text{OD}_0) / (\text{OD}_{100} - \text{OD}_0) \times 100\%;$$

Ethics Statement

All specific-pathogen-free female KM mice (Southern Medical University, Guangdong, China) were 6–8-week old, weighing 20±2 g. Mouse studies were approved by the Animal Research Committee of South China Agricultural University [ID: 2018030]. All experiments were conducted in full compliance with the guidelines of Guangdong Laboratory Animal Welfare and Ethics and the Institutional Animal Care and Use Committee of the South China Agricultural University.

Results

Inhibitory Activities of IBG

To examine the antimicrobial activities of IBG, we measured MIC against 32 *Enterococci* isolates containing diverse multilocus sequence types and antibiotic-resistant phenotypes. The MIC range for IBG was 1–4 µg/mL. Then, we performed MBC against 9 *E. faecalis* and 5 *E. faecium* with different ST types. The MBC range for IBG was 2–16 µg/mL, which was 2–8-fold of its MICs. In addition, in the presence of 10% FBS, the MIC range increased 4–8-fold to 16 µg/mL.

Time-Dependent Assay

We performed a kill kinetic assay to analyze the killing rate of IBG and to compare it with that of conventional antibiotics frequently used against *E. faecalis* ATCC 29212, *E. faecalis* GDE6P130C and *E. faecium* GDE6P50C. For *E. faecalis* ATCC 29212, after 8 h of exposure, at least a 3-fold reduction in viable cells at 2 × MIC of VAN, LNZ, and IBG was observed. However, at 12 h of exposure, some *E. faecalis* regrowth was observed for all antibiotics (Figure 4A). For MDR *E. faecalis* GDE6P130C, VAN had a low bactericidal activity at 2 × and 4 × MIC and substantial regrowth was observed after 8 h. In comparison, there was rapid killing activity of IBG at 4× MIC, with a two-log reduction in viable

cells following an 8-h exposure. The *E. faecalis* regrowth was observed for all antibiotics at 24 h of exposure (except at 10 × MIC of IBG) (Figure 4B). For *E. faecium* GDE6P50C, VAN and LNZ (at 2 × and 4× MIC) had no effect on bacterial growth. While the use of IBG even at 2 × MIC could decrease bacterial cell counts by 3 log₁₀ CFU/mL at 12 h (Figure 4C).

IBG Exerts Its Antibacterial Action on the Cell Membrane of *E. faecalis*

To gain insight into how IBG exerts its antibacterial activity on *E. faecalis*, we investigate cell membrane perturbation by IBG using DiOC₂ (3). Bacterial cells were energized by the addition of glucose to establish a proton motive force (negative and basic inside the cell) and de-energized by incubation with the proton ionophore CCCP. This led to variation in fluorescence associated with DiOC₂ (3). When *E. faecalis* ATCC 29212 was pre-incubated with IBG, a large reduction in fluorescence compared to that of the untreated cells and cells in the presence of ampicillin was observed (shown in Figure 5).

Hemolytic Activity and Cytotoxicity of IBG

We evaluated the toxicity profile of IBG against A549 cell using MTT assay and haemolytic activity against mice RBCs. The results showed that IC₅₀ values of 28 µg/mL for IBG (Figure 6A). Hemolytic activity of IBG showed that the concentration that induces 50% hemolysis (HC₅₀) for IBG was 443.1 µg/mL, indicating that IBG is well tolerated by RBCs (Figure 6B).

Discussion

The major challenge to treatment and control of leading bacterial pathogens is the rapid emergence and global spread of multidrug-resistant clones that are refractory to last-resort antimicrobial therapy.²⁶ To address this problem, we have examined the substituted benzene guanidine compounds as a parent scaffold for developing a new antimicrobial class. Here we identified the promising antibacterial compound IBG, which possesses anti-bactericidal activity against MDR *Enterococci*. Furthermore, we demonstrated that IBG could disrupt the cell membrane potential of *Enterococci*.

This study examined strains that originate from agriculture; however, we deliberately collected 20 *E. faecalis* isolates belong to the ST 475, 480, 314, 363, 69, 476, 32, 86, 59, and 12 *E. faecium* isolates belong to the ST 486, 650, 92, 29, 636. Furthermore, the *cfr* and *optrA* genes

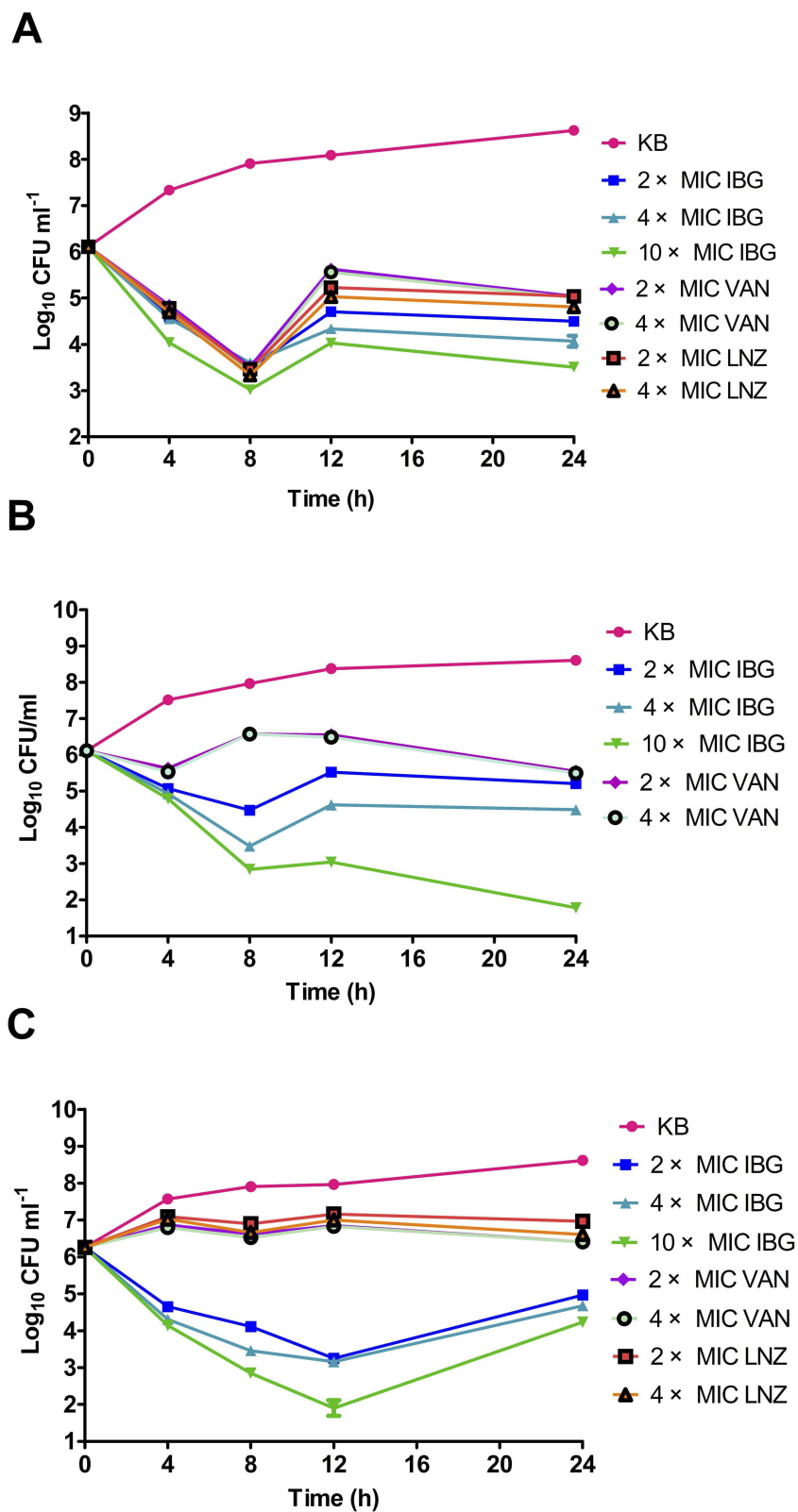


Figure 4 Time-kill studies of antibiotics against *Enterococci*. (A) *E. faecalis* ATCC 29212 was grown in 5 mL MH broth in the presence of 2 × MIC, 4 × MIC, 10 × MIC of isopropoxy benzene guanidine (IBG), 2 × MIC, 4 × MIC of vancomycin (VAN), 2 × MIC, 4 × MIC of linezolid (LNZ). (B) *E. faecalis* GDE6P130C was grown in 5 mL MH broth in the presence of 2 × MIC, 4 × MIC, 10 × MIC of IBG, 2 × MIC, 4 × MIC of VAN. (C) *E. faecium* GDE6P50C was grown in 5 mL MH broth in the presence of 2 × MIC, 4 × MIC, 10 × MIC of IBG, 2 × MIC, 4 × MIC of VAN, 2 × MIC, 4 × MIC of LNZ.

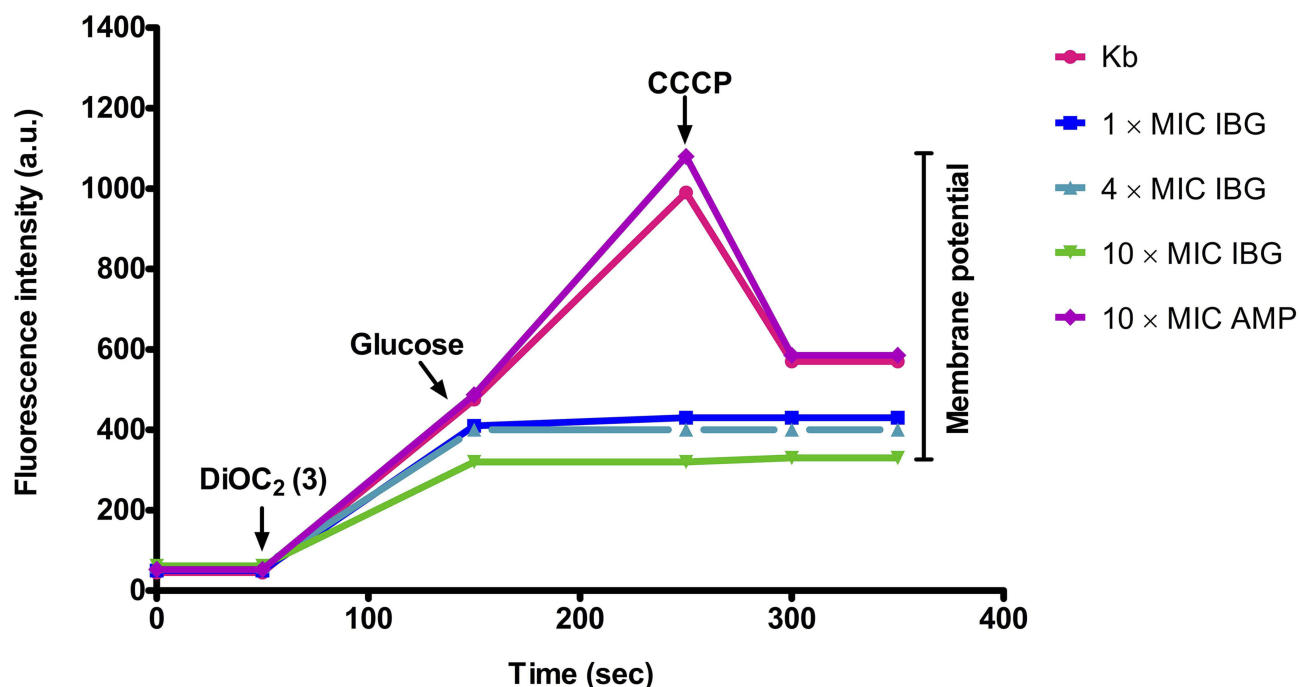


Figure 5 IBG dissipates the membrane potential of *E. faecalis* ATCC 29212. Bacterial suspensions were exposed to isopropoxy benzene guanidine (IBG) or ampicillin (AMP, control) for 5 mins after which DiOC₂ (3) was added and the fluorescence monitored until it plateaued. Cells were then re-energized with 0.5% glucose and the establishment of a membrane potential was measured as an increase in fluorescence until it plateaued. The membrane potential was then disrupted by the addition of the proton ionophore (CCCP). Data presented are representative of two experiments.

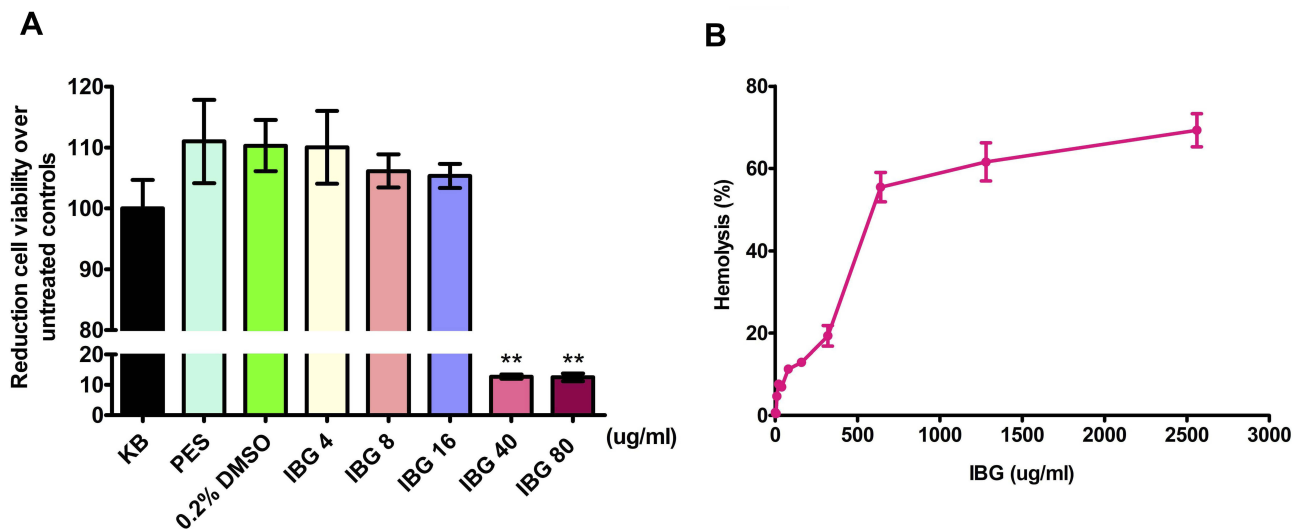


Figure 6 Isopropoxy benzene guanidine (IBG) demonstrates limited cytotoxicity to mammalian cell lines. (A) Cell viability was measured on a multifunctional microplate reader for A549 cell using MTT assay (B) Cell viability was measured on a multifunctional microplate reader for mice red blood cells. Data are means (\pm SD) for each treatment (in duplicate).

were found in these strains. Notably, the gene *cfr* and/or *optrA* in ST59, ST314, ST476, ST480 *E. faecalis*, and ST29 *E. faecium* have been reported in human clinical infections.^{27–29} These results indicate that *Enterococci* can be a reservoir for resistance as well as transfer resistance genes between humans and animals. Hence, they

often showed resistant to a wide range of antibiotics, necessitating the development of novel compounds that are effective against this species.

The MIC of IBG against 32 clinically *Enterococci* isolates was 1–4 μ g/mL, which was equal or superior to that of robenidine with MIC values of 4.7 μ g/mL against

vancomycin-resistant *Enterococci*. According to the structure–activity relationship in robenidine analogues, the methylation saw a modest activity improvement, but only with the methoxy group (3-OCH₃) (16). However, our compound with the isopropoxy group (3-OCH(CH₃)₂) displayed a significant reduction in the MIC values against *Enterococci*. This indicated the introduction of isopropoxy group has an important role on improving activity of robenidine analogue against *Enterococci*. In addition, IBG was more active than the robenidine analogue 26 which has a replacement with 4-CH(CH₃)₂. The finding that the MICs of IBG against strains of *Enterococci* were increased 4–8-fold in the presence of serum suggests a high protein binding. This may be one of the factors allowing enhanced stability and plasma lifetime without necessarily reducing its effectiveness in vivo.³⁰

In the present study, the rate of bactericidal activity was determined for IBG, vancomycin, and linezolid against *Enterococci*. Interestingly, IBG displayed superior bactericidal activity compared to vancomycin and linezolid, which used as last-resort antibiotic for *Enterococci* infections. IBG caused a similar rate of bactericidal activity at 2×MIC, 4×MIC, indicating time dependent rather than concentration-dependent killing.

It should be noted that regrowth was observed for all antibacterial agents, although this occurred at a much slower rate for IBG. The regrowth was observed after treatment with vancomycin and linezolid could be explained by selective amplification of less-susceptible sub-populations and is consistent with previous studies performing the time-kill kinetics of vancomycin and linezolid.^{31,32} As for IBG, regrowth at 24 hrs is not uncommon and has previously been reported for robenidine analog NCL195 against *S. aureus*. In addition, we confirmed that the rebound growth was neither due to chemical instability of IBG or emergence of a resistant population by adding 10⁵ CFU of *Enterococci* in LB broth containing 2 × MIC, 4 × MIC and 10 × MIC of IBG over 24–72 h. After 72 h incubation in the presence of antibiotic, a few colonies were obtained from broth containing 10⁵ CFU of *Enterococci* to which 2 × MIC, 4 × MIC and 10 × MIC of IBG was added. We subjected the colonies that grew after 72 h to MIC testing and these returned 1× MIC for IBG.

As the guanidine compounds possess a mechanism of action that targets the cell membrane, they could be more effective than other bactericidal concentration-dependent antimicrobials that have intracellular targets, such as

fluoroquinolones and aminoglycosides. DiOC₂ (3) has been used to measure the magnitude and stability of Δψ in bacterial cells and proteoliposomes.³³ In our fluorescence membrane potential measurements, when treated with IBG, a large reduction in the magnitude of the generated membrane potential was observed, suggesting that IBG could permeabilize the cytoplasmic membrane of *E. faecalis*, which is in corroboration with the results obtained in previous studies.

Toxicity is often a major obstacle in therapeutic application of membrane-damaging antibacterial agents. Human lung epithelial cells (A549) cells are widely used to evaluate cytotoxicity in antibiotics and metals.³⁴ In this study, IBG showed a promising safety profile with A549 cytotoxicity of IC₅₀ 28 μg/mL. Low mERG inhibition with IBG has also been demonstrated, with HC₅₀ of >400 μg/mL. These values are at least seven times the observed MIC₉₀ values for IBG. It is possible that in vitro cytotoxicity of IBG is not predictive of in vivo toxicity; in agreement with reports which note the importance of in vitro responses but conclude that the true profile of compound toxicity can only be determined in vivo.^{35,36} However, the cytotoxicity of IBG is considered to be acceptable at this stage of compound development, especially as in vivo studies have been performed with IBG which determined the oral LD₅₀ to be ~1800 mg/kg in rat. Furthermore, no adverse effects were noted in broiler chicken and weaning piglet treated with IBG which effectively improved the average daily weight gain and material weight ratio and the production performance and reduce the rate of diarrhea as feed.^{37,38}

Conclusion

In this study, IBG displayed potent bactericidal activity against MDR *Enterococci*, which is likely responsible for the disruption of the cell membrane potential. The results presented demonstrate that IBG warrants further exploration for potential use as future antimicrobial agents to treat the infections caused by MDR *Enterococci*.

Acknowledgments

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Disclosure

The authors report no conflicts of interest in this work.

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