ORIGINAL RESEARCH

# MiR-195-5p Inhibits Proliferation and Induces Apoptosis of Non-Small Cell Lung Cancer Cells by Targeting CEP55

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**Objective:** This study aims to explore whether miR-195-5p can inhibit proliferation and induce apoptosis of non-small cell lung cancer (NSCLC) cells by targeting CEP55.

**Methods:** qRT-PCR was used to measure the expression of miR-195-5p in NSCLC cells. MTT assay, colony formation assay, and flow cytometry were used to detect the role of miR-195-5p in NSCLC cells. Western blot was used to measure the protein expression of CEP55, Bax and Bcl-2 in cells. Dual-Luciferase assay was performed to verify the relationship between miR-195-5p and CEP55.

**Results:** The expression of miR-195-5p was higher in human normal lung cell lines than in NSCLC cells. MiR-195-5p overexpression inhibited cell proliferation, which could block the cell cycle of A549 cell line in the  $G_0/G_1$  phase. Moreover, overexpression of miR-195-5p increased cell apoptotic rate of A549 cell lines, with the expression of pro-apoptotic protein Bax up-regulated and that of the anti-apoptotic protein Bcl-2 down-regulated. The Dual-Luciferase assay showed that miR-195-5p could specifically target CEP55. Furthermore, CEP55 was down-regulated in NSCLC cells. Overexpression of CEP55 enhanced the proliferation and colony formation ability of A549 cell line. Overexpression of CEP55 can reverse the inhibitory effect of miR-195-5p.

**Conclusion:** MiR-195-5p inhibits proliferation and induces apoptosis of NSCLC cells by negatively regulating CEP55.

**Keywords:** non-small cell lung cancer, NSCLC, miR-195-5p, CEP55, cell proliferation, cell apoptosis

#### Introduction

Lung cancer is one of the malignancies with the highest mortality<sup>1</sup> and more than 1 million patients die of lung cancer worldwide every year.<sup>2</sup> NSCLC, accounting for 80–85%, is the predominantly common type of lung cancer with an extremely high mortality rate, and the 5-year survival rate of patients is less than 14%.<sup>3,4</sup> Moreover, the incidence and mortality rates increase with age. Therefore, finding a more effective method to inhibit or treat lung cancer is a hot research topic.

Centrosome-related protein CEP55 (centrosomal protein, 55 kD) is one of the coiled coil protein family members, and its main functions are to anchor the micro-tubule and polymerize related proteins, participate in the spindle formation, and then regulate cell proliferation.<sup>5</sup> It has been found that CEP55 is expressed in both normal tissues and tumor cells and coupled with centrosomes and intermediates in the cell cycle which plays a role in regulating cell cycle after phosphorylation.<sup>6,7</sup> In addition,

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© 1019 Luo et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php and incorporate the Creative Commons Attribution – Non Commercial (unported, v3.0) License (http://treativecommons.org/licenses/by-nc/3.0/). By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.php). CEP55 overexpression has been shown to be significantly correlated with tumor staging, invasiveness and metastasis of many malignant tumors,<sup>7,8</sup> and can be used as a biomarker for tumor occurrence, progression and prognosis.

MicroRNA is one kind of non-coding single-stranded RNA molecule encoded by endogenous genes with about 22 nucleotides in length in eukaryotes which can regulate the expression of mRNA at the post-transcriptional level. It has been identified as a key regulatory factor of the tumorigenesis in many cancers<sup>9,10</sup> and it can inhibit the cell proliferation and metastasis of tumor cells by participating in the regulation of gene expression.<sup>11,12</sup> Studies have shown that the expression of miR-195-5p decreased in NSCLC tissues and cell lines. Kaplan-Meier survival analysis shows that the survival time of NSCLC patients with high miR-195-5p expression is significantly longer than that of NSCLC patients with low expression during the 5-year follow-up.<sup>13</sup> These results suggest that miR-195-5p can be a potential tumor suppressor of NSCLC.<sup>13–15</sup> In this paper, the targeted relationship between miR-195-5p and CEP55 was studied to explore the mechanism of their roles in proliferation and apoptosis of NSCLC, so as to provide a new therapeutic target for clinical treatment of NSCLC.

#### **Materials and Methods**

#### Cell Lines and Cultivation

Human normal lung cell line BEAS-2B and NSCLC cell line H1299 were purchased from Chinese Academy of Sciences, and NSCLC cell line A549 was purchased from key laboratory of department of pathology, Xiamen University. All cells were cultured in RPMI-1640 medium (R8758, Sigma) and maintained in an incubator at 37°C with 5% CO<sub>2</sub>. When the cells attached with a density of 70–80%, they were digested with 0.25% trypsin (25200072, GIBCO), and then logarithmic growth cells were selected for the experiment.

#### Vector Construction and Transfection

MiR-195-5p mimics, NC, wt-CEP55 and mut-CEP55 luciferase reporter plasmids, and CEP55 lentiviral expression vector GV358 were provided by Shanghai GenePharma Co., Ltd. The cells were divided into five groups: (1) Control group, cells were only added with transfection agents; (2) Negative control group (NC), cells were transfected unrelated sequences; (3) MiR-195-5p group, cells were transfected with the miR-195-5p mimics; (4) CEP55 group, cells were transfected with CEP55 lentiviral expression vector; (5) MiR-195-5p + CEP55 group. The cells of each group were seeded into a six-well plate at a density of  $(2-4) \times 10^5$ /well. When the cell density reached about 50%, the synthetic fragments and plasmids were transferred into A549 cell lines using Lipofectamine<sup>TM</sup>2000 (11668-027, Beijing Solarbio Science & Technology Co., Ltd.), respectively. And cells were incubated in a 37 °C, 5% CO<sub>2</sub> incubator. The medium was changed after 6 h, and cells were collected after transfection for 36–48 h for follow-up experiments.

### Real-Time Quantitative Polymerase Chain Reaction (qRT-PCR)

All RNAs were extracted from NSCLC cells and human normal lung cells by Trizol (Thermo Fisher Scientific, Waltham, MA, USA) with its purity and concentration determined. Then, RNA was transcribed into complementary DNA (cDNA) following the instruction of the cDNA kit (Thermo Fisher Scientific, Waltham, MA, USA) and qRT-PCR was performed following the instruction of TB Green<sup>®</sup> Premix Ex Taq<sup>TM</sup> II (RR820A, TAKARA). The data were normalized to U6 (for miR-195-5p expression) and GAPDH (for CEP55 mRNA expression) respectively, and calculated by the 2- $\triangle \triangle CT$  method.

MiR-195-5p

Forward Primer: 5'-GGGGTAGCAGCACAGAAAT-3'; Reverse Primer: 5'- TCCAGTGCGTGTCGTGGA-3'.

U6

Forward Primer: 5'-GCTTCGGCAGCACATATACTAA AAT-3';

Reverse Primer: 5'-CGCTTCACGAATTTGCGTGTC AT-3'.

#### CEP55

Forward Primer: 5'-AGTAAGTGGGGATCGAAGCCT-3'; Reverse Primer: 5'-CTCAAGGACTCGAATTTTCT CCA-3'.

#### GAPDH

Forward Primer: 5'-GGAGCGAGATCCCTCCAAAA T-3';

Reverse Primer: 5'-GGCTGTTGTCATACTTCTCATG G-3'.

#### Western Blot

After 48 h of transfection, the cells were lysed on ice and the total protein was extracted. After measuring the concentration of proteins, protein samples (30  $\mu$ g) were separated by 10% SDS-PAGE and subsequently transferred

onto PVDF membranes. The membrane was blocked with TBST containing 5% skim milk for 1 h. Later, membrane was incubated with primary antibodies including CEP55 rabbit polyclonal antibody (ab170414, 1:5000, abcam, Cambridge, UK), Bax rabbit polyclonal antibody (ab182733, 1:1000, abcam, Cambridge, UK), Bcl-2 rabbit polyclonal antibody (ab32124, 1:1000, abcam, Cambridge, UK) and GAPDH rabbit polyclonal antibody (ab9485, 1:2500, Abcam, Cambridge, UK) overnight at 4°C. TBST was used to wash the membranes for three times with 15 min for each time. Next, the membrane was incubated with secondary antibody of horseradish peroxidase (HRP)-labeled goat anti-rabbit IgG (ab6721, 1:3000, abcam, Cambridge, UK) at room temperature for 1 h. After washing the membranes with TBST, the enhanced chemiluminescence (ECL) kit (P0018FS, Beyotime) was added and ChemiDoc<sup>™</sup> Touch Imaging System (12003153, BIO-RAD) was used for exposed photography. The experiment was repeated three times.

#### **Dual-Luciferase Assay**

Wt-CEP55 and mut-CEP55 were constructed into luciferase reporter plasmids, and co-transfected into A549 cell line with miR-195-5p mimic and miRNA NC, respectively. After 48 h of cultivation in RPMI-1640 medium containing 10% fetal bovine serum (FBS), the luciferase activities were detected by Dual-Luciferase reporter gene assay kit (RG027, Beyotime) according to manuscript's information. The experiment was repeated three times.

#### **Cell Proliferation Assay**

Cell proliferation was detected by MTT assay (Sigma). The transfected cells were seeded in a 96-well plate at a density of  $1 \times 10^4$  cell/well. After cultivation for 24 h, 48 h and 72 h at 37°C, respectively, 20µL MTT (5mg/mL) was added to each well for 4 hr incubation. The supernatant in the well was carefully absorbed. As for suspension cells, the supernatant in the well was added for 15 min to dissolve the crystals. The cell viability was determined by reading OD value at 490 nm using ELISA. All experiments were repeated three times.

#### **Colony Formation Assay**

Monolayer cultured NSCLC cells at logarithmic growth phase were digested into single cells using 0.25% trypsin and suspended in RPMI-1640 medium containing 10% FBS. Cells of each group were inoculated with 200 cells per dish in 9 cm culture dishes, respectively, and gently shaken to disperse evenly. The cells were changed with fresh medium every 3 days for 3 weeks. Then, the medium was discarded, and the cells were washed with PBS, fixed with 4% paraformaldehyde for 15 min, transfected with 0.1% crystal violet dye for 10 min and washed with PBS for three times. Finally, the cells were photographed and counted after washing off the dye, and the colony-forming efficiency was calculated (colony forming efficiency = clone number/inoculated cell number ×100%).

# Cell Cycle Was Measured by Flow Cytometry

Forty-eight hours after transfection, the cells were digested with 1 mL trypsin for 2–3min, then added 5 mL PBS and blew the bottle wall to make the cells detach into singlecell suspension, which was collected and centrifuged at 1000 rpm for 5 min at 4°C. After discarding the supernatant, 10 mL PBS was added for re-suspension, and cells were fixed with 70% ethanol pre-cooled by ice at 4°C overnights. Next day, the cell suspension was filtered through a 300-mesh sieve, and centrifugated at 1000 rpm for 5 min at 4°C, then the supernatant was discarded. And the cells were fixed with 1 mL of PI solution and stored in darkness at 4°C for 30 min. Flow cytometer (12004279, BIO-RAD) was used to detect cell cycle. The experiment was repeated three times.

# Cell Apoptosis Was Detected by Flow Cytometry

Flow cytometry was used to measure apoptosis in accordance with the instructions of FITC-Annexin V apoptosis kit (Hangzhou Haoxin Biotechnology Co., Ltd.). The cells were counted and the concentration of the cells to be detected was adjusted to  $5 \times 10^5 - 1 \times 10^6$  cells/mL. Then, 1 mL cells were taken and centrifuged at 1000 rpm for 10 min at 4°C, and the supernatant was discarded. Cell suspension was added with 1 mL precooled PBS and the supernatant was discarded after centrifugation at 1000 rpm for 10 min at 4°C. The cells were then resuspended in 200 µL Binding Buffer with10 Ml Annexin V-FITC and 10 µL PI solution at room temperature in darkness for 15 min after which 300 µL Binding Buffer was mixed into the resuspension. Flow cytometry (12004279, BIO-RAD) detected cell apoptosis within 1 h and the experiment was repeated three times.

#### Statistical Analysis

All the data were processed by SPSS 21.0 and exhibited as mean  $\pm$  standard deviation. The comparison between two groups was conducted by Student's *t*-test, and the comparison among multiple groups was conducted by one-way analysis of variance (ANOVA). P<0.05 indicated statistical significance.

### Results

# Expression of miR-195-5p and CEP55 in Different Cell Lines

We firstly detected the miR-195-5p and CEP55 expression in human normal lung cell lineBEAS-2B and NSCLC cell lines H1299 and A549 qRT-PCR assay demonstrated that the expression of miR-195-5p was downregulated in H1299 and A549 cell lines compared to BEAS-2B cell line, while the expression of CEP55 mRNA was significantly upregulated in NSCLC cell lines (Figure 1A and B, P<0.05). We selected A549 cell line with a relatively significant difference in expression level for follow-up experiments.

# MiR-195-5p Could Inhibit the Proliferation and Induce Apoptosis of NSCLC Cells

MiR-195-5p was upregulated after treated with miR-195-5p mimics in A549 cell line. MTT assay (Figure 2A) showed that overexpression miR-195-5p inhibited A549 cell proliferation (P<0.05). Meanwhile, the cell colony formation

ability of A549 cell line was significantly decreased (Figure 2B and C, P<0.05), indicating that the high expression level of miR-195-5p could inhibit the proliferation of cancer cells. In addition, flow cytometry was used to detect apoptosis in each group, and the results exhibited that over-expression miR-195-5p increased the apoptosis of A549 cell line (Figure 2D and E, P<0.05). These experiments indicated that miR-195-5p overexpression could inhibit the proliferation and promote apoptosis of NSCLC cells.

# CEP55 Overexpression Promoted Proliferation and Slowed Apoptosis of NSCLC Cell Lines

CEP55 was upregulated after treated with lentiviral expression vector GV358 in the A549 cells. MTT method and colony formation assay were used to detect the role of CEP55 in A549 cell line, Compared with NC group, overexpression of CEP55 significantly increased the A549 cell line proliferation (Figure 3A, P<0.05) and colony formation ability (Figure 3B and C, P<0.05). CEP55 overexpression promoted the apoptosis rate in A549 cell line (Figure 3D and E, P<0.05).

# MiR-195-5p Could Regulate the Proliferation and Apoptosis of NSCLC by Targeting CEP55

Through the Targetscan.org website, we predicted the region sequences in the 3'-UTR of CEP55 complementary to miR-195-5p, as shown in Figure 4A. Results of dual







Figure 2 MiR-195-5p overexpression can inhibit the proliferation and promote apoptosis of NSCLC cells. (A) MTT assay was used to detect cell proliferation in each group; (B, C) Colony formation assay was used to determine the colony formation ability of each group cells; (D, E) Apoptosis was detected by flow cytometry. Note: \*p<0.05.

luciferase assay (Figure 4B) presented that miR-195-5p overexpression decreased the luciferase activity of the wt-CEP55 group (P<0.05), while the luciferase activity of the mut-CEP55 group after transfection with miR-195-5p was not significantly different from that of the mut-cep55 transfected NC group (P>0.05). This suggested that there was a targeted regulatory relationship between miR-195-5p and CEP55.

In order to verify that miR-195-5p could directly regulate CEP55 and thus affecting the proliferation and apoptosis of cancer cells, the MTT assays and Western blot assays were performed in this study. When miR-195-5p and CEP55 overexpression vector were co-transfected into A549 cell line, the cell proliferation was significantly decreased compared to the CEP55 group (Figure 4C). Compared with the NC group, the expression of CEP55 and Bcl-2 in the miR-195-5p group were significantly decreased, while that of Bax significantly increased. In the CEP55 group, the expression of Bax decreased and Bcl-2 increased. In the miR-195-5p +CEP55 group, the CEP55 expression level was significantly lower than that of the CEP55 group, and the Bax expression was higher and Bcl-2 expression was lower (Figure 4D and E). These results indicated that miR-195-5p negatively regulated CEP55 expression and induced apoptosis of NSCLC cells.

# MiR-195-5p Promoted Cell Cycle Arrest of NSCLC by Targeted Inhibiting CEP55 Expression

To investigate the effects of different treatments on the cell cycle of NSCLC, flow cytometry was used to detect the cell



Figure 3 CEP55 overexpression promotes proliferation and slows apoptosis in NSCLC cell lines. (A) MTT assay was used to detect cell proliferation in each group; (B, C) Colony formation assay results of CEP55 group and NC group; (D, E) Apoptosis in CEP55 group and NC group was detected by flow cytometry. Note: p<0.05.

cycle of A549 cell line in NC group, miR-195-5p group, CEP55 group and miR-195-5p + CEP55 group after 48 h transfection. The results showed that compared with NC, cells with overexpression miR-195-5p were significantly increased in the G0/G1 phase, while those in S phase and G2/M phase were decreased significantly (Figure 5A, B and E). Compared with the NC group, when CEP55 was overexpressed, the proportion of cells in the G0/G1 phase was decreased, while that in the S phase and G2/M phase was increased significantly, indicating a high proliferation of cancer cells (Figure 5C). In addition, in order to verify whether miR-195-5p could affect the effect of CEP55 on cell cycle, we tested the co-transfection group of miR-195-5p + CEP55. Results showed that compared with the CEP55 group, the number of cells in the G0/G1 phase was increased significantly and that in the S phase and G2/M phase decreased correspondingly (Figure 5D). In summary, our data demonstrated that miR- 195-5p overexpression could block lung cancer cells at the G0/ G1 phase, while CEP55 overexpression increased the number of cells at S phase and G2/M phase. Meanwhile, the overexpression of miR-195-5p and CEP55 could reduce the effect of the CEP55 overexpression on cell cycle, which may be related to the interaction between the miR-195-5p and CEP55.

#### Discussion

Molecular targeted therapy has been widely applied in the treatment of lung cancer. Compared with traditional chemotherapy, molecular targeted therapy is more efficient and less toxic.<sup>16</sup> This study mainly discusses the inhibitory effects of miR-195-5p on NSCLC by regulating CEP55, which is of great significance for the discovery of new tumor-related factors and therapeutic targets.

MiR-195-5p is abnormally expressed in various cancers such as breast cancer,<sup>17</sup> renal cell carcinoma,<sup>18</sup> and

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Figure 4 MiR-195-5p can induce apoptosis in NSCLC by targeting CEP55. (**A**) Targeting prediction results of miR-195-5p and CEP55; (**B**) The results of dual luciferase assay (Note: \*represents p<0.05; (**C**) MTT assay was used to detect cell proliferation (Notes: \*represents p<0.05, compared with NC group; # represents p<0.05, compared with CEP55 group; (**D**, **E**) Western blot was used to detect the expression levels of CEP55, Bax and Bcl-2 in each group. a Represents NC group; b represents miR-195-5p group; c represents CEP55 group; d represents miR-195-5p+CEP55 group. Notes: \*p<0.05, compared with group c; #p<0.05, compared with group a.

colorectal cancer.<sup>19</sup> For example, miR-195-5p can inhibit cell proliferation by regulating IRS1 in breast cancer cells,<sup>20</sup> and miR-195-5p can weaken cell proliferation by directly targeting cyclin D1 in cervical cancer cells.<sup>21</sup> In addition, Liu et al found that the expression of miR-195 was lower in tumor cell tissues through a clinical study of

299 NSCLC samples and negatively correlated with patients' survival.<sup>22</sup> Therefore, we verified the expression of miR-195-5p in NSCLC cell lines and its effect on cell function and found that miR-195-5p showed low expression in H1299 and A549 cell lines. Meanwhile, the over-expression of miR-195-5p significantly inhibited the



Figure 5 Cell cycle was detected by flow cytometry. (A) Control group; (B) MiR-195-5p group; (C) CEP55 group; (D) MiR-195-5p+CEP55 group; (E) The proportion of each phase of the cell cycle. Note: \*p<0.05, compared with the NC group.

proliferation of cancer cells and promoted apoptosis, which was basically consistent with previous studies.

CEP55 has been found to play a regulatory role in various cancer cells as an important regulatory protein. For example, the down-regulation of CEP55 can inhibit the proliferation of breast cancer cells.<sup>23</sup> CEP55 can promote proliferation and inhibit apoptosis of glioma cells through PI3K/Akt/p21 signal pathways.<sup>6</sup> In addition, the expression of CEP55 is inversely correlated with poor prognosis in patients with advanced esophageal squamous cell carcinoma and NSCLC.<sup>24,25</sup> So, we also conducted some experiments in NSCLC cells to verify and observe that CEP55 was highly expressed in lung cancer cell lines, and the overexpression of CEP55 promoted proliferation and decreased apoptosis of A549 cell line. Furthermore, we also detected that when CEP55 was overexpressed, the expression level of Bax was down-regulated, while the expression level of Bcl-2 was up-regulated. The results indicated that CEP55 could be used as a target for cancer therapy to affect the proliferation of NSCLC cells, so it may be possible to treat NSCLC by inhibiting CEP55 expression in the future.

MiRNAs often play a stimulating or inhibitory role in cancer cells by regulating downstream target genes. For instance, miR-195-5p can target GDPD5 and increases chemosensitivity and apoptosis in chemoresistant CRC cells.<sup>19</sup> MiR-144 inhibits the proliferation, invasion and migration of breast cancer cells by inhibiting CEP55.<sup>26</sup> In this study, both miR-195-5p and CEP55 were believed to be related to cancer progression; thus, we speculated that the regulatory function of miR-195-5p on NSCLC cells might also be partly attributed to CEP55. We predicted whether there was a targeted binding region between miR-195-5p and CEP55 through the Targetscan.org website. Both the predicted results and the dual luciferase assay showed that miR-195-5p could directly bind to CEP55 3'-UTR. Western blot and MTT assays also revealed that overexpression of miR-195-5p could inhibit the expression of CEP55 and the effect of CEP55 overexpression on cell proliferation and cell cycle.

This study confirmed that miR-195-5p can negatively regulate CEP55 to inhibit the proliferation and promote the apoptosis of NSCLC cells, so as to play an anticancer role and provide a new target for the treatment of NSCLC. However, the specific molecular mechanism for miR-195-5p/CEP55 axis regulating NSCLC is still unclear which needs to be further explored.

### **Data Sharing Statement**

The data and materials in the current study are available from the corresponding author on reasonable request.

#### **Author Contributions**

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

### **Ethics Approval**

The use of the A549 cells was approved by the Institutional Review Boards of the Tongde hospital of Zhejiang.

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### Disclosure

The authors declare no conflicts of interest in this work.

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