

Is Chikungunya Virus Infection an Independent Risk Factor for 2-Year Mortality in Older Afro-Caribbean Subjects?

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Purpose: The aim of this study was to investigate whether Chikungunya virus infection (CVI) was an independent risk factor for 2-year mortality in Afro-Caribbean subjects aged 65 years or older.

Patients and methods: A retrospective cohort study was performed from January 2014 to December 2016 in the University Hospital of Martinique. Subjects aged ≥ 65 years admitted to the hospital were included. Baseline characteristics and concurrent manifestations at admission were collected. Subjects were followed up by phone for 2 years.

Results: A total of 687 old Afro-Caribbean subjects (80.4 ± 8.0 years) were included: 467 positive for CVI (Chik+) and 220 negative for CVI (Chik-). During the follow-up, 180 (26.2%) died. The proportion of deaths was higher among Chik- (40.9%) than among Chik+ subjects (21.6%) ($p < 0.0001$). By multivariable analysis, when adjusted for age polyarthralgia, neurological troubles, cardiovascular disorders, absence of neutrophilia, thrombocytopenia, hypernatremia, and hospital stay, Chik+ subjects had significantly higher survival rates (HR: 0.58; 95% CI: 0.40–0.85) than Chik- ones.

Conclusion: Within the two years following hospital admission of subjects aged ≥ 65 years or older, Chik+ subjects had significantly higher survival rates than Chik- ones.

Keywords: Chikungunya, survival, elderly people, hospital admission

Introduction

Chikungunya virus infection (CVI) is an arbovirus transmitted by *Aedes (Ae) aegypti* or *Ae albopictus* mosquito bites. CVI was long considered as a disease of the tropics and subtropics, but the spread of its vector into more temperate zones,¹ as well as adaptation of the virus,² and human migration have made CVI an emerging disease in temperate countries.¹ Godaert et al previously reported that older subjects (aged 65 and older) may have atypical presentation as well as high hospitalisation rates.³ During epidemics, an increase in mortality has been described in various regions,⁴ while some fatal CVI cases have been described at the acute phase.⁵ The population of subjects aged 65 or older is at risk of severe forms of the disease at the acute phase.⁵ Godaert et al reported an in-hospital mortality rate of 9.1%.⁶ The reputation of low fatality associated with acute phase CVI is now being called into question.⁷ Even in the more typical forms, CVI is highly debilitating at the acute phase, and may have medium and long-term repercussions, in particular the development of chronic disease.⁸ To the best of our knowledge, the impact of CVI on mortality in the medium to long term is not documented. Age and a

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previous history of certain diseases have been identified as risk factors for the occurrence of chronic forms of the disease.^{9,10} In this context, older populations could be at higher risk of medium to long-term sequelae after initial infection with the Chikungunya virus. The aim of this study was therefore to investigate whether CVI was an independent risk factor for 2-year mortality in Afro-Caribbean subjects aged 65 years or older who had been infected by Chikungunya virus.

Patients and Methods

Study Design and Subjects

This was a retrospective cohort study performed in the University Hospitals of Martinique (French West Indies). Eligible subjects were aged 65 years or older, admitted to acute care units including the emergency department (ED), for suspected CVI, from 10 January to 31 December 2014, and who underwent biological testing using Reverse Transcription Polymerase Chain Reaction (RT-PCR). Subjects whose clinical and/or biological data were missing in their medical records were excluded. There was no concurrent circulation of dengue at the time of the inclusions.

Data Collection

Data were retrospectively collected from medical files. The following baseline characteristics were recorded: age, sex, presence or absence of fever and/or polyarthralgia, and hospital stay. We also recorded any of the following unusual concurrent clinical manifestations at admission: infectious disease (other than Chikungunya virus infection), neurological troubles (including confusion or delirium, seizure, syncope, encephalitis, and sensorimotor deficit), cardiovascular disorders (including rhythm disorder, cardiac decompensation, and myocardial ischemia), decompensated diabetes (diabetes with negative impact on glycemic control), respiratory disorders (including dyspnea, respiratory infection based on clinical examination, or positive sputum gram stain, or culture for bacteria, or simply an infiltrate on chest X-Ray), renal failure, hepatic disorders, lymphopenia (count $<1000/\text{mm}^3$), absence of neutrophilia (count $<7500/\text{mm}^3$), thrombocytopenia (count $<100,000/\mu\text{L}$), hypernatremia (blood sodium level $>145\text{mmol/L}$). The comorbidity burden was assessed using Charlson's comorbidity index.¹¹ All subjects included in this study underwent serum sample testing using RT-PCR with the RealStar[®] Chikungunya RT-PCR Kit (Altona Diagnostics GmbH, Hamburg, Germany),

and were classified as Chik+ (for positive RT-PCR) and Chik- (for negative RT-PCR).

Ethical Considerations

The study was performed in accordance with the Declaration of Helsinki and French legislation relating to research involving human beings. The study was approved by the French National authority for the protection of privacy and personal data (Commission nationale de l'informatique et des libertés, CNIL): authorisation number 1898399 v 0. The Ethics committee of the University Hospital of Martinique approved the study.

Statistical Analyses

Quantitative variables are described as mean and standard deviation ($m \pm \text{SD}$), and categorical variables as number and percentage. Bivariable analysis was performed using Cox model. Kaplan–Meier curves were constructed, and the log-rank test was used to test survival differences between CHIK+ and CHIK- subjects.

A multivariable Cox model was constructed to derive the prediction model. Time to two-year mortality was the primary outcome. The proportionality of risks over time was verified graphically.¹² Survival time was defined as the duration between hospital admission and date of last contact. The vital status was updated by phone and from the hospital network data-processing system. Baseline characteristics were considered as potential confounders for two-year mortality. A manual stepwise method was used to identify variables independently associated with two-year mortality, after checking for confounders and interactions. Results are presented as hazard ratio (HR) and 95% confidence interval (CI).

Tests were considered significant for a p -value <0.05 . Statistical analyses were performed using SAS version 9.4 (SAS Institute Inc., Cary, NC, USA). The Kaplan–Meier curves were computed using IBM SPSS software release 21 (IBM Corporation, Armonk, NY, USA).

Results

A total of 687 subjects (467 Chik+ and 220 Chik-) were included in the study. Mean age was 80.4 ± 8.0 years. There was no difference between Chik+ and Chik- in terms of comorbidity burden (Charlson score 1.69 ± 1.94 versus 1.64 ± 1.80 , respectively; $p=0.73$). The demographic, clinical and biological characteristics at inclusion of subjects are presented in Table 1.

Table I Demographic, Clinical and Biological Characteristics at Inclusion of Subjects According to Their RT-PCR results

Symptoms or Association of Symptoms	All N= 687		Chik- n= 220		Chik+ n= 467		p
	n	%	n	%	n	%	
Age ≥ 85 years	508	73.9	155	70.5	353	75.6	0.15
Male sex	339	49.3	119	54.1	220	47.1	0.09
Fever	502	73.1	131	59.6	371	79.4	<0.0001
Polyarthralgia	244	35.5	38	17.3	206	44.1	<0.0001
Other infectious diseases	179	26.1	90	40.9	89	19.1	<0.0001
Neurological troubles	61	8.8	33	15.0	28	6.0	0.0001
Cardiovascular disorders	44	6.4	15	6.8	29	6.2	0.76
Decompensated diabetes	10	1.5	7	3.2	3	0.6	0.009
Respiratory disorders	18	2.6	11	5.0	7	1.5	0.007
Renal failure	278	40.5	103	46.8	175	37.5	0.02
Hepatic disorders	91	13.2	50	22.7	41	8.8	<0.0001
Lymphopenia	407	61.3	62	30.1	345	75.3	<0.0001
Absence of neutrophilia	517	77.9	102	49.5	415	90.6	<0.0001
Thrombocytopenia	79	11.5	28	12.7	51	10.9	0.49
Hypernatremia	20	2.9	17	7.7	3	0.6	<0.0001
Hospital admission	488	73.8	162	82.6	326	70.1	0.0008

Notes: Missing data (n): lymphopenia (23); absence of neutrophilia (23); hospital admission (26)

Abbreviations: Chik+, laboratory-confirmed positive Chikungunya infection; Chik-, laboratory-confirmed negative Chikungunya infection.

Among the 687 subjects included, 72 were lost to follow-up and 180 (26.2%) died during the 2 years of follow-up. The proportion of deaths was higher among Chik- (40.9%) than among Chik+ subjects (21.6%, $p < 0.0001$). By bivariable analysis, as shown in Table 2 and Figure 1, Chik+ subjects had significantly higher survival rates than Chik- ones ($p < 0.0001$). This difference persists in the same direction even when comparing only severe Chik+ subjects to Chik- subjects ($p < 0.0001$). By multivariable analysis (Table 2), when adjusted for age, polyarthralgia, neurological troubles, cardiovascular disorders, neutropenia, thrombocytopenia, hypernatremia, and hospital admission, Chik+ patients still had significantly higher survival rates than Chik- subjects ($p = 0.005$). By sensitivity analysis, when adjusted for the same confounders, severe Chik+ subjects still had lower hazard of death than Chik- subjects (HR: 0.73; 95% CI: 0.56–0.96; $p = 0.02$).

Discussion

In our study population, overall two-year mortality was 26.2%. This mortality rate is lower than that previously observed in Afro-Caribbean subjects hospitalised through the emergency department (48.4%),¹³ and also lower than that described by Drame et al¹⁴ in the French *SAFES* cohort (44%). However, in our population, only 73.8% of the subjects were hospitalised after their initial management. The in-

hospital mortality during CVI has previously been estimated at 9.1% by Godaert et al¹⁵ in a population of subjects aged 65 years and older, and at 10.6% by Economopoulou et al⁵ in an adult population with a median age of 70 years [range 15–95]. As shown in Figure 1, mortality appeared to be higher in the first 90 days after the initial acute episode, regardless of the Chikungunya status. In our study, Chik+ subjects had a two-year mortality rate that was significantly lower than that of the Chik- subjects (respectively 21.6% vs 40.9%, $p < 0.0001$). This survival difference persisted over the whole duration of the follow-up period.

By multivariable analysis, we identified six factors that were significantly associated with increased risk of death, and three factors significantly associated with lower risk of death within a two-year follow-up. The risk factors were age ≥ 85 years, the presence of neurological signs at admission, cardiovascular signs at admission, thrombocytopenia, hypernatremia, and admission to the hospital during the acute episode. Age has previously been reported to be a risk factor for death at three years in elderly (≥ 75 years) subjects, as have neurological signs such as confusion.¹⁴ Hypernatremia has also been reported to be independently associated with mortality.^{16,17} Heart failure or acute decompensation is also a prognostic factor for long-term mortality.¹⁸ Hospital stay can be considered as a sign of the severity of the initial clinical status. The factors found in our study to be associated with lower risk of death were

Table 2 Bivariable and Multivariable Analyses of the Factors Independently Associated with Two-Year Mortality

Characteristics	Bivariable Analysis			Multivariable Analysis		
	HR	95% CI	p	aHR	95% CI	p
Age ≥ 85 years	1.72	1.17–2.53	0.006	1.94	1.27–2.98	0.002
Male sex	1.20	0.90–1.61	0.21			
Chik+	0.38	0.28–0.51	<0.0001	0.58	0.40–0.85	0.005
Fever	0.59	0.44–0.80	0.0008			
Polyarthralgia	0.39	0.27–0.56	<0.0001	0.56	0.37–0.84	0.005
Other infectious diseases	1.66	1.22–2.60	0.001			
Neurological troubles	1.34	0.84–2.13	0.22	1.59	1.10–2.29	0.01
Cardiovascular disorders	2.05	1.29–3.26	0.003	1.79	1.10–2.93	0.02
Decompensated diabetes	1.16	0.37–3.64	0.80			
Respiratory disorders	1.59	0.75–3.39	0.23			
Renal failure	1.46	1.10–1.98	0.009			
Hepatic disorders	1.64	1.13–2.39	0.009			
Lymphopenia	0.51	0.38–0.58	<0.0001			
Absence of neutrophilia	0.37	0.27–0.50	<0.0001	0.50	0.34–0.72	0.0003
Thrombocytopenia	1.92	1.32–2.80	0.0007	2.14	1.40–3.26	0.0004
Hypernatremia	4.58	2.60–8.06	<0.0001	1.96	1.00–3.87	0.05
Hospital admission	1.88	1.26–2.81	0.002	1.45	0.96–2.18	0.08

Abbreviations: HR, crude hazard ratio; aHR, adjusted hazard ratio; 95% CI, 95% confidence interval of the hazard ratios; Chik+, laboratory-confirmed positive Chikungunya infection.

the presence of polyarthralgia, the absence of neutrophilia, and laboratory confirmation of CVI. Based on our observations, subjects with laboratory confirmed positive CVI died less often than those who attended the hospital with another type of acute event (whatever the cause). In view

of this finding, we purport that CVI may be a once-off acute health event among these elderly subjects who otherwise would not have consulted the healthcare system at that point of their lives. At the acute phase, the highly debilitating nature of the disease prompts these patients to consult the healthcare system, because they are experiencing acutely and first-hand, a situation of substantial dependence. The more frequent hospitalisation of Chik+ subjects compared to Chik- ones (Table 1) reflects the major impact of the acute CVI phase on their state of health. After the acute phase, subjects with good functional reserve recover well, and CVI does not affect their survival. Some authors have reported excess mortality during the CVI outbreak.¹⁹ It is a common phenomenon that epidemics lead to immediate excess mortality, especially among the most vulnerable people.^{20,21} But in our article, the aim was not to evaluate the excess mortality related to the CVI outbreak, but to compare the risk of death of elderly people in the two years following their hospitalization, some for CVI, and the others for different acute somatic reasons.

There is no similar study among the adult population, to the best of our knowledge. Therefore, we are unable to compare risk factors for mortality of the elderly subjects in the present analysis with those of adults aged less than 65 years infected with Chikungunya. Indeed, survival alone does not provide any information about the living conditions

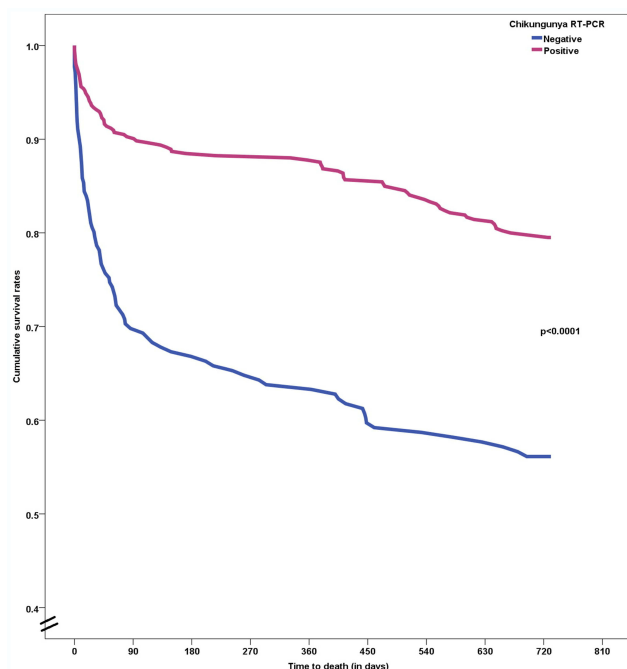


Figure 1 Kaplan-Meier curves according to the results of the RT-PCR in Chikungunya virus infection.

and quality of life of these subjects. In view of the symptom profile at the acute,²² and chronic^{10,23} phases, it would be useful to evaluate whether surviving subjects have greater loss of autonomy, greater need for material or human assistance, and what their quality of life is in the longer term. All these elements are of paramount importance in terms of public health during epidemics, particularly in temperate zones where the population of subjects aged 65 years and older is proportionally high.

The strengths of this study include the fact that it is the largest cohort to date of subjects with Chikungunya infections followed up for a period of two years. The inclusion of the Chik- group enabled comparison with subjects of similar profile, recruited in similar conditions, and presenting an acute health event other than CVI. Furthermore, a large variety of data were reliably collected at admission, and the number of missing data was low.

Conversely, some limitations of this study deserve to be underlined. The causes of death at two years were not recorded. Our data come from a hospital cohort only, and therefore, are likely not representative of the overall general population of elderly subjects. Nonetheless, the patterns of healthcare usage in Martinique are different to those observed in western countries. Indeed, there is less recourse to the general practitioner (GP) as the first port of call, due to the shortage of GPs and primary care providers. In this context, emergency services are often used by patients whose illness does not require hospital management, and consulting the emergency department is not a reliable indicator of the gravity of symptoms at the outset.

Conclusion

Based on our findings, in this population of subjects aged 65 years and older CVI was significantly associated with a higher survival rate. This is important, in view of the expected spread of CVI in the near future, particularly to temperate zones. In view of the symptom profile of CVI at the acute and chronic phases, this study requires further confirmation, particularly focusing on autonomy and quality of life in the medium to long term.

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Disclosure

No author has any competing interests to declare.

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