

Intraoperative Optical Coherence Tomography Guided Ocular Surgeries: Critical Analysis of Clinical Role and Future Perspectives

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Abstract: Intraoperative imaging of ocular tissues for diagnostic and therapeutic applications has gained immense admiration in recent years. The real time cross-sectional imaging, as well as three and four dimensional reconstruction abilities of intraoperative optical coherence tomography (iOCT), has enhanced our knowledge on many fronts in surgical maneuvers. In this review, we discuss the iOCT discovered constructive knowledge in the cornea, cataract, refractive, glaucoma, pediatric ocular, and various retinal conditions. The practical utility with decision modifying aspects along the specified ocular tissues and with respect to specific ocular entities have been narrated. Moreover, limitations and future directions have also been emphasized to make ophthalmic care more comprehensive in the future.

Keywords: intraoperative optical coherence tomography, iOCT, hand-held optical coherence tomography and intraoperative microscope integrated optical coherence tomography

Introduction

Innovations in ocular imaging are on the rise at a very rapid pace since the description of optical coherence tomography (OCT) in 1991.¹ Initial description of outpatient based anterior and posterior segment imaging has now moved on to real time intraoperative imaging. These milestones are the result of continuous constructive efforts by the clinicians and innovators. Intraoperative optical coherence tomography (iOCT) began with the handheld imaging to reach the existing microscope integrated platform. In addition, rather than just two-dimensional real time assessment, unwavering endeavors to reconstruct the volumetric three- and four-dimensional images are also on the rise.

To date, several studies have tested the utility of iOCT under a variety of circumstances, in addition, timely reviews and expert opinions have also enriched our knowledge on iOCT.²⁻¹² However, a comprehensive review to summarize the pan ophthalmic utility from a clinicians perspective is still lacking, therefore, this comprehensive review was undertaken to analyze the utility of iOCT. Here, we discuss the anterior segment, posterior segment as well as other utilities in a systematic manner.

Methods

A systematic English literature search was conducted on PubMed Medline, Web of science, and Scopus using the key words, intraoperative optical coherence tomography,

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hand-held optical coherence tomography, and intraoperative microscope integrated optical coherence tomography. Till April 2020, original articles, reports, and communications describing the potential clinical use of iOCT in various sections of ophthalmology were included. Articles and reports describing theoretical concepts with little clinical relevance were excluded. A total of 118 articles satisfied our criteria's, following this each article was assessed in detail to enumerate the comprehensive clinical role. The diverse applications were summarized in a systematic and all-inclusive manner from anterior to posterior segment and extraocular indications. At the end, conclusions were mentioned with observed limitations and relevant future directions to overcome the same.

Results

Cornea, Refractive, and Cataract Utility in Corneal Surgeries

Imaging of the anterior most layers of the ocular tissues are intended to assess their thickness, morphology, associated opacities, and surgical planes. In this particular subsection, the commonly explored utility is while performing deep anterior lamellar keratoplasty (DALK). During this procedure depth detailed surgical maneuvering has been the key for better surgical success, beginning from trephination till the closure of wounds, every step holds its own clinical intricacy, thus, necessitating a real time imaging tool to picturize the actual cross-sectional tissue changes. During trephination, the extent of the corneal tissue penetration and during the cannula placement its depth and path judgment have been greatly influenced by iOCT.¹³ Several observations were of the opinion that, with iOCT in DALK, the

plane of canula introduction, its effect on big bubble morphology and subsequent manual dissection, and suture depth sagacity are all well executed.¹⁴ In addition, the effect of intraocular pressures on the success of big bubble technique,¹⁵ interface events during surgery,^{16,17} and the added advantage of femtosecond laser in the customization of intraoperative parameters have all provided the inclusive notions for using iOCT.¹⁸

Under complex clinical scenarios, such as the identification of superficial fibrovascular tissue in severe limbal stem cell deficiency, iOCT helps in the discretion of abnormal tissue from normal, thus preventing excessive resection of healthy tissue.¹⁹ Similarly, morphological comprehensibility during phototherapeutic keratectomy,²⁰ corneal shield ulcer dissection,²¹ corneal biopsy,²² corneal injury repair,²³ and during keratoplasty are all noted to have a positive impact with the iOCT.²⁴ Furthermore, these applications can be enhanced by contriving the four-dimensional tissue volumetric images²⁵ (Figures 1 and 2).

During posterior corneal surgeries also iOCT becomes a necessary tool to image, as the chronically decompensated cornea often hinders the key anterior chamber details such as air-endothelial reflex and others. Before beginning the surgery, pre-cut DSAEK and pre-stripped DMEK tissue examination helps in the characterization of endothelial texture, Descemet's anatomy, peripheral subtler Descemet's detachments and the level and extent of cut.²⁶ Including the PIONEER study it has repeatedly been emphasized by different authors that the intraoperative graft-host interactions, such as the introduction of graft tissue, its orientation, posterior surface of the host tissue, interface fluid area, interface fluid volume and graft

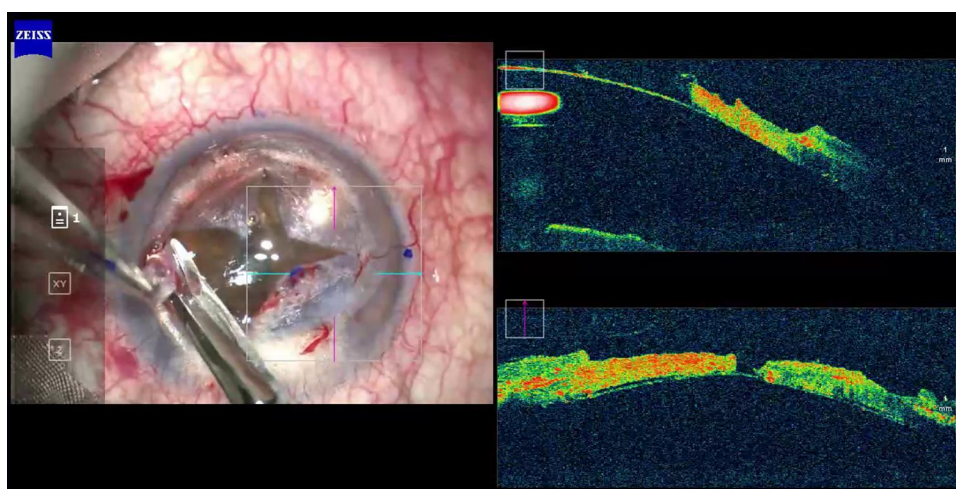


Figure 1 iOCT guided depth resolved detailed augmentation of air injection procedure with graded tissue dissection during big bubble Deep Anterior Lamellar Keratoplasty.

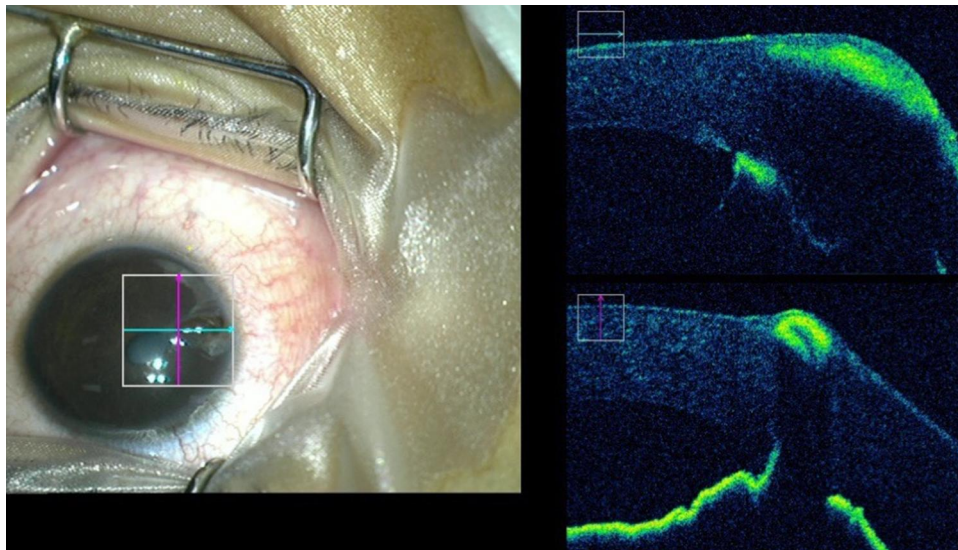


Figure 2 Full thickness corneal perforation with uveal tissue prolapse is better delineated under iOCT. Iris reposition, depth guided suturing and optimal anterior chamber formation in the presence of hazy cornea are well ensured on iOCT.

adherence are all well witnessed and addressed on iOCT.^{27–29}

In an observation using iOCT during DSAEK surgery, the combination of positive intracameral pressure coupled with external corneal massage was able to clinch the adhesion of donor lenticule between 1–3 minutes.³⁰ While in another observation, the same interface fluid was quantified on a computerized segmentation algorithm and scrutinized the disappearance of the same with iOCT.³¹ The gradual disappearance of fluid can be monitored better with iOCT and if needed venting incisions can be aided till the adherence is achieved.³² In complicated cases having fibrous ingrowth along the endothelial and iris with active traction, iOCT will come to the rescue by characterizing the picture prior to Descemet's stripping.³³

On iOCT, DMEK performing experts were able to successfully localize the peripheral anterior synechiae and residual DM tags under the hazy media. Similarly, DMEK donor tissue preparation, its orientation, and configuration, while injecting into the anterior chamber and contemplation of its complete attachment were evidenced on iOCT.^{34,35} In 100 cases of DMEK, results on iOCT discussed by Patel et al,³⁶ revealed the greater advantage for novice surgeons as it reduced the complication and unscrolling time in comparison to senior surgeons. In addition, markings along the graft tissue for orientation were also mitigated. Consequently, the overall agreement tends to uncover constructive advantage of iOCT during all stages of DMEK and DSAEK procedures^{37,38} (Figure 3).

Keratoconus

In keratoconus eyes, the iOCT aids in real time computation of corneal thickness at a desired site during the customary CXR procedure. While observing the corneal thickness, Mazotta et al³⁹ witnessed a significant decrease in corneal thickness during the first 10 minutes (a mean reduction of around 80 microns) after corneal soaking. Subsequently, this reduction continued till 30 minutes of imbibition to a total of 90 microns (average). This notion has been registered by other observations on iOCT alone as well as in relation to the speculum.^{40,41}

Similarly, during emergencies of acute hydrops with disorganized anatomical layers and obscured details, iOCT enlightens the whereabouts of fluid collection (intrastromal and posterior stromal), quantity, and associated DMDs. Thereafter, it also aids in controlled venting of the fluid with precise suturing and maneuvering along the anterior chamber.⁴² In addition, in eyes with advanced disease, Bowman's membrane transplantation can be reasonably well executed with iOCT.⁴³

Refractive Surgery

In the course of refractive surgery, the iOCT guided observations are sparse and isolated. In an observation during SMILE surgery, the iOCT in real time specified the planes of lenticular dissection from the underlying and overlying stroma, and prevented the creation of false planes with very well set changes along the dissected paths.⁴⁴ Moreover, any encountered difficulties during the

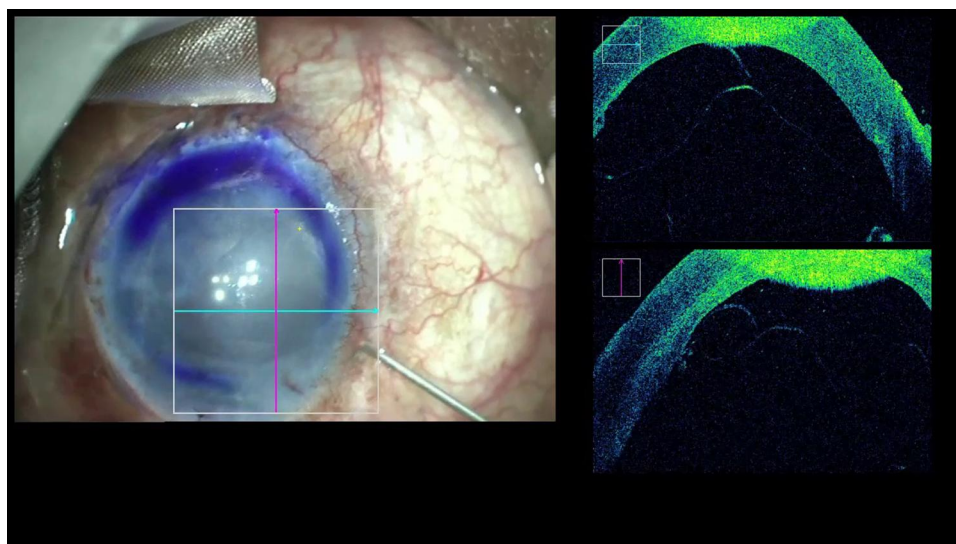


Figure 3 In presence of hazy cornea orientation DMEK scroll can also be better ensured with iOCT.

procedure such as the cap-lenticule adhesion and others can be addressed skillfully if iOCT is within reach,⁴⁵ thus, for inexperienced surgeons and/or learners, SMILE surgery can be more serene with iOCT. Other utilities of iOCT in refractive surgeries are intra-operative real time computation of ICL vaulting to relate the foreseeable vaulting during the post-operative period, the intraoperative and day 1 and day 30 ICL vaulting values have been well correlated in some observations.^{46,47} Similarly, quantification of residual bed thickness during LASIK surgery as an alternative to ultrasound pachymetry has also been explored, however, the risk of underestimation by iOCT still remains.⁴⁸

Cataract and IOL

As cataract surgery is the most commonly performed ophthalmic surgery, iOCT utilities in here are principally limited to corneal wounds, intraoperative ocular biometry, and intraocular lens related events. At the beginning, iOCT provides cross-sectional details of corneal wounds, such as their direction, gaping, subclinical Descemet's detachment, and hydration resulted changes along stroma.⁴⁹ Whereas during phacoemulsification, the event of nudging of swirling lens fragments onto central endothelium were witnessed and has been found to have significant effect on the endothelial count.⁵⁰ At the end of surgery, IOL apposition with the capsule, that is, full or partial apposition between the central optic and posterior capsule, and, the apposition between the optic edge and posterior capsule were quantified using iOCT.⁵¹ In an observation, it was noted that only 13% of

the eyes had partial or total optic and capsular apposition, and only 57% of eyes had apposition at the edges, therefore, iOCT continues to provide insight into the perspectives which were deemed less important or less explored.⁵¹ The other often highlighted utility of iOCT is the real time assessment of intraoperative anterior chamber depth. It has been emphasized that the intraoperative distance between the endothelium and the anterior capsule has better predictions for optimal IOL positioning with least postoperative refractive errors^{52,53} (Figures 4 and 5).

Glaucoma Surgery

Glaucoma surgery often involves the placement of delicate miniature implants into the angle and/or surgeries along the subtler levels of angle structures.⁵⁴ In this array the iOCT provisions a structured visualization of ocular coats, anterior chamber details, Schlemm's canal, and the sutures while titrating canaloplasty.⁵⁵ Furthermore, the scleral depth dissection, positioning of tubes, navigation of the needles/instruments, trabecular aspiration, and ab interno trabeculotomy have all been validated on real time imaging as well as with three-dimensional customized reconstructions.^{56–61} However, to what extent these procedures possess clinical relevance and how it can be useful for routine applications needs further clarity. In addition, future evaluations are mandated in a larger subset of patients with a special interest on complex eyes, because such evidence has the potential to drive the glaucoma surgery in a more predictable direction in the near future.

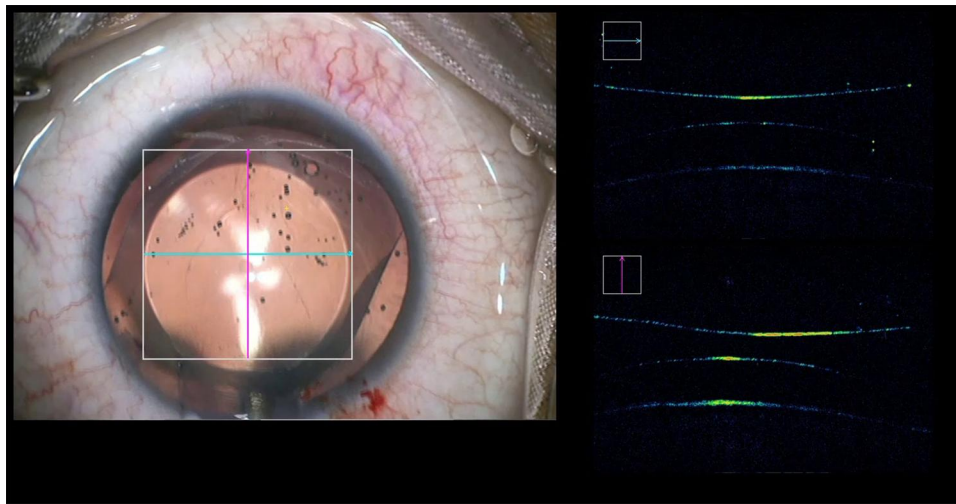


Figure 4 Intraoperatively vaulting and other parameters during phakic IOL surgery can be monitored in real time with iOCT.

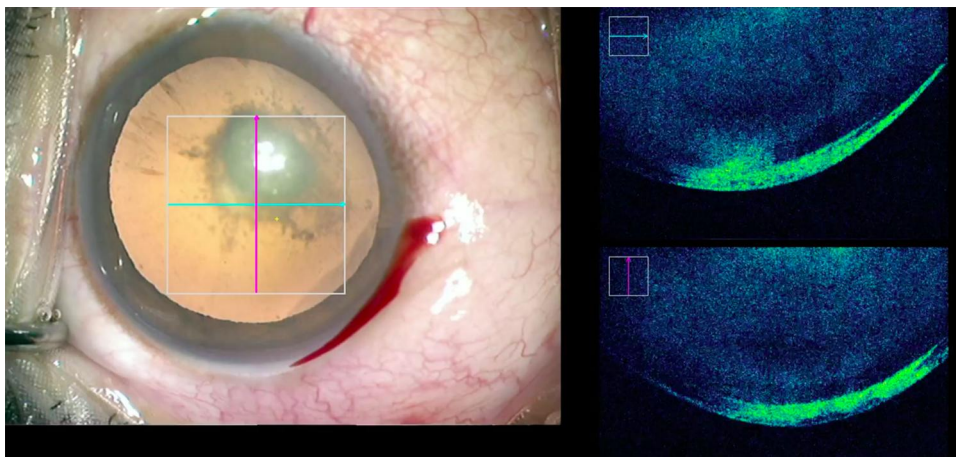


Figure 5 A posterior polar cataract imaged on iOCT prior to initiation of surgery showing an intact posterior capsule.

Corneal and Scleral Needle Track Imaging

The other decisive role of iOCT in ophthalmology is its ability in forecasting the suture paths along various tissues. In an observation assessing the influence of iOCT in trainees surgical skill acquisition, it was noted that it has a crucial role in better judgment of the depth while passing sutures in various anterior segment surgeries.⁶² Depth detailed scleral suture passage,⁶³ and volumetric reconstructed 4D images of muscles while suturing them have been noted in isolation,⁶⁴ but, these concepts need further exploration in a larger and more diverse case scenario (Figures 1 and 6).

Pediatric Eye Diseases

Retinal evaluation in pediatric patients is a challenging task. Unlike adult patients simple ophthalmoscopic examination

takes a certain amount of time, hence, they are often evaluated under some form of anesthesia. During this advantaged time, iOCT is a utilitarian tool to evaluate newborns, infants, and older children with anterior as well as posterior segment pathologies. Using iOCT, corneal anatomy, corneal opacities, sclerocornea, iridocorneal adhesion, anterior chamber details, optic disc findings, foveal contour, and other structural pathologies can be imaged and swift management calls can be taken.^{65–67} Similarly, other confounding traumatic conditions involving the retina with systemic morbidities such as the battered baby syndrome and others are imaged on iOCT to localize layer-specific hemorrhages, intra retinal schisis, and foveal irregularities.^{68–70}

Retinopathy of prematurity is a clinical entity secondary to interruptions in the well-orchestrated retinal vascular growth. To diagnose, to treat, and to monitor the disease, binocular

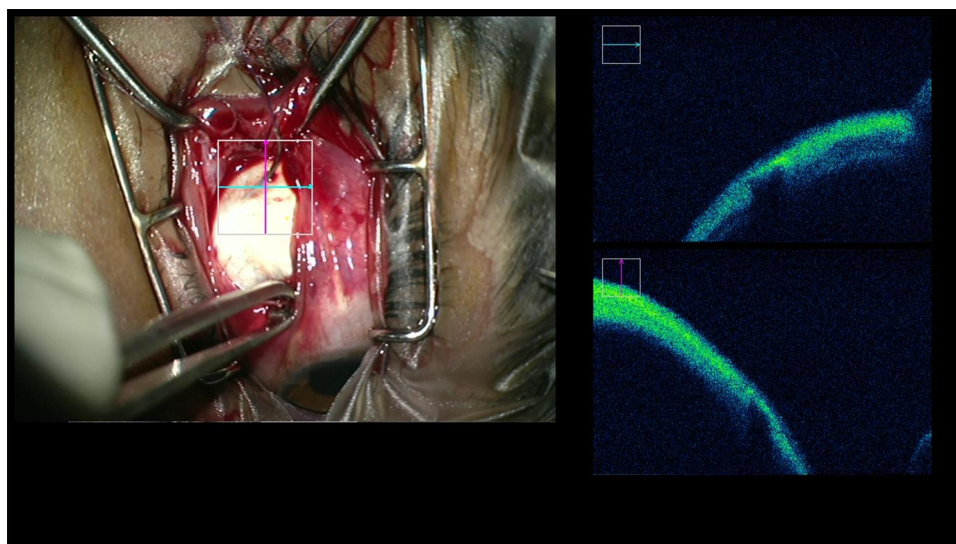


Figure 6 During rectus muscle recession surgery the thin sclera was imaged using iOCT. The approximate thickness guided suture passage helped in preventing scleral complications with real time information.

indirect ophthalmoscopic and Retcam retinal imaging assessment are essential. Nevertheless, subclinical changes which are difficult to be visualized with these routine tools can now be imaged and understood using iOCT. The epiretinal fibrovascular changes, intra-retinal retinoschisis and cystic changes, retinal detachment, tractions, and subretinal changes could be acknowledged for a preemptive clinical care.^{71–73}

Retinal Surgery

The iOCT equally holds an exhaustive role in posterior segment surgeries. Beginning from handheld intraoperative observations till now, evaluation of vital cross-sectional retinal details during/before or after surgical maneuvers have amplified our understandings like never before. The faculty of quick, real time, and dynamic tissue detailing ability, cheers the surgeons with much needed pragmatic judgments at his disposal. Its role in the retina has been elaborated in the following sections.

In adult and older age groups, the heterogeneous group of diseases need intraoperative real time feedback while maneuvering.^{74,75} The applications of iOCT here are segregated into epiretinal, full thickness retinal, and subretinal utilities for better layerwise understandings.

Utility During Epiretinal Maneuvering

The diseases involving the retinal surface and/or above it are one of the most common indications for surgery in the vitreoretinal category. Vitrectomy, epiretinal membrane peeling, dissection of epiretinal fibrovascular tissues, epiretinal hemorrhage detailing, and others have been shown to have

distinctive advantages with the inclusiveness of iOCT. Beginning with vitrectomy, while inducing posterior vitreous separation, preemptive characterization of strong footholds along the retinal surface and optic nerve head were much clearer with iOCT.^{76,77} Intraoperative triamcinolone stained vitreous surgeries are known; however, the visualization of the same using iOCT is new. The injected triamcinolone and indocyanine green were observed to have better discretion ability in the presence of iOCT; in addition, the added 3D reconstruction ability provides delicate information for completion of vitrectomy and prevention of inadvertent peeling of inner retinal layers in pathological conditions (contrast enhanced vitrectomy).^{78,79} Similarly, following the clearing of preretinal hemorrhage and vitreous hemorrhage which often preclude preoperative foveal assessment, can now imaged intraoperatively for delicate foveal understandings. If pathologies are found, then instantaneous decisions can be made on an individual case basis along with en face images and iOCT features.^{80–82} During complex vitrectomy for proliferative diabetic retinopathy, the demonstration of a less traumatic plane for dissection is necessary. The iOCT with its volumetric image reconstruction abilities provides crucial information regarding the plane of dissection in fibrovascular proliferations, subtler tractions, and membranes.^{83,84}

The retinal surface is a common interface for the stockpile of various vitreoretinal diseases. The exact cause of superficial layering of the epiretinal membrane (ERM) is less clear, but peeling is commonly intended for various visual benefits. It can be isolated or combined with macular hole surgeries, The usual

on face surgical view can leave incomplete areas or residual tags at visually significant sites. In recent times, with the introduction of iOCT, it has fascinated most of the clinicians to observe this maneuver to unleash its adjunctive role.⁸⁵ iOCT substitutes in the visualization of cross-sectional details of ERM at a desired site, accurate intraoperative envisioning of its extent, boundaries of peeling, presence of residual tags, and others are possible. Moreover, some of the evidences also emphasize the reduced need for unintended surgical maneuvering with iOCT in the vicinity.^{74,75,86} In an observation by Falkner-Radler et al,⁸⁷ in 40% of the cases dye was not necessary to peel the ERM, and, in around 95% of the cases iOCT ascertained its completeness with clear revelations on underlying traumatic changes if at all.⁸⁸ In another observation, 63% of the eyes were peeled off ERM without the use of dye,⁸⁹ hence, the 4D technology with volumetric information in real time can circumvent the need for dyes as well.²⁵ From these cumulative observations iOCT continues to provide new horizons in epiretinal surgeries.

Utility During Full Thickness Retinal Surgery

This section elaborates the findings observed within the retinal tissue following a surgical maneuver. Macular hole surgery and vitreomacular traction surgery related changes encompass a major portion here.

The larger macular hole surgery involving internal limiting membrane (ILM) peeling following vitrectomy is a special area of interest here. In one observation during the intraoperative period after the ILM peel, a vertical pillar of tissue was evident along edges of the macular hole. The authors speculated that it could represent the residual redundant retinal tissue/ILM tags/epiretinal membrane. This vertical pillar of tissue favored 100% type I closure of macular holes as compared to the eyes which did not possess such morphology on iOCT. The authors termed this findings as “Hole door sign”.⁹⁰ The process of inversion of ILM flap into the hole to stuff the defect can be very well configured using iOCT during the entire period of surgery.^{91,92}

In some observations it was noted that a change in geometric parameters of macular holes are also possible with ILM peel. An increase in macular hole volume, increase in base area, and increase in subretinal hypo reflectance due to enhanced height between the photoreceptor segments and RPE and changes along the macular hole edges were noted. In addition, dynamic changes along the macular hole edges with mechanical apposition, instant change in base dimensions with soft end instruments were witnessed with real time iOCT.⁹³ In addition, tangential

tractions, intraretinal cystic changes, foveal contour were also noted very well using iOCT than the on face microscopic view alone.^{74,75,94,95} These changes can be better understood with the added 3D image reconstruction.⁹⁶

An observation on vitreoretinal surgery on vitreomacular traction (VMT) eyes with iOCT showed a decrease in foveal elevation after severing the traction, however, the sub foveal area showed an increase in hypo reflective space due to exaggerated separation forces between the photoreceptors and RPE. In the same observation, 18% of the eyes showed conversion from VMT to full thickness macular hole (MH) following traction release and 14% cases with ILM/ERM related new revelations, thus, the iOCT affected the primary surgical plan in 42% of the cases⁹⁷ (Figure 7).

Subretinal

Ocular pathologies confined to subretinal space with the need for surgical intervention are customarily complex tasks. The injection along subretinal space can have untoward effects if administered along the sub RPE or intraretinal tissue, ergo needle tip localization and continuous real time monitoring are likely to help in mitigating surgical jerk. iOCT can augment the precision of subretinal injections of tissue plasminogen activators, removal of retained perfluorocarbon liquid droplets and others.^{98,99} And, the added changes along retinal and subretinal tissue can also be visualized on iOCT.¹⁰⁰ Gregori et al¹⁰¹ delivered the viral vectors into subretinal space for gene therapy in hereditary retinal disorders, due to inherently fragile retina and the underlying choroid, inadvertent injection along suprachoroidal space were averted in 60% of their cases. Thus, iOCT ushered delineation of the retinochoroidal layers in real time can be more desirable in complex scenarios.

Retinal Detachment

The iOCT, while operating on retinal detachment (RD) eyes has shown the following utilities. During RD surgery, real time subtler intraretinal morphological changes were evidenced which had possible visual implications, that is, the structural changes along IS/OS junction and external limiting membrane following a perfluoro-n-octane infusion and others.¹⁰² However, the standard RD repair surgery remains the same but efforts can be made using iOCT to correlate the intraoperative morphological details and maneuvering and their effects on postoperative visual outcomes.

The subtler sub foveal changes which are difficult to be visualized on face images can now be delineated on iOCT. Toygar et al¹⁰³ observed the foveal settlement following

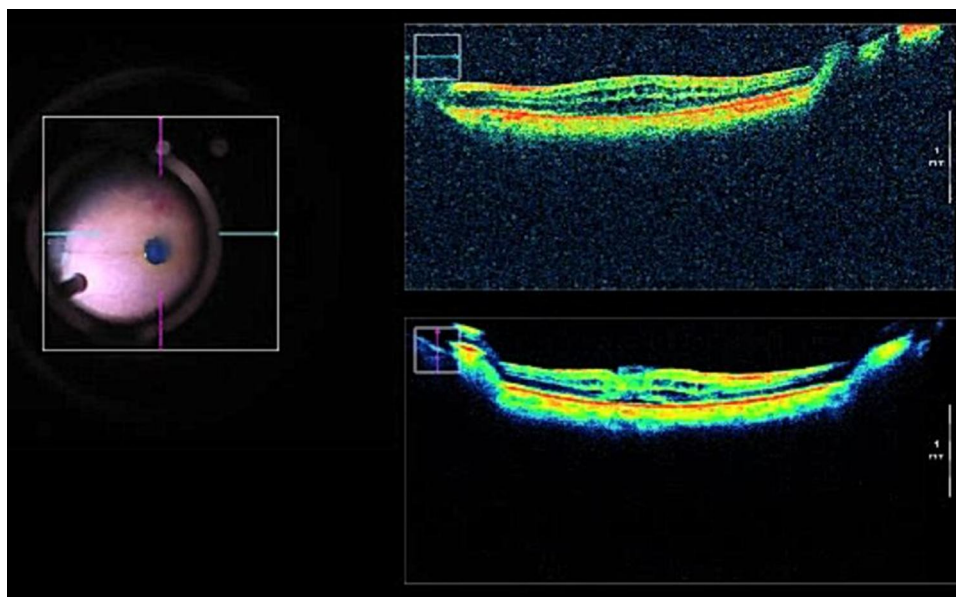


Figure 7 iOCT helped in the visualization of a well-configured ILM flap which is covering the entire defect in a case of large full-thickness macular hole. Intricate details of retinal architecture can also be studied.

injection of perflurons and following air fluid exchange in macula involving retinal detachment surgeries. After the removal of perflurons and following air fluid exchange the subfoveal fluid content was escalated, thus, such customized observations may customize our advices on strict prone positioning in the postoperative period.,

Myopia

In an observation by Itoh et al,¹⁰⁴ the iOCT was able to delineate the undisturbed foveal architecture following a foveal sparing ILM peel for myopic retinoschisis. On the contrary, eyes with complete ILM peel witnessed a subclinical foveal detachment. In Kumar et al's¹⁰⁵ observation while performing center sparing ILM peel for myopic traction maculopathy, the real time images defined the precise location of dynamic tractional forces and enabled their complete removal with a reduced foveal trauma. Similarly, other subtler yet greatly impactable events such as residual fragments of ILM peel, cortical vitreous strands in high myopic eyes, and other grossly invisible foveal changes were also investigated using iOCT¹⁰⁶ (Figure 8).

Prospective Studies

PIONEER Study

PIONEER stands for Prospective Intraoperative and perioperative Ophthalmic ImagiNg with Optical CoherEncE TomogRaphy. It was a prospective, single center, multi surgeon, consecutive case study intended to uncover the

feasibility, utility, and safety of iOCT in ophthalmic surgeries. The 2 years results of 531 eyes involving anterior (275) as well as posterior segment (256) conditions revealed the ability of iOCT in altering the informed decision-making and surgeons' understanding in 48% of lamellar corneal procedures and 43% of membrane peeling procedures. DSAEK and vitrectomy followed by membrane peeling were the common procedures observed. The iOCT augmented observations did not show any adverse event, but consumed a total of 4.9 minutes time per scan session.¹⁰⁷ Similarly, the 2015 PIONEER study again emphasized the influence of iOCT on surgeons while operating on epiretinal membranes, posterior hyaloid tractions, and eyes with dense vitreous hemorrhage.¹⁰⁸ The other observations gathered from PIONEER studies have been highlighted in the relevant sub-sections also.

DISCOVER Study

The DISCOVER study stands for Determination of Feasibility of Intraoperative Spectral Domain Microscope Combined/ Integrated OCT Visualization During En Face Retinal and Ophthalmic Surgeries. Again it was a single center, multi-surgeon study group exploring the feasibility and utility of iOCT in a large number of anterior and posterior segment entities (837 eyes). The recently published 3 years results show that the iOCT affected the surgeon's intraoperative decision-making ability in 43.4% of anterior segment surgeries and

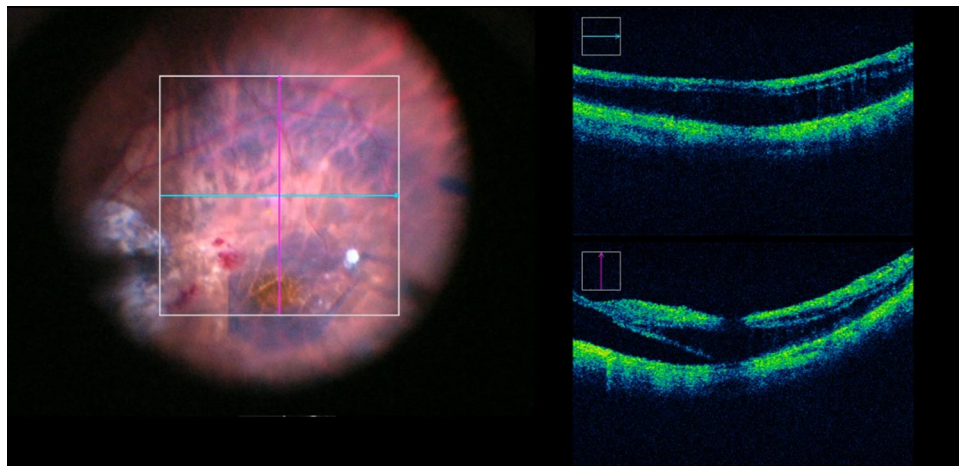


Figure 8 iOCT providing details in detecting the precise location of residual foveal traction and possible occurrence of a full-thickness macular hole if any. This is useful while performing center sparing ILM peeling in cases of myopic traction maculopathy.

in 29.2% of the posterior segment surgeries.¹⁰⁹ The study observed the highest number of anterior as well posterior segment diseased patients, and again, in anterior segment surgeries it was mainly comprised of lamellar corneal surgeries, whereas in posterior segment primarily vitrectomy was performed with specified maneuvers for proliferative diabetic retinopathy, epiretinal membrane, macular hole, and others. The other observations of the DISCOVER study group consistently highlights the definitive impact of iOCT on a surgeon's ability to perform surgery based on the real time informations. However, the study has not yet concluded the impact of iOCT on postoperative follow-ups, but proposes the multicenter comparison will further strengthen the consensus on iOCT for future utility.^{109–111}

Other Utilities

While the utilities and newer insights continue to emerge in more common clinical conditions, the ability to image in more complex and challenging scenarios needs constructive exploration. In isolated instances, peripheral retinal imaging for degenerative and pathological changes,^{112,113} assessment of closure of suture less sclerotomy wounds,¹¹⁴ and prototypes to image better, wider, and deeper modifications have been narrated.¹¹⁵ On the other hand, to refine the technology, customized semitransparent rigid plastic instruments have been experimented on to counter the metallic surgical instrument induced shadowing and other visibility related concerns.¹¹⁶ The newer 4D image-guided real time volumetric visualization has enabled the assessment of intraoperative tissue-instrument distance and interaction, volumetric change in

the pathological site after intervention, and choroidal mass reconstruction for accurate biopsy.^{25,117,118} Similarly, to make the instrument more compact and negotiable, Mura et al¹¹⁹ described a 23 gauge side scanning SD OCT probe, the endoprobe with tiny dimensions is able to scan the tissue of interest from surface to the subretinal place and from posterior pole to periphery.

Effect on Decision-Making

As discussed above, the ability of iOCT in influencing the surgeons decision varies. DISCOVER study 3 year results showed an influence of nearly 44% for anterior segment surgeries and nearly 30% in posterior segment surgeries. In Pfau et al's¹²⁰ observation decision-making was altered in nearly 42% of the cases with posterior and combined surgeries but no altered decision was noted in anterior segment surgeries. Similarly, in another observation on vitreoretinal surgeries the decision was affected in slightly more than half of the cases.¹²¹ Therefore, the effect on decision-making abilities can be more comprehensively addressed, as discussed in the future directions section.

Discussion

The observations on iOCT have continuously explored, experimented, and defined its key role in various ophthalmic surgeries. iOCT with its precision in projecting the anatomical details in real time with or without surgical maneuvering has been shown to impact the surgeons decision-making ability.

Previously reviews and expert opinions have also summarized the utility of iOCT in their respective fields. Here

we discussed the comprehensive role of iOCT in ophthalmic surgeries from a clinician's perspective onto what to expect from iOCT based on existing literature knowledge.

Limitations

This is a tool for the future, but the good old surgical skills cannot be undermined. Here are some of the major limitations noted throughout the review process.

1) Higher cost and sparse availability makes it a lesser essential tool for a great proportion of ophthalmic surgeons during their routine clinical practice.

2) The iOCT derived observations are in its early phases. Hence, a practical consensus on its exact role in each of the specified surgeries is yet to be understood, and, as of now the iOCT only possesses the adjunctive role from a clinical perspective.

3) Often the studies have included a limited number of patients with subjective conclusions, therefore it limits the extrapolation of its efficacy in a larger subset of patients with less known of multi-centric consensus.

4) By constantly emphasizing iOCT, it inherits the damage to basic surgical and intraoperative judgmental skills during training periods and also for younger surgeons.

Conclusion

To conclude, the iOCT has enriched our “preliminary understandings” in a diverse group of ophthalmic conditions thus far. Using iOCT intraoperative valuation of specific anatomical, morphological, and depth detailed events in real time is possible in anterior segment, posterior segment, extraocular, and ocular surface surgeries. Therefore, by incorporating this crucial information, our routine surgical exercises and patient outcomes can be enhanced in a comprehensive way. However, the above-mentioned limitations hinder our more affirmative and broader conclusions, therefore, by incorporating the below-mentioned directives in future studies, iOCTs role in ophthalmic surgeries can be defined in a more refined way.

Future Directions

1) As the described utilities of iOCT are single center, limited surgeon, simple case, and/or isolated observations, future studies must be intended to explore the role of iOCT in a multicentric, blinded (if feasible), and more complex case scenarios.

2) A common consensus needs to be derived on to what extent the iOCT driven surgeries will help the surgeon as well as the patient in a given scenario.

3) To image the structures continuously without any interruptions, customized nonmetallic operative tools need clear validation in terms of surgical as well as technical benefits.

4) A real time cross-sectional imaging facility needs to be refined for faster, wider, and deeper scanning. This should be intended to advantage the patients with advanced media opacity thriving for visual rehabilitation.

5) Artificial intelligence driven intraoperative assessment, judgments, and objective directions can make the iOCT a more safe and reliable tool.

Disclosure

The authors report no conflicts of interest for this work.

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