


# Targeting Chemokines and Chemokine Receptors in Multiple Sclerosis and Experimental Autoimmune Encephalomyelitis

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**Abstract:** Multiple sclerosis (MS) is an immune-mediated and neurodegenerative disorder that results in inflammation and demyelination of the central nervous system (CNS). MS symptoms include walking difficulties, visual weakening, as well as learning and memory impairment, thus affecting the quality of the patient's life. Chemokines and chemokine receptors are expressed on the immune cells as well as the CNS resident cells. Several sets of chemokine receptors and their ligands tend to be pathogenic players in MS, including CCL2, CCL3, CCL4, CCL5, CCL7, CCL8, CCL11, CCL17, CCL19, CCL21, CCL22, CXCL1, CXCL8, CXCL9, CXCL10, CXCL11, and CXCL16. Furthermore, current modulatory drugs that are used in the treatment of MS and its animal model, the experimental autoimmune encephalomyelitis (EAE), affect the expression of several chemokine and chemokine receptors. In this review, we highlight the pathogenic roles of chemokines and their receptors as well as utilizing them as potential therapeutic targets through selective agents, such as specific antibodies and receptor blockers, or indirectly through MS or EAE immunomodulatory drugs.

**Keywords:** multiple sclerosis, experimental autoimmune encephalomyelitis, chemokines, chemokine receptors

## Introduction

Multiple sclerosis (MS) is an immune-mediated and neurodegenerative disease, causing demyelination of the central nervous system (CNS) characterized by formation of separated areas of inflammation called MS lesions.<sup>1</sup> There are four key pathological characteristics of MS: (a) inflammation, that is proposed to be the essential cause of most of the events of CNS tissue damage; (b) demyelination, the trademark of MS, in which the myelin sheath or the oligodendrocyte cell body is damaged through the inflammatory process; (c) axonal loss or impairment; and (d) gliosis (astrocytic response to CNS damage).<sup>1,2</sup> MS is a long-lasting disease that can influence the brain, spinal cord, and the optic nerves.<sup>3</sup> It can cause impairment in vision, balance control, muscle control, and other essential body functions. This could be attributed to the damage of the myelin sheath, the protective layer of the nerve fibers, which adversely affects the communication between the brain and the rest of the body as the message or information conveyed through the nerves may arrive slower or may never arrive. Eventually, the nerves themselves may get damaged. Over time, the brain may shrink in size because axons are destroyed.<sup>4</sup>

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Symptoms of MS are different, depending on the affected nerves and the severity of the symptoms. In difficult cases, patients with MS lose the ability to walk or talk.<sup>4</sup> Most individuals with MS have attacks when the condition gets recognizably worse (relapse), followed by recovery times when symptoms improve (remission). In certain individuals, the illness may progress into secondary stage.<sup>4</sup>

There are four main subtypes for MS. The most common subtype is relapsing-remitting MS (RRMS), accounting for about 85% of MS patients. It is characterized by periods of recurring symptoms that are followed by remission phase, during which symptoms could partially or totally disappear.<sup>5</sup> The second type is secondary progressive MS (SPMS) which starts with an initial relapse phase, and that could progress gradually leading to neurological worsening.<sup>5</sup> The third type is primary progressive MS (PPMS) characterized by a continuous disease deterioration and no specific relapse phase.<sup>5</sup> Finally, the fourth subtype is progressive relapsing MS (PRMS). In PRMS, there is a constant deterioration from the initial stage of the disease followed by a relapse phase.<sup>5,6</sup>

A mouse model for MS has been well established which is known as the experimental autoimmune encephalomyelitis (EAE). This model was extensively used to discover new therapies for MS. In fact, most, if not all experimental MS drugs must be examined in this mouse model before advancing any of these new drugs into clinical trials.<sup>7</sup> In this review, we will briefly discuss the chemokines and their receptors in MS and EAE, as well as the impact of current MS and EAE modulatory drugs on the chemokine system.

## Targeting Chemokines and Chemokine Receptors as Immunotherapeutic Approach for MS and EAE

### Chemokines and Chemokine Receptors

Chemokines and their receptors have many roles in immune regulation, whether in physiological or pathological conditions.<sup>8</sup> Chemokines are classified either according to the cysteine residues of the ligands (CC, CXC, C, and CX<sub>3</sub>C), or their function and expression.<sup>9</sup> CC chemokines compose the biggest family containing two adjacent cysteine residues near their N-terminus, while their respective genes are clustered on chromosome 17 in humans. In CXC and CX<sub>3</sub>C chemokine subfamilies, there are one or three additional amino acids between the first two cysteine

residues, respectively. Most of the CXC chemokines are grouped on chromosome 4 in humans.<sup>9</sup> The XC chemokine is characterized by the absence of one of the first two N-terminal cysteine residues.<sup>10</sup> Chemokines are crucial mediators in the recruitment and migration of immune cells to the inflammatory sites.<sup>11</sup> Some chemokines can bind to several chemokine receptors, whereas certain chemokine receptors bind to more than one chemokine ligand. Chemokines are involved in autoimmune diseases, which include rheumatoid arthritis (RA), Graves' disease (GD), systemic lupus erythematosus (SLE), and MS, among others.<sup>12,13</sup> Hence, chemokine receptors represent novel targets for treating autoimmune diseases. [Table 1](#) demonstrates the recent understanding of the 4 chemokine subfamilies and their receptors (for reviews, please see).<sup>14–30</sup>

## Role of Chemokines in the Pathophysiology of MS

Chemokines and chemokine receptors are expressed in different brain areas not only by immune cells but also by neurons and CNS resident cells such as astrocytes and oligodendrocytes. Chemokines and their receptors are increasingly expressed in MS patients.<sup>30</sup> The chemokines/chemokine receptors axis expressed in T cells have the capability of recruiting inflammatory cells into CNS, which may lead to its destruction.<sup>26,30</sup> Different chemokines play pathogenic roles in MS. These include CCL2, CCL3, CCL4, CCL5, CCL7, CCL8, CCL11, CCL17, CCL19, CCL21, CCL22, CXCL1, CXCL8, CXCL9, CXCL10, CXCL11, and CXCL16.<sup>31–43</sup>

## Targeting of Chemokines and Chemokine Receptors Involved in MS or EAE

### Targeting CCR1/CCL3 Axis

CCR1 and its chemokine ligands are implicated in chronic inflammatory disease.<sup>44</sup> CCL3 (macrophage inflammatory protein-1 $\alpha$ , MIP-1 $\alpha$ ) and CCL5 (regulated on activation, normal T cell expressed and secreted, RANTES) are the primary CCR1 ligands. Other chemokine ligands for CCR1 include CCL6, CCL9, CCL15, and CCL23.<sup>45,46</sup> One study demonstrated that CCR1 is implicated in the pathogenesis of EAE using the CCR1 antagonist BX 471 which showed strong therapeutic effects in EAE animals.<sup>47</sup>

CCL3 was identified as a macrophage-derived inflammatory mediator<sup>48</sup> and has been shown to be implicated in the pathophysiology of MS.<sup>30</sup> For instance, treatment of EAE

**Table I** Key Roles of Chemokines and Chemokine Receptors in Health and Diseases

Chemokine	Expression and Key Roles	Receptor
CCL1	<ul style="list-style-type: none"> <li>- Produced by activated monocytes, macrophages and T cells.</li> <li>- Induces cytokine secretion and the migration of immune cells.</li> <li>- Activates NK cells</li> </ul>	CCR8
CCL2	<ul style="list-style-type: none"> <li>- Promotes the migration and trafficking of leukocytes, including monocytes, DCs, T cells and NK cells.</li> </ul>	CCR2 ACKR1 ACKR2
CCL3	<ul style="list-style-type: none"> <li>- Secreted by several hematopoietic and non-hematopoietic cells.</li> <li>- Induces inflammatory cells recruitment, wound healing, maintaining effector immune response and inhibition of stem cells.</li> <li>- Activates cells responsible for bone resorption and bone destruction.</li> <li>- Induces NK cell activities.</li> </ul>	CCR1 CCR5 ACKR2
CCL4	<ul style="list-style-type: none"> <li>- Mainly secreted by macrophages.</li> <li>- Acts as chemoattractant for macrophages, monocytes, NK cells, immature DCs, and coronary endothelial cells.</li> <li>- Activates NK cells.</li> </ul>	CCR5 ACKR2
CCL5	<ul style="list-style-type: none"> <li>- Expressed by T cells, macrophages, synovial fibroblasts, platelets, tubular epithelium, and certain tumor cells.</li> <li>- Triggers recruitment of leukocytes into inflammatory sites.</li> <li>- Stimulates the activation and proliferation of specific NK cells to produce CC chemokine-activated killer cells.</li> <li>- CCL5 produced by CD8<sup>+</sup> T cells inhibits HIV entry into target cells.</li> </ul>	CCR1 CCR3 CCR5 ACKR2
CCL6	<ul style="list-style-type: none"> <li>- Produced by macrophages, keratinocytes, fibroblasts, skeletal muscle, vascular smooth muscle cells.</li> <li>- Acts as chemotactic for macrophages, monocytes, and T cells.</li> </ul>	CCR1
CCL7	<ul style="list-style-type: none"> <li>- Expressed by stromal cells, airway smooth muscle cells, and keratinocytes, and tumor cells.</li> <li>- Acts as a chemoattractant for leukocytes, including monocytes, basophils, eosinophils, basophils, NK cells, DCs, and activated T lymphocytes.</li> </ul>	CCR1 CCR2 CCR3 CCR5 CCR10 ACKR2
CCL8	<ul style="list-style-type: none"> <li>- Induces leukocyte chemotaxis, HIV entry, and inflammation.</li> <li>- Highly expressed by tumor-associated macrophages, and its presence promotes tumor progression.</li> </ul>	CCR1 CCR2 CCR3 CCR5 ACKR2
CCL9	<ul style="list-style-type: none"> <li>- Produced by macrophages and osteoclasts.</li> <li>- Functions as a cell survival factor.</li> <li>- Important for the recruitment of myeloid progenitors to intestinal tumors and enhancement of invasion.</li> </ul>	CCR1
CCL11	<ul style="list-style-type: none"> <li>- Produced by endothelial cells, epithelial cells, eosinophils, fibroblasts, and keratinocytes.</li> <li>- Stimulates the migration of macrophages, Th2 cells, neutrophils, mast cells, basophils, eosinophils, and neural progenitor cells.</li> <li>- Highly expressed at sites of brain injury and is correlated with neurodegeneration and aging.</li> </ul>	CCR2 CCR3 CCR5
CCL12	<ul style="list-style-type: none"> <li>- M1 marker as highly expressed by macrophages and is associated with monocyte-derived macrophage and fibroblast recruitment.</li> <li>- Inhibits wound healing.</li> </ul>	CCR2
CCL13	<ul style="list-style-type: none"> <li>- Chemoattractant for eosinophils, basophils, monocytes, macrophages, immature DCs, and T cells</li> <li>- Acts on epithelial, muscular and endothelial cells by inducing immunomodulatory responses.</li> </ul>	CCR1 CCR2 CCR3 ACKR2

(Continued)

**Table 1** (Continued).

Chemokine	Expression and Key Roles	Receptor
CCL14	<ul style="list-style-type: none"> <li>- Acts on macrophages, monocytes, and THP-1 cells.</li> <li>- Involved in several diseases, including allergic airway inflammation and certain cancers.</li> </ul>	CCR1 CCR3 CCR5 ACKR2
CCL15	<ul style="list-style-type: none"> <li>- Chemoattractant for immune cells such as monocytes and eosinophils</li> <li>- Expressed by lung leukocytes, alveolar macrophages, basophils, heart and skeletal muscles.</li> </ul>	CCR1 CCR3
CCL16	<ul style="list-style-type: none"> <li>- Expressed by human plasma cells and liver cells.</li> <li>- Attracts lymphocytes, monocytes and DCs.</li> <li>- Activates angiogenesis in vascular endothelial cells and has myelosuppressive activities.</li> </ul>	CCR1 CCR2 CCR5 CCR8
CCL17	<ul style="list-style-type: none"> <li>- Produced by peripheral blood mononuclear cells and specifically by a subset of CD11b+ DCs present in primary and secondary lymphoid organs.</li> <li>- Involved in the induction of many immune and inflammatory responses.</li> <li>- Activates NK cells.</li> </ul>	CCR4 ACKR2
CCL18	<ul style="list-style-type: none"> <li>- Secreted primarily by myeloid cells, M2 macrophages, alveolar macrophages, tolerogenic DCs, and keratinocytes.</li> <li>- Highly expressed in skin lesions.</li> <li>- Induces trafficking of human peripheral blood Th2 cells and Treg cells.</li> <li>- Acts as an antagonist by binding to CCR1-5, leading to inhibition of cellular recruitment and chemotaxis.</li> </ul>	CCR8
CCL19	<ul style="list-style-type: none"> <li>- Produced by mature DCs, stromal cells in the thymus and by T cell area of secondary lymphoid tissues.</li> <li>- Induces DC morphologic change and T cell thymic development.</li> <li>- Inhibits DC apoptosis.</li> </ul>	CCR7 ACKR4 CCRL2
CCL20	<ul style="list-style-type: none"> <li>- Produced by psoriatic keratinocytes and endothelial cells.</li> <li>- Induces immune cells' migration.</li> <li>- Crucial in mucosal immune surveillance.</li> <li>- Inducing the migration of DCs and T cells.</li> </ul>	CCR6
CCL21	<ul style="list-style-type: none"> <li>- Expressed by endothelial venules in lymph nodes, and spleen.</li> <li>- Acts on mature DCs, B cells, and T cells.</li> <li>- Implicated in leukocyte infiltration into tissues such as the CNS.</li> <li>- Activates NK cells.</li> </ul>	CCR7 ACKR4
CCL22	<ul style="list-style-type: none"> <li>- Produced by the thymus and myeloid cells, M2 macrophages, and monocyte-derived DCs.</li> <li>- Acts as a chemoattractant for NK cells, monocytes, DCs and antigen-experienced T lymphocytes.</li> <li>- Stimulates interactions between Treg cells and DCs in the lymph nodes.</li> </ul>	CCR4 ACKR2
CCL23	<ul style="list-style-type: none"> <li>- Recruits resting T lymphocytes, DCs, and monocytes.</li> <li>- Inhibits proliferation of myeloid progenitor cells and promotes angiogenesis.</li> <li>- Acts as chemoattractant for osteoclast to promote bone formation.</li> </ul>	CCR1
CCL24	<ul style="list-style-type: none"> <li>- Promotes immune cell trafficking and activation.</li> <li>- Involved in inflammation and fibrosis of the lung and skin.</li> </ul>	CCR3
CCL25	<ul style="list-style-type: none"> <li>- Expressed by small intestinal epithelium.</li> <li>- Induces the recruitment of T and B cells.</li> </ul>	CCR9 ACKR4
CCL26	<ul style="list-style-type: none"> <li>- Produced by eosinophils, basophils, DCs, smooth muscle cells, epithelial cells, fibroblasts and non-hematopoietic cells.</li> <li>- Has pro- and anti-inflammatory roles, by acting as CCR3 agonist and CCR1, CCR2 and CCR5 antagonist.</li> </ul>	CCR1 CCR2 CCR3 CCR5

(Continued)

**Table I** (Continued).

Chemokine	Expression and Key Roles	Receptor
CCL27	<ul style="list-style-type: none"> <li>- Acts as chemoattractant for antigen-specific T lymphocytes.</li> <li>- Expressed in the brain and upregulated in atopic dermatitis.</li> </ul>	CCR10
CCL28	<ul style="list-style-type: none"> <li>- Expressed by columnar epithelial cells in the gut, breast, salivary glands, and the lung.</li> <li>- Controls the mucosal homing of T and B lymphocytes expressing CCR10 and the migration of CCR10+ eosinophils.</li> </ul>	CCR3 CCR10
CXCL1	<ul style="list-style-type: none"> <li>- Promotes angiogenesis and regulates recruitment of neutrophils and basophils during inflammation.</li> <li>- Important for Th17 cells' differentiation.</li> <li>- Involved in regulating the NLRP3 inflammasome</li> </ul>	CXCR2
CXCL2	<ul style="list-style-type: none"> <li>- Promotes inflammation, injury repair, the reorganization of the cytoskeleton, cell migration, adhesion and immune responses</li> <li>- Leads to recruitment and adhesion of neutrophils during inflammation.</li> </ul>	CXCR2
CXCL3	<ul style="list-style-type: none"> <li>- Neutrophil chemoattractant.</li> <li>- Produced by tumor and stromal cells and related to tumor initiation, angiogenesis, and metastasis.</li> <li>- Facilitates adipogenic differentiation.</li> </ul>	CXCR2
CXCL4	<ul style="list-style-type: none"> <li>- Induces monocyte chemotaxis and arrest.</li> <li>- Induces CCR1 endocytosis.</li> <li>- Important player in atherosclerosis.</li> </ul>	CCR1 CXCR3
CXCL5	<ul style="list-style-type: none"> <li>- Induces neutrophil trafficking as well as tumor migration and invasion.</li> <li>- Induces angiogenesis.</li> </ul>	CXCR2
CXCL6	<ul style="list-style-type: none"> <li>- Expressed by macrophages, epithelial and mesenchymal cells during inflammation.</li> <li>- Exerts neutrophil-activating and angiogenic activities.</li> <li>- Has antibacterial effects.</li> </ul>	CXCR1 CXCR2
CXCL7	<ul style="list-style-type: none"> <li>- Chemoattractant and activator of neutrophils.</li> <li>- Participates in a variety of cellular processes, such as DNA synthesis, glycolysis, and cAMP accumulation.</li> <li>- Acts as an antimicrobial protein.</li> </ul>	CXCR2
CXCL8	<ul style="list-style-type: none"> <li>- Secreted by blood monocytes, alveolar macrophages, fibroblasts, endothelial cells, and epithelial cells.</li> <li>- Induces the recruitment of neutrophils and granulocytes, and promotion of angiogenesis.</li> <li>- Induces NK cells chemokinesis.</li> </ul>	CXCR1 CXCR2
CXCL9	<ul style="list-style-type: none"> <li>- Chemoattractant for effector T cells, activated NK and Th1 cells into sites of inflammation.</li> </ul>	CXCR3
CXCL10	<ul style="list-style-type: none"> <li>- Produced by monocytes, neutrophils, endothelial cells, keratinocytes, DCs, and astrocytes.</li> <li>- Promotes leukocyte trafficking and homing to inflamed tissues, leading to tissue damage.</li> <li>- Recruits NK cells.</li> </ul>	CXCR3
CXCL11	<ul style="list-style-type: none"> <li>- Regulated by IFN</li> <li>- Chemoattractant for IL-2 activated T cells.</li> <li>- Upon binding to CXCR7, it is associated with invasiveness of tumor cells.</li> </ul>	CXCR3 CXCR7
CXCL12	<ul style="list-style-type: none"> <li>- Expressed by bone marrow stromal cells</li> <li>- Involved in homeostatic processes such as lymphopoiesis and embryogenesis.</li> <li>- Induces the recruitment of hematopoietic progenitor and stem cells.</li> </ul>	CXCR4 CXCR7
CXCL13	<ul style="list-style-type: none"> <li>- Expressed by follicular DCs, T cells, and B cells.</li> <li>- Induces organizing and migration of B cell follicles.</li> </ul>	CXCR5 ACKR4
CXCL14	<ul style="list-style-type: none"> <li>- Stimulates migration of B cells, NK cells, and monocytes.</li> <li>- Upregulated in several cancers.</li> </ul>	ACKR2

(Continued)

**Table I** (Continued).

Chemokine	Expression and Key Roles	Receptor
CXCL15	- Expressed in the lung as well as other mucosal and endocrine organs. - Induces neutrophils recruitment during inflammation.	Not defined
CXCL16	- Produced by macrophages and DCs. - Regulates immune cells chemotaxis, and induces endothelial cells proliferation, migration, and angiogenesis.	CXCR6
CXCL17	- Myeloid cell-attracting chemokine. - Produced by the airways at normal and inflammatory conditions.	Possibly GPR35
CX <sub>3</sub> CL1	- Expressed by immune and non-immune cells. - Induces migration and adhesion of macrophages, NK cells, and T cells. - Implicated in multiple inflammatory diseases.	CX <sub>3</sub> CR1
XCL1	- Secreted by NK cells and T cells. - Induces chemotaxis of T cells, B cells, NK cells, and neutrophils. - When produced by tumor cells, it induces PD1/PD-L1 interaction and the inhibition of CD8+ T cells in tumor microenvironment.	XCR1
XCL2	- Expressed by NK and T cells and induces their chemotaxis. - Increased expression correlates with cancer progression.	XCR1

**Notes:** Chemokines are divided into four main sub-families which are CC, CXC, CX<sub>3</sub>C, and XC, depending on the position of the cysteine residues in their amino acid sequences. They play important roles in the inflammatory and homeostasis processes of the body. Chemokine ligands signal mainly through G-protein coupled receptors which are considered the “conventional” receptors. These receptors are named according to the chemokine ligands they interact with. On the other hand, there are five “atypical” chemokine receptors (ACKRs) which are DARC, D6, CXCR7, CCRL1, and CCRL2, also known as ACKR1-5 respectively. These atypical chemokine receptors have similar structures to the conventional chemokine receptors, and their primary role is scavenging or sequestering the chemokine ligands, thus controlling the signaling response through the conventional chemokine receptors and regulating the immune responses.

**Abbreviations:** ACKR, atypical chemokine receptor; DC, dendritic cell; GPR35, G protein-coupled receptor 35; HIV, human immunodeficiency virus; IL-2, interleukin 2; NK, natural killer cell; PD, programmed death; PD-L, programmed death ligand; Th, T helper cell; Treg, T regulatory cell.

mice with CCL3 antibodies suppressed EAE and prevented the mononuclear cells from accumulating in the CNS.<sup>49</sup> However, treatment with Met-RANTES, the CCR1 and CCR5 antagonist, did not affect leukocyte migration and decreased the severity of chronic-relapsing EAE mildly.<sup>50</sup>

### Targeting CCR6/CCL20 Axis

The binding of CCL20 chemokine ligand to CCR6 has been shown to induce homeostatic and inflammatory functions. Elevated CCR6 and CCL20 expression levels were observed in the spinal cord and lymph nodes of EAE mice and were associated with the severity of the disease.<sup>51</sup> Additionally, CCL20 binding CCR6 induced the trafficking of T helper 17 (Th17) cells into the CNS through the choroid plexus in the brain of EAE mice.<sup>52</sup> CCR6-deficient mice or mice that were treated with a neutralizing anti-CCR6 showed resistance to EAE development.<sup>51</sup> Also, elevated CCL20 serum levels were found in MS patients.<sup>53</sup>

### Targeting CCRL2/CCL19 Axis

CC chemokine receptor-like 2 (CCRL2), also known as CRAM, is a member of the atypical chemokine receptor

family and thus is a non-classical seven transmembrane spanning domain receptor. The ligand for CCRL2 is the homeostatic chemokine CCL19.<sup>54</sup> CCRL2 is found in most immune cells such as dendritic cells (DCs), macrophages, neutrophils, lymphocytes, natural killer (NK) cells, and mast cells.<sup>55,56</sup> It has been shown that CCRL2 is overexpressed in mouse microglia and astrocytes as well as being expressed by infiltrating macrophages in EAE.<sup>57,58</sup> The knockout of CCRL2 in EAE mice resulted in defective acquisition of M2 phenotype markers by infiltrating macrophages and altered the M1/M2 ratio. This was responsible for the sustained T cell perivascular infiltration and inflammatory reaction resulting in delayed EAE recovery.<sup>59</sup>

### Targeting CXCR3/CXCL10 Axis

CXCR3 is a chemokine receptor that is expressed on lymphocytes and plays a significant role in T cell trafficking and function. The gamma interferon-inducible chemokines which include CXCL9 (monokine induced by gamma interferon, Mig), CXCL10 (interferon gamma-induced protein 10, IP-10), and CXCL11 (interferon-inducible T-cell alpha chemoattractant, I-TAC) bind CXCR3.<sup>60,61</sup> The increased

expression of CXCR3 on peripheral blood CD4<sup>+</sup> lymphocytes correlated with MS relapses.<sup>45</sup> Additionally, CXCR3<sup>+</sup> T cells levels are increased in RRMS patients during the MS attacks.<sup>45</sup>

The chemokine CXCL10 is a chemoattractant for activated T cells and NK cells through binding to CXCR3.<sup>62</sup> CXCL10 levels in the CNS have been associated with EAE development and the recruitment of T cells expressing CXCR3 receptor into the CNS.<sup>63</sup> In SJL mice treated with a neutralizing antibody against CXCL10, less accumulation of mononuclear inflammatory cells was observed along with a decreased incidence of EAE indicating that CXCL10 could contribute to CNS pathology via the recruitment and accumulation of T cells.<sup>63</sup> Furthermore, upon ELISA analysis of the supernatant fluid collected from the cerebrospinal fluid (CSF) of 43 MS patients, elevated levels of CXCL10 were correlated with relapse phase of MS. Hence, CXCL10 or its receptor CXCR3 may be therapeutic targets for MS.<sup>64</sup> In contrast, a study in C57BL/6J mice deficient in CXCR3 and CXCL10, found that these mice developed a severe myelin oligodendrocyte glycoprotein (MOG)-induced EAE disease.<sup>65</sup>

### Targeting CXCL12/CXCR4/CXCR7 Axis

CXCL12 is continuously expressed in the healthy CNS where it is produced mainly by glial cells and neurons. In addition, its receptors CXCR4 and CXCR7 are abundantly expressed in diverse brain area.<sup>66</sup> CXCL12 expression is upregulated in the MS lesions especially in astrocytes, that are likely to attract macrophages and lymphocytes into the CNS inflamed areas.<sup>67</sup>

CXCR4 is expressed on T and NK cells and has an important role in the homeostasis of the immune system.<sup>68</sup> A study by Meiron et al<sup>69</sup> demonstrated that the use of CXCR4 antagonist AMD3100, blocked CXCL12-induced production of IL-10 completely, thus interfering with the selection of the IL-10 producing regulatory T (Treg) cells. These results suggest that CXCL12 acts as a regulatory chemokine that redirects the polarization of effector Th1 cells into Treg cells which in turn suppress the autoimmune responses through IL-10 secretion.<sup>69</sup>

Moreover, treatment of C57BL/6 mice with the AMD3100 during EAE induction led to increased deterioration of the disease along with parenchymal infiltration and demyelination.<sup>70</sup> Along these findings, another study demonstrated that CXCL12 is up-regulated in spinal cord tissue after injection of MOG (which is the glycoprotein responsible for myelination of the nerves), in EAE-resistant Albino

Oxford rats. Treatment of these rats with CXCL12 antagonist AMD3100 rendered them susceptible to EAE, indicating that CXCL12 is able to suppress inflammatory responses within the CNS.<sup>71</sup>

On the other hand, CXCR7 is a non-classical chemokine receptor and was proposed to have more than five natural ligands, although research focused on CXCL11 and CXCL12.<sup>72</sup> It was observed that the main function of CXCR7 is to sequester CXCL12, thus regulating the function of CXCR4.<sup>72</sup> Treatment of EAE mice with NSC-87877 a SHP-2 inhibitor induced the expression of CXCR7 which resulted in decreased T cell trafficking in response to CXCL12.<sup>73</sup> This finding suggests that CXCR7, present on CD8<sup>+</sup> T cells, is upregulated as a result of SHP-2 inhibition and is negatively regulated in these cells.<sup>73</sup> It is worth mentioning that the initiation of treatment of NSC-87877 at day 0 after immunization blocked the incidence of EAE effectively, while that starting from day 13 did not. These observations suggest that NSC-87877 treatment does not change the encephalitogenic response of peripheral T cells but affects their ability to migrate into the CNS and cause inflammation.<sup>73</sup>

It has also been demonstrated that CXCL12 inhibits the trafficking of infiltrating cells from the perivascular space into the brain parenchyma, thereby limiting inflammation.<sup>74</sup> A study reported loss of CXCL12 from abluminal surfaces of the blood–brain barrier in MS lesions.<sup>74</sup> Therefore, treatment with a CXCR7 antagonist CCX771 prevented CXCR7 from sequestering CXCL12, resulting in elevated abluminal levels of CXCL12 and reduced leukocyte infiltration, which ameliorate the severity of EAE.<sup>75</sup>

### Targeting CXCL13/CXCR5 Axis

CXCL13 is a homeostatic chemokine that is continuously expressed in lymphoid tissues, which has a vital role in activating the migration of lymphocytes and antigen-presenting cells.<sup>76,77</sup> Upon binding of CXCL13 to CXCR5, CNS inflammation developed.<sup>78</sup> In MS patients, the levels of CXCL13 were found to be significantly increased and consequently, CXCL13 is considered a biomarker for the disease severity.<sup>79,80</sup>

Blocking CXCL13 binding to its receptor results in inhibition of B, T follicular helper (Tfh), and Th17 cell migration and subsequent development of tissue inflammation. The use of anti-human CXCL13 antibody, MAB 5261, inhibited CXCL13-induced migration of B cells into secondary lymphoid organs resulting in halting the progression and severity of Th17-induced EAE in SJL mice.<sup>81</sup>

## Targeting CXCL16/CXCR6 Axis

The CXC chemokine ligand CXCL16 is the ligand for CXC chemokine receptor 6 (CXCR6). CXCL16 in a soluble form acts as a chemoattractant for activated CD8<sup>+</sup> T cells, NKT cells and Th1 cells that express CXCR6.<sup>82</sup> CXCL16 is highly expressed in the brain during MS.<sup>83</sup> Serum levels of CXCL16 reflect disease activity in MS, suggesting that CXCL16 could be a potential marker of MS disease.<sup>43</sup> Moreover, animals treated with anti-CXCL16 antibodies were found to be resistant to the induction of EAE.<sup>84</sup>

## Effects of the Current MS and EAE Modulatory Drugs on the Chemokine System

Currently, several drugs are used for the treatment of MS or EAE, these include: 1) Steroids such as methylprednisolone (MP); 2) Disease-modifying agents such as glatiramer acetate (GA), 4-methylumbelliferone (4MU) and interferon-beta (IFN- $\beta$ ); 3) Immunosuppressants such as mitoxantrone and cladribine; and 4) Monoclonal antibodies such as natalizumab and rituximab.<sup>85–88</sup> Some of these modulatory agents were found to have regulatory effects on the chemokines and chemokine receptor levels in MS patients or EAE models.<sup>26,30</sup> In the following section, we focus on the effects of these agents on modifying the expression of chemokines and chemokine receptors.

## Role of Methylprednisolone on the Modulation of Chemokines and Chemokine Receptors

Methylprednisolone (MP) is a glucocorticosteroid drug that has been used for the treatment of MS patients. It is an anti-inflammatory drug that inhibits the activation of T cells and their trafficking into the CNS while reducing the inflammatory cytokine levels.<sup>89,90</sup> Treatment of MS patients in the active phase with MP decreased the migratory ability of CD4<sup>+</sup>CCR5<sup>+</sup> T cells.<sup>91</sup> Additionally, the level of CXCL10 was reduced in the sera of MS patients after intravenous administration of MP.<sup>92</sup> Moreover, the application of MP in vitro and in vivo increased the chemotaxis of monocytes towards CCL2, CCL5, and CX<sub>3</sub>CL1 in MS patients compared to healthy controls. This boost was independent of chemokine receptor levels, suggesting that MP induces monocytes polarization towards the anti-inflammatory form and enhances their

trafficking into inflamed CNS, where they plausibly suppress the pathogenic immune responses.<sup>93</sup> Additionally, a study by Sellebjerg et al<sup>94</sup> found that CXCL13 concentrations in CSF of MS patients were reduced after treatment with high-dose MP and natalizumab. On the other hand, CXCR1 and CXCR2, which are up-regulated in MS patients, showed a further increase in their expression upon MP treatment.<sup>95</sup>

## Effect of Glatiramer Acetate (GA) on Chemokines/Chemokine Receptors and NK Cell Cytolytic Activity

Glatiramer acetate (GA), is an immunomodulating drug used for the treatment of MS patients.<sup>96</sup> This drug increased the levels of the chemokine receptor CCR7 and decreased the levels of CCR5, CXCR3 and CXCR6, on T cells.<sup>31</sup> Further, GA activates in vitro human NK cell lysis of DCs.<sup>97</sup> Similarly, this drug stimulates NK cell killing of DCs in GA-treated MS patients.<sup>98</sup> In mice, GA reduces the EAE clinical score corroborated with enhancing NK cell cytotoxicity of DCs, hence impeding antigen presentation to autoreactive T cells.<sup>99</sup>

## Role of IFN- $\beta$ on the Modulation of Chemokines and Chemokine Receptors

IFN- $\beta$  was the first agent that was approved for treatment of relapsing-remitting MS.<sup>100</sup> IFN- $\beta$ -1b therapy reduced the rate of clinical exacerbations and the number of lesions in brain magnetic resonance imaging (MRI), and it has been established as an effective drug for treatment of RRMS patients.<sup>101</sup>

Treatment with IFN- $\beta$  reduced the expression of CCR5 on T cells of MS patients, whereas treatment of T cells with IFN- $\beta$  in vitro, inhibited their expression of this chemokine receptor as well its ligands CCL5 and CCL3.<sup>102</sup> Furthermore, the expression of CXCR3 on CD4<sup>+</sup> and CD8<sup>+</sup> T cells was considerably decreased in RRMS patients after treatment with IFN- $\beta$ .<sup>103</sup> However, IFN- $\beta$  induced a transient strong increase of CXCL10 level in MS patients.<sup>104</sup> Moreover, it was found that in vitro treatment of peripheral blood mononuclear cells with IFN- $\beta$ -1b lowered the production of CXCL8, CXCL9, CXCL10, CCL2, and CCL7 chemokines.<sup>105</sup>

## Effect of 4-Methylumbelliferone on Chemokines and Chemokine Receptors

4-methylumbelliferone (4-MU) is a drug that hinders the synthesis of hyaluronan, which is an extracellular



glycosaminoglycan that is present in the pericellular and extracellular matrix of vertebrate tissues and is implicated in autoimmunity. In MS patients, hyaluronan has proinflammatory roles in the CNS, as it accumulates in demyelinated MS lesions, inducing antigen presentation by antigen-presenting cells leading to T cell activation and proliferation.<sup>106</sup> 4-MU inhibits hyaluronan production in vitro and in vivo.<sup>107,108</sup> In EAE, this drug reduces the polarization of Th1 phenotype and increases FoxP3<sup>+</sup> Treg cells that are correlated with the suppression of EAE. Moreover, 4-MU inhibits the reactive response of astrocytes, immunocompetent resident cells of the CNS, and prevents activated T cells from migrating into the CNS.<sup>85</sup>

Additionally, spinal CXCL12 protein levels were raised in non-inflamed CNS tissues and in inflamed CNS tissues of lipopolysaccharide (LPS)-injected mice after the oral 4MU administration. Feeding EAE mice with 4MU induced protective effects against EAE as the disease clinical scores were considerably lower in 4MU-fed mice compared to untreated EAE mice.<sup>106</sup>

## Role of Mitoxantrone in Modulating Chemokines and Chemokine Receptors

Mitoxantrone (Novantrone) is an anticancer drug that inhibits the DNA topoisomerase II activity which results in preventing the DNA synthesis process, and inhibiting cellular proliferation.<sup>109</sup> This drug was approved for the treatment of RRMS, SPMS, and PRMS, where it acts as an immunosuppressant inhibiting immune cells proliferation, their antigen presentation and inflammatory cytokines secretion.<sup>110</sup> A study by Scott et al<sup>111</sup> showed that intravenous treatment of MS patients with mitoxantrone reduced the relapse rate and delayed the progression of the disease.

It has been demonstrated that therapy of MS patients with mitoxantrone resulted in decreased CXCR1 and CXCR2 expression on peripheral blood mononuclear cells, suggesting a pathogenic role for these chemokine receptors in MS that can be inhibited by this drug.<sup>95</sup> Another study indicated that in vitro treatment of primary astrocytes with mitoxantrone, inhibited LPS-induced production of CCL2 and other inflammatory molecules.<sup>112</sup> On the other hand, it was observed that the chemokine receptor CCR2 expression was significantly upregulated on monocytes of two out of eight mitoxantrone treated patients who had active inflammation when compared to placebo patients who showed no significant changes in the expression of this chemokine receptor.<sup>113</sup>

**Table 2** Agents and Drugs That Have Modulatory Effects on Chemokines and Chemokine Receptors Levels in MS Patients, in vivo EAE Mouse Model, or in vitro Assays

MS or EAE Targeting Agent/Drug	Modulated Chemokine/Chemokine Receptor
BX 471	CCR1
Anti CCL3 antibody	CCL3
Met-RANTES	CCR1, CCR5
Anti CCR6 antibody	CCR6
Anti CXCL10 antibody	CXCL10
AMD3100	CXCR4, CXCL12
NSC-87877	CXCR7
CCX771	CXCR7
MAb 5261	CXCL13
Anti CXCL16 antibody	CXCL16
Methylprednisolone (MP)	CXCL10, CXCL13, CXCR1, CXCR2
Glatiramer acetate (GA)	CCR5, CCR7, CXCR3, CXCR6
Interferon-Beta (IFN-β)	CCL2, CCL3, CCL5, CCL7, CXCL8, CXCL9, CXCL10, CCR5, CXCR3
4-Methylumbelliferone (4-MU)	CXCL12
Mitoxantrone	CXCR1, CXCR2, CCL2, CCR2
Cladribine	CCL5, CXCL8
Natalizumab (Tysabri)	CXCL9, CXCL10, CXCL11, CXCL13, CCL22
Rituximab	CXCL8, CXCL10, CXCL13, CCL19

**Notes:** Several monoclonal antibodies or antagonists have direct effects on some chemokines and chemokine receptors that are implicated in the pathophysiology of MS. Additionally, some MS targeting drugs such as MP, GA, IFN-β, 4-MU, mitoxantrone, cladribine, natalizumab, and rituximab, have indirect modulatory effects on these chemokines and chemokine receptors.

**Abbreviations:** 4-MU, 4-methylumbelliferone; EAE, experimental autoimmune encephalomyelitis; GA, glatiramer acetate; IFN-β, interferon-beta; MP, methylprednisolone; MS, multiple sclerosis.

## Effects of Cladribine on the Modulation of Chemokines and Chemokine Receptors

Cladribine (2-chlorodeoxyadenosine) is a deoxyadenosine analogue pro-drug that selectively depletes lymphocytes such as B and T cells. It was identified as an anticancer drug for the treatment of B and T cell lymphoid malignancies, but was later used for the treatment of RRMS due to its immunosuppressive activity for these immune cells that play a significant role in MS pathogenesis.<sup>114</sup>

Regarding its effects on the chemokine system of MS patients, it was demonstrated that treatment of RRMS patients with Cladribine resulted in declined levels of CXCL8 in their CSF, and a significant decrease in CCL5 levels in the CSF and serum of those patients.<sup>115</sup>

### Effects of Natalizumab on Chemokines and Chemokine Receptors

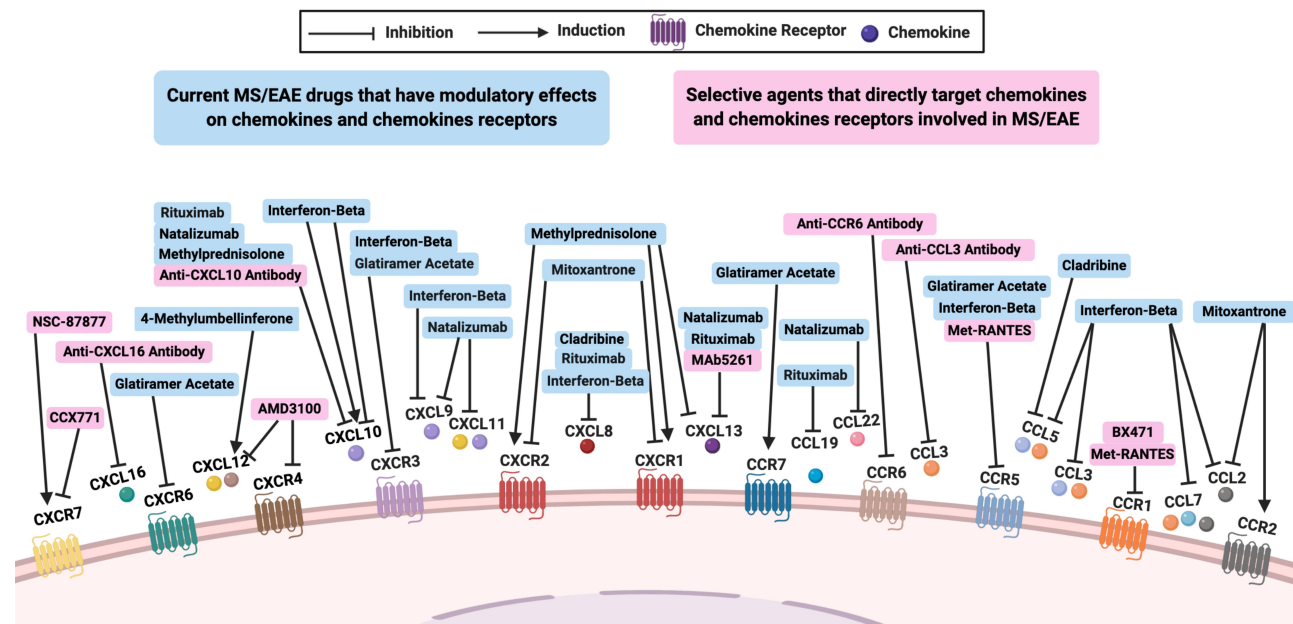
Natalizumab (Tysabri) is a humanized monoclonal antibody that selectively binds to  $\alpha 4$  integrins expressed on the surface of human leukocytes.<sup>116</sup> The drug is approved in North America for relapsing MS and in Europe for the treatment of RRMS.<sup>117</sup> Studies in relapsing MS patients indicated that natalizumab markedly reduced the relapse rate, and the accumulation of new brain MRI lesions of these patients.<sup>118,119</sup> In another study, natalizumab suppressed the development of new gadolinium-enhanced lesions in patients with relapsing MS and reduced the rate of brain volume loss and enhanced brain tissue integrity in RRMS.<sup>120</sup> It was also demonstrated that RRMS patients receiving natalizumab therapy, had significantly reduced levels of plasma pro-inflammatory cytokines and chemokines. After natalizumab treatment, there was a significant decline in the levels of chemokines correlated with Th1 chemokines such as CXCL9, CXCL10, and CXCL11, or

Th2 chemokine CCL22 in the CSF, in addition to the expected decline of the proinflammatory cytokines.<sup>121</sup>

### Rituximab Effects on the Chemokines and Chemokine Receptors

Rituximab is a chimeric monoclonal antibody that binds to the protein CD20 and depletes B cells from the circulation.<sup>122</sup> This drug was initially used to treat lymphomas but currently is being used for the treatment of certain autoimmune diseases.<sup>123</sup> The effect of rituximab results from its regulatory effect on the cell cycle, including apoptosis stimulation, complement-dependent B cell lysis, and antibody-dependent cell-mediated cytotoxicity.<sup>124</sup> Recent studies showed that rituximab not only affects B cells but has another possible mechanism of action against CD20<sup>+</sup> T cells in MS patients,<sup>125</sup> or in EAE mice.<sup>88</sup>

Several studies indicated the high efficacy of rituximab in relapsing-relapsing MS patients. Other studies have showed the efficacy of rituximab in treating progressive MS patients.<sup>126,127</sup> Treatment of MS patients with rituximab affects chemokine levels since infusion therapy resulted in a significant decrease of CXCL13 and CCL19 in those patients.<sup>128,129</sup> Further, the levels of CXCL8 and CXCL10 chemokines decreased significantly after treatment with rituximab.<sup>130</sup>



**Figure 1** The effects of modulating chemokines and chemokine receptors involved in MS or EAE. Several studies investigated the roles of chemokines and chemokine receptors on the pathogenesis of multiple sclerosis (MS) and experimental autoimmune encephalomyelitis (EAE) through targeting them directly (pink boxes), with specific agents acting as antagonists, receptors blockers, or antibodies. Moreover, some current MS or EAE drugs could indirectly modulate the expression of these chemokines and chemokine receptors (blue boxes).  
**Abbreviations:** EAE, experimental autoimmune encephalomyelitis; MS, multiple sclerosis.

## Conclusions

Several chemokines and chemokine receptors have been involved in the pathophysiology of MS, some of which have been targeted directly (Table 2) or modulated indirectly by immunomodulatory agents and drugs (Figure 1). This targeting strategy demonstrates promising future approaches in the treatment of MS and EAE. However, due to the promiscuity and the multiple functions of the chemokine system, targeting chemokines and their receptors with selective agents such as antibodies or receptor blockers could present a challenge and might not be effective.<sup>131,132</sup> On the other hand, the general chemokine blockage might affect the host defense dramatically.<sup>133</sup> Moreover, chemotaxis results obtained from studies on EAE mouse model may not be fully applicable for MS disease in humans, as sometimes the findings of studies by different research groups can be contradictory. Further research should be done to understand the precise functions of the chemokines and chemokine receptors that are involved in this disease, in order to develop better therapeutic strategies to treat MS patients.

## Abbreviations

4-MU, 4-methylumbelliferone; ACKR, atypical chemokine receptor; APCs, antigen presenting cells; CCL/R, CC chemokine ligand/receptor; CCRL2, CC chemokine receptor-like 2; CNS, central nervous system; CSF, cerebrospinal fluid; CX3CL/R, CX3C chemokine ligand/receptor; CXCL/R, CXC chemokine ligand/receptor; DCs, dendritic cells; EAE, experimental autoimmune encephalitis; GA, glatiramer acetate; GD, Graves' disease; GPR35, G protein-coupled receptor 35; HIV, human immunodeficiency virus; IL, interleukin; I-TAC, interferon-inducible T-cell alpha chemoattractant; IFN- $\beta$ , interferon-beta; IP-10, interferon gamma-induced protein 10; LPS, lipopolysaccharide; MIG, monokine induced by gamma interferon; MIP-1 $\alpha$ , macrophage inflammatory protein-1 $\alpha$ ; MOG, myelin oligodendrocyte glycoprotein; MP, methylprednisolone; MRI, magnetic resonance imaging; MS, multiple sclerosis; NK, natural killer; PD, programmed death; PD-L, programmed death ligand; PPMS, primary progressive MS; PRMS, progressive relapsing MS; RA, rheumatoid arthritis; RANTES, regulated on activation, normal T cell expressed and secreted; RRMS, relapsing remitting MS; SDF-1, stromal cell-derived factor 1; SLE, systemic lupus erythematosus; SPMS, secondary progressive MS; Treg, T regulatory; Th, T helper; Tfh, T follicular helper; XCL/R, XC chemokine ligand/receptor.

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## Disclosure

The authors report no conflicts of interest in this work.

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