### Infection and Drug Resistance

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Whole Genome Sequencing of Ceftolozane-Tazobactam and Ceftazidime-Avibactam Resistant *Pseudomonas aeruginosa* Isolated from a Blood Stream Infection Reveals VEB and Chromosomal Metallo-Beta Lactamases as Genetic Determinants: A Case Report

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Abstract: Pseudomonas aeruginosa is a common gram-negative bacillus in nosocomial settings. Consideration of this organism is important due to its potential to acquire multi-drug resistance through various mechanisms causing severe infections, particularly in immunocompromised hosts. Here, we present a challenging case of a blood stream infection caused by a drug-resistant strain of P. aeruginosa in a debilitated young patient. A 31-year-old male patient with a complex history of multiple trauma following a vehicle accident that required several surgical interventions, is plagued by persistent bacteremia. An extensively drugresistant strain of P. aeruginosa was repeatedly isolated that continued to grow in the patient's blood cultures despite treatment with meropenem and colistin for an extended period. In addition to phenotypic characterization, the complete genome of the strain was sequenced and a genomic view was provided regarding its antimicrobial resistance (AMR) patterns, efflux pump genes, virulence determinants, phageomic signals, and genomic islands. The strain belongs to sequence type ST357 with dominant Class A (VEB), Class B, Class C (PDC-11) and D (OXA-10, OXA-50) β-lactamases, and injectosomes (type III secretion system) known to mediate high virulence. The pool of extended spectrum  $\beta$ lactamases genes and the upregulated chromosomal efflux system are likely to account for the extended resistance pattern in this strain. In light of the global spread of ST357 isolates, it is essential to continue monitoring their resistance patterns and evaluate effective epidemiological tools to define the genetic determinants of emerging resistance. Intensified infection control measures are continuously required to stop dissemination of such strains in an institution where susceptible hosts are at risk of acquiring them.

**Keywords:** whole genome sequencing, *Pseudomonas aeruginosa*, bacteremia, gramnegative bacilli, multidrug resistance, ceftolozane-tazobactam, ceftazidime-avibactam

### Introduction

*Pseudomonas aeruginosa* is a common opportunistic pathogen that presents a therapeutic and infection control challenge in hospital settings due to its frequent resistance profile.<sup>1</sup> Isolation of multidrug-resistant (MDR) and extensively drug-resistant (XDR) strains of *P. aeruginosa* is increasing worldwide, with

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subset of isolates exhibiting pan-resistance а phenotypes.<sup>2,3</sup> Complicated infections due to drugresistant P. aeruginosa are often difficult to treat and associated with poor clinical outcomes.<sup>4</sup> The key mechanisms involved in this organism's resistance to carbapenems and various antimicrobial classes include the cumulative effects of AmpC  $\beta$ -lactamase expression, efficient efflux pump systems, and downregulation of the outer membrane proteins, of which OprD is well characterized.<sup>5</sup> Other significant resistance determinants are the acquisition of resistance genes carried on mobile genetic elements such as plasmids and conjugative transposons.<sup>5</sup>

Ceftolozane-tazobactam is a novel intravenous combination of a third-generation cephalosporin with a  $\beta$ lactamase inhibitor, tazobactam that was approved by the Food and Drug Administration (FDA) in 2014. In addition to being a poor substrate for AmpC hydrolysis, ceftolozane-tazobactam has demonstrated high in vitro activity against a range of MDR Gram negative bacteria including multidrug resistant P. aeruginosa (MDR-PA) mediated by mutations in the outer membrane proteins (OprD) and the efflux systems (MexY and MexAB).<sup>6</sup> Similarly, ceftazidime-avibactam was FDA approved in 2015 and exhibited high potency against P. aeruginosa species, with high minimum inhibitory concentrations (MIC) to ceftazidime alone.<sup>7</sup> Despite the growing evidence of successful treatment outcomes of MDR-PA using these two agents, we have previously shown that resistance to advanced cephalosporin-B-lactamase combinations was encountered among more than 65% of a MDR-PA cohort (n = 67) not previously exposed to the drug, of which >60% were found to have MIC > 256  $\mu$ g/mL.<sup>8</sup>

Host factors that are linked to an increased risk of MDR-PA bacteremia include severe underlying primary illness, immunosuppression, bedridden status, presence of invasive devices, nosocomial origin, prior surgery, intensive care admission, previous use of broad-spectrum antimicrobials, and carriage of the organism as a colonizer at various sites.<sup>9–11</sup> Herein, we describe a clinical case of sepsis caused by an XDR-PA strain (designated as PA179) that demonstrated an elevated resistance to a wide range of antimicrobial agents including ceftolozane-tazobactam and ceftazidime-avibactam. The phenotypic characteristics of the strain along with the key features of its complete genome sequence, such as resistance determinants, virulence genes, and phageomics, are presented.

### **Case Presentation**

This is a case of a 31-year-old male who was a victim of motor vehicle accident in 2007. He sustained a severe head injury and cervical spine fracture, for which his spine was fixed with a plate and screw, and was intubated for several weeks. His recovery was slow overall, with gradual, mild improvement. Eventually, he became fully conscious and was discharged from hospitalization, although as a paraplegic. The patient sought medical advice over the years for recurrent chest infections, for which he was treated conservatively with antibiotics. Around mid-2016, he was referred to the cardiothoracic unit of our institution as his chest x-ray (CXR) showed a widened mediastinum (Figure 1). The initial laboratory investigations were normal apart from the following parameters: Hemoglobin 11.3 g/dL, hematocrit 35%, Mean corpuscular volume 67.7 fL, mean corpuscular hemoglobin 21.8 pg, albumin 2.7 g/L, creatinine 0.5 µmol/L, Na 135 mmol/L, and erythrocyte sedimentation rate 93 mm/h. Further radiological assessment, computed tomography (CT) of the neck, cervical spine, and chest revealed a superior mediastinal collection with signs of chronic esophageal perforation. The patient underwent a swallowing test and an upper gastroesophageal endoscopy that confirmed the presence of upper esophageal perforation due to erosion of the cervical spine plate and screw into the esophagus. Following a multidisciplinary discussion represented by neurosurgeons, an



Figure I Standard PA chest x-ray demonstrating widened superior mediastinum with homogenous opacity seen in the right upper lung zone.

otolaryngologist, a thoracic, and a general surgeon, the surgical approach was designed for this case. The patient underwent neck exploration through a cervical incision, the plate was removed, and the perforation was identified. The perforation was repaired using an interposition muscle flap from the strap muscle. A limited thoracotomy revealed extensive pleural adhesions, although no collection was identified. A feeding jejunostomy tube was created through mini-laparotomy, which the patient tolerated well. One week post-operatively, he developed a surgical site infection at the cervical wound. Exploration and drainage were performed along with antimicrobial therapy. This patient had a lengthy post-operative course with several admissions to the intensive care unit (ICU) due to repeated episodes of sepsis. Moreover, he required bronchoscopies and exchanging the tracheostomy. After a few weeks, he developed an acute surgical abdomen for which he underwent exploration and drainage of multiple intra-abdominal abscess collections, from which he recovered. However, he developed persistent status epilepticus over a few months that was difficult to manage. The patient eventually experienced cardiac arrest that could not be revived. The timeline of infections encountered in the patient is illustrated in Figure 2.

An XDR-*P. aeruginosa* strain (PA179) was repeatedly isolated from the urinary tract of the patient 16 months after his admission, followed by an episode of sepsis during which the same strain was grown from multiple blood culture samples. The identification of suspected *P. aeruginosa* colonies was confirmed using VITEK MS (BioMérieux, Craponne, France) based on matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) technology with automated broth microdilution (BMD) susceptibility testing using VITEK 2 Software Version 7.01 and AST Card-GN99 (BioMérieux, Craponne, France). Additionally, E tests (AB Biodisk, Solna, Sweden) were used to measure the MIC of two carbapenems, imipenem and meropenem, two  $\beta$ -lactam/ $\beta$ -lactamase inhibitor combinations, ceftazidime-avibactam and ceftolozane-tazobactam, and interpreted according to the Clinical and Laboratory Standards Institute (CLSI) 2017 guidelines for all antimicrobials tested. The susceptibility pattern of the blood isolate revealed an extensive drug resistance pattern, as shown in Table 1.

# Whole Genome Sequencing (WGS) and Bioinformatics Tools and Servers

A range of bioinformatics online tools were used to analyze the sequenced genome including: Soap denovo: de novo draft assembly for the human-sized genomes: (http://soap.geno mics.org.cn/soapdenovo.html), Reference-Assisted Genome Ordering Utility (Ragout): (https://github.com/fenderglass/ Ragout), Multi-locus sequence typing (MLST): in silico multilocus sequence typing website (http://cge.cbs.dtu.dk/ services/), Prokaryotic Genome Annotation Pipeline annotation system (PGAAP): (https://github.com/ncbi/pgap), Rapid Annotation using Subsystem Technology (RAST): (https:// rast.nmpdr.org/), Virulence factor database (VFDB) and Virulence factor analyser (VFanalyser): (http://www.mgc. ac.cn/VFs/), PHAge Search Tool (PHAST): (http://phast. wishartlab.com/) and clustered regularly interspaced short palindromic repeats finder (CRISPR): (https://crispr.i2bc. paris-saclay.fr/Server/).

The isolate was subjected to whole genome sequencing as follows: total genomic DNA was prepared using



Figure 2 Microbiological summary timeline.

Antimicrobial	VITEK 2 Result*	E-Test MIC
Piperacillin	> 128 ug/mL (R)	-
Piperacillin-tazobactam	> 128/4 ug/mL (R)	-
Aztreonam	> 64 ug/mL (R)	-
Cefepime	> 32 ug/mL (R)	-
Ceftazidime	> 32 ug/mL (R)	-
Ceftriaxone	> 32 ug/mL (R)	-
Ciprofloxacin	> 4 ug/mL (R)	-
Levofloxacin	> 8 ug/mL (R)	-
Amikacin	> 64 ug/mL (R)	-
Gentamicin	> 32 ug/mL (R)	-
Tobramycin	> 64 ug/mL (R)	-
Tetracycline	> 16 ug/mL (R)	-
Imipenem	> 16 ug/mL (R)	> 32 ug/mL
Meropenem	> 16 ug/mL (R)	> 32 ug/mL
Ceftazidime-avibactam	-	> 256 ug/mL
	1	1

 Table I Phenotypic Antimicrobial Susceptibility Pattern of the

 Strain PA179

Note: \*R: resistant.

DNeasy blood and tissue kits (Qiagen, Hilden, Germany) according to the manufacturer's recommendations, followed by sequencing using an Illumina HiSeq 4000 system (Illumina, San Diego, CA, USA) at the Beijing Genomics Institute (BGI, Shenzhen, China). Genomic DNA was sheared randomly to construct three read libraries with lengths of 6580692 bp using a Bioruptor ultrasonicator (Diagenode, Denville, NJ, USA) and physicochemical methods. The paired-end fragment libraries were sequenced according to the Illumina HiSeq 4000 system protocol. Low-quality raw reads from paired-end sequencing; those with consecutive bases covered by fewer than five reads were discarded. The sequenced reads were assembled using SOAPdenovo v1.05 software. The complete annotated genome sequences of strain PA179 were deposited in the National Centre for Biotechnology Information (NCBI) and published under the accession number CP058257 (Table 2/Supplementary Table S1). The general genomic features of strain PA179 are summarized in Table 2. Initial assembly using Soap denovo produced 171 scaffolds with 1,88,134 a N50 value and a total sequence length of 69,09,802 bp and coverage of 99.97 x (Supplementary Table S1). Thereafter, it was rearranged to form the complete genome using Ragout (Reference-Assisted Genome Ordering Utility) tool, which resulted in a single contig of size 6580692 bp (Figure 3). In silico analysis of Multi-locus sequence typing (MLST) classified PA179 under the sequence type ST357 (Supplementary Table S1). PGAAP annotation

Table 2 Summary of Genome Features of the Strain PA179

Features of Strain	PA179
Specimen	Homo sapien blood
NCBI Accession No	CP058257
Genome size	6580692 bp
No of Contigs	1
No of CDS (total)	6023
No of Genes (total)	6083
No of Genes (coding)	5942
CRISPR arrays	3
Ribosomal RNA	20
t RNA	56
Non coding RNA	4
Pseudo genes	81
Frameshifted genes	33
Genome coverage	100.0x
Reference Guided assembly	NC_002516.2
MLST Type	ST-357
Genomic Islands	47

deciphering the PA179 strain revealed that the chromosome comprised 6083 genes, 6023 coding sequences (CDS), 56 tRNA genes, 20 rRNA genes, and 4 noncoding RNAs (Supplementary Table S1).

With regard to the genomic view of antimicrobial effects, resistance to  $\beta$ -lactam agents was observed by the presence of blaOXA-10 (J03427), blaOXA-50 (AY306130), blaVEB-9, blaPAO, and the class C betalactamase PDC-11. Notably, four Metallo-β-lactamases (MBL) fold metallo-hydrolase (belonging to Metallo-betalactamase super family proteins) were found among the chromosomal gene cluster (WP 003091024.1). Aminoglycoside resistant determinants, namely, aph(3')-IIb, aac(6')-Il (aac(6')-Il U13880), ant(2' ")-Ia (ant(2")-Ia X04555), aac(6')-Il (aac(6')-Il U13880), ant(2")-Ia (ant(2")-Ia X04555), aac(6')-Il (aac(6')-Il U13880), ant (2")-Ia (ant(2"')-Ia X04555), and aph(3')-IIb CP006832. The fluoroquinolone-related resistance genes crpP (crpP HM560971) also existed. Phenicol resistance gene catB7 (AF036933), and tetracycline resistance genes tet(A) (tet(A) (AY196695)) were present (Supplementary Table S2). Additionally, manual examination of RAST output predicted that P. aeruginosa PA179 may contain major efflux pump proteins comprising the RND family of MexCD-OprJ, cobalt efflux protein CorC, multidrug efflux proteins from the MATE family, macrolide-specific efflux protein MacA, and potassium efflux system KefA. Multidrug resistant efflux pumps of MexX, MexA, and MexE were also detected. (Supplementary Table S1 and S2).



**Figure 3** Circular Genome Representation of *P. aeruginosa* strain PA179. The DNAPlotter software from the Artemis Package was used standalone. Custom colors were assigned for the Visualization of tRNA and rRNA as well as for CDS, in the forward and reverse strands. The CDS in the forward strand is colored in Violet, CDS in Reverse is colored in blue, tRNA, and rRNA were colored in pink and orange small vertical lines, and the GC content and GC skew are colored in brown and violet, respectively.

The virulence factor identification VFDB-organized VFanalyser was used to predict the presence of over 222 different virulence factors, including bacteriocins and invasions (Supplementary Table S3). The most remarkable feature of the PA179 genome is the presence of multiple type secretion system proteins. Type 1 (six genes), Type 2 (15 genes), Type 3 (36 genes), Type 4 (20 genes), Type 5 (two genes), and Type 7 (five genes) were identified using both RAST and prokaryotic genome annotation pipeline (PGAAP) annotation system. (Supplementary Table S3). A phage genome with a cluster of genetic rearrangements was observed using PHAST. A total of three phages in the PA197 genome was predicted, from one intact phage, one consisted of an 18.4 kb Pseudomonas phage, NC 030929, with a 62.25% GC content, and 25 CDS were detected. The second phage consisted of a 6.6 kb Pseudomonas phage Pf1 (NC 001331), 62.47% GC content, and eight protein-coding sequences. Furthermore, a partial genome of Pseudomonas phage B3 NC 006548 (19.4 kb region length) was also observed in PA179 with 22 CDS. Prophage visualization and details can be seen in Supplementary Figures 1–4. A total of three CRISPR genes, clustered regularly interspaced short palindromic repeats, were predicted using the CRISPR finder online tool and consisted of sequences ranging from 447 bp to



Figure 4 Genomic Islands in P. aeruginosa PA179.

1047 bp CRISPR size with a 28 bp direct repeat (DR) length. These CRISPR-Cas systems confer flexible, sequence-specific immunity against bacteriophages and mobile genetic elements. (Supplementary Table S4, Supplementary Figures 1–4).

The genomic islands representing mobile elements in the PA179 genome were predicted using the online server "Island Viewer". This was identified in 47 islands in the genome, with several embedded mobile genetic elements. The islands were visualized using Island Viewer software (Figure 4 and <u>Supplementary data Table S5</u>).

### Discussion

Complicated infections caused by MDR and XDR *P. aeruginosa* represent a significant clinical threat with limited therapeutic options, particularly in cases of bacteremia that carry a poor prognosis and high mortality.<sup>12,13</sup> In this study, we present a case of refractory sepsis in a bedridden patient with complex underlying morbidities causing persistent bacteremia by a virulent XDR-PA strain, which exhibited high-level resistance profiles to antimicrobials including cephalosporin- $\beta$ -lactamase inhibitors, ceftolozane-tazobactam, and ceftazidime-avibactam. Despite prolonged combination antimicrobial therapy using colistin and meropenem, eradication of the infection was not achieved. Such difficult to treat pathogens warrant further investigation at the molecular level to elucidate the underlying determinants of resistance. In institutions, these

cases have clinical impacts such as selection of empirical antimicrobial regimens in high-risk groups, and intensifying infection control measures in the affected units.

In the increasingly high-throughput genome sequencing era, a large collection of sequence data has become available in multiple databases. We utilized a range of software and online servers to analyze the general genome annotations, virulence factors, and resistant determinants of PA179 relative to the well-characterized, reference strain PAO1. Sequence analysis of strain PA179 revealed its belonging to the international, high-risk XDR clone ST357, outbreaks of which has been reported in many countries, including Central and Western Europe, Korea, Lebanon, and Gulf Co-operation Council states (GCC).<sup>14–17</sup> A pool of  $\beta$ -lactamase genes, such as Class A (VEB), C (PDC-11), D (OXA-10, OXA-50), and resistance genes targeting the other antimicrobial classes of tetracycline, aminoglycosides, and chloramphenicol were identified. The majority of these genes were found to be carried on mobile genetic elements such as integrons and conjugative transposons, which aid their dissemination to other susceptible strains in clinical and community settings, leading to serious threats. Similarly, the acquisition of such resistant genes was evident in many P. aeruginosa strains reported globally.<sup>18,19</sup>

Chromosomal, non-mobile MBL are usually linked to other genera conferring intrinsic resistance, eg, some *Bacillus* spp., *Stenotrophomonas maltophilia, Chryseobacterium indologenes* and non-clinical environmental genera like Aeromonas.<sup>20</sup> The contribution of this genetic element to the phenotypic expression of high level, broad-spectrum  $\beta$ -lactam resistance is obscure and requires further investigation.

Despite the wide dissemination of mobile MBL genes in P. aeruginosa, there have been reports of cohorts of carbapenem-resistant strains that did not harbor any of the known acquired MBL genes such as IMP, VIM, and NDM.<sup>16,21</sup> Other uncommon genes linked to resistance to ceftolozane-tazobactam and ceftazidime-avibactam are GES and VEB; the latter was detected in the current strain PA179, which can explain the reduced susceptibility to the two agents.<sup>22</sup> VEB-9 is a rare integron-bourne broadspectrum *β*-lactamase encoding gene that was reported earlier in the GCC.<sup>23,24</sup> The VEB-like family has also been reported in Europe, Thailand, Iran, China, and the United States.<sup>25</sup> The high transmissibility of these mobile genetic elements encoding broad-spectrum resistance mechanisms reduces the efficacy of newly developed therapeutic agents.

P. aeruginosa is known to retain an array of virulence factors implicated in invasive infections. The PA179 strain was found to possess a range of secretion systems, T1SS-T7SS. Studies have shown that type protein secretion system mutants have contributed to lower survival rates in a *Caenorhabditis elegans* laboratory model.<sup>26</sup> This was also shown in a retrospective analysis of 85 cases of P. aeruginosa bacteremia, where mortality was six-fold greater than infection with a strain that did not express type III secreted toxins, although host factors largely contributed to the prognosis.<sup>27</sup> Furthermore, these secretion systems appear to play a major role in biofilm-specific antibiotic resistance, as evidenced by diminished biofilm activity among T6SS-deficient P. aeruginosa mutants.<sup>28</sup> Such systems represent a major virulence determinant that has been reported in a number of non-related bacterial and species, including Legionella pneumophila Helicobacter pylori, highlighting the ability to spread easily.<sup>29</sup> WGS studies have also described similar protein secretion systems in the P. aeruginosa VRFPA04 genome and the global clone ST235, which has been linked to hospital outbreaks and poor clinical outcomes.<sup>30</sup> These secretion systems are currently under investigation as potential vaccine targets for immunotherapy.<sup>31</sup>

Alternatively, bacteriophages exist as components in many bacterial genomes, including *P. aeruginosa*, where certain prophages are essential to the biofilm life cycle, contributing to bacterial persistence on surfaces and medical devices.<sup>32</sup> Strain PA179 was found to contain three phages of different sizes, a common feature described in many genome sequencing studies of the high-risk *P. aeruginosa* clones, ST235 and ST111, reported worldwide.<sup>18,30,33</sup> Currently, phage therapy remains under investigation for *P. aeruginosa* blood steam infections.<sup>34,35</sup>

Overall, the current report reflects the importance of whole genome sequencing as a powerful, lab-based tool that can support AMR surveillance systems by pinpointing resistant foci and linking phenotypic data to the genomic basis of resistance. Moreover, virulence and potential clone dissemination can be predicted by the genomic power of analyzing the mobile genetic elements that serve as AMR vehicles. To the best of our knowledge, this is the first WGS study performed on an invasive *P. aeruginosa* strain in Saudi Arabia. A limitation of this study is the inability to define the strain as pandrugresistant since colistin BMD, the method endorsed by the CLSI, was not performed despite the preliminary resistance suggested by the automated system (VITEK 2).

The lack of availability of BMD assays in many diagnostic laboratories further complicates the challenges in treating such XDR pathogens, and necessitates the development of user-friendly colistin susceptibility testing tools with clinically impactful, rapid turn-around times. Future potential treatment agents of PDR-PA include novel cephalosporins such as a combination of cefiderocol and carbapenem-beta -lactamase, eg imipenem-cilastatin-relebactam. However, further microbiological studies are required to infer the mechanism of potential resistance to these agents and assess their cross-resistance with existing drugs in clinical use.<sup>36</sup> This is based on the case in which the strain isolated in 2017 was highly resistant to two novel agents prior to introducing them to our hospital. Thus, intense preventive measures are consistently required in healthcare facilities with debilitated patients who are at an increased risk of infections by virulent, drug-resistant strains.

# Abbreviations

MDR, multi-drug resistant; XDR, extensively-drug resistant; MBL, metallo-β-lactamases; OXA, oxacillinases; PA, *Pseudomonas aeruginosa*; OprD, outer membrane proteins; FDA, Food Drug Agency; MIC, minimum inhibitory concentration; MLST, multi-locus sequence typing; MALDI-TOF, matrix-assisted laser desorption/ionization time-of-flight; BMD, broth microdilution.

# **Data Sharing Statement**

The data that support the findings of this study are available from the corresponding author (Aisha Alamri) upon reasonable request.

# Ethics Approval and Informed Consent

The material presented is original, unpublished, and has not been submitted elsewhere. This study was a part of a project approved by the ethical committee of the Institutional Review Board at Imam Abdulrahman Bin Faisal University (IRB 2020-03-163). Written informed consent was obtained from the patient for publication of this case report and any accompanying images.

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# **Author Contributions**

All authors made substantial contributions to the conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content, agreed to submit to the current journal, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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