

# Transforming nanostructured chitin from crustacean waste into beneficial health products: a must for our society

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**Abstract:** Chitin, obtained principally from crustacean waste, is a sugar-like polymer that is available at low cost. It has been shown to be bio- and eco-compatible, and has a very low level of toxicity. Recently, it has become possible to industrially produce pure chitin crystals, named “chitin nanofibrils” (CN) for their needle-like shape and nanostructured average size (240 × 5 × 7 nm). Due to their specific chemical and physical characteristics, CN may have a range of industrial applications, from its use in biomedical products and biomimetic cosmetics, to biotextiles and health foods. At present, world offshore disposal of this natural waste material is around 250 billion tons per year. It is an underutilized resource and has the potential to supply a wide range of useful products if suitably recycled, thus contributing to sustainable growth and a greener economy.

**Keywords:** chitin nanofibrils, biomimetic cosmetics, biomedical products, food, nanotechnology, waste

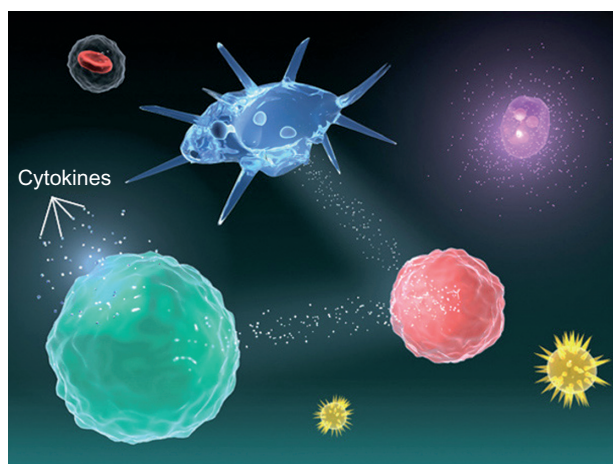
## Introduction

Oligosaccharides, including chitin and chitosan, act as biological messengers for cells.<sup>1-3</sup> They induce and regulate defensive, symbiotic, and developmental cellular processes in plants, and probably modulate human cell signals (peptide messengers) by the neuro-immuno-cutaneous-endocrine (NICE) network, activating the nervous, immune, cutaneous, and endocrine systems<sup>4-6</sup> (Figure 1). These polyglucosides, such as oligogalacturonic acid, chito-oligosaccharides, and N-acetyl-oligo-glucosamine, act as molecular signals that induce and regulate some genes of plants,<sup>7,8</sup> as well as activating human macrophages to produce nitric oxide and other signaling compounds such as reactive oxygen species, tumor necrosis factor-alpha, interferon, and interleukin-1.<sup>9,10</sup> They seem to have this activity at a cellular level only when in a nanometric structure.

Chitin and chitosan, as polysaccharides derived from fisheries waste, are available at low cost, and appear to be safe for use in humans in the short- and long-term. In particular, chitin has a very low toxicity and may be used in humans because of its high biocompatibility, eco-compatibility, and degradability. Studies have shown that these natural polymers, obtainable from crustacean and mushroom waste, may be of use in bioconversion for production of food products,<sup>11-13</sup> as well as natural biodegradable films to preserve foods from microbial deterioration,<sup>14-16</sup> filters for purification of water,<sup>17-19</sup> and to produce medical devices.<sup>20,21</sup>

However, to be more effective at the human level, chitin should be nanostructured if it is to be used as a biological resource for cells. Chitin, an important component

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**Figure 1** The peptide messengers.

of the shells of arthropods and the structure of fungi, can be obtained industrially in the form of pure nanocrystallites using part of the massive amount of biowaste accumulated during marine-capture fisheries, mushroom production, and silk production. Using this easily available raw material is important because of the need to protect the global environment. While worldwide production of chitin has been estimated to be approximately  $10^{11}$  tons/year (1 trillion/tons), making it one of the most abundant natural compounds on earth,<sup>22</sup> a large part of which, obtained as a byproduct of marine fishing, remains unutilized waste.<sup>23,24</sup>

The production of up to 250 billion tons/year of this waste material is considered hazardous because of its high perishability and high polluting effect both on sea and land. In the sea it rapidly leads to eutrophication with a high oxygen demand, while on land it causes environmental and public health concerns, being quickly colonized by pathogens and spoilage organisms.<sup>25–27</sup>

Some specific characteristics of nanocrystalline chitin are discussed in this report. In particular, the possible use of this sugar-like compound to improve the cellular metabolism of the skin will be considered.<sup>4–6</sup> In addition, its recognition by many human enzymes, which makes it safe when absorbed by the skin or mucous membranes, will also be discussed. Further, this paper will look at the likelihood that chitin is metabolized to glucose, glutamic acid, and/or water and  $\text{CO}_2$ .<sup>9,10</sup>

## Crystalline chitin for biomimetic products

Recently it has become possible to isolate chitin nanocrystals from chitinaceous raw material by an industrial patented process.<sup>28</sup> These pure crystals, known as chitin nanofibrils (CN)

because of their needle-like shape and nanostructured average size of about  $240 \times 7 \times 5$  nm, have an exceptionally high surface area. The nano dimensions of CN, their stability in aqueous solution, and their high molecular pureness, produce many interesting properties (Figure 2). Chitin occurs naturally and is safe to use because, being recognized by human and other enzymes, it is bio- and ecocompatible.<sup>29</sup> Many studies are in progress to assess the potential industrial applications for CN, ranging from its use in biomedical products and biomimetic cosmetics, to biotextiles and health food<sup>30,31</sup> (Figure 3).

## Biomedical applications

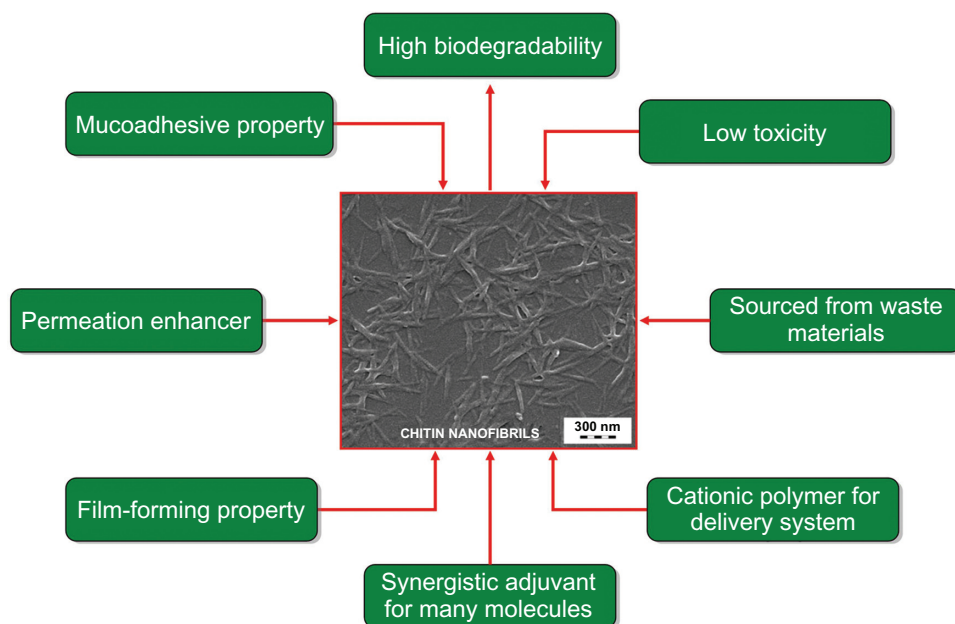
Because wound infections delay healing and worsen scar formation, there is interest in achieving skin closure as soon as possible. CN, incorporated in suitable medical devices manufactured as sprays, gels and gauzes, can perform a fundamental role in the process of tissue granulation.<sup>20,21</sup> It promotes and modulates collagen production, avoiding the excessive and irregular synthesis often seen during wound healing. CN also activates cytokines and macrophages, encouraging a physiological reduction of altered scar phenomena such as cheloids and hypertrophic scars.<sup>32</sup>

## Biomimetic cosmetics: the NICE concept

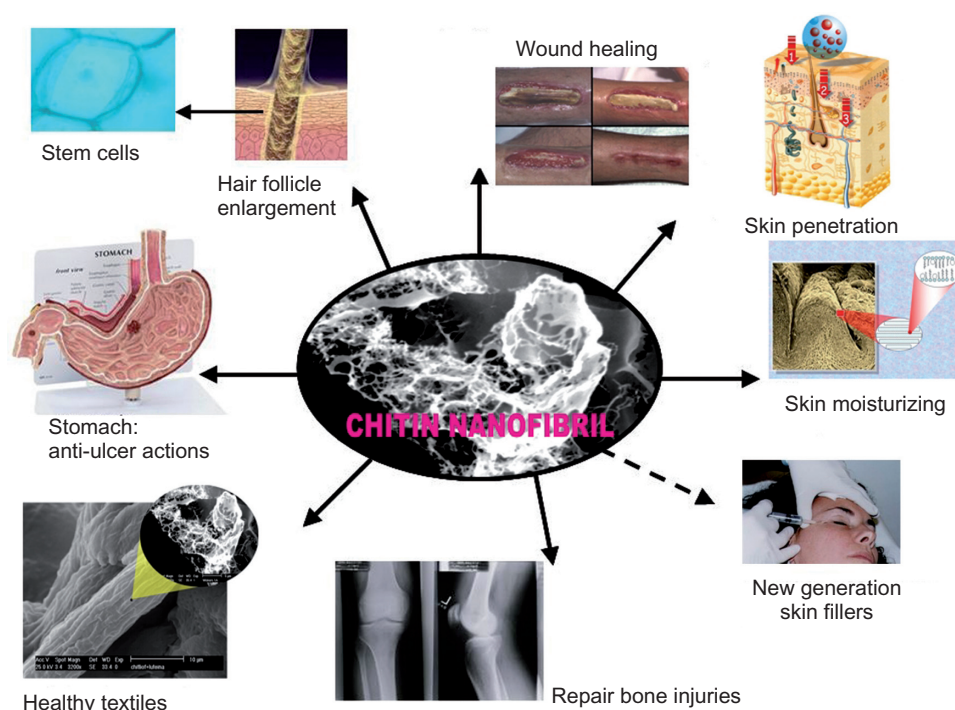
The application of biological methods and systems found in the natural world to the development of engineering systems and modern technology is known as biomimetics. To develop innovative biomimetic technologies, many researchers are studying and applying the so-called NICE concept in the cosmetic field.<sup>33–36</sup> These systems are all involved in the global face-body activity a cosmetic has when applied to the skin. In vitro and in vivo studies have been used to investigate and understand the information systems body cells use to communicate with each other in the skin. CN seems to represent a multilevel active/vehicle material that can help solve this fascinating problem. Hands-on training workshops and meetings have been organized and reported by our group to disseminate recently obtained results on the use of this nanostructured natural compound.<sup>37–42</sup> Further dissemination of results is ongoing along with the development of new applications.

## Biotextiles: mimicking the cell signal

Skin cells are continuously bombarded with different signals from inside and outside. Studying and quantifying these signals will help us to better understand skin turnover and life cycle, and facilitate our understanding of the many



**Figure 2** Specific characteristics of chitin nanofibrils.

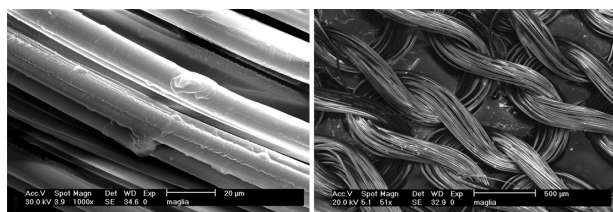


**Figure 3** Chitin nanofibrils and their possible uses.

applications intelligent cosmetics and drugs could have by mimicking these signals. Similarly, there is current interest in biofunctional textiles, focused on the use of special fibres to support therapies and preventative techniques in dermatology. These special textiles, interacting with the skin surface by the NICE approach, should have not only a general protective biological activity but may possess, for example,

a more specific function against UVA radiation and thus an antiaging efficacy, or could possess antimicrobial effects protecting wounds from nosocomial and other pathogenic flora.<sup>43</sup> With this intent, CN, prelinked with lutein, has been incorporated into fibres of cellulose acetate to produce a biotextile with an anti-UVA and blue light–screening activity (Figure 4). In humans there are a variety of abnormal





**Figure 4** Photoprotective fibers and biotextiles obtained by electrospinning of cellulose and chitin nanofibrils.

photosensitivity responses to sunlight that may result from either endogenous imbalances (eg, the porphyrias) or from added exogenous factors (eg, drug photosensitivity). These responses are elicited predominantly by long UVA and, in some cases, by blue and visible light.<sup>44</sup> The effect of lutein in reducing damage from UVA and blue light has already been clearly demonstrated.<sup>45–47</sup> The first results obtained with the use of an anti-UVA biotextile and a nonwoven bactericidal tissue produced at lab level are reported in Figure 5.

In addition, antimicrobial nonwoven nanofibers made of polyvinyl alcohol, chitosan, and CN prelinked with bioactive nanostructured Ag<sup>+</sup> ions have been developed for medical and hygienic tasks (Figure 6). The silver ion is biologically active and readily interacts with proteins, amino acid residues, free anions and receptors on microorganism, and human cell membranes. However, this metal, especially when nanostructured and in the ionic form, exerts an

antimicrobial action at concentrations so low (1 ppm) as to be entirely safe. It exhibits an oligodynamic effect because its metabolism is modulated by induction and binding to metallothioneins.<sup>48</sup>

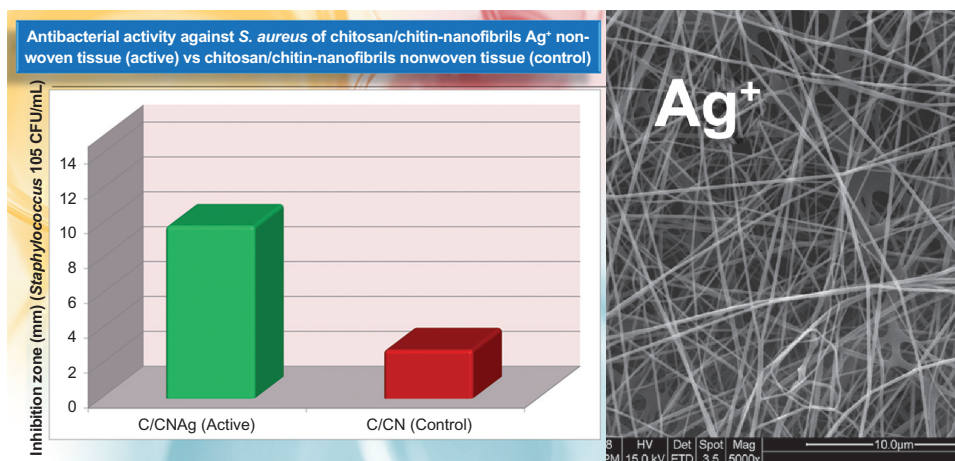
## Dealing with food contaminants: the future challenge

It is vital that all surfaces that come in contact with food and foodstuffs are free of potentially hazardous microorganisms. It has been found that, compared with conventional antimicrobial films made of polyethylene, a polymeric biocide film of CN-chitosan has the advantage of being elastic, with high tensile strength. It is also chemically stable and totally bio- and ecodegradable, being only composed of polyglucosides (Figure 7).

Additionally, chitosan and chito-oligosaccharides (COS), with a shorter chain of two to ten units of d-glucosamine, have the potential to be used as prebiotics for the formulation of functional food.<sup>49</sup> They exhibit a bifidogenic effect at concentrations between 0.1% and 0.5%, being not digestible by intestinal enzymes. According to a recent study on the cecum of mice treated with COS for 14 days<sup>50</sup> and in agreement with the authors, the concentrations of more favorable bifidobacteria and lactobacilli increased, while reducing the concentrations of unfavorable *Enterococcus* and *Enterobacteriaceae*. Already, glucosamine is sold and recommended



**Figure 5** The ultraviolet A protective activity of lutein-biotextile. **Abbreviation:** SPF, sun protection factor.



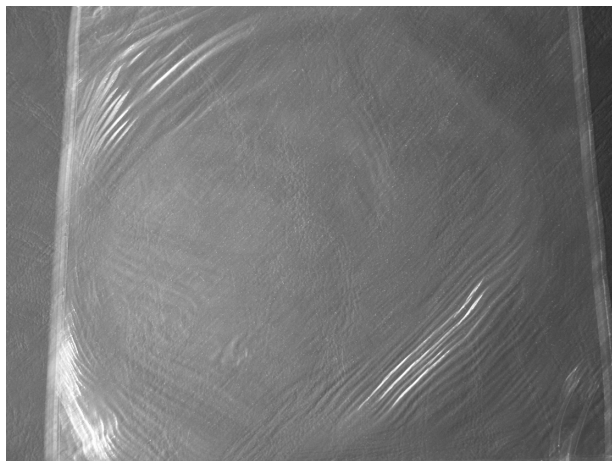
**Figure 6** Antibacterial activity of chitosan/chitin fibers  $\text{Ag}^+$  treated.

**Abbreviations:** *S. aureus*, *Staphylococcus aureus*; C, chitosan; CN, chitin-nanofibrils; CFU, colony forming unit.

as a dietary supplement for the prevention and management in osteoarthritis, while chitosan is used for obesity control and hypercholesterolemia treatment. It is not surprising that chitin, CN-chitosan, and the crystalline CN of crustacean and/or fungal origin should also have a nutritional role.

## The need to protect production processes and trademarks

In a globalized world, while it is of fundamental importance to use waste materials to save the environment, it is also necessary to protect both the production processes and trademarks with patents, to permit industrial expansion via licensing and joint ventures. “The ordinary goal of trademark licensing is to allow the licensor to expand its existing business or create a new one.”<sup>51</sup> It is necessary to control the good standing of a licensee company by using an expert in the field of licensed products and intellectual properties.



**Figure 7** Edible film for food covering.

The potential uses of CN and its derivatives as nanostructured natural compounds patented for their production processes and uses<sup>51</sup> have yet to be fully developed. More cooperative research studies between industries and academia, together with legal strategies, will be vital for successful development of innovative products protected with patents from the ever-growing phenomenon of counterfeiting.<sup>52</sup>

## Conclusion

It seems possible to use chitinaceous waste material to produce health products<sup>53,54</sup> including biomedical, cosmetic, and textile products, along with food or food supplements. Use of this material not only reduces environmental pollution but also, according to Drexler et al<sup>55</sup> allows us to reduce, recycle, and transform waste material into food with the help of nanotechnology, allowing sustainable growth and greener industry.

## Disclosure

G Morganti and P Morganti are employees of MAVI Sud in the Centre of Nanosciences and were involved in the studies on chitin nanofibrils. A Morganti has no conflicts of interest in this work.

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