

# The Potentiation Activity of Azithromycin in Combination with Colistin or Levofloxacin Against *Pseudomonas aeruginosa* Biofilm Infection

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**Objective:** *Pseudomonas aeruginosa* (PA) often displays drug resistance and biofilm-mediated adaptability. Here, we aimed to evaluate the antibiofilm efficacy of azithromycin-based combination regimens.

**Methods:** Minimum inhibitory concentrations (MICs), minimal biofilm eradication concentrations (MBECs), and MBEC-combination of azithromycin, colistin, amikacin, and levofloxacin to bioluminescent strain PAO1 and carbapenem-resistant PAO1 (CRPAO1) were assessed. An animal biofilm infection model was established and detected using a live animal bio-photonic imaging system.

**Results:** In vitro, PAO1 and CRPAO1 were susceptible to colistin, amikacin, and levofloxacin, while they were unsusceptible to azithromycin. The combinations based on azithromycin have no synergistic effect on biofilm in vitro. In vivo, azithromycin plus colistin or levofloxacin could shorten the PAO1 biofilm eradication time, which totally eradicates the biofilm in all mice on the 8<sup>th</sup> or 6<sup>th</sup> day, while monotherapy only eradicate biofilm in 70% or 80% mice on the 8<sup>th</sup> day. For CRPAO1 biofilm, only azithromycin-colistin combination and colistin monotherapy eradicated the bacteria in 60% and 40% of mice at the 6<sup>th</sup> day.

**Conclusion:** Azithromycin-based combinations containing levofloxacin or colistin had no synergistic effect in vitro, and they are promising for clinical applications due to the good synergistic activity against PAO1 biofilms in vivo.

**Keywords:** *Pseudomonas aeruginosa*, biofilm, azithromycin, combinations

## Introduction

*Pseudomonas aeruginosa* (PA) is a common opportunistic pathogen responsible for urinary tract infections, burn wound infections, and some hospital-acquired infections, like ventilator-associated pneumonia (VAP).<sup>1</sup> PA often displays drug resistance and biofilm-mediated adaptability, which makes the PA-related infections difficult to treat.<sup>2</sup> Pathogens form biofilms, which are dynamic and complex structures that cause chronic persistent and recurrent infections.<sup>3</sup> Pathogenic biofilms often lead to the chronic infections that make it difficult for the immune system to fully protect the host. In the presence of biofilms, macrophages have difficulty traversing the extracellular matrix and are easily affected by enzymes secreted by bacteria.<sup>4</sup> Besides, exaggerated or long-term neutrophil activity leads to the overflow of harmful compounds in the medium, which are responsible for consecutive tissue damages.<sup>5</sup> In addition, most antibiotics have poor effectiveness against biofilm-embedded bacteria, such as  $\beta$ -lactams. In biofilms, the extracellular polymeric substance (EPS) provides a physical barrier that can be difficult for antibiotics to penetrate.<sup>6</sup> Additionally, monotherapy could induce resistance through the increased formation of biofilms, such as colistin.<sup>7</sup> Thus, PA biofilm infections are difficult to treat.

Azithromycin is commonly practiced in the treatment of patients with cystic fibrosis (CF) and other chronic lung infections with PA. Macrolide azithromycin, although without bactericidal activity against PA, can disrupt quorum sensing and block alginate production, which are important for biofilm function.<sup>8</sup> In addition, macrolides modulate the

immune function of the host.<sup>9</sup> In the initial host defense stage, the drug appears to perform stimulatory effects on neutrophil and dendritic cells.<sup>10</sup> Later, the biphasic action of azithromycin helps to reduce bystander tissue injury and promote inflammation resolution.<sup>11</sup> Although these properties do not make it possible for azithromycin to eradicate unsusceptible strains-formed biofilms alone, there is a hope for azithromycin in combination with other antimicrobial agents. In some studies, combination therapies show a good activity on biofilm.<sup>12</sup> Azithromycin in combination with ceftazidime or ciprofloxacin has been reported to increase therapeutic efficacy against PA biofilms in an animal model of ureteral stent infection.<sup>13</sup>

Hereby, we aimed to assess the potentiation activity of azithromycin with three promising antimicrobial agents against PA biofilms. Levofloxacin is uncharged molecules and diffuses easily through the biofilm matrix. Colistin has been shown to be specifically potent against bacteria with low metabolic activity, which is difficult to eradicate. For amikacin, PA is known to develop resistance to it very slowly due to its complex structure. MDR-PA remains highly susceptible to it.

## Methods

### Strains and Agents

The bioluminescent strain PAO1 carrying *luxCDABE* gene operon was purchased from Caliper Life Sciences, USA. The carbapenem-resistant and bioluminescent strain PAO1 (CRPAO1) was cultured as previously described.<sup>14</sup> PA ATCC 27853 was used as a quality control strain.

Amikacin, meropenem, levofloxacin (Shanghai Macklin Biochemical Co., Ltd., China), and colistin sulfate (Sigma, China) were used in our present study. Mueller-Hinton Agar and adjusted Mueller-Hinton Broth (MHB) were used to culture bacteria that were purchased from Becton, Dickinson and Company. Isoflurane (Shenzhen RWD Life Science Company, China) and pentobarbital (Shanghai Rongchuang Biotechnology Company, China) were used to anesthetize mice.

### Fractional Inhibitory Concentration Indexes (FICIs) Assay

A CLSI standards broth-microdilution method was employed to assess the minimum inhibitory concentrations (MICs).<sup>15</sup> Synergistic effects of antibiotics were assessed using the checkerboard broth microdilution method as previously described.<sup>16</sup> FICIs were calculated to test the interactions between two antibiotics.  $FICI = (\text{MIC of drug A in combination} / \text{MIC of drug A alone}) + (\text{MIC of drug B in combination} / \text{MIC of drug B alone})$ . The FICIs were interpreted as follows:  $FICIs \leq 0.5$ , synergy;  $0.5 < FICIs < 1.0$ , additivity;  $1.0 \leq FICIs \leq 2.0$ , indifference; and  $FICIs > 2.0$ , antagonism.

### Minimum Biofilm Eradication Concentrations (MBECs) in vitro

The MBECs were determined as previously described.<sup>16</sup> Briefly, disks were cut from a medical drainage tube with a diameter of 0.5 cm. Then, the biofilm was cultivated on disks in 24-well plates. The 24-well plates were incubated in MHB at 37°C for 1, 3, and 7 days, respectively, and MHB was renewed daily. Subsequently, the disks were washed thrice with fresh MHB and put into new 24-well plates with different concentrations of antibiotics. After 24 h of cultivated at 37°C, the disks were washed thrice with saline to remove planktonic bacteria. The ultrasonic cleaning bath was then used to collect the bacteria in biofilm. The bacterial solution was vigorously mixed, plated on agar plates as 10-fold serial dilutions, and cultured for 24 h. Then, colony forming unit (CFU) was counted, and MBECs were calculated as the minimum concentration of tested antibiotics which were able to eradicate the bacteria in biofilm (CFU=0). MBECs were defined as the minimum concentrations of tested antibiotics that were able to eradicate the bacteria thoroughly in biofilm.

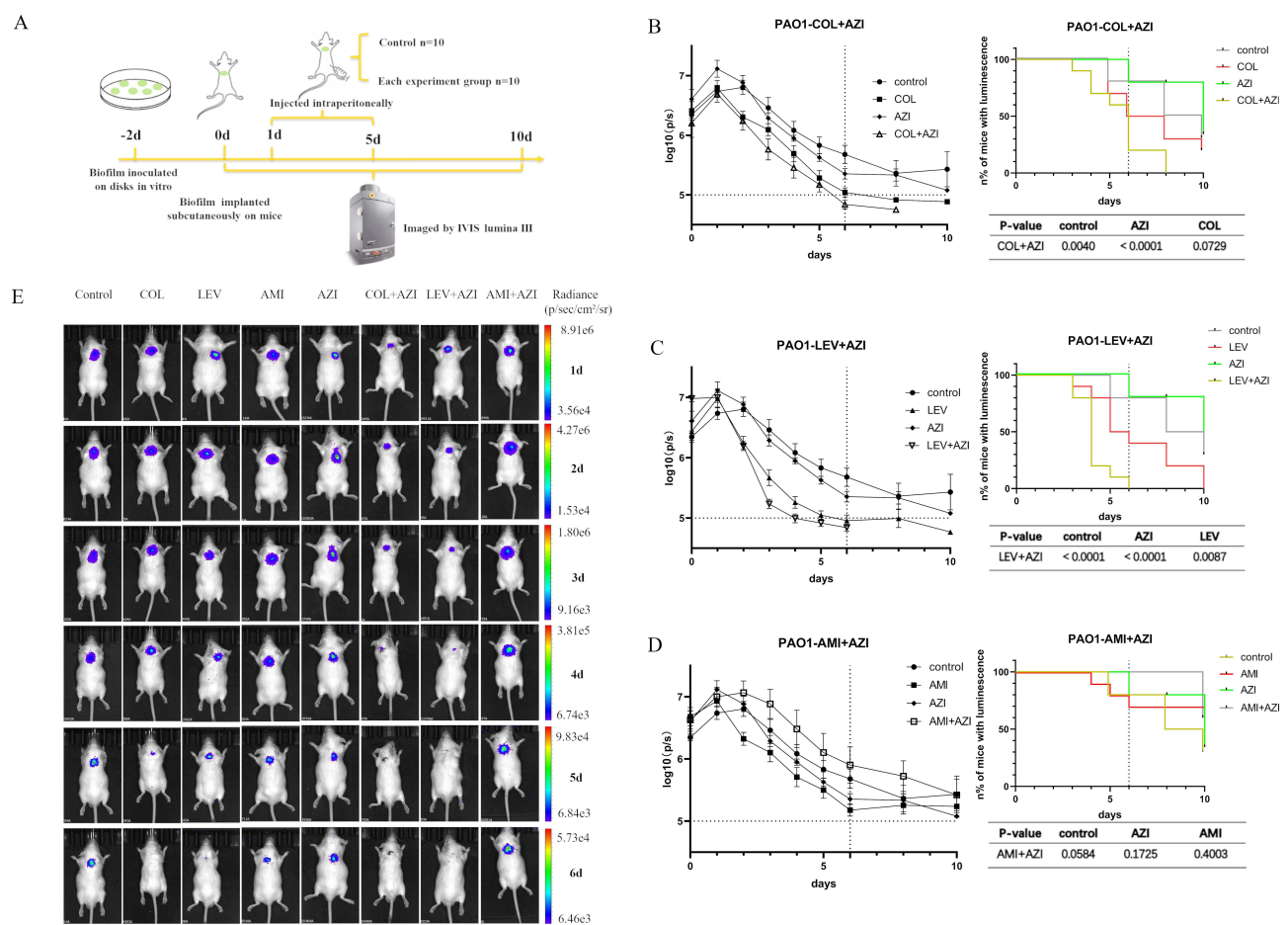
### Biofilm Infection Mouse Model and Treatment Regimen

The animal biofilm infection model was determined as previously described.<sup>16</sup> PAO1 and CRPAO1 biofilms were grown on disks as described in the in vitro experiment. Then, 25–30g male mice were anesthetized with intraperitoneal injection of 1% pentobarbital (0.005 mL/g). The disks with biofilms were then washed with sterile physiological saline solution and implanted subcutaneously at the dorsal midline. Mice were randomly divided into 10 groups. That were as follows: control group (sterile physiological saline solution 10 mL/kg/24 h); AZI (azithromycin 64 mg/kg/24 h); LEV (levofloxacin 32 mg/kg/24 h); LEV-2 (levofloxacin 64 mg/kg/24 h); AZI+LEV (azithromycin 64 mg/kg/24 h plus levofloxacin 32 mg/kg/24 h); AZI+LEV-2

(azithromycin 64 mg/kg/24 h plus levofloxacin 64 mg/kg/24 h); COL (colistin 20 mg/kg/12 h); AZI+COL (azithromycin 64 mg/kg/24 h plus colistin 20 mg/kg/12 h); AMI (amikacin 135 mg/kg/24 h); and AZI+AMI (azithromycin 64 mg/kg/24 h plus amikacin 135 mg/kg/24 h). The dosage of colistin was consistent with relevant literature reports.<sup>17</sup> The dosages of azithromycin, amikacin, and levofloxacin were determined according to the conversion of clinical human dosage to mice according to FDA and SmPC labels.<sup>18–20</sup> The antibiotics were injected intraperitoneally 24 h after implantation and continued for 5 days. The animal experiment procedures were approved by the Animal Ethics Committee of Chinese PLA General Hospital (SQ2020095). The guidelines of the Declaration of Helsinki and the National Institute of Health (NIH) Guide for care and use of laboratory animals were followed for animal care.

## Bio-Photonic Imaging of Mouse Biofilm Model

After implantation of disks with PA biofilms, mice were anesthetized for imaging with IVIS Lumina Series III live animal biophotonic imaging system immediately and every 24h. A good correlation between the bacterial counts and luminescence of bacteria has been demonstrated in previous studies.<sup>21,22</sup> From 0 h post-implantation to the end of therapy or disappearance of flux intensities, signals were collected from a defined region of interest using the contour tool. Using the Living Image Software 4.3.7, total flux intensities (photons/s) were calculated. Ten days was the maximum observation period, because the sutures of mice would be dehiscent for persistent infection at about 10<sup>th</sup> day. The radiance of bacteria could not be observed when the total flux intensities were less than 10<sup>5</sup>. The implantations would be taken out to count the bacteria in biofilm after the last imaging. The biofilm bacteria counting method was the same as the *in vitro* test. Figure 1A depicts the timeline of the trial.



**Figure 1** Synergistic activity of antimicrobial combinations to PAO1 biofilm *in vivo*. **(A)** Timeline of *in vivo* biofilm infection experiments. **(B–D)** The changes of radiances every day and the curve of the number of mice with detectable luminescence. **(E)** Dorsal images of representative PAO1-infected mice. COL (colistin 20 mg/kg/12 h); LEV (levofloxacin 32 mg/kg/24 h); AMI (amikacin 135 mg/kg/24 h); AZI (azithromycin 64 mg/kg/24 h); COL+AZI (colistin 20 mg/kg/12 h plus azithromycin 64 mg/kg/24 h); AMI+AZI (amikacin 135 mg/kg/24 h plus azithromycin 64 mg/kg/24 h); LEV+AZI (levofloxacin 32 mg/kg/24 h plus azithromycin 64 mg/kg/24 h). Results represent mean±SEM.

## Statistical Analysis

Data were presented as Mean  $\pm$  Standard Error for the Sample Mean (SEM). A one-way analysis of variance (ANOVA) method was used to assess the differences in log<sub>10</sub> (CFU) and log<sub>10</sub> (p/s, photons/second) among groups. The Mante–Cox method was used to assess the differences in the number of mice showing luminescence. Statistical graphs and analyses were made using the GraphPad Prism 8.0.2.  $P < 0.05$  was considered statistically significant.

## Results

### The Activity of Antibiotics Against Planktonic and Biofilm PA in vitro

Planktonic PAO1 and CRPAO1 were susceptible to colistin, levofloxacin, and amikacin. The MICs of azithromycin to PAO1 and CRPAO1 were 16 and 32 mg/L, respectively.

Table 1 summarizes the MBECs of azithromycin, colistin, levofloxacin, and amikacin to PAO1 and CRPAO1 biofilms. The MBECs of each antibiotic to PAO1 and CRPAO1 were more than 8 times of their MICs. The MBECs of 3-day-grown and 7-day-grown biofilms were higher compared with the 1-day-grown biofilm. Azithromycin had an extremely high MBEC (>128 mg/L). Even in combination with azithromycin at a concentration of 128 mg/L, the MBECs of colistin, levofloxacin, or amikacin did not decrease.

### Synergistic Effects of Antimicrobial Combinations on PA Biofilm in vivo

Figure 1E and Figure 2D illustrate the dorsal images of biofilm-infected mice. For PAO1-infected mice, the luminescence of 50% and 60% mice in the colistin and levofloxacin treatment groups on the 6<sup>th</sup> day could not be detected, respectively, while such a proportion was only 30% in the amikacin treatment group. In addition, luminescence of 100% and 80% of mice in the LEV+AZI treatment group and COL+AZI treatment group could not be detected on the 6<sup>th</sup> day. The photons of azithromycin in combination with levofloxacin or colistin groups decreased faster than each antibiotic alone. However, amikacin in combination with azithromycin barely showed any synergistic effect in reducing luminescence in all mice during the whole observational period (Figure 1B–D).

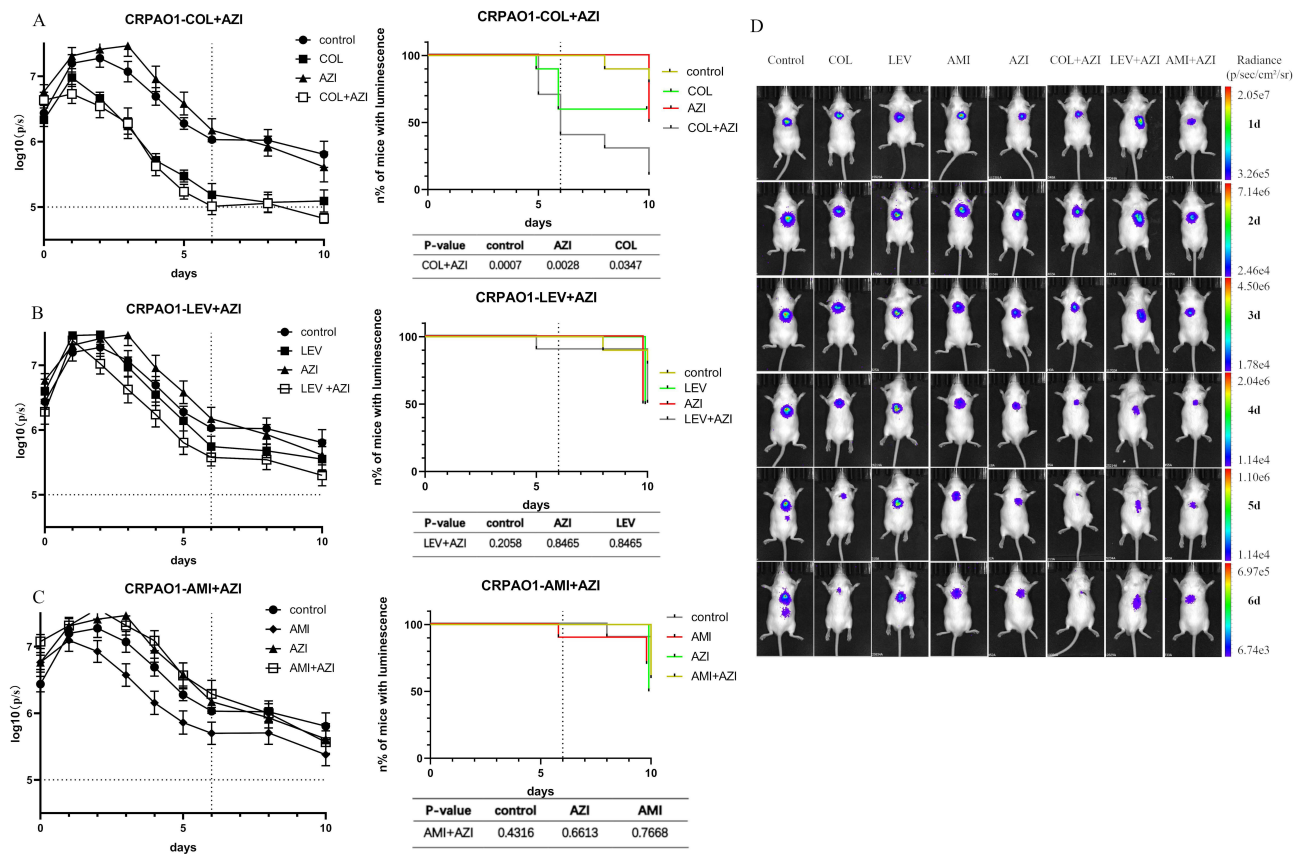
For CRPAO1, therapeutic effects were not so obvious in both monotherapy and combination regimen of amikacin and levofloxacin (luminescence could be detected in 90% or 100% of mice on the 6<sup>th</sup> day). Only the COL+AZI treatment group showed slightly better therapeutic effects than the colistin treatment group alone on the 6<sup>th</sup> day. The luminescence could not be detected of 60% of mice in COL+AZI treatment group vs 40% in colistin treatment group alone. Besides, the average photons/second of COL+AZI treatment group decreased to the lower limit of detection at 6<sup>th</sup> day. The LEV+AZI and AMI+AZI treatment groups showed no significant difference compared with the control and monotherapy treatment groups (Figure 2A–C).

The correlation between the radiance and the bacterial counts in the biofilm was good ( $n=71$ ,  $r^2=0.7960$ ,  $P<0.00001$ ). The CFU counts of biofilm on the 10<sup>th</sup> day were listed in Figure 3. When the total flux was less than  $10^5$ , no living

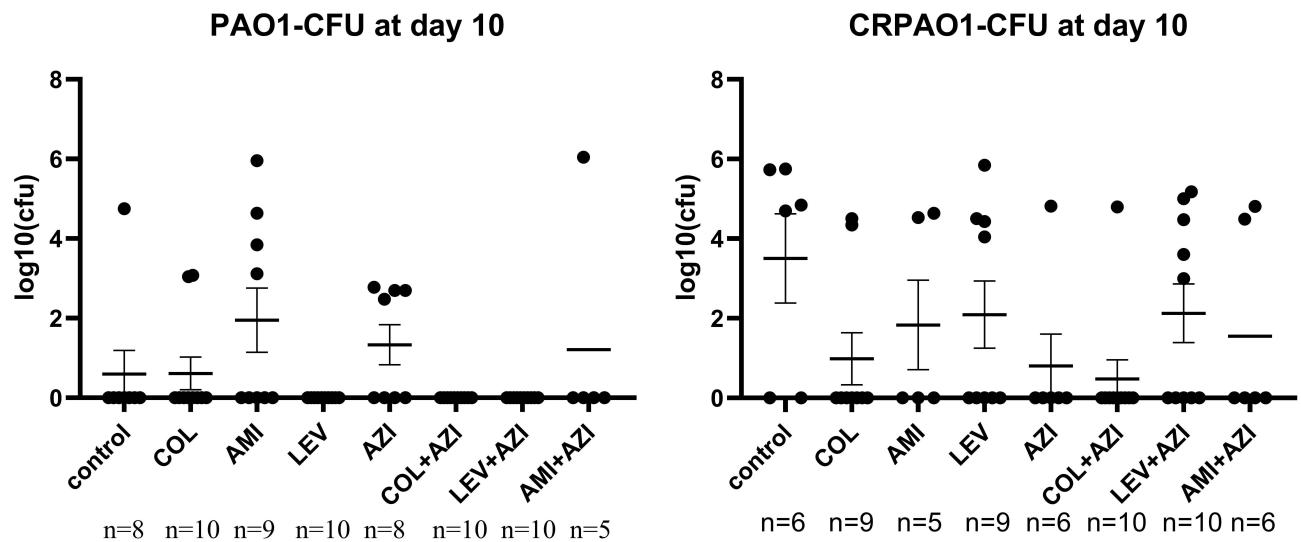
**Table 1** MBECs and MBEC-Combinations of Antibiotics Against PA Biofilm

Strains	Biofilm Growth Age	AZI (mg/L)	COL (mg/L)		LEV (mg/L)		AMI (mg/L)	
		MBEC	MBEC	MBEC-COL+AZI <sub>128</sub>	MBEC	MBEC-LEV+AZI <sub>128</sub>	MBEC	MBEC-AMI+AZI <sub>128</sub>
PAO1	1 day	>128	8	8 <sup>a</sup>	4	4 <sup>a</sup>	32	32 <sup>a</sup>
	3 day	>128	64		8		64	
	7 day	>128	64		8		64	
CRPAO1	1 day	>128	16	16 <sup>a</sup>	8	8 <sup>a</sup>	64	64 <sup>a</sup>
	3 day	>128	32		16		64	
	7 day	>128	32		16		64	

**Notes:** a: The MBEC-combinations are the MBEC of single antibiotics combined with 128 mg/L azithromycin. MIC for PAO1: colistin(COL)=1 mg/L, levofloxacin(LEV)=0.5 mg/L, amikacin(AMI)=2 mg/L, azithromycin(AZI)=16 mg/L. MIC for CRPAO1: COL=2 mg/L, LEV=1 mg/L, AMI=4 mg/L, AZI=32 mg/L. CLSI breakpoints for PA: COL=2 mg/L, LEV=2 mg/L, AMI=32 mg/L. CLSI breakpoints for Staphylococcus spp: AZI=4 mg/L.



**Figure 2** Synergistic activity of antimicrobial combination to CRPAO1 biofilm in vivo. (A-C) The changes of radiances every day and the curve of the number of mice with detectable luminescence. (D) Dorsal images of representative CRPAO1-infected mice challenged. LEV (levofloxacin 64 mg/kg/24 h); COL (colistin 20 mg/kg/12 h); AMI (amikacin 135 mg/kg/24 h); AZI (azithromycin 64 mg/kg/24 h); COL+AZI (colistin 20 mg/kg/12 h plus azithromycin 64 mg/kg/24 h); LEV+AZI (levofloxacin 64 mg/kg/24 h plus azithromycin 64 mg/kg/24 h); AMI+AZI (amikacin 135 mg/kg/24 h plus azithromycin 64 mg/kg/24 h). Results represent means ± SEM.



**Figure 3** CFU counts on the 10<sup>th</sup> day. Biofilms were harvested from the animal model, and bacteria were collected. Missing data exploration: wounds of several mice were dehiscent, and implants were partially exposed. Results represent as means ± SEM.

bacteria were found in the biofilm. Because the suture ruptured on the 10<sup>th</sup> day due to the persisting infections, the CFU counts in those mice were not included.

## Discussion

The pathogens' ability to form biofilms exacerbates the crisis of antibiotic resistance. Biofilm protected pathogen from immune system attacks, causing persistent infections of implanted medical devices and tissues. Treatment for biofilm infection with any individual drug always requires several times the MIC of a given antibiotic.<sup>23</sup> In the present study, the MBECs of single antibiotic to PAO1 immature biofilm were 8 to 64 times higher than those of MICs.

PA is naturally resistant to macrolides. Azithromycin had high MICs ( $\geq 16$  mg/L) and MBECs ( $>128$  mg/L) against PA strains in our study, which far exceeded the C<sub>max</sub> (0.5 mg/L) of azithromycin after oral administration of 500 mg clinically recommended dose.<sup>20</sup> Previous studies show that macrolides could modify the inflammatory response to infection and decrease the virulence of PA.<sup>24</sup> However, in our study, azithromycin monotherapy did not show therapeutic effects on biofilms *in vivo* either. The bacteria clearance time of azithromycin monotherapy did not significantly reduce compared with control. Without the bactericidal effect, azithromycin is not sufficient to eliminate biofilms that only rely on immune regulation and virulence inhibition. Therefore, we speculate that the immune regulation and virulence inhibition of azithromycin is the reason for its synergistic effect with other antibiotics.

Planktonic PA retains a high sensitivity rate to colistin in surveillance program.<sup>25</sup> In biofilms, colistin has a positive effect on subpopulations located at the substratum, which are unsusceptible to most of the antibiotics.<sup>26</sup> However, colistin monotherapy shows poor effect on biofilms for cap subpopulations surviving due to the migration of the colistin-resistant subgroup.<sup>26</sup> Bacterial quorum sensing could modulate the susceptibility of PA to polymyxin antibiotics.<sup>27</sup> Azithromycin could inhibit quorum sensing and has been proven to be useful as an adjuvant to polymyxins.<sup>28</sup> Our study showed that immature biofilm infection needed at least 8 mg/L colistin to kill the living bacteria *in vitro*, and mature biofilm infection needed at least 16 mg/L colistin. Such concentrations are difficult to achieve due to the adverse events caused by high concentrations *in vivo*.<sup>29</sup> In our *in vivo* study, the bacteria in PAO1 or CRPAO1 biofilms were only eradicated in 40–50% of mice with a 5-days of colistin monotherapy. After, in combination with azithromycin, the proportions of mice without biofilm 20–30% higher than colistin monotherapy.

Levofloxacin interferes with bacterial biofilms through electrostatic interference of the activation, adhesion, or release of enzymes to disturb the exopolysaccharide, and inhibits the formation of new exopolysaccharides.<sup>30</sup> Thus, the synthesis and mature form of biofilm could all be interfered.<sup>31</sup> In addition, as the main reason for recurrence, stationary-phase pathogens could be eradicated by fluoroquinolones.<sup>32</sup> However, mature biofilms indeed influence the penetration of levofloxacin. In the present study, 4 mg/L or 8 mg/L of levofloxacin alone was needed to kill the bacteria in 1-day grown (immature) and 3 and 7-day-grown (mature) PAO1 biofilms *in vitro*. Five days of levofloxacin monotherapy eradicated the bacteria in biofilm in 60% mice, while the combination containing azithromycin eradicated the bacteria in biofilms of 100% mice. However, for CRPAO1, 16 mg/L levofloxacin alone was needed to kill the bacteria in the mature biofilm. Based on the results *in vitro*, it was not surprising that levofloxacin alone or in combination with azithromycin showed no biofilm-eradicating effect when treating CRPAO1 biofilm *in vivo*. And because of the higher MIC of CRPAO1 to levofloxacin, the ability of AZI+LEV combination to kill CRPAO1 was weaker than PAO1 in biofilm. According to China Antimicrobial Surveillance, the meropenem-resistant strain is often resistant to levofloxacin.<sup>25</sup> So, the application of AZI+LEV in CR-PA may be of limited benefit.

Amikacin has a good PK/PD. PA remains highly susceptible to it.<sup>33</sup> However, the slow-growth phenotype bacteria in biofilm shows a weak response to it. The subinhibitory levels of aminoglycosides induce the formation of biofilms.<sup>34</sup> In the present study, 64 mg/L amikacin was needed to kill the PA in mature biofilms *in vitro*. *In vivo*, no therapeutic effect was detected after 5-days amikacin monotherapy and AMI+AZI therapy.

Previous study has confirmed that twenty-four-week regimen of azithromycin improves lung function and decreases pulmonary exacerbations in CF patients infected with PA.<sup>35</sup> Considering that the tissue penetrants of azithromycin in lung and tonsil are nearly 10 times of in soft tissue, the therapeutic effect of our azithromycin-based regimes may be enhanced with prolonged treatment time.<sup>20</sup> In our study, azithromycin-based combinations showed weak activity in

CRPAO1 biofilm infections. The development of new antibiotics with different modes of action may show a good antimicrobial activity monotherapy or in combination with conventional antibiotics.<sup>36</sup>

## Conclusion

Although azithromycin-based combinations containing levofloxacin or colistin had no synergistic effect in vitro, they exhibited good synergistic activity on PAO1 biofilms in vivo, which is expected to be a promising treatment approach against biofilm infections.

## Funding

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## Disclosure

The authors report no conflicts of interest in this work.

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