

Antibody and immune memory persistence post infant hepatitis B vaccination

Shuaibu A Hudu^{1,2}
Yasmin A Malik³
Mohd Taib Niazlin¹
Nabil S Harmal^{1,4}
Ariza Adnan⁵
Ahmed S Alshrari¹
Zamberi Sekawi¹

¹Department of Medical Microbiology and Parasitology, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, Selangor, Malaysia;

²Department of Pathology and Medical Microbiology, College of Health Sciences, Usmanu Danfodiyo University Sokoto, Sokoto State, Nigeria;

³Department of Clinical Science, Faculty of Medicine and Health Sciences, Universiti Tunku Abdul Rahman, Selangor, Malaysia;

⁴Department of Medical Microbiology, Faculty of Medicine and Health Sciences, Sana'a University, Sana'a, Yemen; ⁵Cluster of Laboratory Medical Sciences, Faculty of Medicine Universiti Teknologi MARA, Sungai Buloh, Selangor, Malaysia

Objectives: This study aimed to evaluate the level of hepatitis B immunity among undergraduate students 23 years after commencement of the nationwide hepatitis B childhood immunization program in Malaysia.

Methods: A total of 402 serum samples obtained from volunteer undergraduate students were screened for the presence of hepatitis B surface antibodies using qualitative ELISA.

Results: Results showed that 62.7% of volunteers had protective anti-hepatitis B surface antigens (≥ 10 IU/L), of whom 67.9% received three doses of the vaccine. The estimated post-vaccination immunity was found to be at least 20 years, indicating persistent immunity against hepatitis B and a significant association ($P < 0.05$) with duration of vaccination. Anamnestic response 1 month post-hepatitis B booster was 94.0% and highly significant ($P < 0.01$). Isolated anti-hepatitis B core antigen (anti-HBc) prevalence was found to be 5.0%, all having had a positive anamnestic response.

Conclusion: Immunity after primary vaccination with hepatitis B recombinant vaccine persists for at least 20 years post-vaccination, with significant association with the number of vaccinations. Furthermore, the presence of anamnestic response to booster vaccine indicates long-lasting immunity despite decreasing antibody levels; therefore, the need for hepatitis B vaccine boosters may not be of significant benefit after complete infant vaccination.

Keywords: hepatitis B vaccination, persistent immunity, anamnestic response, booster vaccination

Introduction

The hepatitis B surface antigen (HBsAg) contains a region that is common to all hepatitis B subtypes called the “a” determinant.¹ The “a” determinant region (121–149 codons) is a two-loop structure located inside the major hydrophilic region of the surface protein, and serves as the key target for the neutralizing antibodies produced following vaccination or natural infection with the hepatitis B virus (HBV).^{2,3} Antibodies against hepatitis B surface antigen (anti-HBs) provide protection against hepatitis B infection, and thus, vaccination with HBsAg provides adequate immunity against hepatitis B. However, the question still remains of how long the immunity lasts. To achieve hepatitis B protection, two types of vaccines have been used: (1) a plasmid-derived vaccine developed by purifying HBsAg from hepatitis B carrier serum which has been used for many years, but not without major limitations, such as the availability of raw materials, cost, and in some cases breakthrough infections; and (2) the recombinant hepatitis B vaccine which was put into use in the late 1980s and derived from yeast-based recombinant technology. The recombinant vaccine contains the S-domain

Correspondence: Zamberi Sekawi
Department of Medical Microbiology and Parasitology, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia
43400 UPM Serdang, Selangor Malaysia
Tel +603 9847 2365
Fax +603 8941 3802
Email zamberi@medic.upm.edu.my

of HBsAg with 226 sequences, which is a small non-glycosylated surface protein, excluding the pre-S domain. It has been found to be efficient and safe, with little or no harmful side effects.⁴ The immunity acquired after vaccination consists of two major components, humoral and cell-mediated immunity. The humoral immune response is mediated by antibodies as a result of vaccination or exposure to the viral antigen, and it includes both primary and secondary responses.⁵

Dendritic and other antigen presenting cells, as well as B and T lymphocytes, are necessary for the formation of antigen-specific antibodies.⁶ Hepatitis B vaccines induce a primary immune response aimed at producing more effective and faster secondary responses upon natural exposure to HBV. A serum antibody titer of no less than 10 IU/L is required to provide protection against hepatitis B infection.⁷ In Malaysia, 2.4 million people are estimated to be hepatitis B carriers and they continue to be a potential source of infection (Malaysian Liver Foundation. Hepatitis B: Fact sheet for doctors. [Cited 2005 Jun 29]. Available from: URL: <http://www.liver.org.my>), with a prevalence of 5.24% reported in healthy volunteers.⁸ Therefore, national policy on infant immunization was adopted in the late 1980s, which corresponded with the introduction of the recombinant vaccine.⁹ The hepatitis B vaccination was integrated into the childhood immunization schedule starting in 1989, consisting of three doses at birth, 1 month, and 5 months; successful childhood vaccination depended largely on long-lasting immunity into adulthood. However, studies evaluating the success and limitations of the infant hepatitis B vaccination program in terms of post-vaccination antibody response since the program's introduction are lacking. Hence, the objective of this study was to assess the persistence of immunity after hepatitis B infant vaccination with recombinant hepatitis B in Malaysia.

Materials and methods

Study population

A total of 402 volunteers were recruited in this study. All participants were undergraduate student volunteers born on or after 1989 (the year in which the hepatitis B vaccine was incorporated into the Malaysian childhood vaccination program), excluding students who were vaccinated in the intervening year and those born before 1989. Ethical approval was obtained from the Faculty of Medicine and Health Sciences Ethical Committee, Universiti Putra Malaysia. Written and informed consent was also obtained from all participants.

Sample collection

Venous blood (5 mL) was taken from all volunteers into a vacutainer tube containing clot activator (Becton, Dickinson

and Company, Franklin Lakes, NJ, USA) using aseptic techniques. Serum was separated from the blood by centrifuging at 4000 rpm for 10 minutes at room temperature (RT), and was kept at -80°C until further analysis. Structured, self-administered questionnaires recorded age, sex, race, and marital status. Vaccine history and factors associated with post-vaccination immunity, such as body mass index, family history of liver cancer, and cigarette smoking, were also recorded.

Enzyme-linked immunosorbent assay for anti-HBs, HbsAg, and anti-HBc

Serum samples and test kits were equilibrated to RT; the anti-HBs and HBsAg status of subjects was determined using a commercial enzyme-linked immunosorbent assay (ELISA) kit according to the manufacturer's instruction (DRG International, Inc., Springfield Township, NJ, USA). Washing was done using an immune washer (Model # 1575; Bio-Rad Laboratories, Inc., Hercules, CA, USA) and absorbance measured at 450 nm using ELISA reader version 6.4 (TECAN Magellan, Austria). The presence or absence of protective anti-HBs antibody was read using the optical density (OD), as recommended by manufacturers. The ELISA kit has a sensitivity of 10 IU/L and $\text{OD} \geq 0.105$. All volunteers with anti-HBs titers ≥ 10 IU/L were considered to be immune, while those with anti-HBs < 10 IU/L were considered not to have persistent immunity.

Antibodies against the hepatitis B core antigen (anti-HBc) were also tested by commercial ELISA kit (DRG International, Inc.) according to manufacturer's guide, and the test was repeated to exclude false positive results. The presence or absence of anti-HBc was determined by comparing the absorbance value of the specimen to a cut-off value calculated from negative controls provided in the ELISA kit.

Hepatitis B vaccine booster dose

A booster dose with recombinant hepatitis B vaccine of 20 μg (Euvax B; Sanofi S.A., Paris, France) was administered via intramuscular injection to individuals with undetectable anti-HBs (< 10 IU/L). Anti-HBs was checked 4 weeks after the booster, and individuals with anti-HBs titers ≥ 10 IU/L were defined as positive anamnestic response, while those lacking anamnestic response were defined as non-respondent and given complete vaccination.

Statistical analysis

The association between duration of vaccination and immunity were evaluated using Pearson's chi-squared test at

a $P < 0.05$. A McNemar test of related samples and protective immunity at various ages post-primary vaccination was evaluated using SPSS statistics software version 21.0 (IBM Corporation, Armonk, NY, USA).

Results

The study flow and scheme are illustrated in Figure 1. Among the 402 subjects, 296 (73.6%) were female and 106 (26.4%) male. Subject demographics were as follows: 267 (66.4%) Malay; 112 (27.9%) Chinese; 9 (2.2%) Indian; and 14 (3.5%) other races. The majority of the study population (59.7%, 240) received three doses of the hepatitis B vaccine according to the Malaysian vaccination schedule, while 69 (17.2%) received two doses and 93 (23.1%) one dose (Table 1). Hepatitis B antibody titers of the study population revealed that 252 (62.7%) individuals had protective anti-HBs (≥ 10 IU/L), wherein 67.9% (171/252) received

three doses, 18.6% (47/252) two doses, and 13.5% (34/252) one dose. Moreover, 37.3% (150/402) had an anti-HBs titer < 10 IU/L indicating lack of protection against HBV, and 56.7% (85/150) received only one dose of the vaccine. Immunity persisted for at least 2 decades, with the majority of the study group having protective anti-HBs titers compared to other groups, with the number of those protected declining as time since vaccination increased.

Pearson's chi-squared test showed a significant association ($P < 0.05$) between persistence of immunity, duration since vaccination, and number of doses, while no significant association was found with body mass index, race, family history of liver cancer, hepatitis B infection, blood transfusion, and cigarette smoking. Anti-HBc results showed that 5% (20/402) seroconverted to anti-HBc, of which the majority (55%) received 3 doses of the vaccine, 20% two doses, and 25% one dose. However, none of the subjects were HBsAg

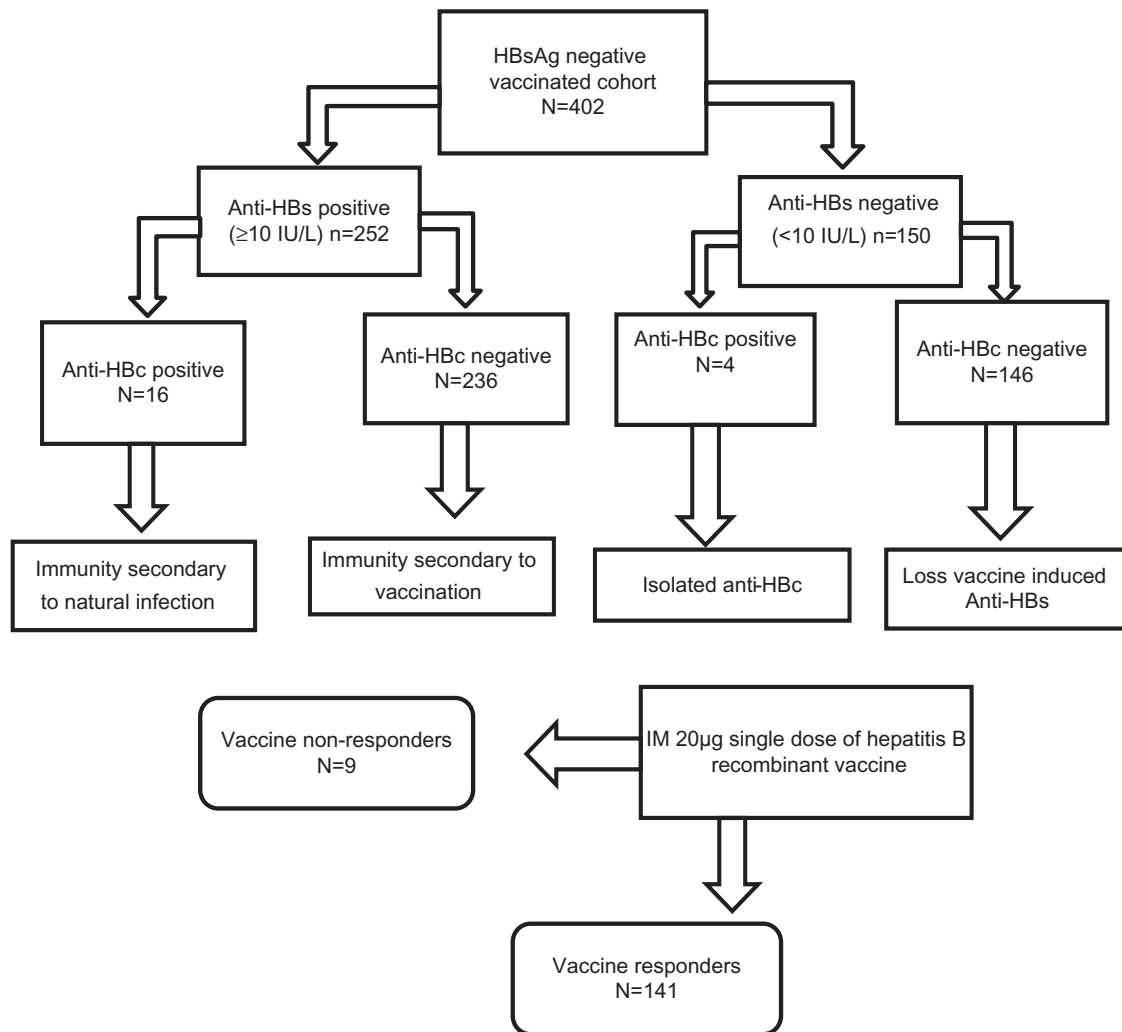


Figure 1 Schematic representation of study flow and outline.

Abbreviations: HBsAg, hepatitis B surface antigens; anti-HBs, antibodies against hepatitis B surface antigen; anti-HBc, anti-hepatitis B core antigen; IM, intramuscular.

Table 1 Hepatitis B antibody levels, number of vaccine doses, and core antigen in the vaccinated cohort with negative HBsAg

Hepatitis B antibody titer	Hepatitis B core antigen		Number of doses		
	Positive	Negative	1	2	3
Positive (≥ 10 IU/L)	16	236	34	47	171
Negative (< 10 IU/L)	4	146	59	22	69
Total	20	382	93	69	240

Abbreviation: HBsAg, hepatitis B surface antigens.

positive (Table 1). Anamnestic response was positive in 94% (141/150), with only 6% (9) non-responder and McNemar test of related samples showing highly significant ($P < 0.01$) post-vaccination response to recombinant hepatitis B vaccine (Sanofi S.A.).

Discussion

This study evaluates post-hepatitis B infant vaccination immunity 24 years following the introduction of the hepatitis B vaccination program in Malaysia. The level of anti-HBs required to provide effective protection against HBV after childhood vaccination with recombinant hepatitis B vaccine has been shown to be 10 IU/L in a previous controlled clinical trial.¹⁰ A study conducted in Thailand found that 83.9% of the vaccinated cohort had protective anti-HBs 20 years after infant vaccination,¹¹ which is consistent with our findings and concurs with a number of studies that confirmed the persistence of antibodies (21–22 years) following infant vaccination with recombinant hepatitis B vaccine.^{12,13} A recent study in the UK showed that 84.6% of children immunized with three doses of the vaccine at infancy have persistent immunity,¹⁴ while our study found that 67.9% (171/252) of subjects who received three doses had persisting protective anti-HBs, with significant association to the number of doses ($P < 0.05$). Our results also revealed declining anti-HBs titers within a year of vaccination, similar to findings in previous related studies^{15–17} and in concurrence with findings in Brazil, which reported a positive correlation between anti-HBs titers after primary vaccination with the duration of the vaccination.¹⁸ Persistence of antibody has long been considered a marker for vaccine protection; nevertheless, a better understanding of immunology has led to the understanding that long-term protection is also conferred by immune memory cells. Several studies have examined humoral and cellular response to vaccine challenge, this study included.

Our results demonstrated that anamnestic response was positive in 94% (141/150) of study subjects; only

6% (9) were non-responders, which is similar to the results in previous studies in Iran (95.75%),¹⁹ Alaska (79%),²⁰ Thailand (98.6%),¹¹ Taiwan (95.9%),²¹ and the UK (95.6%).¹⁴ Several other studies have reported anamnestic response ranging from 60% to 75%.^{22–24} In the present study, we recorded a 6% (9/150) non-responder rate, which is lower than the range reported in several other studies (8%–21%).^{25–27} Thus, the presence of immune memory post-infant vaccination has been confirmed in this study, as well as other similar studies with anamnestic response, indicating persistence of memory beyond the duration of circulating antibodies.²⁸ Malaysia was categorized as an intermediate endemic area, but due to the introduction of vaccination with effective coverage, they are now considered as a low endemic area;⁹ therefore, it has low a chance of natural boosters. However, the chances of natural boosters in this study population cannot be ruled out.

The rate of anti-HBc-positive subjects among the vaccinated cohort was found to be 5% (20/402), which is lower than a previous Italian report (18.3%);²⁹ this finding may be due to differences in vaccine strategies. Moreover, in a similar study in the People's Republic of China, the rate of anti-HBc positivity was found to be lower in vaccinated compared to non-vaccinated subjects,³⁰ but none of the sample was found to be HBsAg positive, which was similar to findings in Gambians.³¹ Current results demonstrated that 80% (16/20) of anti-HBc positive subjects were also positive for anti-HBs, indicating immunity through natural infection; similar to a study in Taiwan,³² 20% (4/20) were anti-HBc positive but anti-HBs negative (referred to as isolated anti-HBc, see Figure 1). Isolated anti-HBc may be a result of the following: (1) resolved natural infection with waning anti-HBs, referred to as 'type I isolated anti-HBc'; (2) false-positive anti-HBc, referred to as 'type II isolated anti-HBc'; (3) occult hepatitis B infection with undetectable anti-HBs, referred to as 'type III isolated anti-HBc'; or (4) resolved HBV antigenemia with undeveloped anti-HBs (window period), referred to as 'type IV isolated anti-HBc'. Anti-HBc may be due to cross-reacting non-specific antibodies.^{33,34}

There were several limitations in this study. First, the lack of association with blood transfusion or smoking or body mass index might be due to low power of the study to detect such association. Secondly, data collected on the number of doses of vaccine received at infant was based on the parent information. Third, only qualitative ELISA test was used in this study; therefore, we were unable to measure anti-HBs seropositivity, measuring only seroprotection rates. Lastly,

subjects with anti-HBs negatives and anti-HBc positives were not assessed for HBsAg after the booster dose.

Conclusion

Persistence of immunity after primary vaccination with hepatitis B recombinant vaccine persists for at least 20 years post-vaccination, with higher protection in those who received three doses of the vaccine compared to one or two doses. Anamnestic response was positive in 94%, while an isolated anti-HBc rate of 5% was found with no breakthrough infection. In view of the evidence presented in this study, the presence of anamnestic response to booster vaccine indicates long lasting immunity despite decreasing antibody levels; therefore the use hepatitis B vaccine boosters may not be of significant benefit after complete infant vaccination. Our data are essential for the evaluation of vaccination programs and strategies, forming a baseline for further studies. Hence, there is need for a large scale study involving children, adolescent, and adult populations in Malaysia.

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Disclosure

The authors report no conflicts of interest in this work.

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