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ORIGINAL RESEARCH

Acyl-CoA dehydrogenase long chain expression is associated with esophageal squamous cell carcinoma progression and poor prognosis

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Background: Acyl-CoA dehydrogenase long chain (ACADL) was revealed to have a correlation with malignant progression of cancer. However, whether ACADL plays a role in clinical therapy remains unclear. The clinicopathological role of ACADL in esophageal squamous cell carcinoma (ESCC) will be discussed in this study.

Materials and methods: The expression of ACADL was analyzed via real-time PCR and Western blotting to assess mRNA and protein levels in ESCC cell lines and normal esophageal epithelial cells (NEECs), in six paired ESCC tumors and relative normal tissues. Furthermore, immunohistochemical staining was performed on 135 paraffin-embedded ESCC specimens to assess ACADL expression. The clinicopathological significance of ACADL expression was further investigated via survival analysis and Cox regression analysis.

Results: ACADL was found to be markedly upregulated in ESCC cell lines when compared with NEECs. Moreover, various experiments such as quantitative real-time PCR, Western blot, and immunohistochemical analyses all revealed that ACADL expression was increased in all six paired ESCC tumors and matched normal tissues. Furthermore, immunohistochemical analysis revealed an increased level of ACADL protein expression in all 135 paraffin-embedded samples from ESCC patients, which increased with disease progression.

Conclusion: We demonstrated that ACADL is overexpressed in ESCC, both in cell lines and clinical specimens. ACADL is found to be a vital regulator in ESCC progression and can predict a worse outcome for ESCC patients, suggesting that ACADL might be a valuable molecule to be targeted for clinical therapy of ESCC treatment.

Keywords: ESCC, ACADL, prognosis, IHC, target

Background

Esophageal cancer is a common malignancy worldwide with high mortality^{1,2} and can be divided into two major types, which are squamous cell carcinoma and adenocarcinoma. In most parts of the world, esophageal squamous cell carcinoma (ESCC) is the predominant type.^{3,4} Specifically, in People's Republic of China, the morbidity and mortality of esophageal cancer are both ranked the fourth.⁵ Although there have been developments in ESCC therapy in recent years, ESCC prognosis remains poor due to a lack of obvious early symptoms and detection markers.^{6,7} Lymph node metastasis is the most common death-related event in esophageal cancer. Recurrence and metastasis are the major causes of esophageal cancer-related death. Therefore, identifying diagnostic markers in a subpopulation of ESCC patients is necessary in predicting disease progression, prognosis, recurrence, and metastasis, and furthermore in contributing to the development of new treatments. Acyl-CoA dehydrogenase long chain

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Commercial use of this work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php and incorporate the Craitive Commons Attribution — Non Commercial (unported, v3.0) License (http://creativecommons.org/licenses/by-nd/3.0). By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (https://www.dovepress.com/terms.php). (ACADL) is one member of the acyl-CoA dehydrogenase family; mitochondrial β-oxidation of straight chain fatty acids initiation could be affected by the members in this family.⁸ ACADL is responsible for lipid and energy metabolism⁹⁻¹⁵ and plays a crucial role in normal metabolism. Defects in this gene correlate with multiple human diseases, including cardiovascular disease, central obesity, nonketotic hypoglycemia, diabetes, and World Health Organization-defined metabolic syndrome.15-21 ACADL expression is characterized within specific organs and tissues, which could be used to explore the molecular constituents of human biology and disease.²² It has been reported that ACADL is markedly expressed in several human cancers such as breast cancer, prostatic carcinoma, and melanoma,^{23,24} and is involved in malignant progression of prostate cancer.²⁴ These previous studies indicate that ACADL might be a key molecule in cancer promotion. However, whether ACADL plays a role in ESCC is still not clear.

In this study, we detected the expression of ACADL in ESCC cell lines, six paired ESCC sections, and matched adjacent normal ones, and 135 paraffin-embedded ESCC samples. We revealed that ACADL was significantly upregulated at both the mRNA and protein levels via quantitative real-time PCR, Western blotting and immunohistochemistry (IHC) analysis. Related clinical patients' information and detailed statistical analyses furthermore provided evidence that higher ACADL expression level is correlated with ESCC progression, involving advanced clinical stage and a worse outcome. Altogether, we concluded that ACADL could serve as a molecular marker for predicting high-grade tumors and clinical outcomes in ESCC patients.

Materials and methods Cell culture

As previously described, normal esophageal epithelial cells (NEECs) were constructed from fresh samples of adjacent relative normal esophageal tissue, 5 cm far away from the cancerous section.²⁵ Professors SW Tsao and G Srivastava (University of Hong Kong) kindly provided us with some ESCC cell lines such as Eca109 and EC18. The remaining cell lines used in this study, including KYSE-520, KYSE-410, KYSE-30, KYSE-140, and KYSE-510, were all purchased from Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ, Braunschweig, Germany), German Resource Center for Biological Material.²⁶ Complete Dulbecco's Modified Eagle's Medium (Invitrogen, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (HyClone, Logan, UT, USA) was used to culture the

cells. The use of all cell lines was approved by the Yantai Yuhuangding Hospital Institution Review Board.

Patient information and tissue specimens

One hundred and thirty-five paraffin-embedded ESCC tumor specimens were collected for this study, from patients who had been histopathologically diagnosed with ESCC at the Affiliated Yantai Yuhuangding Hospital of Qingdao University from 2005 to 2010. Table 1 shows the detailed clinical information of the patient samples. Prior patient consent and approval have been obtained from the Ethics Committee of the Yantai Yuhuangding Hospital for the use of these clinical specimens for the purpose of research.

RNA extraction, RT-qPCR

Trizol reagent (Invitrogen) was used to harvest the RNA of ESCC cell lines. Then, the extracted RNA was pretreated

Table	I.	Clinicopathological	characteristics	of	patient	samples
and exp	ore	ession of ACADL in	ESCC			

Characteristics	Number of cases (%)
Gender	
Female	55 (40.7)
Male	80 (59.3)
Age (years)	
>60	69 (51.1)
≤60	66 (48.9)
Clinical stage	
I	14 (10.4)
Ш	80 (59.3)
Ш	30 (22.2)
IV	11 (8.1)
T classification	
Т,	16 (11.9)
T,	52 (38.5)
T,	52 (38.5)
T	15 (11.1)
N classification	
No	91 (67.4)
Ň,	44 (32.6)
M classification	
No	124 (91.9)
Yes	11 (8.1)
Vital status (at follow-up)	
Alive	72 (53.3)
Dead	63 (46.7)
Histological differentiation	
Well	36 (26.7)
Moderate	74 (54.8)
Poor	25 (18.5)
Expression of ACADL	
Low expression	81 (60.0)
High expression	54 (40.0)

Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophagus squamous cell carcinoma.

with RNase-free DNase, and 2 μ g RNA was used for cDNA synthesis, with random hexamers acting as the primers. The RT-qPCR primers for *ACADL* and *GAPDH* were designed online, and the sequences used were as follows: forward primer for *ACADL* 5'-GGAAGCAAGGTGTTCATC AG-3'; reverse primer for *ACADL* 5'-TCTCCAAGTA GGGCACTAGC-3'; forward primer for *GAPDH* 5'-ACAT CCCCTCACCAATAACAAC-3'; and reverse primer for *GAPDH*: 5'-TAGCCAAATCATACTGCTCGTC-3'. Fast-Start Universal SYBR Green Master (ROX; Roche, Toronto, ON, Canada) was used in this experiment. Expression data were then normalized to housekeeper gene *GAPDH* and calculated as $2^{-[(Ct of gene) - (Ct of GAPDH)]}$. All experiments were repeated at least three times.

Western blotting

Cell proteins were harvested in sample buffer containing protease inhibitor when the cell confluence reached about 70%–80%. Bicinchoninic acid (BCA) assay (Pierce, Rockford, IL, USA) was used to examine the concentration of the harvested protein. Equal amounts (20 μ g) of protein were used in Western blotting analysis. ACADL was detected with an anti-ACADL rabbit antibody (1:1,000; Millipore, Burlington, MA, USA). The α -tubulin expression was used as an equal loading control. The secondary antibodies were goat anti-rabbit/mouse IgG-HRP (1:50,000 dilution; Pierce).

IHC

135 paraffin-embedded ESCC specimens were used to assess the expression of ACADL via IHC. The process has been previously described.²⁷ Goat monoclonal antibody (1:150) was used to target anti-ACADL antibody. The samples that were not incubated with any antibodies were regarded as control. The staining proportion and intensity were reviewed by two expert pathologists who were unaware of the related clinical information. The positive staining tumor cell proportions could be divided into four grades as follows: 1 (< 20%), 2 (20%-40%), 3 (40%-70%), and 4 (>70%). The staining intensity was graded as follows: 0 (negative); 1 (weak), 2 (moderate), and 3 (strong). The staining index (SI) was calculated as follows: $SI = staining intensity \times proportion$ of positively stained cells. Via this assessment, 0, 1, 2, 3, 4, 6, 8, 9, or 12 would be the final SI. Samples with SI ≥ 6 were defined as high expression, while SI <6 was recognized as low expression. Finally, the Olympus BX51 image analysis system (Olympus Corporation, Tokyo, Japan) and the CellSens Dimension 1.5 Imaging software (Olympus Corporation) were both used to quantitate the protein level.

Briefly, stained sections were analyzed at 200× magnification, and the mean optical density (MOD) was analyzed through ten representative staining fields for each section, which represents the strength of staining signals as measured per positive pixels. The independent samples *t*-test was used to analyze the statistic differences among different tissues, and P < 0.05 was considered statistically significant.

Statistical analysis

IBM SPSS 16.0 statistical software (SPSS Inc., Chicago, IL, USA) was used for statistical analysis. Correlation analysis were taken to evaluate the relationship between ACADL level and various clinical parameters including gender, age, TNM grading, vital status, tumor stage, and histological differentiation. Kaplan–Meier analysis and log-rank test were used to plot the survival curves. Univariate and multivariate Cox regression analyses were furthermore performed. A *P*-value <0.05 was considered statistically significant, and <0.01 was considered highly statistically significant.

Results ACADL is remarkably upregulated in ESCC

We detected ACADL expression via qPCR and Western blotting analysis in NEECs and ESCC cell lines, which include KYSE-510, KYSE-410, KYSE-520, EC18, KYSE-30, KYSE-109 and KYSE-140. Both mRNA and protein levels of ACADL were markedly upregulated in ESCC cell lines when compared to NEECs (Figure 1A and B). We furthermore validated ACADL expression in six paired normal primary samples. When comparing to the relatively normal tissues, ACADL protein expression was significantly upregulated in the matched ESCC ones (Figure 2A). As expected, the mRNA expression of ACADL was consistent with the protein expression (Figure 2B). Furthermore, IHC analysis also supported that ACADL expression was increased in ESCC tissues compared with the normal control (Figure 2C). Collectively, these results suggested a significant overexpression of ACADL in ESCC both in mRNA and protein levels.

ACADL is overexpressed in clinical ESCC specimens

To investigate whether ACADL is essential to the progression of ESCC, the clinical significance of ACADL was further validated in 135 paraffin-embedded, archived clinical ESCC samples, of which 14 cases belonged to stage I, 80 cases belonged to stage II, 30 cases belonged to stage III, and 11 cases belonged to stage IV. Among all



Figure I Expression pattern of ACADL in NEEC and ESCC cell lines.

Notes: Expression of ACADL in ESCC cell lines (KYSE-510, KYSE-410, KYSE-520, EC18, KYSE-30, KYSE-109 and KYSE-140) and NEEC were examined via Western blotting (\mathbf{A}) and qPCR (\mathbf{B}). α -Tubulin and GAPDH act as housekeeper gene in the experiments, respectively. Columns indicate mean from three parallel experiments; bars represent SD.

Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma; NEEC, normal esophageal epithelial cell; qPCR, quantitative PCR.



Figure 2 ACADL is upregulated in ESCC specimens.

Notes: Western blotting (A) and RT-PCR (B) analysis were used to detect the protein and mRNA expression pattern in six paired ESCC tissues (T) and matched adjacent relative normal ones (N) respectively. IHC analysis was furthermore undertaken to validate ACADL expression in clinical samples (C). Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma; IHC, immunohistochemistry; RT-PCR, real-time PCR. samples, 54 samples showed a high ACADL protein expression (40.0%) and 81 samples showed weak or no staining (60.0%, Table 1). As can be seen Figure 3A, IHC staining showed that ACADL expression is correlated with clinical ESCC stage. The MOD values of ACADL staining were higher in primary ESCC when compared to control ones. Tumor grades and T classification could both be influence factors to MOD (P<0.001, Figure 3B and C) in ESCC. Interestingly, there was a significant difference (positively relation) of MOD values of ACADL staining in lymphatic metastasis group (P<0.01, Figure 3D) and distant metastasis group when compared to vector ones (P<0.01, Figure 3E).

ACADL expression is associated with clinicopathology of ESCC

To reveal the specific role of ACADL in ESCC, clinical patients' information was taken into consideration to validate the vital role of ACADL in the progression of ESCC. As shown in Table 2, statistic analysis revealed that high expression of ACADL was positively correlated with tumor stage (P<0.001; Table 2), T/N classification (P<0.001), M classification (P=0.021), as well as pathological differentiation (P=0.003). To ensure these results, correlation analysis was used to explore ACADL expression levels with different clinical parameters including tumor stages (0.453; P<0.001), T classification (0.421; P<0.001), N classification (0.400; P<0.001), M classification (0.199; P=0.021), and pathological differentiation (0.277; P=0.001), as is shown in Table 3. These results showed that ACADL expression positively correlated with clinical stage, TNM classification, and poor pathological differentiation in ESCC.

Upregulation of ACADL might predict a poor ESCC prognosis

We revealed that increased ACADL expression could predict a shorter survival time in patients with ESCC (-0.602, P < 0.001, Table 3), and that there is a close connection between them. Furthermore, Kaplan–Meier analysis and log-rank tests were undertaken to indicate the relationship between ACADL level and several clinicopathologic



Figure 3 IHC and statistical analysis of ACADL upregulation pattern in archived paraffin-embedded ESCC tissue sections.

Notes: Representative images of ACADL expression in normal esophagus tissues and ESCC sections of various clinical stages from IHC analyses (**A**). The average MOD of ACADL staining was analyzed between relative normal esophagus tissues and ESCC sections of various clinical stages (**B**). The average MOD of ACADL staining was analyzed between relative normal ones and ESCC samples from various T grades (**C**). The average MOD of ACADL staining was analyzed between nonlymphatic metastasis group and lymphatic metastasis group (**D**). The average MOD of ACADL staining was analyzed between nondistant metastasis group and distant metastasis group (**E**). *P<0.05. **Abbreviations:** ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma; IHC, immunohistochemistry; MOD, mean optical density.

Characteristics	Total	ACADL		χ^2 test <i>P</i> -value	Fisher's exact test P-value	
		Low expression 60.0%	High expression 40.0%			
Gender				0.283	0.186	
Female	55	36 (65.5)	19 (34.5)			
Male	80	45 (56.3)	35 (43.7)			
Age (years)				0.058	0.079	
>60	69	36 (52.2)	33 (47.8)			
≤60	66	45 (68.2)	21 (31.8)			
Clinical stage				<0.001	<0.001	
I	14	14 (100.0)	0 (0.0)			
Ш	80	55 (68.8)	25 (31.2)			
111	30	9 (30.0)	21 (70.0)			
IV	11	3 (27.3)	8 (72.7)			
T classification				<0.001	<0.001	
T,	16	15 (93.8)	I (6.2)			
T,	52	38 (73.1)	14 (26.9)			
Τ,	52	25 (48.1)	27 (51.9)			
T₄	15	3 (20.0)	12 (80.0)			
N classification				<0.001	<0.001	
N ₀	91	67 (73.6)	24 (26.4)			
N,	44	14 (31.8)	30 (68.2)			
M classification				0.021	0.027	
Yes	11	3 (27.3)	8 (72.7)			
No	124	78 (62.9)	46 (37.1)			
Histological differentiation				0.003	0.003	
Well	36	27 (75.0)	9 (25.0)			
Moderate	74	46 (62.2)	28 (37.8)			
Poor	25	8 (32.0)	17 (68.0)			
Status				<0.001	<0.001	
Alive	72	62 (86.1)	10 (13.9)			
Dead	63	19 (30.2)	44 (69.8)			

Table 2 Clinicopathological characteristics of patient samples and expression of ACADL in ESCC and correlation between ACAD	۱L
expression and clinicopathological characteristics of ESCC patients	

Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma.

parameters including clinical stage, T/N/M classification, as well as pathological differentiation and status to predict patients' outcome. The result showed higher ACADL expression could predict a lower cumulative 5-year survival rate,

Variables	ACADL expression level	<i>P</i> -value	
	Spearman correlation		
Clinical staging	0.453	<0.001	
T classification	0.421	<0.001	
N classification	0.400	<0.001	
M classification	0.199	0.021	
Status	0.570	<0.001	
Histological differentiation	0.277	0.001	
Survival time	-0.602	<0.001	

Abbreviation: ACADL, acyl-CoA dehydrogenase long chain.

and lower ACADL expression could predict a longer one. In the low ACADL expression group, >60% of patients had better 5-year survival time, but the percent who had a better a 5-year survival time in the high ACADL expression group was <20% (Figure 4A).

We stratified patients based on their T/N/M classification and clinical stages and analyzed the value and possibility of being a molecular target for patients who are diagnosed with ESCC, we examined whether it could function as a marker both in stage I–II subgroup and stage III–IV subgroup. And we validated its vital role in the progression of ESCC. Low ACADL patients presented a longer survival time while high ACADL patients presented a shorter survival time. This was observed in both clinical stage I–II subgroup (P<0.001, Figure 4B) and III–IV subgroup (P<0.001, Figure 4C). Consistently, the survival time in pT_{1–2}/pT_{3–4}/pN–/pN+pM–/ pM+ subgroups was much shorter in ESCC patients with higher ACADL expression (Figure S1) and much longer in



Figure 4 Survival curves and univariate analyses were assessed to evaluate the potentiality of ACADL as an independent prognostic marker for ESCC patients. Notes: ACADL-low group and ACADL-high group were compared to predict the overall survival of patients who were diagnosed with ESCC. In the low-ACADL group, the rate of cumulative 5-year survival was 60.1% (95% CI, 44.2%, 76.0%), whereas it was only 14.4% (95% CI, 4.0%, 24.8%) in the high-ACADL group (**A**). The statistical significance of survival time for patients was compared both in clinical stage I–II subgroup (**B**) and III–IV subgroup based on the expression of ACADL (**C**). Log-rank tests were taken to calculate the *P*-values.

Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma.

ESCC patients with lower ACADL expression. Collectively, these results indicate that ACADL will be a valuable marker in ESCC patients.

The value of ACADL expression as a prognostic factor for ESCC patient was evaluated by univariate and multivariate Cox regression analysis. The results identified that ACADL expression was also an independent marker to predict patients' outcome together with clinical stage, and they are both recognized (Table 4). It is a useful biomarker for predicting progression of ESCC and patients' prognosis.

Discussion

ACADL is one of the acyl-CoA dehydrogenases involved in lipid and energy metabolism, which exhibits tissue-specific and spatial expression patterns, acts as a major regulator in the process of metabolism, and could affect various aspects of the process.²² Defects in this gene would cause long-chain acyl-CoA dehydrogenase deficiency, resulting in dysregulation of the gene in development and disease, and bringing about a false metabolic pattern in human body.²⁸ Upregulation of ACADL correlates with lipolysis and glucose metabolism, resulting in a range of disorders such as fatty liver disease, central obesity, metabolic syndrome, which are defined by the World Health Organization, and type 2 diabetes.^{15,20} However, owing to its metabolic capabilities, the role of ACADL, an important mitochondrial flavoenzyme, in tumor progression, development, and therapeutic responses have been under investigation only recently, and many aspect of its function are still unclear and need further exploration.²⁹ Studies have shown ACADL protein expression is downregulated

Variables	Univariate analysis			Multivariate analysis		
	Number of patients	P-value	Regression coefficient (SE)	P-value	Relative risk	95% CI
ACADL		<0.001	1.903 (0.297)	<0.001	6.707	3.746-12.008
Low expression	69					
High expression	66					
Clinical stage		<0.001	0.782 (0.177)	<0.001	2.185	1.543-3.093
I	38					
II	113					
III	46					
IV	15					

Table 4 Univariate and multivariate analyses of various prognostic parameters in patients with ESCC Cox regression analysis

Notes: ACADL protein expression level in ESCC significantly correlated with patient survival time (P < 0.001); the correlation coefficient was -0.602 indicating that higher levels of ACADL expression correlated with shorter survival time. Five-year survival low expression 60.1% (44.2%–76.0%). High expression 14.4% (4.0%–24.8%). **Abbreviations:** ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma.

in solid pseudopapillary tumor of the pancreas, which is a rare disease with favorable prognosis.³⁰ Increased ACADL mRNA expression, along with TNFAIP8 and HIF-1 α , is reported to regulate cell survival and cancer progression.²³ Xie et al,²⁴ found that ACADL contributes to the progression of prostate carcinoma, enhancing the malignant phenotypes of prostate cancer cells; however, Li et al³¹ showed that it is negatively correlated with methylation of breast cancer. These studies highlight the potentiality of ACADL as a biomarker in clinic.

In this study, we first discovered that the mRNA and protein expression levels of ACADL were both upregulated in ESCC cell lines and tumor samples when compared to the respective control. Meanwhile, our IHC analysis indicated that high ACADL protein expression in histological sections had a close relationship with clinical stage, TNM grading, pathological differentiation, and survival time in ESCC. Statistical analysis further confirmed that ACADL upregulation could give rise to a worse outcome for ESCC patients. These results reveal that upregulation of ACADL might enhance and promote the progression of ESCC.

Previous studies have demonstrated elevated ACADL expression in various tumors; our results are consistent with those studies, highlighting its important role in tumorigenesis. Particularly, we evaluated the potentiality of ACADL to function as an effective molecular therapeutic target for patients who are diagnosed with ESCC However, further investigations are needed to determine whether it is the upregulation of ACADL that leads to the malignant phenotype and properties in ESCC or reversely if it is the initiation and progression of the tumor that contributes to ACADL overexpression. The specific molecular mechanism by which ACADL gives rise to malignancy of ESCC also needs to be deciphered.

Conclusion

In this study, we demonstrate that elevated ACADL expression has a close relationship with histological grades and could be an effective factor that affects ESCC patients' outcome, which gives light on the possibility that ACADL is a vital gene in the process of tumorigenesis. However, the specific role of ACADL in ESCC needs further investigation.

Disclosure

The authors report no conflicts of interest in this work.

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Supplementary material



Figure SI Survival curves for ESCC patients in cases with ACADL expression and other clinical parameters into consideration. Notes: The statistical significance of ACADL-high patients and ACADL-low patients was analyzed within subgroups of T grading of I-2 and T grading of 3-4 (A, B); within subgroups of lymph node metastasis negative or positive (C, D); within subgroups of metastasis negative or positive (E, F). Log-rank tests were taken to calculate the *P*-values.

Abbreviations: ACADL, acyl-CoA dehydrogenase long chain; ESCC, esophageal squamous cell carcinoma; MOD, mean optical density; qPCR, quantitative PCR.

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