REVIEW

Immunotherapy For Ovarian Cancer: Recent Advances And Combination Therapeutic Approaches

This article was published in the following Dove Press journal: OncoTargets and Therapy

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Abstract: Epithelial ovarian cancer (EOC) is the most lethal gynaecological cancer. Although many advances have been made in therapeutic strategies, the global standard of care still remains radical surgery plus chemotherapy, but new scenarios need to be explored to improve survival. The role of immunotherapy in EOC treatment is controversial. Results obtained from studies evaluating immunotherapy are contradictory: in particular data on survival are not as good as expected when immunotherapy was administered alone, and other data are still immature. Thus, significant efforts must be devoted to finding new strategies for the use of immunotherapy. The aim of this paper is to review the most recent findings of the use of immunotherapy in ovarian cancer, with a particular focus on combination approaches. Keywords: immunotherapy, ovarian cancer, adoptive cell therapy, combination strategies, therapeutic vaccination, immune-checkpoint inhibitors

Introduction

Epithelial ovarian cancer (EOC) is the most lethal gynecological cancer in developed countries with 22,530 estimated new cases and 13,980 deaths in 2019 in the $USA¹$ $USA¹$ $USA¹$ Although many advances have been made in therapeutic strategies, the global standard of care for the past 20 years has been radical surgery and plati-num/taxane-based chemotherapy eventually associated with bevacizumab.^{[2](#page-15-1)[,3](#page-15-2)} Currently, the initial response rate (RR) is 60–80%; nonetheless, 70% of advancedstage patients will relapse within 5 years, and many of them develop drug-resistant disease.^{[4](#page-15-3)} For platinum-resistant (Platinum Free Interval (PFI) >1 and $<$ 6 months) or refractory (disease progression during the last line of platinum therapy or within 4 weeks from the last platinum dose) patients the life expectancy does not exceed 1 year; indeed, most patients sensitive to first-line therapy also experience a relapse within 2 years from diagnosis, so it is essential to find new attack strategies to improve survival. The advent of poly (ADP-ribose) polymerase (PARP) inhibitors (PARPis) has certainly significantly improved the outcomes of EOC patients, both for Breast Related Cancer Antigens (BRCA)-mutant and for BRCA-wild type tumors, but new therapy scenarios need to be explored.^{[5](#page-15-4)}

Immunotherapy, which recognizes different approaches, had a strong growth in recent years and experienced encouraging results in melanoma, non-small cell lung cancer, kidney and urothelial cancers.^{6,[7](#page-15-6)} EOC has long been considered a poorly immunogenic neoplasm, but evidence of mechanisms of immune evasion,

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spontaneous tumor regressions $8,9$ $8,9$ and responses to immune-checkpoint inhibitors (ICIs) have proven otherwise.^{[10](#page-15-9)} Many studies have been conducted, and some evidences show that EOC could benefit from immunotherapy.

Immunotherapy in Ovarian Cancer: **Background**

Immunotherapy knows three different strategies [\(Table 1\)](#page-1-0): active immunotherapy, passive immunotherapy and immunomodulation. The first has the aim of stimulating an antitumor response from the patient's own immune system itself inducing also an immunological memory. Passive immunotherapy uses the administration of immune components that directly act and promote an anti-tumor response. Finally, "immunomodulation" includes all those approaches, hardly classifiable, that enhance general immune responsiveness.¹¹

The potential role of the immune response has been investigated in EOC and in some studies a correlation was found between the presence of tumor-infiltrating lymphocytes (TILs), the expression of PD-1 and the overall survival $(OS).^{12,13}$ $(OS).^{12,13}$ $(OS).^{12,13}$

According to the status of TILs, tumors can be classified into two categories. "Inflamed tumors" are characterized by the presence of a high density of $CDS⁺ T$ cells, so could benefit from therapies acting on T cell checkpoint implicated in immune-tolerance. In the "non-inflamed tumors" T cells are absent in tumor beds and tumor edges. So, this type of tumors is generally affected by a failure in T cell priming and needs strategies that could deliver autologous/allogenic effector cells into the cancer. $14,15$ $14,15$

Other types of tumors, defined as "immune-excluded", are characterized by the modification of tumor microenvironment (TME) and the presence of inhibitory cells that prevent $CD8⁺$ T cells from entering the tumor islets, even if they are present in the stroma. Such patients could benefit from strategies aiming to increase the infiltrations of tumors by immune effector cells such as T cell tracking modulators, epigenetic modulators, TME remodeling molecules, radiation therapy.^{[16](#page-15-15)}

BRCA 1/2 mutated high grade serous ovarian cancer (HGSOC) shows a higher mutational load and increased expression of TILs, programmed cell death (PD-1) and its ligand (PD-L1). Furthermore, patients with T-cell-rich tumors experience longer progression-free and $OS₁¹²$ $OS₁¹²$ $OS₁¹²$ while immune evasion mechanisms are associated with poor survival.^{17[,18](#page-15-17)}

The aim of this paper is to review the most recent data and the ongoing studies on immunotherapy in ovarian cancer.

A search in Pubmed was performed combining the following keywords: "immunotherapy", "immune environment", "ovarian cancer", "PD1/PD-L1 expression", to retrieve preclinical data. A search in PubMed with keywords "ovarian cancer", "immune-checkpoint inhibitors",

Mechanism of Action	Classes			
Active	Cancer vaccines (preventive/treatment)	Dendritic cells Peptide Allogenic		
	Immune-checkpoint inhibitors	Anti-CTLA-4 Anti-PD-1/PD-L1		
Passive	Monoclonal antibodies (MABs)			
	Cytokines			
	Adoptive cell transfer	MHC-independent	Genetically modified	NK cells LAK cells CIK cells CAR cells
		MHC-dependent	Genetically modified	TIL cells TCR cells
Immunomodulation	Drugs hardly classifiable	IDO inhibitors COX-2 inhibitors		

Table 1 Types of Cancer Immunotherapies

Abbreviations: CAR, chimeric antigen receptor; CIK, cytokine-induced killer cells; COX-2, cyclooxygenase 2; CTLA-4, cytotoxic T lymphocyte-associated protein 4; IDO, indoleamine 2,3-dioxygenase; LAK, lymphokine activated killer; MHC, major histocompatibility complex; NK, natural killer; PD-1, programmed death 1; PD-L1, programmed death ligand 1; TCR, T cell receptor; TIL, gtumor-infiltrating lymphocytes.

"adoptive cell therapy" and "vaccination" was performed to retrieve published clinical trials. ClinicalTrial.gov was searched for ongoing trials with the same keywords.

Mono-Immunotherapy in Ovarian Cancer

In the last few years, some studies have been published on immunotherapy in EOC mainly involving ICIs, that block immune-checkpoint such as cytotoxic T lymphocyteassociated protein 4 (CTLA-4) or the programmed death 1 (PD-1) receptor, alone or in combination with other drugs. Hodi et al first showed antitumor effects of ipilimumab (anti-CTLA-44) in nine patients with stage IV ovarian cancer (OC) patients, after vaccination with irradiated, autologous tumor cells engineered to produce Granulocyte-Macrophage Colony-Stimulating Factor (GVAX). In one patient, an objective radiographic response was noted and multiple infusions of anti-CTLA -4 antibody every 3 to 5 months have maintained disease control over 4 years; also, three patients showed disease stability lasting 6, 4 and 2 months, respectively,y as confirmed by Ca 125 (Cancer Antigen 125) levels and radi-ological evaluation, without important toxicities.^{[19,](#page-15-18)[20](#page-15-19)} In 2015, our group reviewed data on ICIs as monotherapy in recurrent platinum-sensitive (PFI> 12 months) or platinum-resistant EOC in second-line, third-line, or fourthline, concluding that the results can surely be promising in the next future.^{[21](#page-15-20)} However, even if the biology of the tumor suggested that EOC patients could potentially benefit from immunotherapy, up to now the results obtained from mono-immunotherapy are not proved to be as satisfactory as in other neoplasms. For example, the use of single-agent antibodies targeting the CTLA-4 or PD-1 or PD-L1 showed modest results in EOC with median RRs of 10–15%. Moreover, a control of disease was showed only in less than half of enrolled women.^{[22](#page-15-21)–[25](#page-16-0)} In 2013, Sabbatini et al published data from Phase III clinical trial to evaluate whether abagovomab (Anti-Human CA-125 antibody) maintenance therapy prolongs recurrence-free survival (RFS) and OS in patients with ovarian cancer in first clinical remission. Authors found that abagovomab administered as maintenance therapy for advanced ovarian cancer patients in the first remission after debulking surgery and platinum-based chemotherapy does not prolong RFS or OS.[26](#page-16-1) In addition, a subanalysis of the MIMOSA trial was conducted to evaluate whether abagovomab induces protective immune responses in ovarian cancer

patients in first clinical remission. Authors measured circulating CA125-specific cytotoxic T lymphocytes (CTL) and human antimouse antibody and anti-anti-idiotypic (Ab3) before starting the treatment and at different time points during induction and maintenance phases showing that abagovomab does not induce CA125-specific CTL. However, patients with CA125-specific CTL perform better than patients without, irrespective of abagovomab treatment. Abagovomab-induced Ab3 is associate with prolonged RFS in patients without CA125-specific CTL.^{[27](#page-16-2)} In light of these observations, Battaglia et al evaluated whether the assessment of the immune system status before of abagovomab administration might predict sensitivity to it. Authors found that patients on abagovomab with IFN-γ producing CD8⁺T cell percentage and absolute count above the cutoff had a better RFS (P= 0.042 and P=0.019, respectively), compared to patients with IFN-γ producing CD8⁺T cell percentage and absolute count below the cutoff.^{[28](#page-16-3)}

Considering these controversial data, in the last few years more attention has been paid to new strategies with a special focus on the combination therapy and unconventional immunotherapeutic agents ([Table 2\)](#page-2-0), which could potentiate the positive effects of immunotherapy.

Combination Strategies Immunotherapy in Combination with Anti Angiogenic Agents

Anti-VEGF (Vascular Endothelial Growth Factor) therapy may enhance response to immunotherapy. In a murine syngenetic model of EOC overexpressing VEGF, VEGF

Table 2 Strategies to Enhance the Efficacy of Immunotherapy

Abbreviations: ACT, adoptive cell therapy; PARPis, PARP inhibitors.

plus PGE₂ blockade increased T-cell homing to tumors, 2^9 whereas, in a murine melanoma model, disruption of the VEGF/VEGF receptor 2 axis was shown to increase extravasation of adoptively transferred T cells into the tumor and to improve adoptive cell transfer immunotherapy.^{[30](#page-16-5)} In addition, anti-VEGF strategies in combination with a granulocyte-macrophage colony-stimulating factor– secreting tumor vaccine have been shown to reduce the number of CD4⁺CD25⁺ Tregs, which leads to increased CTL induction and improved vaccine efficacy.^{[31](#page-16-6)} In a Phase I study, the combination of durvalumab (anti-PD-L1) and cediranib (an oral VEGF receptor inhibitor) was tested in 14 recurrent or metastatic ovarian cancers even with more than 5 previous chemotherapy lines. The disease control rate was 75% with 50% RRs (6 Partial Response PR and 3 stable disease SD) assessed by imaging using response evaluation criteria in solid tumors (RECIST) v1.1 criteria. Recurrent grade 2 and non–doselimiting toxicity grade 3 and 4 adverse events (AEs) have occurred on the daily schedule (hypertension 2/8 patients, diarrhea 2/8 pulmonary embolism 2/8, pulmonary hypertension 1/8 and lymphopenia 1/8) while in durvalumab plus intermittent cediranib schedule grade 3 and 4 AEs were hypertension 1/6 and fatigue 1/6. Authors concluded that durvalumab plus intermittent cediranib is a tolerable and clinically active combination in this setting of patients.[32](#page-16-7) Most recently, a Phase II trial using combined nivolumab (anti-PD-1) and bevacizumab (anti-VEGF monoclonal antibody) showed clinical activity in 38 women affected by recurrent ovarian cancer after 1 to 3 lines of prior chemotherapy. The Objective Response Rate (ORR) was 28.9% (95% exact binomial CI, 15.4–45.9%) with better results in platinum-sensitive setting (ORR 40%, [CI 19.1–64.0%] vs 16.7%, [CI 3.6–41.4%] in platinum-resistant disease). Median Progression Free Survival (PFS) by RECIST was 9.4 months (95% CI, 6.7 months to not available (NA)): 12.1 months (95% CI, 8.4 months to NA) in platinum-sensitive patients vs 7.7 months (95% CI, 4.7 months to NA) in platinum-resistant ones. Thirty-four participants (89.5%) experienced at least 1 treatmentrelated adverse event and 23.7% a grade 3 or higher treatment-related adverse event.^{[33](#page-16-8)}

Immunotherapy in Combination with PARPis

PARPis can activate interferon signaling and activate stimulator of interferon genes in BRCA-deficient tumors and synergize with PD-1 or CTLA-4 blockade in mouse models[.34](#page-16-9)–[36](#page-16-10)

Of note, PARPis also can trigger activation of the stimulator of interferon genes pathway to enhance the effects of ICIs independently of BRCA status.^{[37](#page-16-11)}

In the phase II MEDIOLA study, durvalumab (anti-PD-L1) with olaparib (PARPi) combination was well tolerated in 32 patients with BRCA-mutated platinum-sensitive e relapsed ovarian cancer. The most common grade ≥ 3 adverse events were anemia (9%) increased lipase (9%), hyperamylasemia (6%) and neutropenia (3%). The interim analysis showed a Disease Control Rate (DCR) based on RECIST at 12 weeks of 81% in case of co-administration of olaparib and durvalumab. The Complete Response (CR) and Partial Response (PR) rates were, respectively, 19% and 44%, resulting in an ORR of 63% while enhanced responses were seen in patients with only 1–2 prior chemotherapies (ORR 69%).³⁸

Furthermore, in a phase I trial, the same combination resulted in an ORR of 17% and a DCR of 83% at 6 months according to RECIST in 12 patients with BRCA wild-type recurrent tumors and up to >5 lines of previous therapy, without dose-limiting toxicity (DLT). The authors concluded that immunotherapy plus PARPis can be considered a tolerable and clinically active treatment.^{[32](#page-16-7)}

The results of the phase I/II TOPACIO-KEYNOTE 162 trial have shown that the PARPi niraparib in combination with pembrolizumab (anti-PD-1) is tolerable. A promising antitumor activity was showed in particular for patients with platinum-resistant and platinumrefractory recurrent ovarian carcinoma, especially BRCAwild Type or non-Homologous Recombination Deficiency (HRD) disease, patients with limited treatment options (1–5 prior lines of therapy), regardless of platinum status, biomarker status, or prior treatment with bevacizumab. In the integrated efficacy phases 1 and 2 ovarian carcinoma population (60 of 62 evaluable patients), ORR was 18% (90% CI, 11–29%), with a disease control rate of 65% (90% CI, 54–75%), including 3 (5%) with confirmed CR, 8 (13%) with confirmed PR, 28 (47%) with stable disease (SD), and 20 (33%) with progressive disease (PD) based on RECIST. The most common adverse events of any grade ($n = 53$) in Phase 2 were fatigue (53%), nausea (42%) , anemia (36%) , and constipation (36%) . Adverse events of at least grade 3 were anemia (21%) and thrombocytopenia (9%). No treatment-related patient deaths or cases of myelodysplastic syndrome or acute myeloid leukemia occurred.[39](#page-16-13) Currently the study is active but no longer in the enrollment phase.⁴⁰

Finally, a phase I study has been testing the combination of cediranib (VEGF receptor inhibitor), durvalumab (anti-PD-L1) and olaparib (PARPi) with an escalation in order to determine the recommended phase 2 dose (RP2D) while RRs, pharmacokinetic and correlative analyses were secondary endpoints. Nine patients (7 affected by recurrent platinum-resistant or sensitive OC or primary peritoneal cancer, median 3 prior therapies [2–6]) were treated. Adverse events (Grade 3/4) were not common and included hypertension (1/9), anemia (1/9) and lymphopenia (3/9) and none of these was a dose-limiting toxicity. The identified RP2D was cediranib 20 mg (5 days on/2 days off) with full doses of durvalumab (1500 mg IV every 4 weeks) and olaparib (300 mg BID). The ORR was 44% (4/9) with all PR (RECIST criteria), lasting a median of 8.5months [7–26 months]. Three patients had SD lasting ≥6 months, yielding a 67% clinical benefit rate. No significant effects of the combination on pharmacokinetic were identified.^{[41](#page-16-15)} A phase 2 expansion study is now enrol-ling for recurrent ovarian cancer patients.^{[42](#page-16-16)}

Immunotherapy in Combination with Chemotherapy

The standard chemotherapeutic approach for newly diagnosed ovarian cancer contemplates the combination of carboplatin and paclitaxel. 43 This doublet has been associated successfully with PD-1 blockade in non–small-cell lung cancer (NSCLC), where the immunochemotherapy combination outperformed chemotherapy[.44](#page-16-18) Several authors studied carboplatin-paclitaxel and immunotherapy in newly diagnosed ovarian cancer with contradictory data. A randomized, open-label, multicenter, phase 3 study evaluated the efficacy (per RECIST v1.1) and safety of avelumab (anti-PD-L1) in combination and/or following chemotherapy in patients with previously untreated epithelial ovarian cancer (JAVELIN OVARIAN 100). The study was prematurely closed based on the results of a planned interim analysis that showed the futility of efficacy. The last results of December 2019 showed a PFS of 16.8 months in the group of chemotherapy followed by avelumab vs 18.1 months in arm treated with chemotherapy plus avelumab followed by avelumab vs NA (Not Available) (due to a limited number of events) in the group of chemotherapy alone plus observation. HR estimated were 1.43 (chemotherapy followed by avelumab vs

chemotherapy alone plus observation) and 1.14 (chemotherapy+ avelumab followed by avelumab vs chemotherapy alone plus observation) with P value >0.05 (NCT02718417).[45](#page-16-19)

ICIs are not the unique immunotherapeutic tools that were tested in combination with upfront chemotherapy. A recent Phase II, randomized, the study evaluated carboplatin-paclitaxel chemotherapy in association with oregovomab, a high affinity murine monoclonal antibody specific for Ca 125, in 97 cases of optimally resected, Stage III/IV disease. At a median follow up of 42 months, the study revealed an increase in PFS and OS of statistically and clinically significant magnitude: the median PFS was 41.8 months $(95\% \text{ C.I.}: 21.8 - \text{NE Not Estimate})$ for the combination and 12.2 months (10.4–18.6) for the chemotherapy alone (P= 0.0027, HR 0.46, CI 0.28–0.7). For OS, the median has not yet been reached (NE) in the oregovomab group (45.2-NE) while, in the other arm, it was of 43.2 months (31.8-NE) (P= 0.043, HR 0.35, CI 0.16–0.74). In addition, the administration of antibodies did not change the toxicity profile of standard chemotherapy.^{[46](#page-16-20)}

Simultaneously, efforts have been made in the evaluation of predictive factors for the response to treatment with oregovomab itself. Thus, Battaglia et al have recently assessed that efficacy of oregovomab is associated with a less suppressive immune environment at baseline: a low number of circulating myeloid-derived suppressor cells, subset type 4 (MDSC4), and a low neutrophil-andmonocyte to lymphocyte ratio (NMLR) were found in patients with a better response to treatment with oregovomab in addition to chemotherapy. Both parameters resulted significantly predictive for relapse-free survival (MDSC 4: $P= 0.012$, NMLR $P=0.0014$), while NMLR was related also with OS (P= 0.048).^{[47](#page-16-21)}

In case of recurrent ovarian cancer, several chemotherapeutic approaches are available, according to platinum sensitivity. In particular platinum-resistant or refractory disease represents the principal challenge for the oncologist. Among drugs available for these patients, guidelines cite weekly paclitaxel, pegylated liposomal doxorubicin (PLD), docetaxel, cyclophosphamide, gemcitabine and topotecan.⁴³ Concerning the combination with immunotherapy, data showed that PLD could synergize with it:⁴⁸ PLD would enhance tumor immunosurveillance and inhibit tumor immunosuppression but it would also synergize with immunotherapy improving indeed the sensitivity of tumor cells to the cytotoxic activity of natural killer (NK) cells, γδT or $CD8⁺$ T lymphocytes.^{[49](#page-16-23)}

Several authors have addressed the issue of the administration of immunotherapy and chemotherapy in platinum-resistant relapses, with various results.

First of all, about the schedule with PLD in a phase II trial, the combination of durvalumab (anti-PD-L1) in 53 patients with recurrence after first or second-line platinumbased chemotherapy, resulted in a best ORR of 15%, with a CR of 5%, and PFS rate at 6 months of 47.7% with RECIST v1.1, leaning towards the hypothesis of a promising efficacy (NCT02431559). $48,50$ $48,50$

The preliminary results of another phase II study of PLD with pembrolizumab (anti-PD-1) in 26 women with platinum-resistant ovarian cancer (who received \leq cytotoxic regimes for recurrent or persistent disease) were on the same line: the ORR and DCR were 19 and 42% respectively, with 5 PR and 6 SD, defined as RECIST v1.1. The combination also resulted well tolerated with grade 3–4 adverse events of anemia (12%), rash (12%), and increased liver enzymes (12%) .^{[51](#page-16-25)}

On the opposite, in a phase II randomized study of 297 patients with recurrent EOC (Up to 2 prior cytotoxic regimens), the addition of a TLR8 agonist (motolimod) to PLD did not improve OS (log-rank one-sided P 0.923, HR 1.22) and PFS (log-rank one-sided P 0.943, HR 1.21) assessed by the Immune-Related RECIST (irRECIST) criteria.[52](#page-16-26) Similarly, the phase III JAVELIN Ovarian 200 study compared PLD with the combination of PLD and the anti-PD-L1 antibody avelumab in platinum-resistant /refractory ovarian cancer received up to 3 lines of systemic anticancer therapy for platinum-sensitive disease and no prior systematic therapy for platinum-resistant disease. Authors concluded that the combination of PLD+ avelumab did not show a statistically significant improvement when compared with PLD alone in PFS (RECIST) (HR 0.78; CI 0.587−1.244; P= 0.0301) or OS (HR 0.89; CI 0.744–1.241; P= 0.2082) (NCT02580058).^{[53](#page-16-27)} The study closed the accrual, and definitive results are awaited.

Finally, some authors proved that also low-dose intravenous or oral metronomic chemotherapy can have important immunomodulatory effects. Between these, low-dose cyclophosphamide has been shown to attenuate Tregs and improve vaccination as well as adoptive cell therapy (ACT) efficacy, 54 whereas, in combination with ICIs, it stimulates the generation of $CD8⁺ TILs⁵⁵$ $CD8⁺ TILs⁵⁵$ $CD8⁺ TILs⁵⁵$ Thus, cyclophosphamide was evaluated in recurrent ovarian cancer itself. In particular, an open-label phase II study has been testing

the combination of cyclophosphamide with bevacizumab (anti-VEGF) and pembrolizumab (anti-PD-1) in 40 patients with recurrent OC, platinum-resistant or platinumsensitive refusing platinum-based therapy regardless of the number of previous chemotherapies. This has been evaluating the clinical RRs using both RECIST1.1 and $irRECIST₅₆$ To a preliminary analysis, the combinations were well tolerated and it was found that the tumor responses were higher and longer than those obtained with monotherapy: the ORR was 37.5% (all PR), and the overall PFS rate was 70% at 6 months (59% in the platinum-resistant population, 100% in platinum-sensitive ones; $P= 0.024$).^{[57](#page-17-3)}

To sum up, some authors proofed that the combination of chemo-immunotherapy could improve the efficacy of the treatment, even in OC with the worst prognosis, but data are not universally consistent. Thus, further studies are needed to establish it with certainty.

Other Combinations

Pembrolizumab (anti-PD-1) combined with mirvetuximab soravtansine (a folate receptor-a [FRa] antibody-drug conjugate that comprises an FRa-binding antibody linked to the tubulin-disrupting maytansinoid DM4) also has shown preliminary signs of efficacy in a heavily pre-treated population (no upper limit on the number of prior treatments) of 14 FRa-positive patients with platinum-resistant ovarian cancer in the phase Ib/II FORWARD II trial: In the subset of 8 patients with medium to high FRa expression levels by immunohistochemistry, confirmed PR were observed in 3 individuals according to RECISTv1.1 and CA125 evaluations; 2 were ongoing with at least 5 months on treatment; and the third had a duration of therapy of 7 months.^{[58](#page-17-4)} These findings supported the ongoing enroll-ment of patients in an expansion cohort.^{[59](#page-17-5)}

Combinations of Immune-Checkpoint Inhibitors

Combining the activation of different mechanisms of the immune system can achieve more pronounced antitumor activity than blockade of a single pathway alone.

As good evidence of this, Co-targeting of CTLA-4 (ie ipilimumab) plus PD-1 (ie nivolumab) resulted in signifi-cantly stronger activity in non-gynecological tumors^{[60](#page-17-6)} due to the synergism of amplification of T-cells in lymphoid organs and tumor tissue by anti-CTLA-4, and PD-1 inhibition that overcomes immune suppression in tumor tissues.

An NRG Oncology phase II study has been testing these agents together in a population of 100 patients with recurrent ovarian cancer with up to 3 prior lines of therapy and a platinum-free interval of up to 12 months. It reported ORR by RECIST v1.1 of 33.3% and PFS 3.9 months for the combination vs ORR 12.2% and PFS 2.0 months with nivolumab alone. Adverse events occurred more frequently in the combination arm (Grade 3 or greater AEs in 67%) versus the single-agent arm (Grade 3 or greater AEs in 55%).^{[61](#page-17-7)} The trial is no more recruiting but still ongoing, analysing new biomarkers for response.^{[62](#page-17-8)}

A phase I/ll dose escalation and cohort expansion trial is testing the safety, tolerability and efficacy of varlilumab (an anti-CD27 antibody) and nivolumab (anti-PD-1) in advanced refractory solid tumors among which eight cases of ovarian cancer. Overall, upon an initial analysis, the combination was well tolerated, associated with strong biological signals, and had evidence of clinical activity (based on RECIST) in subsets of patients with tumor types resistant to PD-1 inhibitor monotherapy. 63 Up to now results from phase 2 cohort in ovarian cancer are awaited.^{[64](#page-17-10)}

All in all, these data, although preliminary and coming from phase I–II studies, are promising.

Other Strategies Adoptive Cell Therapy

Adoptive Cell Therapy (ACT) is an immunotherapeutic technique that uses autologous or allogeneic antitumor lymphocytes to induce regression in cancers that are less responsive or refractory to ICIs.

The approach of autologous ACT is illustrated in [Figure 1](#page-6-0) and involved cell types are summarized in [Table 1](#page-1-0). [65](#page-17-11)

Figure I Autologous ACT is based on reinfusion of immune cells after stimulation, modification and expansion in vitro in order to amplify autologous response against tumors. These tumor-specific cytotoxic T cells, either isolated from the tumor or in the peripheral blood by leukapheresis, are then infused after lymphodepleting chemotherapy.

The potential role of Natural Killer (NK) cell adoptive immunotherapy for OC was recognized in 2007 when it was shown that resting NK cells can recognize and kill OC cells in vitro 66 and subsequently, in 2016, a new mouse model was established for intraperitoneal administration of NK cell immunotherapy for OC allowing further research.⁶⁷

A phase II study analyzed the role of another class involved in ACT, the Cytokine-Induced Killer (CIK) cells, in the approach to OC: Liu et al tested this therapy versus observation in 92 patients with completed remission after first-line treatment for advanced OC. The median PFS was 37.7 months in the treatment group and 22.2 months in the control group $(P= 0.004)$ with slight side effects, although with a no significant difference in OS $(61.5 \text{ months vs } 55.9 \text{ months}, P = 0.289).$ ^{[68](#page-17-14)}

In 2018, a retrospective analysis by Zhou et al further sustained the effectiveness of maintenance CIK cell therapy as a therapeutic approach to prolonging the survival in 646 OC patients after first-line treatment. Specifically, patients who received CIK exhibited a significantly more favourable OS than control group patients (median OS, 63.6 vs 39.6 months, P= 0.001), while Kaplan–Meier curves showed a favourable PFS (median PFS, 41.6 vs 26.1 months), but with the not-significant p-value ($P = 0.117$).^{[69](#page-17-15)}

Referring to TILs, the first data date back to before the end of the 90s.

Some of the most relevant results obtained with autologous TILs are summarized in Table $3.^{70-73}$ $3.^{70-73}$ $3.^{70-73}$ $3.^{70-73}$ $3.^{70-73}$

The therapeutic effect of TILs in OC is still under evaluation.

In 2018, results from a pilot study in platinum-resistant recurrent OC with lympho-depleting chemotherapy followed by the infusion of unselected TILs and IL2 were published. Clinical response was assessed using the RECIST 1.1 criteria but the Positron Emission Tomography (PET) Response Criteria in Solid Tumors (PERCIST 1.0) was studied in order to identify the difference between the two models. The therapy was feasible and with no unexpected toxicities related and early indications of activity were found: all patients had SD after 6 weeks and five of them had a reduction of target lesions. Two patients maintained this response for 5 months. Subsequently, five patients developed PD due to the occurrence of new lesions. In this way, the road toward the possibility of enhancing ACT combining it to ICIs was opened.⁷⁴ Subsequently, the same group managed to expand TILs from 34 tumors specimen of OC and found the recognition of autologous tumor cell in >50% of the

Author/Year	Results of Study	
Aoki et al ⁷⁰	17 patients Advanced or Recurrent OC Treatment: TILs ±cisplatin Combination (10 pts)→CR 70%, PR 20% Monotherapy (7pts) \rightarrow CR 14.3%, PR 57.1%	
Ikarashi et al ⁷¹	22 patients Advanced EOC (FIGO II-III-IV) Treatment: TILs TILs group (12 pts) \rightarrow Immunoactivation of cellu- lar immunity, 2-year survival rate: 100% No-TILs group (10 pts) \rightarrow No changes in immu- nological markers, 2-year survival rate: 100%	
Freedman et al^{72}	II patients • Advanced EOC refractory to platinum-based chemotherapy Treatment: IL2 ip ±TILs IL2+TILs group (8 pts)→No measurable clinical response. 4/8 secondary response IL2 group (3 pts) \rightarrow No measurable clinical response	
Fujita et al ⁷³	24 patients EOC with CR after first-line chemotherapy Treatment: TILs TILs group (13 pts) \rightarrow 3-year survival rate 100%, No-TlLs group (1 l pts) \rightarrow 3-year survival rate 67.5%	

Table 3 Some Relevant Results of ACT Obtained Up to 2000 with Autologous TILs

Abbreviations: CR, complete response; EOC, epithelial ovarian cancer; IP, intraperitoneal; OC, ovarian cancer; PR, partial response; PTS, patients; TILs, gtumorinfiltrating lymphocytes.

patients. Furthermore, they isolated and subsequently expanded antigen-specific TILs. These findings support the hypothesis that women with OC can benefit from ACT with TILs and encourage further studies.^{[75](#page-17-19)} Anyway, these studies revealed some of the potential limitations of TILs-ACT in recurrent EOC that have to be overcome: the exhausted phenotype of TILs^{74} TILs^{74} TILs^{74} and/or the low frequency of tumor-reactive TILs in the infusion product.^{[75](#page-17-19)}

With the aim of improving the therapeutic efficacy, genetically modified peripheral blood lymphocytes have been being studied with more interest [\(Figure 2](#page-8-0)). They can express a chimeric antigen receptor (CAR) or a tumorantigen specific T-cell receptor (TCR).

The main targets for CAR-T cells in OC include MUC16 (Mucin 16)/Ca 125, mesothelin and folate receptor- α^{76-78} α^{76-78} α^{76-78} α^{76-78} α^{76-78} while for TCR, they are MAGE-A4 (Melanoma-associated antigen 4), WT1 (Wilms' tumor protein 1), and NY-ESO-1 (New York oesophageal-1). Among them the last one is the most widely studied and proved to be overexpressed not only in OC but also in all gynecological cancers.[79](#page-17-22)–[82](#page-17-23)

The main evidences from experimental animal models and clinical data on CAR-T and TCR-T role in OC are illustrated in [Table 4.](#page-8-1) [83](#page-17-24)–[87](#page-18-0)

Although their administration has shown a potential in the treatment of OC, it still has to face many challenges. Currently, several phase I/II clinical trials are ongoing.

Therapeutic Vaccine

Cancer vaccines are immunotherapeutic agent, usually a tumoral antigen, that stimulate an immune response (T cells) directed against specific malignant cells.^{[88](#page-18-1)}

A number of tumor-associated antigens for vaccine have been identified in EOC. The ideal ones should not be present in normal tissue, while expressed at high concentration in tumor ones, having a role in its progression. Moreover, it should be able to be recognized by immune cells and activate the immune system response event at low doses, characteristics known as "strong immunogenicity". None of the currently known antigens, however, completely meet these criteria.

Anyway, among antigens possibly involved for immunotherapy in OC, the cancer-testis (CT) family is quite wide and includes the NY-ESO-1. Several trials evaluating NY-ESO -1–based vaccine have been conducted in the treatment of EOC, in different schedules. Data from these trials showed a favourable efficacy, with an improved OS of at least 2 years in case of vaccination in both newly diagnosed or recurrent OC[.48](#page-16-22)[,89](#page-18-2)-[93](#page-18-3) Currently other several single antigens, eg MUC-1 (Mucin 1), mesothelin, HER2 (human epidermal growth factor receptor), MUC-16/Ca125, p53, Testis Expressed 19 (TEX $19)^{94}$ can be seen as a possible target of vaccines for OC.

Moreover, since cancer vaccination has the purpose to educate the immune system to generate specific effector T-cells able to detect and kill tumor cells, dendritic cell-based vaccines are a particularly attractive option for immunotherapy, due to the capability of these cells to process and present cancer antigens, and to initiate and regulate both innate and adaptive immunity. $95,96$ $95,96$ A phase II trial tested a MUC-1 targeted Dendritic Cell treatment (CVac) as a maintenance therapy versus observation to 56 patients in complete response after a first or second-line chemotherapy. Although a response was induced in all CVac-treated based on RECIST v1.1, the effect on PFS was not significant in

Figure 2 Immune cells (T cells) are isolated from patients. They are activated and amplified in vitro and then modified by genetic engineering (receptor gene transfer through viral vector transfection). After amplification and quality control, CAR-T cells and TCR-T cells are reinfused to the patient.

the treated arm compared with the control one (13 months vs 9 months, P= 0.36, HR 0. 73).^{[97](#page-18-7)}

Alternatively, the so-called neoantigens (NeoAgs) could ensure high specificity, reducing the potential for immunological tolerance, and inducing robust immunogenicity. They arise from somatic DNA alterations as a result of genetic instability that generate peptides entirely absent from the normal human genome. For these reasons, they are cancer-specific and strongly immunogenic.^{[98](#page-18-8)}

Abbreviations: ACT, adoptive cell therapy; CAR, chimeric antigen receptor; FRα, folate receptor α; IP, intraperitoneal; IT, intratumoral; IV, intravenous; mRECIST, modified response evaluation criteria in solid tumors; NED, no evidence of disease; OC, ovarian cancer; RECIST, response evaluation criteria in solid tumors; SD, stable disease; TCR, T cell receptor; TTP, time to progression.

Table 5 Ongoing Studies Evaluating the Combination of Immune-Checkpoint Inhibitors with Other Agents in Ovarian Cancer Treatment Ċ Ć <u>ءِ</u> ŗ Ć $\frac{4}{3}$ ÷ Inhihit. $\ddot{\cdot}$ प् Ć र् Ë j. **C** ÷ ا
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Table 6 (Continued).

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Nevertheless, they are hard to identify due to their patient-speci ficity itself and are mainly rare events in a patient cohort.^{[99](#page-18-21)}

Anyway vaccination efficacy could be compromised by tumor through the selection of antigen-loss variants (immunoediting) and the up-regulation of immune-checkpoint ligands as an escape mechanism.^{[100,](#page-18-22)[101](#page-18-23)} Thus. multiple vaccine interventions that activate de novo immune response may not appear to induce tumor regression.[101](#page-18-23) In order to overcome this limit, preclinical studies have observed an effective synergy between tumor vaccines and the ICIs. Hence, combining these two approaches may improve the efficacy in patients that would not have responded to either therapy alone.^{[102](#page-18-24)}

As a starting point, a phase Ib trial determined the Recommended Dose for Expansion (RDE)/RP2D of the association of oregovomab vaccine and nivolumab to treat recurrent EOC.^{[103](#page-18-25)} Further evaluation of this novel combination is ongoing in a dose expansion cohort.¹⁰⁴

Ongoing Studies

Immunotherapy in combination with other agents, ACT and vaccine are currently being examined in several ongoing clinical trials for newly diagnosed or recurrent ovarian cancer. Their characteristics are summarized in [Tables 5](#page-9-0) and [6](#page-12-0) .

Conclusion

Immunotherapy has transformed cancer treatment in certain solid malignant tumor, such as melanoma and renal cell carcinoma. EOC is considered an "in flamed tumor " that could bene fit from these agents. However, data are not universally consistent since the majority of studied patients with OC did not bene fit from immunotherapy and there are some issues to be addressed.

First of all, it should be considered that many of clinical trials about immunotherapy and OC involved a population of women with a poor prognosis (advanced FIGO stage, platinum-resistant or -refractory disease, numerous previous chemotherapy lines) in which tumor growth and progression are associated with a more pronounced immune suppression. Hence, it remains still unclear at what phase of disease it would be more appropriate to administer immunotherapy.

Moreover, not all the patients with OC do respond to immunotherapy similarly, thus efforts have recently been being paid worldwide to identify some predictive biomarkers of efficacy, including the expression of antigens. Regarding that, it is important to clarify that EOC is a tumor with high genetic instability. So the evaluation of molecular markers on the tissue obtained during a previous surgery could exclude patients from accessing target immunotherapies subsequently. Thus, a promising tool could be represented by the liquid biopsy: with a noninvasive approach, it can identify blood-circulating cancer cells and their antigens that represent potential biomarkers.

Another difficulty in administrating immunotherapy concerns the evaluation of the response of solid tumors to this class of agents. As a matter of fact, this treatment may lead to atypical patterns characterized by delayed tumor size reduction, mixed response, or the so-called pseudoprogression: an initial tumor burden increase (growing of lesion size and/or appearance of new lesions) with subsequent $\rm{decrease}^{147}$ $\rm{decrease}^{147}$ $\rm{decrease}^{147}$ probably due to immune cells infiltration. This led to the development of new special criteria to evaluate the efficacy of immunotherapy, the Immune-RECIST. Unfortunately, not all clinicians have already gotten used to understanding and using these criteria, 148 despite the drafting of guidelines in $2017¹⁴⁹$ At last, the possibility of immune-related adverse events (pneumonitis, colitis, thyroiditis and pancreatitis) must be considered.

To sum up, this review does not want to establish whether immunotherapy is active in the treatment of OC but the available results of evidence about combinations, ACT or vaccination are encouraging.

Currently, the administration of immunotherapy in OC is possible only in the context of clinical trials but we expect that ongoing phase II–III trials will untie all these knots, leading to important progress in OC treatment.

Disclosure

The authors report no conflicts of interest in this work.

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