

MiR-218-5p Suppresses the Progression of Retinoblastoma Through Targeting NAC1 and Inhibiting the AKT/mTOR Signaling Pathway

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Introduction: MicroRNA-218-5p (miR-218-5p) was involved in the progression of multiple tumors as a tumor suppressor miRNA. Its specific role on human retinoblastoma (RB) cells remains unknown.

Methods: We constructed the miR-218-5p overexpression and knockdown cells to detect their role on RB cell line WERI-Rb-1, and we analyzed its binding sites on TargetScan. CCK8 and clonogenic assays were performed to detect cell viability. Flow cytometry was used for the detection of cell apoptosis.

Results: Our results showed that the miR-218-5p inhibitor enhanced cell viability and blocked the apoptosis in RB cells. The AKT/mTOR signaling pathway was also inhibited by the miR-218-5p inhibitor. MiR-218-5p mimics lead to diametrically opposite results. Nucleus accumbens-associated 1 (NAC1) encoded by the NAC1 gene is involved in the regulation of many biological functions, including gene transcription, protein degradation of ubiquitin pathway, cell viability, and apoptosis. In this research, dataset analysis suggested that NAC1 might be a downstream target of miR-218-5p. Then, qPCR and Western blot analysis proved that miR-218-5p inhibited the expression of NAC1 in RB cells. NAC1 could promote cell viability and inhibit the apoptosis by activating the AKT/mTOR signaling pathway. MiR-218-5p mimics blocked the enhancement of cell growth induced by NAC1 overexpression as well as the activation of the AKT/mTOR signaling pathway in RB cells.

Discussion: MiR-218-5p inhibited cell growth by targeting NAC1 and suppressing the AKT/mTOR signaling pathway. MiR-218-5p/NAC1/AKT/mTOR might be a new target axis for the clinical treatment strategy.

Keywords: retinoblastoma, miR-218-5p, NAC1, apoptosis, signaling pathway

Introduction

Retinoblastoma (RB) is the most common intraocular malignant tumor in infants and young children, and its incidence has increased in recent years.¹ RB has attracted widespread attention in the medical community due to its unique genetic laws, multi-directional differentiation potential, and high rate of degeneration.

MicroRNA-218-5p (miR-218-5p) is an important tumor suppressor miRNA. Its abnormal expression can be observed in multiple solid tumors and precancerous lesions, including lung cancer,² breast cancer,³ gallbladder cancer,⁴ colorectal cancer⁵ and gastric cancer.⁶ However, its role in RB has not been reported.

Nucleus accumbens-associated 1 (NAC1) is a Broad-complex, Tramtrack, and Bric-a-brac/poxvirus and zinc finger (BTB/POZ) domain protein, encoded by the

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NACC1 gene. Earlier research has found that NACC1 is highly expressed in ovarian cancer.⁷ Highly expressed NACC1 is closely related to cell viability, migration, and tumor recurrence. Many studies have now found that NACC1 is highly expressed in various tumors, such as cervical cancer,⁸ endometrial cancer,⁹ ovarian cancer,¹⁰ and melanoma.¹¹ NACC1 not only regulates the tumorigenesis and development but also affects the therapeutic effect of chemotherapeutic drugs, causing a chemical resistance.¹²⁻¹⁵ NACC1 knockdown inhibited the cisplatin-induced autophagy, resulting in increased cisplatin cytotoxicity.¹³ NACC1 mediates cisplatin resistance by altering the High-mobility group box 1 (HMGB1)-mediated autophagic response in ovarian cancer.¹² In another report, NACC1 contributes to paclitaxel resistance in ovarian cancer through inactivating the growth arrest and DNA damage-inducible 45 (GADD45) pathway.⁹ In the present research, we found that miR-218-5p inhibited the expression of NACC1, and we studied their function in the RB cell line.

Materials and Methods

Cell Line and Transfection

Human RB cell line WERI-Rb-1 was purchased from the Cell Resource Center, Shanghai Institute for Biological Sciences, the Chinese Academy of Sciences. WERI-Rb-1 cells were maintained in DMEM with 10% fetal bovine serum at 37°C with 5% CO₂. Cells were transfected with miR-218-5p mimics or inhibitors, or NACC1 expression plasmid (NACC1 overexpression, NACC1-OE), or shRNA (NACC1 knockdown, NACC1-KD) in a 6-well plate during the exponential growth phase. Untreated WERI-Rb-1 was used as the negative control (NC) using lipofectamine 2000 (Thermo Fisher Scientific, USA). MiR-218-5p mimics, miR-218-5p inhibitor, NACC1 expression plasmid (pcDNA3.1-NACC1) and NACC1-siRNA were all purchased from Ribobio (RiboBio Co. Ltd., China). The following sequences were used in this study, miR-218-5p mimics (5'-ACAUGGUAGAUA AGCACAA-3'), miR-218-5p inhibitor (5'-CCAUGUGGU UGCGAGGUAUGA-3') and NACC1-siRNA (5'-CAGT GAAACGGGCAAGATCGAGC-3').

Cell Viability Assay

CCK8 and clonogenic assays were performed to detect the viability of WERI-Rb-1 cells. For CCK8 assay, cells (1000 cells/well) were seeded into the 96-well plate after

transfection. Ten microlitres of CCK8 reagent (Promega Corporation) was added into the target well every 24 hours. The optical density (OD) value was measured in the spectrophotometer.

For clonogenic assay, cells (1000 cells/well) were seeded into the 6-well plate after transfection. After being allowed to culture for 2 weeks, plates were fixed with 4% paraformaldehyde for 15 minutes, stained with Giemsa for 15 minutes, and then observed under a microscope. Colony numbers in 5 random fields under each well were counted for further statistical analysis.

Quantitative Real-Time RT-PCR Assay (qPCR)

After the transfection for 24 hours, total RNA was extracted using TRIzol reagent (Invitrogen, USA) and reverse transcribed to cDNA using a HiFiScript cDNA Synthesis Kit (CoWin Biotech Co. Ltd., China). MiRNA was extracted using an miRNA Purification Kit (CoWin Biotech Co. Ltd., China) and reverse transcribed to cDNA using an miRNA cDNA Synthesis Kit (CoWin Biotech Co. Ltd., China). UltraSYBR Mixture and miRNA qPCR Assay Kit (CoWin Biotech Co. Ltd., China) were used for qPCR according to the manufacturer's protocol. The following primers were used in this study, miR-218-5p (5'-TTGTGCTTGATC TAACCATGT-3'), NACC1-Forward (5'-GCCTGTACTGT GACGTGTCA-3') and NACC1-Reverse (5'-CGTGGAG AACTTGCCATCT-3'). The relative expressions of genes were calculated using the $2^{-\Delta\Delta Ct}$ method.

Western Blot

After the transfection for 48 hours, total protein was extracted from cells using a RIPA buffer. Protein concentration was determined by the BCA method. Protein (20 µg) from each group was loaded on the lane and separated with SDS-PAGE. Then, the protein was transferred to a PVDF membrane. After blocking in 5% non-fat milk for 1 hour, the membrane was incubated with primary antibodies at room temperature for 1 hour followed by secondary antibodies at room temperature for 1 hour. The cECL Western Blot Kit (CoWin Biotech Co. Ltd., China) was used for substrate luminescence. GDPDH was used as the internal reference gene. ImageJ software was used for analysis of protein levels.

Flow Cytometry Analysis

After transfection for 24 hours, the cell concentration was adjusted to 1×10^6 /mL with Annexin V binding buffer.

Apoptosis was detected using an Annexin V-FITC-PI Apoptosis Detection Kit (Sigma, USA) according to the manufacturer's protocol. Flowjo software was used for the analysis of the percentage of apoptotic cells. The Annexin channel and PI channel were set up in the horizontal and vertical axes, respectively, and the double negative cell group was selected. In the double-negative cell gate, set the horizontal axis and the vertical axis to FCS and SSC, respectively, and reverse select the fragment gate to get all cells. The horizontal axis and the vertical axis were set as Annexin channel and PI channel, respectively, and the cross gate is drawn to determine the cell proportion.

Statistical Analyses

All data were presented as Mean \pm Standard Deviation. Statistical significance between two groups was determined using one-way ANOVA. All experiments were performed 3 times independently. $P < 0.05$ was statistically significant.

Results

MiR-218-5p Inhibited the Viability in RB Cells

To investigate the effect of miR-218-5p on RB, we transfected miR-218-5p inhibitor (miR-218-5p specific siRNA) or mimics into the RB cell line WERI-Rb-1 with the nonspecific siRNA or mimics as negative control. From the result of qPCR, miR-218-5p level was significantly suppressed by miR-218-5p inhibitor compared with inhibitor control and enhanced by miR-218-5p mimics compared with mimics control (Figure 1A). Then, the viability of each group was detected by CCK8 and clonogenic assay. As shown in Figure 1B, the OD value of WERI-Rb-1 cells increased markedly after the transfection of miR-218-5p inhibitor for 72 hours and these decreased after the transfection of miR-218-5p mimics for 72 hours. Clonal formation experiment offered consistent results. The colony number of miR-218-5p inhibitor increased significantly compared with the inhibitor control group, while the colony number of miR-218-5p mimics decreased significantly compared with the mimics control group (Figure 1C). These results proved that miR-218-5p inhibited cell viability of WERI-Rb-1.

MiR-218-5p Induced the Apoptosis in RB Cells

After the transfection for 24 hours, cell apoptosis was analyzed using flow cytometry. As shown in Figure 1D, the

percentage of apoptotic cells declined after the transfection of miR-218-5p inhibitor compared with the inhibitor control group and rose after the transfection of miR-218-5p mimics compared with the mimics control group. This data indicated that miR-218-5p induced the apoptosis of WERI-Rb-1 cells.

MiR-218-5p Inhibited the Activation of the AKT/mTOR Signaling Pathway

Previous studies have shown that miR-218 regulated cell viability and apoptosis by targeting the PI3K/AKT/mTOR signaling pathway in several human tumors, including hepatocellular carcinoma,¹⁶ esophageal squamous cell carcinoma,¹⁷ colon cancer,¹⁸ oral cancer,¹⁹ prostate cancer⁴ and cervical cancer.²⁰ To confirm the mechanism by which miR-218 inhibited the growth of WERI-Rb-1 cells, we detected the critical protein of the AKT/mTOR signaling pathway. As shown in Figure 2, the miR-218-5p inhibitor significantly increased the phosphorylation of p-AKT/AKT and p-mTOR and the level of P70; the miR-218-5p inhibitor also reduced the levels of p53, Bax, and C-Caspase3 but enhanced the levels of T-caspase-3 and Bcl-2. MiR-218-5p mimics the opposite effect. The results prove that miR-218-5p suppressed cell growth by inhibiting the activation of the AKT/mTOR signaling pathway in RB cells.

MiR-218-5p Inhibited the Expression of NACCI via Binding to the 3'-Untranslated Region (3'UTR) of NACCI

To further investigate the mechanism of miR-218-5p function, we analyzed the binding site of miR-218-5p on the TargetScan dataset.²¹ The results showed that there are two binding sites between the 3' region of NACCI and miR-218-5p (Figure 3A). Then, we detected the effect of miR-218-5p on the regulation of NACCI expression. As shown in Figure 3B and C, the expression of NACCI increased significantly after the transfection of the miR-218-5p inhibitor and decreased significantly after the transfection of miR-218-5p mimics, thereby suggesting that miR-218-5p inhibited NACCI expression in WERI-Rb-1 cells. We hypothesized that miR-218-5p could inhibit the growth of tumor cells through targeting NACCI in RB cells.

NACCI Promoted Cell Viability and Inhibited the Apoptosis in RB Cells

To study the specific effect of NACCI on RB cells, we constructed NACCI knockdown and overexpressed cell

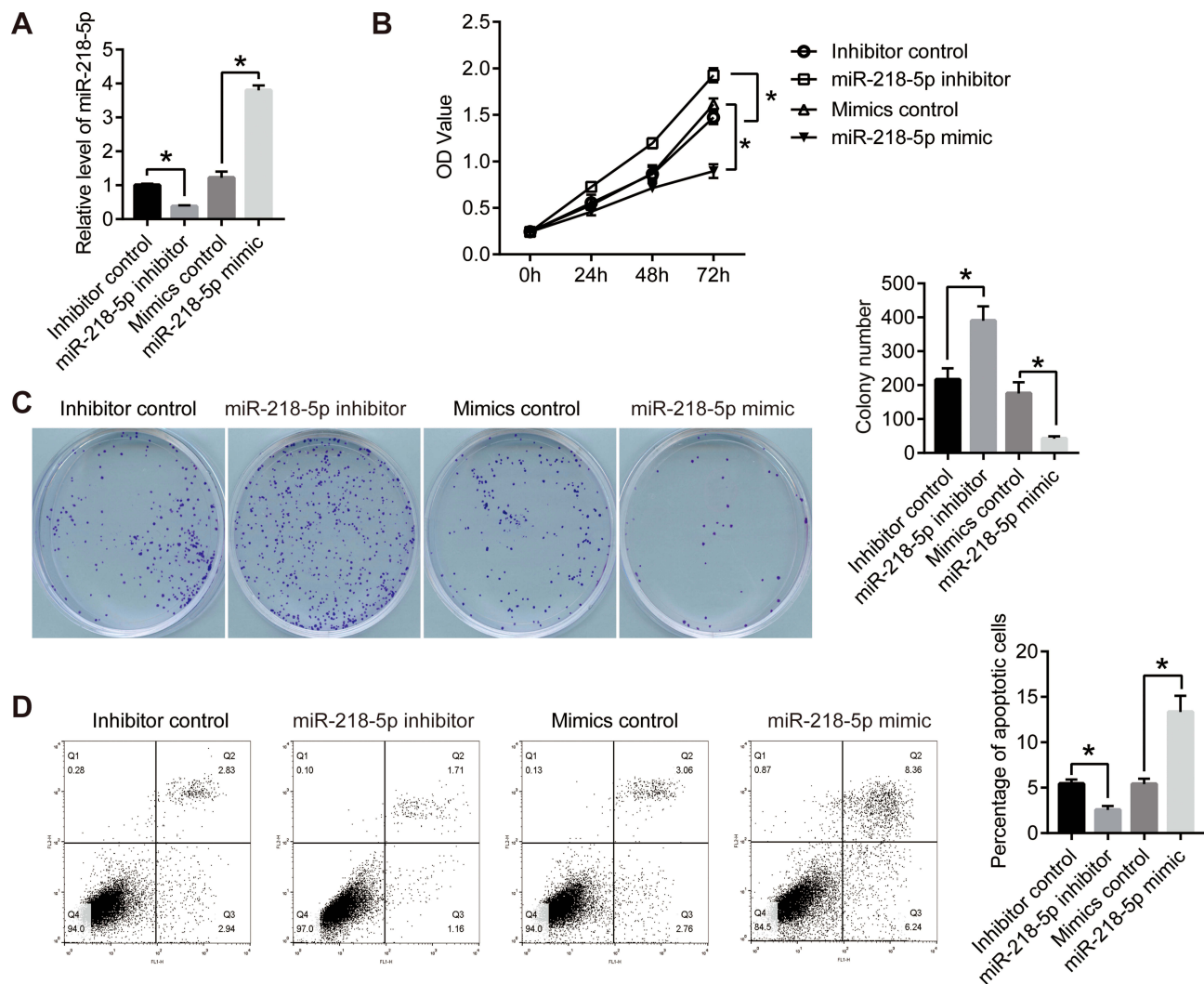


Figure 1 MiR-218-5p blocked the proliferation and induced apoptosis in retinoblastoma cells. **(A)** miR-218-5p mimics or inhibitor was transfected into WERI-Rb-1 cells with the nonspecific siRNA or mimics as control. qPCR was performed to detect the expression level of miR-218-5p. GAPDH was used as the internal reference gene. **(B)** CCK8 assay was used to detect the proliferation of WERI-Rb-1 cells. OD value was measured on 450nm. **(C)** Clonogenic assay was performed to further confirm the proliferation of WERI-Rb-1 cells. After 2 weeks of cultivation, the photographs were taken. **(D)** After the transfection for 24 h, cell apoptosis was analyzed using flow cytometry. * $P < 0.05$ vs NC.

lines by transfection of shRNA or overexpression plasmid in WERI-Rb-1 cells. The results of qPCR and Western blot proved that NAC11 expression was suppressed by miR-218-5p inhibitor and enhanced by miR-218-5p mimics (Figure 4A and B). Then, cell viability was determined by CCK8 and clonogenic assay. The OD value of WERI-Rb-1 cells increased in the NAC11-OE group and declined in the NAC11-KD group compared with the NC group (Figure 4C). Similar results were observed in clonogenic assay. The colony number of NAC11-OE group increased, but colony number of the NAC11-KD group decreased compared with NC cells (Figure 4D). Cell apoptosis was analyzed using flow cytometry. As shown in Figure 4E, the percentage of apoptotic cells reduced after

the overexpression of NAC11, but increased after the knockdown of NAC11. This data proved that NAC11 could promote cell viability and inhibit the apoptosis in RB cells.

NAC11 Activated the AKT/mTOR Signaling Pathway in RB Cells

Since NAC11 was the target of miR-218-5p, we further investigated its effect on AKT/mTOR signaling pathway. From the results of Western blot, we found that NAC11 overexpression could activate the phosphorylation of p-AKT/AKT and p-mTOR and increase the level of P70, T-caspase-3, and Bcl-2, while decreasing the level of p53, Bax, and C-Caspase3. NAC11 knockdown showed the

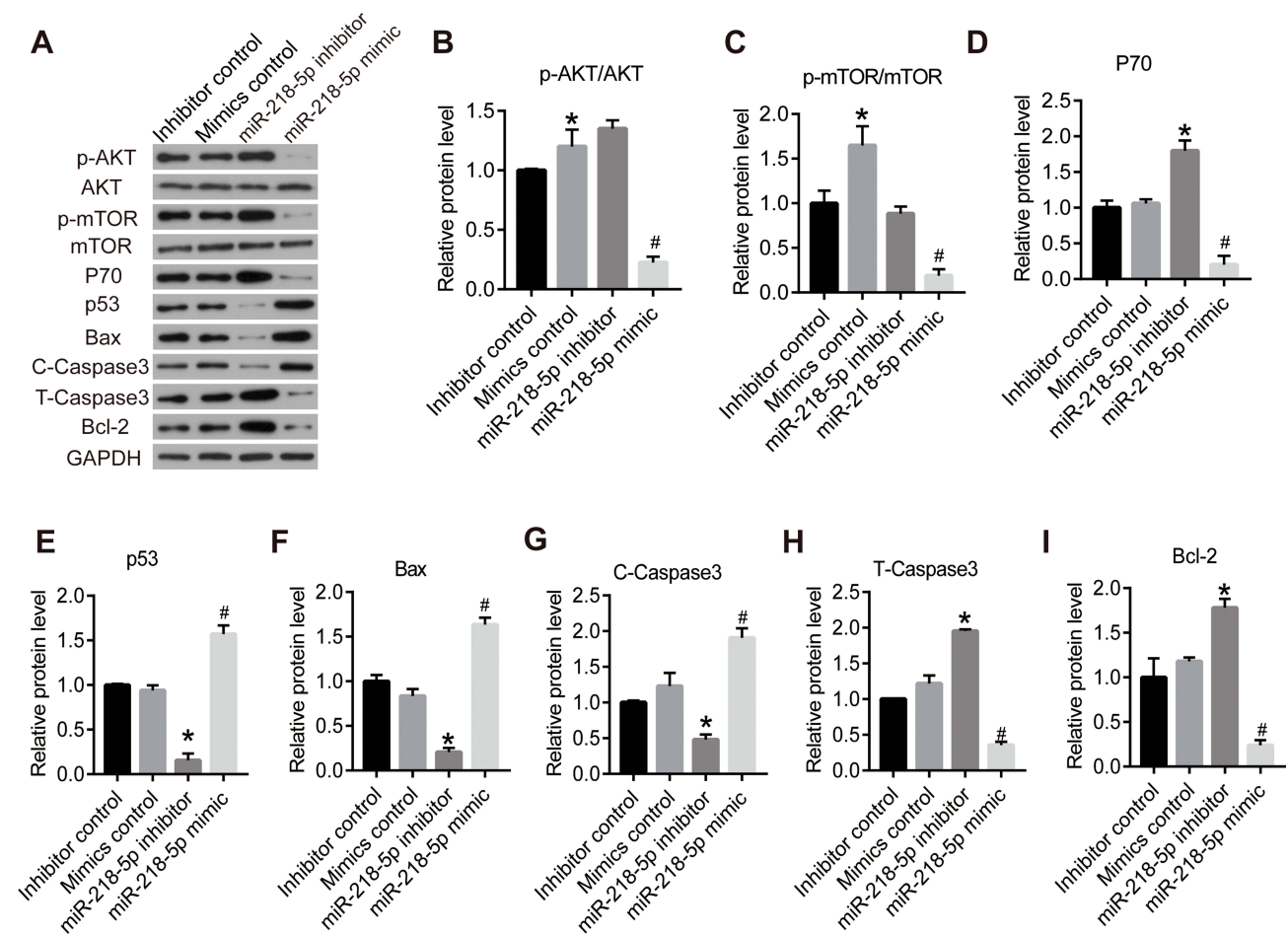


Figure 2 MiR-218-5p inhibited the activation of the AKT/mTOR signaling pathway. (A, Western blot was performed to detect the protein levels of related genes of the AKT/mTOR signaling pathway. The column diagrams showed the expression of the protein, including p-AKT/AKT (B), p-mTOR/mTOR (C), P70 (D), p53 (E), Bax (F), C-Caspase3 (G), T-caspase-3 (H) and Bcl-2 (I). GAPDH was used as the internal reference gene. * $P < 0.05$ vs NC, # $P < 0.05$ vs NACCI-OE.

opposite effect. Our results suggested that NACCI promoted cell growth by activating the AKT/mTOR signaling pathway in RB cells.

MiR-218-5p/NACCI/AKT/mTOR Inhibited Cell Growth in Human RB

Then, we verified the function axis of miR-218-5p/NACCI/AKT/mTOR by overexpression of both NACCI and miR-218-5p in WERI-Rb-1 cells (NACCI-OE+ miR-218-5p mimics). As shown in Figure 4, overexpression of miR-218-5p significantly blocked the increase of cell viability induced by NACCI overexpression as well as the inhibition of cell apoptosis induced by NACCI overexpression. In addition, the activation of the AKT/mTOR signaling pathway induced by NACCI-OE was inhibited by miR-218-5p mimics (Figure 5).

Discussion

MiRNAs are single-stranded small non-coding RNAs with a length of 21 to 24 nucleotides.²² They bind to the 3'-untranslated region (3'-UTR) of the target gene mRNA completely or incompletely to promote the degradation of the mRNA and/or inhibit the translation process.²³ Numerous studies have shown that miRNAs are involved in tumorigenesis and development through regulation of multiple target genes and signaling pathways.²⁴ In recent years, it has been found that miR-218-5p can participate in tumor progression through multiple signaling pathways. MiR-218-5p was found to exert an anti-tumor effect through binding to EGFR in non-small cell lung cancer both in vitro and in vivo.²⁰ MiR-218-5p can bind to the 3'-UTR of PRKCE, reduce PRKCE expression, and promote sensitivity to gemcitabine in gallbladder

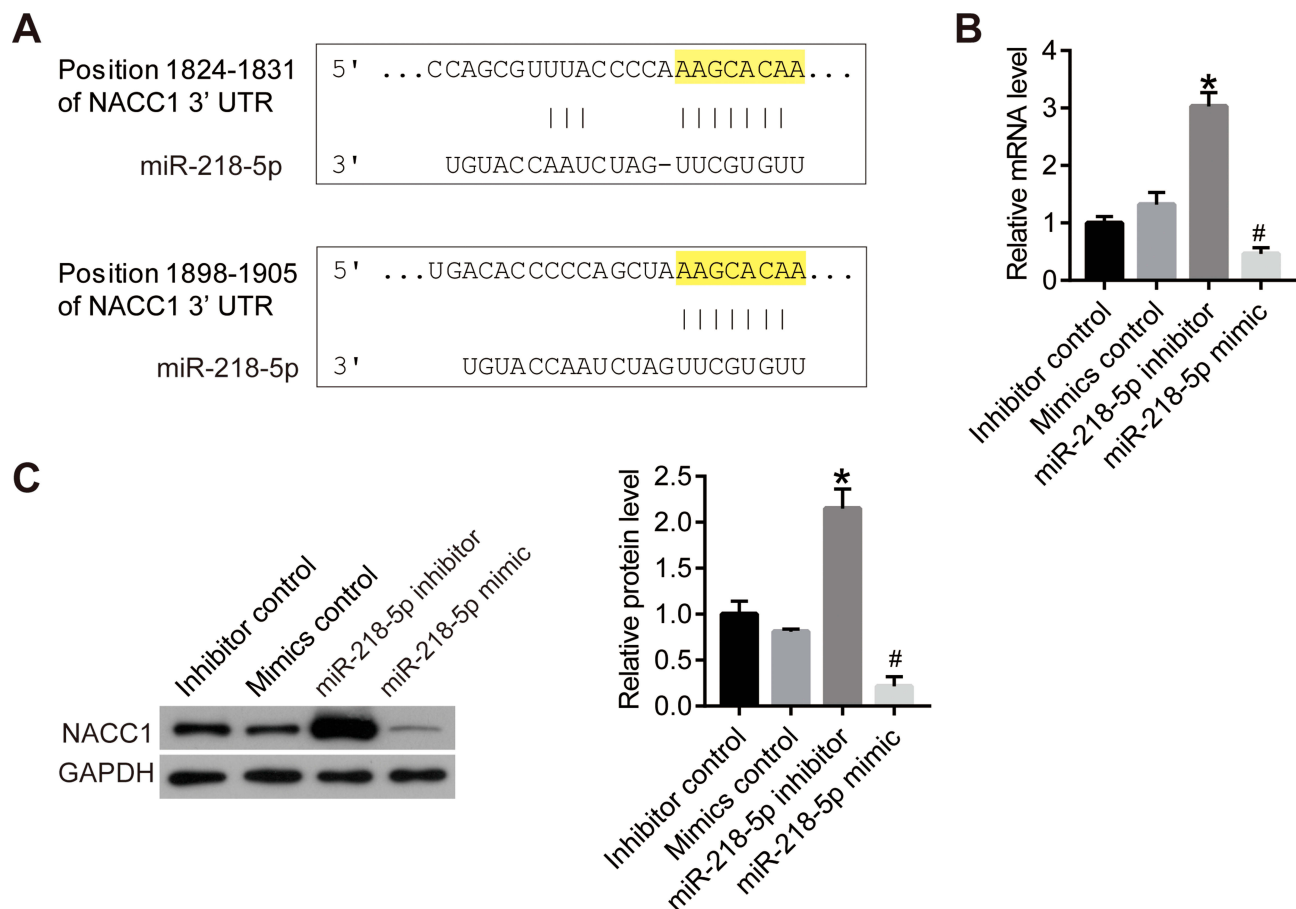


Figure 3 MiR-218-5p inhibited the expression of NACC1 via binding to the 3'UTR region of NACC1. (A), the binding sites of miR-218-5p and NACC1's 3'UTR was analyzed on TargetScan dataset. (B), the mRNA level of NACC1 was detected using qPCR. (C), the protein level of NACC1 was detected using Western blot. * $P < 0.05$ vs NC, # $P < 0.05$ vs NACC1-OE.

cancer.⁴ In addition, miR-218-5p was also significantly downregulated in liver cancer,¹⁶ prostate cancer,¹⁸ gastric cancer¹⁷ and gastrointestinal stromal tumor.¹⁹

In order to further investigate the role of miR-218-5p in the pathogenesis of RB and its effect on the biological behavior of RB cells, the synthetic miR-218-5p mimics and inhibitors were transfected into RB WERI-Rb-1 cells. From the results of CCK8 and clonogenic assays, we found that miR-218-5p inhibited the viability in WERI-Rb-1 cells. Flow cytometry analysis showed that miR-218-5p promoted apoptosis in WERI-Rb-1 cells. Therefore, we speculated that miR-218-5p might play an anti-cancer role by regulating the viability and apoptosis of RB cells. To clarify the mechanism by which miR-218-5p inhibited tumor progression, the crucial protein levels of the AKT/mTOR signaling pathway were detected by Western blot. MiR-218-5p could inhibit the phosphorylation of AKT and mTOR and also regulate the downstream protein

expression involved in the viability and apoptosis in WERI-Rb-1 cells.

MiRNAs can affect the occurrence and development of tumors by targeting the oncogenes or tumor suppressor genes. At present, miR-218-5p has been found to have multiple target genes, which distribute in different signaling pathways.^{2,4,17,25-27} Through the analysis of the online target gene prediction software TargetScan, we found that NACC1 may be the downstream target of miR-218-5p. qPCR and Western blot assays proved that miR-218-5p inhibited the expression of NACC1 in RB cells. We further constructed NACC1 knockdown and overexpression cell lines. Cell functional analysis proved that NACC1 promoted viability and inhibited apoptosis in RB cells. In addition, miR-218-5p mimics could block the cell growth induced by NACC1 overexpression, indicating a functional axis of miR-218-5p/NACC1/AKT/mTOR in RB progression.

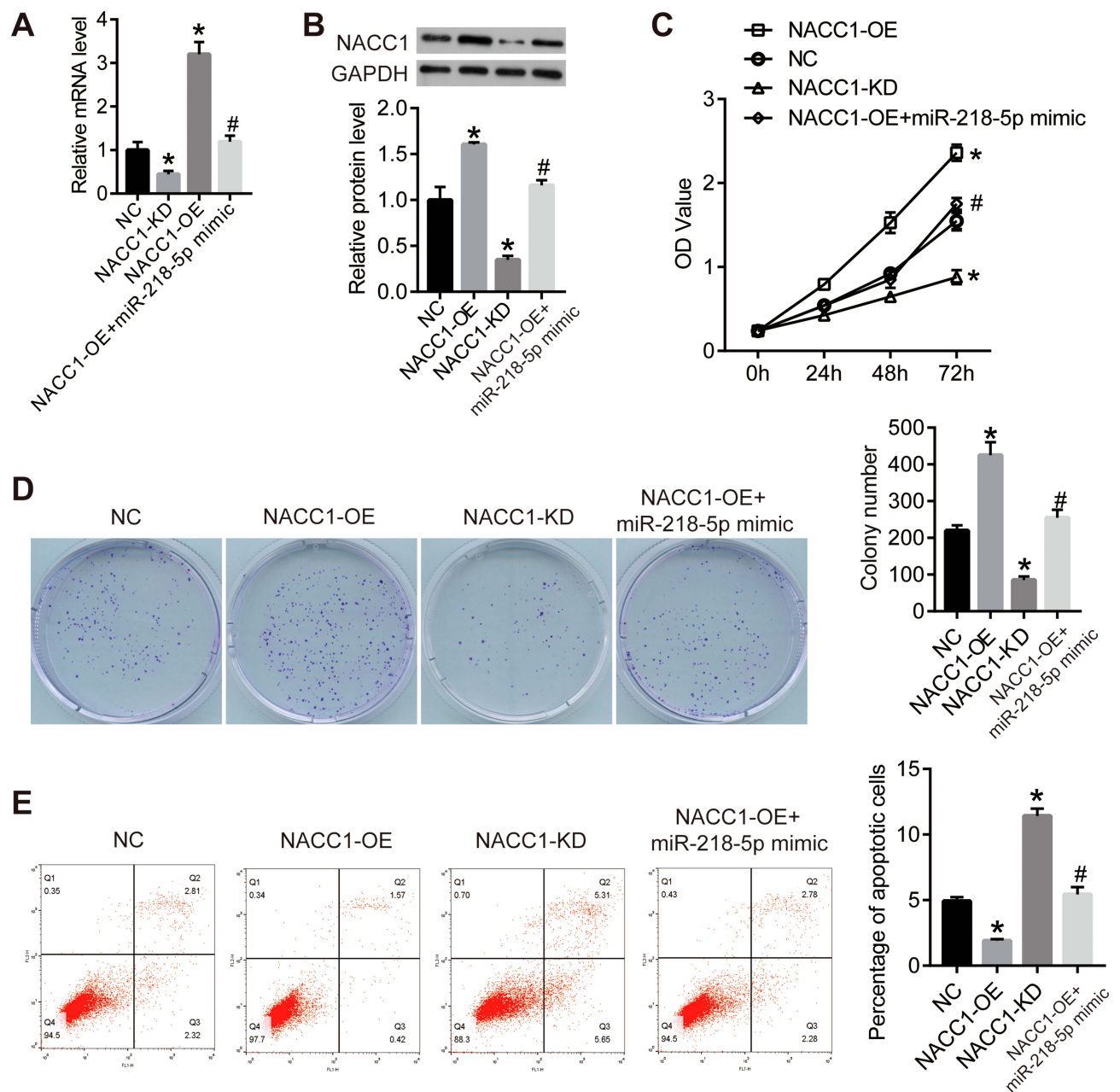


Figure 4 NACCI promoted the proliferation and inhibited the apoptosis in retinoblastoma cells. **(A)** NACCI shRNA or overexpression plasmid was transfected into WERI-Rb-1 cells with the untreated WERI-Rb-1 cells as control (negative control, NC). qPCR was performed to detect the expression level of miR-218-5p. GAPDH was used as the internal reference gene. **(B)** Western blot was used to detect the protein level of NACCI. **(C)** CCK8 assay was used to detect the proliferation of WERI-Rb-1 cells. OD value was measured on 450nm. **(D)** Clonogenic assay was performed to further confirm the proliferation of WERI-Rb-1 cells. After 2 weeks of cultivation, the photographs were taken. **(E)** After the transfection for 24 h, cell apoptosis was analyzed using flow cytometry. * $P < 0.05$ vs NC; # $P < 0.05$ vs NACCI-OE.

The protein encoded by NACCI is a member of the BTB/POZ family.²⁸ The highly conserved BTB/POZ homeodomain is necessary for the formation of the NACCI dimer complex, which is involved in a variety of biological functions, including gene transcription regulation, ubiquitin pathway protein degradation, cell morphology, proliferation, and apoptosis.^{29,30} In recent years, it has been found that NACCI is overexpressed in a variety of tumors, those such as ovarian

cancer,³¹ cervical cancer,⁸ endometrial cancer³² and breast cancer.⁹ In the present research, we proved that NACCI promoted growth and metastasis in human RB cells. According to our results, miR-218-5p can inhibit the expression of NACCI, and then leads to the inhibition of Akt/mTOR signaling pathways activity, which can decrease the P70 level and the activation of caspase-3, and finally lead to the apoptosis and inhibition of cell activity. In conclusion, we

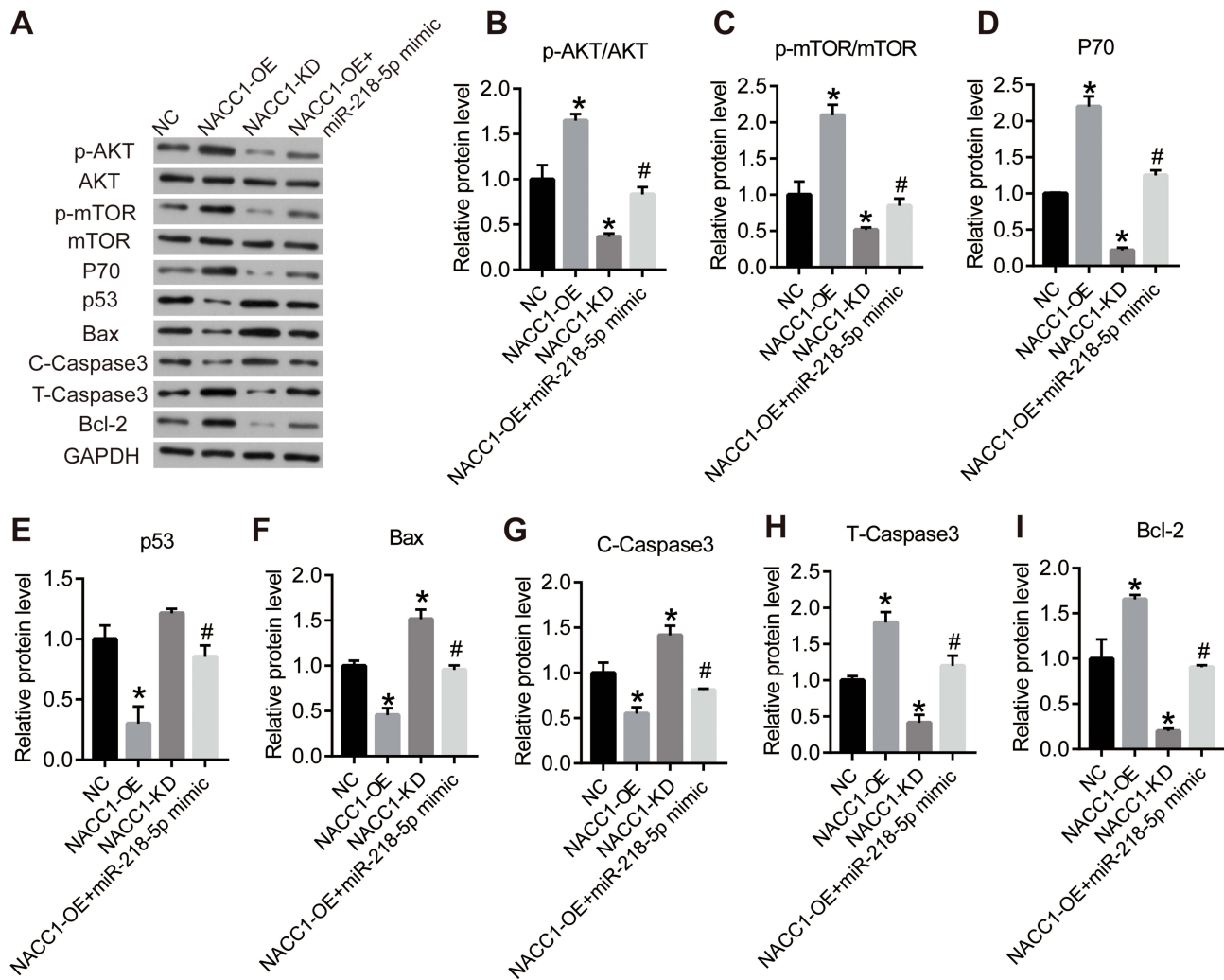


Figure 5 NACC1 activated the AKT/mTOR signaling pathway in retinoblastoma cells. (A) Western blot was performed to detect the protein levels of related genes of the AKT/mTOR signaling pathway. The column diagrams showed the expression of the protein, including p-AKT/AKT (B), p-mTOR/mTOR (C), P70 (D), p53 (E), Bax (F), C-Caspase3 (G), T-caspase-3 (H) and Bcl-2 (I). GAPDH was used as the internal reference gene. * $P < 0.05$ vs NC; # $P < 0.05$ vs NACC1-OE.

proved that miR-218-5p inhibited cell viability and promoted apoptosis through targeting the NACC1 and AKT/mTOR signaling pathways. MiR-218-5p/NACC1/AKT/mTOR might be a new target axis for the clinical treatment strategy.

Disclosure

The authors report no conflicts of interest in this work.

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