

# Gene Therapy for Overactive Bladder: A Review of BK-Channel $\alpha$ -Subunit Gene Transfer

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**Abstract:** A need exists for local (ie, bladder-specific) interventions to treat overactive bladder (OAB) with low risk of unwanted postprocedural outcomes. Gene therapy targeted to leverage endogenous physiology in bladder cells may assist in restoring normal cell and organ function. Herein, we review the potential promise of gene therapy for treating OAB, focusing on gene transfer of URO-902, a non-viral naked plasmid DNA expressing the big potassium (BK) channel. We searched PubMed for articles concerning functional aspects of the BK channel and its potential use for gene transfer as local OAB treatment. Results from preclinical, phase 1, and phase 2 studies of URO-902 for erectile dysfunction and phase 1 studies of URO-902 for OAB are included. The BK channel has been extensively studied; however, URO-902 is the first gene therapy used in clinical trials directed toward treating OAB via the BK channel. In both URO-902 studies, there were no serious adverse events considered treatment related and no adverse events leading to early withdrawal. Both studies included secondary efficacy endpoints with promising results suggesting improvement in OAB symptoms, and quality of life, with use of URO-902 versus placebo. Gene therapy involving the BK channel, such as gene transfer with URO-902, has demonstrated promising safety and efficacy results in women with OAB. Findings warrant further investigation of the use of URO-902 for OAB treatment.

**Keywords:** big potassium channel, gene expression, ion channels, urinary bladder

## Introduction

Overactive bladder (OAB) is a disorder characterized by urgency and frequency with and without urinary incontinence. It affects 15% to 25% of the general population older than 40 years of age.<sup>1–5</sup> Current guidelines recommend non-subtype-selective oral antimuscarinics or  $\beta_3$ -adrenergic receptor agonists as primary pharmacotherapy.<sup>6–8</sup> Although these agents modulate the neurotransmitter-mediated signals that cause OAB-related symptoms,<sup>9</sup> some, such as anticholinergics, are associated with challenging adverse effects that limit compliance, and they may not be effective in all patients.<sup>6–11</sup> Chemodenervation agents may improve symptoms with similar or even greater efficacy compared with oral agents; however, treatment with botulinum toxin may result in unwanted post-procedural outcomes such as urinary retention and urinary tract infections. Other treatments for OAB are limited by cost and invasiveness, require general anesthesia (eg, sacral neuromodulation), or have limited efficacy and require inconvenient weekly treatment sessions (eg, percutaneous tibial nerve stimulation).<sup>12</sup> Thus, while bladder-targeted treatments are available, there remains an unmet need for locally administered interventions to treat OAB.

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The large-conductance, voltage- and calcium-activated  $K^+$  channel, known as the big potassium (BK) or Maxi-K channel, is highly expressed on urinary bladder smooth muscle cells and regulates bladder detrusor muscle function.<sup>13</sup> BK channel activation reduces smooth muscle cell excitability, and therefore modulation of this channel's activity by the introduction of a locally instilled plasmid expressing the BK channel is a potential novel approach to OAB treatment. This article reviews the physiological importance and regulation of the BK channel in the bladder, as well as the potential of BK channel modulation with gene therapy in the management of OAB.

## Bladder Contraction

When functioning normally, the bladder has a change in internal volume from nearly zero to >400 mL during its filling cycle.<sup>14</sup> During voluntary or involuntary voiding, the detrusor smooth muscle cells go from a state of low tension to a rapid contraction in order to empty the bladder. Detrusor smooth muscle is organized in contractile units in a syncytium connected by gap junctions that facilitate the spread of contractile function throughout the detrusor muscle tissue.<sup>15</sup> These contractile units show spontaneous depolarizations leading to uncoordinated contractile activity that has little effect on intravesical pressure but is essential for maintaining tone of the bladder wall.<sup>16</sup> The spontaneous activity in turn generates afferent nerve activity and the sensation of bladder filling.<sup>17,18</sup> Increases in the spontaneous activity leading to increased afferent nerve activity have been considered important in the generation of OAB symptoms.

In order to produce an emptying contraction, coordination of the activity of the muscle units is necessary, and this is provided by excitatory input from the parasympathetic system.<sup>17</sup> Bladder emptying contraction is initiated by a massive release of acetylcholine from the pelvic nerve, which stimulates muscarinic ( $M_3$ ) receptors on the detrusor smooth muscle cell, and triggers an intracellular signaling cascade that leads to simultaneous membrane depolarization of all detrusor muscle cells. This results in the opening of voltage-dependent  $Ca^{2+}$  channels at the cell surface and a massive influx of extracellular calcium. High intracellular  $Ca^{2+}$  is sensed by calmodulin, an intracellular messenger protein, which leads to the activation of myosin light chain kinase and muscle contraction.<sup>17</sup>

Relaxation of detrusor smooth muscle cells is mediated, at least in part, when  $K^+$  channels open to allow the efflux of  $K^+$  ions, and hyperpolarization of the cell membrane is

produced, leading to diminished intracellular calcium levels and reduction of the spontaneous activity and thus reduced detrusor muscle tone.<sup>13</sup> This mechanism operates during the filling phase, when OAB symptoms are experienced, and has no effect on the emptying contraction. Thus, restoration/maintenance of the endogenous ionic mechanisms that govern smooth muscle cell tone, through targeted gene therapy, is an attractive approach to the treatment of any disease or disorder characterized by altered smooth muscle cell physiology—including OAB. The BK or Maxi-K channel is the  $K$  channel subtype most responsible for creating and maintaining the cell's resting membrane potential.

## Plausible Mechanism(s) for Gene Therapy Modulation of Bladder Contraction

Gene therapy can be used to treat diseases and conditions such as OAB. Specifically, we suggest that tissue or organ-specific overexpression of key modulators of smooth muscle function can mitigate pathophysiological features of diseases as diverse as hypertension, asthma, irritable bowel, erectile dysfunction, and OAB. The explicit scientific rationale, in the case of the bladder, is driven by the supposition that targeted, locally delivered, gene therapy can address the pathophysiological changes in molecular and biochemical pathways that result in dysfunctional control of detrusor smooth muscle tone, which in turn, manifests as OAB.

In this scenario, gene therapy can be used to restore, reduce, or enhance the expression of the normal gene products that control key cellular actions.<sup>19</sup> Aging and disease can modify “normal” gene expression, for example, by elaboration of splice variants whose downstream products alter normal cellular physiology to result in dysfunctional bladder control. The introduction of carefully selected genes into a significant fraction of affected cells can return the cells and organs to more normal physiology and function.

The bladder is notably amenable to such an approach for 3 main reasons. First, the bladder is readily accessible via the urethra for delivery of therapeutic genes to the urothelium, neural network, and/or underlying detrusor myocytes.<sup>20,21</sup> Second, therapeutic administration is local, and thus the main part of the corresponding activity should be confined to the bladder. In fact, these 2 points have recently been demonstrated in pilot clinical studies of naked DNA gene therapies for OAB, which have produced no evidence of

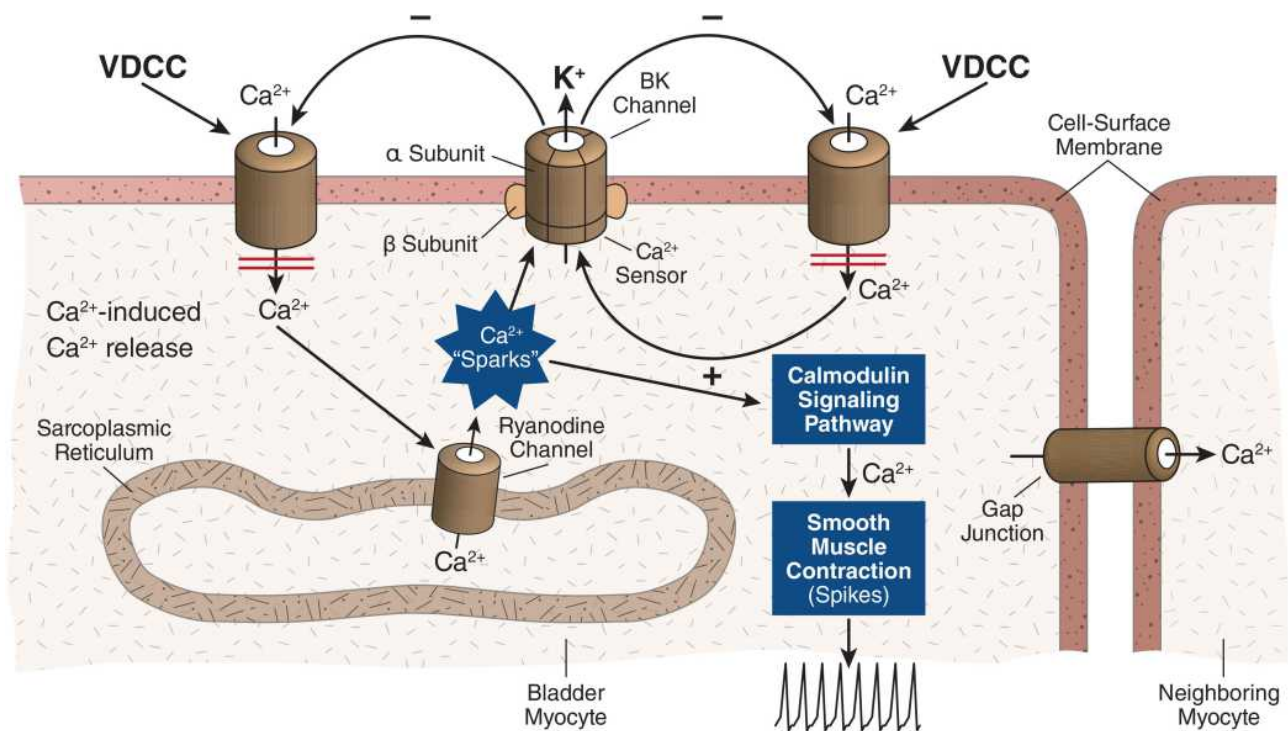
systemic effects.<sup>22</sup> Third, relatively modest transfection efficiency can be therapeutically tolerated, as the bladder's myocytes communicate with each other through intercellular channels, referred to as gap junctions. This latter mechanism leverages the important role that gap junctions play in the coordinated contractile responses mediated by the extant syncytial smooth muscle cell network to ensure complete bladder emptying upon appropriate parasympathetic activation.<sup>15,20</sup> More specifically, although only a small proportion of myocytes might incorporate and express the therapeutic naked DNA gene, the presence of an intercellular network of gap junctions allows corrective changes in gene expression to facilitate passage of current-carrying ions and secondary messenger molecules from cell to cell throughout the bladder wall.<sup>23</sup>

## BK Channel Function and Channelopathy

Again, it appears that the large-conductance, voltage- and calcium-activated BK (Maxi-K) channel is the K channel subtype most responsible for creating and maintaining the cell's resting membrane potential.<sup>13</sup> The BK channel consists of a tetramer of pore-forming  $\alpha$ -subunits that are typically

surrounded by modulatory  $\beta$ -subunits.<sup>24,25</sup> The  $\alpha$ -subunit is encoded by a single gene called Slo or *KCNMA1* that is located on the long arm of chromosome 10.<sup>26</sup> Activation by either membrane depolarization or increased intracellular  $\text{Ca}^{2+}$  increases the permeability of the BK channel permitting outward  $\text{K}^+$  efflux across the cell membrane down the electrochemical gradient, resulting in hyperpolarization and reduced cellular excitability (Figure 1). Since increased myogenic activity may contribute to bladder overactivity, increasing the number of BK channels (via gene transfer) has a rational scientific basis.

Overall, the BK channels in bladder smooth muscle act to promote detrusor relaxation and limit the amplitude and duration of spontaneous or nerve-induced detrusor contraction.<sup>13</sup> Several lines of evidence suggest the importance of BK channels for modulating and sustaining the bladder's resting state. In normal detrusor smooth muscle, the BK channel is expressed at high levels.<sup>27,28</sup> In fact, the conductance of the BK channel—that is, the rate of  $\text{K}^+$  ions passing through the channel—is an order of magnitude greater than the conductance of other  $\text{K}^+$  channels.<sup>29</sup> The BK channel is therefore unique among  $\text{K}^+$  channels in its responsiveness either to membrane depolarization or



**Figure 1** Schematic depiction of the central role of the BK channel in regulation of myogenic tone in bladder smooth muscle. As shown, detrusor smooth muscle exhibits spontaneous myogenic contractile activity (spikes) associated with depolarizations. The depolarizations are associated with  $\text{Ca}^{2+}$  influx via voltage-dependent calcium channels (VDCCs).  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release from the sarcoplasmic reticulum activates BK channels via "sparks," but BK channels are also activated via more global increases in intracellular calcium, and eventually the cell is repolarized. The repolarization closes (temporarily) the VDCC, and spike activity is reduced.

a rise in intracellular calcium, enabling it to integrate these contraction-governing signals.<sup>13</sup> Consistent with these electrophysiological properties, in mice, for example, knockout of BK channel  $\alpha$ -subunits is associated with increased detrusor contractility and urination frequency.<sup>30</sup> In mouse bladder myocytes, deletion of the BK  $\alpha$ -subunit or pharmacologic blockade of transient BK currents is sufficient to depolarize the cell membrane.<sup>31,32</sup>

Ion channel dysfunction, often referred to as channelopathy, is often associated with disorders of smooth muscle.<sup>33</sup> In the case of the BK channel, mutations, splice variants, or low levels of channel expression in bladder myocytes would be expected to lead to increased intracellular  $\text{Ca}^{2+}$  levels and abnormal responsiveness to cholinergic signaling.<sup>13,34</sup> Using detrusor smooth muscle tissue samples obtained from 33 patients during open bladder surgeries, neurogenic detrusor overactivity was associated with decreased BK channel expression and function, leading to increased detrusor smooth muscle excitability and contractility.<sup>35</sup> BK channel dysfunction may also heighten the responsiveness of the central nervous system to sensory signals from the bladder, a phenomenon called central sensitization, which appears to occur in illnesses such as irritable bowel syndrome and fibromyalgia.<sup>36</sup> High levels of gap junction expression would likewise be expected to make the bladder smooth muscle cells hypersensitive to cholinergic stimulation, presumably due to excessive diffusion of  $\text{Ca}^{2+}$  ions among detrusor coupled myocytes.<sup>15,37–39</sup> Indeed, upregulation of connexin 43, a predominant connexin protein expressed in human bladder gap junctions, has been identified in patients with urgency incontinence.<sup>32</sup>

The use of gene therapy to treat bladder dysfunction may have intrinsic advantages over conventional pharmacotherapies when the therapeutic target is subject to epigenetic modification. It was recently demonstrated that diabetes results in epigenetic changes in the methylation pattern of the detrusor genome which are mostly, but not entirely, normalized with glycemic control.<sup>40</sup> This phenomenon is known as hyperglycemic memory and would likely contribute to the persistence of bladder dysfunction even in diabetic patients that achieve glycemic control. The *KCNMA1* gene (encoding the BK channel,  $\alpha$ -subunit) was identified in the subset of genes encoded by genomic loci that had modulated methylation patterns with diabetes that were not reversed with glycemic control. The changes in methylation pattern correlated with expression of the BK channel  $\alpha$ -subunit protein; its expression was

downregulated with diabetes that was not reversed with insulin treatment. Although decreased expression and activity of *KCNMA1* in the diabetic bladder has been reported (and used to support targeting BK channel activity to treat diabetic bladder dysfunction), expression was previously not known to be subject to hyperglycemic memory. Gene therapy overcomes hyperglycemic memory by introducing exogenous DNA into the bladder that has not been subject to epigenetic modification, restoring BK channel activity. In contrast, pharmacologic approaches to increase BK channel activity in the bladder of diabetic patients, even patients who have achieved glycemic control, would have no target to act on, or have such low levels of expression that activation is insufficient for physiological effect. Therefore, the strategy of increasing BK channel activity to treat patients with bladder dysfunction involving epigenetic modification will be more effective using gene therapy (which overexpresses the *KCNMA1* gene) than the use of pharmacologic agents (which may have no or little target to activate).

## BK $\alpha$ -Subunit Gene Therapy

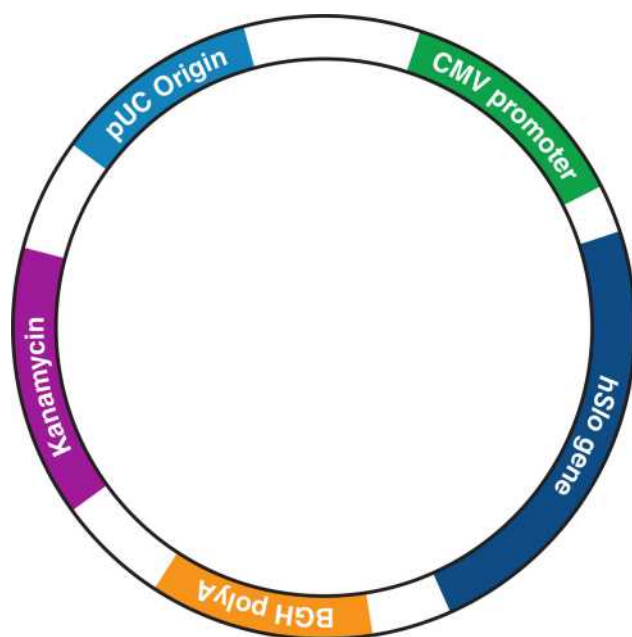
Gene therapies are often designed for the purpose of gene augmentation or the introduction of a functional gene into a cell with deficient expression of the desired gene product.<sup>19</sup> To ensure sufficient expression, the gene delivery system must permit uptake by the targeted cells, protect the exogenous nucleic acid from degradation by host-cell nuclease enzymes, and ensure intracellular transport of the gene to the cell nucleus. To these ends, viral vectors have often been used. However, viral-based gene therapy has been associated with severe adverse events and risk of mortality, leading to increased investigations of non-viral vectors.<sup>19,41,42</sup>

Naked plasmid DNA (pDNA) is one such non-viral vector option. Naked pDNA is significantly less immunogenic relative to viral and retroviral vectors.<sup>43</sup> Further, naked pDNA has less potential for integration into the host cell's genome, thereby reducing the risk of adverse events associated with insertional mutagenesis, position-effect variegation, or inflammatory immune responses.<sup>41,44</sup> However, gene transfer via naked pDNA is also limited by low transfection efficiency and transient expression of the transgene, necessitating the administration of large quantities of the vector.<sup>41</sup> Organs and systems successfully targeted by naked pDNA in preclinical and clinical studies have included the heart, central nervous system, pancreas, penis, and skeletal muscle.<sup>41,45–47</sup>



URO-902 is a 6880-base-pair naked pDNA incorporating a DNA sequence synthesized from the messenger RNA (mRNA) that encodes the human BK channel  $\alpha$ -subunit (Figure 2).<sup>21,48</sup> To ensure robust expression of the encoded protein in eukaryotic cells, the  $\alpha$ -subunit code is flanked at its upstream end by a CMV promoter (from cytomegalovirus) to initiate DNA transcription and at its downstream end by a polyadenylation signal (from the bovine growth hormone gene) to terminate transcription and protect the transcript from enzymatic degradation. In addition, the plasmid incorporates sequences that are frequently used in plasmid construction to facilitate its selection and replication in *Escherichia coli* cultures. None of the modules enable the plasmid to replicate in eukaryotic cells, thereby confining the treatment to targeted cells transfected with the plasmid.

Within targeted cells, URO-902 enters the cell presumably via endocytosis and then transits the cell nucleus through a nuclear pore. The type of plasmid promoter driving BK expression determines which cells will express the protein. URO-902 uses a CMV promoter, which is a nonspecific promoter that is active in all cells. Smooth muscle cell-specific promoters, such as the smooth muscle  $\alpha$ -actin (SMAA) promoter, also have been incorporated into the plasmid backbone and were shown to be physiologically active.<sup>49,50</sup> In the nucleus, pDNA for the BK  $\alpha$ -subunit is transcribed by the host cell into an mRNA,



**Figure 2** The URO-902 plasmid construct. For further construct details, see Melman et al.<sup>48</sup> BGH, bovine growth hormone; CMV, cytomegalovirus.

which is translated into protein in the cytoplasm. The expressed BK  $\alpha$ -subunit channels are then inserted into the cell membrane via the cell's endogenous machinery. Reverse transcription polymerase chain reaction (RT-PCR) measures show that the gene is expressed in erectile smooth muscle for up to 6 months.<sup>51</sup> The hypothesis underlying the development of URO-902 as a gene therapy for OAB is that increased expression of BK channels in bladder myocytes may enhance the cellular capacity to expel  $K^+$  ions, promoting membrane hyperpolarization and reducing excitability (Figure 1). The resulting smooth muscle relaxation would be expected to reduce the symptoms associated with OAB.

## URO-902 Gene Transfer Studies for Urologic Applications: Erectile Dysfunction and OAB

### First Test in Erectile Dysfunction

Transfer of DNA encoding the BK channel  $\alpha$ -subunit was first tested as a potential treatment for erectile dysfunction.<sup>21</sup> In 2 rat models, intracavernosal injection of a plasmid incorporating the  $\alpha$ -subunit gene yielded improvement in the ratio of intracavernous pressure to systemic arterial blood pressure.<sup>51–53</sup> A dose-dependent effect on erectile response to cavernous nerve stimulation was seen for up to 6 months. Improvement in erectile function also was identified in atherosclerotic male cynomolgus monkeys, where intracorporal BK channel gene transfer also enhanced sexual behavior—implying that erectile function per se may lead to increased sexual function.<sup>49</sup>

In a phase 1 safety study, 11 men with severe erectile dysfunction who were unresponsive to pharmacotherapy but otherwise in good health were treated with open-label URO-902 administered as a single dose by intracavernosal injection.<sup>47,48</sup> The tested dose levels were 0.5, 1, 5, and 7.5 mg. Patients were monitored for 6 months with annual follow-up for 2 years. The therapy was well tolerated, with no adverse events considered to be gene-transfer-related and no clinically significant changes in physical, laboratory, or electrocardiographic parameters. Semen samples obtained up to 4 weeks after URO-902 dosing showed no evidence of the plasmid. At the 2 highest doses, a clinical response persisted throughout the 6-month study period. A phase 2 study in 26 men confirmed the tolerability of URO-902, with all events being mild and considered not related to study drug.<sup>54</sup>

## Further Application to OAB

To evaluate potential use in OAB, preclinical research established the ability of bladder instillation of pDNA encoding the BK  $\alpha$ -subunit to ameliorate the bladder overactivity observed in rats following partial urethral obstruction.<sup>55</sup> These studies were followed by phase 1 safety studies of female patients with OAB.<sup>22</sup> In each of 2 such trials, the participants were otherwise healthy, non-fertile women with non-neurogenic (idiopathic) OAB and associated detrusor overactivity of at least 6-month duration (Table 1). Moreover, study participants were required to document at least 8 micturitions per day and at least 5 urgency urinary incontinence episodes per week at baseline, without clinically significant stress incontinence. Each woman received a single double-blind dose of URO-902 or placebo administered by intravesical instillation in one trial (ION-02 [NCT00495053]) and by direct detrusor injection in another trial (ION-03 [NCT01870037]). For instilled URO-902, the tested dose levels were 5 and 10 mg. For injected URO-902, dose levels were 16 and 24 mg divided among 20 to 30 injection sites. Patients were assessed and monitored for 6 months with periodic follow-up for an additional 18 months.

In ION-02 (intravesical installation), the 90-mL dose of URO-902 was instilled through a small-diameter catheter into the lumen of the bladder, and patients were requested to retain the solution in the bladder for at least 2 hours.<sup>22</sup> In ION-03 (direct injection), URO-902 was injected approximately 2 mm into the detrusor muscle with a BoNee needle through a rigid cystoscope, without general or regional anesthesia, and 20 injections of either 0.2 mL (16-mg dose) or 30 injections of 0.2 mL (24-mg dose) each were spaced approximately 1 cm apart.<sup>22</sup> Prior to direct injection, 40 mL of 2% lidocaine was instilled into the bladder, and 10 mL of 2% xylocaine gel was instilled into the urethra.

In both studies, few treatment-related adverse events were noted. Of 34 participants in both studies, only 3 had treatment-related adverse events, and 1 of those patients received placebo. Furthermore, there were no adverse events leading to an early withdrawal from the study (Tables 2 and 3).<sup>22</sup> One serious adverse event was reported in ION-03: exacerbation of pre-existing asthma in a patient treated with 16 mg URO-902. This event was not considered related to the investigational agent. Across both trials, no patients experienced urinary retention as a reported adverse event.<sup>22</sup>

Among the 16 women receiving URO-902 by instillation, post-dose urine samples showed no evidence of the

**Table 1** Baseline Characteristics by Study Drug Treatment in Women Participating in Phase I URO-902 Trials

Characteristic	ION-02 Study			ION-03 Study		
	URO-902 by Intravesical Instillation 5 mg (n=10)	URO-902 by Intravesical Instillation 10 mg (n=6)	Placebo (n=5)	URO-902 by Detrusor Injection 16 mg (n=6)	URO-902 by Detrusor Injection 24 mg (n=3)	Placebo (n=4)
Age (years), mean (SD)	62.6 (15.2)	65.8 (14.4)	69.8 (9.8)	55.8 (4.6)	65.1 (9.2)	57.0 (6.8)
Race, n (%)						
White	9 (90.0)	6 (100.0)	4 (80.0)	2 (33.3)	2 (66.7)	4 (100.0)
Black/African American	1 (10.0)	0	0	4 (66.7)	1 (33.3)	0
Ethnicity, n (%)						
Latino/Hispanic	0	0	1 (20.0)	0	1 (33.3)	0
Micturitions/day, mean (SD)	11.5 (3.4)	11.2 (4.7)	10.1 (3.2)	11.3 (2.7)	17.2 (7.1)	10.2 (4.8)
Urgency episodes/day, mean (SD)	11.5 (3.2)	11.2 (4.7)	10.1 (3.2)	10.2 (3.6)	17.2 (7.1)	9.8 (5.2)
Urgency incontinence episodes/day, mean (SD)	2.7 (2.3)	2.2 (2.2)	5.3 (3.6)	1.9 (0.8)	3.8 (3.3)	1.8 (1.5)

**Note:** Adapted from Rovner E, Chai TC, Jacobs S, et al. Evaluating the safety and potential activity of URO-902 (hMaxi-K) gene transfer by intravesical instillation or direct injection into the bladder wall in female participants with idiopathic (non-neurogenic) overactive bladder syndrome and detrusor overactivity from two double-blind, imbalanced, placebo-controlled randomized phase I trials. *NeuroUrol Urodyn*. 2020;39(2):744–753. doi:10.1002/nau.24272. © 2020 The Authors. *NeuroUrology and Urodynamics* published by Wiley Periodicals, Inc.<sup>22</sup>

**Abbreviation:** SD, standard deviation.

**Table 2** Reported Adverse Events by Study Drug Treatment Among Women Participating in the Phase I ION-02 URO-902 Trial

AE, %	URO-902 by Intravesical Instillation 5 mg (n=10)	URO-902 by Intravesical Instillation 10 mg (n=6)	Placebo (n=5)
Any AE	36	11	7
Any treatment-related AE	2	0	1
Any serious AE	0	0	0
Any AE leading to premature discontinuation	0	0	0
Total participants with at least 1 AE	6 (60.0)	5 (83.3)	3 (60.0)
Most common AEs, n (%)			
Urinary tract infection	5 (50.0)	1 (16.7)	2 (40.0)
Constipation	1 (10.0)	1 (16.7)	0
Gastroesophageal reflux disease	2 (20.0)	0	0
Back pain	0	1 (16.7)	0
Blood creatinine increased	1 (10.0)	0	0
Blood creatinine phosphokinase increased	1 (10.0)	0	0
Blood pressure increased	0	1 (16.7)	0
Diarrhea	1 (10.0)	0	0
Dysuria	0	1 (16.7)	0
Hepatitis C	0	1 (16.7)	0
Hypertensive nephropathy	1 (10.0)	0	0
Nasopharyngitis	0	1 (16.7)	0
Mobitz type II second block	1 (10.0)	0	0
Tendonitis	1 (10.0)	0	0
Urinary retention	0	0	0

**Note:** Adapted from Rovner E, Chai TC, Jacobs S, et al. Evaluating the safety and potential activity of URO-902 (hMaxi-K) gene transfer by intravesical instillation or direct injection into the bladder wall in female participants with idiopathic (non-neurogenic) overactive bladder syndrome and detrusor overactivity from two double-blind, imbalanced, placebo-controlled randomized phase I trials. *NeuroUrol Urodyn.* 2020;39(2):744–753. doi:10.1002/nau.24272. © 2020 The Authors. *NeuroUrology and Urodynamics* published by Wiley Periodicals, Inc.<sup>22</sup>

**Abbreviation:** AE, adverse event.

plasmid.<sup>22</sup> Among the 9 women receiving URO-902 by injection, post-dose samples obtained after dosing detected the plasmid in the urine of 4 patients and in the blood of 1 patient 15 minutes after dosing. There was no evidence of the plasmid in later samples.<sup>22</sup>

In both ION-02 and ION-03, the efficacy of URO-902 for the treatment of OAB was assessed by several endpoints.<sup>22</sup> In ION-02, patients receiving URO-902 by intravesical instillation exhibited no significant changes in the mean number of voids or urgency incontinence episodes at either dose. Nevertheless, several efficacy signals were detected. Across URO-902 recipients, the mean reduction in detrusor contractions from baseline to week 24 was trending toward significance ( $P < 0.0508$ ). At week 8, the 5-mg subgroup showed a >40% mean reduction in urgency incontinence episodes.<sup>22</sup>

In ION-03, URO-902 administered by direct detrusor injection showed greater efficacy compared with results of ION-02.<sup>22</sup> Improvement of OAB manifestations included a dose-dependent reduction in the mean number of micturitions and urgency episodes per day, with statistical significance versus placebo for the 24-mg dose at post-dose time points including weeks 12 and 24 (Figure 3A and B). These improvements were accompanied by a decrease in urgency incontinence episodes per day, with dose dependence observed at week 24 (Figure 3C). For micturitions per day and urgency episodes per day, the mean improvement at both URO-902 doses was statistically significant versus placebo at week 1, whereas placebo recipients showed no improvement throughout the trial. In future trials, these higher doses of URO-902 may lead to further improved response. URO-902 recipients

**Table 3** Reported Adverse Events by Study Drug Treatment Among Women Participating in the Phase I ION-03 URO-902 Trial

AE, %	URO-902 by Detrusor Injection		Placebo (n=4)
	16 mg (n=6)	24 mg (n=3)	
Any AE	13	8	17
Any treatment-related AE	0	0	0
Any serious AE	1	0	0
Any AE leading to premature discontinuation	0	0	0
Total participants with at least 1 AE	4 (66.7)	3 (100.0)	4 (100.0)
Most common AEs, n (%)			
Hyperglycemia	3 (50.0)	2 (66.7)	4 (100.0)
Hematuria	2 (33.3)	1 (33.3)	2 (50.0)
Abdominal pain	1 (16.7)	1 (33.3)	1 (25.0)
Blood creatine phosphokinase increased	1 (16.7)	0	1 (25.0)
Dysuria	0	1 (33.3)	1 (25.0)
Urinary tract infection	1 (16.7)	1 (33.3)	0
Upper respiratory tract infection	1 (16.7)	0	0
Bladder pain	0	1 (33.3)	0
Arthralgia	0	1 (33.3)	0
Antinuclear antibody positive	1 (16.7)	0	0
Electrocardiogram QT prolonged	0	0	1 (25.0)
Hematocrit decreased	0	0	1 (25.0)
Hemoglobin decreased	0	0	1 (25.0)
Hypoglycemia	1 (16.7)	0	0
Asthma	1 (16.7)	0	0
Urinary retention	0	0	0

**Note:** Adapted from Rovner E, Chai TC, Jacobs S, et al. Evaluating the safety and potential activity of URO-902 (hMaxi-K) gene transfer by intravesical instillation or direct injection into the bladder wall in female participants with idiopathic (non-neurogenic) overactive bladder syndrome and detrusor overactivity from two double-blind, imbalanced, placebo-controlled randomized phase I trials. *NeuroUrol Urodyn.* 2020;39(2):744–753. doi:10.1002/nau.24272. © 2020 The Authors. *NeuroUrology and Urodynamics* published by Wiley Periodicals, Inc.<sup>22</sup>

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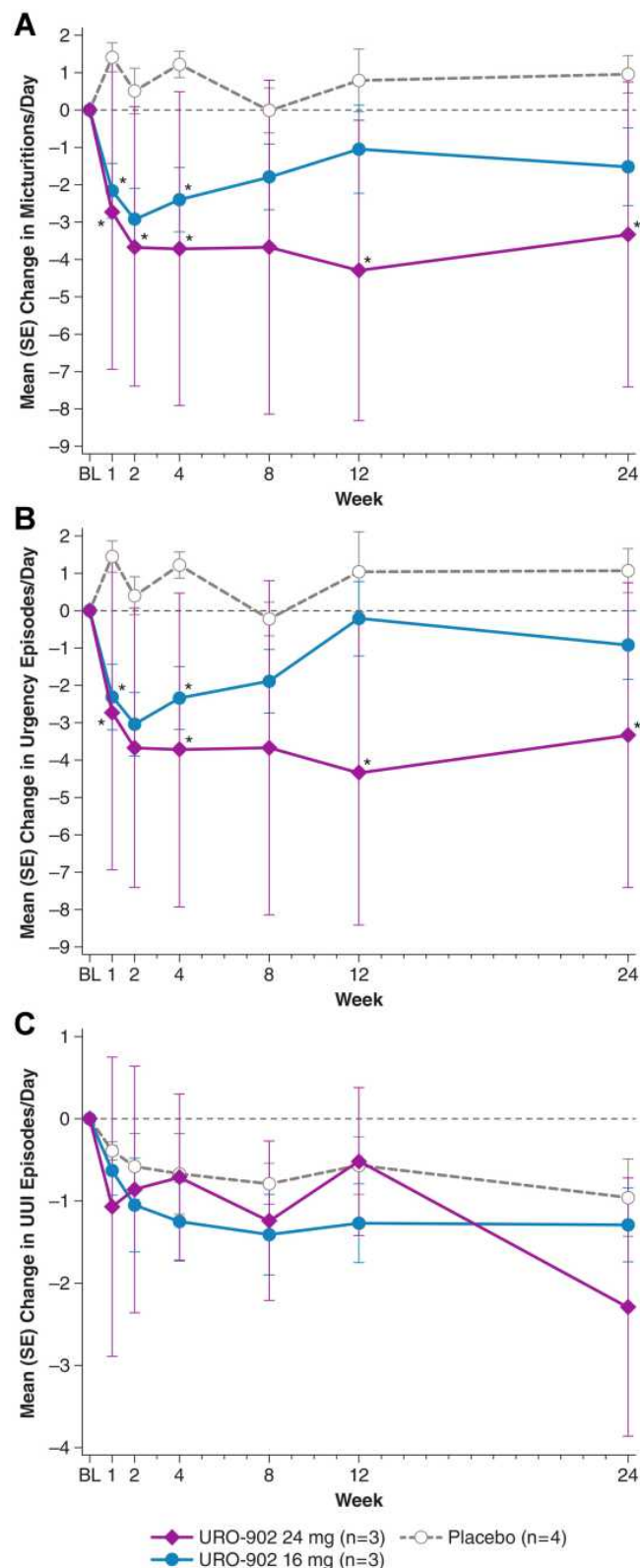
also reported improvements versus baseline in quality of life (QoL) as measured by the King's Health Questionnaire, a health-related QoL instrument specific for urinary incontinence. At multiple post-dose visits, statistically significant improvements were reported in domain scores measuring impact on life, physical limitations, role limitations, social limitations, and sleep/energy.<sup>22</sup>

It has been demonstrated that large molecular weight proteins, such as nerve growth factor, botulinum toxin,<sup>56</sup> and wheat germ agglutinin conjugated to horseradish peroxidase,<sup>57</sup> are capable of retrograde transport to dorsal root ganglia from intradetrusor injection sites. A similar transport of the injected plasmid in ION-03 is possible, and, provided that this is the case, a contribution to the lack of dose dependence in toxicity and in efficacy cannot be excluded. However, in a recently published study,<sup>58</sup> it

was the absence of the BK channel and not increased expression that resulted in decreased neuromuscular transmission. Additionally, because URO-902 uses a nonspecific promoter, it is possible that there may be an effect on neurons in the bladder.

As different injection techniques and doses were used for delivery of URO-902 in ION-02 and ION-03, results from these studies cannot be compared. At present, it is not known whether direct detrusor injection or intravesical instillation will yield the best gene expression in patients with OAB, nor is it established which technique may ultimately be more effective at reducing the symptoms of OAB. As long-term animal studies may pose challenges with multiple survival surgeries, further in-human studies are required to optimize and refine the use of URO-902.





**Figure 3** Mean changes from baseline in (A) micturitions, (B) urgency episodes, and (C) UUI episodes by treatment group during the ION-03 study of URO-902.<sup>22</sup> Data on file from Dr. Melman. \* $P < 0.05$  versus placebo.  $P$  values are derived from a linear mixed model with the number of urgency episodes or number of voids as dependent variables, treatments, time point, and interaction of time and treatment. **Abbreviations:** BL, baseline; SE, standard error; UUI, urge urinary incontinence.

## Conclusions

Among transmembrane ion channels in bladder smooth muscle cells, the BK channel has a particularly crucial role in modulating smooth muscle excitability and thus detrusor tone and contraction. The rationale for URO-902 as a gene therapy for OAB is that enhanced expression of BK channel  $\alpha$ -subunits in bladder myocytes may decrease detrusor smooth muscle cell excitability leading to decreased afferent activity. In turn, this leads to decreased urgency, urinary frequency, and urge urinary incontinence. In preclinical research, gene transfer via naked pDNA encoding the BK channel  $\alpha$ -subunit led to improvement in animal models of detrusor overactivity. In adult female patients with OAB, secondary analyses of efficacy endpoints suggested sustained benefits through 24 weeks of post-dose monitoring, especially with direct detrusor injection of the gene therapy, which were accompanied by improvements in QoL. These findings warrant continued investigation of URO-902 in larger-scale clinical studies.

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## Disclosure

K-EA has nothing to disclose. GJC is co-founder, director, and shareholder of Ion Channel Innovations, LLC, and has a US Patent Application Appl. No. 16/612286; 371(c) Date: November 8, 2019 (US National Phase of Int'l Appl. No. PCT/US2018/032574; Int'l Filing Date: May 14, 2018) For: Compositions And Methods For Treating Idiopathic Overactive Bladder Syndrome And Detrusor Overactivity, pending to Urovant. KD is a shareholder of Ion Channel Innovations, LLC, and received research funds from Urovant. ER reports relationships with Ion Channel Innovations, LLC, during the conduct of the study and with Urovant in the form of consulting honoraria. AM reports an NIH grant for Ion Channel Innovations, LLC, and consultant relationship with Urovant; he was co-founder of Ion Channel Innovations, LLC.

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