ORIGINAL RESEARCH

Adjuvant Lenvatinib Plus PD-1 Antibody for Hepatocellular Carcinoma with High Recurrence Risks After Hepatectomy: A Retrospective Landmark Analysis

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Purpose: To evaluate the efficacy and safety of lenvatinib plus programmed death-1 (PD-1) antibody as postoperative adjuvant therapy in patients with hepatocellular carcinoma (HCC) at high risks of recurrence.

Patients and Methods: A series of 137 patients with HCC at high risks of recurrence who underwent hepatectomy at our hospital between October 2019 and January 2022 were retrospectively analyzed. Recurrence-free survival (RFS), overall survival (OS), and treatment-related adverse events (TRAEs) were assessed. Landmark analysis was used to compare short- and long-term RFS. Univariable and multivariable analyses were used to identify prognostic factors, and subgroup analyses were performed according to high risks of recurrence.

Results: A total of 85 patients underwent hepatectomy alone and 52 patients received postoperative adjuvant therapy. Compared with the hepatectomy group (HG), RFS was significantly improved in the adjuvant therapy group (ATG) (P < 0.001), but OS was not (P = 0.098). Landmark analysis revealed that RFS within 6 months of the HG was significantly different from that of the ATG (P < 0.001) but not after 6 months (P = 0.486). Multivariable analysis showed that without adjuvant therapy, high Child-Pugh classification, high alpha-fetoprotein levels, microvascular invasion, and satellite lesions were independent risk factors for recurrence within 6 months after hepatectomy. Subgroup analysis revealed that patients with MVI significantly benefited from adjuvant therapy in RFS. But for OS, adjuvant therapy was only significantly effective in patients with single tumor. The most common treatment-related adverse events during adjuvant therapy were hypertension (36.5%), rash or itching (28.8%), diarrhea (23.1%), and fatigue (21.2%).

Conclusion: Postoperative adjuvant lenvatinib plus PD-1 antibody significantly improved RFS in patients with HCC at high risks of recurrence with acceptable safeties.

Keywords: hepatocellular carcinoma, postoperative adjuvant therapy, lenvatinib, PD-1 antibody, efficacy, safety

Introduction

Hepatocellular carcinoma (HCC) is the sixth most widespread malignant tumor and the fourth leading cause of cancer-related death worldwide.¹ Hepatectomy has long been the backbone of curative therapies for HCC, with a 5-year survival of 70–80%.^{1,2} However, the five-year recurrence rate of up to 70% is a major obstacle to survival.³

Postoperative adjuvant therapy is considered a potential treatment for preventing recurrence and improving prognosis. However, there is currently no recognized postoperative adjuvant therapy. Local therapies, such as transcatheter arterial chemoembolization (TACE),⁴ hepatic arterial infusion chemotherapy (HAIC),⁵ portal vein infusion chemotherapy,⁶ and radiation therapy⁷ have long been widely used as postoperative adjuvant therapies for patients with HCC, but their efficacy in recurrence and survival is uncertain, and the guidelines do not make recommendations.⁸ And the "STORM" trial confirmed that sorafenib was not an effective intervention for disease recurrence and survival benefit as an adjuvant therapy after hepatectomy.⁹ However, in several randomized controlled trials, both local and systemic adjuvant therapies have provided survival benefits in patients with high risks of recurrence, such as microvascular invasion (MVI), satellite nodules, multiple tumors, alpha-fetoprotein (AFP) > 400 ng/mL, and large tumors (especially those > 5 cm).^{10,11}

With an increasing variety of anti-angiogenesis targeted drugs (tyrosine kinase inhibitors [TKIs] and anti-vascular endothelial growth factor [VEGF] antibodies) and PD-1 antibodies, targeted therapy plus immunotherapy have significantly improved the prognosis of patients with HCC, gradually leading to a paradigm shift in its clinical treatment of HCC.^{12,13} Drawing on the experience of traditional adjuvant therapies, TKIs plus PD-1 antibodies may also be an alternative to postoperative adjuvant therapies for patients with high risks of recurrence. However, few studies have reported this.

Here, we conducted a retrospective, real-world study to evaluate the efficacy and safety of lenvatinib plus PD-1 antibody as a postoperative adjuvant therapy in patients with HCC at high risks of recurrence.

Materials and Methods

Study Design and Participants

Consecutive patients who underwent hepatectomy for HCC between October 2019 and January 2022 at Henan Cancer Hospital were reviewed. Baseline data of all patients were retrospectively collected from electronic medical records. The cut-off date for follow-up was October 1, 2022.

The inclusion criteria were as follows: 1) age \geq 18 years; 2) preoperative treatment-naïve; 3) HCC with R0 surgical resection confirmed by postoperative histopathology; 4) no macrovascular invasion or extrahepatic metastasis; 5) Eastern Cooperative Oncology Group score \leq 1; 6) Child-Pugh A or B; 7) hepatic resection and adjuvant therapy at our hospital; 8) no evidence of residual or recurrent tumor by postoperative radiology at 4–6 weeks after hepatectomy; and 9) presence of one or more high-risk factors for recurrence: MVI, multiple lesions, AFP > 400 ng/mL, maximum tumor size > 5 cm, and satellite nodules. The exclusion criteria were as follows: 1) severe postoperative complications; 2) concurrent cardiac, pulmonary, cerebral, or renal dysfunction; 3) history of active autoimmune or immunodeficiency diseases; 4) pathological diagnosis of cholangiocarcinoma or other types of cancer; 5) history of other malignancies; 6) loss to follow-up within 6 months; and 7) incomplete clinical or follow-up data.

Adjuvant Lenvatinib Plus PD-1 Antibody Treatment

All patients were re-examined at our hospital 4–6 weeks after the hepatectomy. If no recurrence was found, adjuvant therapy was recommended because of one or more high-risk factors of recurrence, including MVI, multiple lesions, AFP level > 400 ng/mL, maximum tumor size > 5 cm, and satellite nodules. The dose of lenvatinib was dependent on the patient's weight (\geq 60 kg, 12 mg; < 60 kg, 8 mg, once daily). For PD-1 antibodies, pembrolizumab, camrelizumab, or toripalimab were administered intravenously at a dose of 200 mg every 3 weeks. Adjuvant therapy was started 6–8 weeks after hepatectomy and was continued until tumor progression, intolerable toxicity, patient refusal, or intravenous PD-1 antibody six times, whichever occurred first. Based on whether adjuvant therapy was accepted, all included patients were divided into the following two groups: (1) patients with HCC who received adjuvant therapy with lenvatinib plus PD-1 antibody after hepatectomy (the adjuvant therapy group, the ATG); and (2) patients with HCC who underwent hepatectomy alone (the hepatectomy group, the HG).

Follow-Up and Clinical Outcomes

The first follow-up occurred 4–6 weeks after hepatectomy and then once every 2–3 months for two years. Thereafter, follow-up was performed every 6 months. Each follow-up included laboratory tests and abdominal radiological examination. RFS was regarded as the primary outcome, while the secondary outcomes were OS and treatment-related adverse events (TRAEs). RFS

was defined as the duration between the date of hepatectomy and the date of tumor progression, death, or the end of follow-up. OS was measured from the time of hepatectomy to patient death or the end of follow-up. TRAEs were evaluated according to the National Cancer Institute (NCI) Common Terminology Criteria for Adverse Events (CTCAE) version 5.0.

For all patients, once recurrence or metastasis was detected, re-hepatectomy, radiofrequency ablation, TACE, or systemic therapy was administered after a multidisciplinary discussion. The multidisciplinary team included medical oncologists, surgical oncologists, and radiologists to ensure that reasonable decisions were made to maximize the survival benefits.

Statistical Analysis

Data on baseline characteristics were presented using descriptive statistics. Categorical variables were expressed as frequencies (percentages) and compared using Fisher's exact test or χ^2 -test, Continuous variables were expressed as median (interquartile range, IQR) and compared using the Mann–Whitney test. Survival curves were estimated using the Kaplan-Meier method and compared using the Log rank test. Landmark analysis was used to compare the RFS within 6 months and after 6 months between the two groups.^{14,15} Univariable and multivariable logistic regression models were used to identify the variables related to recurrence within 6 months, and all variables in the univariable analysis were entered into multivariable logistic regression analysis through the stepwise forward selection method. The variables in the model with the best predictive effect were identified as independent risk factors. Subgroup analysis were stratified according to age, AFP level, BCLC stage, number, maximum size, MVI, Edmonson tumor grade, and satellite nodules. Data were analyzed using the R software (version 4.2.1; R Foundation for Statistical Computing, Vienna, Austria). Statistical significance was defined as a two-tailed *P*-value < 0.05.

Results

Patient Characteristics

137 patients were enrolled in this study, including 85 patients in the HG (median follow-up time 28.5 months, IQR: 25.2–31.7 months) and 52 patients in the ATG (median follow-up time 14.8 months, IQR: 12.8–17.6 months; mean duration of adjuvant therapy 3.1 months) (Figure 1). The baseline characteristics were acceptably balanced between the two groups, except for sex (P = 0.020, Table 1).

Among the 21 (38.9%) patients with recurrence in the ATG, there were 17 (81.0%) cases of intrahepatic recurrence, 2 (9.5%) cases of extrahepatic metastasis, and 2 (9.5%) cases of intrahepatic recurrence with extrahepatic metastasis, including 19 (90.5%) cases of recurrence within 12 months and 2 (9.5%) cases of recurrence after 12 months; and in the HG, there were a total of 68 (80.0%) patients with recurrence, 55 (80.9%) cases of intrahepatic recurrence, 4 (5.9%) cases of extrahepatic metastasis, and 9 (13.2%) cases of intrahepatic recurrence with extrahepatic metastasis, including 55 (80.9%) cases of recurrence within 12 months and 13 (19.1%) cases of recurrence after 12 months. There was no significant difference in the recurrence pattern between the two groups (*P* for recurrence site = 0.792; *P* for recurrence time = 0.488). And treatments for recurrence were not significantly different between the two groups (P = 0.968, Table 2).

Efficacy

The HG had a median RFS of 5.5 months (95% confidence interval (CI): 4.5–10.2 months) and 6-, 12-, 18-, and 24month RFS rates of 47.1%, 35.0%, 26.9% and 24.2%, respectively. The median RFS for the ATG was not reached, and 6-, 12-, 18-, and 24-month RFS rates of 80.8%, 63.2%, 56.5% and 56.5%, respectively. The ATG was associated with better RFS than HG (hazard ratio (HR): 0.441, 95% CI: 0.289–0.673; P < 0.001) (Figure 2A). Median OS was 26.6 months (95% CI: 20.1 months-not evaluated (NE)) in the HG, with 6-, 12-, 18-, and 24-month OS rates of 88.2%, 73.5%, 61.6% and 56.2%, respectively. The median OS was 26.4 months (95% CI: 19.9 months-NE) in the ATG, with 6-, 12-, 18-, and 24-month OS rates of 98.1%, 88.2%, 72.7% and 62.3%, respectively. There was no significant difference in the OS between the two groups (HR: 0.595, 95% CI: 0.336–1.053; P = 0.097) (Figure 2B).



Figure I Flowchart of patient enrollment. HCC, hepatocellular carcinoma; R0 surgical margin, no residual cancer cells by eyes or microscope; TRAEs, treatment-related adverse events; the HG, the hepatectomy group; the ATG, adjuvant therapy group.

Landmark Analysis

We further performed a landmark analysis of the RFS by marking the time of 6 months. The RFS of the ATG within 6 months after hepatectomy was more beneficial than that of the HG (P < 0.001); however, there was no significant difference after 6 months (P = 0.486, Figure 3).

Characteristics	The ATG (n=52)	The HG (n=85)	P-value
Age (years)			
≤60	39 (75.0)	49 (57.7)	0.061
>60	13 (26.9)	36 (42.4)	
Sex			
Male	49 (94.2)	66 (77.6)	0.020
Female	3 (5.8)	19 (22.4)	
BMI (kg/m ²)			
≤23.9	22 (42.3)	42 (49.4)	0.419
>23.9	30 (57.7)	43 (50.6)	
Diabetes			
No	47 (90.4)	74 (87.1)	0.556
Yes	5 (9.6)	11 (12.9)	
Viral hepatitis			
No	4 (7.7)	13 (15.3)	0.297
Yes	48 (92.3)	72 (84.7)	

Table I Baseline Characteristics of Patients (n=137)

(Continued)

Characteristics	The ATG (n=52)	The HG (n=85)	P-value
HBV-DNA level (IU/mL)			
≤2000	36 (69.2)	55 (64.7)	0.586
>2000	16 (30.8)	30 (35.3)	
Cirrhosis	× ,		
No	31 (59.6)	54 (63.5)	0.647
Yes	21 (40.4)	31 (36.5)	
Child-Pugh			
А	49 (94.2)	81 (95.3)	1.000
В	3 (5.8)	4 (4.7)	
AFP (ng/mL)			
≤400	33 (63.5)	39 (45.9)	0.068
>400	19 (36.5)	46 (54.1)	
BCLC stage			
A	39 (75.0)	69 (81.2)	0.520
В	13 (25.0)	16 (18.8)	
Number			
Solitary	36 (69.2)	69 (81.2)	0.163
Multiple	16 (30.8)	16 (18.8)	
Max size (cm)			
≤5	12 (23.1)	13 (15.3)	0.252
>5	40 (76.9)	72 (84.7)	
MVI			
Negative	20 (38.5)	36 (42.4)	0.787
Positive	32 (61.5)	49 (57.6)	
Edmonson tumor grade			
I–II	31 (59.6)	64 (75.3)	0.082
III–IV	21 (40.4)	21 (24.7)	
Satellite nodule			
No	33 (63.5)	56 (65.9)	0.917
Yes	19 (36.5)	29 (34.1)	
ALT (U/L)	30.0 (21.8, 42.0)	28.0 (20.0, 41.0)	0.922
AST (U/L)	37.0 (32.8, 55.5)	40.0 (29.0, 72.0)	0.799
ALB (g/L)	42.7 (38.8, 46.0)	42.6 (38.5, 46.2)	0.993
γ-GT (U/L)	80.5 (36.3, 126.8)	85.0 (52.0, 146.0)	0.213
ALP (U/L)	111.0 (81.0, 128.0)	97.0 (80.0, 126.0)	0.711
TBIL (µmol/L)	14.1 (9.4, 18.2)	13.1 (10.0, 18.0)	0.981

Table	I (C	ontinu	ied).

Notes: Categorical values are shown as n (%). Continuous variables are shown as median (interquartile range).

Abbreviations: ATG, adjuvant therapy group; HG, hepatectomy group; BMI, body mass index; HBV, hepatitis B virus; AFP, alpha-fetal protein; BCLC, Barcelona clinic liver cancer; MVI, microvascular invasion; ALT, alanine transaminase; AST, aspartate aminotransferase; ALB, albumin; γ -GT, γ -glutamyl transferase; ALP, alkaline phosphatase; TBIL, total bilirubin.

Prognostic Factor Analysis

According to univariable analysis, adjuvant therapy, AFP levels, MVI, and satellite nodules had significant effect on recurrence within 6 months after hepatectomy. Multivariable analysis showed that without adjuvant therapy (OR: 6.144, 95% CI: 2.441–15.465; P < 0.001), high Child-Pugh classification (OR: 7.447, 95% CI: 1.046–53.002; P = 0.045), high AFP levels (OR: 2.343, 95% CI: 1.029–5.335; P = 0.043), MVI (OR: 2.896, 95% CI: 1.257–6.672; P = 0.013), and satellite nodules (OR: 3.791, 95% CI: 1.579–9.102; P = 0.003) were independent risk factors for recurrence within 6 months after hepatectomy (Table 3).

Factors	Total (n = 89)	ATG (n = 21)	HG (n = 68)	P-value
Recurrence site				0.792
Intrahepatic	72(80.9%)	17(81.0%)	55(80.9%)	
Extrahepatic	6(6.7%)	2(9.5%)	4(5.9%)	
Intrahepatic + extrahepatic	11(12.4%)	2(9.5%)	9(13.2%)	
Time to recurrence				0.488
≤12 mouths	74(83.1%)	19(90.5%)	55(80.9%)	
>12 mouths	15(16.9%)	2(9.5%)	13(19.1%)	
Treatments after recurrence				0.968
Re-hepatectomy	25(28.1%)	5(23.9%)	20(29.4%)	
Radiofrequency ablation	14(15.7%)	4(19.0%)	10(14.7%)	
TACE	16(18.0%)	4(19.0%)	12(17.6%)	
Systemic therapy	11(12.4%)	2(9.5%)	9(13.2%)	
Radiofrequency ablation + systemic therapy	12(13.5%)	4(19.0%)	8(11.8%)	
TACE + systemic therapy	9(10.1%)	2(9.5%)	7(10.3%)	
Best supportive care	2(2.2%)	0(0.0%)	2(3.0%)	

 Table 2 Comparison of Recurrence Patterns and Treatments After Recurrence Between Adjuvant Therapy

 and Hepatectomy Groups

Note: Data were presented as n (%).

Abbreviations: ATG, adjuvant therapy group; HG, hepatectomy group; TACE, transcatheter arterial chemoembolization.

Subgroup Analysis

A subgroup analysis was performed to further explore the impact of adjuvant therapy on postoperative outcomes in patients with HCC with a high risk of recurrence. The ATG had similar RFS compared with the HG in subgroups of patients with AFP > 400 ng/mL, BCLC B stage, multiple lesions, MVI-negative, Edmondson tumor grade III–IV, and satellite nodules. The ATG had better RFS than the HG in subgroups of patients with AFP \leq 400 ng/mL, BCLC A stage, solitary lesion, MVI-positive, Edmondson tumor grade I–II and no satellite lesion, and subgroups of age or maximum tumor size (Figure 4A). In the subgroup analysis of OS, only patients with BCLC A stage or solitary tumor showed significant differences between the ATG and HG (Figure 4B).



Figure 2 Kaplan–Meier survival curves based on recurrence-free survival (A) and overall survival (B) of the adjuvant therapy group (ATG) and the hepatectomy group (HG).



Figure 3 Landmark analysis based on recurrence-free survival of the adjuvant therapy group (ATG) and the hepatectomy group (HG).

Safety

TRAEs occurred in most of the patients (90.4%) treated with adjuvant therapy. The most common TRAEs were hypertension (36.5%), rash or itching (28.8%), diarrhea (23.1%), and fatigue (21.2%). There were 9 (17.3%) cases of grade 3 TRAEs, including 3 (5.8%) cases of hypertension, 2 (3.8%) cases of diarrhea, 2 (3.8%) cases of rash or itching, 1 (1.9%) case of increased ALT/AST, and 1 (1.9%) case of thrombocytopenia (Table 4). Most TRAEs are reversible

Variables	Univariable Analysis		Multivariable An	alysis
	OR (95% CI)	P-value	OR (95% CI)	P-value
Group		<0.001		<0.001
ATG	I		I	
HG	4.725 (2.101–10.627)		6.144 (2.441–15.465)	
Age (years)		0.629		
≤60	I			
>60	1.191 (0.586-2.423)			
Sex		0.306		
Female	I.			
Male	0.620 (0.248–1.550)			
BMI (kg/m ²)		0.421		
≤23.9	I.			
>23.9	0.755 (0.380-1.498)			
Diabetes		0.169		
No	I			
Yes	2.096 (0.731–6.013)			

 Table 3 Logistic Regression Analysis to Predict Recurrence Within 6 Months in Patients

 with HCC After Hepatectomy

(Continued)

Variables	Univariable Analysis		Multivariable Analysis		
	OR (95% CI)	P-value	OR (95% CI)	P-value	
Viral hepatitis		0.663			
No	I				
Yes	1.265 (0.439–3.649)				
HBV-DNA level (IU/mL)		0.572			
≤2000	I				
>2000	1.231 (0.599–2.528)				
Cirrhosis		0.964			
No	I				
Yes	1.016 (0.503–2.054)				
Child-Pugh		0.105		0.045	
А	I		I		
В	4.000 (0.747–21.408)		7.447 (1.046–53.002)		
AFP (ng/mL)		0.017		0.043	
≤400	I		I		
>400	2.344 (1.166–4.713)		2.343 (1.029–5.335)		
BCLC stage		0.316			
А	I				
В	1.525 (0.668–3.482)				
Number		0.950			
Solitary	I				
Multiple	1.026 (0.458–2.299)				
Max size (cm)		0.333			
≤5	I				
>5	1.483 (0.668–3.291)				
MVI		0.023		0.013	
Negative	I		I		
Positive	2.321 (1.124–4.795)		2.896 (1.257-6.672)		
Edmonson tumor grade		0.419			
I–II	I.				
III–IV	1.354 (0.649–2.825)				
Satellite nodule		0.015		0.003	
No	I.		I		
Yes	2.445 (1.190–5.025)		3.791 (1.579–9.102)		
ALT (U/L)	1.003 (0.995–1.011)	0.488			
AST (U/L)	1.010 (0.999–1.021)	0.078			
ALB (g/L)	0.963 (0.906-1.024)	0.226			
γ-GT (U/L)	1.003 (0.999–1.007)	0.123			
ALP (U/L)	1.004 (0.996-1.024)	0.366			
TBIL (µmol/L)	1.015 (0.979–1.052)	0.416			

Table 3 (Continued).

Notes: All variables were included for multivariable logistic regression analysis through the stepwise forward selection method.

Abbreviations: HCC, hepatocellular carcinoma; OR, odds ratio; Cl, confidence interval; ATG, adjuvant therapy group; HG, hepatectomy group; BMI, body mass index; HBV, hepatitis B virus; AFP, alpha-fetal protein; BCLC, Barcelona clinic liver cancer; MVI, microvascular invasion; ALT, alanine transaminase; AST, aspartate aminotransferase; ALB, albumin; γ-GT, γ-glutamyl transferase; ALP, alkaline phosphatase; TBIL, total bilirubin.

following symptomatic treatment. However, 2 patients with severe rash or itching (grade 3) discontinued lenvatinib and resumed its use after the symptoms were relieved. One patient with increased ALT/AST (grade 3) delayed PD-1 antibody therapy because of hepatoprotective therapy during the fourth immunotherapy treatment. No grade 4 or fatal TRAEs was observed.

Α						в					
Subgroup	Events/F	Patients	HR (95% CI)		P-value	Subgroup	Events/	Patients	HR (95% CI)		P-value
	Adjuvant Therapy	Hepatectomy	Adjuvant Therapy vs. Hepatectomy	i			Adjuvant Therapy	Hepatectomy	Adjuvant Therapy vs. Hepatectomy		
Age (years)						Age (years)					
≤60	16/39	36/49	0.495 (0.272-0.899)	⊢ – – į	0.021	≤60	8/39	26/49	0.610 (0.266-1.399)	—	0.243
>60	5/13	32/36	0.368 (0.141-0.957)	⊢ •−−−(0.040	>60	3/13	21/36	0.580 (0.166-2.028)		- 0.394
AFP (ng/ml)						AFP (ng/ml)					
≤400	12/33	33/39	0.341 (0.175-0.664)	HHH :	0.002	≤400	7/33	25/39	0.590 (0.244-1.425)		0.241
>400	9/19	35/46	0.603 (0.286-1.270)	- H	0.603	>400	4/19	22/46	0.540 (0.182-1.607)	H+++++++++++++++++++++++++++++++++++++	0.268
BCLC Stage						BCLC Stage					
A	11/39	55/69	0.286 (0.149-0.549)	Here i	<0.001	А	7/39	41/69	0.412 (0.181-0.937)		0.034
в	10/13	13/16	1.057 (0.454-2.464)			в	4/13	6/16	1.701 (0.408-7.080)		• 0.466
Number				1		Number				1	
Solitary	9/36	55/69	0.260 (0.127-0.529)	H-H	<0.001	Solitary	5/36	40/69	0.335 (0.129-0.866)		0.024
Multiple	12/16	13/16	1.017 (0.460-2.250)	⊢ ∔	■ 0.966	Multiple	6/16	7/16	1.555 (0.490-4.933)	⊢ ∔→	- 0.454
Max Size(cm)						Max Size(cm)					
≤5	5/16	15/20	0.282 (0.102-0.781)	H i	0.015	≤5	3/16	11/20	0.491 (0.131-1.841)		- 0.292
>5	16/36	53/65	0.511 (0.290-0.901)	⊢,	0.020	>5	8/36	36/65	0.597 (0.269-1.320)	H-	0.202
MVI						MVI					
Negative	8/20	25/36	0.647 (0.288-1.458)		→ 0.294	Negative	3/20	17/36	0.720 (0.198-2.620)		- 0.618
Positive	13/32	43/49	0.323 (0.172-0.606)	H-1	< 0.001	Positive	8/32	30/49	0.487 (0.218-1.086)		0.078
Edmonson tumor gra	de			1		Edmonson tumor gra	de			1	
1 - 11	8/31	49/64	0.282 (0.133-0.601)	H=	0.001	1 - 11	5/31	37/64	0.460 (0.175-1.209)	H	0.115
III - IV	13/21	19/21	0.573 (0.282-1.166)	⊢ •–∔4	0.124	III - IV	6/21	10/21	0.721 (0.256-2.031)		- 0.536
Satellite nodule				-		Satellite nodule					
No	9/33	41/56	0.354 (0.170-0.738)	H	0.006	No	5/33	27/56	0.474 (0.176-1.273)		0.139
Yes	12/19	27/29	0.506 (0.255-1.003)	⊢ ⊷ –	0.051	Yes	6/19	20/29	0.737 (0.284-1.913)		- 0.530
				0.0 0.5 1.0	1.5 2.0					0.0 0.5 1.0 1.5	2.0

Figure 4 Subgroup analysis of recurrence-free survival (A) and overall survival (B) stratified by age, AFP level, BCLC stage, number, max size, microvascular invasion (MVI), Edmonson tumor grade, and satellite lesion between adjuvant therapy group and the hepatectomy group.

Discussion

At present, hepatectomy is the main radical therapy for HCC. However, the 5-year recurrence rate is as high as 70%, and approximately 30% even in patients who meet the Milan criteria.^{3,16} Reducing recurrence is critical for enhancing the overall prognosis of patients with HCC. Postoperative adjuvant therapy is considered as an effective way to reduce recurrence, but in addition to antiviral therapy, adjuvant therapy continues to be controversial and is currently not recommended by guidelines.^{2,8} Our study showed that adjuvant lenvatinib plus PD-1 antibody after hepatectomy is beneficial for RFS and has manageable safety.

Randomized controlled trial revealed that adjuvant TACE significantly improved RFS (P = 0.01, HR: 0.68, 95% CI: 0.49–0.93), but increased the 1-year RFS rate by only 15.8%.¹¹ Another multicenter randomized controlled trial indicated

Adverse Events	Any grade	Grade I	Grade 2	Grade 3	
Cardiovascular system					
Hypertension	19(36.5%)	13(25.0%)	3(5.8%)	3(5.8%)	
Cardiac enzymes increased	l(l. 9 %)	l(l. 9 %)	0(0.0%)	0(0.0%)	
Liver function					
ALP increased	3(5.8%)	2(3.8%)	l(l.9%)	0(0.0%)	
γ -GT increased	2(3.8%)	2(3.8%)	0(0.0%)	0(0.0%)	
TBIL increased	2(3.8%)	2(3.8%)	0(0.0%)	0(0.0%)	
ALT/AST increased	6(11.5%)	4(7.7%)	l(l. 9 %)	I(I.9%)	
Blood system					
Leukopenia	2(3.8%)	2(3.8%)	0(0.0%)	0(0.0%)	
Thrombocytopenia	5(9.6%)	3(5.8%)	l(l. 9 %)	I(I.9%)	
Neutropenia	2(3.8%)	2(3.8%)	0(0.0%)	0(0.0%)	
Anaemia	6(11.5%)	4(7.7%)	2(3.8%)	0(0.0%)	
Kidney and urinary system					
Proteinuria	5(9.6%)	4(7.7%)	l(l. 9 %)	0(0.0%)	
Scr increased	3(5.8%)	3(5.8%)	0(0.0%)	0(0.0%)	

Table 4 Number of Patients with TRAEs During the Adjuvant Treatment Period

(Continued)

Adverse Events	Any grade	Grade I	Grade 2	Grade 3	
Endocrine System					
TSH increased	6(11.5%)	5(9.6%)	l(1.9%)	0(0.0%)	
FBG increased	l(l.9%)	l(1.9%)	0(0.0%)	0(0.0%)	
Gastrointestinal system					
Emesis	5(9.6%)	4(7.7%)	l(1.9%)	0(0.0%)	
Diarrhoea	12(23.1%)	8(15.4%)	2(3.8%)	2(3.8%)	
Anorexia	7(13.5%)	6(11.5%)	l(1.9%)	0(0.0%)	
Others					
Fatigue	11(21.2%)	9(17.3%)	2(3.8%)	0(0.0%)	
Low-grade fever	9(17.3%)	9(17.3%)	0(0.0%)	0(0.0%)	
Rash or itching	15(28.8%)	12(23.1%)	I(I. 9 %)	2(3.8%)	

Table 4	(Continued)	۰.
Table 4	Continued	ı.

Note: Data were presented as n (%).

Abbreviations: TRAEs, treatment-related adverse events; ALP, alkaline phosphatase; γ -GT, γ -glutamyl transferase; TBIL, total bilirubin; ALT, alanine transaminase; AST, aspartate aminotransferase; Scr, serum creatinine; TSH, thyroid stimulating hormone; FBG, fasting blood glucose.

that adjuvant HAIC only increased the 1- and 2-year RFS rates by 15% and 16.7% in patients with MVI.¹⁷ As for immunotherapy, multicenter randomized controlled trial demonstrated that adjuvant immune checkpoint inhibitors increased the 1- and 2-year RFS rates by 9% and 12.3%.¹⁸ Chen et al demonstrated that adjuvant PD-1 antibody increased the 1- and 2-year RFS rates by 24.4% and 22.8% in patients with high risks of recurrence.¹⁹ However, our study showed that adjuvant lenvatinib plus PD-1 antibody increased the 1- and 2-year RFS rates by 28.2% and 32.3%. Similar results were found by Li et al in patients with HCC receiving adjuvant TKIs plus PD-1 antibody (increased 1-year RFS rate by 27.9%).²⁰ Adjuvant targeted therapy plus immunotherapy provided additional advantages in improving RFS compared with adjuvant TACE, HAIC, or PD-1 antibody monotherapy. This may be related to the synergetic anticancer effect of the combination therapy.²¹ Different from the above studies,^{11,18–20} the ATG in our study did not significantly improve OS (HR: 0.595, 95% CI: 0.336–1.053; *P* = 0.097). In our study, the 1-year OS rate of the ATG improved by 14.7%, superior to adjuvant TACE,¹¹ HAIC,¹⁷ or immune monotherapy.¹⁹ However, the 2-year OS rate of the ATG in our study improved by only 6.1%. Comparing the survival curves and cumulative risk tables for OS, we believe that this may be due to the short follow-up time of the ATG (median follow-up time: 14.8 vs 28.5 months).

Although the Log rank test showed a significant difference in RFS, landmark analysis revealed that RFS of the ATG was significantly beneficial within 6 months (P < 0.001) and not after 6 months (P = 0.486). This result indicated that adjuvant lenvatinib plus PD-1 antibody is an appropriate therapy for patients with high risks of recurrence who are more tend to recur in the short term. Interestingly, 6 months is the approximate time when the 7th cycle of PD-1 antibodies should have been received (hepatectomy to discharge 15 days + discharge to the first follow-up 30 days + the 1st-6th immunotherapy doses 21×5 days + 30 days = 6 months). This raises the question of whether prolonged the duration of adjuvant therapy result in benefit for RFS.

Multivariable logistic regression results showed that without adjuvant therapy, high Child-Pugh classification, high AFP levels, MVI, and satellite nodules were independent risk factors for recurrence within 6 months after hepatectomy. Previous studies have reported that tumor pathological characteristics are more likely to be independent risk factors for early recurrence, such as multiple tumors, AFP levels, MVI and satellite nodules.^{22–24} It is widely considered that intrahepatic tumor metastasis and the aggressiveness of primary cancers are the main causes of early recurrence.²⁵ It has been shown that number is a limited prognostic factor for early recurrence of HCC, and compared with number, biological characteristics better reflect the aggressiveness of tumor, such as AFP levels, MVI, and satellite nodules.²⁶ Therefore, we may make a better selection for postoperative adjuvant therapy after considering tumor biological risk factors. Child-Pugh classification is an independent risk factor for recurrence within 6 months after hepatectomy in our study, possibly because of the different effect of combined systemic therapy on liver function compared with conventional adjuvant therapy. Impairment of liver function is one of the most common TRAEs in patients with HCC treated with lenvatinib plus PD-1 antibody.¹² Child-Pugh classification was also proven to be an independent risk factor for

prognosis of patients with unresectable HCC treated with lenvatinib plus PD-1 antibody.²⁷ However, there were only 7 (5.1%) patients with Child-Pugh B grade in our study, and Child-Pugh classification did not have a significant effect on recurrence within 6 months in univariable logistic regression (P = 0.097; HR: 4.000, 95% CI: 0.747–21.408). Therefore, we believe that whether Child-Pugh classification is an independent predictor of recurrence in the short term among patients with HCC treated with adjuvant lenvatinib plus PD-1 antibody still needs to be further validated with large sample data.

There is continued controversy about the subgroups that are recognized to significantly benefit from postoperative adjuvant therapy. In our subgroup analysis, RFS of subgroup with AFP ≤ 400 ng/mL, single tumor, well-differentiated tumor and no satellite nodules significantly benefited from adjuvant lenvatinib plus PD-1 antibody. This finding that only the subgroups with low tumor aggressiveness can benefit from adjuvant therapy is not an individual case. For example, RFS significantly benefited from adjuvant TACE in the well-differentiated subgroup,¹¹ from adjuvant HAIC in the single tumor subgroup, ¹⁷ and from adjuvant immune checkpoint inhibitors in the number of tumors ≤ 3 subgroup, the negative hepatic venous tumor thrombus subgroup, the negative satellite nodule subgroup, and the AFP \leq 400ng/mL subgroup.^{18,19} Hepatologists and oncologists have long tended to believe that HCC patients with MVI are more likely to benefit from adjuvant therapy. Adjuvant TACE,²⁸ adjuvant HAIC,¹⁷ adjuvant stereotactic body radiotherapy,²⁹ and adjuvant sorafenib³⁰ have all been proven to significantly improve RFS in HCC patients with MVI. In our subgroup analysis, postoperative adjuvant lenvatinib plus PD-1 antibody significantly improved RFS of HCC patients with MVI (P < 0.001; HR: 0.323, 95% CI: 0.172–0.606). Similarly, in a multicenter Phase II trial, Zhao et al demonstrated that HCC patients with MVI benefited more from postoperative adjuvant camrelizumab plus apatinib compared to other subgroups.³¹ Therefore, we should establish practical models based on MVI to identify the subgroups that may benefit from postoperative adjuvant targeted therapy plus immunotherapy. In addition, in our subgroup analysis, single tumor was the subgroup whose OS benefited from adjuvant therapy significantly. Although similar results have been reported in other adjuvant therapies, ^{20,32} OS is influenced by treatment after recurrence. Thus, the effect of adjuvant therapy on OS remains controversial. Although no significant difference existed in treatment after recurrence between the two groups (P = 0.968), our study is limited by the shortage of follow-up time for the ATG, and further validation is needed regarding the role of adjuvant therapy on OS in each subgroup.

Consistent with the safety of TKIs plus PD-1 antibody during the perioperative period in resectable HCC, we found that hypertension is one of the most common TRAEs of lenvatinib plus PD-1 antibody.^{20,33,34} TKIs damage tumor vascular epithelial cells, causing an increase in nitric oxide synthase and a decrease in nitric oxide, which explains why hypertension occurs.³⁵ Among all patients who received adjuvant therapy, three patients who did not complete 6 cycles of anti-PD-1 antibodies were excluded due to severe immune checkpoint inhibitor (ICIs)-related pneumonia, ICI-related hepatitis, ICI-related myocarditis with myositis (Figure 1), and 9 (17.3%) patients with grade 3 TRAEs were relieved after the intervention. The remaining TRAEs were considered grade 1-2 (82.7%).

Our study had several limitations. First, owing to the retrospective nature of our analysis, there were unavoidable selection biases and confounders. We did not perform propensity score matching due to the small sample of the ATG. Second, patients infected hepatitis virus accounted for the majority of our cohort. Therefore, the applicability of our results to HCC caused by other etiologies needs to be validated. Third, symptomatic TRAEs such as anorexia, fatigue, and itching mainly relied on the patient's subjective descriptions. Patients with long follow-up periods may have underreported or exaggerated symptoms, and some patients consulted local hospitals regarding grade 3–4 TRAEs. These factors may have led to bias in the TRAE follow-up results. Fourth, the follow-up time for the ATG was insufficient.

Conclusion

Lenvatinib plus PD-1 antibody has shown promising efficacy and manageable toxicity in patients with HCC at high risks of recurrence after hepatectomy, but the best duration needs to be defined further. We look forward to further randomized controlled trials to support our results and determine the role of lenvatinib plus PD-1 antibody in postoperative adjuvant therapy.

Data Sharing Statement

All data will be available from the corresponding author Jinxue Zhou (zhoujx888@126.com) with the agreement of institutional ethics committee.

Ethics Approval and Informed Consent

Research was conducted in accordance with the Declaration of Helsinki (1975) and its amendments. This study was approved by the ethics committees of the Affiliated Cancer Hospital of Zhengzhou University and the Henan Cancer Hospital. The requirement for patient consent was waived because the study was retrospective and all data was anonymized or maintained with confidentiality of patients.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

All authors have no conflicts of interest to declare in this work.

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