



Immunogenetic Prediction of VDR Gene SNPs: Lack of Association with Susceptibility to Type 1 Diabetes in Jordanian Patients

Sawsan I Khdair 

Yazun B Jarrar 

Wassan Jarrar 

Department of Pharmacy, Faculty of Pharmacy, Al-Zaytoonah University of Jordan, Amman, 11733, Jordan

Purpose: The interaction of Vitamin D and its receptor plays a crucial role in immune modulation. Therefore, the relationship between the pathogenesis of type 1 diabetes and the genetic variants of Vitamin D receptor, which is involved in the activity of Vitamin D, was studied extensively in different populations. The association of Vitamin D receptor gene polymorphisms with predisposition to type 1 diabetes revealed controversial and inconclusive results. The aim of this study was to examine the association of four Vitamin D receptor polymorphisms with type 1 diabetes in Jordanian patients.

Patients and Methods: Analysis of the single nucleotide polymorphisms FokI (rs2228570), ApaI (rs7975232), TaqI (rs731236) and BsmI (rs1544410) in 100 Jordanian volunteers (50 control and 50 Type 1 diabetes patients) was performed using the highly specific New Generation Sequencing technology.

Results: The distribution of allele, genotype as well as haplotype frequencies exhibited no significant ($P > 0.05$) differences between type 1 diabetes patients and controls. Furthermore, no differences ($P > 0.05$) in the frequency of the genotypes of the Vitamin D receptor genetic variants were found in relation to the age of disease onset.

Conclusion: These findings suggest these four single nucleotide polymorphisms of the Vitamin D receptor gene seem not to be associated with type 1 diabetes predisposition in Jordanian patients. Further wide genome studies are recommended to detect other genetic variant associations with type 1 diabetes among Jordanians.

Keywords: jordan, diabetes, single nucleotide polymorphism, vitamin D receptor, genetic predisposition

Introduction

Type 1 diabetes (T1D) is considered one of the worldwide prevalent autoimmune diseases, which is characterized by the destruction of insulin-producing beta cells of the pancreas.¹ The prevalence of diabetes is rising globally as more than 1.1 million young people under the age of 20 live with T1D to date.² According to the estimations of the International Diabetes Federation (IDF), 149,400 individuals under the age of 19 years had T1D in the Middle East and North African Region (MENA) in 2019.² Jordan is one of the MENA countries but unfortunately there are no accurate numbers describing the incidence and prevalence of T1D among Jordanians due to the lack of T1D epidemiologic studies in Jordan. T1D is a multifactorial chronic disease in which the interaction of genetic, environmental, and epigenetic factors plays a crucial role. Environmental factors, nutrition, viral infections, and lifestyle habits could explain, at least in part, the increase in

Correspondence: Sawsan I Khdair
Department of Pharmacy, Faculty of Pharmacy, Al-Zaytoonah University of Jordan, Amman, 11733, Jordan
Tel +962795513275
Email sawsan.khdair@zuj.edu.jo

T1D prevalence worldwide, specifically in individuals with genetic predisposition to the disease.^{3–5} Several genes are linked to the development of T1D such as Human Leukocyte Antigen (*HLA*) genes, which are considered the strongest genetic risk factors for T1D.⁶ However, among the non-*HLA* risk genes reported so far, the Vitamin D Receptor (*VDR*) gene was investigated extensively as a candidate risk gene for T1D.⁷ The *VDR* is located on chromosome 12 and is comprised of eight protein-encoding exons (exons 2–9) and six untranslated exons (exons 1a–1f).^{8,9} *VDR* is a nuclear steroid receptor which binds to vitamin D and regulates the transcription of several genes related to inflammation and immunomodulation. *VDR* regulates the expression of target genes by specifically binding to their promoter region.¹⁰ VD acts in the immune system by suppressing the production of some cytokines such as tumor necrosis factor (TNF), interleukin (IL)-2, IL-12, and interferon. On the other hand, VD is also able to activate the expression of other cytokines such as IL-4 and transforming growth factor-1 which in turn leads to the activation of regulatory T-cells and the downregulation of T-helper 1 cells.¹¹ VD was also shown to play a role in adaptive immunity by reducing the expression of Major Histocompatibility Complex (MHC) - class II molecules on antigen-presenting cells thus regulating T-cell-mediated immune responses.³ *VDR* has been found in more than thirty distinct tissues such as macrophages, dendritic cells as well as pancreatic cells.¹¹ The activity of this receptor can be modulated by the presence of Single Nucleotide Polymorphisms (SNPs) in the *VDR*.¹² Thus, these SNPs are suggested to play a crucial role in the activity of vitamin D that may affect the risk of T1D development.³ The most reported SNPs of the *VDR* are: *FokI* (rs2228570), *ApaI* (rs7975232), *TaqI* (rs731236) and *BsmI* (rs1544410).¹³ The importance of these polymorphic genetic variants has been investigated in association with T1D in several populations. Several studies showed an association between some of these SNPs and an increased risk of T1D development,^{14–19} while other studies showed no association between these SNPs and T1D.^{18,20–23} Therefore, the *VDR* polymorphisms that predispose to the development of T1D are still controversial. In view of these inconsistent results in different populations, further studies are needed to clarify the relation between *VDR* genetic variants and T1D development. Accordingly, the aim of this study was to investigate the association of *VDR* polymorphisms with T1D in Jordanian patients. Identifying the *VDR* genetic variants of T1D Jordanian patients may help in future in understanding the role of *VDR* polymorphisms in the pathogenesis of T1D.

Materials and Methods

Sample Recruitment

One hundred unrelated volunteers took part in this study; fifty healthy controls as well as fifty individuals which were diagnosed with T1D were recruited at the endocrinology department of King Abdullah University Hospital. All T1D patients were diagnosed according to the criteria of American Diabetes Associations (ADA) guidelines for Type 1 diabetes, such as testing the islets autoantibodies. T1D patients are undergoing insulin treatment, and a personalized medical nutrition therapy is also provided, exercises are also recommended. Being a Jordanian was set as an inclusion criterion for all study participants, as participants who were not of Jordanian origin were excluded from this study. Volunteers of the control group with first-degree relatives which have T1D were excluded from this study. An exclusion criterion for the T1D group was that T1D patients with other chronic diseases such as cardiovascular diseases, liver disease, and autoimmune diseases other than T1D were not included in this study. The mean age and male/female ratio of control participants were 24.7 years and 1.63, respectively. Whereas the mean age and male/female ratio of diabetes patients were 20 years and 0.47, respectively. However, the mean age of T1D onset was 10.3 years. The clinical parameters of the volunteers are listed in Table 1. Blood samples were collected from participants after signing a consent form (IRB was obtained from the ethical committee of King Abdullah University Hospital; approval number 46/117/2018). This study complied with the Declaration of Helsinki.²⁴

DNA Extraction and *VDR* Genotyping

Extraction of DNA was performed using the Wizard[®] Genomic DNA purification kit (Promega, USA). *VDR*

Table 1 Clinical Parameters of the Volunteers

Parameters	Controls (n=50)	T1D Patients (n=50)
Age (years) (mean ± SD)	24.7± 6.4	20± 9.4
Male n (%)	31 (62%)	16 (32%)
Female n (%)	19 (38%)	34 (68%)
Age of disease onset (years) (mean ± SD)	–	10.3± 7.8
Duration of diabetes (years) (mean ± SD)	–	9.7 ±7.1

Abbreviations: SD, standard deviation; n, number; %, percentage.

Table 2 Primers Used for Amplifying Specific *VDR* Regions of Interest. Primer Name, Sequence, Size of PCR Fragment

Primer Name	Primer Sequence (5'-3')	Size (bp)
rs2228570_forward	AAGTCTCCAGGGTCAGGCAG	91
rs2228570_reverse	CTGACTCTGGCTCTGACCGT	
rs731236-forward	GGCAGCGGATGTACGTCT	92
rs731236-reverse	GCCACAGATCGTCCTGG	
rs1544410_forward	AGGAATGTTGAGCCCAGTTCA	128
rs1544410_reverse	GAGTGTGCAGGCGATTCGTA	
rs7975232_forward	GGGATAGAGAAGAAGGCACAGG	124
rs7975232_reverse	CGGTCAGCAGTCATAGAGGG	

Abbreviation: bp, base pairs.

genotyping was performed using amplicon sequencing with the Miseq Illumina platform. In this method, oligonucleotides are designed to amplify the *VDR* regions of the SNPs *FokI*, (rs2228570), *Apal* (rs7975232), *TaqI* (rs731236) and *BsmI* (rs1544410) (Table 2), followed by next-generation sequencing (NGS) performed by Genochem World SL. (Spain). Quality of PCR products was assessed by capillary electrophoresis in the QIAxcel Advanced System (Qiagen). The MiSeq Reagent Kit v2 (300-cycle) on Miseq (Illumina platform) was used for sequencing. The four SNPs analyzed in our study were named according to the restriction endonucleases which were used originally for their identification using the Restriction Fragment Length Polymorphism (RFLP) method.²⁵ The *FokI* T>C genetic variant (rs2228570) is located in exon 2, the *BsmI* A>G genetic variant

(rs1544410) and the *Apal* T>G genetic variant (rs7975232) are located in intron 8, and the *TaqI* T>C genetic variant (rs731236) in Exon 9.²⁶

Linkage Disequilibrium and Haplotype Distribution

Linkage disequilibrium (LD) and haplotype analysis, of *VDR* genetic variants, for control volunteers and T1D patients was performed using the Haploview (v. 4.2) software. Measurement of LD between the *VDR* variants was done by D' and correlation coefficient (r^2).

Statistical Analysis

The Statistical Package for Social Sciences (SPSS) software was used to conduct the Statistical analysis (IBM analytics, USA). Comparison of allele, genotype, and haplotype frequencies between T1D patients and control volunteers was performed using the Chi-square (χ^2) test. Deviation from Hardy-Weinberg equation, including comparison between the observed and expected number of *VDR* genotypes, was tested using χ^2 . Evaluating the association between *VDR* genetic variants and the sex as well as age of disease onset of volunteers was done using Chi-square (χ^2) test. Binary logistic regression analysis was used to calculate the odds ratios (ORs) and 95% confidence intervals (CIs) to investigate the possible association *VDR* SNPs with T1D. When the p -value was less than 0.05, the results were considered significant.

Results

Our findings show allele (Table 3), genotype (Table 4) and haplotype (Table 5) frequencies of the *VDR* SNPs. All genotype frequencies of the *VDR* were in Hardy-

Table 3 *VDR* Allele Frequencies of T1D Patients and Controls

VDR Variant	Allele	N (Frequency)		P value ^a	Odd Ratio (95% CI)
		Controls	T1D		
rs2228570	T	28 (0.28)	31 (0.31)	0.73	1.11 (0.62–1.98)
	C	72 (0.72)	69 (0.69)	0.85	0.95 (0.62–1.47)
rs731236	T	62 (0.62)	58 (0.58)	0.77	0.94 (0.59–1.47)
	C	38 (0.38)	42 (0.42)	0.70	1.11 (0.66–1.86)
rs1544410	G	61 (0.61)	58 (0.58)	0.83	0.95 (0.60–1.50)
	A	39 (0.39)	42 (0.42)	0.78	1.08 (0.64–1.81)
rs7975232	G	39 (0.39)	31 (0.31)	0.42	0.79 (0.46–1.37)
	T	61 (0.61)	69 (0.69)	0.58	1.16 (0.73–1.76)

Notes: ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

Table 4 The VDR Genotype Among T1D Patients and Controls

VDR Genetic Variant	Genotyping Model	Genotype	N (Frequency)		P value ^a	Odd Ratio (95% CI)
			Controls	T1D		
rs2228570	Co-dominant	TT	4 (0.08)	5 (0.10)	0.75	1.25 (0.32–4.93)
		TC	20 (0.40)	21 (0.42)	0.90	1.05 (0.51–2.17)
		CC	26 (0.52)	24 (0.48)	0.82	0.92 (0.47–1.82)
	Dominant	TT	4 (0.08)	5 (0.10)	0.75	1.25 (0.32–4.93)
		TC + CC	46 (0.92)	45 (0.90)	0.94	0.98 (0.55–1.72)
	Recessive	TT + TC	24 (0.48)	26 (0.52)	0.82	1.08 (0.55–2.14)
CC		26 (0.52)	24 (0.48)	0.82	0.92 (0.47–1.82)	
rs731236	Co-dominant	TT	18 (0.36)	15 (0.30)	0.65	0.83 (0.38–1.84)
		TC	26 (0.52)	28 (0.56)	0.83	1.07 (0.56–2.09)
		CC	6 (0.12)	7 (0.14)	0.79	1.16 (0.37–3.72)
	Dominant	TT	18 (0.36)	15 (0.30)	0.65	0.83 (0.38–1.84)
		TC + CC	32 (0.64)	35 (0.70)	0.78	1.09 (0.59–2.03)
	Recessive	TT + TC	44 (0.88)	43 (0.86)	0.94	0.97 (0.55–1.74)
CC		6 (0.12)	7 (0.14)	0.79	1.16 (0.37–3.72)	
rs1544410	Co-dominant	GG	18 (0.36)	14 (0.28)	0.54	0.78 (0.35–1.73)
		GA	25 (0.50)	30 (0.60)	0.58	1.20 (0.62–2.32)
		AA	7 (0.14)	6 (0.12)	0.79	0.85 (0.27–2.73)
	Dominant	GG	18 (0.36)	14 (0.28)	0.54	0.78 (0.35–1.73)
		GA + AA	32 (0.64)	36 (0.72)	0.71	1.12 (0.61–2.08)
	Recessive	GG + GA	43 (0.86)	44 (0.88)	0.94	1.02 (0.58–1.82)
AA		7 (0.14)	6 (0.12)	0.79	0.85 (0.27–2.73)	
rs7975232	Co-dominant	GG	8 (0.16)	3 (0.06)	0.16	0.38 (0.10–1.50)
		GT	23 (0.46)	25 (0.50)	0.81	1.09 (0.55–2.16)
		TT	19 (0.38)	22 (0.44)	0.69	1.16 (0.56–2.40)
	Dominant	TT	8 (0.16)	3 (0.06)	0.16	0.38 (0.10–1.50)
		GT + GG	42 (0.84)	47 (0.94)	0.70	1.12 (0.63–1.98)
	Recessive	TT + GT	31 (0.62)	28 (0.56)	0.76	0.90 (0.47–1.72)
GG		19 (0.38)	22 (0.44)	0.69	1.16 (0.56–2.40)	

Notes: ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

Weinberg equilibrium as shown in [Supplementary Table 1](#). Our results showed that there is no statistical difference in allele and genotype frequencies between T1D patients and controls ([Tables 3 and 4](#)). In addition,

the co-dominant, dominant and recessive genotyping models showed no statistical difference among all studied groups ([Table 4](#)). Comparison of VDR haplotype frequencies also showed no significant (P > 0.05)

Table 5 The *VDR* Haplotype Among Type 1 Diabetic Patients and Controls

VDR Haplotype	N (Frequency)		P value ^a
	Controls	T1D	
rs2228570/rs731236/ rs1544410/rs7975232			
C/T/G/G	15 (0.30)	8 (0.16)	0.06
C/C/A/T	14 (0.28)	15 (0.30)	0.33
C/T/G/T	6 (0.12)	9 (0.18)	0.23
T/T/G/G	5 (0.10)	8 (0.16)	0.22
T/C/A/T	4 (0.08)	5 (0.10)	0.43
T/T/G/T	3 (0.06)	3 (0.06)	0.48
T/C/G/T	1 (0.02)	0	0.11
C/T/A/T	1 (0.02)	1 (0.02)	0.36
T/T/A/T	1 (0.02)	0	0.24
C/C/G/T	0	1 (0.02)	0.16

Notes: ^aStatistical analysis (chi-square test; significance when the *P* value < 0.05).

differences between T1D and control volunteers (Table 5). The *VDR* haplotype *FokI* (C)/ *TaqI* (T)/ *BsmI* (G)/ *ApaI* (G) was slightly higher among the control in comparison to T1D group. This difference, however, was not statistically significant ($P=0.06$) (Table 5). In addition, although there is an obvious difference in the ratio of male/female among T1D patients and controls, our findings showed no proof of a genotypic association ($P > 0.05$) of all four *SNPs* of the *VDR* with T1D in relation to sex (Table 6). Furthermore, the age of disease onset did not influence ($P > 0.05$) the susceptibility to T1D in Jordanian patients (Table 7). Regarding the LD of *VDR* variants (Figure 1), this study revealed that *ApaI* is in a complete LD ($D'=1$) with *BsmI* and *TaqI* in both control and T1D volunteers. The *TaqI* variant was in a strong LD among both control ($D'=0.86$) and T1D ($D'=0.91$) volunteers. However, no difference in LD of *VDR* variants between the tested groups was found.

Discussion

Recent advances in molecular profiling using sequencing are considered an efficient tool for developing targeted therapy for autoimmune diseases as well as a strategic tool for early diagnosis and prevention.²⁷

VDR polymorphisms have been analyzed for their association with autoimmune diseases in different populations.^{28–31} However, association of *VDR* genetic variants with T1D were inconsistent in various ethnic groups. We conducted this study on Jordanian T1D patients to clarify the role of the well-characterized *VDR* genetic variants in genetic susceptibility to T1D, as no

such studies were done so far in Jordan. Genotyping was done using NGS, which is known to be a highly accurate sequencing technique.³² Our results show no statistical differences among all the four well-known *SNPs* of the *VDR*: *FokI* T>C (rs2228570), *BsmI* A>G (rs1544410), *ApaI* T>G (rs7975232), and *TaqI* T>C (rs731236) among T1D patients and controls. However, our findings are in line with other studies which also showed no association between the different *SNPs* of the *VDR* and T1D in different populations such as the Portuguese,³³ Chile,²² Iranian,¹⁸ Turkish,²⁰ Romanian,³⁴ Finnish,²¹ British, Norwegian and US population.³⁵ On the other hand, populations from the MENA region such as Saudi Arabia showed a difference in the frequency of one of the *VDR* *SNPs*, namely the frequency of *BsmI* in T1D patients compared to controls.³⁶ In addition, the Kuwaiti population detected significant differences in the frequency of two *SNPs* of the *VDR*, namely *FokI* and *TaqI*.¹⁷ Furthermore, associations of most or all of the four *SNPs* with T1D were reported in some populations such as the Pakistani,¹⁶ Greek and Japanese populations.^{15,19} In addition, although our results revealed no difference in LD of *VDR* variants between the two groups analyzed, our results showed that *ApaI* is in a complete LD ($D'=1$) with *BsmI* and *TaqI* in both control and T1D volunteers, which is in line with previous studies which showed that *ApaI*, *BsmI*, and *TaqI* polymorphisms are in strong LD at the 3'end of the *VDR*.^{37,38}

Although associations of *VDR* polymorphisms with T1D were extensively studied in different populations, the role of these *SNPs* in T1D development is still unclear. These conflicting findings from various populations might be explained by ethnic differences and geographic variations among different populations which could affect the frequencies of *VDR* polymorphisms.^{25,39,40} In addition, genetic susceptibility alone is not enough to induce T1D as the interaction of different other factors plays an essential role such as environmental factors, nutrition, viral infections, and lifestyle habits.^{4,5}

Concerning the power of statistical analysis, we must acknowledge that the sample size ($n=50$ for control group and $n=50$ for T1D group), with a total of 100 used is limited. However, the obviously robust effect of our results regarding the allele, genotype and haplotype frequencies give confidence in the main conclusion presented here. The results of our study provide an additional insight for a controversial issue, namely the association of *VDR* polymorphisms with predisposition to T1D. However, the

Table 6 The Association of Patients' VDR Genotype with T1D in Relation with Sex

VDR Genetic Variant	Genotype	Sex	N (Frequency)		P value ^a	Odd Ratio (95% CI)
			Controls	T1D		
rs2228570	TT	M	3 (0.09)	0	0.40	0.27 (0.01–5.6)
		F	1 (0.05)	5 (0.14)	0.36	2.71 (0.30–25.70)
	TC	M	12 (0.39)	4 (0.25)	0.50	0.65 (0.18–2.32)
		F	8 (0.42)	17 (0.5)	0.74	1.18 (0.43–3.26)
	CC	M	16 (0.52)	12 (0.75)	0.45	1.45 (0.55–3.80)
		F	10 (0.53)	12 (0.35)	0.44	0.67 (0.24–1.84)
rs731236	TT	M	11 (0.35)	6 (0.37)	0.93	1.05 (0.33–3.38)
		F	7 (0.36)	9 (0.26)	0.57	0.72 (0.23–2.24)
	TC	M	16 (0.52)	9 (0.56)	0.87	1.09 (0.39–3.00)
		F	10 (0.53)	19 (0.56)	0.90	1.06 (0.41–2.74)
	CC	M	4 (0.12)	1 (0.06)	0.53	0.48 (0.05–4.70)
		F	2 (0.11)	6 (0.17)	0.55	1.67 (0.31–9.13)
rs1544410	GG	M	12 (0.39)	6 (0.38)	0.96	0.96 (0.31–3.06)
		F	6 (0.32)	8 (0.24)	0.63	0.75 (0.22–2.47)
	GA	M	14 (0.45)	9 (0.56)	0.68	1.25 (0.44–3.50)
		F	11 (0.58)	21 (0.62)	0.69	1.06 (0.42–2.68)
	AA	M	5 (0.16)	1 (0.06)	0.41	0.39 (0.04–3.60)
		F	2 (0.11)	5 (0.15)	0.71	1.40 (0.25–7.91)
rs7975232	GG	M	5 (0.16)	2 (0.13)	0.77	0.77 (0.13–4.45)
		F	3 (0.16)	1 (0.03)	0.16	0.18 (0.02–1.92)
	GT	M	14 (0.45)	8 (0.50)	0.85	1.11 (0.38–3.18)
		F	9 (0.47)	17 (0.50)	0.91	1.05 (0.39–2.82)
	TT	M	12 (0.39)	6 (0.38)	0.96	0.97 (0.31–3.06)
		F	7 (0.37)	16 (0.47)	0.65	1.27 (0.45–3.65)

Notes: ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

Table 7 The Association of VDR Genotype with the Age of T1D Onset

		FokI (rs2228570)			P ^a	TaqI (rs731236)			P ^a	BsmI (rs1544410)			P ^a	ApaI (rs7975232)			P ^a
		TT	TC	CC		TT	TC	CC		GG	GA	AA		GG	GT	TT	
Age of T1D onset	0–2	2 (0.22)	3 (0.33)	4 (0.44)	0.38	1 (0.11)	6 (0.67)	2 (0.22)	0.44	1 (0.11)	7 (0.78)	1 (0.11)	0.49	0	5 (0.56)	4 (0.44)	0.85
	2–10	1 (0.05)	9 (0.47)	9 (0.47)		5 (0.26)	10 (0.53)	4 (0.21)		4 (0.21)	11 (0.58)	4 (0.21)		1 (0.05)	8 (0.42)	10 (0.53)	
	10–18	2 (0.11)	6 (0.35)	9 (0.53)		6 (0.35)	10 (0.59)	1 (0.06)		6 (0.35)	10 (0.59)	1 (0.06)		2 (0.11)	8 (0.47)	7 (0.41)	
	>18	0	3 (0.60)	2 (0.40)		3 (0.60)	2 (0.40)	0		3 (0.60)	2 (0.40)	0		0	4 (0.80)	1 (0.20)	

Notes: Age (years); Results are listed as number (frequency); ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

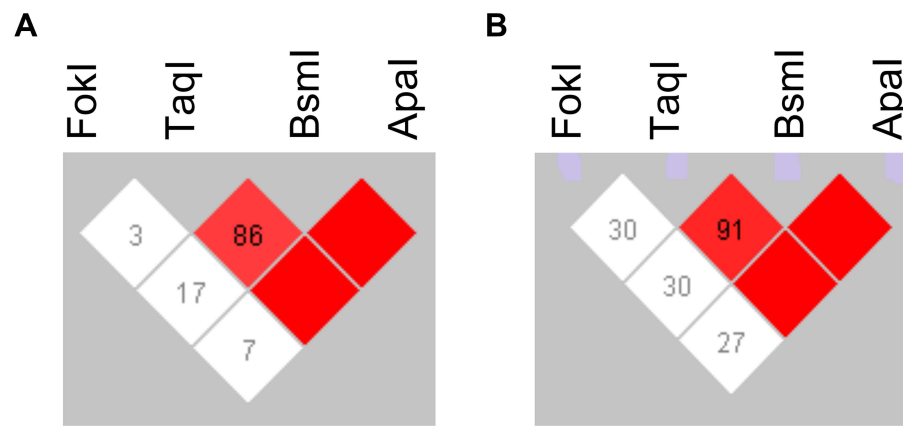


Figure 1 The LD of *VDR* genetic variants among Controls (**A**) and T1D (**B**) Jordanian volunteers. The red square indicates that there is a strong, while the white one indicates the weak LD between the 2 *VDR* genetic variants. The number inside the squares refers to D' value. Apal is in a complete LD ($D'=1$) with BsmI and TaqI in both control and T1D volunteers. The TaqI variant was in a strong LD among both control ($D'=0.86$) and T1D ($D'=0.91$) volunteers.

implication of *VDR* genetic variants with T1D is still questionable in a lot of populations, so more research in the future with larger sample sizes and larger genetic scale trials are needed.

Conclusions

In conclusion, our findings revealed that *VDR* genetic variants have no impact on the predisposition to T1D among Jordanian patients. Further genomic studies are recommended to detect other genetic polymorphism associations with T1D among Jordanians. This type of study highlights the necessity of global genome screening to increase the number of case-control studies worldwide thereby enriching immunotherapy for precision medicine by increasing data about different genetic variants and their association to autoimmune diseases. Moreover, previous studies showed that there is a link between glycemic control of diabetic patients and other genetic variants.⁴¹ Therefore, future wide genome studies are recommended to find out novel SNPs associated with glycemic control in diabetic patients, which could increase our understanding of the pathogenesis of diabetes and help in providing personalized therapy for patients.

Abbreviations

T1D, Type 1 diabetes; IDF, International Diabetes Federation; MENA, Middle East and North African Region; HLA, Human Leukocyte Antigen; *VDR*, Vitamin D Receptor; TNF, tumor necrosis factor; IL, interleukin; MHC, Major Histocompatibility Complex; SNPs, Single Nucleotide Polymorphisms; ADA, American Diabetes Associations; IRB, Institutional Review Board; NGS, next-generation sequencing; RFLP, Restriction

Fragment Length Polymorphism; LD, Linkage disequilibrium; SPSS, Statistical Package for Social Sciences.

Data Sharing Statement

The data used in this study are available from the corresponding author on reasonable request.

Acknowledgments

We wish to thank Genochem World SL. (Spain) for their technical support. We also thank all the volunteers who took part in this study and Ms. Safa'a Bataneh for her help in collecting blood samples. We would also like to thank Dr. Alaa Hammad for her support during the revision process.

Funding

This study was supported by a grant from Al-Zaytoonah University of Jordan [Grant number: 31/11/2020-2021].

Disclosure

The authors report no conflicts of interest in this work.

References

- Edner NM, Heuts F, Thomas N, et al. Follicular helper T cell profiles predict response to costimulation blockade in type 1 diabetes. *Nat Immunol.* 2020;21(10):1244–1255. doi:10.1038/s41590-020-0744-z
- International Diabetes Federation. IDF Diabetes Atlas; 2019. Available from: https://diabetesatlas.org/upload/resources/material/20200302_133351_IDFATLAS9e-final-web.pdf. Accessed May 8, 2021.
- Infante M, Ricordi C, Sanchez J, et al. Influence of vitamin D on islet autoimmunity and beta-cell function in type 1 diabetes. *Nutrients.* 2019;11(9):1–30. doi:10.3390/nu11092185
- Dotta F, Censini S, Van Halteren AGS, et al. Coxsackie B4 virus infection of β cells and natural killer cell insulinitis in recent-onset type 1 diabetic patients. *Proc Natl Acad Sci U S A.* 2007;104(12):5115–5120. doi:10.1073/pnas.0700442104

5. Knip M, Simell O. Environmental triggers of type 1 diabetes. *Cold Spring Harb Perspect Med.* 2012;2:a007690. doi:10.1101/cshperspect.a007690
6. Todd JA. Etiology of type 1 diabetes. *Immunity.* 2010;32(4):457–467. doi:10.1016/j.immuni.2010.04.001
7. Zhai N, Bidares R, Makoui MH, et al. Vitamin D receptor gene polymorphisms and the risk of the type 1 diabetes: a meta-regression and updated meta-analysis. *BMC Endocr Disord.* 2020;20(1):1–21. doi:10.1186/s12902-020-00575-8
8. Crofts LA, Hancock MS, Morrison NA, Eisman JA. Multiple promoters direct the tissue-specific expression of novel N-terminal variant human vitamin D receptor gene transcripts. *Proc Natl Acad Sci U S A.* 1998;95(18):10529–10534. doi:10.1073/pnas.95.18.10529
9. Taymans SE, Pack S, Pak E, et al. The human vitamin D receptor gene (VDR) is localized to region 12cen-q12 by fluorescent in situ hybridization and radiation hybrid mapping: genetic and physical VDR map. *J Bone Miner Res.* 1999;14(7):1163–1166. doi:10.1359/jbmr.1999.14.7.1163
10. Christakos S, Dhawan P, Verstuyf A, Verlinden L, Carmeliet G. Vitamin D: metabolism, molecular mechanism of action, and pleiotropic effects. *Physiol Rev.* 2015;96(1):365–408. doi:10.1152/physrev.00014.2015
11. Jones G, Strugnell SA, DeLuca HF. Current understanding of the molecular actions of vitamin D. *Physiol Rev.* 1998;78(4):1193–1231.
12. Abouzid M, Karziewicz-Lada M, Glowka F. Genetic determinants of vitamin D-related disorders; focus on vitamin D receptor. *Curr Drug Metab.* 2018;19(12):1042–1052. doi:10.2174/1389200219666180723143552
13. Uitterlinden AG, Fang Y, Van Meurs JB, Pols HA, Van Leeuwen JP. Genetics and biology of vitamin D receptor polymorphisms. *Gene.* 2004;338(2):143–156. doi:10.1016/j.gene.2004.05.014
14. Wang G, Zhang Q, Xu N, et al. Associations between two polymorphisms (FokI and BsmI) of vitamin D receptor gene and type 1 diabetes mellitus in Asian population: a meta-analysis. *PLoS One.* 2014;9(3):e89325.
15. Panierakis C, Goulielmos G, Mamoulakis D, Petraki E, Papavasiliou E, Galanakis E. Vitamin D receptor gene polymorphisms and susceptibility to type 1 diabetes in Crete, Greece. *Clin Immunol.* 2009;133(2):276–281. doi:10.1016/j.clim.2009.08.004
16. Mukhtar M, Batool A, Wajid A, Qayyum I. Vitamin D receptor gene polymorphisms influence T1D susceptibility among Pakistanis. *Int J Genomics.* 2017;2017:1–6. doi:10.1155/2017/4171254
17. Rasoul MA, Haider MZ, Al-Mahdi M, Al-Kandari H, Dhaunsi GS. Relationship of four vitamin D receptor gene polymorphisms with type 1 diabetes mellitus susceptibility in Kuwaiti children. *BMC Pediatr.* 2019;19(1):1–13. doi:10.1186/s12887-019-1448-0
18. Mohammadnejad Z, Ghanbari M, Ganjali R, et al. Association between vitamin D receptor gene polymorphisms and type 1 diabetes mellitus in Iranian population. *Mol Biol Rep.* 2012;39(2):831–837. doi:10.1007/s11033-011-0805-3
19. Ban Y, Taniyama M, Yanagawa T, et al. Vitamin D receptor initiation codon polymorphism influences genetic susceptibility to type 1 diabetes mellitus in the Japanese population. *BMC Med Genet.* 2001;2. doi:10.1186/1471-2350-2-7
20. Gogas Yavuz D, Keskin L, Kiyiçli S, et al. Vitamin D receptor gene BsmI, FokI, ApaI, TaqI polymorphisms and bone mineral density in a group of Turkish type 1 diabetic patients. *Acta Diabetol.* 2011;48(4):329–336. doi:10.1007/s00592-011-0284-y
21. Turpeinen H, Hermann R, Vaara S, et al. Vitamin D receptor polymorphisms: no association with type 1 diabetes in the Finnish population. *Eur J Endocrinol.* 2003;149(6):591–596. doi:10.1530/eje.0.1490591
22. Angel B, Santos JL, Carrasco E, Albala C, Pérez-Bravo F. Vitamin D receptor polymorphism and susceptibility to type 1 diabetes in Chilean subjects: a case-parent study. *Eur J Epidemiol.* 2004;19(12):1085–1087. doi:10.1007/s10654-004-1026-z
23. Thorsen SU, Mortensen HB, Carstensen B, et al. No association between type 1 diabetes and genetic variation in vitamin D metabolism genes: a Danish study. *Pediatr Diabetes.* 2014;15(6):416–421. doi:10.1111/pedi.12105
24. World Medical Association. World medical association declaration of Helsinki: ethical principles for medical research involving human subjects. *JAMA.* 2013;310(20):2191–2194. doi:10.1001/jama.2013.281053
25. Tizaoui K, Kaabachi W, Hamzaoui A, Hamzaoui K. Contribution of VDR polymorphisms to type 1 diabetes susceptibility: systematic review of case – control studies and meta-analysis. *J Steroid Biochem Mol Biol.* 2014;143:240–249. doi:10.1016/j.jsbmb.2014.03.011
26. Penna-Martinez M, Badenhop K. Inherited variation in vitamin D genes and type 1 diabetes predisposition. *Genes.* 2017;8(4):2–9. doi:10.3390/genes8040125
27. Ma Y, Shi N, Li M, Chen F, Niu H. Applications of next-generation sequencing in systemic autoimmune diseases. *Genom Proteom Bioinform.* 2015;13(4):242–249. doi:10.1016/j.gpb.2015.09.004
28. Kriegel MA, Manson JE, Costenbader KH. Does vitamin D affect risk of developing autoimmune disease?: A systematic review. *Semin Arthritis Rheum.* 2011;40(6):512–531. doi:10.1016/j.semarthrit.2010.07.009
29. Aydnz IE, Bingül I, Doğru-Abbasoğlu S, Vural P, Uysal M. Analysis of vitamin D receptor gene polymorphisms in vitiligo. *Dermatology.* 2012;224(4):361–368. doi:10.1159/000339340
30. Lin WY, Wan L, Tsai CH, Chen RH, Lee CC, Tsai FJ. Vitamin D receptor gene polymorphisms are associated with risk of Hashimoto's thyroiditis in Chinese patients in Taiwan. *J Clin Lab Anal.* 2006;20(3):109–112. doi:10.1002/jcla.20110
31. Mukhtar M, Sheikh N, Suqaina SK, et al. Vitamin D receptor gene polymorphism: an important predictor of arthritis development. *Biomed Res Int.* 2019;2019:1–8. doi:10.1155/2019/8326246
32. Behjati S, Tarpey PS. What is next generation sequencing? *Arch Dis Child Educ Pract Ed.* 2013;98(6):236–238. doi:10.1136/archdischild-2013-304340
33. Lemos MC, Fagulha A, Coutinho E, et al. Lack of association of vitamin D receptor gene polymorphisms with susceptibility to type 1 diabetes mellitus in the Portuguese population. *Hum Immunol.* 2008;69(2):134–138. doi:10.1016/j.humimm.2008.01.008
34. Guja C, Marshall S, Welsh K, et al. The study of CTLA-4 and vitamin D receptor polymorphisms in the Romanian type 1 diabetes population. *J Cell Mol Med.* 2002;6(1):75–81. doi:10.1111/j.1582-4934.2002.tb00312.x
35. Nejentsev S, Cooper JD, Godfrey L, et al. Analysis of the vitamin D receptor gene sequence variants in type 1 diabetes. *Diabetes.* 2004;53(10):2709–2712. doi:10.2337/diabetes.53.10.2709
36. Iyer A, Lanham-New S, Khoja S, Al-Ghamdi M, Al Doghaither H. Relationship between vitamin d receptor gene polymorphisms and type 1 diabetes mellitus in Saudi patients. *Int J Pharmacol.* 2017;13(8):1092–1097. doi:10.3923/ijp.2017.1092.1097
37. Zmuda JM, Cauley JA, Ferrell RE. Molecular epidemiology of vitamin D receptor gene variants. *Epidemiol Rev.* 2000;22(2):203–217. doi:10.1093/oxfordjournals.epirev.a018033
38. Thakkestian A, D'Este C, Attia J. Haplotype analysis of VDR gene polymorphisms: a meta-analysis. *Osteoporos Int.* 2004;15(9):729–734. doi:10.1007/s00198-004-1601-x
39. Sahin OA, Goksen D, Ozpinar A, Serdar M, Onay H. Association of vitamin D receptor polymorphisms and type 1 diabetes susceptibility in children: a meta-analysis. *Endocr Connect.* 2017;6(3):159–171. doi:10.1530/EC-16-0110
40. Savastio S, Cadario F, Beux S, et al. Vitamin D and type 1 diabetes. *Open Rheumatol J.* 2018;12(1):289–299. doi:10.2174/1874312901812010289
41. Kassem DH, Adel A, Sayed GH, Kamal MM. A novel SERPINB1 single-nucleotide polymorphism associated with glycemic control and β -cell function in Egyptian type 2 diabetic patients. *Front Endocrinol.* 2020;11:1–8. doi:10.3389/fendo.2020.00450

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

Dovepress

Publish your work in this journal

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy is an international, peer-reviewed open-access journal committed to the rapid publication of the latest laboratory and clinical findings in the fields of diabetes, metabolic syndrome and obesity research. Original research, review, case reports, hypothesis formation, expert opinion

and commentaries are all considered for publication. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit <http://www.dovepress.com/testimonials.php> to read real quotes from published authors.

Submit your manuscript here: <https://www.dovepress.com/diabetes-metabolic-syndrome-and-obesity-targets-and-therapy-journal>