

Brolucizumab for the Treatment of Degenerative Macular Conditions: A Review of Clinical Studies

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Abstract: Age-related macular degeneration (AMD), diabetic retinopathy and retinal vein occlusion represent some of the commonest degenerative conditions that lead to severe vision impairment in the developed countries. The gold standard treatment of complications associated with these conditions is the intravitreal administration of anti-vascular endothelial growth factor (VEGF) agents. Brolucizumab is a newly developed, humanised, single-chain fragment of a monoclonal antibody binding all VEGF-A isoforms, which was recently approved for the treatment of neovascular AMD. Intravitreal brolucizumab promises to reduce treatment burden for nAMD patients by achieving comparable therapeutic outcomes with fewer clinic visits. Promising also appears its use for the treatment of more challenging maculopathies like diabetic macular oedema (DMO). The aim of this review is to describe the special pharmacological properties of brolucizumab and display the outcomes of the most important clinical trials and real-world studies regarding its efficacy and safety for the management of degenerative macular disorders.

Keywords: degenerative macular disorders, brolucizumab, anti-VEGF, efficacy, safety, intravitreal treatment

Introduction to Degenerative Macular Disorders and Their Management Age Related Macular Degeneration

Age-related macular degeneration (AMD) is a chronic progressive disease of the macular region of the retina, which affects adults older than 65 years and leads to irreversible loss of central vision.¹ This ocular condition remains the leading cause of severe vision loss in the industrially developed world, accounting for 8.7% of global blindness.² It is estimated that AMD currently affects 196 million individuals worldwide, and, by 2040, this number is expected to reach 288 million cases.²

AMD is classified into two types: neovascular AMD (nAMD) or wet and dry AMD. Although the neovascular form of AMD affects only 20% of AMD patients, it is responsible for the majority of cases with more severe and rapid vision loss.³ The development of choroidal neovascularization (CNV) is the main characteristic of nAMD, consisting of new pathological and immature blood vessels. This pathological angiogenesis can result in infiltration of fluid that is accumulated intraretinally, subretinally or beneath the retinal pigment epithelium (RPE). Further clinical nAMD features include hard exudates, haemorrhages, RPE tears or the development of a disciform scar. Without the appropriate therapeutic intervention, these clinical deformities cause progressive damage to photoreceptors that results in reduced visual acuity.⁴⁻⁸

AMD is multifactorial in aetiology with increased age being the strongest non-modifiable risk factor for the disease.⁴ Environmental and lifestyle factors, such as diet and smoking, have been consistently associated with AMD risk. Hypertension and hyperlipidaemia are also likely to be involved in the development of AMD. Furthermore, there is strong genetic contribution, as many genetic variants have been implicated in AMD pathogenesis.⁴

Treatment of nAMD targets on inhibiting angiogenesis and vascular leakage in order to achieve visual acuity maintenance or improvement.⁹ Since vascular endothelial growth factor (VEGF) contributes significantly in the

development of CNV,⁶ the advent of VEGF inhibitors has demonstrated remarkable visual outcomes in nAMD patients.^{3,6} Until recently, three anti-VEGF agents (ranibizumab, aflibercept and bevacizumab) that block all VEGF-A isoforms, were the mainstay of nAMD treatment.⁹ Although these medications were revolutionary, unmet needs in the management of this condition still exist. Treatment burden remains high for AMD patients due to the required frequent and indefinite evaluations.¹⁰ Treatment response variability is another major concern, as many patients end up with lower vision related to subretinal fibrosis and scar formation or macular atrophy, despite anti-VEGF therapy. In addition, anti-VEGF drugs that were used so far for nAMD treatment had a short duration of therapeutic action.¹¹ For these reasons, brolocizumab, a newly developed longer-acting anti-VEGF agent, has now been added to our therapeutic options for nAMD in an effort to maintain the effectiveness of treatment while extending dosing intervals.³

Polypoidal Choroidal Vasculopathy

Polypoidal choroidal vasculopathy (PCV) is considered a variant of nAMD characterised by polypoidal dilation with a branching neovascular network usually located between Bruch's membrane and RPE.^{12,13} The presence of polypoidal lesions is best detected using indocyanine green angiography (ICGA).¹⁴ Unlike typical AMD, drusen are absent in PCV and recurrent subretinal haemorrhages and serous retinal detachments are the most common clinical findings.^{12,13,15}

PCV is an ocular condition with greater prevalence in Asian populations that is presumably influenced by both genetic and environmental factors.^{16,17} Smoking, elevated C-reactive protein (CRP) levels, hypertension and history of central serous chorioretinopathy are some of the reported risk factors for PCV development.^{16–18}

Current options for the management of PCV include monotherapy with intravitreal anti-VEGF agents or combination with verteporfin photodynamic treatment (PDT).¹⁸ Several studies have shown that brolocizumab has similar functional effects on PCV patients when compared with other anti-VEGF agents, along with significant polypoidal lesion regression on ICGA.^{19,20}

Diabetic Macular Oedema

Diabetic macular edema (DMO) is the most common ocular complication leading to decreased vision among patients with diabetes mellitus. The breakdown of the inner blood-retinal barrier (BRB) associated with leakage from microaneurysms and capillary walls, is considered the main pathogenetic mechanism resulting in DMO formation.^{21,22}

DMO occurs in both types of diabetic patients and its progression has been correlated with multiple risk factors, such as glycemic control, duration of diabetes, hypertension, dyslipidemia and renal status.^{16,23,24} It is reported that chronic hyperglycemia causes oxidative injury to endothelial cells and a subsequent inflammatory response that leads to BRB disruption. This inflammatory response is characterised by the overexpression of different growth factors including VEGF.^{25,26}

Management of diabetic patients aims primarily at the prevention of DMO by controlling all the associated systemic factors. Although laser photocoagulation had been an established treatment option for years, intravitreal anti-VEGF agents have become the treatment of choice for DMO.^{16,27} Brolocizumab is the latest anti-VEGF molecule being approved by the US Food and Drug Administration (FDA) for nAMD treatment that could be an additional therapeutic option in DMO patients, based on its encouraging functional and anatomical results.²⁸

Retinal Vein Occlusion

Retinal vein occlusion (RVO) is the second most common retinal vascular disorder after diabetic retinopathy that causes significant vision loss.²⁹ RVO can be classified into branch retinal vein occlusion (BRVO), hemiretinal vein occlusion (HRVO), and central retinal vein occlusion (CRVO) and prognosis depends on the site of obstruction.³⁰ Although all types of RVO are mainly associated with atherosclerosis, vein occlusions can also result from compression, vasoconstriction or inflammation.^{31,32} Systemic arterial hypertension, diabetes and arteriosclerosis are among the major reported risk factors for RVO occurrence.²⁹

Clinical features in RVO cases include venous tortuosity, cotton wool spots, retinal haemorrhages and optic nerve oedema that develop due to increased intravenous pressure. Vascular congestion and consequent impaired capillary exchange can lead to macular oedema (MO), which is the major cause of visual loss in RVO patients.^{29,30} Apparently, VEGF secretion represents a significant factor in MO pathogenesis resulting in increased vascular permeability and leakage.^{16,30}

Because of the limitations that accompany laser and steroid treatment, MO following RVO has been mainly treated using intravitreal anti-VEGF agents.^{16,27} Brolucizumab, a newly FDA approved anti-VEGF drug, can be considered as an off-label treatment option, especially in cases with recurrent MO secondary to RVO.³³

Pharmacology of Brolucizumab: Molecular Characteristics, Pharmacokinetics

Drying off the affected retina through inhibiting angiogenesis and thereby the infiltration of fluid is the main goal of nAMD treatment.³ Considering that VEGF has been identified as the primary contributor to CNV progression, CNV growth suppression has been displayed in monkey and mice neovascularisation models by VEGF blocking.^{34–36} CNV regression can be achieved by the use of antibodies that impede VEGF binding to its receptor on vascular endothelial cells.³

Pegaptanib sodium, an aptamer that blocks VEGF165, was the first anti-VEGF agent to be approved by the FDA in 2004.³⁷ Later in 2006, FDA approved ranibizumab following ANCHOR and MARINA trials. Ranibizumab is a fragment of an antibody binding all isoforms of VEGF-A.^{38–40} Aflibercept was the next anti-VEGF preparation being approved for nAMD treatment in USA (2011) and Europe (2012) based on the VIEW 1 and 2 studies.⁴¹ The PHOENIX study led to the approval of conbercept in China in 2013.⁴² Both aflibercept and conbercept represent antibody fusion proteins.⁴² In addition, bevacizumab and ziv-aflibercept are two anti-VEGF agents used “off-label”, without the approval of FDA or other similar authority.^{43,44}

Current standard management for nAMD requires frequent anti-VEGF injections over a long period of time. Long-term intravitreal therapy can become a considerable burden not only for the patients but also the healthcare system that can result in undertreatment or even discontinuation with subsequent loss of vision.^{3,45} In an effort to overcome these challenges, alternative dosing regimens have been introduced, including pro re nata (PRN) and treat and extend.⁹ In 2019, aiming in the same direction, FDA approved brolucizumab, a newly discovered anti-VEGF molecule for nAMD treatment that has demonstrated longer effect durability along with visual acuity improvement upon 12-week administration interval.³

Brolucizumab is a humanised, single-chain fragment of a monoclonal antibody (scFv) blocking VEGF-A (Figure 1).⁴⁶ ScFvs are autonomous agents with fully preserved binding capacity to their target without being dependent on a heavy molecular support structure. The variable chain domains of the monoclonal antibody (mAb), bound by a flexible linker, comprise the brolucizumab molecule. Because of their small molecular size and the lack of the Fc region, scFvs are beneficial for pharmacologic treatment.⁴⁷ In contrast to full-sized IgG, these binding agents have better tissue penetration and subsequently, greater local effect with longer duration and fewer adverse systemic events.^{48,49}

Recombinant DNA technology was used for the development of brolucizumab, the smallest VEGF antibody, with a molecular weight of 26 kDa.⁴⁶ The low molecular mass of brolucizumab, compared to the 115kDa of ranibizumab and 48kDa of aflibercept, along with its excellent solubility allows the production of a solution with a high concentration of 120 mg/mL. This level of concentration enables the administration of 6 mg of brolucizumab in a standard 50 μ L intravitreal injection. By superiority of such characteristics, a larger number of brolucizumab molecules can be supplied intravitreally and the binding capacity to all VEGF-A isoforms are 11 to 22 times greater than aflibercept or ranibizumab. As a result, the therapeutic effect of the drug may be prolonged.⁴⁶ In vitro trials have also shown remarkably higher binding affinity of brolucizumab to VEGF-A isoforms than bevacizumab and blocking of binding to VEGF-A receptors VEGFR1 and VEGFR2 at considerably lower concentrations compared to ranibizumab (Figure 1).^{3,45}

Brolucizumab pharmacokinetics were studied in vivo, after intravitreal injection of 1 or 6 mg of the drug in both eyes of cynomolgus monkeys. Researchers estimated that brolucizumab concentration following administration was 42% and 18% of the vitreous concentration in the central retina and the choroid respectively. They also found that the mean half-life of the drug in all ocular tissues was 2.4 \pm 0.3 days. Maximum serum concentration of brolucizumab was noted to be approximately 3500 times lower than vitreous concentration and its serum clearance was 51.0 hours. These study results

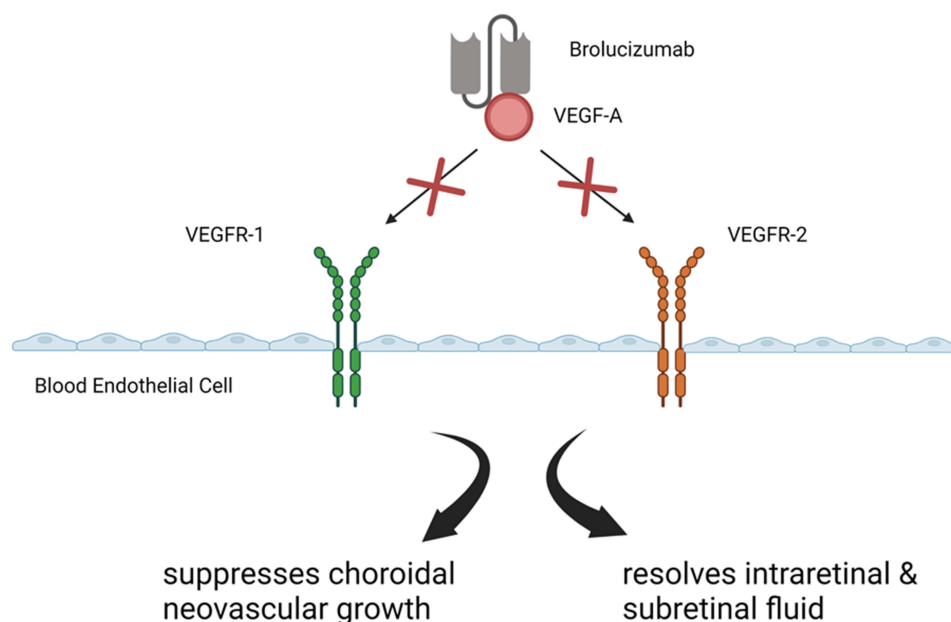


Figure 1 Mechanism of action of Brolucizumab.

showed that brolucizumab reaches the choroid through the retina with minimal systemic penetration.³ In further trials on monkeys, intravitreal application of brolucizumab revealed only minimal ocular inflammation without ocular or systemic toxicity. The pharmacokinetics of brolucizumab were additionally examined in cynomolgus monkeys upon intravenous administration of the drug at a concentration of 2 mg/kg. Similar to previous studies, it was found that systemic exposure of brolucizumab was minimal, as its serum half-life was determined at 5.6 ± 1.5 hours.³ It is hypothesised that the rapid systemic clearance exhibited by brolucizumab is attributed to its small molecular size and the lack of an Fc region.⁴⁵

These preclinical trials in non-human primate species present brolucizumab as an anti-VEGF agent with low systemic concentration and no toxicity, which would potentially relieve nAMD patients from treatment burden given that it may be administered less frequently.³

Long-Term Efficacy Neovascular AMD (nAMD)

The SEE study was the first Phase I/II, multicenter study to investigate the efficacy of a single intravitreal injection of brolucizumab (0.5, 3, 4.5, or 6 mg) compared with ranibizumab 0.5 mg in treatment naïve nAMD patients. It was found that brolucizumab 6 mg was non-inferior to ranibizumab in reducing central subfield thickness (CST) and led to greater best corrected visual acuity (BCVA) improvement. In addition, the study showed that 6 mg-brolucizumab had an efficacy duration of 75 days, which was significantly greater than the 45 days measured for ranibizumab.⁴⁶

The Phase II-OWL study (NCT01849692) demonstrated that brolucizumab was also efficient in improving CST and BCVA by using microvolume infusions.⁵⁰ Therefore, the development of a microvolume delivery system of brolucizumab that delivers fixed monthly doses over a 6-month period could possibly reduce treatment burden.³

Based on the results of SEE study, regarding the more durable treatment effect of brolucizumab, the OSPREY Phase II study explored the efficacy of the drug compared with aflibercept, which is approved for q8-week dosing. During the 8-week treatment cycles, brolucizumab proved to be non-inferior to aflibercept concerning BCVA and brolucizumab-treated eyes showed greater fluid resolution. Furthermore, approximately 50% of brolucizumab-treated patients demonstrated adequate outcomes while being challenged with a 12-week dosing regimen. This key information contributed to the design of subsequent Phase III studies.⁵¹

HAWK and HARRIER were the first Phase III studies to evaluate anti-VEGF therapy using 12-week treatment cycles. In these studies, which investigated the efficacy of brolucizumab versus aflibercept, brolucizumab group-patients

were treated on a 12-week interval after the loading phase and adjusted to an 8-week interval in case they showed disease activity. On the other hand, patients in the aflibercept group were treated on fixed 8-week intervals according to administration protocol. Brolocizumab (q12/q8-week) exhibited noninferiority in BCVA mean change compared with aflibercept through the first year of studies. Nevertheless, brolocizumab achieved greater retinal thickness reduction and fluid resolution than aflibercept at week 48. Additionally, more than 50% of brolocizumab-treated patients were maintained on a 12-week dosing regimen throughout year 1.⁵² Similar were the 96-week results from the HAWK and HARRIER studies, demonstrating that brolocizumab may lead to better control of nAMD and reduce treatment burden for this group of patients.⁵³ Singh et al conducted a post-hoc analysis of HAWK and HARRIER in order to investigate the effect of intravitreal brolocizumab versus aflibercept on nAMD patients with early residual fluid (ERF).⁵⁴ Results showed that, in ERF arm, brolocizumab achieved greater fluid resolution and CST reductions than aflibercept through week 96 of anti-VEGF therapy. Better anatomic outcomes were also associated with greater BCVA improvements in ERF patients treated with brolocizumab. This post hoc analysis suggests that the resolution of retinal fluid present at the end of loading phase may be beneficial for long-term visual outcomes in nAMD.⁵⁴

The MERLIN is another Phase III study initiated in 2018, evaluating the efficacy of 6 mg-brolocizumab compared to 2 mg-aflibercept administered in a 4-week dosing regimen after the loading phase in nAMD patients with persistent retinal fluid despite anti-VEGF treatment. One-year results from MERLIN revealed that brolocizumab was non-inferior to aflibercept in mean BCVA change and showed superior anatomic outcomes. However, 4-week treatment intervals were associated with higher reported frequency of serious ocular adverse events in the brolocizumab arm, such as intraocular inflammation (IOI), retinal vasculitis (RV) and retinal occlusion (RO). Therefore, Novartis announced the termination of the MERLIN study in May 2021 due to patient safety issues. Further analysis of this study data is in progress, and its results are expected to be presented at an upcoming medical meeting.⁵⁵

Treatment with brolocizumab includes a loading phase with three monthly injections followed by 12-week or 8-week dosing intervals and has been well studied in treatment naïve nAMD patients. Nevertheless, no clinical trial has so far explored whether loading dose is also beneficial for patients previously treated with anti-VEGF. The FALCON is a novel 52-week study in nAMD patients with unsatisfactory response to previous anti-VEGF therapy that aims to investigate the optimal initiation of brolocizumab treatment with or without loading phase. Results from the FALCON trial (NCT04679935), which is expected to be completed by 2024, will provide useful data on the necessity of loading dose in a switch situation. In addition, they will present whether switching to brolocizumab can result in optimal disease control and persistent fluid reduction.⁵⁶ Moreover, two more ongoing trials, the SWIFT trial (NCT04264819) and the PEREGRINE trial (NCT04697953) are looking at the efficiency of brolocizumab in patients with suboptimal anatomically controlled nAMD and in patients with nAMD with prior anti-VEGF exposure, respectively. The SWIFT trial is expected to be completed by 2023 and the PEREGRINE by 2025.

Polypoidal Choroidal Vasculopathy (PCV)

In a HAWK study subanalysis, Ogura et al presented the 96-week visual and anatomic outcomes of brolocizumab therapy compared to aflibercept in Japanese eyes diagnosed with PCV.¹⁴ Subjects treated with 6 mg-brolocizumab in accordance with HAWK study treatment protocol exhibited significant visual gains, which were comparable to those achieved with aflibercept therapy on a fixed 8-week dosing regimen. In addition, greater fluid [intraretinal fluid (IRF), subretinal fluid (SRF), pigment epithelial detachment (PED)] resolution was observed in the brolocizumab group, indicating that polyps were inactive. This analysis also showed that 76% of the PCV participants in brolocizumab arm were maintained on a 12-week treatment interval after the loading dose through the first year of the study and 68% of them through the second year. Consequently, intravitreal brolocizumab could reduce treatment burden for PCV patients as well.¹⁴

Diabetic Macular Oedema (DMO)

KESTREL and KITE were the first Phase III studies to evaluate the efficacy of brolocizumab versus aflibercept in DMO patients. Loading dose in brolocizumab arm included 5 injections every 6 weeks followed by a 12-week dosing regimen that adjusted to 8-week intervals in case disease activity was present. Aflibercept arm received 5 monthly injections followed by fixed 8-week treatment cycles, according to label protocol. Fifty-two -week results from KITE and

KESTREL showed non-inferiority of 6 mg-brolucizumab in mean BCVA change from baseline compared to 2 mg-afibercept. Anatomical outcomes in subjects treated with brolucizumab 6 mg were superior to those treated with afibercept, with greater CST reductions and fluid resolution being observed. Additionally, more than 50% of 6 mg-brolucizumab subjects were maintained on a 12-week dosing regimen through year 1, with 87.6% of them in KESTREL and 95.1% in KITE remaining on a 12-week treatment interval after the first 12-week cycle. The 100-week results will give further information about the efficacy and safety of brolucizumab, which could constitute an additional therapeutic tool for DMO patients and reduce treatment burden.²⁸

Retinal Vein Occlusion (RVO)

The first Phase III clinical trials to investigate the efficacy of brolucizumab compared to afibercept in patients with MO secondary to BRVO or CRVO were the RAPTOR and RAVEN studies respectively. Following a loading phase with 6 monthly injections of brolucizumab or afibercept, subjects in both studies would enter a one-year individualised flexible treatment (IFT) phase. Disease stability would be evaluated at monthly visits during this phase and either an active or a sham injection would be administered on study subjects. Interruption of treatment with active injections would take place upon reaching disease stability.⁵⁷ The RAPTOR and RAVEN were 18-month studies that started in 2019, however Novartis announced their termination almost two years later, just before their completion, along with the MERLIN study. As mentioned above, the reason for the termination was the increased rate of serious ocular adverse events, including intraocular inflammation (IOI), retinal vasculitis (RV), and retinal vascular occlusion (RO), that were related to 4-week treatment intervals after the loading dose.⁵⁵

A summary of the key clinical trials is depicted in [Table 1](#).

Real-World Clinical Data Neovascular AMD (nAMD)

Brolucizumab was approved for nAMD treatment by the FDA and the European Commission based on the pivotal Phase III HAWK and HARRIER studies. However, it was the BREW study followed by a case series by Enriquez et al, that first analysed early real-world experience with brolucizumab in eyes previously treated with other anti-VEGFs.^{58,59} Their analysis showed that brolucizumab therapy led to BCVA stabilisation as well as significant CST reduction. Additionally, this newly approved agent appeared to be effective in the resolution of persistent fluid in patients with recalcitrant nAMD.^{58,59} Similar findings regarding this group of patients in a single European clinical centre were presented by the SHIFT study.⁶⁰

The REBA study found that treatment-naïve and switch-therapy patients demonstrated very satisfactory visual and anatomic response to intravitreal administration of brolucizumab for nAMD that was maintained to significant extent throughout the follow-up period. Maintenance on a 12-week dosing regimen was also observed for a considerable number of eyes in both study groups.⁶¹

The BRAILLE was the first study to report real-world clinical information about nAMD therapy with intravitreal brolucizumab in the Indian population. Treatment-naïve patients and those previously treated with other anti-VEGFs experienced significant visual and anatomical improvement with CST and fluid reduction.⁶²

The short-term results of loading dose therapy with brolucizumab in patients diagnosed with nAMD associated with type 1 CNV, who had not received prior treatment with other anti-VEGF agents, were presented by Matsumoto et al.²⁰ Remarkable BCVA gain was noted, along with significant reduction in macular and choroidal thickness after 3 monthly intravitreal injections of this newly approved drug.²⁰

Bilgic et al designed a study in an effort to estimate the efficacy of pro re nata (PRN) brolucizumab for the treatment of exudative AMD (PROBE study).⁶³ Study population included treatment-naïve patients that received PRN intravitreal brolucizumab without a loading dose at 8-week treatment intervals. Results revealed significant mean BCVA increase, CST reduction and fluid resolution in approximately 75% of eyes after two injections.⁶³ The same research team suggested that intravitreal brolucizumab may be beneficial for nAMD patients who develop an RPE tear, either as primary or switch therapy.⁶⁴

Table 1 Summary of the Clinical Trials on Brolucizumab

Study	Design	Number of Patients	Key Visual and Anatomical Results	Adverse Events
Neovascular AMD				
SEE ⁴⁶	Phase 1/2, prospective, multicenter, double-masked, randomized, ascending single-dose, active-controlled, parallel-group study, 6 months	194 (brolucizumab 0.5 mg=11; 3.0 mg=31; 4.5 mg=47; 6.0 mg=44; ranibizumab 0.5mg=61)	<ol style="list-style-type: none"> 1. Noninferiority in CST change from baseline to month 1 with brolucizumab vs ranibizumab (the difference in CST change at month 1 comparison with ranibizumab was 22.86 μm (90% confidence interval [CI], -9.28 to 54.99) and 19.40 μm (95% CI, -9.00 to 47.80) for brolucizumab 4.5 and 6 mg, respectively. 2. Comparable changes in BCVA between brolucizumab and ranibizumab. 	Most frequent AEs reported with brolucizumab: conjunctival hemorrhage, eye pain, and conjunctival hyperemia.
OWL ⁵⁰	Phase 2, 2-stage trial, 42 days	52 (brolucizumab 1.2 mg/10 mL injection=10; 0.6 mg/10 mL injection=10; 1.0 mg/8.3 mL infusion=10; 0.5 mg/8.3 mL infusion=10; ranibizumab 0.5 mg/50 mL injection=12)	<p>Effective response to brolucizumab:</p> <ol style="list-style-type: none"> 1. Responder rates of 70% and 80% in stages 1 and 2 respectively with injection. 2. Responder rate of 60% with infusion during both stages <p>(Responders were regarded as those who achieved 3 of the following criteria: a 4-letter gain in BCVA on day 14; a 4-letter gain in BCVA on day 28; a 80-mm decrease in CST on day 14; and a 80-mm decrease in CST on day 28).</p>	
OSPREY ⁵¹	Phase 2, prospective, randomized, double-masked, multicenter, 2-arm, study, 56 weeks	89 (brolucizumab 6.0 mg=44; aflibercept 2.0 mg=45)	<ol style="list-style-type: none"> 1. Mean BCVA change (letters) from baseline with brolucizumab was noninferior to aflibercept at week 12 (5.75 and 6.89, respectively [80% confidence interval for treatment difference, -4.19 to 1.93]) and week 16 (6.04 and 6.62 [-3.72 to 2.56]), with no remarkable differences up to week 40. 2. Post hoc analysis demonstrated that brolucizumab-treated eyes had greater IRF and SRF resolution compared with aflibercept-treated eyes. Approximately 50% of eyes treated with brolucizumab had stable BCVA during the 12-week dosing regimen. 	Brolucizumab and aflibercept showed comparable AEs.

(Continued)

Table 1 (Continued).

Study	Design	Number of Patients	Key Visual and Anatomical Results	Adverse Events
HAWK and HARRIER ^{52,53}	Phase 3, double-masked, multicenter, active-controlled, randomized trials, 2 years	1817 HAWK: 1078 (brolucizumab 3.0 mg=358; 6.0 mg=360; aflibercept=360) HARRIER: 739 (brolucizumab 6.0 mg=370; aflibercept 2.0 mg=369)	<p>48-week results:</p> <ol style="list-style-type: none"> Each brolucizumab arm showed noninferiority to aflibercept in BCVA change from baseline (least squares [LS] mean, +6.6 [6 mg] and +6.1 [3 mg] letters with brolucizumab vs +6.8 letters with aflibercept [HAWK]; +6.9 [brolucizumab 6 mg] vs +7.6 [aflibercept] letters [HARRIER]; $P < 0.001$ for each comparison). Greater CST reductions were detected with brolucizumab 6 mg versus aflibercept in HAWK (LS mean 172.8 mm vs 143.7 mm; $P=0.001$) and HARRIER (LS mean 193.8 mm vs 143.9 mm; $P < 0.001$). Anatomic retinal fluid outcomes were more favorable for brolucizumab. Greater than 50% of brolucizumab 6 mg treated eyes were maintained on a 12-week dosing regimen through Week 48 (56% [HAWK] and 51% [HARRIER]). <p>96-week results:</p> <ol style="list-style-type: none"> Mean change in BCVA from baseline (LS mean) in HAWK was 5.6 ± 0.79 ETDRS letters for brolucizumab 3 mg, 5.90 ± 0.78 letters for brolucizumab 6 mg, and 5.3 ± 0.78 letters for aflibercept and in HARRIER was 6.1 ± 0.73 letters for brolucizumab 6 mg and 6.6 ± 0.73 letters for aflibercept. Greater CST reductions were detected with brolucizumab 6 mg vs aflibercept in HAWK (LS mean, 174.8 mm vs 148.7 mm; 95% confidence interval for treatment difference, -46.2 to -5.9 mm; $P=0.0115$) and HARRIER (LS mean, -197.7 mm vs -155.1 mm; 95% confidence interval for treatment difference, -62.0 to -23.3 mm; $P < 0.0001$). The proportions of eyes with residual IRF and/or SRF in HAWK were 31% ($P=0.0688$) and 24% ($P=0.0002$) for brolucizumab 3 mg and 6 mg and 37% for aflibercept, whereas in HARRIER, they were 24% for brolucizumab 6 mg ($P < 0.0001$) and 39% for aflibercept. A 45.4% and 38.6% probability was noted for brolucizumab 6 mg patients of maintaining an q12w dosing in HAWK and HARRIER, respectively. 	<p>48-week results:</p> <p>Brolucizumab and aflibercept had generally similar AEs rates.</p> <p>96-week results:</p> <p>Brolucizumab demonstrated a well-tolerated safety profile.</p>

DMO				
KESTREL and KITE ²⁸	Phase III, double-masked, multicenter, active-controlled, randomized trials, 100-weeks	926 KESTREL: 566 (brolucizumab 3.0 mg=190; 6.0 mg=189; aflibercept=187) KITE: 360 (brolucizumab 6.0 mg=189; aflibercept 2.0 mg=181)	52-week results: 1. Brolucizumab 6 mg showed noninferiority (NI margin 4 letters) to aflibercept in BCVA mean change from baseline (KESTREL: +9.2 letters vs +10.5 letters; KITE: +10.6 letters vs +9.4 letters; $P < 0.001$). 2. There were more subjects treated with aflibercept that achieved CST <280 μ m, and had greater subretinal and/or intraretinal fluid resolution than those treated with aflibercept. In KITE, brolucizumab 6 mg exhibited superior improvements in CST change from baseline over Week 40 to Week 52 compared to aflibercept ($P = 0.001$). 3. More than half of brolucizumab 6 mg subjects were maintained on a 12-week dosing regimen after loading dose in both studies.	52-week results: Serious ocular adverse events incidence was 3.7% (brolucizumab 3 mg), 1.1% (brolucizumab 6 mg), and 2.1% (aflibercept) in KESTREL; and 2.2% (brolucizumab 6 mg) and 1.7% (aflibercept) in KITE.

Montesell et al presented the short-term outcomes of brolocizumab therapy in treatment-naïve and switch patients with nAMD, following the treatment protocol of HAWK and HARRIER studies.⁶⁵ Although mean BCVA remained stable, a statistically significant reduction in macular thickness was observed, as well as fluid reduction in the different retinal compartments (IRF SRF, PED).⁶⁵

Since better anatomical and visual outcomes have been associated with the decrease in choroidal thickness after therapy with intravitreal aflibercept,⁶⁶ a multicenter study in Japan investigated the effect of brolocizumab on subfoveal choroidal thickness (SCT) of eyes with nAMD during the loading phase of treatment.⁶⁷ Their analysis showed remarkable SCT reduction in both treatment-naïve eyes and eyes previously treated with other anti-VEGFs. In subjects without prior treatment, greater SCT decrease was noted with intravitreal brolocizumab than that described with other anti-VEGFs, and this decrease was related to retinal fluid resolution.⁶⁷

Only one prospective study has so far explored the efficacy of brolocizumab after loading dose in nAMD patients that had not received prior treatment.⁶⁸ Its results are consistent with those reported in brolocizumab registration studies,⁵² revealing improvements in visual acuity and macular thickness.⁶⁸

The efficacy of brolocizumab therapy has been further investigated in cases with chronic recalcitrant nAMD while being treated with other FDA-approved anti-VEGF agents. In a case series by Avaylon et al, this group of patients exhibited a positive response to the drug as a switch therapy, with a decline in macular thickness and fluid (IRF/SRF).⁶⁹ Switching to brolocizumab in eyes with insufficient response to aflibercept or ranibizumab, even at treatment intervals ≤ 6 weeks, proved beneficial in another prospective case series, with a reported increase in visual acuity, elongation of treatment interval and CST stability over a 6-month follow-up period.⁷⁰ Hussain et al showed that nAMD patients with persistent disease activity despite prior treatment with other anti-VEGFs benefited from the use of intravitreal brolocizumab in a treat-and-extend protocol.⁷¹ In particular, a statistically significant CST reduction was observed in all eyes included in the study, along with complete resolution of SRF/IRF in approximately 30% of them.⁷¹ Improvements in SRF and IRF, that were maintained for at least 6 months, were also noted by Awh et al after switching to brolocizumab therapy in nAMD patients refractory to ranibizumab or aflibercept.⁷² Favourable anatomical outcomes with intravitreal brolocizumab could be attributed to better retinal tissue penetration and higher concentration per injection of the drug, which are related to its smaller molecular size. On the other hand, no statistically significant BCVA change was observed in most of the aforementioned studies, possibly due to chronic fluid presence and RPE atrophy resulting in photoreceptor damage.^{69,71}

Polypoidal Choroidal Vasculopathy (PCV)

Matsumoto et al conducted a retrospective study in order to estimate the efficacy of the loading phase treatment with brolocizumab.²⁰ Participants were treatment-naïve nAMD patients with type 1 CNV including PCV. Analysis showed complete regression of polypoidal lesions in 78.9% of eyes with PCV, after 3 monthly injections of brolocizumab were administered. This regression rate was higher than that reported with aflibercept or ranibizumab monotherapy, but similar to that achieved by anti-VEGF injection combined with photodynamic therapy.²⁰

The efficacy of brolocizumab compared to aflibercept after 3 monthly intravitreal injections in treatment-naïve PCV patients was investigated by Fukuda et al.¹⁹ Brolocizumab group exhibited complete fluid resolution at the 3-month visit, as well as significantly higher polypoidal lesion regression rate than the aflibercept group (78.6% vs 42.1%). However, the difference between the two treatment groups regarding BCVA improvement, macular and choroidal thickness reduction, was not statistically significant.¹⁹

The regression of aneurysmal type 1 lesions after 2 intravitreal injections of brolocizumab was also described in a case report by Airaldi et al, suggesting that this new anti-VEGF agent could play an important role in aneurysmal type 1 neovascularisation management.⁷³

Diabetic Macular Oedema (DMO)

Following the encouraging first-year results of KITE and KESTREL, the efficacy of intravitreal brolocizumab in eyes with recalcitrant DMO was described in a real-world case series by Chakraborty et al.²⁷ Improvement and maintenance of visual acuity through the whole follow-up period of 16 weeks was noted in all cases. Imaging also demonstrated

excellent anatomical outcomes that lasted up to 12 weeks after a single brolocizumab administration. Nevertheless, a second dose of the drug was planned in all eyes, as early fluid recurrence was observed at week 16.²⁷

In another retrospective single-centre study, patients with chronic DMO that did not respond to other approved therapies underwent off-label therapy with brolocizumab. After the first injection, a PRN treatment protocol was followed for the next injections and participants were examined monthly for at least 12 weeks. Analysis results showed statistically significant visual and anatomical improvement after the first dose that was maintained till week 12. In addition, more than 90% of the patients extended their treatment interval between 12 and 16 weeks.⁷⁴

Chakraborty et al were the first to report a case of contralateral response following intravitreal administration of brolocizumab in one eye of a patient with newly diagnosed bilateral DMO.⁷⁵ Bilateral visual gain with a reduction in macular thickness were revealed at one-month follow-up visit that were most probably associated with the phenomenon of systemic escape.⁷⁵

Retinal Vein Occlusion (RVO) and Other Ocular Disorders

The off-label use of intravitreal brolocizumab has been described in a case of BRVO with persistent cystoid macular oedema (CMO) that showed poor response in previous treatment with ranibizumab. After a single brolocizumab injection, the patient's vision increased, macular fluid was completely resolved, and these favourable outcomes were reportedly maintained for 2 months.³³

Patel et al presented the first case of brolocizumab therapy combined with laser photocoagulation in a 9-year-old boy with advanced Coats' disease.⁷⁶ Although the patient was initially treated with peripheral diode laser ablation along with intravitreal bevacizumab, SRF persisted and visual acuity had diminished. Thus, intravitreal brolocizumab was alternatively administered, resulting in acute visual acuity improvement and SRF resolution without any recurrence over a 21-week follow-up period.⁷⁶

Another case report demonstrated the efficacy of brolocizumab therapy in a patient with recalcitrant CMO associated with radiation maculopathy. A single injection of the drug led to visual gain and remarkable macular thickness reduction with minimal residual fluid that lasted for 8 weeks.⁷⁷

Murray et al studied the off-label use of intravitreal brolocizumab as a rescue therapy in a series of eyes with vision compromising macular oedema (MO) secondary to different ocular conditions, which had not responded to prior repetitive anti-VEGF or steroid treatment.⁷⁸ Analysis showed significant reduction of MO as well as marked BCVA improvement for all study participants following brolocizumab administration.⁷⁸

A summary of the real-world studies is depicted in [Table 2](#).

Safety and Tolerability

Neovascular AMD (nAMD)

To date, brolocizumab has been only approved by the FDA and the EMA for the treatment of nAMD, based on the findings from the HAWK and HARRIER studies.^{53,79} Except from efficacy, these Phase III clinical trials concluded that brolocizumab demonstrated an overall well-tolerated safety profile, similar to aflibercept.⁵³ Decreased visual acuity, conjunctival and retinal haemorrhage, vitreous floaters, eye pain, dry eye, cataract, and vitreous detachment were among the ocular adverse events (AEs) observed in <5% of the participants.⁸⁰ The incidence of IOI reported in HAWK and HARRIER 48-week results was 4.4%.^{52,79}

Since the release of brolocizumab by Novartis, a number of post-marketing cases of retinal vasculitis and retinal artery occlusion leading to severe loss of vision have been reported after treatment. In February 2020, the American Society of Retina Specialists (ASRS) published an update regarding brolocizumab safety that reported 14 cases of vasculitis, the great majority of which were defined as occlusive retinal vasculitis.⁸¹ Aiming to determine whether these post-marketing data indicated a safety signal for the drug, Novartis commissioned an external, independent safety review committee (SRC) to conduct a thorough review of the evidence from the phase III studies and evaluate the post-marketing reports.^{79,81}

Table 2 Summary of the Key Real-World Studies on Brolucizumab

Author	Year of Report	Type of Study	No of Patients (Eyes)	Key Visual and Anatomical Results	Adverse Events (Eyes)
<i>nAMD</i>					
Sharma et al, The BREW Study. ⁵⁸	2020	Retrospective, consecutive, interventional, uncontrolled, multicentre	42 (42)	<ol style="list-style-type: none"> 1. BCVA remained stable [mean BCVA was 0.42 ± 0.28 logMAR at baseline and 0.36 ± 0.29 logMAR at the last follow-up $p = 0.33$ (95% CI = -0.0637 to 0.1837)]. 2. Mean CST at baseline was 314 ± 94 μm which improved significantly to 263 ± 51 μm ($p = 0.0027$; 95% CI = 18.17–83.83). 3. Complete resolution of SRF was recorded in 15 eyes (39.4%), while IRF completely resolved in 7 eyes (36.8%). 	No inflammation/ vasculitis, or any other ocular or systemic adverse effects were reported.
Enríquez et al ⁵⁹	2021	Retrospective case series	152 (172)	<ol style="list-style-type: none"> 1. VA remained stable [mean VA (SD) was a 64.1 (15.9) ETDRS letter score (Snellen equivalent 20/50) at baseline and was a 63.3 (17.2) ETDRS letter score (Snellen equivalent 20/63) at the last study evaluation (95% CI, -2.7 to 4.3; $P = 0.65$)]. 2. The mean (SD) CST in all eyes at baseline was 296.7 (88.0) μm and decreased significantly at 269.8 (66.5) μm at the last study examination (95% CI, 9.0–44.7 μm; $P = 0.003$). 	Brolucizumab-associated IOI was reported in 14 eyes (8.1%). One previously reported eye (0.6%) had occlusive retinal vasculitis and severe loss of vision. They also observed endophthalmitis (1), IOI with uncertain association with brolucizumab (1), vitreous opacity without IOI (1), IOP elevation (1), and PVD (1).
Bulirsch et al ⁶⁰	2021	Retrospective, observational, monocentre	57(63)	<ol style="list-style-type: none"> 1. Mean change of BCVA was 0.03 ± 0.14 logMAR ($p = 0.115$) 2. CST was significantly reduced with a mean change of -66.76 ± 60.71 μm ($p < 0.001$). 	IOI was observed in 7 eyes, with one case of retinal vasculitis included.
Bilgic et al, The REBA Study. ⁶¹	2021	Retrospective, observational, multicentric	78 (105)	<ol style="list-style-type: none"> 1. Mean BCVA at baseline was 49.4 ± 5.4 ETDRS letters and 40 ± 3.2 letters, with corresponding mean BCVA gain $+11.9 \pm 3.9$ letters ($p = 0.011$) and $+10.4 \pm 4.8$ letters ($p = 0.014$) for the treatment-naïve and switch-therapy groups respectively. 2. CST change was significantly decreased in the treatment-naïve ($p = 0.021$) and the switch-therapy ($p = 0.013$) groups. 	Vascular occlusion was reported in one patient in the switch-therapy group and a macular hole in another one after the fifth IVI.

Chakraborty et al, The BRAILLE Study. ⁶²	2021	Retrospective, multicentre, consecutive, interventional, uncontrolled, nonrandomized	94 (94)	<ol style="list-style-type: none"> 1. Mean BCVA was significantly improved from 0.82 ± 0.5 logMAR at baseline to 0.66 ± 0.5 logMAR at the final visit ($p < 0.0001$). 2. CST was remarkably reduced from 408.45 ± 65.63 μm at baseline to 281.14 ± 37.74 μm at final examination ($p < 0.0001$). 3. SRF, IRF and PED resolution was observed in 15.5%, 39.29%, and 23.81% of the eyes respectively. 	Subretinal hemorrhage (2) and RPE tear (1) were recorded. No IOI was observed or any other systemic AEs.
Matsumoto et al ²⁰	2021	Retrospective	40 (42) 36 eyes with 3 monthly IVIs	<ol style="list-style-type: none"> 1. BCVA improved significantly from 0.24 ± 0.27 logMAR at baseline to 0.12 ± 0.23 after 3 months ($p < 0.001$). 2. Central macular thickness was significantly reduced from 301 ± 110 μm at baseline to 160 ± 49 μm after 3 months ($p < 0.001$). 3. Complete fluid resolution was achieved in 34 eyes (94.4%) after the loading phase. 4. CST was significantly reduced from 264 ± 89 μm at baseline to 223 ± 81 μm after 3 months ($p < 0.001$). 	IOI was observed in 8 eyes including iritis (3), vitritis (7), retinal vasculitis (5), retinal vascular occlusion (1), and papillitis (1).
Bilgic et al, The PROBE Study. ⁶³	2021	Retrospective, observational, multicentre	27 (27)	<ol style="list-style-type: none"> 1. Mean BCVA showed notable improvement from 57.4 ± 4.5 ETDRS letters at baseline to 65.3 ± 3.12 letters at the final examination ($p = 0.014$). 2. Mean CST decreased significantly from 398.1 ± 47.2 μm at presentation to 283.0 ± 57.2 μm at the final visit ($p = 0.021$). 	No AEs were noted.
Bilgic et al ⁶⁴	2021	Retrospective, observational case series	5 (5)	<ol style="list-style-type: none"> 1. All patients showed BCVA improvement from the baseline ($p = 0.012$) 2. Significant anatomical improvement from the baseline was recorded in all patients ($p = 0.03$). 	No AEs were noted.
Montesel et al ⁶⁵	2021	Retrospective, observational, monocentric	19 (19)	<ol style="list-style-type: none"> 1. BCVA remained stable Mean baseline BCVA was 0.4 ± 0.4 logMAR and at the last follow-up was 0.4 ± 0.6 logMAR ($p=0.778$). 2. Macular thickness was remarkably reduced from 470 ± 151 μm at baseline to 360 ± 144 μm at the last follow-up ($p= 0.001$) with significant SRF resolution. 	One patient developed IOI.
Michalska-Małecka et al ⁶⁸	2021	Prospective, observational, monocentric	8 (8)	<ol style="list-style-type: none"> 1. BCVA increased at subsequent measurement points, but the differences between successive results were not statistically significant. The mean BCVA change was 14.5 ETDRS letters ($SD = 9.61$). 2. Mean CRT decreased with each subsequent visit, except for the last examination measurement. 	No AEs were noted.

(Continued)

Table 2 (Continued).

Author	Year of Report	Type of Study	No of Patients (Eyes)	Key Visual and Anatomical Results	Adverse Events (Eyes)
Tamashiro et al ⁶⁷	2022	Retrospective, multicentre	72 (73)	<ol style="list-style-type: none"> 1. BCVA improved significantly in the treatment-naive group ($p=0.003$) whereas no significant change in BCVA was observed in the switch-therapy group ($p=0.404$). 2. Macular thickness decreased significantly from baseline to final examination in both treatment-naive and switch-therapy groups ($p<0.001$ and $p=0.022$ respectively). 3. SCT significantly decreased from $236.5 \pm 98.8 \mu\text{m}$ at baseline to $200.4 \pm 98.3 \mu\text{m}$ at the final visit ($p<0.001$) in the treatment-naive group. In the switch-therapy group, SCT also was significantly reduced from $229.0 \pm 113.2 \mu\text{m}$ at baseline to $216.9 \pm 110.2 \mu\text{m}$ at the final visit ($p=0.039$). 	Iritis developed in 5 eyes.
Avaylon et al ⁶⁹	2020	Retrospective case series	6 (6)	<ol style="list-style-type: none"> 1. There was no significant VA change. 2. Improved IRF/SRF and central macular thickness were recorded in all patients. 	No serious AEs were noted.
Haensli et al ⁷⁰	2021	Ongoing prospective open-label single-centre cohort	12 (12)	<ol style="list-style-type: none"> 1. BCVA improved from 67.8 ± 7.2 at baseline to 72.2 ± 7.5 (95% CI: -0.3 to 9.1) ETDRS letters at the final examination. 2. CST decreased from 422.1 ± 97.3 at baseline to $353.6 \pm 100.9 \mu\text{m}$ (95% CI: -19.9 to 157.1) at the final examination. 	IOI with extramacular vascular occlusion without vision loss (2) and stroke (1) were observed.
Hussain et al ⁷¹	2021	Retrospective chart review	56 (59)	<ol style="list-style-type: none"> 1. In the IVA-IVBr group, mean BCVA remained stable after 1 and 3 IVIs [change from 0.50 to 0.49 logMAR ($p=0.73$) and from 0.44 to 0.40 logMAR ($p=0.35$) respectively]; mean CST decreased significantly after 1 and 3 IVIs [from 340 to $305 \mu\text{m}$ ($p<0.001$) and from 325 to $277 \mu\text{m}$ ($p=0.001$) respectively]; complete fluid resolution was observed in 31% and 24% of eyes after 1 and 3 IVIs respectively. 2. In the IVBe-IVBr group, mean BCVA remained stable after 1 and 3 IVIs [change from 0.46 to 0.40 logMAR ($p=0.114$) and from 0.33 to 0.35 ($p=0.391$) respectively]; mean CST decreased significantly after 1 and 3 IVIs [from 401 to $325 \mu\text{m}$ ($p=0.009$) and from 375 to $275 \mu\text{m}$ ($p=0.001$) respectively]; complete fluid resolution was observed in 30% and 50% of eyes after 1 and 3 IVIs respectively. 	No vitritis or vasculitis was documented.

Awh et al ⁷²	2022	Retrospective case series	46 (51)	Anatomical improvement with SRF/IRF/PED decrease was observed in 41 eyes (80%) right after the last IVI that was maintained in 22 of these eyes (54%) for at least 6 months following the last administration.	IOI (11) was recorded including one case of retinal vasculitis.
PCV					
Matsumoto et al ²⁰	2021	Retrospective	19 eyes with 3 monthly IVIs	ICGA revealed complete regression of the polypoidal lesions in 15 eyes (78.9%) after the loading phase.	
Fukuda et al ¹⁹	2021	Retrospective	52 (52) aflibercept (38) and brolucizumab (14)	<ol style="list-style-type: none"> 1. In the brolucizumab group, BCVA improved from 0.27 ± 0.34 log MAR at baseline to 0.20 ± 0.2 at the final visit, which was comparable with the aflibercept group ($p = 0.87$). 2. Central retinal thickness significantly decreased by 43%–44% in both groups. 3. SCT decreased by 20.5% in the brolucizumab group, which was greater than the aflibercept group. 4. The rate of complete polypoidal lesion resolution on ICGA was significantly higher ($p = 0.043$) in the brolucizumab group (78.6%) than in the aflibercept group (42.1%). 	IOI was observed in 2 eyes of the brolucizumab group.
DMO					
Chakraborty et al ²⁷	2021	Prospective, single-centre, uncontrolled, non-randomized case series	3 (3)	<ol style="list-style-type: none"> 1. Notable BCVA improvement was observed in all patients. VA gains were maintained until week 16. 2. Fluid reduction which lasted up to week 12 was documented. 	No AEs were noted.
Chakraborty et al ⁷⁴	2021	Retrospective, consecutive, interventional, uncontrolled, single-centre	13 (13)	<ol style="list-style-type: none"> 1. BCVA improved significantly from 0.53 ± 0.08 log MAR at baseline to 0.40 ± 0.12 ($p=0075$) after the first IVI. Significant VA gain was maintained until week 12 [0.40 ± 0.12 ($p=0.0031$)]. 2. Mean CST decreased significantly from 402 ± 60.1 to 273.33 ± 25.8 μm ($p=0.0001$) after the first IVI. Significant anatomical improvement was maintained until week 12 [$295.11 \pm 13.38\mu\text{m}$ ($p=0.0001$)]. 	No AEs were noted.

Abbreviations: CVA, Best corrected visual acuity; CST, Central subfield thickness; CRT, Central retinal thickness; SCT, Subfoveal choroidal thickness; SRF, Subretinal fluid; IRF, Intraretinal fluid; PED, Pigment epithelial detachment; ETDRS, Early treatment diabetic retinopathy study; IOI, Intraocular inflammation; IVI, Intravitreal injection; IOP, Intraocular pressure; PVD, Posterior vitreous detachment; IVA, Intravitreal aflibercept; IVBr, Intravitreal Brolucizumab; IVBe, Intravitreal Bevacizumab; ICGA, Indocyanine green angiography.

Post hoc analysis of HAWK and HARRIER by the SRC showed that the incidence of brolocizumab-related IOI was higher (4.6% vs 1.1% for eyes treated with aflibercept). Concomitant retinal vasculitis was reported in 36 of the overall 50 eyes with IOI (3.3%), 23 of which had concomitant retinal vascular occlusion (2.1%).⁸¹ However, the proportion of eyes that lost ≥ 15 ETDRS letters was comparable between the brolocizumab (7.4%) and aflibercept (7.7%) treatment arms through week 96.^{79,81}

The review committee also noted that 48% of the inflammatory cases associated with brolocizumab treatment were initially diagnosed in the first 3 months following therapy and 74% of the events were diagnosed within 6 months post-treatment. Some inflammatory events (12%) occurred between 12 and 18 months after the treatment and these patients had no reported visual acuity loss at the end of the study. Although the risk of inflammation is highest soon after the intravitreal injection is administered, ophthalmologists should apparently be vigilant for more than 12 months postinjection because inflammatory episodes may still occur within this period.^{79,81}

Considering that clinical trial data on the features and outcomes of the inflammatory events following brolocizumab therapy are limited, real-world evidence may offer valuable information to ophthalmologists. Nguyen et al first published a case series of ocular adverse events from intravitreal brolocizumab.⁸² Two cases of anterior uveitis (1.7%) were recorded, one case of panuveitis with retinal vasculitis (0.9%) and one case of central retinal artery occlusion (0.9%), while the total prevalence of ocular adverse effects was 3.5%. Although the sample size was small, their results were comparable to those presented in the HAWK trial.^{79,81}

A retrospective case series that evaluated the characteristics of brolocizumab-related IOI with retinal vasculitis demonstrated that all eyes showed variable occlusion of small and large arteries as well as perivenular abnormalities. Occlusion of larger retinal arteries at the optic nerve or branches proximal to the macula was observed in some cases, leading to severe visual impairment.⁸³

The ASRS retrospectively analysed data from 25 patients diagnosed with retinal vasculitis following intravitreal brolocizumab for nAMD. More than 90% of the cases were associated with IOI with vasculitis showing a tendency for retinal arteries more than veins. Clinical examination and imaging revealed retinal vascular occlusion and/or ischemia in most eyes that were affected (83–88%). In terms of visual acuity at the most recent follow-up examination, almost half of the studied eyes (46%) lost 3 lines compared with baseline, 35% of eyes lost 6 lines or more and 46% of eyes had a BCVA of 20/200 or less.⁸⁴

A short-term multicenter study in Japanese patients found that brolocizumab-related IOI occurred in 9.4% of treated eyes, while the reported incidence of retinal vasculitis and retinal vascular occlusion was 3.1% and 1.6%, respectively. Three quarters of the inflammatory events developed at a mean of 23.2 ± 9.3 days after the first injection and resolution of the active inflammation was observed within 2 months in all patients.⁸⁵

A cohort study that included approximately 20'000 nAMD patients from the Intelligent Research in Sight (IRIS) Registry and Komodo Healthcare Map revealed an overall IOI and/or retinal occlusion incidence rate of 2.4%.⁸⁶ Additionally, analysis showed that the risk of developing IOI and/or retinal occlusion in the early months following the first brolocizumab administration was greater for eyes with a history of IOI and/or retinal occlusion in the 12 months preceding first brolocizumab injection.⁸⁵ Another study by Mukai et al concluded that the risk for emerging IOI after brolocizumab therapy was associated with female sex, older age and history of diabetes.⁸⁷ Female sex has been previously identified as a potential risk factor for brolocizumab-related IOI.^{59,83} Moreover, the rates of IOI, retinal vasculitis and retinal vascular occlusion were 2- to 3-fold higher among the 101 Japanese patients that participated in the HAWK study, indicating that the risk for inflammatory events after intravitreal brolocizumab could be related to patient race.⁸⁵

In the published reports on brolocizumab-associated ocular inflammatory events, the drug was immediately discontinued and the majority of patients were successfully treated with topical or systemic corticosteroids. However, additional administration of subtenon or intravitreal corticosteroids was required in some cases. Vitrectomy was also performed in a small number of eyes without offering any beneficial clinical outcome.⁸⁸

The rate of IOI with brolocizumab was higher in phase III clinical trials and according to the FDA compared to previous anti-VEGF agents ($>4\%$ vs $<1\%$). Currently, there has been no proven explanation for this higher inflammation rate.⁸⁴ Presumably, the higher recorded rates of anti-brolocizumab antibodies during the HAWK and HARRIER studies

could involve in the pathophysiology of brolocizumab-related IOI and vasculitis. Interestingly, 36–52% of enrolled patients had anti-brolocizumab antibodies even before the initiation of therapy. After initiation of brolocizumab treatment, these antibodies were found in 53–67% of patients, and by week 88, increased levels of anti-brolocizumab antibodies were detected in 23–25% of eyes. Researchers also observed that the percentage of inflammation was higher among patients tested positive for anti-drug antibodies (6%) than those without these antibodies (2%).⁸⁹ The time course and presentation of inflammation and vasculitis in most reported cases could be explained by a type III hypersensitivity reaction to the fragment of the drug antibody that leads to the aggregation and deposition of IgG/IgM complexes in retinal vessels. It has been also hypothesised that vascular occlusion could result from a type IV hypersensitivity reaction, where an intravascular inflammatory response occurs along the vessel wall, bringing the plasma in contact with the brolocizumab molecule.⁸²

Diabetic Macular Oedema (DMO)

Phase III clinical trials, KESTREL and KITE, reported an overall favourable safety profile of brolocizumab at the end of week 52. The most commonly observed ocular AEs were cataract, conjunctival haemorrhage, dry eye, vitreous floaters, vitreous detachment, diabetic retinal oedema, conjunctivitis and eye pain. The rates of ocular AEs were comparable between the treatment groups in both studies.²⁸

In both KITE and KESTREL, 17 brolocizumab-associated inflammatory events were noted in the 3 mg arm and 13 events in the 6 mg arm, whereas 5 inflammatory events were recorded in the aflibercept arm. One participant in the brolocizumab 6mg group of KESTREL experienced retinal vasculitis and retinal artery occlusion (RAO), while 3 cases of retinal vasculitis were reported in the brolocizumab 3 mg group. In KITE, RAO occurred in 1 subject from brolocizumab 6 mg arm and 1 subject from aflibercept arm, without any reported case of retinal vasculitis.²⁸

Although the incidence of IOI in the KESTREL study was similar to that reported in the HAWK and HARRIER studies, the rates of retinal vasculitis were lower. Lower IOI rates were also noted in the KITE study compared to brolocizumab registration trials for nAMD. This deviation in the number of inflammatory cases between DMO and nAMD studies could be probably attributed to the less intensive 6-week dosing regimen of the loading phase in KITE and KESTREL, differences between the studies or the underlying diseases of DMO and nAMD.

Other Ocular Disorders

As it has been mentioned, the increased rate of serious ocular adverse events, including IOI, retinal vasculitis and retinal vascular occlusion, during the RAPTOR and RAVEN studies led to the termination of these clinical trials that investigated the efficacy and safety of intravitreal brolocizumab for the treatment of MO secondary to RVO.

A HAWK study subanalysis in Japanese participants with PCV found that brolocizumab was well tolerated and the safety profile of the drug was similar to that reported for the overall HAWK population. Cataract and allergic conjunctivitis were the most frequent ocular AEs. The incidence of IOI was higher in the brolocizumab group (15.4%) compared with aflibercept therapy.¹⁴ An increased rate of brolocizumab-associated inflammatory events was also noted in real-world studies that explored the outcomes of brolocizumab therapy in PCV patients.^{19,20}

No signs of IOI or vasculitis were observed after treatment with brolocizumab in cases of advanced Coats' disease and radiation maculopathy.^{76,77} Further long-term prospective studies are required in order to address the efficacy and safety of brolocizumab for these conditions.

Cost-Effectiveness

The treatment burden of nAMD is substantial from an economic aspect not only for the patients but also the health system. A survey in the United States showed that vision loss due to nAMD was significantly correlated with higher societal costs, including medical and nonmedical costs, as well as indirect costs resulting from lower salary or loss of employment.⁹⁰ Another study found that nAMD was associated with a decrease in quality of life. The rates of anxiety and depression were increased among nAMD patients who also needed assistance for their daily activities.⁹¹

Yu et al were the first to evaluate the cost-effectiveness of brolocizumab therapy compared with ranibizumab and aflibercept. The results of their model revealed that brolocizumab was more cost-effective than the other anti-VEGF

agents, based on the phase III treatment protocol of the drug.⁹² Specifically, brolocizumab proved to be less costly than aflibercept and ranibizumab in the base case (\$63,614 vs \$72,189 and \$128,163 respectively), but also over a 5-year time horizon (\$44,644 vs \$50,772 and \$89,665) due to lower drug, administration and monitoring costs.⁹²

Similarly, an analysis from the Italian National Healthcare Service demonstrated that the cost-effectiveness of brolocizumab was superior to aflibercept, meaning that treatment with brolocizumab could reduce the economic burden of intravitreal injections and improve the quality of life in nAMD patients in the upcoming years.⁹³

Future Directions

As already discussed, intravitreal administration of anti-VEGF agents is the gold standard of nAMD treatment.⁹ However, intravitreal therapy (IVT) is invasive, painful and may cause severe ocular and systemic complications.^{94,95} Furthermore, long-term IVT can drive patients into financial distress, while therapeutic response may be decreased because of repeated injections.⁹⁶ Brolocizumab is a new therapeutic tool in the management of nAMD that promises to reduce treatment burden. Clinical data show that brolocizumab-treated patients demonstrate superior anatomical improvement and can reach non-inferior visual outcomes with extended dosing intervals.³

Although promising, brolocizumab holds the limitations of IVT. The intervention of nanotechnology brought a revolution in the treatment strategy of AMD, which currently requires continuous active release of the anti-VEGF agent in order to achieve maximal therapeutic effect and avoid the complications following multiple injections. Nanotechnology-based delivery systems that offer benefits including improved drug bioavailability, accumulation in target areas, controlled release and lower toxicity are being explored as future alternatives to IVT for nAMD treatment.⁹⁶

Aside from longer-acting anti-VEGFs like brolocizumab and sustained-release delivery systems, gene therapy and molecules targeting other factors involved in the angiogenesis cascade are among the most innovative approaches expected to play a major role in the future management of nAMD.

Conclusion

To date, phase III clinical trials and real-world studies have proven that brolocizumab is an effective therapeutic option for nAMD that could possibly reduce the treatment burden associated with the disease. Promising functional and anatomical results have been demonstrated with its use for DMO and other ocular conditions, such as PCV and MO secondary to RVO. Long-term, prospective, multicenter, world-wide studies need to be designed in order to better understand the treatment patterns and determine the safety of this new anti-VEGF agent.

Brolocizumab was also reported to be efficient for the treatment of less common diseases like Coats' and radiation maculopathy. Obviously, further research is required on these topics, because no safe conclusion can be drawn based on individual cases.

Although brolocizumab appears as a valuable tool for the optimal management of nAMD, a number of serious post-marketing inflammatory events have been reported. Therefore, it is critical for ophthalmologists to monitor their patients and manage these AEs adequately. Moreover, practitioners should carefully weigh the potential risks against the demonstrated efficacy of brolocizumab when making decisions on nAMD treatment.

Citation

Karasavvidou EM, Tranos P, Panos GD. Brolocizumab for the treatment of degenerative macular conditions: a review of clinical studies.

Disclosure

The authors report no conflicts of interest in this work.

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