

# Serum 3-Hydroxybutyrate is Expected to Serve as One of the Supportive Diagnostic Markers of Persistent Idiopathic Dentoalveolar Pain (PDAP)

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**Background:** Persistent idiopathic dentoalveolar pain (PDAP), previously referred to as atypical odontalgia, is a chronic dental pain that occurs without signs of pathology. PDAP is considered a diagnosis of exclusion, and its definition is currently under refinement and remains ambiguous. The metabolite known as 3-hydroxybutyrate (3HB) has garnered significant interest as a potential indicator for both depression and chronic psychogenic pain. We investigated the characteristics of patients with PDAP and hypothesized that serum 3HB could support the diagnosis of PDAP.

**Subjects and Methods:** Forty-one patients with PDAP and 167 patients with odontogenic toothache were investigated regarding depression and anxiety scales in addition to the general dental evaluation. Blood tests including high-sensitivity CRP, HbA1c, and 3HB were performed for all patients. Associations between PDAP and patients' varying characteristics were investigated using hierarchical multivariate logistic regression analyses.

**Results:** There were more females, current smokers, patients with orofacial pain (such as temporomandibular joint pain, glossalgia, and headache), and people with elevated 3HB levels among patients with PDAP than among control participants. Multivariate logistic regression analyses predicting patients with PDAP identified the female sex (odds ratio [OR]: 4.16), current smoking (OR: 14.9), glossalgia (OR: 19.8) a high CES-D score ( $\geq 16$ ) (OR: 5.98), and elevated serum 3HB ( $\geq 80$   $\mu\text{mol/L}$ ) (OR: 18.4) factors significantly associated with PDAP.

**Conclusion:** Our results demonstrated that serum 3HB levels could be elevated in patients with PDAP compared to other types of odontogenic pain, although 3HB was not specific to PDAP. Based on our findings, five factors - female sex, current smoking, depressive tendencies, chronic orofacial pains, and high serum 3HB levels - could be useful for diagnosing PDAP.

**Keywords:** persistent idiopathic dentoalveolar pain, atypical odontalgia, 3-hydroxybutyrate, temporomandibular disorder, orofacial pain

## Introduction

Persistent idiopathic dentoalveolar pain (PDAP), classified by the International Classification of Orofacial Pain (ICOP) in 2020, was previously referred to as atypical odontalgia.<sup>1</sup> It is characterized by pain in or around a tooth socket or extraction site, even when there is no apparent clinical or radiographic evidence of dental issues or other relevant oral hard or soft tissue problems.<sup>2-4</sup> PDAP is surprisingly common<sup>2</sup> and dentists often have trouble diagnosing and treating it. There are reports indicating that 680,000 teeth undergo unnecessary root canal treatment each year.<sup>5</sup> PDAP was found in 2.1% of a population of 3000 at the University of Southern California Orofacial Pain and Oral Medicine Center.<sup>6</sup>

According to the third edition of the International Headache Classification (ICHD-3), PDAP is considered a subtype of persistent idiopathic facial pain. It is defined as persistent facial and/or oral pain, with varying presentations but recurring daily for more than 2 hours per day over more than 3 months, in the absence of a clinical neurological deficit.<sup>7</sup>

The definition of PDAP is still being refined, and it remains ambiguous.<sup>8</sup> PDAP has been suggested to have potential psychogenic, vascular, neuropathic, or idiopathic origins.<sup>3,9</sup> In a study by List et al, it was observed that individuals with PDAP tended to have more coexisting pain conditions and higher scores related to depression and somatization.<sup>10</sup>

Metabolomics has recently been applied to the development of new biomarkers, serving as an exploratory research tool for both physical and mental health conditions.<sup>11</sup> As an illustration, examinations that compared metabolite levels between individuals in remission and those currently experiencing depression discovered a pattern of metabolite changes resembling those found in analyses comparing control individuals with those currently suffering from depression. One notable distinction observed in remitted patients, as opposed to those currently depressed, was an increase in the concentration of 3-hydroxybutyrate (3HB).<sup>11</sup> Consequently, 3HB is presently gaining recognition as an indicator of depression's degree of severity.<sup>12</sup> The level of 3HB, a type of ketone body, can elevate in situations like diabetic ketoacidosis and periods of starvation. It serves as an indicator for conditions where lipid metabolism takes precedence over glucose metabolism, and it acts as a source of energy for the brain. Recent research has indicated a potential link between 3HB and brain inflammation, particularly in its potential contribution to epilepsy.<sup>13,14</sup> In our findings, it was observed that the serum 3HB concentration exceeded the upper limit of the normal range (<80  $\mu\text{mol/L}$ ) in over 30% of individuals displaying psychogenic symptoms.<sup>15</sup> Nonetheless, only a limited number of research studies have evaluated the clinical relevance of heightened serum 3HB levels in individuals who do not have diabetes.

Therefore, we investigated the characteristics of patients with PDAP and hypothesized that serum 3HB could support the diagnosis of PDAP. Furthermore, we also investigated the characteristics of patients with dentalgia who have elevated 3HB.

## Subjects and Methods

### Subjects

Participants with toothache were adult patients (aged 17–82 years) recruited from Tamaki Dental Clinic from April 2022 to July 2023. All patients underwent a thorough dental assessment and imaging examinations to ascertain the underlying cause of their symptoms. Exclusion criteria involved severe concurrent conditions such as malnutrition, advanced diabetes requiring insulin treatment, cancer, coronary artery disease, heart failure, chronic respiratory failure, or undergoing dialysis. Additionally, individuals taking psychotropic medications other than benzodiazepines, such as antidepressants and atypical antipsychotics, were also excluded. Furthermore, all patients were queried about psychiatric and psychosomatic symptoms in addition to the standard interview. The level of depressive mood was assessed using the Center for Epidemiologic Studies Depression Scale (CES-D);<sup>16</sup> The scoring system for this assessment spans from 0 (indicating the most favorable outcome) to 60 (indicating the most unfavorable outcome). Traditionally, a cutoff point of 16 has often been suggested to determine the presence of depression.<sup>17</sup> Anxiety levels were assessed using the State-Trait Anxiety Inventory (STAI),<sup>16,18</sup> which includes both a 20-item state scale and a 20-item trait anxiety scale. Each item is rated on a four-point Likert scale, resulting in a total score ranging from 20 to 80 for each scale, with higher scores indicating elevated anxiety levels. The Japanese version of this assessment was validated by Nakazato and Mizuguchi, and typical cutoff scores for defining potential clinical levels of anxiety are 41 (for males) or 42 (for females) for state anxiety and 44 (for males) or 45 (for females) for trait anxiety.<sup>19</sup> Individuals with severe psychopathological conditions such as schizophrenia, delusional disorder, delirium, acute mania, or ongoing substance abuse were not included in the study. Ultimately, 41 patients diagnosed with PDAP and 167 patients experiencing odontogenic toothache consented to take part in this research.

### Diagnosis of PDAP

The diagnosis of PDAP was determined to meet the following diagnostic criteria according to ICOP.<sup>1</sup>

- A. Intraoral dentoalveolar pain fulfilling criteria B and C
- B. Recurring daily for >2 hours/day for >3 months
- C. Pain has both of the following characteristics:
  1. localized to a dentoalveolar site (tooth or alveolar bone)
  2. deep, dull, pressure-like quality

- D. Clinical and radiographic examinations are normal, and local causes have been excluded
- E. Not better accounted for by another ICOP or ICHD-3 diagnosis.

## Measurement of 3HB

Serum 3HB levels were assessed through an enzymatic cycling assay that relies on a reaction involving the cofactor NAD<sup>+</sup>, which is converted to NADH. Subsequently, NADH interacts with a colorimetric probe, generating a colored compound that can be quantified at 450 nm. The intensity of this color directly correlates with the concentration of 3HB present in the sample.<sup>20</sup>

## Data Analysis

Data analysis was conducted using BellCurve for Excel version 3.22, developed by Social Survey Research Information Co. in Saitama, Japan. Comparative analyses of clinical characteristics between two groups were carried out using Student's *t*-test or Welch's *t*-test in cases of unequal data variances for quantitative data, and the chi-square test for categorical data. Associations between PDAP and patients' characteristics were explored through hierarchical multivariate logistic regression analysis. The goodness of fit differences between successive models was assessed by examining the changes in “-2 log-likelihood” values and degrees of freedom values. To assess potential multicollinearity, the variance inflation factor (VIF) was employed. None of the regression analyses yielded VIF values exceeding 10, signifying the absence of multicollinearity in our models. The significance level for all analyses was set at 0.05.

## Results

Table 1 illustrates the contrast in clinical characteristics between the control group of patients with odontogenic toothache (n = 167) and individuals diagnosed with PDAP (n = 41). There were significantly more females and current smokers among patients with PDAP (78.0% and 24.4%, respectively) than among control participants (59.3% and 11.4%, respectively). There were no significant differences in the oral cavity's sanitary state between control participants and patients with PDAP. There were significantly more participants with temporomandibular joint pain, glossalgia, and headache among patients with PDAP than among control patients (22.0% vs 5.4%, 22.0% vs 1.8%, and 12.2% vs 4.2%, respectively). Although there were no significant differences in psychological (CES-D, STAI-state and -trait) scores, the numbers (%) of people with scores that exceeded each cutoff score were higher among patients with PDAP than among control participants (CES-D; 34.1% vs 13.2%, STAI-state; 51.2% vs 31.7%, and STAI-trait; 51.2% vs 30.5%, respectively).

Laboratory test results indicated that highly sensitive CRP and HbA1c levels did not exhibit significant differences. However, it was noteworthy that serum 3HB levels were notably higher in patients with PDAP (121.5 ± 107.9 μmol/L) compared to control patients (38.2 ± 78.7 μmol/L). Specifically, 3HB levels exceeded the upper limit of the normal range (≥80 μmol/L) in 23 out of 41 patients with PDAP (56.1%), whereas this was the case in only 9 out of 166 control patients (5.4%). To explore the relationship between elevated 3HB and PDAP, further investigation was carried out. High 3HB levels displayed a sensitivity of 56.1%. Nevertheless, its specificity was notably high at 94.6%, and the positive likelihood ratio stood at 10.4.

We conducted hierarchical multivariate logistic regression analyses to predict the presence of PDAP, with PDAP categorized as “yes = 1” and “no = 0” as the dependent variable (see Table 2). In the initial step, various factors, including those outlined in Table 1, were introduced as independent variables, except for 3HB. Subsequently, we employed multivariate logistic regression analyses using the forward-backward stepwise selection method (stepwise method) to identify significant factors from the array of independent variables (Model 1). In the subsequent step, we included the 3HB factor (3HB ≥80 μmol/L; “yes = 1, no = 0”) as an independent variable (Model 2). Regression Model 1, which did not incorporate 3HB data, revealed that current smoking, glossalgia, and a high CES-D score (≥16) exhibited significant associations with PDAP. The first regression analysis using the stepwise method did not identify the other factors, such as the oral cavity's state, anxiety scale, and blood test items other than 3HB, predictors of PDAP. Regression Model 2, which included 3HB, showed a significant association with PDAP in females (OR: = 4.16, 95% CI: 1.15–15.1), current smokers (OR: = 14.9, 95% CI: 3.17–70.4), patients with glossalgia (OR: = 19.8, 95% CI: 2.48–157.1), patients with high CES-D scores (OR: = 5.98, 95% CI: 1.94–18.5), and patients with high 3HB levels (OR: =

**Table 1** Comparison of Clinical Characteristics Between Patients with PDAP and the Other Patients with Odontogenic Toothache

	<b>Total n = 208</b>	<b>Odontogenic Toothache n =167</b>	<b>PDAP n = 41</b>
<b>Age ± SD</b>	52.9 ± 13.4	53.3 ± 14.0	51.1 ± 10.9
<b>Female (%)</b>	131 (63.0%)	99 (59.3%)	32 (78.0%)*
<b>BMI ± SD</b>	22.8 ± 3.6	23.0 ± 3.9	22.1 ± 2.2
<b>Current smoking (%)</b>	29 (13.9%)	19 (11.4%)	10 (24.4%)*
<b>Drinking alcohol (Days/week ± SD)</b>	2.6 ± 2.9	2.7 ± 2.9	2.2 ± 2.9
<b>Oral cavity sanitary state</b>			
Periodontal pockets ± SD	5.1 ± 2.2	5.1 ± 2.2	5.1 ± 2.4
CPI ± SD	3.1 ± 0.8	3.1 ± 0.9	3.1 ± 0.8
Orcoa index ± SD	1873 ± 1632	1914 ± 1650	1712 ± 1566
<b>Temporomandibular joint pain (%)</b>	18 (8.7%)	9 (5.4%)	9 (22.0%)*
<b>Glossalgia (%)</b>	12 (5.8%)	3 (1.8%)	9 (22.0%)*
<b>Headache (%)</b>	12 (5.8%)	7 (4.2%)	5 (12.2%)*
<b>Psychological state</b>			
CES-D ± SD	9.1 ± 7.7	8.7 ± 6.7	10.6 ± 10.7
No. of CES-D ≥ Cutoff score (%)	36 (17.3%)	22 (13.2%)	14 (34.1%)*
STAI-state ± SD	38.3 ± 10.2	37.6 ± 9.8	41.3 ± 11.3
No. of STAI-state ≥ Cutoff score (%)	74 (35.6%)	53 (31.7%)	21 (51.2%)*
STAI-trait ± SD	40.9 ± 10.4	40.5 ± 10.2	42.7 ± 11.3
No. of STAI-trait ≥ Cutoff score (%)	72 (34.6%)	51 (30.5%)	21 (51.2%)*
<b>Blood tests</b>			
High sensitive CRP	0.15 ± 0.47	0.12 ± 0.15	0.28 ± 0.99
HbA1c	5.68 ± 0.51	5.68 ± 0.47	5.67 ± 0.67
3-hydroxybutyrate (3HB) (μmol/L)	55.1 ± 91.6	38.2 ± 78.7	121.5 ± 107.9***
No. of 3HB ≥ Cutoff value (%)	33 (16.2%)	10 (6.1%)	23 (56.1%)*

**Notes:** \*Significance compared with patients with odontogenic toothache.\*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

18.4, 95% CI: 5.85–57.7). Regression Model 1 demonstrated a predictive accuracy of 82.7%, whereas Model 2 exhibited an accuracy of 85.7%. Notably, the p-value for the change in Δ-2 log-likelihood was less than 0.001, signifying that Model 2’s accuracy was significantly superior to that of Model 1.

To explore the attributes of individuals with elevated 3HB levels, multivariate logistic regression analyses predicting elevated 3HB levels were performed (Table 3). These analyses showed significant associations for the presence of periodontal pockets (OR: = 1.31, 95% CI: 1.03–1.67), PDAP (OR: = 17.9, 95% CI: 5.04–63.8), temporomandibular joint pain (OR: = 7.00, 95% CI: 1.38–35.4), headache (OR: = 11.5, 95% CI: 1.98–66.1), and high CES-D scores (OR: = 4.28, 95% CI: 1.02–18.0).

**Table 2** Hierarchical Multivariate Logistic Regression Analysis of the Factors Associated with PDAP

n=208 Independent variables	Regression Model 1		Regression Model 2	
	Odds Ratio	p	Odds Ratio	p
Gender (Female=1, Male=0)	2.59 (0.88–7.65)	0.085	4.16 (1.15–15.1)	0.030*
BMI	0.91 (0.80–1.02)	0.102	0.90 (0.80–1.03)	0.120
Current smoking (Yes=1, No=0)	11.6 (2.91–46.0)	<0.001***	14.9 (3.17–70.4)	<0.001***
Drinking alcohol (Days/week)	0.80 (0.66–0.98)	0.030*	0.75 (0.59–0.95)	0.015*
Glossalgia (Yes=1, No=0)	40.4 (6.88–237.6)	<0.001***	19.8 (2.48–157.1)	0.005**
Score of CES-D $\geq$ Cutoff score (16)	6.25 (2.30–17.0)	<0.001***	5.98 (1.94–18.5)	0.002**
3HB $\geq$ Cutoff value (80 $\mu$ mol/L)			18.4 (5.85–57.7)	<0.001***
Predictive accuracy	82.7%		85.7%	
-2 Log likelihood	140.2		119.9	
p value for $\Delta$ -2 Log likelihood change	<0.001***			

Notes: \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

**Table 3** Multivariate Logistic Regression Analysis of the Elevated 3HB ( $\geq$  Cutoff Value)

n=208 Independent variables	Regression Model	
	Odds Ratio	p
Periodontal pockets	1.31 (1.03–1.67)	0.028*
PDAP	17.9 (5.04–63.8)	<0.001***
Temporomandibular joint pain	7.00 (1.38–35.4)	0.019*
Headache	11.5 (1.98–66.1)	0.006**
CES-D $\geq$ Cutoff score	4.28 (1.02–18.0)	0.047*
Predictive accuracy	91.5%	

Notes: \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

## Discussion

There should be some opportunities for clinical dentists to diagnose toothache of unknown origin, accompanied by temporomandibular joint pain, glossalgia, or headache, as PDAP. However, it is rare to conduct evaluations for depression or blood tests in general dental clinics, and it is often considered common practice to prescribe analgesics and observe the patient's progress. Thus, patients with PDAP may often consult not only dentists but also otorhinologists, anesthesiologists and general practitioners. However, the diagnosis and treatment of PDAP may also be unfamiliar and challenging for such clinicians. In this study, we investigated the characteristics of patients with PDAP and examined whether the elevation of 3HB, which has recently gained attention as a marker of psychological stress and psychogenic symptoms, could be a predictive factor for PDAP.

Initially, our findings indicated a notable difference in gender distribution, with a higher proportion of females in the PDAP patient group (78.0%) compared to the control participants (59.3%). This aligns with the commonly accepted understanding that PDAP tends to manifest more frequently in females, with 80–90% of all cases being diagnosed in females.<sup>21–25</sup> Melis et al also reported in their review of PDAP that females accounted for approximately 82% of patients

with PDAP.<sup>3</sup> Next, complications such as temporomandibular joint pain, glossalgia, and headache were more common among patients with PDAP than among control participants in this study, and glossalgia was detected as a significant factor in the regression analysis predicting PDAP. PDAP may potentially share underlying pain mechanisms with other conditions characterized by chronic orofacial pain, including atypical facial pain and temporomandibular disorder (TMD).<sup>26</sup> In a study by Baad-Hansen et al,<sup>27</sup> which involved 46 patients with PDAP, findings revealed that episodic tension-type headache (TTH), chronic TTH, and myofascial TMD were present in 46%, 18%, and 50% of individuals with PDAP, respectively. Other researchers have also reported a higher prevalence of TMD pain, TTH, and widespread pain among patients with PDAP compared to controls.<sup>10</sup> Additionally, PDAP has been documented in patients with burning mouth syndrome who experience glossalgia.<sup>28,29</sup> These orofacial pain conditions should be regarded as potential comorbid disorders in cases of PDAP.

In this study, we found that current smoking is significantly more common among patients with PDAP. Pain and heightened sensitivity are notably more prevalent among individuals who smoke compared to those who do not smoke, as indicated by previous research.<sup>30–32</sup> Meta-analyses involving six studies have further underscored this observation by revealing that orofacial pain is significantly more severe in smokers (odds ratio: 3.55, 95% confidence interval: 1.92–6.58) in contrast to non-smokers. Subgroup analyses have indicated that the likelihood of experiencing orofacial pain is three times higher among smokers (odds ratio: 3.13, 95% confidence interval: 1.16–8.46). While existing evidence suggests a bidirectional relationship between smoking and general body ache, further investigation is required to better understand the specific connection between smoking and orofacial pain. Additionally, numerous studies have reported associations between smoking and conditions like depression or anxiety.<sup>33</sup>

There is widespread agreement regarding the role of psychological issues, whether as primary or secondary factors, in the development of PDAP.<sup>26</sup> In this study, to avoid extreme data variance and the potential influence of psychotropic therapy, we excluded cases in which individuals had a pre-existing diagnosis of mental illness and were currently receiving treatment with antidepressants or atypical antipsychotics. Nevertheless, 34.1% of patients with PDAP exceeded the cutoff value of CES-D, and our regression analyses showed that abnormally high scores on CES-D were identified as significant predictors of PDAP (OR: 5.98,  $p = 0.002$ ). Reports indicate that patients with PDAP often have a history of depression (66%) or experience depressive symptoms (41%).<sup>23,34</sup> Notably, List et al conducted an examination of 46 PDAP patients, revealing significantly higher depression and somatization scores within the PDAP group compared to control patients without orofacial pain.<sup>10</sup> Similarly, Baad-Hansen et al found moderate-to-high mean scores for depression and somatization in their study involving 46 PDAP patients, further highlighting the strong connection between PDAP and psychological conditions.<sup>27</sup>

There has not been a prospective study assessing the utility of assaying 3HB, except in cases of diabetic ketoacidosis.<sup>35–37</sup> However, Setoyama et al reported an association between 3HB and suicidal ideation, suggesting that 3HB might regulate emotional systems in the brain through its involvement in energy metabolite processes. As an endogenous ketone body, 3HB plays a crucial role in supporting mammalian cell metabolism during energy-deficient states, such as fasting or exercise.<sup>38,39</sup> In recent years, multiple studies have indicated that 3HB could potentially have antidepressant effects,<sup>40,41</sup> likely through its ability to inhibit the activation of the nucleotide-binding domain, leucine-rich repeat and pyrin domain-containing 3 (NLRP3) inflammasome.<sup>14</sup>

Therefore, we hypothesized that serum 3HB could support the diagnosis of PDAP. In this study, 56.1% of the 41 PDAP patients exhibited elevated serum 3HB levels, indicating a sensitivity of 56.1%. However, the specificity was 94.6%, and the positive likelihood ratio stood at 10.4. In other words, even if 3HB is negative, it cannot rule out PDAP, but elevated 3HB levels in patients with unexplained toothache are considered a useful factor for suspecting PDAP. Additionally, the positive likelihood ratio is also greater than 10, indicating its value in clinical diagnostics. Incidentally, the sensitivity of CES-D $\geq$ cut-off for PDAP was 34.1%, the specificity was 86.8%, and the positive likelihood ratio was 2.6. To confirm the significance of 3HB in the diagnosis of PDAP, we further conducted a comparative analysis between two regression models using hierarchical logistic regression analysis. Model 1 excluded 3HB as a variable, while the other Model 2 included it. The outcome revealed that Model 2 demonstrated significantly higher accuracy than Model 1 ( $p < 0.001$ ), with an odds ratio (OR) of 18.4 ( $p < 0.001$ ) for elevated 3HB. These findings underscore the importance of incorporating 3HB measurements in the assessment, independent of CES-D, and suggest that elevated 3HB levels in patients with toothache may serve as predictive factors for PDAP patients.



However, high 3HB levels are not specific to PDAP but seem to be observed in patients with psychogenic chronic pain in general, as seen in our previous report on psychosomatic chronic somatic symptoms.<sup>15</sup> The analysis predicting elevated 3HB in this study showed that not only PDAP but temporomandibular joint pain, headache, and high scores on the depression scale were identified as factors significantly associated with high 3HB levels. One of several multifactorial diseases, temporomandibular dysfunction (TMD) has mostly been linked to five etiological factors: occlusion, trauma, severe pain stimuli, parafunctional activities, and psychological elements, including stress, anxiety, and depression.<sup>42</sup> TMDs can also cause headaches, neck pain and ringing in the ears.<sup>43</sup> Orofacial pains, including PDAP, are considered to have a psychogenic component in a certain proportion, and this psychogenic chronic pain is more likely to be associated with elevated 3HB.

## Study Limitation

To further enhance the accuracy of this study, a larger sample size with subsets of various groups based on CES-D and STAI scores, along with an analysis of their correlation with 3HB levels, is necessary. For example, further investigation is needed for cases with high CES-D and low 3HB levels, as well as the reverse cases.

In the context of this study, we did not delve into the specifics of PDAP treatment. Nonetheless, previous pharmacological approaches to address PDAP have primarily centered around the administration of tricyclic antidepressants as the preferred initial treatment.<sup>3,4</sup> Over the past few years, there have been instances reported where antidepressants like selective serotonin reuptake inhibitors (SSRIs) and serotonin-noradrenaline reuptake inhibitors (SNRIs) have been utilized.<sup>44</sup> Previously, we reported that a high proportion of patients with chronic idiopathic complaints who had elevated 3HB levels showed noticeable effectiveness of SSRIs and SNRIs in this group.<sup>15</sup> Taking these findings into consideration, it is anticipated that SSRIs/SNRIs may be effective for cases with elevated 3HB levels among patients with PDAP or orofacial pains.

## Conclusion

Our results demonstrated that serum 3HB levels could be elevated in patients with PDAP compared to other types of odontogenic pain, although 3HB was not specific to PDAP. Based on our findings, five factors - female sex, current smoking, depressive tendencies, chronic orofacial pains, and high serum 3HB levels - could be useful for diagnosing PDAP.

## Abbreviations

PDAP, persistent idiopathic dentoalveolar pain; ICOP, International Classification of Orofacial Pain; ICHD-3, Third edition of the International Headache Classification; 3HB, 3-hydroxybutyrate; CES-D, Center for Epidemiologic Studies Depression Scale; STAI, State-Trait Anxiety Inventory; VIF, The variance inflation factor; TMD, Temporomandibular disorder; TTH, Tension-type headache; SSRI, Selective serotonin reuptake inhibitors; SNRI, Serotonin noradrenaline reuptake Inhibitors; IRB, Institutional Review Board.

## Data Sharing Statement

The data that support the findings of this study are available from the corresponding author upon reasonable request.

## Ethics and Consent to Participate

The study was conducted in accordance with the Declaration of Helsinki and approved by the Ethics Committee of Hirosaki University Graduate School of Medicine (approval number 2022-205). This study protocol was approved by the Institutional Review Board (IRB). The hospital patient data we used in the study were anonymized per the recommendations of the governance of Hirosaki University Graduate School of Medicine. As the study comprised solely of data collected retrospectively by Tamaki Dental Clinic, the IRB waived informed consent. Caretakers, legal guardians, and relatives of the patients included in this study were given the opportunity to opt out of the study at any time.

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## Disclosure

The authors have no conflicts of interest to declare in this work.

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