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Novel microfilaricidal activity of nanosilver ORIGINAL RESEARCH

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Purpose: The currently available drug repertoire against lymphatic filariasis, a major health hazard in the developing world, is inadequate and is fraught with serious limitations. Thus, the development of an effective antifilarial strategy has become a global research thrust mandated by the World Health Organization. Nanoparticles of silver endowed with antibacterial potency are known to induce apoptosis in eukaryotic cells. The present study was designed to investigate the possible microfilaricidal efficacy of silver nanoparticles and to establish the validity of apoptotic rationale in antifilarial drug designing.

Methods: This report analyzed the effect of nanoparticles of silver as well as gold (size range: 10–15 nm) on the microfilariae of *Brugia malayi* obtained from the lavage of peritoneal cavities of infected jirds (*Meriones unguiculatus*). The study included a microfilarial motility assay, a trypan blue exclusion test, a poly(adenosine diphosphate-ribose) polymerase activity study, ethidium bromide/acridine orange differential staining, and transmission, as well as scanning electron microscopic evaluation of ultrastructural changes in microfilariae.

Results: The study demonstrates that nanoparticles of silver, but not of gold, elicited significant loss in microfilarial motility. Differential staining of parasites with ethidium bromide and acridine orange, poly(adenosine diphosphate-ribose) polymerase activity in microfilarial lysate, and electron microscopic findings underscored apoptotic death of parasites attributable to nanosilver. In a trypan blue exclusion test, the 50% lethal dose of nanosilver was measured to be $101.2 \mu M$, which was higher than the recorded complete inhibitory concentration value (50.6 μ M), thus supporting nanosilver as a potential drug candidate against lymphatic filariasis.

Conclusion: The present report provides the first ever conclusive proof in support of apoptosis as a novel stratagem in antifilarial drug designing and nanoscale silver as a valid lead in research on antifilarial therapeutics. The main embargo about the current drug diethylcarbamazine citrate is its empirical use without rationale. Effective microfilaricidal activity of nanosilver at relatively low concentrations as reported in this study, with evidence of the induction of apoptosis in microfilariae, projects nanosilver as a potential drug adjuvant against lymphatic filariasis. The much higher 50% lethal dose value of nanosilver compared to the complete inhibitory concentration value reported in this study argues in favor of a safe therapeutic window of this agent in its antifilarial efficacy.

Keywords: silver nanoparticles, apoptosis, lymphatic filariasis, microfilaricidal agent, parasitic diseases

Introduction

Human lymphatic filariasis is a major vector-borne disease in countries of tropical and subtropical regions caused by the nematode parasites *Wuchereria bancrofti* and

Sunil K Singh¹ Kalyan Goswami2 Richa D Sharma2 Maryada VR Reddy2 Debabrata Dash¹

1 Department of Biochemistry, Institute of Medical Sciences, Banaras Hindu University, Varanasi, 2 Department of Biochemistry, Mahatma Gandhi Institute of Medical Sciences, Sevagram, India

Correspondence: Debabrata Dash Department of Biochemistry, Institute of Medical Sciences, Banaras Hindu University, Varanasi 221005, India Tel +91 933 691 0665 Fax +91 542 236 7568 Email ddass@satyam.net.in

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Brugia malayi. The adult forms of the parasites harbor in host lymphatic tissue, whereas the microfilarial forms (Mf) circulate in the blood as a reproductive product. The latter are transmitted to the mosquito vector where the larval (infective) stage is generated. Passage of infective larvae into humans and subsequent development into adult worms complete the life cycle. The disease has varied presentations depending on the host immune status. Despite accelerated research to develop an effective therapeutic regimen against the disease, the antifilarial drug inventory still remains limited to diethylcarbamazine citrate (DEC).¹ Since last century, DEC has been almost the sole antifilarial drug, and its inherent disadvantages such as unwanted side effects, lack of patient compliance, and poor macrofilaricidal effectiveness² have warranted research on new antifilarial drug development. The World Health Organization has placed special emphasis on the development of novel drugs against human lymphatic filariasis, realizing the severe socioeconomic and emotional burden of this disease on developing nations.³ An estimated populace of approximately 120 million clinical cases of lymphatic filariasis, with another 751 million people living in endemic areas, are bare statistics of this harsh fact.⁴ According to the Indian Council of Medical Research, more than 550 million people are exposed to filarial infection in India, which is estimated to be 40% of the total global burden of the disease.⁵

The natural response of the host to the microbial pathogen is inflammation.⁶ Oxidative stress is a major contributing factor to innate immunity, λ and hence generation of a pro-oxidant state provides a premise for antifilarial drug development. The authors have earlier reported potential antifilarial properties of traditional therapeutic herbal extracts composed of polyphenolics⁸ and synthetic inhibitors of dihydrofolate reductase.⁹ Nanoparticles of silver (AgNPs) endowed with antibacterial potency^{10,11} induced p53 expression and apoptosis in eukaryotic cells.12,13 Strikingly, free radical generation has been implicated in the apoptosis induced by AgNPs.14–16 DEC was also shown to induce microfilarial apoptosis.¹⁷ DEC acts in an innate response-mimetic manner by recruitment of macrophages and by invoking proinflammatory status.⁶ The importance of apoptosis in the host–parasite relationship is not itself a unique concept;¹⁸ however, it has never been explored as an antifilarial therapeutic strategy. With this perspective, the present study was designed to investigate the possible microfilaricidal efficacy of AgNPs and to establish the validity of apoptotic rationale in antifilarial drug designing.

Materials and methods Synthesis and characterization of biocompatible nanoparticles

AgNPs were synthesized following the procedure described in earlier reports.^{11,19,20} In short, 0.017 g silver nitrate was dissolved in deionized water along with sodium hydroxide (0.01 M) and liquid ammonia (2%) to form a 0.01 M solution of stable soluble complex of silver ions. D-glucose and hydrazine (each at 0.01 M concentration) were added to the solution of silver ions to ensure its complete reduction at a final concentration of 0.005 M. The pH of the solution was adjusted to 7.4 with citric acid. The final solutions were carefully stored in glass vials at 4°C for further characterization. The size, morphology, and distribution of AgNPs were characterized using a transmission electron microscope (Tecnai 12; Philips, Eindhoven, the Netherlands) and an ultraviolet–visible spectrophotometer (GE Life Sciences, Uppsala, Sweden). Nanoparticles were found to be spherical in shape with average size of 10–15 nm (Figure 1). Before each experiment, the solution containing the nanoparticles was sonicated (Labsonic® 2000; B Braun Melsungen AG, Melsungen, Germany) for about 2minutes and passed through filters of 0.2 µm pore size (Sartorius Stedim Biotech, Gottingen, Germany). Gold nanoparticles (AuNPs) (G1527; 10 nm diameter) were procured from Sigma-Aldrich Corporation (Bangalore, India).

Collection and preparation of *B. malayi* microfilariae

Microfilariae of *B. malayi* were obtained by lavage from the peritoneal cavities of infected jirds (*Meriones unguiculatus*). The Mf used for in vitro experiments were collected, washed with Roswell Park Memorial Institute (RPMI) 1640 medium supplemented with antibiotics (gentamicin 20 mg; penicillin 100 mg; streptomycin 100 mg), 15 mM 4-(2-hydroxyethyl)- 1-piperazineethanesulfonic acid, organic acids (malic acid, α-ketoglutaric acid, D-succinic acid, and fumaric acid at concentrations of 670, 370, 60, and 55 mg/L, respectively) and sugars (sucrose and fructose at concentrations of 26.7 g/L and 0.4 g/L, respectively). The use of animals for the study was approved by the Institutional Animal Ethics Committee which follows the Committee for the Purpose of Control and Supervision of Experiments on Animals norms.

In vitro screening for antifilarial activity against *B. malayi*

In vitro screening for antifilarial activity against *B. malayi* was carried out as described earlier.⁸ Approximately 100 Mf

Figure I Characterization of silver nanoparticles. (A) Silver nanoparticles showing spherical, monodispersed particles (scale bar, 50 nm). The inset shows one single particle of silver (scale bar, 5 nm). (**B**) Particle size distribution showing preponderance of particles in the size range of 10–15 nm. (**C**) Electron diffraction pattern of nanoparticles showing various crystallographic planes. (**D**) Optical spectra of silver before (1) and after reduction (2). The inset shows the corresponding change in color.

(in 100 µL RPMI) were introduced into each well of 24-well microculture plates. *B. malayi* microfilariae were screened for the antifilarial effect of AgNPs in vitro over a wide dose range $(1-100 \,\mu M)$. Microfilariae were treated similarly with AuNPs of comparable sizes to rule out any nonspecific nanoparticle effect. As a positive control, staurosporine – a known inducer of apoptosis – was added to the microfilariae at $0.5 \mu M$ (elicits 100% loss in motility), whereas Mf in RPMI medium, in the absence of any agent added, was used as a negative control (vehicle). The plates were incubated for 48 hours at 37°C in the presence of 5% carbon dioxide. Subsequently, the number of live and dead Mf in each well was counted under an inverted microscope (Nikon Corporation, Tokyo, Japan) and the percentage of motile Mf out of total Mf recruited per aliquot was calculated.

Determination of 50% lethal dose for nanosilver

Cytotoxicity of AgNPs was evaluated by a trypan blue dye exclusion assay. Peripheral blood mononuclear cells $(1 \times 10^5 \text{ cells/mL})$ were exposed to varying concentrations of AgNPs for 48 hours followed by incubation with trypan blue (0.2 mg/mL) for 1 minute. Cells were observed under a Nikon light microscope (Tokyo, Japan) and the viable cell ratio were calculated by counting the stained and unstained cells separately.21 Viable cells do not uptake trypan blue, whereas nonviable cells with porous membranes stain blue. The cytotoxicity of the nanoparticles was evaluated and the 50% lethal dose was determined.

Poly(adenosine diphosphate-ribose) polymerase (PARP) activity assay

PARP activity in *B. malayi* microfilariae was determined using a commercial kit (R & D Systems Inc, Minneapolis, MD) according to the manufacturer's instruction. Briefly, 100 µL aliquots of suspension (containing about 100 Mf) were treated with different reagents and lysed with 1% Triton X-100 (Himedia laboratories Pvt Ltd, Mumbai, India) in the presence of protease inhibitors. Lysate $(20 \mu g)$ was added to each well in 96-well plates precoated with histone. PARP activity was determined from the incorporation of biotinylated poly(adenosine diphosphate-ribose) onto immobilized histone, which was measured by the addition of steptavidin-conjugated horseradish peroxidise and a suitable chromogenic substrate to the incubation mixture. A standard curve for PARP enzymatic activity $(A_{450}$ versus PARP units) was initially generated using 0.01, 0.05, 0.1, 0.5, and 1 unit of enzyme per well. The absorbance obtained with each test sample (microfilarial lysate) was extrapolated on the standard curve to obtain the corresponding PARP activity. The control sample (microfilaria without any pretreatment) provided 100% activity reference point. The percentage inhibition in enzymatic activity in other test samples (lysates treated with different reagents) was accordingly calculated. The experiment was carried out in triplicate and the percentage inhibition was averaged over the experiments.

Ethidium bromide/Acridine orange (EB/AO) staining for the detection of apoptosis

Dual staining with EB/AO was carried out as described elsewhere.22 The dye mix consisted of 100 µg/mL EB and 100 µg/mL AO in phosphate-buffered saline. Microfilariae (control as well as treated with different reagents for 48 hours) were washed and resuspended in 25 µL cold phosphate-buffered saline, followed by the addition of $5 \mu L$ EB/AO dye mix. Stained microfilariae were viewed under an epifluorescence microscope (Nikon) with the excitation filter set at 480/30 nm and the barrier filter at 535/40 nm. Tests were carried out in triplicate, counting a minimum of 10 Mf in each observation.

Electron microscopy

Mf were treated with staurosporine, AgNPs, or AuNPs for 48 hours. Samples were fixed in Karnovsky fixative (pH 7.2) for 2 hours at 4° C followed by postfixation in osmium tetroxide (1%) and then dehydrated in ascending concentrations of acetone. For scanning electron microscopy, dehydrated samples were critical point dried, mounted on an aluminum stub with adhesive tape, and sputter-coated with colloidal gold. Specimens were viewed under a Leo 435VP scanning electron microscope (LEO Electron Microscopy Ltd, Cambridge, UK) at an operating voltage of 15 kV. For transmission electron microscopy, blocks were prepared as previously described.23 Ultrathin sections (60–70 nm thick) were prepared with an ultramicrotome (Leica EM UC6; Leica Microsystems GmbH, Wetzlar, Germany). Sections were contrasted with uranyl acetate and alkaline lead citrate. Specimens were mounted on formvar-coated grids and viewed under a FEI Morgagni™ 268(D) (FEI, Hillsboro, OR) digital transmission electron microscope at 120 kV using image analysis software from Soft Imaging System GmbH (Muenster, Germany). The final magnifications were derived from the photo micrographs and the scale bars determined.

Results and discussion

AgNPs were synthesized through the aqueous chemical precipitation method, as described earlier.^{11,19,20} Nanoparticles were spherical in shape, 10–15 nm in diameter (Figure 1A), and monodispersed with a narrow particle size distribution (Figure 1B). The selected area electron diffraction pattern from these particles matched the crystallographic planes of the face-centered cubic AgNPs (Figure 1C). Ultraviolet– visible absorption spectra showed the reduction of silver ions into the AgNPs under ambient conditions (Figure 1D). The inset shows the color changes before and after the process of reduction. The silver nitrate solution exhibited maximum absorbance at 300 nm, which gradually underwent red shift with the appearance of a sharp peak at 410 nm, which can be attributed to a narrow size distribution of the particles formed in the solution.

The microfilariae remained viable and motile in RPMI media, as expected. The effect of AgNPs (10–15 nm) upon Mf motility was evaluated over a wide concentration range. Remarkably, at 4.6 µM, the AgNPs evoked motility loss in 50% of Mf population, whereas at 50.6 µM, the AgNPs rendered the entire Mf population immotile (Table 1). The AuNPs (10–15 nm) failed to produce any significant antifilarial effect at the identical concentrations. However, staurosporine (0.5 µM) as a positive control induced complete loss in Mf motility.

Table 1 *Brugia malayi* microfilariae were incubated with silver nanoparticles at varying concentrations

Concentration	Percentage loss
of AgNPs (μM)	in Mf motility
4.6	50.0 ± 2.63
9.2	76.5 ± 0.88
13.8	85 ± 1.17
18.4	$89 + 0$
23	92 ± 0.58
27.6	94 ± 0.58
32.2	$98 + 0$
36.8	97.5 ± 0.29
41.4	99 ± 0
50.6	100 ± 0

Notes: The percentage loss in the motility of microfilarial forms was recorded after 48 hours. Each experiment was carried out in triplicate and the results were presented as mean ± standard error of the mean.

Abbreviations: AgNPs, silver nanoparticles; Mf, microfilarial forms.

When evaluated for the extent of cytotoxicity by trypan blue exclusion test, AgNPs at 101.2 µM elicited 50% lethality.

The inhibition of PARP activity is a valid measure for the assessment of cellular apoptosis.24 During apoptosis, PARP is cleaved by caspase 3 with an ensuing reduction in PARP enzyme activity, which thus prevents apoptotic cells from repairing their own DNA.25 PARP activity in Mf exposed to nanosilver (50 μ M), nanogold (50 μ M), or staurosporine (0.5 µM) was then studied. Both AgNPs and staurosporine induced nearly 70% attenuation in PARP enzymatic activity, whereas only 25% loss in activity was observed in the presence of AuNPs (Table 2), thus consistent with the significant microfilaricidal effect of nanoscale silver.

The interaction between microfilariae and nanosilver was further investigated with EB and AO differential staining.²² AO permeates into healthy live cells to stain the nuclear material green, whereas cellular access of EB is restricted, unless there is membrane damage. Mf treated with AgNPs (50 μ M) and staurosporine (0.5 µM) were stained orange-yellow with EB (Figure 2B and C), which reflected loss in surface membrane integrity. This contrasted with the profile of control parasites as well as that of Mf exposed to AuNPs (50 µM), which were stained green with AO (Figure 2A and D).

Nanosilver-induced ultrastructural changes in microfilariae were subsequently investigated by electron microscopy. Scanning electron microscopy images reflected marked loss in microfilarial sheath in parasites treated either with staurosporine (0.5 µM) or AgNPs (50 µM), whereas RPMI-treated control microfilariae or parasites exposed to AuNPs (50 µM) exhibited clear undamaged translucent sheaths (Figure 3).

Transmission electron microscopy images of ultrathin sections of microfilariae, pretreated either with staurosporine or AgNPs, revealed multiple large, round vacuoles inside cells (Figure 4). On the contrary, vacuoles were scanty in parasites treated with AuNPs and absent in RPMI-treated control parasites, which possessed thick homogeneous cuticles

Table 2 Percentage inhibition in poly(adenosine diphosphateribose) polymerase activity in the microfilariae treated with different reagents as indicated compared with control (Roswell Park Memorial Institute medium only)

Abbreviations: AgNPs, silver nanoparticles; AuNPs, gold nanoparticles; PARP, poly(adenosine diphosphate-ribose) polymerase; SEM, standard error of the mean.

Figure 2 Ethidium bromide/acridine orange differential staining of microfilarial forms for the detection of apoptosis. Untreated (**A**) and gold nanoparticles preincubated (**D**) nuclei showed green staining due to acridine orange permeation, while organisms treated with silver nanoparticles (**B**) and staurosporine (**C**) appeared orange-yellow due to ethidium bromide, suggesting loss of integrity of surface membrane of the parasite shown.

Note: Data are representative of three different experiments.

and intact cell organelles without vacuoles. The presence of vacuoles in ultrastructural sections of staurosporine-treated as well as AgNP-treated microfilariae further confirmed the apoptotic rationale in the pharmacodynamics of AgNPs. It may be noted that, conventional mechanisms for the study of apoptosis such as terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end labeling assay and DNA fragmentation are not technically viable in a parasite model.¹⁷ Taken together, the above findings were consistent with apoptotic changes induced in microfilariae in the presence of nanosilver similar to that elicited by staurosporine. Nanogold of comparable size and concentration, on the other hand, had no adverse effect on parasites.

Figure 3 Scanning electron micrographs of (**A**) untreated control parasite in Roswell Park Memorial Institute medium; (**B**) microfilariae treated with staurosporine (0.5 µM); (**C**) microfilariae treated with silver nanoparticles (50 µM), and (D) microfilariae treated with gold nanoparticles $(50 \mu M)$. **Note:** Data are representative of three different experiments.

Figure 4 Transmission electron micrographs through sections of (**A**) untreated control parasite in Roswell Park Memorial Institute medium; (**B**) microfilariae treated with staurosporine (0.5 µM); (C) microfilariae treated with silver nanoparticles (50 µM); and (**D**) microfilariae treated with gold nanoparticles (50 µM). **Notes:** Arrows point to the vacuoles; data are representative of three different experiments.

Abbreviation: V, vacuoles.

DEC has been shown to induce apoptosis in the microfilariae of *W. bancrofti*, 17 though the drug is not known to be filaricidal in vitro.²⁶ Thus, apoptosis induction in vitro by DEC may not be sufficient to kill the parasite, which could couple with the innate inflammatory response of the host to elicit effective antifilarial activity in vivo. In support of this, the cuticles of adult and microfilarial *B. malayi* were found to be resistant to hydrogen peroxide, a strong oxidant as well as apoptosis-inducing agent, which is attributable to the presence of α-tocopherol in the lipid fraction of the parasite surface.²⁷ Interestingly, DEC in combination with hydrogen peroxide was found to have marked synergism against filarial parasites.28 The above facts underpinned the relative ineffectiveness of DEC as the sole filaricidal agent and prompts researchers to strategize combinations with apoptosis inducers as a novel lead for antifilarial therapeutics.

In an earlier report, the enhanced antibacterial potency of AgNPs was analyzed.11 Commendable efforts have been made to explore the underlying molecular mechanism of the antimicrobial activity of silver.29 Dissolved silver ions could be responsible for some of the biological actions of AgNPs against microorganisms^{30,31} through their interaction with and inhibition of the thiol groups of vital enzymes.^{29,32} It has been recently demonstrated that the rate of ionization of silver from nanoparticles is significantly affected by the presence of salts and biomolecules in the suspension medium.³³ Biological media contain large numbers of interfering molecules in abundance, which can thus influence the release of silver ions. It is unlikely that silver ions will rise to a significant

level under the present experimental conditions, as reducing agents like glucose present in RPMI would keep these ions in the reduced state, and high concentration of chloride and phosphate ions in the medium would generate insoluble salts of silver (eg, silver chloride and silver phosphate). Besides this, the presence of citric acid during the process of AgNP synthesis would result in surface coating of the nanoparticles with citrate ions which would further limit the release of silver ions, as reported recently.³³ Thus, the observed antimicrofilarial activity reported in this study is most likely attributable to AgNPs per se and not to silver ions.

Conclusion

The main embargo on the current drug DEC is its empirical use without rationale. DEC-based mass drug administration policy demands longer durations of therapy, which may lack patient compliance and thus lead to frequent failure.34 AgNPs, on the other hand, are capable of inducing apoptosis in mammalian cells. $14-16$ The effective microfilaricidal activity of AgNPs at relatively low concentration as reported in this study, with evidence of apoptotic induction in microfilariae, can project nanosilver as a potential drug adjuvant against lymphatic filariasis. Unlike DEC, which is effective against microfilariae only in vivo and not in vitro,³⁵ nanosilver promises greater therapeutic effectiveness. Remarkably, a recent report has demonstrated the therapeutic potential of AgNPs against leishmaniasis, another parasitic disease caused by *Leishmania tropica*. 36 However, the antiparasitic mechanism elucidated in this study was oxidative attack by AgNPs, which was further potentiated by the concomitant ultraviolet exposure. This mechanism is hardly of therapeutic relevance in the present study as filarial parasites are known to be endowed with robust antioxidant defenses. On the contrary, based on evidence presented in the present study, apoptosis is proposed as the mechanistic basis of the antifilarial activity of nanosilver. Interestingly, there is a subtle link reported between oxidative stress and apoptosis induction.³⁷ Filarial parasites are lymphatic system-specific organisms. Given the wide distribution attainable by AgNPs in tissues including lymphatics,³⁸ administered nanosilver is expected to achieve a desired local antifilarial therapeutic concentration in the infected population. Nanosilver may act synergistically with DEC and thus may be effective either individually or as an adjunct (at lower individual doses) to this standard drug, after critical evaluation of safety parameters. Although there have been concerns regarding the toxicity of nanoparticles in general,³⁹ and

silver in particular, $16,40$ nanosilver might be considered to have a safe therapeutic window. The 50% lethal dose of nanosilver (100 μ M), which is double the complete inhibitory concentration value (50 μ M) as reported in the present study, supports this contention. The report on *Leishmania* parasites has demonstrated the synergism between nanosilver and ultraviolet exposure in their antiparasitic effect.³⁶ This study did not find any serious toxicity concern with silver. Thus, it can be inferred that AgNPs may be used as an adjuvant to DEC to potentiate synergistic apoptotic impact, so that the dose requirement of nanosilver may be further scaled down. To summarize, the present report provides the first ever conclusive proof in support of apoptosis as a novel stratagem in antifilarial drug designing and nanosilver as a valid lead in the research on antifilarial therapeutics.

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Disclosure

The authors report no conflicts of interest in this work.

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