

An evidence-based review of unoprostone isopropyl ophthalmic solution 0.15% for glaucoma: place in therapy

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Abstract: Glaucoma is a progressive, neurodegenerative optic nerve disease that can cause significant visual morbidity and affects over 60 million people worldwide. The only known modifiable risk factor for glaucoma at this time is elevated intraocular pressure (IOP), which may be treated with medications, laser therapy, and/or incisional surgery. Topical ocular medications are commonly used as first-line therapy for glaucoma, although side effects may limit their use. Unoprostone is a novel 22-carbon ocular hypotensive agent that may be advantageous in treating some patients with open angle glaucoma or ocular hypertension. Unlike the 20-carbon prostanoids, such as latanoprost, that lower IOP primarily through an increase in uveoscleral outflow, unoprostone may lower IOP through increased aqueous outflow via the conventional trabecular meshwork pathway. Although not as efficacious as other prostanoids, unoprostone is effective for IOP reduction both as monotherapy and adjunctive therapy with timolol. Unoprostone has decreased affinity for the prostaglandin F_{2α} receptor, which may explain its well tolerated ocular and systemic side effect profile compared with other prostanoids.

Keywords: unoprostone, Rescula[®], prostaglandin, glaucoma, medication

Introduction

Glaucoma is defined as a group of diseases with a characteristic optic neuropathy and associated visual function changes. The visual loss that occurs from glaucoma is irreversible. It represents a significant public health problem, given that over 60 million people have glaucoma worldwide and this number is increasing.¹ It is the second most common cause of blindness in the world following cataract, and the main cause of irreversible blindness.^{1,2} Risk factors for glaucoma include elevated intraocular pressure (IOP), family history, age, race, a thin central cornea, and low ocular perfusion pressure.^{3,4} Elevated IOP is currently the only known modifiable risk factor for glaucoma. Lowering IOP has been shown to slow visual field deterioration and is protective against both the development and progression of glaucoma.⁵⁻⁷ Current glaucoma treatment is focused on lowering IOP with medications, laser therapy, and/or incisional surgery.

Medical therapy is commonly employed as first-line treatment for glaucoma. Current options for topical therapy include alpha agonists, beta antagonists, carbonic anhydrase inhibitors, miotics, and prostaglandin analogs. Most topical ocular hypotensive agents used today are well tolerated, although side effects can limit their effectiveness due to poor patient compliance. Having a large selection of ocular hypotensive agents allows clinicians to better tailor medication regimens for glaucoma patients to balance clinical efficacy and side effects. With increasing medical treatment options, more invasive glaucoma therapy, such as laser or surgery, may be delayed or avoided altogether.

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Unoprostone is an IOP-lowering docosanoid and part of a family of lipid IOP-lowering agents, or prostanoids. Under the trade name Rescula[®], unoprostone isopropyl ophthalmic solution 0.12% was developed by R-Tech Ueno, Ltd (Tokyo, Japan) and has been marketed there since 1994.⁸ It first received approval as a second-line agent for the treatment of glaucoma and ocular hypertension by the US Food and Drug Administration (FDA) in 2000 as a prostaglandin analog and was marketed by Ciba Vision, a unit of Novartis (Basel, Switzerland), as a 0.15% solution.⁸ In 2009, Sucampo Pharmaceuticals, Inc. (Bethesda, MD, USA) acquired the commercialization rights for unoprostone in the USA and Canada.⁸ In 2011, these rights were expanded to include all territories worldwide, excluding parts of Asia.⁸ Last year, the FDA revised its formal label for unoprostone to include a first-line indication for the treatment of glaucoma and ocular hypertension.⁹ Also, the FDA removed its description of the drug as a prostaglandin analog. Unlike the prostaglandin analogs, which are 20-carbon derivatives of the eicosanoid prostaglandin F_{2α}, unoprostone is a 22-carbon derivative of docosahexaenoic acid with little to no affinity for the prostaglandin receptor (see Figure 1).^{8,10} Additionally, recent studies show it may work, at least in part, by activating potassium (BK) and chloride (ClC-2 type) channels, leading to relaxation of the trabecular meshwork and increased outflow of aqueous humor through the conventional pathway.⁹

Description

Unoprostone isopropyl is a synthetic docosanoid molecule and a derivative of docosahexaenoic acid, which is a naturally occurring omega-3 polyunsaturated fatty acid endogenous to the central nervous system and retina.^{8,11} Its chemical name is isopropyl (+)-(Z)-7-[(1R,2R,3R,5S)-3,5-dihydroxy-2-(3-oxodecyl)cyclopentyl]-5-heptenoate, and its chemical formula is C₂₅H₄₄O₅.⁹ Docosahexaenoic acid is essential for the development and proper functioning of photoreceptor cells, and has been shown to prevent photoreceptor apoptosis associated with oxidative stress in cell cultures.^{11–13} Unoprostone 0.15% (Rescula) is formulated as a sterile, isotonic, buffered aqueous solution of unoprostone isopropyl with a pH of 5.0–6.5 and preserved with 0.015% of benzalkonium chloride.⁹

Pharmacokinetics

Unoprostone isopropyl is readily hydrolyzed by esterases to its active form, unoprostone free acid (M1), (3-[(1R,2R,3R,5S)-3,5-dihydroxy-2-(3-oxodecyl)cyclopentyl]propionic acid), as shown in Figure 1.⁸ Unlike the prostaglandin analog

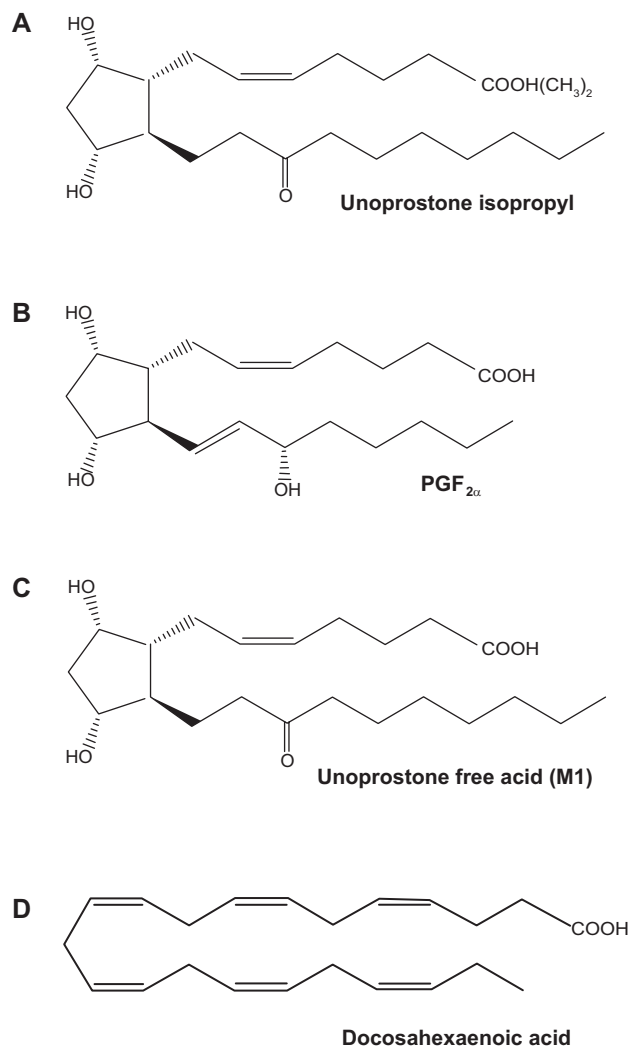


Figure 1 Molecular structure of unoprostone isopropyl and related molecules. **Notes:** Unoprostone isopropyl (**A**) is a 22-carbon derivative of docosahexaenoic acid (**D**), a naturally occurring fatty acid found in the central nervous system and retina. Following ocular instillation, unoprostone is hydrolyzed by corneal esterases to its active form, unoprostone free acid (**C**). The 20-carbon prostanoids, such as latanoprost, are derived from the eicosanoid, prostaglandin F_{2α} (**B**).

latanoprost, which is metabolized only by corneal esterases, unoprostone undergoes additional metabolism once inside the eye by iris and ciliary body esterases.¹⁴ This effect may explain the shortened clinical efficacy of unoprostone when compared with latanoprost. In a study of 18 healthy volunteers given unoprostone isopropyl 0.15% ophthalmic solution twice daily in both eyes for 14 days, the mean peak unoprostone free acid plasma concentration was <1.5 ng/mL and dropped below the lower limit of quantitation (<0.250 ng/mL) 1 hour following instillation, indicating low systemic absorption and rapid plasma excretion.⁹ Excretion is rapid through the kidneys, with a half-life of 14 minutes. Unoprostone will begin to reduce IOP 30 minutes after ocular instillation.¹⁵ A clinically sustained effect, however, requires at least 2 weeks of twice-daily therapy.⁸

Mechanism

The mechanism of action for the IOP-lowering effect of unoprostone is controversial. Early studies showed that unoprostone increases aqueous humor outflow through the uveoscleral pathway similar to the 20-carbon prostaglandin analogs, such as latanoprost.⁸ More recent evidence, however, shows that it may work, at least in part, through stimulation of Ca²⁺-activated BK and CIC-2 type channels, leading to increased trabecular meshwork outflow. It is these later studies which have prompted the FDA to remove the prostaglandin designation from its formal label.⁹

The prostaglandin analogs, including prostaglandin F2 α , latanoprost, and travoprost, mediate their ocular hypotensive effect by stimulating the prostaglandin F2 α (FP) receptor.^{16–18} These medications have been confirmed in the literature as FP receptor agonists, and induce ciliary muscle relaxation leading to early IOP reduction via increased uveoscleral outflow.^{16–20} The early ocular hypotensive effect of prostaglandin F2 α is blocked with concurrent use of pilocarpine, which contracts the longitudinal muscle of the ciliary body. This contraction counteracts prostaglandin-mediated ciliary muscle relaxation, thus blocking the early hypotensive effect.^{16,21}

With long-term prostaglandin use, the ciliary muscle undergoes remodeling of the cytoskeletal proteins actin and vinculin via mediation of collagen turnover, further contributing to increased uveoscleral outflow and sustained IOP reduction.¹⁶ Other studies have suggested that some aqueous humor outflow may also occur at least in part through the trabecular meshwork pathway as well.²² The remodeling and turnover of the extracellular matrix in the ciliary muscle is believed to be related to the balance between matrix metalloproteinase (MMP) and tissue inhibitors of metalloproteinase (TIMP). Prostaglandin F2 α showed increased c-Fos expression in human ciliary muscle cells, which induces expression of MMPs.^{16,23–25} Bimatoprost, latanoprost, and unoprostone all increase MMP activity in human ciliary body smooth muscle cells except for MMP-2.²⁶ Unoprostone was found to decrease MMP-2 activity and increase TIMP activity. This difference in MMP/TIMP balance between the prostaglandin analogs may explain the lower clinical efficacy of unoprostone.

In contrast with latanoprost, unoprostone has only weak activity on the FP receptor, and its ocular hypotensive effect is believed to involve more than FP receptor activation alone. As opposed to increasing uveoscleral outflow, unoprostone has been shown to increase outflow facility through the trabecular meshwork.²⁷

Unoprostone acts on BK channels that, upon activation, lead to cell hyperpolarization.^{28,29} Endothelin-1 (ET-1) is

known to induce trabecular meshwork contractility mediated via glutamate-associated increases in intracellular Ca²⁺.^{28,30} Through BK channel activation, unoprostone is believed to block this increase in intracellular Ca²⁺ in trabecular meshwork cells and contribute to increased trabecular meshwork outflow and IOP reduction. This mechanism is supported by studies of iberiotoxin, a specific inhibitor of BK channel activation. Iberiotoxin was found to inhibit the hyperpolarization effect of unoprostone.^{13,28,30} Another study found that unoprostone also acts on L-type Ca²⁺ channel currents in the trabecular meshwork and that it reduced trabecular meshwork contractility independent of ET-1.³¹

The effect of unoprostone on ET-1 is also believed to mediate a possible neuroprotective benefit.⁸ ET-1 is believed to play a role in cell apoptosis and ocular blood flow. The glutamate-associated hypercalcemia that accompanies injury-induced retinal and ganglion cell apoptosis may be mediated by ET-1.^{13,28,29} ET-1 is known to cause vasoconstriction of vascular smooth muscle, and unoprostone may allow for increased ocular blood flow by blocking this vasoconstriction.^{32–36} This effect was studied in healthy subjects and patients with normal tension glaucoma using a scanning laser Doppler flowmeter, and measures of ocular microcirculation were found to be improved with unoprostone treatment.³⁷ A study done in healthy individuals given intravenous ET-1 found that topical unoprostone significantly decreased the reduction in choroidal blood flow induced by ET-1.³⁵

Several animal studies have found protective effects of unoprostone on nerve injury, specifically on retinal ganglion cell death,^{38–40} although one study did find that suppression of ET-1 occurred with travoprost and not unoprostone.⁴¹ These findings suggest possible neuroprotective properties associated with unoprostone. A recent study by Tawada et al evaluated the effect of twice-daily topical unoprostone on central retinal sensitivity in 30 patients with retinitis pigmentosa.⁴² After 6 months of therapy, retinal sensitivity improved significantly by fundus microperimetry and visual field mean deviation. Further research is needed to investigate the potential role of unoprostone as a neuroprotective agent in retinal disease.

Efficacy

Unoprostone as monotherapy

Early Japanese studies of unoprostone found modest IOP reduction with fewer ocular side effects compared with prostaglandins E2 and F2 α .^{42–46} Unoprostone typically lowers IOP by 10%–25% from baseline, with a duration of effect of 2–5 hours compared with a 25%–30% reduction in IOP with latanoprost which may last up to 24 hours and beyond.⁴⁷ Table 1

Table 1 Randomized controlled trials of unoprostone as monotherapy

Reference	Year	Patients (n)	Duration	Comparisons	IOP reduction efficacy (mmHg, %)	Side effect profile	Notes
Azuma et al ⁴⁸	1993	36	4 weeks	Unoprostone 0.12% BID Timolol 0.5% BID	Timolol = Unoprostone	Decreased blood pressure with timolol; otherwise similar side effect profile	
Stewart et al ⁴⁹	1998	36 (POAG, OHT)	2+2 weeks	Unoprostone 0.12% BID Unoprostone 0.12% TID Timolol 0.5% BID	-4.1 (18%) -3.8 (16%) -6.9 (28%) NS	Similar between both groups	Unoprostone BID compared with timolol BID for 2 weeks, then unoprostone TID compared with timolol BID for 2 weeks Supported in part by Ciba Vision
Nordmann et al ⁵⁰	1999	40 (POAG, OHT)	2+6 weeks	Unoprostone 0.12% BID Timolol 0.5% BID	Timolol = Unoprostone	Increased stinging with unoprostone	2 weeks of timolol then switch to timolol or unoprostone for 6 weeks
Shimazaki et al ⁵¹	2000	40 (POAG, NTG, OHT)	24 weeks	Unoprostone 0.12% BID Timolol 0.5% BID	Timolol > Unoprostone (P=0.014)	Timolol caused ocular surface dysfunction	
Kobayashi et al ⁵²	2001	18 (OHT)	8 weeks	Unoprostone 0.12% BID Latanoprost 0.005% QD	-3.0 (13%) -6.3 (28%)*	Increased stinging with unoprostone	Monocular comparison
Saito et al ⁵³	2001	52 (POAG)	6+6 weeks	Unoprostone 0.12% BID Latanoprost 0.005% QD	-3.3 (15%) -6.0 (26%)* No benefit with combined therapy	No serious adverse event	6 weeks of monotherapy followed by 6 weeks of dual therapy
Susanna et al ⁵⁴	2001	108 (POAG, OHT)	8 weeks	Unoprostone 0.12% BID Latanoprost 0.005% QD	-3.3 (14%) -6.7 (28%)*	Similar between both groups	Supported by Pharmacia Corporation
Aung et al ⁵⁵	2001	56 (POAG, OHT)	4+4 weeks	Unoprostone 0.12% BID Latanoprost 0.005% QD qPM + placebo qAM	-4.2 (18%) -6.4 (27%)*	Similar between both groups; more irritation with unoprostone; more redness with latanoprost	4 weeks of monotherapy, 3 week washout, 4 week crossover therapy
Tsukamoto et al ⁵⁶	2002	48 (POAG, OHT)	8 weeks	Unoprostone 0.12% BID Latanoprost 0.005% QD	-3.3 (14%) -6.7 (28%)*	No significant difference	
Jampel et al ⁵⁷	2002	165 (POAG, OHT)	8 weeks	Unoprostone 0.15% BID Latanoprost 0.005% QD	-3.9 (15%) -7.2 (28%)*	No serious adverse event; increased stinging with unoprostone	Supported by Pharmacia Corporation
Aung et al ⁵⁸	2002	28 (POAG, OHT)	4+4 weeks	Unoprostone BID Latanoprost QD	-4.9 (20%) -6.1 (25%)*	Similar between both groups	4 week monotherapy followed by 4 week dual therapy

Sponsel et al ⁵⁹	2002	25 (POAG, OHT)	4 weeks	Unoprostone 0.15% BID Latanoprost 0.005% QD	-1.6, -2.4 ⁺ (8%–13%) -2.6, -3.1 (14%–22%)*	No adverse event reported	Latanoprost showed increased pulsatile ocular blood flow Supported in part by Pharmacia Corporation Sponsored by Novartis
Nordmann et al ⁶⁰	2002	556 (POAG, OHT)	6 months	Unoprostone 0.15% BID Timolol 0.5% BID Betaxolol 0.5% BID	-4.3 (18%) -5.8 (25%)* -4.9 (21%) NS between unoprostone and betaxolol	Similar between groups except for increased burning, stinging, itching, and hyperemia with unoprostone	
Stewart et al ⁶¹	2004	33 (POAG, OHT)	6+6 weeks	Unoprostone 0.15% BID Brimonidine 0.2% BID	-3.0 (14%) -3.1 (14%) Brimonidine: greater peak IOP reduction Unoprostone: complete diurnal IOP reduction	Increased stinging with unoprostone	6 weeks of monotherapy + 6 weeks of switch therapy Sponsored by Novartis
Arcieri et al ⁶²	2005	80 (POAG, pseudophakia, aphakia)	6 months	Unoprostone 0.12% Latanoprost 0.005% Bimatoprost 0.03% Travoprost 0.004% Lubricant drop with BAK (placebo)	-3.1 (14%)* -5.4 (26%)* -5.8 (28%)* -5.9 (29%)* -0.4 (3%)	Increased flare, angiographic CME with the prostaglandins compared with unoprostone Increased hyperemia with bimatoprost Hyperemia with unoprostone similar to placebo	

Notes: *Statistically significant. **Statistically significant difference with unoprostone. [†]IOP reduction (morning, afternoon).

Abbreviations: POAG, primary open angle glaucoma; OHT, ocular hypertension; NTG, normal tension glaucoma; NS, no significant difference; QD, once a day; BID, twice a day; TID, three times a day; qAM, every morning; qPM, every evening; BAK, benzalkonium chloride; IOP, intraocular pressure; CME, cystoid macular edema.

lists published randomized clinical trials of unoprostone when used as monotherapy.^{48–62} Most of these studies compared unoprostone with timolol and latanoprost as monotherapy. Many studies have documented the superior efficacy in IOP reduction of latanoprost compared with unoprostone in primary open angle glaucoma and normal tension glaucoma.^{52–59,63–66} Sponsel et al compared the IOP-lowering and hydrodynamic effects of unoprostone and latanoprost in paired eyes of 25 patients with open-angle glaucoma or ocular hypertension.⁵⁹ Following one month of therapy, both agents produced significant reductions in IOP and increases in pulsatile ocular blood flow, although the changes seen with latanoprost were nearly two-fold greater than those seen with unoprostone, which was statistically significant. Although some studies have found equivalent IOP reduction between timolol and unoprostone,^{48–50} Nordmann et al in a 24-month multicenter, double-masked, randomized trial of 556 patients with glaucoma or ocular hypertension who received either twice-daily unoprostone, betaxolol, or timolol for 6 months, found similar mean diurnal IOP-lowering efficacy between betaxolol and unoprostone monotherapy.⁶⁰ Both groups achieved an IOP reduction of 3–4 mmHg, or 18%–20%, from baseline. In this study, however, timolol monotherapy produced a significantly greater mean diurnal IOP reduction than either unoprostone or betaxolol (see Figure 2).

Unoprostone as adjunctive therapy

Other studies have investigated the use of unoprostone as adjunctive therapy to timolol for the treatment of glaucoma or ocular hypertension (see Table 2).^{67–69} In a 12-week, multicenter, double-masked, randomized trial of 146 patients comparing unoprostone, brimonidine, and dorzolamide when added to timolol, Hommer et al found comparable efficacy in mean diurnal IOP reduction between all groups, with each adjunctive agent producing an additional drop in IOP of 2–3 mmHg from a timolol-treated baseline (see Figure 3).⁶⁷ Similar results were found in two other studies comparing unoprostone, brimonidine, and dorzolamide as adjunctive therapy with timolol.^{68,69} A study by Saito et al involving 52 patients with primary open-angle glaucoma found no additional IOP-lowering effect when unoprostone was added to latanoprost following 12 weeks of therapy.⁵³

Safety and tolerability

The side effects of the lipid IOP-lowering agents are well described in the literature, and include conjunctival hyperemia, increased iris pigmentation, eyelash and eyelid changes, deepening of the upper eyelid sulcus, cystoid macular edema (CME), iris cysts, worsening of herpetic keratitis, and anterior uveitis.^{70–73} A summary of trials investigating

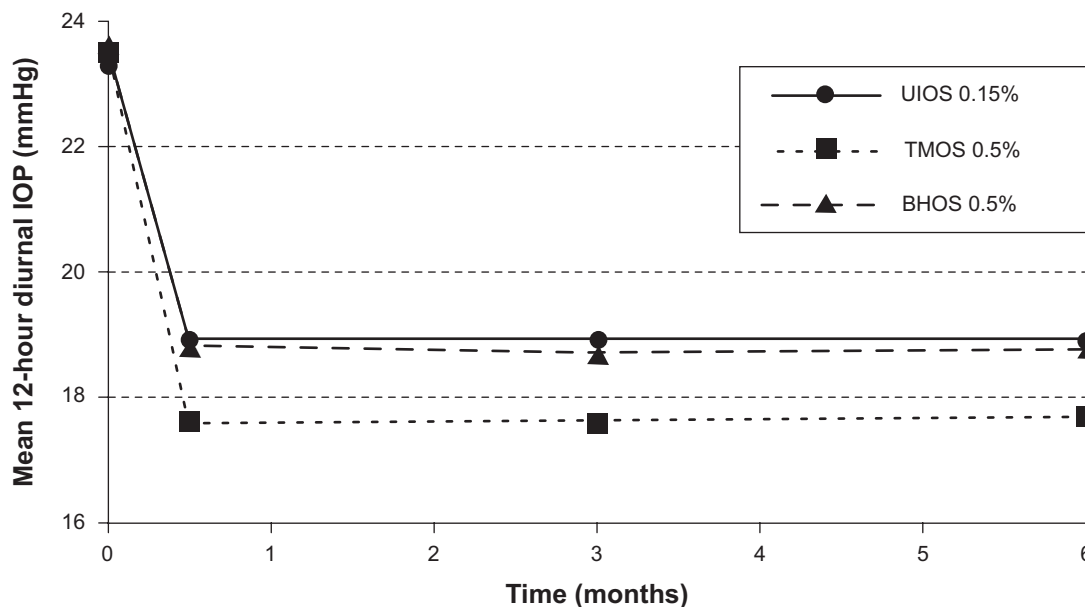


Figure 2 Mean 12-hour diurnal IOP comparing unoprostone, timolol, and betaxolol monotherapy.

Notes: Reprinted with permission from the American Journal of Ophthalmology, Volume 133/edition 1, Nordmann JP, Mertz B, Yannoulis NC, Schwenninger C, Kapik B, Shams N; for the Unoprostone Monotherapy Study Group-EU. A double-masked randomized comparison of the efficacy and safety of unoprostone with timolol and betaxolol in patients with primary open-angle glaucoma including pseudoexfoliation glaucoma or ocular hypertension. 6 month data, pages 1–100, Copyright 2002, with permission from Elsevier.⁶²

Abbreviations: UIOS, unoprostone isopropyl ophthalmic solution; TMOS, timolol maleate ophthalmic solution; BHOS, betaxolol hydrochloride ophthalmic solution; IOP, intraocular pressure.

Table 2 Randomized controlled trials of unoprostone as adjunctive therapy

Reference	Year	Patients (n)	Duration	(Base therapy) + comparisons	IOP reduction efficacy (mmHg, %)	Side effect profile	Notes
Hommer et al ⁶⁷	2003	146 (POAG, OHT)	12 weeks	(Timolol 0.5% BID) + Unoprostone 0.15% BID Brimonidine 0.2% BID Dorzolamide 2.0% BID	–2.7 (12.3%) –2.8 (12.5%) –3.1 (14.4%) NS	No serious adverse events; dorzolamide had more adverse events overall	Second and third authors employed by Novartis
Day et al ⁶⁸	2003	32 (POAG, OHT)	6+6 weeks	(Timolol 0.5% BID) + Unoprostone 0.15% BID Dorzolamide 2% BID	–3.8 (16%) –3.6 (15%) NS	No serious adverse event; no significant difference	6 weeks of therapy + 6 weeks of crossover therapy Sponsored by Novartis
Sharpe et al ⁶⁹	2005	33 (POAG, OHT)	6+6 weeks	(Timolol 0.5% BID) + Unoprostone 0.15% BID Brimonidine 0.2% BID	–2.7 (12%) –2.2 (10%) NS	Increased burning and dryness with unoprostone	6 weeks of therapy + 6 weeks of crossover therapy Supported by Novartis

Abbreviations: NS, no significant difference; POAG, primary open angle glaucoma; OHT, ocular hypertension; BID, twice a day; IOP, intraocular pressure.

the local and systemic safety profile of unoprostone is shown in Table 3.^{51,62,74–79} Many of these studies reported a favorable side effect profile of unoprostone when compared with timolol and placebo.^{51,74,75,77} When compared with other prostanoids, unoprostone tended to have a better ocular side effect profile.^{62,76,78,79}

In the comparative trial of unoprostone, timolol, and betaxolol by Nordmann et al discussed in the Unoprostone as monotherapy section, adverse events were similar for the three treatment groups except for burning/stinging, burning/stinging upon drug instillation, and ocular itching, which were more common with unoprostone than with timolol but less common than with betaxolol.⁶⁰ Hyperemia was also more common with unoprostone (10.8%) than with timolol (3.6%) or betaxolol (5.0%). Adverse events in this study were typically mild to moderate and transient in nature.

FP receptor activation is believed to lead to enhanced tyrosinase activity and melanogenesis in iridial melanocytes causing increased iris pigmentation.⁸⁰ Mouse epidermal melanocytes were found to have enhanced tyrosinase activity with both latanoprost and unoprostone.⁸¹ A prospective study in Japan by Chiba et al compared iris pigmentation between 48 patients using either latanoprost or unoprostone as monotherapy.⁷⁶ Patients included in this study all had glaucoma and were treated for over 30 months with one of the two agents. Photography was performed by the same slit-lamp camera with 45 degree illumination at 16× magnification. Photograph grading was performed by three glaucoma specialists who were masked to the patient

and treatment characteristics. Only upon agreement among all three specialists was positive pigmentation documented. They found that 60% of latanoprost patients had increased iris pigmentation compared with 30% of unoprostone patients, which was statistically significant.

A multicenter, prospective, double-masked, randomized study by McCarey et al evaluated iris color and eyelash changes over 24 months in 1,131 patients randomized to twice-daily unoprostone, timolol, or betaxolol.⁷⁷ Serial color photographs of the iris and eyelids were taken at baseline and over the course of the 24-month study. Photography was performed under standardized conditions, including equipment, camera settings, flash settings, slit-lamp settings, and environmental lighting. Seven views of each eye, a calibration photograph, and a patient identification photograph were used at each patient visit. Two masked, independent readers evaluated baseline and post-treatment photographs. Of the 659 patients on unoprostone, seven cases of iris color change (1.06%) were noted. There were no differences in eyelash density or length noted between the three treatment groups. The authors concluded that the incidence of iris pigmentation change was low with unoprostone and that eyelash changes were not clinically significant. The authors proposed that this may be related to the lower affinity of unoprostone for the FP receptor.

Deepening of the upper eyelid sulcus is a recently discovered ocular side effect observed with the prostanoids. Two hundred and fifty patients on various prostanoid medications were observed with eyelid photographs and

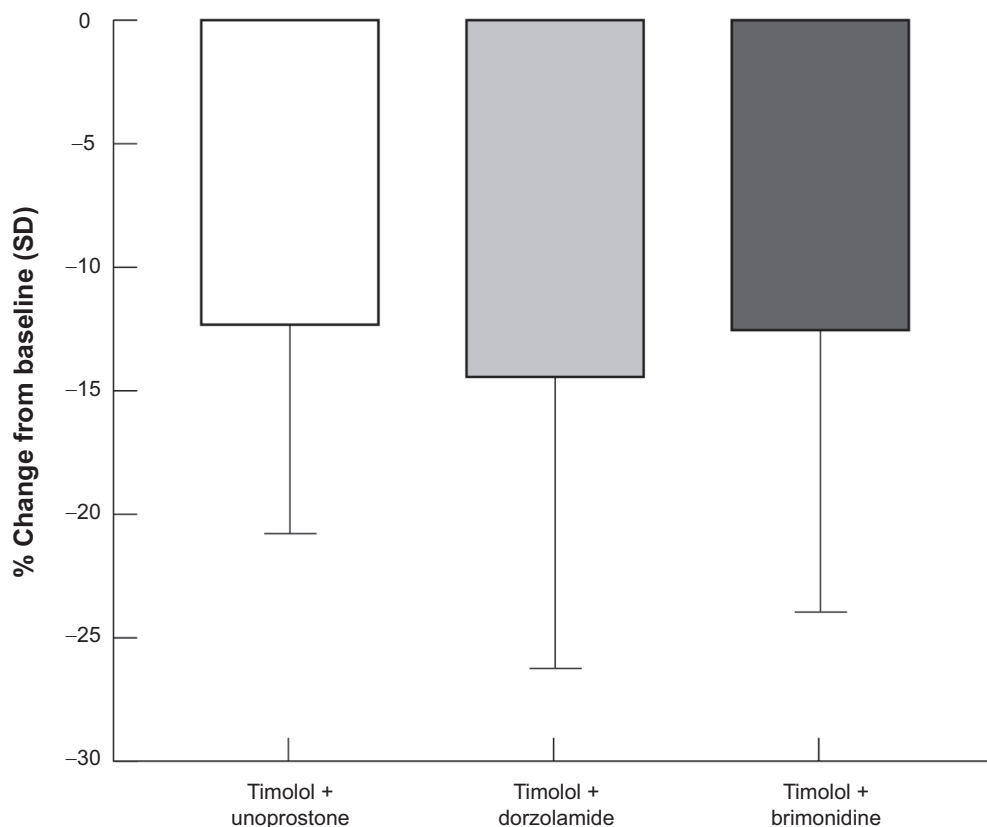


Figure 3 Change in diurnal IOP (percentage) with unoprostone, dorzolamide, and brimonidine as adjunctive therapy with timolol.

Notes: Mean percentage changes in the 8 hour diurnal IOP from a timolol-treated baseline at week 12 were -12.3% , -12.5% , and -14.4% in the unoprostone, brimonidine, and dorzolamide groups, respectively. Reproduced from Unoprostone as adjunctive therapy to timolol: a double masked randomised study versus brimonidine and dorzolamide. Hommer A, Kapik B, Shams N; for the Unoprostone Adjunctive Therapy Study Group, Volume 87(5), pages 592–598, Copyright 2003, with permission from BMJ Publishing Group Ltd.⁶⁷

Abbreviations: IOP, intraocular pressure; SD, standard deviation.

subjective questionnaires.^{78,79} Bimatoprost and travoprost were found to have a higher incidence of deepening of the upper eyelid sulcus, eyelid pigmentation, and eyelid bristles compared with latanoprost, tafluprost, and unoprostone. Furthermore, unoprostone had a significantly lower incidence of abnormal lash growth compared with all other prostanoids.

A recent review by Arcieri et al investigated the effect of prostanoid use on the blood–aqueous barrier and on angiographic CME.⁶² Eighty patients with primary open angle glaucoma, pseudophakia, or aphakic glaucoma were randomized to treatment with bimatoprost (n=16), latanoprost (n=15), travoprost (n=17), unoprostone (n=16), or lubricant placebo drops (n=16) over 6 months. No patient had angiographic CME at baseline; however, four latanoprost-treated patients, one bimatoprost-treated patient, and one travoprost-treated patient developed CME on fluorescein angiography. The CME resolved in all patients with cessation of the prostanoid and use of a nonsteroidal anti-inflammatory medication. Of note, five of the six patients who developed CME had an absent or ruptured posterior capsule. No unoprostone-treated patients

developed CME. The authors concluded that bimatoprost, latanoprost, and travoprost may disrupt the blood–aqueous barrier in pseudophakic or aphakic eyes and lead to the development of angiographic CME. They proposed that this may be related to higher affinity of these medications for the FP receptor compared with unoprostone.

Unoprostone is well tolerated systemically. Stewart et al compared the cardiovascular effects of unoprostone and timolol during exercise using a treadmill test in 30 healthy adults.⁷⁴ Following 5 days of twice-daily dosing, timolol significantly reduced exercise-induced heart rate, while unoprostone showed no effect. In another study comparing unoprostone with placebo in patients with mild to moderate asthma, there were no changes in pulmonary function test parameters before or after administration of salbutamol.⁷⁵

Conclusion

Unoprostone is a novel ocular hypotensive agent which may act, at least in part, to increase trabecular meshwork outflow, unlike the typical prostanoids which lower IOP primarily by

Table 3 Trials of unoprostone side effects

Reference	Year	Patients (n)	Duration	Comparisons	Side effect profile	Notes
Shimazaki et al ¹	2000	40	24 weeks	Unoprostone 0.12% BID Timolol 0.5% BID	Timolol caused a decreased tear breakup time, a decreased Schirmer's test value, and a decreased tear function index compared with unoprostone	Healthy subjects Supported by Novartis
Stewart et al ⁴	2002	30	N/A	Unoprostone 0.15% Timolol 0.5% Placebo	Treadmill test crossover study; unoprostone did not block exercise induced increases in heart rate compared with timolol; no differences were seen with unoprostone compared with placebo; no differences in blood pressure seen between groups	No positive control with timolol Sponsored by Novartis Masked observer iris photograph evaluation Sponsored by Novartis
Gunawardena et al ⁵	2003	–	N/A	Unoprostone 0.15% Placebo	No difference between pulmonary function tests at baseline and post inhaled salbutamol	
Chiba et al ⁶	2003	48	N/A	Unoprostone Latanoprost	Increased iridial pigmentation in 60% of latanoprost-treated eyes and 30% of unoprostone-treated eyes	
McCarey et al ⁷	2004	1,131	24 months	Unoprostone 0.15% BID Timolol 0.5% BID Betaxolol 0.5% BID	Iris pigmentation with unoprostone (1.06%); no difference with eyelash characteristics	
Arcieri et al ²	2005	80	6 months	Unoprostone 0.12% Latanoprost 0.005% Bimatoprost 0.03% Travoprost 0.004% Lubricant drop with BAK (placebo)	Increased flare and angiographic CME with the prostaglandins compared with unoprostone Increased hyperemia with bimatoprost Hyperemia with unoprostone similar to placebo	
Inoue et al ⁸	2012	250	Observation	Unoprostone Latanoprost Travoprost Tafluprost Bimatoprost	No difference in eyelid pigmentation; lower incidence of eyelash bristles with unoprostone; significantly more eyelid pigmentation and eyelash bristles with travoprost and bimatoprost versus others	Monocular treatment Subjective questionnaire and physician review of eyelid photographs
Inoue et al ⁹	2012	250	Observation	Unoprostone Latanoprost Travoprost Tafluprost Bimatoprost	Upper eyelid sulcus deepening occurred more with bimatoprost and travoprost and occurred less with latanoprost, tafluprost, and unoprostone	Monocular treatment Subjective questionnaire and physician review of eyelid photographs

Abbreviations: BID, twice a day; N/A, not applicable; BAK, benzalkonium chloride; CME, cystoid macular edema.

increasing uveoscleral outflow. While it does not match the efficacy of the typical prostanoids, unoprostone does provide a modest IOP-lowering effect as monotherapy and is also an effective adjunctive agent when added to timolol. Although its mechanism of action is unclear, its relatively weak affinity for the prostaglandin FP receptor may help explain its more favorable local tolerability profile when compared with other prostanoids. Patients with ocular hypertension or early glaucoma who are intolerant of the typical prostanoids may benefit from unoprostone, either as monotherapy or adjunctive therapy, given its well tolerated side effect profile. It is also well tolerated systemically, demonstrating no effect on exercise-induced heart rate or pulmonary function. Unoprostone is a well-tolerated ocular hypotensive medication that can be considered for the treatment of glaucoma or ocular hypertension.

Disclosure

Dr Whitson is on the speaker's bureau for Alcon, Allergan, and Sucampo. The authors have no other conflicts of interest in this work.

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