

Profile of minocycline and its potential in the treatment of schizophrenia

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Abstract: Accumulating evidence suggests that neuroinflammation affecting microglia plays an important role in the etiology of schizophrenia, and appropriate control of microglial activation may be a promising therapeutic strategy for schizophrenia. Minocycline, a second-generation tetracycline that inhibits microglial activation, has been shown to have a neuroprotective effect in various models of neurodegenerative disease, including anti-inflammatory, antioxidant, and antiapoptotic properties, and an ability to modulate glutamate-induced excitotoxicity. Given that these mechanisms overlap with neuropathologic pathways, minocycline may have a potential role in the adjuvant treatment of schizophrenia, and improve its negative symptoms. Here, we review the relevant studies of minocycline, ranging from preclinical research to human clinical trials.

Keywords: schizophrenia, minocycline, microglia, neuroinflammation

Introduction

Schizophrenia is a chronic and often debilitating illness affecting approximately 1% of the world population.¹ It is a complex disorder characterized by profound disturbance of perception, cognition, emotion, and social function. The onset of schizophrenia is typically in late adolescence or early adulthood, and includes distinctive symptoms, commonly referred to as positive, negative, and cognitive. To date, effective treatments for schizophrenia have been limited to medications with antidopaminergic activity, which alleviate symptoms by augmenting dysfunctional neurotransmitter systems.² While antipsychotics are most effective for positive symptoms, negative and cognitive symptoms are less well addressed.³ Treatment of patients with minimal or no response to adequate doses of antipsychotics represents an enormous challenge for clinicians. These antipsychotic-resistant patients constitute up to 25%–30% of all patients suffering from schizophrenia.^{2,4,5} One of the main reasons for this is our lack of understanding of the etiology of schizophrenia.

Although the exact mechanism of schizophrenia remains to be elucidated, several hypotheses have been proposed, including disruption of neurotransmitter systems,^{6–10} genetic factors,¹¹ and neurodevelopmental and neurotoxic mechanisms.^{12,13} In recent years, however, growing evidence has supported the idea that neuroinflammation, in particular that focused on the microglia, plays an important role in the etiology of schizophrenia, so appropriate control of microglial activation may be a promising strategy in the treatment of the disease.^{1,14–16} Minocycline, a second-generation tetracycline, has a distinct neuroprotective profile independent of its antibacterial activity.¹⁷ Minocycline is almost completely absorbed when taken orally and shows excellent penetration of brain tissue. These properties, as well as its beneficial effect in

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animal models of neurologic disorders, has led to investigation of its potential use in the treatment of schizophrenia.^{18,19} Recent reports have demonstrated a possible antipsychotic effect for minocycline, which is a potent inhibitor of microglial activation. In these studies, use of minocycline as an adjuvant to antipsychotics was reported to be beneficial in patients with schizophrenia.^{20–23} Here we review the existing literature focusing on the preclinical and clinical potential of minocycline in the treatment of schizophrenia and propose directions for future research.

Overview of minocycline: how to confer neuroprotection?

Microglial hypothesis for schizophrenia

Although dopaminergic neurotransmission is involved in the pathophysiology of schizophrenia, the exact mechanism leading to dopaminergic dysfunction remains unclear. Accumulating evidence indicates the significance of neuroinflammation involving microglia in schizophrenia.^{16,24} Maternal inflammation during critical stages of gestation has been shown to form the basis of the link between prenatal infection and schizophrenia.^{25,26} Longitudinal studies in animal models further indicate that infection-induced developmental neuroinflammation may be pathologically relevant beyond the antenatal and neonatal periods, and may contribute to progression of disease, associated with gradual development of full-blown schizophrenia.²⁷ Arion et al carried out a DNA microarray study that showed increased expression of genes related to immune and chaperone function in the prefrontal cortex in schizophrenia.²⁸ Narayan et al profiled genome-wide expression patterns in the prefrontal cortex in subjects with schizophrenia at different stages of the illness. Their study demonstrated that the molecular basis for schizophrenia changes between the early to chronic stages, providing evidence that the nature of schizophrenia changes with disease progression, with the long-term illness possibly being associated with inflammation, stimulus response, and immune function.²⁹

Microglial cells are the primary reservoirs of proinflammatory cytokines, such as interleukin-6, tumor necrosis factor- α (TNF- α), and interferon- γ (IFN- γ), and act as the main antigen-presenting cells in the central nervous system (CNS).³⁰ Microglia are important for the cross-talk between the immune system and glutamatergic neurotransmission.³¹ The cells gradually become present in the brain and participate in various aspects of brain development, including cell death, axonal remodeling, synaptogenesis, and synaptic pruning.^{32–36} Prolonged microglial hyperactivity

may lead to neuronal apoptosis and brain damage, which are commonly seen in neurodegenerative disorders such as Parkinson's disease and Alzheimer's disease.^{37,38} A neurodegenerative and neurodevelopmental process is indicated in the course of schizophrenia and may be associated with microglial activation.^{39,40} Animal studies, autopsy studies, and positron emission tomography (PET) studies have demonstrated that the neuropathology of schizophrenia is associated with microglial activation.^{41–49} Bayer et al found that there were more activated microglia in the frontal cortex and hippocampus in patients with schizophrenia post mortem than in controls.⁴⁵ Their findings were strengthened further by positive results from other autopsy studies in patients with schizophrenia.^{43,44,46,47} The evidence from autopsy studies suggests that schizophrenia is associated with an increased number of activated microglia cells. However, autopsy studies cannot reflect dynamic changes in microglial activation over time. PET, a noninvasive brain imaging technique, provides the opportunity to study the presence of microglial activation in vivo. Van Berckel et al found overactive microglia in patients with schizophrenia of recent onset.⁴⁸ Doorduyn et al also reported finding more activated microglia in the hippocampus of patients with schizophrenia than in healthy volunteers, and suggested that focal neuroinflammation may play an important role in schizophrenia.⁴⁹ As such, there has been growing evidence of a “microglial hypothesis of schizophrenia” (Figure 1) whereby stressful events, damage-associated molecular patterns, and pathogen-associated molecular patterns activate microglia in the CNS via immunologic or inflammatory activators. Proinflammatory cytokines and free radicals released by overactivated microglia can cause neuronal degeneration, abnormalities in white matter, and decreased neurogenesis. The damage done to the neuron by overactivated microglia may thus lead eventually to the development of schizophrenia.^{1,16} If microglial pathology proves to be an important causative factor in schizophrenia, the processes involving modulators of microglial activation may represent a novel therapeutic strategy.^{50,51}

Targeting microglia

Inflammation of the CNS is detrimental to neurogenesis in the adult hippocampus.^{52,53} The negative effects of inflammation on differentiation and survival of neuronal cells are due to microglia-derived proinflammatory cytokines.^{52,54} Interleukin-1 β and TNF- α have been reported to inhibit neurogenesis in vivo.^{55,56} However, neurogenesis can be restored by anti-inflammatory compounds such as minocycline, indomethacin, and cyclo-oxygenase-2 inhibitors

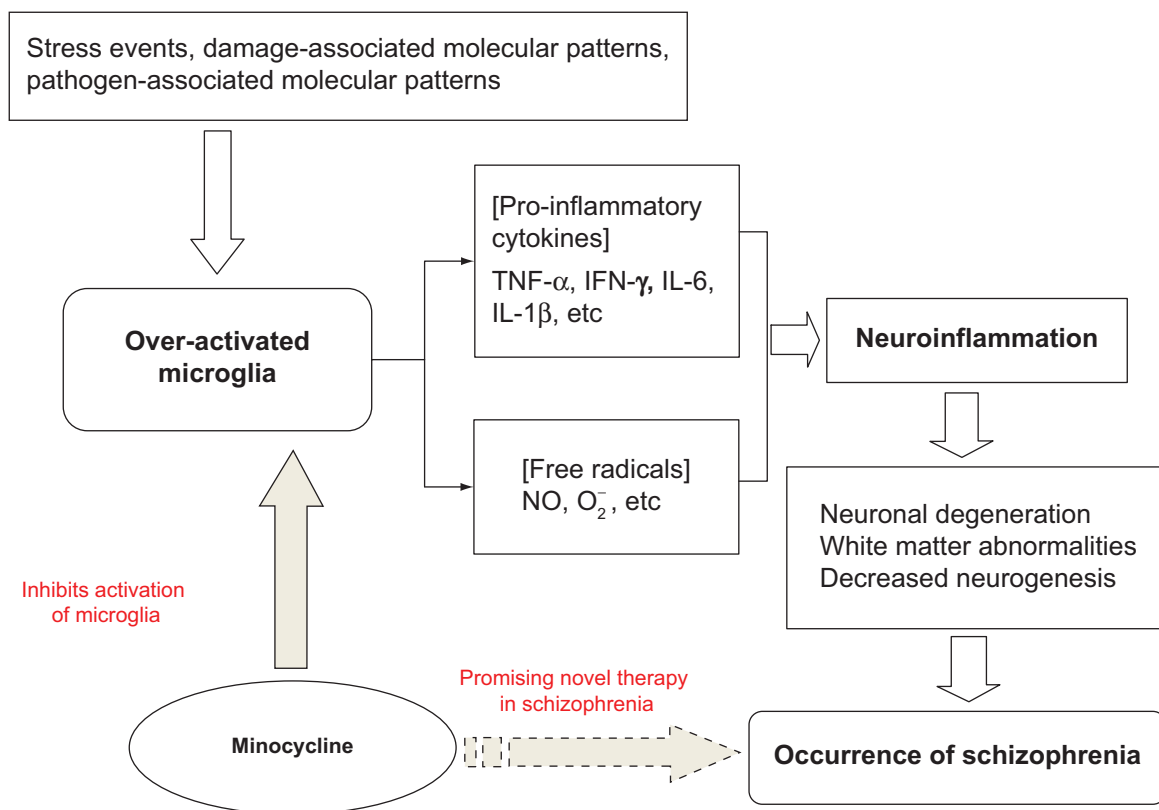


Figure 1 Microglia hypothesis of schizophrenia.

Notes: Stress events, damage-associated molecular patterns and pathogen-associated molecular patterns activate microglia in the central nervous system. Over-activated microglia release pro-inflammatory cytokines and free radicals. These mediators cause neuronal degeneration, white matter abnormalities and decreased neurogenesis, which eventually lead to the occurrence of schizophrenia. The appropriate control of microglial activation may thus be a promising therapeutic target for schizophrenia. Minocycline is a potent inhibitor of microglial activation and has a neuroprotective capacity. These properties of minocycline may be useful for the treatment in schizophrenia.

Abbreviations: IL, interleukin; TNF, tumor necrosis factor; IFN, interferon; NO, nitric oxide; O_2^- , superoxide.

(eg, celecoxib) which inhibit microglial activation.^{52,53,57,58} Other reports have shown that minocycline is able to inhibit microglial activation via anti-inflammatory and antioxidant properties which are independent of its antimicrobial action.^{59–67} Yrjanheikki et al showed that minocycline is able to provide neuroprotection against global ischemia in gerbils and focal brain ischemia in rats.^{59,60} This neuroprotection was associated with reduced activation of microglia and inhibition of interleukin-1 β -converting enzyme, suggesting that minocycline may function by reducing the cytotoxic effects of the microglia. Minocycline can also reduce the proliferation and activation of resting microglia.⁶¹ Tikka et al investigated whether minocycline was able to reduce excitotoxicity in a primary neuronal culture, and found that glutamate-induced microglial activation occurred via the p38 mitogen-activated protein kinase pathway and that minocycline inhibited activation of this pathway in microglia, providing neuroprotection against excitotoxicity.⁶² Their findings were strengthened further by positive results in other studies using animal models of ischemic injury to the brain

and neurodegenerative diseases.^{63–65} In addition, it was found that interleukin-1 β levels following traumatic brain injury can be reduced in mice by a high dose of minocycline, and that increased TNF- α and nitric oxide levels in rats treated with 3-nitropropionic acid (an inhibitor of succinate dehydrogenase, an electron transport enzyme) can be attenuated by treatment with minocycline.^{66,67} Minocycline has also been reported to reduce superoxide production by granular neurons in the rat following treatment with N-methyl-D-aspartate, a glutamate receptor agonist.⁶⁸ Overall, the above studies suggest that minocycline targets overactive microglia and removes proinflammatory cytokines and oxygen radicals.^{59–67}

Attenuation of apoptosis

Increasing evidence indicates that the neurodegenerative course of schizophrenia involves an increased susceptibility to apoptotic death, and activation of the apoptotic process results in rapid neuronal death.^{69–73} The mechanisms of cell death in neurodegenerative diseases include oxidative stress, excitotoxicity, mitochondrial dysfunction, and

inflammation.⁷⁴ Proinflammatory cytokines, including TNF- α , have been well characterized as mediators of oxidative stress and induce apoptosis in human cortical neurons as well as oligodendrocytes.^{75,76} Apoptosis is indirectly suppressed by minocycline by inhibition of proinflammatory cytokines and nitric oxide.⁷⁷

Moreover, minocycline has been shown to be an inhibitor of poly-(ADP-ribose), polymerase-1, and matrix metalloproteinases.^{78,79} The antiapoptotic profile of minocycline has been attributed to upregulation of the anti-apoptotic protein Bcl-2, reduced expression of caspases, and inhibition of release of proapoptotic proteins from the mitochondria.^{80–84} Animal studies have shown that minocycline is able to increase expression of antiapoptotic proteins and decrease expression of these proteins after treatment with transforming growth factor beta-2. Hydrogen peroxide can also be reversed by minocycline, which leads to inhibition of apoptosis.^{85,86} Minocycline may directly activate the kinase G pathway by activation of kinase G1, leading to increased expression of Bcl-2.^{19,87} Minocycline is able to block the mitochondrial permeability transition pore (a large-conductance mega channel in the inner mitochondrial membrane), inhibiting release of proapoptotic proteins from the mitochondria.^{88–91}

Minocycline has also been shown to reduce glutamate excitotoxicity in the glutamatergic pathways.^{92–99} It has been reported that minocycline-treated rat cortical neurons show increased cell viability following glutamate administration, which indicates that minocycline is able to reduce glutamate-induced neurotoxicity.^{92,93} GluR1 receptors, which are critical for the cognitive processes that are impaired in schizophrenia, has been shown to be involved in the pathobiology of schizophrenia.^{94,95} Minocycline affects a subtype of glutamate receptors known as GluR1 alpha-amino-3-hydroxy-5-methyl-4-isoxazole propionic acid (AMPA) receptors in neurons *in vitro* and in the CNS *in vivo*. Increased membrane localization of the GluR1 AMPA receptor improves glutamatergic activity and modulates neuroplasticity.⁹⁶ Overall, these findings suggest that minocycline has an antiapoptotic profile and is involved in several pathways known to be disturbed in schizophrenia.

Minocycline in schizophrenia: preclinical studies

Minocycline has been reported to reduce inflammation and provide neuroprotection in a variety of experimental models, including ischemic stroke, brain and spinal cord injury, multiple sclerosis, and Parkinson's disease, Alzheimer's disease, and Huntington's disease.¹⁷ Du et al

have reported on the neuroprotective effects of minocycline in animal models of stroke/ischemic injury and Huntington's disease, and shown that minocycline can prevent nigrostriatal dopaminergic neurodegeneration in the 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) mouse model of Parkinson's disease.⁹⁷ Minocycline has been shown to play an important role in the treatment of disorders involving neuronal damage.^{17,97} However, in a rat model of intracerebral hemorrhage, Wasserman et al found that minocycline did not reduce neuronal loss outside the hematoma or striatal tissue, despite reducing the number of neutrophils and activated microglia. These authors suggested that minocycline did not appear to target the mechanisms responsible for cell death in this model of intracerebral hemorrhage.⁹⁸ However, the complex behavioral tests needed to assess functional recovery in this model of intracerebral hemorrhage were not used, and it was not known whether rescuing the band of damaged neurons at the edge of the hematoma would have lasting benefits.

The neurotherapeutic potential of minocycline in the treatment of mental disorders has also been explored.^{19,99–101} It has been reported that minocycline is able to ameliorate behavioral changes as well as neurotoxicity at dopaminergic terminals after administration of methamphetamine, a compound that causes long-term cognitive deficits and psychiatric signs such as hallucination and delusions.⁹⁹ Hashimoto et al did a PET study in conscious monkeys, and found that minocycline attenuated the reduction of dopamine transporters in monkeys treated with methamphetamine. They suggested that minocycline protects against methamphetamine-induced neurotoxicity in the monkey brain.¹⁰² Levkovitz et al¹⁰⁰ compared the effects of minocycline and haloperidol in an animal model of schizophrenia (N-methyl-D-aspartate antagonist, dizocilpine maleate, MK801). After 3 days of treatment with minocycline 35 mg/kg/day, the rats were injected with MK801 and assessed using behavioral tests. The findings showed that MK801 caused cognitive visuospatial memory deficits and changes in sensorimotor gating, similar to those evident in schizophrenia. Minocycline reversed the cognitive effects of MK801, and the effect was similar to that of haloperidol. Levkovitz et al suggested that minocycline may be able to protect against the disturbed cognitive processes seen in the MK801 animal model of schizophrenia.¹⁰⁰ Zhang et al also indicated that minocycline attenuates the behavioral changes (such as acute hyperlocomotion and prepulse inhibition deficits) occurring in mice after administration of dizocilpine, and suggested that minocycline could be a potential therapeutic compound for schizophrenia.¹⁰³

Monte et al reported the prevention and reversal of ketamine-induced schizophrenia-related behavior by minocycline.¹⁰¹ Moreover, minocycline has been shown to have beneficial effects on cognition in animal models of schizophrenia. In a study by Fujita et al saline 10 mL/kg/day or phencyclidine 10 mg/kg/day were subcutaneously administered in mice for 10 days. Three days after the final dose of saline or phencyclidine, vehicle (10 mL/kg/day, physiologic saline) or minocycline (4.0 or 40 mg/kg/day) was administered intraperitoneally for 14 consecutive days. One day after the final injection, a novel object recognition test was performed, and it was found that phencyclidine-induced cognitive deficits in mice were significantly improved by subsequent subchronic administration of minocycline (40 mg/kg), suggesting minocycline could be a potential therapeutic compound for cognitive deficits in schizophrenic patients.¹⁰⁴ Improvement by minocycline of impaired recognition memory in methamphetamine-treated mice was also reported by Mizoguchi et al.¹⁰⁵

In summary, these findings indicate that minocycline may be useful in the treatment in schizophrenia. However, regardless of how encouraging the preclinical studies have been, clinical trials are required to verify these effects of minocycline.

Minocycline in schizophrenia: clinical studies

Miyaoka et al reported two cases of minocycline being used as adjunctive treatment. In these cases, minocycline produced a remarkable improvement in individuals with acute schizophrenia who had predominantly catatonic symptoms.¹⁰⁶ These observations are supported by a case report of a patient with schizophrenia given minocycline 200 mg/day for 8 weeks in addition to a stable dose of olanzapine 20 mg/day.¹⁰⁷ The combination of minocycline and antipsychotic treatment significantly reduced positive symptoms, with no negative symptoms seen in the baseline assessment. Significantly decreased hyperperfusion in the posterior cingulate gyrus along with a simultaneous improvement of positive symptoms was observed after treatment with minocycline. Based on these case reports, Miyaoka et al conducted an open-label study in 22 patients with schizophrenia, in whom minocycline was administered for 4 weeks as an adjunct to antipsychotic medication. Minocycline was initiated as 100 mg orally twice daily for the first week, and 150 mg orally three times daily from weeks 2 through 4. The patients showed statistically significant and robust clinical improvements on the Positive and Negative Syndrome Scale, and these improvements were maintained at the follow-up evaluation

4 weeks after the end of treatment with minocycline, with few adverse events.¹⁰⁸ However, this was an open-label study without a control group, and the effects of the adjunctive medication cannot be ruled out as an explanation for the observed improvement.

Interestingly, some studies indicate that minocycline may have specific effects on negative symptoms and impaired cognitive function in patients with schizophrenia, which contribute to their poor social and occupational functioning. Case reports indicate the effective role of add on minocycline in treating negative symptoms in schizophrenia.^{109,110} Recently, Levkovitz et al carried out a double-blind, randomized, placebo-controlled study demonstrating that add on treatment with minocycline 200 mg/day for 6 months had a beneficial effect on negative symptoms and general outcomes in patients with early-phase schizophrenia. A similar pattern was seen for cognitive functioning, mainly of the executive type, ie, working memory, cognitive shifting, and cognitive planning.¹¹¹ Seventy patients with early-phase schizophrenia were recruited for the study; however, of 54 patients randomly allocated in a 2:1 ratio to the minocycline group, only 13 completed the 6-month trial. This high dropout rate limits the reliability of the results of this study. Another randomized, double-blind, placebo-controlled clinical trial also suggested that addition of minocycline (200 mg/day for one year) to treatment as usual in patients with early psychosis could reduce negative symptoms without a detectable effect on cognition.¹¹² The investigators recruited 144 patients with psychosis (including schizophrenia, schizoaffective disorder, psychosis not otherwise specified, or schizophreniform disorder) within 5 years of first onset in Brazil and Pakistan, and 94 completed the trial. Although the dropout rates were not high when compared with other trials, the validity and reliability of cognitive measures in two different racial groups and cultures could have increased the variability of the results. In addition, neither the type nor dose of antipsychotic medication was controlled, which may have further increased the variability and obscured the effects of the medication. Sofuoglu et al showed that minocycline attenuated dextroamphetamine-induced subjective reward effects and improved reaction times on a Go No-Go task in healthy volunteers.¹¹³

Although case reports should be interpreted with caution and large-scale studies are needed to determine the effectiveness of minocycline and related compounds in clinical use, the results of the above studies suggest that minocycline may be a safe and effective adjunct to antipsychotic medication for the treatment of schizophrenia.

Conclusion

Although the etiology of schizophrenia remains unclear, there has been growing evidence suggesting that neuroinflammation, characterized by overactive microglia, plays an important role in the neuropathology of schizophrenia. The microglial hypothesis of schizophrenia may shed new light on a therapeutic strategy for the disease.^{1,16} According to this hypothesis and the results of previous related studies, we suggest that overactivation of microglia can lead to neuronal degeneration and abnormal development in the brain, and that this neuropathologic process may be more likely to result in negative symptoms and cognitive impairment in schizophrenia.^{1,16,21–23,48,49} Neuroinflammation could constitute the basic framework for further study in the neuropathology of negative schizophrenia.

As an inhibitor of microglial activation, minocycline has anti-inflammatory, antioxidant, and antiapoptotic properties, and can modulate glutamate-induced excitotoxicity. The therapeutic potential of minocycline has been demonstrated in studies using animal models of schizophrenia.^{19,99–105} In addition to the evidence presented here, recent clinical trials have demonstrated that minocycline can be used as an add on therapy in schizophrenia, especially for amelioration of negative symptoms.^{106–112}

Because of the limited and preliminary nature of the studies mentioned above, more detailed studies are required to determine whether minocycline is effective as an adjunctive treatment for symptoms in patients with schizophrenia who derive limited benefit from standard antipsychotic treatment. Moreover, considering the complicated etiology and heterogeneity of schizophrenia, it will be necessary to categorize the disease phenotype in further studies, including patient status and the severity of negative symptoms, which possibly need to be used as inclusion/exclusion criteria or stratifying variables. Finally, given the mechanism of action of minocycline and the data on the role of overactivated microglia in schizophrenia, future clinical studies should include inflammatory markers in blood or cerebrospinal fluid, and functional imaging such as PET to verify the hypothesis that subgroups of schizophrenic patients with neuroinflammation are the most appropriate candidates for augmentation therapy with minocycline.

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Disclosure

The authors report no conflicts of interest in this work.

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