

# Cost-Effectiveness Analysis of Spending on Research and Development to Address the Needs for Innovative Therapeutic Products in Indonesia

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Auliya A Suwantika <sup>1-3</sup>  
Angga P Kautsar <sup>4,5</sup>  
Neily Zakiyah <sup>1,2</sup>  
Rizky Abdulah <sup>1,2</sup>  
Cornelis Boersma <sup>6</sup>  
Maarten J Postma <sup>2,5-7</sup>

<sup>1</sup>Department of Pharmacology and Clinical Pharmacy, Faculty of Pharmacy, Universitas Padjadjaran, Bandung, Indonesia; <sup>2</sup>Center of Excellence in Higher Education for Pharmaceutical Care Innovation, Universitas Padjadjaran, Bandung, Indonesia; <sup>3</sup>Center for Health Technology Assessment, Universitas Padjadjaran, Bandung, Indonesia; <sup>4</sup>Department of Pharmaceutical and Pharmacy Technology, Faculty of Pharmacy, Universitas Padjadjaran, Bandung, Indonesia; <sup>5</sup>Unit of Global Health, Department of Health Sciences, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands; <sup>6</sup>Department of Economics, Econometrics & Finance, Faculty of Economics & Business, University of Groningen, Groningen, The Netherlands; <sup>7</sup>Unit of Pharmaco-Therapy, -Epidemiology & -Economics, University of Groningen, Department of Pharmacy, Groningen, The Netherlands

**Background:** The annual gross domestic expenditure on research and development (GERD) per capita of Indonesia (\$24) remains relatively lower than the annual GERD per capita of neighboring countries, such as Vietnam (\$36), Singapore (\$1804), Malaysia (\$361), and Thailand (\$111).

**Objective:** The aim of this study was to conduct a cost-effectiveness analysis of spending on healthcare R&D to address the needs of developing innovative therapeutic products in Indonesia.

**Methods:** A decision tree model was developed by taking into account four stages of R&D: stage 1 from raw concept to feasibility, stage 2 from feasibility to development, stage 3 from development to early commercialization, and stage 4 from early to full commercialization. Considering a 3-year time horizon, a stage-dependent success rate was applied and analyses were conducted from a business perspective. Two scenarios were compared by assuming the government of Indonesia would increase GERD in health and medical sciences up to 2- and 3-times higher than the baseline (current situation) for the first and second scenario, respectively. Cost per number of innovative products in health and medical sciences was considered as the incremental cost-effectiveness ratio (ICER). Univariate sensitivity analysis was conducted to investigate the effects of different input parameters on the ICER.

**Results:** There was a statistically significant association ( $P$ -value<0.05) between countries' GERD in medical and health sciences with the number of innovative products. We estimated the ICER would be \$8.50 million and \$2.04 million per innovative product for the first and second scenario, respectively. The sensitivity analysis showed that the success rates in all stages and total GERD were the most influential parameters impacting the ICER.

**Conclusion:** The result showed that there was an association between GERD in medical and health sciences with the number of innovative products. In addition, the second scenario would be more cost-effective than the first scenario.

**Keywords:** GERD, health and medical sciences, innovative product, cost-effective, ICER

## Introduction

Recent concerns about escalating healthcare expenditures and costs have sparked considerable public interest to accelerate the development of innovative therapeutic products as well as enhancing the efficiency of the process. As the results of research and development (R&D) in medical and health sciences, therapeutic products are considered as health products intended for use in humans for therapeutic, preventive, palliative, or diagnostic purposes.<sup>1</sup> According to the UNESCO Institute for Statistics, an innovative product can be defined as a good or service

Correspondence: Auliya A Suwantika  
Faculty of Pharmacy, Universitas Padjadjaran, Jl. Raya Bandung-Sumedang Km. 21, Jatinangor, Sumedang 45363, Indonesia  
Email auliya@unpad.ac.id

that is new or significantly improved with respect to its characteristics or intended uses.<sup>2</sup> Currently, the discussions on COVID-19 treatment illustrate the lack of innovative therapeutic products since the death cases of COVID-19 increase significantly, concentrate in the elderly population with chronic diseases, and give an impact on the importance of long-term care cost.<sup>3–5</sup>

In general, discussion on issues related to growing healthcare expenditure and R&D investments in the field of medical and health sciences have moved from an academic, pharmaceutical industry and government level to the broader stakeholders, including health insurance, which is a very important factor influencing the availability of long-term services in the healthcare system.<sup>6</sup> R&D in the field of medical and health sciences plays an important role in the healthcare system to prevent, diagnose, and treat diseases, and to improve patients' quality-of-life.<sup>7</sup> As the consequence of economic growth, increasing environmental problems also have led to serious health problems and have attracted great interest among countries around the world.<sup>6,8</sup> Countries' key contribution to global health and wealth is turning fundamental R&D into innovative treatments.<sup>9</sup> Investments in healthcare innovation are leading the way to solve emerging healthcare problems and driving contributions to the global economy. Significant investments over the past 10 years are beginning to pay off since it relates to the treatment of untreatable disorders and chronic diseases, one of the biggest cost drivers in the healthcare system today.

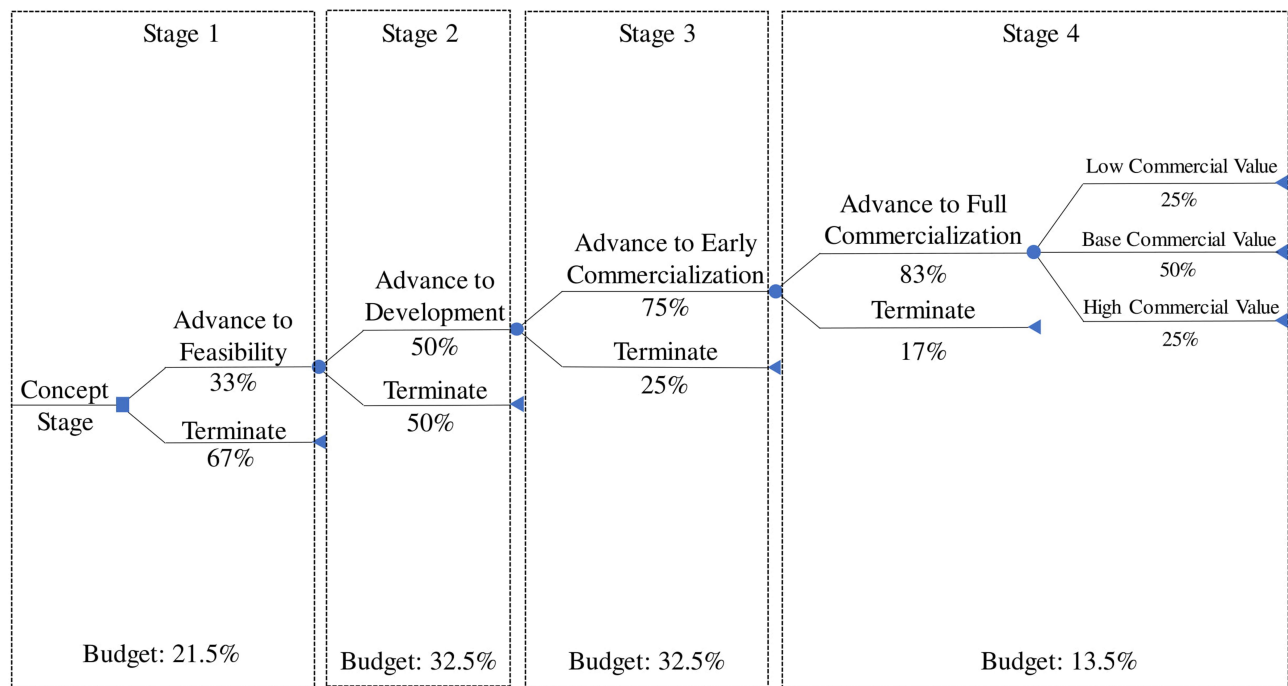
As the fourth most populous country in the world, Indonesia has made significant gains in the economic growth.<sup>10</sup> With a GDP per capita of about \$4050 in 2019, Indonesia is currently classified as an upper middle-income country with continued economic growth.<sup>11</sup> As one of the consequences, Indonesia is facing the challenge of increasing healthcare expenditures, by 222% in the last 8 years, also due to the strive of Indonesia to achieve universal healthcare coverage.<sup>12</sup> Compared with other middle-income countries, national healthcare spending in Indonesia (3.1% of GDP) remains below the average.<sup>13</sup> The gross domestic expenditure on R&D (GERD) of Indonesia is approximately \$6.3 billion in all fields of R&D.<sup>2</sup> The annual GERD per capita of Indonesia (\$24) remains relatively lower than the annual GERD per capita of neighboring countries, such as Vietnam (\$36), Singapore (\$1804), Malaysia (\$361), and Thailand (\$111).<sup>2</sup> Obviously, scarce resources should be deployed as efficient as possible by reducing costs and increasing

effectiveness.<sup>14–16</sup> Therefore, there is a growing need for innovative therapeutic products and its rational use, while reducing costs, specifically in a country with limited healthcare spending. To deal with these challenges, the government of Indonesia has put the healthcare sector as a priority in the 2020–2024 national development plan, with the objective to increase communities' wellbeing to the highest level possible for Indonesian people to lead healthy and productive lives.<sup>17</sup> As a public responsibility, it is necessary to spend increased investments in the healthcare sector as efficient as possible resulting in innovative therapeutic products. For that purpose, we conducted a cost-effectiveness analysis of spending on healthcare R&D to address the needs of innovative therapeutic products in Indonesia, by learning from the experience of other countries.

## Methods

To analyze the cost-effectiveness of healthcare R&D spending on innovation, a decision tree model was developed by taking into account four stages of R&D: stage 1 from raw concept to feasibility, stage 2 from feasibility to development, stage 3 from development to early commercialization, and stage 4 from early to full commercialization (see Figure 1). A stage dependent success rate was taken into account. The model used a 3-year time horizon and applied the business perspective. To estimate the success rates of each stage, we applied data from a study by Boer<sup>18</sup> that estimated the success rate for R&D stages to become innovations. To conform this study, we applied success rates at 33%, 50%, 75%, and 83% in stages 1, 2, 3 and 4, respectively.<sup>18</sup> In stage 4, three options for full commercialization were considered with their respective probabilities of occurrence: low at 25%, base at 50%, and high commercial value (innovative product) at 25%.<sup>18</sup>

We applied countries' science, technology, and innovation data from the UNESCO Institute for Statistics, which covered national data on GERD and human resources.<sup>2</sup> GERD activities are defined as the total expenditure on R&D performed on the national territory during a given period, including both current costs and capital expenditures.<sup>2</sup> In this study, we applied the following inclusion criteria, such as complete national data on GERD, GERD per capita, GERD per researcher, and GERD in medical and health sciences in the last 10 years. Data on GERD with an incomplete percentage of innovative products in medical and health sciences was excluded. A linear regression analysis was applied by



**Figure 1** Decision tree model.

considering countries' GERD in medical and health sciences as the independent variable, and the number of innovative products in medical and health sciences as the dependent variable. Before attempting to fit a linear model to observed data, a significant association between two variables was determined. A linear regression line resulted in an equation of the form  $Y=a+bX$ , where  $X$  is the explanatory/independent variable,  $Y$  is the dependent variable,  $b$  is the slope of the line, and  $a$  is the intercept (the value of  $Y$  when  $X=0$ ). Applying the current situation as the baseline, we estimated 18.7% of total GERD in Indonesia would be spent in medical and health sciences.<sup>19</sup> We assumed the government of Indonesia would increase GERD in health and medical sciences up to 2- and 3-times higher than the baseline for the first and second scenario, respectively. The formula was applied to estimate the increasing number of innovative products in medical and health sciences as a consequence of increasing the number of GERD in medical and health sciences in both scenarios.

To calculate the incremental cost-effectiveness ratio (ICER), we compared each scenario with the baseline. In particular, the number of innovative products in health and medical sciences was considered as the cost-effectiveness measure. This includes significant improvements in technical specifications, components, and materials,

incorporated software, user friendliness, or other functional characteristics.<sup>2</sup> In addition, to investigate the effects of different input parameters on the ICER, univariate sensitivity analysis was conducted by varying each parameter at a value of  $\pm 20\%$  while keeping other parameters constant.<sup>20</sup> All parameters that were used in the model can be seen in [Table 1](#).

## Results

Applying 164 countries' data on GERD and innovative products in medical and health sciences, we included only 16 countries' data that could meet the inclusion and exclusion criteria. These countries represent middle-income (Bulgaria, Ecuador, Kazakhstan, Serbia, and Ukraine) and high-income countries (Croatia, Denmark, Estonia, Hungary, Latvia, Malta, the Netherlands, Poland, Republic of Korea, Romania, and Uruguay). More detailed information about R&D performance of all included countries can be seen in [Table 2](#).

We found that there was a statistically significant association ( $P$ -value $<0.05$ ) between countries' GERD in medical and health sciences with the number of innovative products. A linear regression analyses resulted in an equation of  $Y=0.12+(4.00 \times 10^{-11})X$ , with  $R^2=0.79$  (see [Figure 2](#)). Applying GERD in medical and health sciences at \$3541 million and GERD per researcher in medical and

**Table 1** Parameters Used in the Model

Parameter	Value	Reference
<b>Success rate</b>		
Stage 1	33%	18
Stage 2	50%	18
Stage 3	75%	18
Stage 4	83%	18
Low commercial value	25%	18
Base commercial value	50%	18
High commercial value (innovative product)	25%	18
<b>R&amp;D budget</b>		
Gross domestic expenditure on R&D (GERD in US\$ million)	\$6307.26	2
% of GERD for medical and health sciences	18.72%	19
GERD (in US\$ million) for medical and health sciences (baseline)	\$1180.45	Calculation
GERD (in US\$ million) for medical and health sciences (scenario 1)	2x baseline	Assumption
GERD (in US\$ million) for medical and health sciences (scenario 2)	3x baseline	Assumption
GERD (in US\$ million) for medical and health sciences per researcher	\$0.14	
Shared budget of stage 1	21.50%	35
Shared budget of stage 2	32.50%	35
Shared budget of stage 3	32.50%	35
Shared budget of stage 4	13.50%	35
<b>Innovative products</b>		
% of innovative products in health and medical sciences (baseline)	16.97%	Calculation
% of innovative products in health and medical sciences (scenario 1)	20.83%	Calculation
% of innovative products in health and medical sciences (scenario 2)	28.36%	Calculation

health sciences at \$0.14 million, we estimated the percentage of innovative products would be 16.97%. We also estimated the number of outcomes in stages 1, 2, 3, and 4 would be 5511, 1871, 953, and 537, respectively. In particular, approximately 91 innovative products in medical and health sciences would be resulted in a 3-year time horizon.

Applying the same approach and time horizon, we estimated the percentage of innovative products in the first scenario would be 20.83%. We estimated the number of outcomes in stages 1, 2, 3, and 4 would be 13,531, 5638, 3,5243 and 2437, respectively. As its consequence, approximately 508 innovative products in medical and health sciences would be resulted. For the second scenario,

we estimated the percentage of innovative products would be 28.36%. We estimated the number of outcomes in stages 1, 2, 3, and 4 would be 27,627, 15,669, 13,330, and 12,550, respectively. We also estimated the number of innovative products in medical and health sciences would be approximately 3559 in a 3-year time horizon.

Considering the number of innovative products in medical and health sciences as the effectiveness of R&D process, we estimated the ICER would be \$8.50 million and \$2.04 million per innovative product for the first and second scenario, respectively (see Table 3). Taking several parameters into account (eg, the success rate of stage 1, 2, 3, and 4, shared budget of stage 1, 2, 3, and 4, and total GERD for health and medical sciences), the sensitivity analysis showed that the success rates in all stages and total GERD were the most influential parameters impacting the ICER (see Table 4).

## Discussion

R&D plays an extremely important role in the healthcare sector, specifically in prevention and treatment of diseases since it would provide greater benefits and yield better care and services for patients. Healthcare innovations can potentially bring savings, higher quality of therapeutic products, and the avoidance of errors to the society. Even though healthcare technology is one of the most innovative industries, its pattern has been the same for decades. This situation brings a potential space for innovations, where healthcare R&D can play an important role as an innovation driver. As a country with emerging middle-class population, demand for innovative therapeutic products in Indonesia is increasing. Nevertheless, innovation rate remains quite modest compared to huge R&D investment, as occurred in other similar countries.<sup>21</sup> This situation will continue to experience serious obstacles in the fiscal feasibility of national healthcare system.<sup>22</sup> Using essential medicine as a reference case, about 201 essential medicines were considered to be unaffordable in low- and middle-income countries, including in Indonesia.<sup>23</sup> The price of the raw medicine substance or active pharmaceutical ingredient is considered to be the most significant component cost of essential medicine production.<sup>23–27</sup> An earlier estimation put the number of people lacking regular access to essential medicines at one-third of the global population,<sup>28</sup> which highlights that the lack of access to affordable therapeutic products remains a major global health burden.<sup>29</sup> Even though there are many pharmaceutical companies in Indonesia, approximately 90% of raw

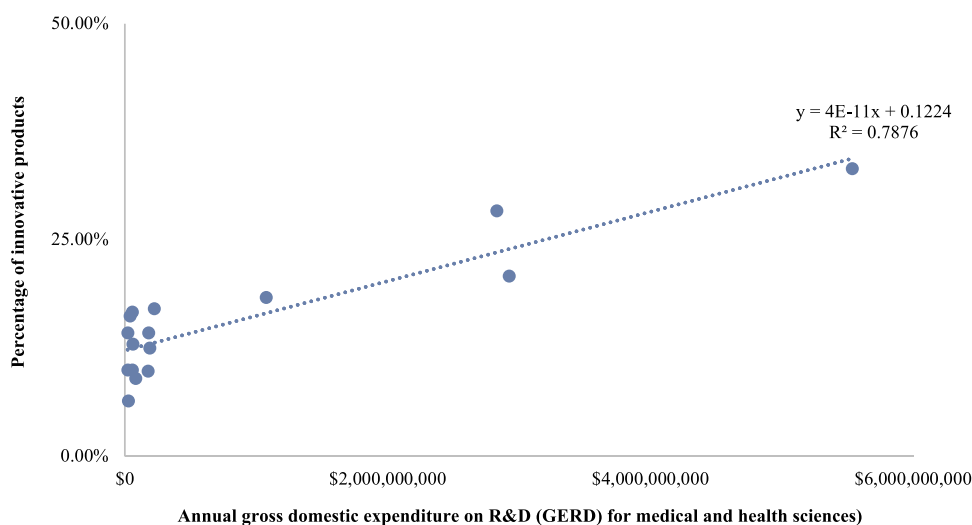
**Table 2** R&D Performance of All Included Countries<sup>2</sup>

No.	Country	Country Classification by Income Level	Government Expenditure on R&D (GERD, Million)	GERD per Capita	GERD per Researcher (Million)	GERD in Medical and Health Sciences (Million)	Innovative Products in Medical and Health Sciences
1	Bulgaria	Middle-income	\$1068.38	\$149	\$0.07	\$297.96	12.50%
2	Croatia	High-income	\$869.02	\$206	\$0.12	\$182.11	14.29%
3	Denmark	High-income	\$8756.07	\$1536	\$0.20	\$2924.93	20.83%
4	Ecuador	Middle-income	\$734.52	\$46	\$0.12	\$31.84	16.22%
5	Estonia	High-income	\$578.95	\$439	\$0.13	\$55.32	16.67%
6	Hungary	High-income	\$3656.33	\$374	\$13	\$226.23	17.07%
7	Kazakhstan	Middle-income	\$674.41	\$38	\$0.05	\$28.20	6.38%
8	Latvia	High-income	\$298.33	\$150	\$0.08	\$24.83	10.00%
9	Malta	High-income	\$109.23	\$252	\$0.13	\$21.08	14.29%
10	Netherlands	High-income	\$17,710.53	\$1044	\$0.21	\$2831.43	28.36%
11	Poland	High-income	\$10,651.89	\$280	\$0.16	\$1076.54	18.38%
12	South Korea	High-income	\$81,556.19	\$1603	\$0.22	\$5537.41	33.24%
13	Romania	High-income	\$2142.29	\$108	\$0.12	\$179.00	9.86%
14	Serbia	Middle-income	\$897.37	\$127	\$0.06	\$56.55	9.98%
15	Ukraine	Middle-income	\$2123.04	\$49	\$0.05	\$84.42	9.00%
16	Uruguay	High-income	\$281.47	\$82	\$0.12	\$43.38	12.99%

medicine substances are still imported.<sup>30</sup> The export value of the Indonesian pharmaceutical industry (\$0.14 billion) was reported to be much lower than the import value (\$1.5 billion).<sup>31</sup> This situation is mainly caused by the lack of R&D innovation in this industry in Indonesia. The results of this study showed that there was a statistically significant association between GERD in medical and health sciences with the number of innovative products. This study also highlighted that increasing GERD in medical and health sciences can encourage

a higher number of new products and sales revenue, which is linear with the result of a previous study in Indonesia.<sup>32</sup>

It is well known that innovations on therapeutic products are challenging, which are characterized by uncertainty, risk, and complexity. As a highly regulated and R&D driven industry, sustainable innovations are required to be developed and implemented according to structured, systematic, and methodologically strict processes. This also includes a practical innovation

**Figure 2** Linear regression analysis on countries' GERD for medical and health sciences with the percentage of innovative products.

**Table 3** Incremental Cost-Effectiveness Ratio (ICER) in a 3-Year Time Horizon Analysis

Intervention	Value
<b>Baseline</b>	
GERD for medical and health sciences (US\$ million)	\$3541.34
Number of R&D ideas	24,601
Stage 1 (22.40%)	5511
Stage 2 (33.94%)	1871
Stage 3 (50.92%)	953
Stage 4 (56.35%)	537
Number of innovative products (16.97%)	91
<b>Scenario 1</b>	
GERD for medical and health sciences (US\$ million)	\$7082.67
Number of R&D ideas	49,203
Stage 1 (27.50%)	13,531
Stage 2 (41.67%)	5638
Stage 3 (62.50%)	3524
Stage 4 (69.17%)	2437
Number of innovative products (20.83%)	508
ICER (cost in US\$ million per innovative product)	\$8.50
<b>Scenario 2</b>	
GERD for medical and health sciences (US\$ million)	\$10,624.01
Number of R&D ideas	73,804
Stage 1 (37.43%)	27,627
Stage 2 (56.72%)	15,669
Stage 3 (85.07%)	13,330
Stage 4 (94.15%)	12,550
Number of innovative products (28.36%)	3559
ICER (cost in US\$ million per innovative product)	\$2.04

process according to different phases, which on the one hand leaves enough space for creativity, but also leads to the goal in a focused manner. In general, there are four phases of innovation: idea, concept, solution, and market.<sup>33</sup> In this study, we developed a decision tree model by taking into account four stages of R&D and the success rates of each stage. Obviously, each stage has its own characteristics. Typically, the rates in the initial stages are reported to be lower (33–50%) than in the development stages (75–83%). This situation might be caused by the fact that the initial stages usually tend to be less structured and the development stages are very process-oriented and focused.<sup>33</sup> In stage 4, three options for full commercialization were considered with their respective probabilities of occurrence: low at 25%, base at 50%, and high commercial value at 25%. In the healthcare sector, new products take the form of raw materials, intermediate and final products with low, base, and high commercial value, respectively.

**Table 4** Cost per Innovative Product on the Sensitivity Analysis

Parameter	ICER (US\$ million)	
	Scenario 1	Scenario 2
Baseline	\$8.50	\$2.04
Success rate of stage 1 (+20%)	\$7.01	\$1.68
Success rate of stage 1 (-20%)	\$10.79	\$2.59
Success rate of stage 2 (+20%)	\$7.08	\$1.70
Success rate of stage 2 (-20%)	\$10.62	\$2.55
Success rate of stage 3 (+20%)	\$7.08	\$1.70
Success rate of stage 3 (-20%)	\$10.62	\$2.55
Success rate of stage 4 (+20%)	\$7.05	\$1.70
Success rate of stage 4 (-20%)	\$10.69	\$2.57
GERD for medical and health sciences (+20%)	\$10.20	\$2.45
GERD for medical and health sciences (-20%)	\$6.80	\$1.63
Shared budget of stage 1 (+20%)	\$8.88	\$2.13
Shared budget of stage 1 (-20%)	\$8.12	\$1.95
Shared budget of stage 2 (+20%)	\$9.05	\$2.18
Shared budget of stage 2 (-20%)	\$7.95	\$1.91
Shared budget of stage 3 (+20%)	\$9.05	\$2.18
Shared budget of stage 3 (-20%)	\$7.95	\$1.91
Shared budget of stage 4 (+20%)	\$8.71	\$2.09
Shared budget of stage 4 (-20%)	\$8.29	\$1.99

It has been noticed that the cost of developing a successful therapeutic product is very costly, reflecting the various technical, regulatory, and economic challenges facing R&D pipelines.<sup>34</sup> Additionally, R&D in this industry is marked by high failure rates causing many companies to experience lost R&D investments.<sup>35</sup> An early-phase compound may have a promising outlook, but only clinical trials will demonstrate its efficacy, quality, and safety. In addition, lost investments may increase when a failure occurs in later R&D phases. A failure in the last stage is significantly more costly than in the initial stage because each phase is associated with a certain amount of required investment. To minimize the risk of failure, the implementation of the Quadruple Helix model should be optimized in Indonesia. In this model of the knowledge-based economy, the main institutions to first invest in R&D have been defined as university, industry, government, and society.<sup>36</sup> Learning from the experience of agriculture R&D in Indonesia, public engagement on the R&D process can promote higher productivity by improving the interaction between physical and human capital production inputs among all stakeholders.<sup>37</sup>

In a comparison with the average GERD per capita of 16 countries in this study (\$405), GERD per capita in

Indonesia (\$24) remains relatively low.<sup>2</sup> In this study, we compared two scenarios that were based on international benchmarking data from other countries by analyzing their R&D performance in medical and health sciences and using the number of innovative products as the effectiveness of R&D process. Assuming the government of Indonesia would increase GERD in health and medical sciences up to 2- and 3-times higher than the baseline for the first and second scenario, respectively, the result showed that the second scenario would be more cost-effective than the first scenario in the context of cost per innovative product that can be produced. To enhance the cost-effectiveness value, there is a strong relationship between industry capabilities and innovation incentives, implying that an optimal outcome can only be achieved through the rigorous implementation of approaches.<sup>38</sup> Another critical issue is the importance of the Indonesian government's role in prioritizing innovation incentives to encourage R&D in medical and health sciences, which consistently presents the strongest causal relationship in the current situation and in the future.<sup>38</sup> Furthermore, the sensitivity analysis in this study showed that the success rate on each stage and total GERD were the most influential parameters impacting the cost-effectiveness value. Given the limited budget of R&D, these results are not to diminish the innovative drive of the healthcare industry in Indonesia but rather to encourage adoption of a new model of innovation. In Indonesia, the government provides the major share in total healthcare R&D spending, which is different with the situation in HICs where the private sector contributions make up 60% of R&D investment.<sup>39</sup> Open collaboration by facilitating partnerships involving academia and the public and private sectors are ways to increase the effectiveness of the R&D process in the healthcare sector.<sup>35</sup> These collaborations facilitate the sharing of expertise and technologies such as compound libraries in order to accelerate the invention of therapeutic products in Indonesia. In the context of sustainability, WHO's recommendations to strengthen R&D capacity can be implemented by the government of Indonesia, such as capacity building and technology transfer, promotion of partnerships and collaborations based on joint agendas and priority setting, development and retention of human resources and expertise, institutional and infrastructure development, and sustainable medium- and long-term collaborations.<sup>40</sup>

This is the first study to analyze the cost-effectiveness of healthcare R&D spending to address

the challenges of innovative therapeutic products in Indonesia. Some limitations apply to our study. We developed a decision tree model by taking into account four stages of R&D innovations. Despite the majority of parameters being derived from country-specific data, we applied international data on the success rates and distribution of the R&D budget of each stage due to the lack of local data. To deal with the uncertainty, we took these issues into account in the sensitivity analysis. Despite the inherent limitations discussed, the current work represents a valid initial overview to evaluate substantial R&D investment in the healthcare sector to systematically address the challenges of innovative therapeutic products' development in Indonesia by drawing on experiences of other countries.

In countries with complex healthcare problems, setting healthcare R&D priorities appears to be important since it represents the most urgent needs to address health risks of the population.<sup>41-44</sup> In the context of Indonesia, the current major challenge in healthcare R&D is associated with the rising prevalence of NCDs and their associated risk factors since these diseases have long duration and generally slow progression. NCDs are closely related to the increased longevity of most contemporary societies, which pose substantial challenges to the health financing sustainability.<sup>45</sup> To deal with this issue, countries' capability and willingness to invest resources could strengthen efforts for eradicating NCDs.<sup>46</sup> Public and private donors have marshaled resources and created organizational structures to accelerate the development of new therapeutic products.<sup>47</sup> Major challenges continue to be population aging, the rising incidence of lifestyle diseases, universal health coverage, and inequities to healthcare access.<sup>48</sup> These challenges can be attributed to inefficient resource allocation strategies in the healthcare system and unsatisfactory funding strategies.<sup>48</sup> The last few years have been marked by a bold increase in countries' healthcare spending.<sup>49</sup> In Indonesia, increasing healthcare spending is associated with relying heavily on the development assistance, specifically for the pursuit of universal health coverage. Learning from the experience of Brazil, Russia, India, China, and South Africa, successful health reforms in leading emerging markets require an effective healthcare system management, which will significantly assist countries to achieve common health goals (eg, decreasing NCDs and increasing life expectancy) and to catch up with innovative therapeutic products.<sup>50</sup>

## Conclusion

The result of this study showed that there was a statistically significant association between GERD in medical and health sciences with the number of innovative products. Assuming the government of Indonesia would increase GERD in health and medical sciences up to 2- and 3-times higher than the baseline (current situation) for the first and second scenario, respectively, the result showed that the second scenario would be more cost-effective than the first scenario in the context of cost per innovative product that can be produced. The sensitivity analysis showed that the success rates in all stages and total GERD were the most influential parameters impacting the ICER.

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