

LncRNA *GAS5* Suppressed Proliferation and Promoted Apoptosis in Laryngeal Squamous Cell Carcinoma by Targeting *MiR-26a-5p* and Modifying *ULK2*

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Purpose: Long noncoding RNAs growth arrest-specific 5 (*GAS5*) exerts important functions in modulating various tumor behaviors. However, the role of lncRNA *GAS5* in laryngeal squamous cell carcinoma (LSCC) remains unknown.

Materials and Methods: Cell viability and apoptosis were, respectively, detected by cell counting kit-8 and flow cytometry, DIANA-LncBase V, Starbase, TargetScan and a dual-luciferase reporter gene assay were employed to assess the relationship among *GAS5*, miR-26a-5p and uncoordinated 51-like kinase 1 (*ULK2*), and quantitative reverse transcription-polymerase chain reaction (qRT-PCR) and Western blot were performed to detect the expression of autophagy-relative factors.

Results: The expression level of *GAS5* was frequently decreased in LSCC cell lines, and up-regulated *GAS5* inhibited AMC-HN-8 cells viability and induced apoptosis. More importantly, we found that *GAS5* activated autophagy, with enhanced autophagy-related proteins after *GAS5* overexpression. While down-regulated *GAS5* had opposite results in Tu 177 cells, *GAS5* was found to act as a microRNA sponge in a pathway to regulate miR-26a-5p and its target gene *ULK2*. MiR-26a-5p mimics inhibited apoptosis and autophagy, which were reversed by *GAS5* and si*GAS5* in AMC-HN-8 cells and Tu 177 cells, as well as *ULK2* in AMC-HN-8 cells. Meanwhile, the concomitant downregulation of *ULK2* and miRNA-26a-5p inhibitor decreased the miRNA-26a-5p inhibitor-induced apoptosis and autophagy.

Conclusion: This is the first report of lncRNA *GAS5* acting as a tumor suppressor in LSCC by regulating the miR-26a-5p/*ULK2* axis, and it could be a new target for gene therapy in LSCC.

Keywords: long noncoding RNAs growth arrest-specific 5, laryngeal squamous cell carcinoma, miR-26a-5p, apoptosis, autophagy

Introduction

Laryngeal cancer is a common head and neck cancer. In many areas, it is second only to nasopharyngeal carcinoma in head and neck tumors. Clinically, laryngeal cancer is mainly characterized by hoarseness, dyspnea, and neck mass. The incidence rate of laryngeal cancer in men is higher than in women, with about 10:1 ratio of male to female incidence in the world.¹ Although treatment of laryngeal cancer has been developed for over one hundred years, the related pathogenesis and treatment mechanism of basic have been in progress, the treatment effect is still not

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satisfactory, postoperative health conditions, particularly the survival rate remains to be an improvement. Thus, it is of important significance to explore a new therapeutic strategy for the treatment of the cancer.

The mammalian genome-wide report shows that about 70–80% of DNAs in genes are transcribed, but protein-coding genes actually account for only 1–2% of the genome.² The other RNA, which is transcribed but does not have the protein-coding ability, is called non-coding RNA.^{3,4} In the past, non-coding RNAs have been considered as transcriptional noise without any biological function. With the in-depth study of epigenetics and genomics, despite being unable to be translated into proteins, the non-coding RNAs have been found to participate in various important regulatory processes such as epigenetics, regulation of gene expression at transcription and post-transcription levels, and are closely related to the occurrence and development of human diseases.⁵

GAS5 gene is located on chromosome 1q25, including 12 exons, and cannot encode protein *GAS5*.^{6,7} *GAS5* was found in NIH3T3 cells by subtractive hybridization, and its expression was up-regulated when cell growth was inhibited, hence the name^{8,9}. The transcription of *GAS5* is widely expressed in tissues, but its expression level is not stable.¹⁰ In recent years, a large number of studies have found that the expression level of lncRNA *GAS5* is significantly different in various human tumor tissues and normal tissues.^{11–13} Although this change in the expression level cannot be criticized as a possible secondary change caused by the tumor, studies have also confirmed that *GAS5* can play an important inhibitory role in the process of cell malignant transformation by regulating a variety of cell signaling pathways.^{14–16} However, the mechanism of lncRNA *GAS5* on autophagy of laryngeal squamous cell carcinoma cells has not been reported.

Autophagy, also known as type 2 cell death, is a form of programmed cell death characterized by the aggregation of autophagosomes.¹⁷ Autophagy is closely related to tumors.¹⁸ On the one hand, autophagy could not only maintain the survival of tumor cells in the case of hypoxia and nutritional restriction but also protect cancer cells against injury when they are subjected to chemotherapy and radiotherapy, reducing the effect of chemotherapy and radiotherapy.¹⁹ On the other hand, excessive autophagy could also lead to autophagy death or apoptosis.²⁰ This suggests that

autophagy may play different roles in different types of tumors or in different stages of the same tumor. Therefore, exploring the autophagy mechanism is extremely important for the study of cancer, including laryngeal cancer.

Based on the above background, this study explored the role of lncRNA *GAS5* in the pathogenesis of laryngeal squamous cell carcinoma cell lines, and studied the relationship between lncRNA *GAS5* and tumor autophagy, for the clinical treatment of laryngeal squamous cell carcinoma to provide theoretical and experimental basis.

Materials and Methods

Cells and Cultivation

Human normal immortalized epidermal cell line HaCaT and human LSCC cell line AMC-HN-8 were sourced from Shanghai Institute of Biochemistry and Cell Biology (Shanghai, China), Tu 177 was sourced from Shanghai Baili Biotechnology Co., Ltd. (Shanghai, China), SNU-46, SNU-899 and SNU-1076 were sourced from the Korean cell bank. The cells were plated in a 60 mm cell culture dish and cultured in Dulbecco's modified Eagle's medium (DMEM; Invitrogen, Carlsbad, CA, USA) containing 100 µg/mL streptomycin, 100 U/mL penicillin (HyClone, Logan, UT, USA) and 10% fetal bovine serum (FBS; HyClone), in a saturated humidity environment with 5% CO₂ at 37°C. After culture, the relevant molecular biology test was performed after the cells were grown to about 80% confluence.

Cell Transfection

AMC-HN-8 cells were used to transfect lncRNA-*GAS5* and ULK2 plasmid, and plasmid transfection was carried out using Lipofectamine 2000 kit (cat. no. 11668–019; Invitrogen). The pcDNA3.1 plasmids were synthesized from GenePharma (Shanghai, China). Briefly, two 1.5 mL DEPC-treated RNase FREE sterile EP tubes were prepared, 250 µL OPTI-MEM medium was added to each tube, 4 µg of plasmid was added to one tube, and 10 µL of Lipofectamine 2000 transfection reagent was added to the other tube. The two tubes were mixed together, centrifuged carefully, kept to stand for 20 min at room temperature, and add to the corresponding six-well plates.

AMC-HN-8 cells and Tu 177 cells were used to transfect *GAS5* overexpression vector, *GAS5*-siRNA, miR-26a-5p mimic (M), mimic control (MC), inhibitor (I), inhibitor control (IC) and ULK2-siRNA, respectively, two 1.5 mL DEPC-treated RNASE FREE sterile EP tubes were prepared, 250 μ L OPTI-MEM medium and 100 μ L of serum-free medium were added to each tube, per 150 ng of the siRNA was added to the EP tube, and 12 μ L of Lipofectamine 2000 transfection reagent was added to each tube. The mixture was mixed by inversion for 10 seconds, carefully mixed, and allowed to stand at room temperature for 10 min to be added to the corresponding 6-well plate. After 24 h of transfection, biological operations such as qRT-PCR were performed.

CCK-8 Detects Cell Viability

After 24 h of transfection, the cells were laid into 96-well plates, and then cells were digested with trypsin, counted, and then resuspended in complete medium. The cell density was adjusted to 5×10^4 cells/mL, and 100 μ L medium was added to each well. After 24 h of culture, 100 μ L of complete medium containing 10% CCK-8 was added to the cells and incubated at 37°C for 2 h, and the absorbance at OD 450 nm was measured. Cell viability was performed according to the instructions of the CCK-8 kit (Sigma-Aldrich, Merck KGaA, Darmstadt, Germany).

Reverse Transcription Quantitative Polymerase Chain Reaction

Cell lysis: Cells in logarithmic growth phase were taken out and washed twice with PBS, and 700 μ L of TRIZOL was added to each tube, and allowed to stand at room temperature for 5 min. Three-phase separation: 150 μ L of chloroform was added to cells and centrifuged at

12,000 \times g for 15 min at 4°C. After centrifugation, the mixture will be divided into three layers. RNA precipitation: The supernatant after centrifugation was carefully pipetted into a new 1.5 mL RNase FREE centrifuge tube, 400 μ L of isopropanol was added, mixed, and allowed to stand at room temperature for 15 min, and then centrifuged at 12,000 \times g for 10 min at 4°C. RNA cleaning: The supernatant after centrifugation was carefully pipetted into a new 1.5 mL RNase FREE centrifuge tube, and 750 μ L of 0.1% DEPC water in 70% ethanol was added, mixed, and centrifuged at 8000 \times g for 5 min at 4°C. RNA solubilization: The supernatant was discarded, and the precipitate in the tube was placed on a clean bench for air drying. After air drying, 15 μ L DEPC water was added to dissolve the RNA. RNA concentration test: RNA concentration was measured using a NanoDrop™ 2000 spectrophotometer (Thermo Fisher Scientific, Inc.) with a standard of 260/280 ratio between 1.8 and 2.0. Reverse transcription: The oligo-dT or stem-loop reverse transcriptase primers (Takara Bio, Inc., Otsu, Japan) were used to obtain cDNA and the reaction conditions were as follows: 42°C for 60 min, 70°C for 5 min, and 4°C for preservation. Amplification: qPCR was performed by the SYBR® Premix Ex Taq™ II (Takara Bio Inc.) using real-time PCR Detection System (ABI 7500, Life technology, United States). PCR reaction conditions were as follows: pretreatment at 95°C for 10 min; followed by 40 cycles of 94°C for 15 s, 60°C for 1 min, finally at 60°C for 1 min and at 4°C for preservation. The $2^{-\Delta\Delta Cq}$ method was used to process the data. The primers used in this experiment as Table 1.

Western Blot

The medium in the 6-well plate was discarded 24 h after cell transfection, the cells were washed twice with

Table 1 Primers for RT-qPCR

Genes	Forward (5'-3')	Reverse (5'-3')
GAS5	CACACAGGCATTAGACAGA	GCTCCACACAGTGTAGTCA
miR-26a-5p	TTGGATCCGTCAGAAATTCTCTCCC GAGG	GGTCTAGATGTGAACTCTGGTGTG GTGC
LC3I	TTACACCCATATCAGATTCTTG	ATTGGAAGGTGTGGGTCA
LC3II	AGTGAAGTGTAGCAGGATGA	AAGCCTTGTGAAGGAGAT
p62	GCACACCAAGCTCGCATTG	ACCCGAAGTGTCCGTGTTTC
Beclin I	AAGACAGAGCGATGGTAG	CTGGGCTGTGGTAAGTAA
GAPDH	AGAAGGCTGGGGCTCATTTG	AGGGGCCATCCACAGTCTTC
U6	CTCGCTTCGGCAGCACA	AACGCTTCACGAATTTGCGT

pre-cooled PBS, and 150 μ L of cell lysate containing protease inhibitor and phosphorylase inhibitor was rapidly added to each well, BCA kit is used to detect protein concentration and the protein concentration was adjusted to 5 μ g/ μ L. 30 μ g samples were separated by 10% SDS-PAGE gels and transferred to polyvinylidene fluoride (PVDF, Bio-Rad Laboratories, Inc., Hercules, CA, USA). The PVDF membrane was blocked in 5% nonfat milk at room temperature for 1 h, and the target primary antibody was incubated in the corresponding protein band at 4°C overnight. After washing the membrane 3 times with PBST buffer, the target band was incubated with a secondary antibody for 1 h at room temperature. The developer is developed, and the gray value of the strips was analyzed and counted by imageJ (version 5.0; Bio-Rad, Hercules, CA, USA). The primary antibody as followed: anti-LC3I (19 kDa; rabbit; 1:1000; ab48394; abcam), anti-LC3II (17 kDa; rabbit; 1:1000; ab48394; abcam), anti-p62 (51 kDa; mouse; 1:1000; ab56416; abcam), anti-Beclin1 (52 kDa; rabbit; 1:1000; ab62557; abcam), anti-ULK2 (113 kDa; rabbit; 1:1000; ab97695; Abcam) and anti-GAPDH (36 kDa; mouse; 1:1000; ab8245; Abcam). The secondary antibody was horseradish peroxidase (HRP)-conjugated goat anti-mouse/rabbit IgG, 1:2000; sc-516102/sc-2357 (Santa Cruz Biotechnology, Inc. Dallas, TX, USA).

Annexin-V FITC/PI Double Staining for Detection of Apoptosis

After 24 h of transfection, the cells were trypsinized, centrifuged, and the supernatant was discarded, and 500 μ L of 1 \times Annexin-V binding solution prepared in advance was added to prepare a cell suspension at a final concentration of 1 \times 10⁶ cells/mL. Cells were stained with 5 μ L of Annexin-V at room temperature for 10 minutes in the dark, and 10 μ L of PI. Flow cytometry (version 10.0, FlowJo, FACS CaliburTM, BD, Franklin Lakes, NJ, USA) was used for detection; briefly, Annexin-V FITC was detected by FL1 channel, PI was detected by FL2 channel, and data were analyzed by flow software. Annexin-V+/PI+ and Annexin-V+/PI- are the total number of apoptosis.

Bioinformatic Analysis

The miRNAs that may bind with LncRNA *GAS5* were identified using DIANA-LncBase V2 and starBasev2.0

according to the high binding potency, and the target genes of miR-26a-5p were identified using the TargetScan 7.2 according to cumulative weighted context scores.

Luciferase Reporter Assay

Luciferase reporter assay was performed between LncRNA *GAS5* and miR-26a-5p, AMC-HN-8 cells were seeded into 24-well plates. After 24 h incubation, 6 ng of pmirGLO report vector carrying wild type (WT) or mutated (Mut) *GAS5* was co-transfected with 100 nM miR-26a-5p mimic or 100 nM miR-26a-5p mimic control into the AMC-HN-8 cells. Luciferase reporter assay was also carried out between miR-26a-5p and ULK2, AMC-HN-8 and Tu77 cell lines were seeded into 24-well plates. After 24 h incubation, 6 ng of pmirGLO report vector carrying WT or mutated Mut ULK2 was co-transfected with 100 nM miR-26a-5p mimic or 100 nM inhibitor into the AMC-HN-8 cells and Tu77 cell lines, respectively. Luciferase activities were examined with a dual-luciferase Reporter System (Promega, Madison, Wisconsin, USA).

Statistical Analysis

GraphPad Prism 7 was used to analyze the correlative differences. The value was presented as the mean \pm S.E. M. Student's *t* test and analysis of variance (ANOVA) were used to analyze the statistical significance for the comparisons of two groups and multiple groups. Statistical significance was set at $P < 0.05$.

Results

GAS5 Was Low Expressed in LSCC Cell Lines, and Overexpression of *GAS5* Suppressed Proliferation and Induced Apoptosis of LSCC Cells

To verify the abnormal expression of *GAS5*, we performed qRT-PCR assay to determine its expression in 5 LSCC cell lines and normal human immortalized epidermal cell line HaCaT. Compared with HaCaT cells, the expression of *GAS5* in the 5 LSCC cell lines, AMC-HN-8, Tu 177, SNU-46, SNU-899 and SNU-1076, had a marked down-regulation, especially in AMC-HN-8 cells, while a comparative lower reduction was shown in Tu 177 cells (Figure 1A). To better reflect the biological function of *GAS5* in LSCC, *GAS5* and si*GAS5* were transfected into AMC-HN-8 cells and

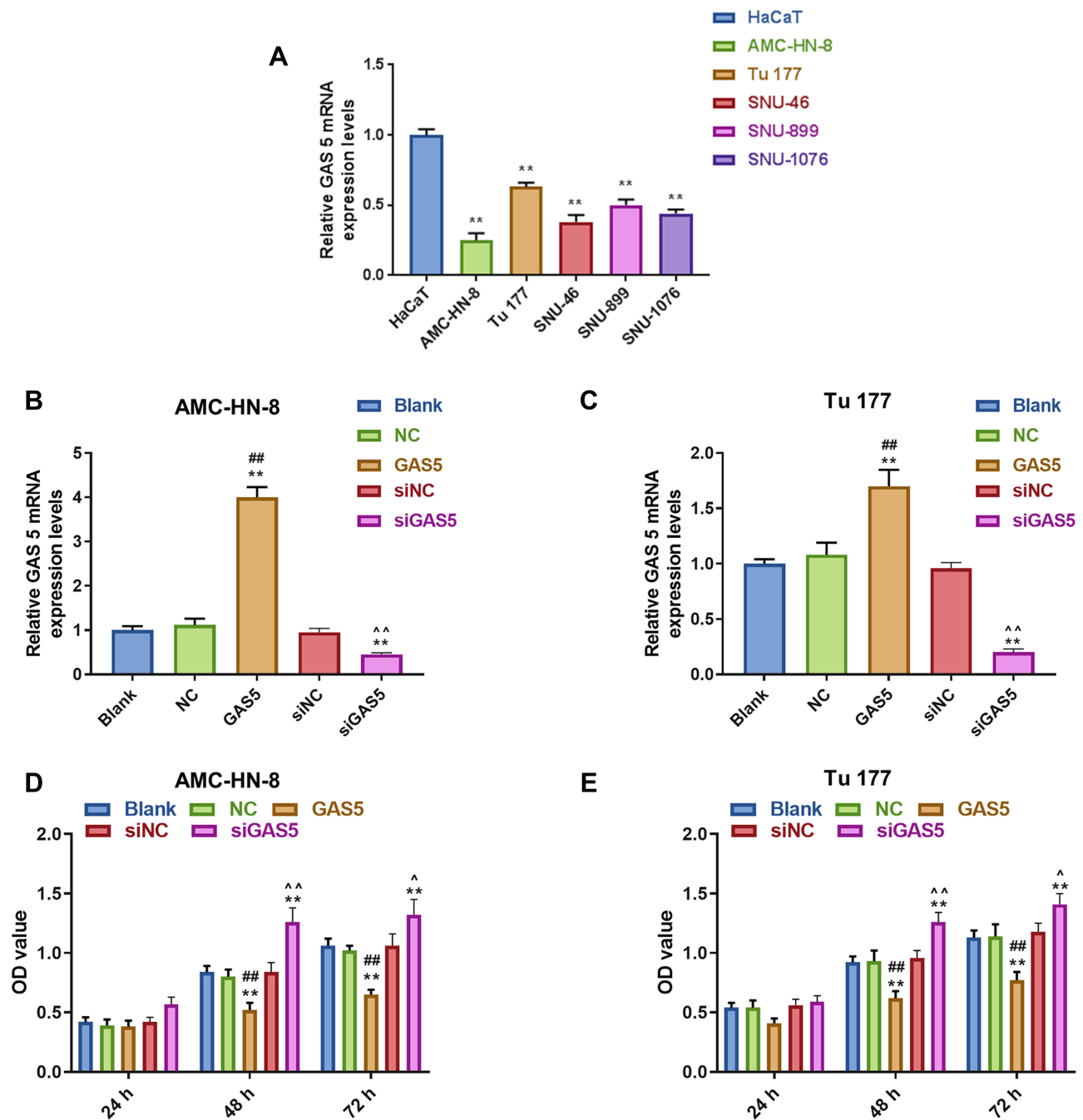


Figure 1 Expression of LncRNA GAS5 was downregulated in LSCC. **(A)** The expression of GAS5 in 5 LSCC cell lines (AMC-HN-8, Tu 177, SNU-46, SNU-899 and SNU-1076,) and a normal human immortalized epidermal cell line (HaCaT) was detected by RT-qPCR. **(B)** The transfection efficiency of GAS5 in GAS5 or siGAS5 transfected AMC-HN-8 cells was confirmed by RT-qPCR. **(C)** The transfection efficiency of GAS5 in GAS5 or siGAS5 transfected Tu 177 cells was confirmed by RT-qPCR. **(D)** Viability of AMC-HN-8 cells was detected by CCK-8 assay. **(E)** Viability of Tu 177 cells was detected by CCK-8 assay. ** $P < 0.01$ vs HaCaT group or Blank group, ### $P < 0.01$ vs NC or siNC, ^ $P < 0.05$, ^^ $P < 0.01$ vs GAS5.

Abbreviations: siNC, silenced negative control; LSCC, laryngeal squamous cell carcinoma; RT-qPCR, quantitative reverse transcription-polymerase chain reaction; GAS5, Long noncoding RNAs growth arrest-specific 5; CCK-8, Cell counting kit-8; OD, optical density; NC, negative control.

Tu177 cells, respectively, to overexpress or knockdown the expression of *GAS5*, and the transfection efficiency was confirmed by qRT-PCR, as shown in Figure 1B and C, after *GAS5* overexpression was transfected to AMC-

HN-8 cells, the *GAS5* expression was significantly increased in cells, while si*GAS5* was transfected to Tu177 cell, the *GAS5* expression was significantly inhibited in cell. In addition, qRT-PCR was used to detect the

transfection rate of GAS5 in AMC-HN-8 cells transfected with siGAS5. The results showed that GAS5 was significantly lower in AMC-HN-8 cells transfected with siGAS5 (Figure 1B). Moreover, GAS5 was significantly overexpressed in Tu177 cells transfected with GAS5 (Figure 1C). The effects of GAS5 on cell

proliferation and apoptosis were investigated by CCK-8 assay and flow cytometry, respectively. The two cells were transfected with above plasmid to culture 24, 48 and 72 h, CCK-8 was used to detect the activity of AMC-HN-8 cells transfected with siGAS5, and the results showed that GAS5 low expression in AMC-HN

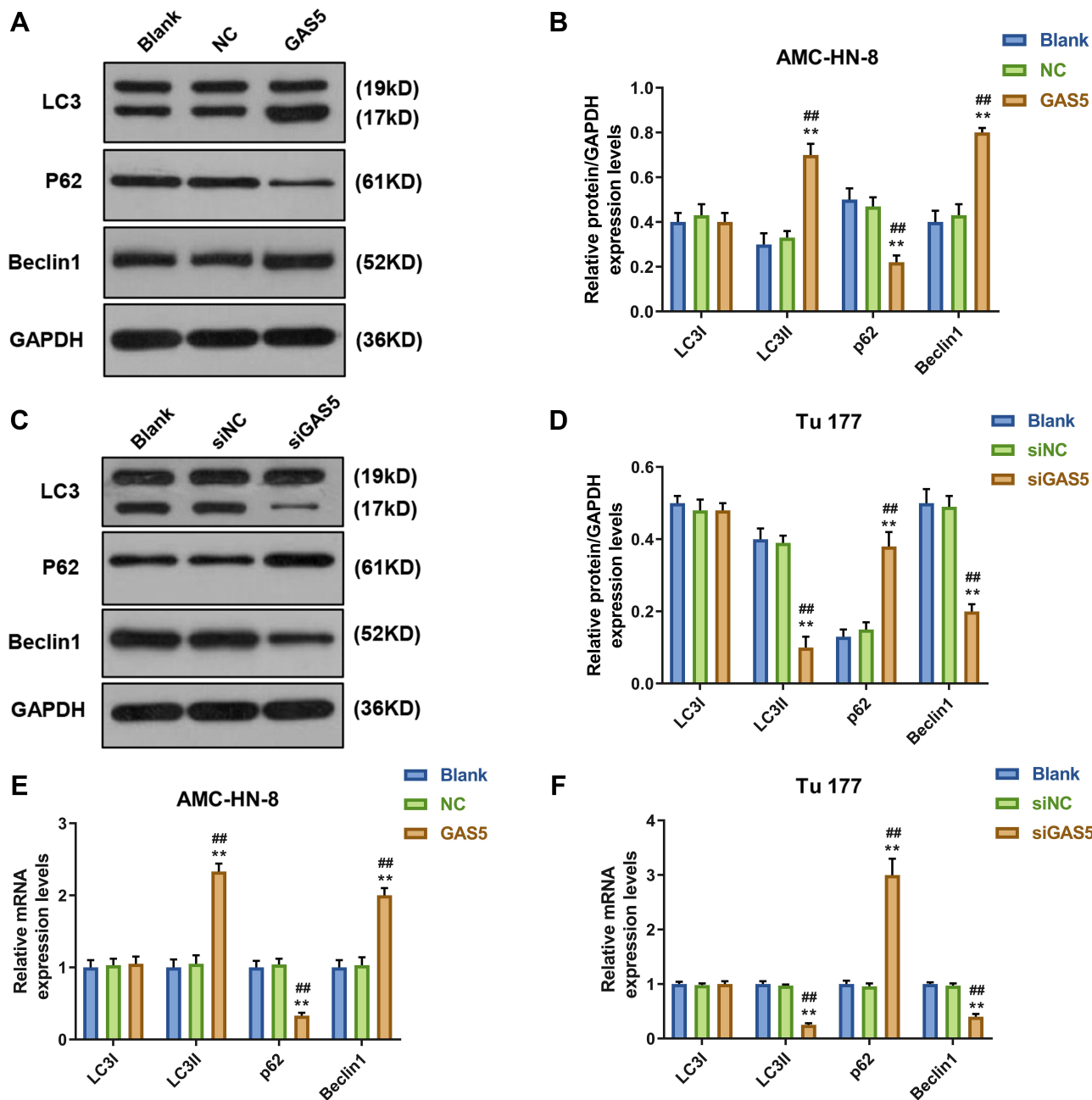


Figure 2 GAS5 induced AMC-HN-8 and Tu 177 cells apoptosis, while siGAS5 inhibited AMC-HN-8 and Tu 177 cells apoptosis. (A) AMC-HN-8 cells apoptosis was induced by GAS5. (B) AMC-HN-8 cells apoptosis rate was quantified. (C) Tu 177 cells apoptosis was inhibited by siGAS5. (D) Tu 177 cells apoptosis rate was quantified. **P<0.01 vs Blank group, ^{##}P<0.01 vs NC or siNC

Abbreviations: siNC, silenced negative control; PI, propidium iodide; FITC, fluorescein isothiocyanate; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced Long noncoding RNAs growth arrest-specific 5; NC, negative control.

-8 cell lines increased cell viability (Figure 1D), and high expression of GAS5 in Tu177 cell lines reduces cell viability (Figure 1E), and data from CCK-8 assay showed that up-regulation of *GAS5* inhibited AMC-HN-8 cells viability at 48 and 72 h (Figure 1D), while silencing of *GAS5* increased Tu177 cells viability at 48 and 72 h (Figure 1E). Results from flow cytometry indicated that an obvious increase of apoptosis rate in AMC-HN-8 cells was observed in GAS5 group (Figure 2A and B), while the low expression of GAS5 in AMC-HN-8 cell lines reduced the apoptosis (Figure

2A and B). Moreover, an opposite tendency of that in Tu177 cells was observed in siGAS5 group (Figure 2C and D).

Autophagy Markers Were Activated by GAS5

To demonstrate whether *GAS5* may affect the expression levels of cellular autophagy-associated regulators, Western blot and qRT-PCR were used to determine the levels of LC3I, LC3II, p62 and Beclin1. Western blot data showed that the levels of LC3II and Beclin1 were significantly

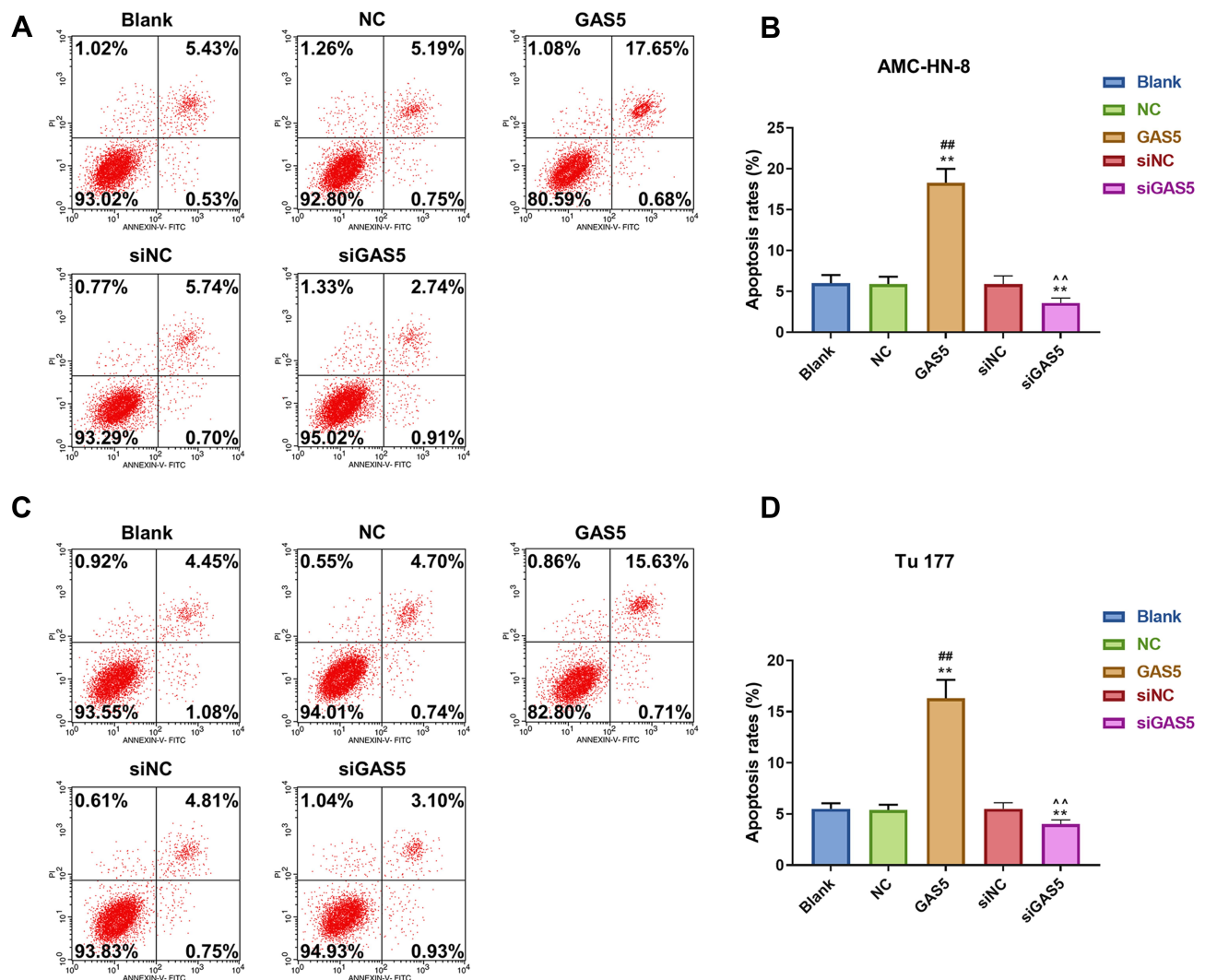


Figure 3 Autophagy was activated by GAS5 in AMC-HN-8 cells. The protein expressions of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined (A) and quantified (B) by Western blot. The protein expressions of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined (C) and quantified (D) by Western blot. (E) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined by qRT-PCR. (F) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined by qRT-PCR. ** $P < 0.01$ vs Blank group, ## $P < 0.01$ vs NC.

Abbreviations: siNC, silenced negative control; NC, negative control; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced Long noncoding RNAs growth arrest-specific 5; GAPDH, glyceraldehyde-3-phosphate dehydrogenase.

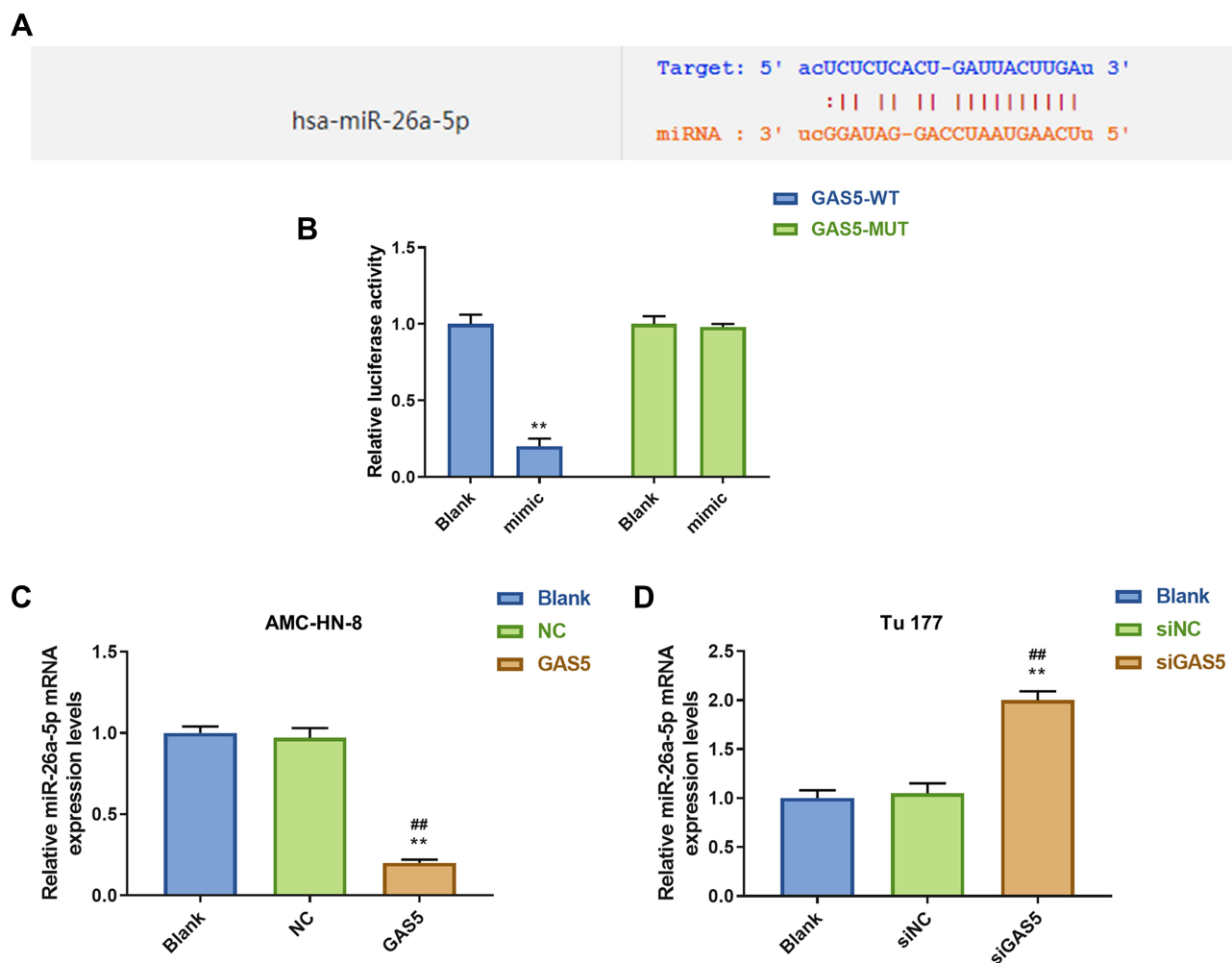


Figure 4 MiR-26a-5p was a target gene of GAS5. (A) The target gene of GAS5 was predicted by DIANA-LncBase V2 and starbase. (B) The target gene of GAS5 was confirmed by Luciferase reporter assay. (C) The expression of miR-26a-5p was declined by GAS5 in AMC-HN-8 cells using qRT-PCR. (D) The expression of miR-26a-5p was enhanced by siGAS5 in Tu 177 cells using qRT-PCR. ** $P < 0.01$ vs Blank group, ### $P < 0.01$ vs NC or siNC.

Abbreviations: siNC, silenced negative control; NC, negative control; MUT, mutant; WT, wild type; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced long noncoding RNAs growth arrest-specific 5.

increased, but p62 level was decreased in *GAS5*-treated AMC-HN-8 cells (Figure 3A and B), whereas si*GAS5*-stimulated Tu177 cells had opposite results (Figure 3C and D). At mRNA level, LC3II and Beclin1 were obviously up-regulated, but p62 was down-regulated in *GAS5*-treated AMC-HN-8 cells (Figure 3E), whereas si*GAS5*-stimulated Tu177 cells had opposite results (Figure 3F).

GAS5 Negatively Regulated the Expression of MiR-26a-5p

Increasing evidences have revealed that lncRNAs contain sequences that are complementary to miRNAs and

could directly or indirectly regulate the expression and activity of miRNAs. DIANA-LncBase V and starbase were used to predict the target gene of *GAS5*, and the results demonstrated that *GAS5* has a position that can bind to miR-26a-5p (Figure 4A). Furthermore, luciferase reporters containing a WT or mutant target site from lnc-*GAS5* were also constructed, and miR-26a-5p mimic significantly reduced luciferase activity for the WT lnc-*GAS5* reporter (Figure 4B). Meanwhile, we discovered that miR-26a-5p level was lower expressed in *GAS5* group than that in NC or Blank group in AMC-HN-8 cells (Figure 4C), while miR-26a-5p level was increased in si*GAS5*-treated Tu177 cells (Figure 4D).

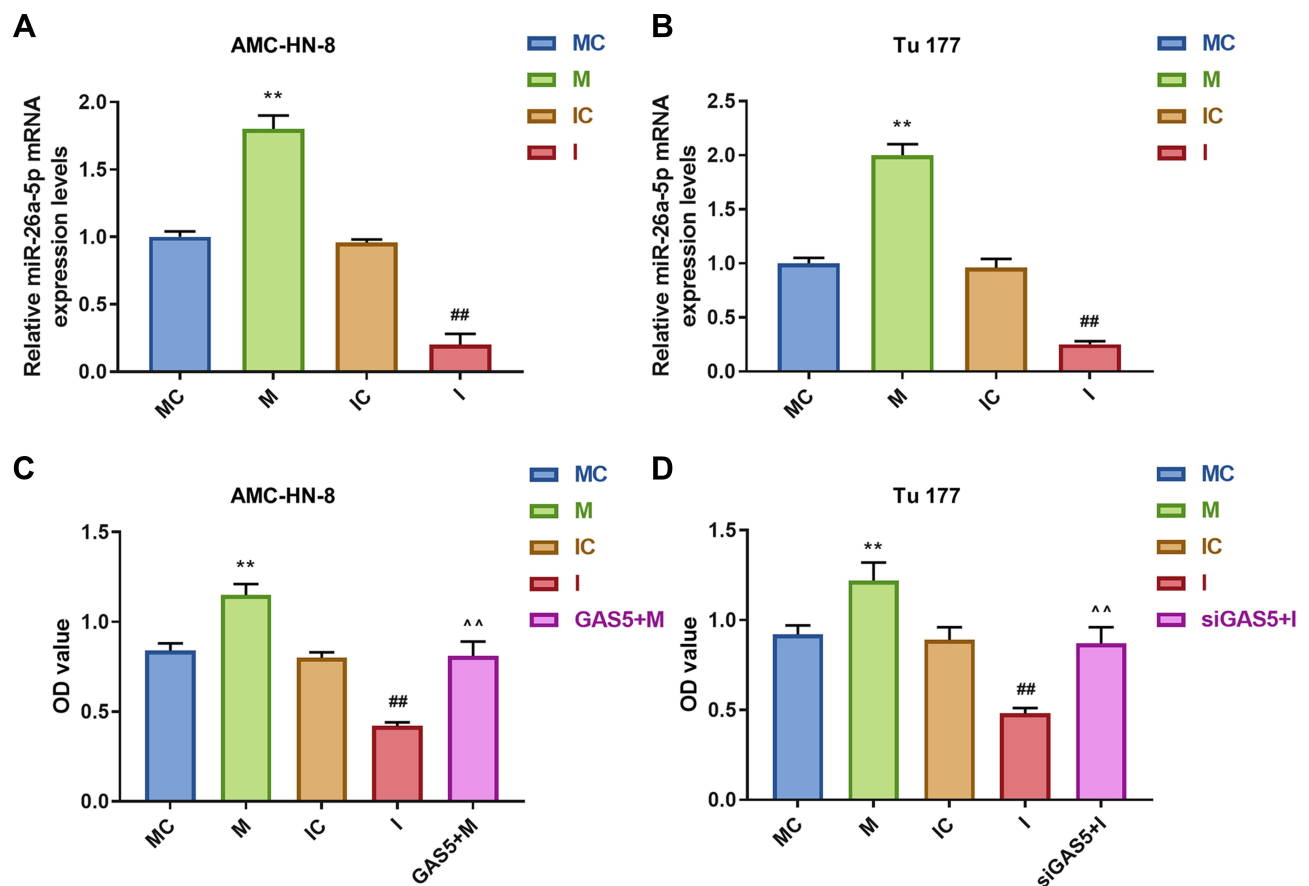


Figure 5 AMC-HN-8 cells viability was increased by miR-26a-5p mimic, which was reversed by GAS5. Transfection efficiency of miR-26a-5p mimic, inhibitor and negative control in AMC-HN-8 (A) and Tu 177 cells (B) were confirmed by qRT-PCR. (C) AMC-HN-8 cells viability was detected by CCK-8 assay. ** $P < 0.01$ vs MC, ### $P < 0.01$ vs IC, ^^ $P < 0.01$ vs M or I.

Abbreviations: M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control; OD, optical density; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced Long noncoding RNAs growth arrest-specific 5.

MiR-26a-5p Mimic Promoted LSCC Proliferation, Which Were Reversed by GAS5

To further evaluate the regulatory relationship between *GAS5* and miR-26a-5p, AMC-HN-8 cells and Tu177 cells were transfected with miR-26a-5p mimic, inhibitor sequences and matched controls. Transfection efficiency was confirmed by qRT-PCR (Figure 5A and B). CCK-8 assay indicated that miR-26a-5p mimic enhanced cells viability and miR-26a-5p inhibitor suppressed cells viability both in AMC-HN-8 cells and Tu177 cells, the promotion effect of miR-26a-5p mimic in AMC-HN-8 cells viability was inhibited by overexpression *GAS5*, and inhibitory effect of miR-26a-5p inhibitor in Tu177 cells viability were increased by si*GAS5* (Figure 5C and D). Results from flow cytometry suggested that miR-26a-5p mimic suppressed cells apoptosis and miR-26a-

5p inhibitor enhanced cells apoptosis both in AMC-HN-8 cells (Figure 6A and B) and Tu177 cells (Figure 6C and D), the inhibitory effect of miR-26a-5p mimic on AMC-HN-8 cells apoptosis was reversed by overexpression *GAS5*, and promotion effect of miR-26a-5p inhibitor in Tu177 cells apoptosis was decreased by si*GAS5* (Figure 6).

MiR-26a-5p Mimic Inhibited Autophagy, Which Were Reversed by GAS5

To demonstrate the correlation between the effects of *GAS5* on the expression level of autophagy-associated regulatory factors and miR-26a-5p, Western blot and qRT-PCR were used to determine the levels of LC3II, LC3II, p62 and Beclin1. Western blot data showed that, after miR-26a-5p mimic treatment, the levels of LC3II and Beclin1 were significantly decreased, but p62 level

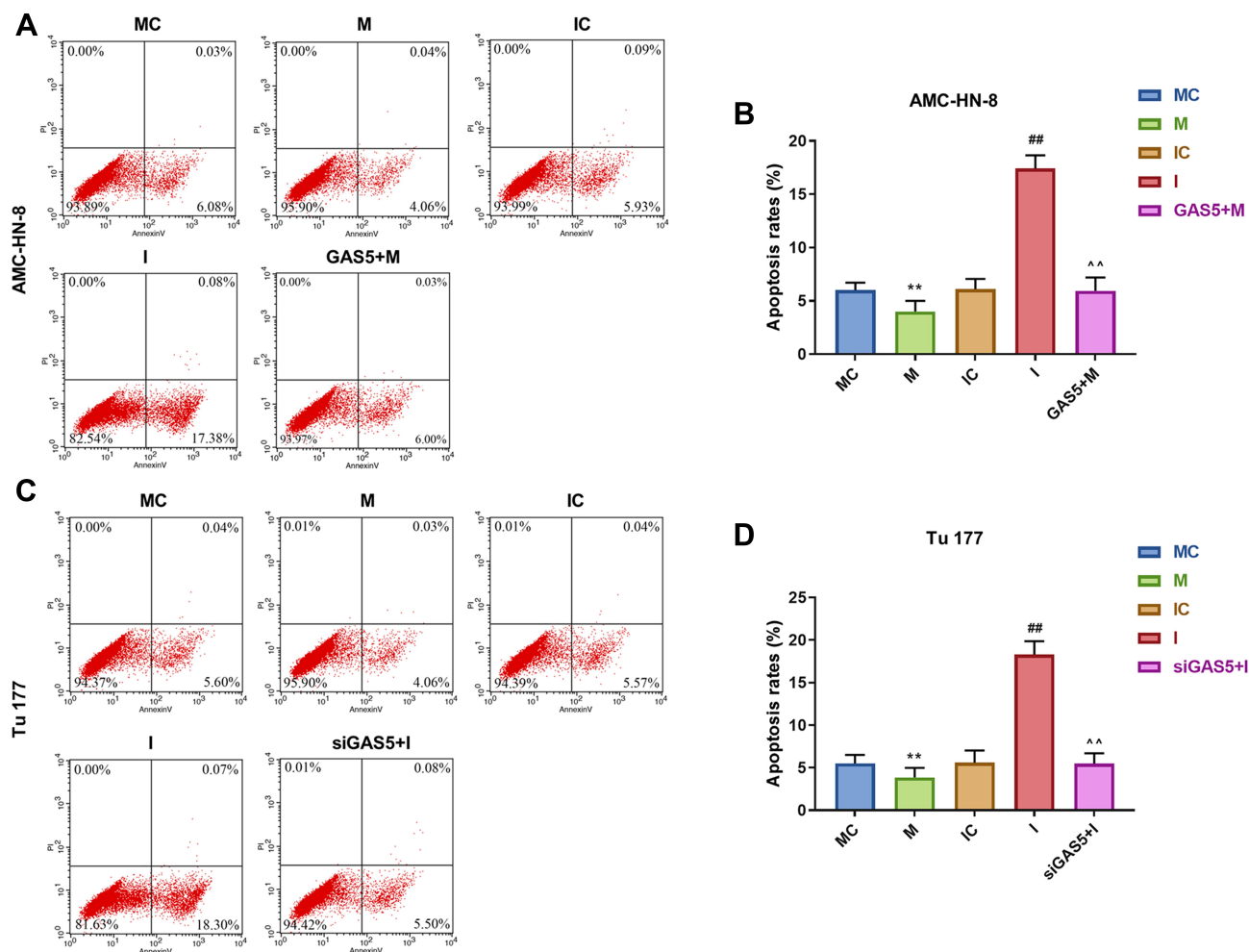


Figure 6 Apoptosis was suppressed by mimic, which were reversed by GAS5 in AMC-HN-8 cells. AMC-HN-8 cells apoptosis was determined (A) and quantified (B) by flow cytometry. Tu 177 cells apoptosis was determined (C) and quantified (D) by flow cytometry. ** $P < 0.01$ vs MC, ### $P < 0.01$ vs IC, ^^ $P < 0.01$ vs M or I. **Abbreviations:** M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control; PI, propidium iodide; FITC, fluorescein isothiocyanate; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced long noncoding RNAs growth arrest-specific 5

was increased in AMC-HN-8 cells and Tu177 cells, while miR-26a-5p inhibitor had opposite results, *GAS5* and si*GAS5* respectively reversed miR-26a-5p mimic and inhibitor in AMC-HN-8 cells (Figure 7A and B) and Tu177 cells (Figure 7C and D). The qRT-PCR detection showed that results of LC3I, LC3II, p62 and Beclin1 mRNA levels had a similar trend to Western blot data (Figure 7E and F).

ULK2 Was a Target Gene of MiR-26a-5p

To explore the underlying mechanism of miR-26a-5p in LSCC cell lines, TargetScan 7.2 was used to predict the target gene of miR-26a-5p. The data indicated that ULK2 3'-UTR contained miR-26a-5p binding sites (Figure 8A). Furthermore, luciferase reporters containing a WT or mutant target site from ULK2 were also

constructed, and miR-26a mimic significantly reduced luciferase activity for the WT ULK2 reporter in AMC-HN-8 cells (Figure 8B), and miR-26a inhibitor improved luciferase activity for the WT ULK2 reporter in Tu177 cells (Figure 8C).

Overexpression of ULK2 Rescued the Effects of MiR-26a-5p Mimic on AMC-HN-8 Cells Proliferation and Apoptosis

It was investigated whether ULK2 was involved in miR-26a-5p-mediated LSCC cell proliferation and apoptosis, AMC-HN-8 cells were co-transfected with a miR-26a-5p mimic and ULK2 plasmid, and Tu177 cells were co-transfected with a miR-26a-5p inhibitor

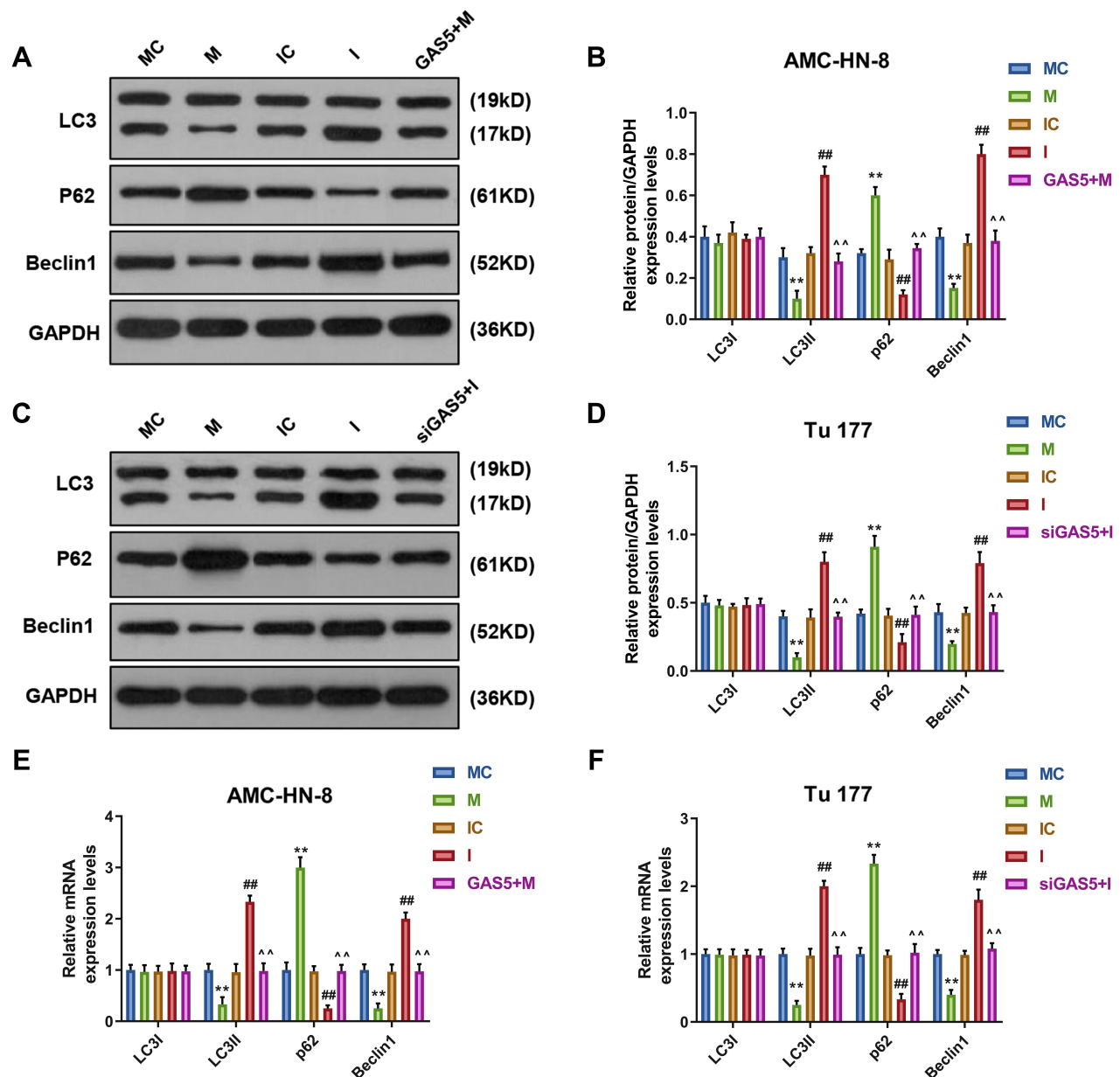


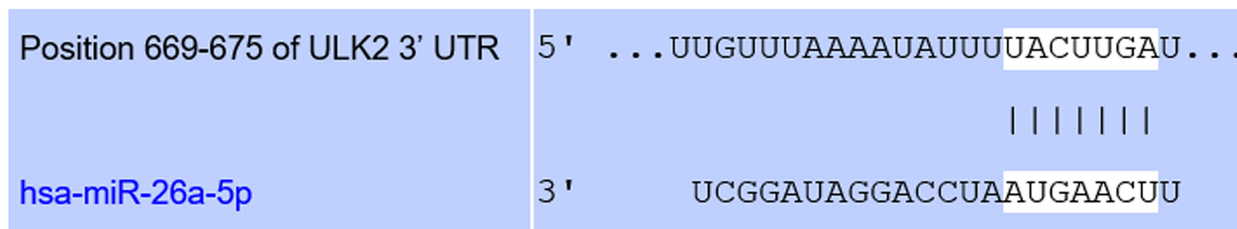
Figure 7 MiR-26a-5p mimic inhibited autophagy, which were reversed by GAS5. The protein expressions of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined (A) and quantified (B) by Western blot. The protein expressions of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined (C) and quantified (D) by Western blot. (E) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined by qRT-PCR. (F) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined by qRT-PCR. **P<0.01 vs MC, ###P<0.01 vs IC, ^^P<0.01 vs M or I.

Abbreviations: M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control.

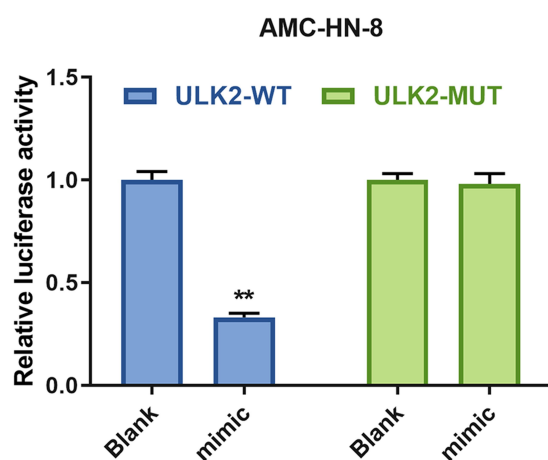
and ULK2 siRNA. The transfection efficiency was confirmed by Western blot (Figure 9A-D). Data from CCK-8 assay showed that ULK2 inhibited AMC-HN-8 cells viability, mimic promoted cell viability, and co-treated mimic and ULK2 reduced cell viability (Figure 9E). Silencing of ULK2 increased Tu177 cells viability, inhi-

tor inhibited cell viability, and co-treated inhibitor and siULK2 improved cell viability (Figure 9F). Results from flow cytometry indicated that ULK2 induced AMC-HN-8 cells apoptosis, mimic inhibited cell apoptosis, and co-treated mimic and ULK2 improved cell apoptosis (Figure 10A-B). Silencing of ULK2 decreased

A



B



C

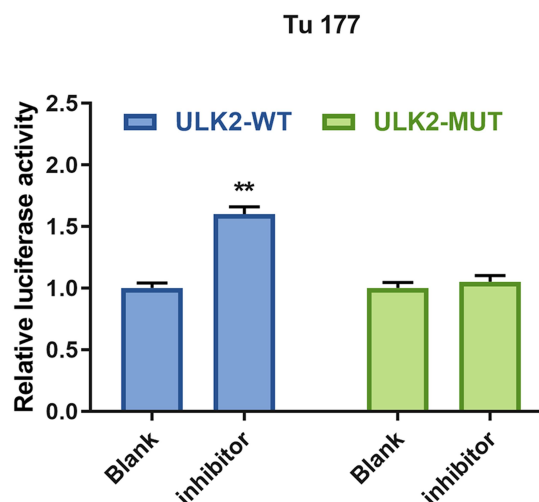


Figure 8 ULK2 was a target gene of miR-26a-5p. (A) The target gene of GAS5 was predicted by DIANA-LncBase V2 and starbase. The target gene of miR-26a-5p was confirmed by Luciferase reporter assay in AMC-HN-8 cells (B) and Tu 177 cells (C). **P<0.01 vs Blank group.

Abbreviations: MUT, mutant; WT, wild type; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced Long noncoding RNAs growth arrest-specific 5; NC, negative control.

Tu177 cells apoptosis, inhibitor increased cell apoptosis, and co-treated inhibitor and siULK2 suppressed cell apoptosis (Figure 10C and D).

Overexpression of ULK2 Rescued the Inhibitory Effects of MiR-26a-5p Mimic on AMC-HN-8 Cells Autophagy

To demonstrate the correlation between the effects of miR-26a-5p on the expression level of autophagy-associated regulatory factors and ULK2, Western blot and qRT-PCR were used to determine the levels of LC3I, LC3II, p62 and Beclin1. Western blot data showed that, after ULK2 treatment, the levels of LC3II and Beclin1 were significantly increased, while p62 level was decreased in AMC-HN-8 cells, which were reversed by mimic (Figure 11A and B). However, siULK2 had opposite results in Tu177 cells (Figure 11C and D). The qRT-PCR results of LC3I, LC3II,

p62 and Beclin1 mRNA levels had a similar trend to Western blot data (Figure 11E and F).

Discussion

Laryngeal squamous cell carcinoma (LSCC) accounts for more than 95% of laryngeal cancer.²⁰ Surgery and chemoradiotherapy are the main treatments for LSCC. However, no improvement has been achieved in 5-year survival and quality of life in recent years, especially for advanced patients.²¹ Thus, there is an urgent need to find new diagnostic biomarkers or new treatments that target LSCC.

One study found that 657 lncRNA transcripts were deregulated in 11 matched laryngeal squamous cell carcinoma (LSCC) matched samples.²² GAS5 was first obtained by Schneider et al from the tumor candidate suppressor gene cDNA subtracted library, which enriched cells in the state of growth stagnation.²³

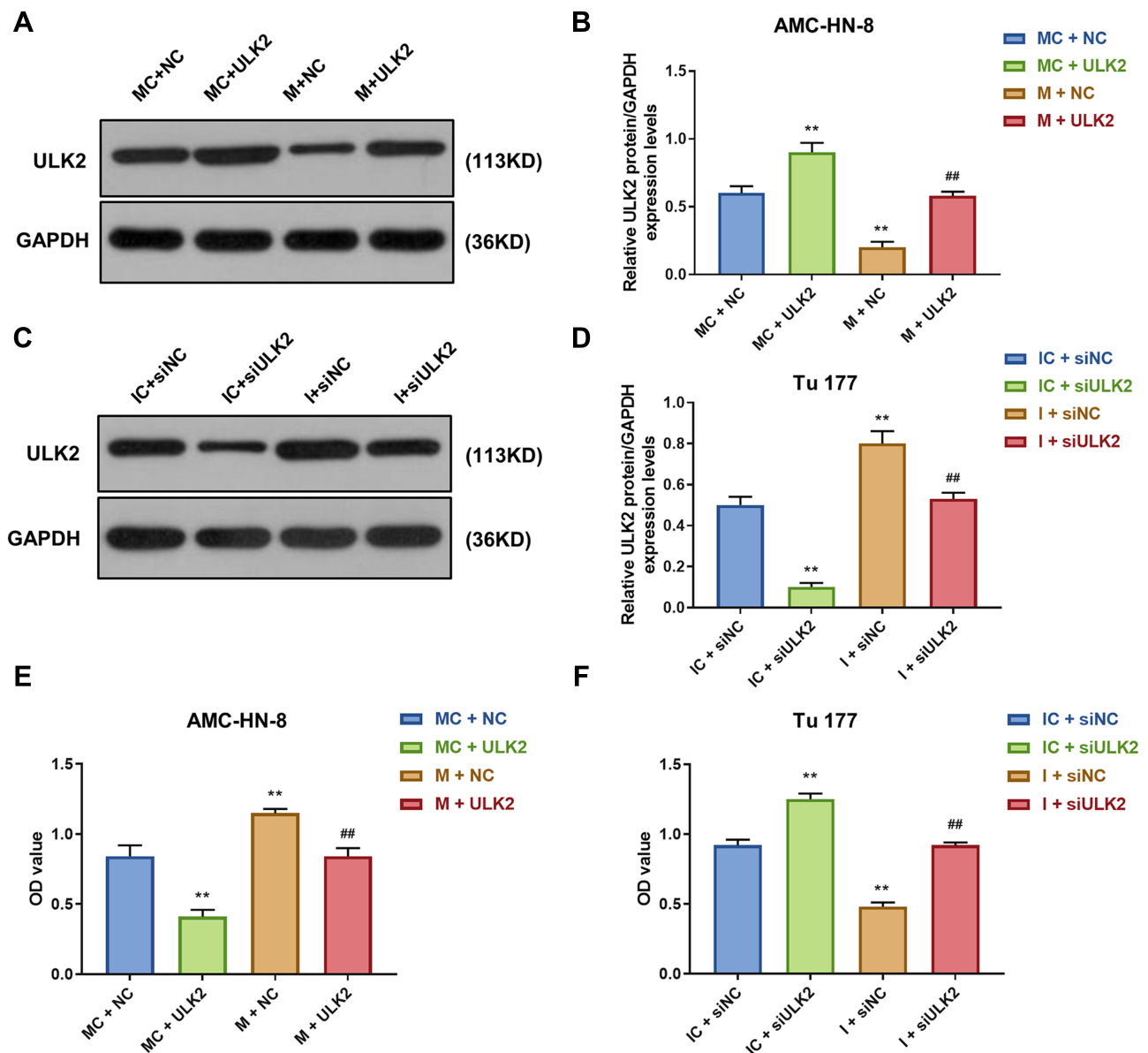


Figure 9 Overexpression of ULK2 rescued the inhibitory effects of miR-26a-5p mimic on AMC-HN-8 cells proliferation. Transfection efficiency of ULK2 in AMC-HN-8 cells was confirmed (A) and quantified (B) by Western blot. Transfection efficiency of ULK2 in Tu177 cells was confirmed (C) and quantified (D) by Western blot. (E) AMC-HN-8 cells viability was tested by CCK-8 assay. (F) Tu177 cells viability was tested by CCK-8 assay. ** $P < 0.01$ vs MC+NC or IC+siNC, ## $P < 0.01$ vs M+NC or I+siNC. **Abbreviations:** M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control; siNC, silenced negative control; NC, negative control; OD, optical density; GAS5, long noncoding RNAs growth arrest-specific 5; siGAS5, silenced Long noncoding RNAs growth arrest-specific 5.

Earlier, Kino et al found that mature lncRNA *GAS5* is up-regulated in a state of growth inhibition induced by serum starvation or lack of growth factors.²⁴ Studies found that *GAS5* is down-regulated in various tumor tissues such as breast cancer, kidney cancer, prostate cancer and non-small cell carcinoma.^{25–28} *GAS5* expression induces growth arrest and apoptosis in prostate cancer cells and breast cancer cells.²⁵ These findings have shown that *GAS5* functions as a tumor

suppressor.²⁸ Moreover, studies found that the decrease of *GAS5* expression might be related to the pathogenesis of oral squamous cell carcinoma and is a potential target for tumor therapy.²⁹ In our study, the expression of *GAS5* was down-regulated in LSCC cell lines, overexpression *GAS5* inhibited AMC-HN-8 cells proliferation, and si*GAS5* promoted Tu 177 cells proliferation. These data implied that *GAS5* was a tumor candidate suppressor gene in LSCC.

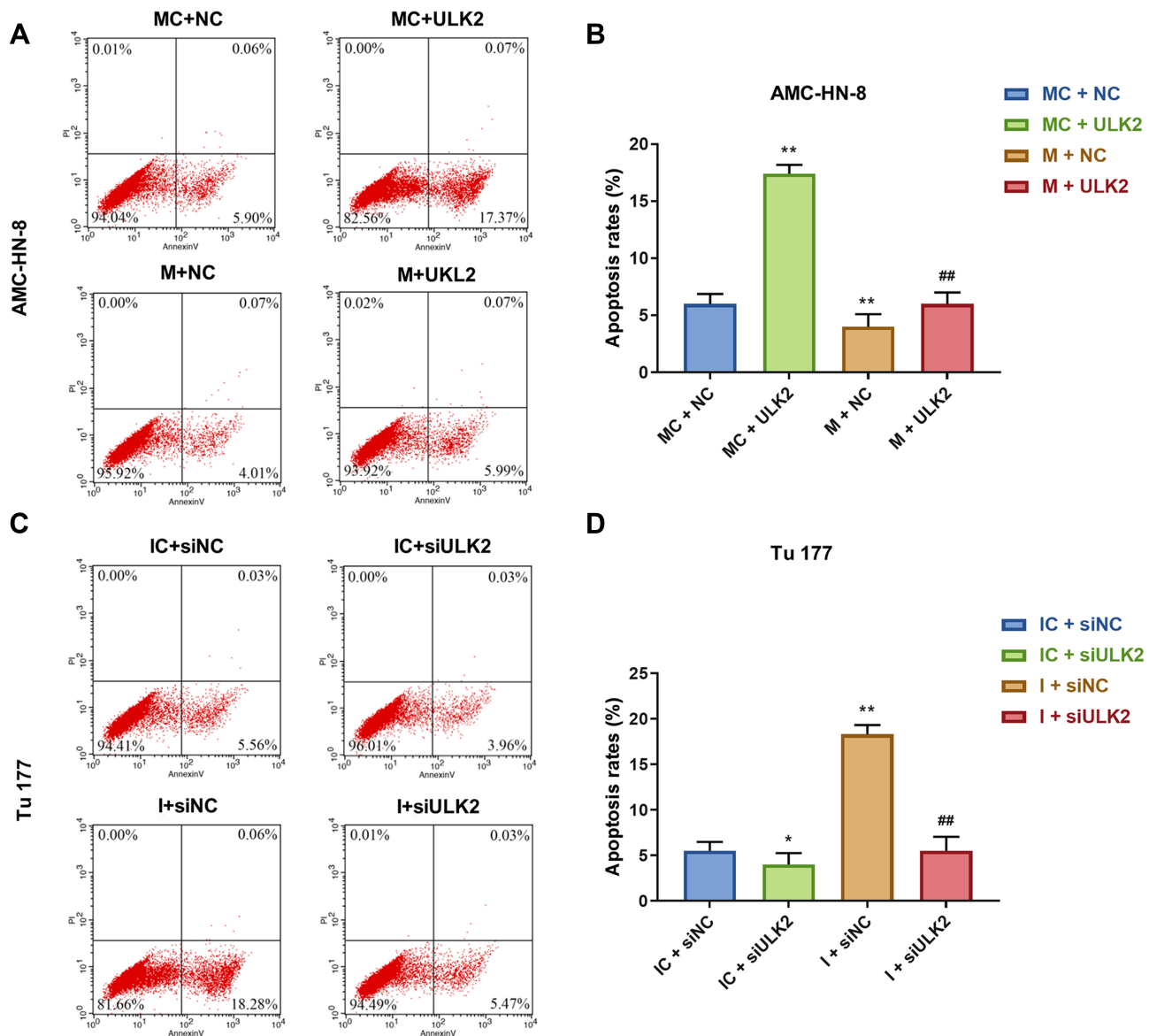


Figure 10 Overexpression of ULK2 rescued the inhibitory effects of miR-26a-5p mimic on AMC-HN-8 cells apoptosis. AMC-HN-8 cells apoptosis was determined (A) and quantified (B) by flow cytometry. Tu 177 cells apoptosis was determined (C) and quantified (D) by flow cytometry. * $P < 0.05$, ** $P < 0.01$ vs MC+NC or IC+siNC, ## $P < 0.01$ vs M+NC or I+siNC.

Abbreviations: M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control; siNC, silenced negative control; PI, propidium iodide; FITC, fluorescein isothiocyanate; NC, negative control; ULK2, uncoordinated 51-like kinase I.

It has been reported that competitive endogenous RNA (ceRNA) forms a large-scale regulatory network in the transcriptome.³⁰ As a sponge of *GAS5*, miR-26a also regulated both palmitic acid-induced myocardial inflammatory injury and oxidized low-density lipoprotein-induced impaired autophagy flux as ceRNA manner.^{31,32} Wu et al found that miR-26a level was down-regulated in LSCC tissues and cell lines, and miR-26a inhibited LSCC tumor growth in vitro and in vivo.³³ In this research, we clarified the ceRNA

mechanism between lncRNA *GAS5* and miR-26a. MiR-26a was confirmed as a direct target of lncRNA *GAS5*. MiR-26a inhibitor had inhibitory effects in LSCC. Functionally, *GAS5* was found to be involved in the development of LSCC through repressing miR-26a function. Thus, *GAS5* was a tumor candidate suppressor gene in LSCC through regulating miR-26a.

As a key oncogenic signaling pathway, autophagy plays a pivotal role in various cancers, including hepatocellular carcinoma, breast cancer³⁴ and non-small cell lung

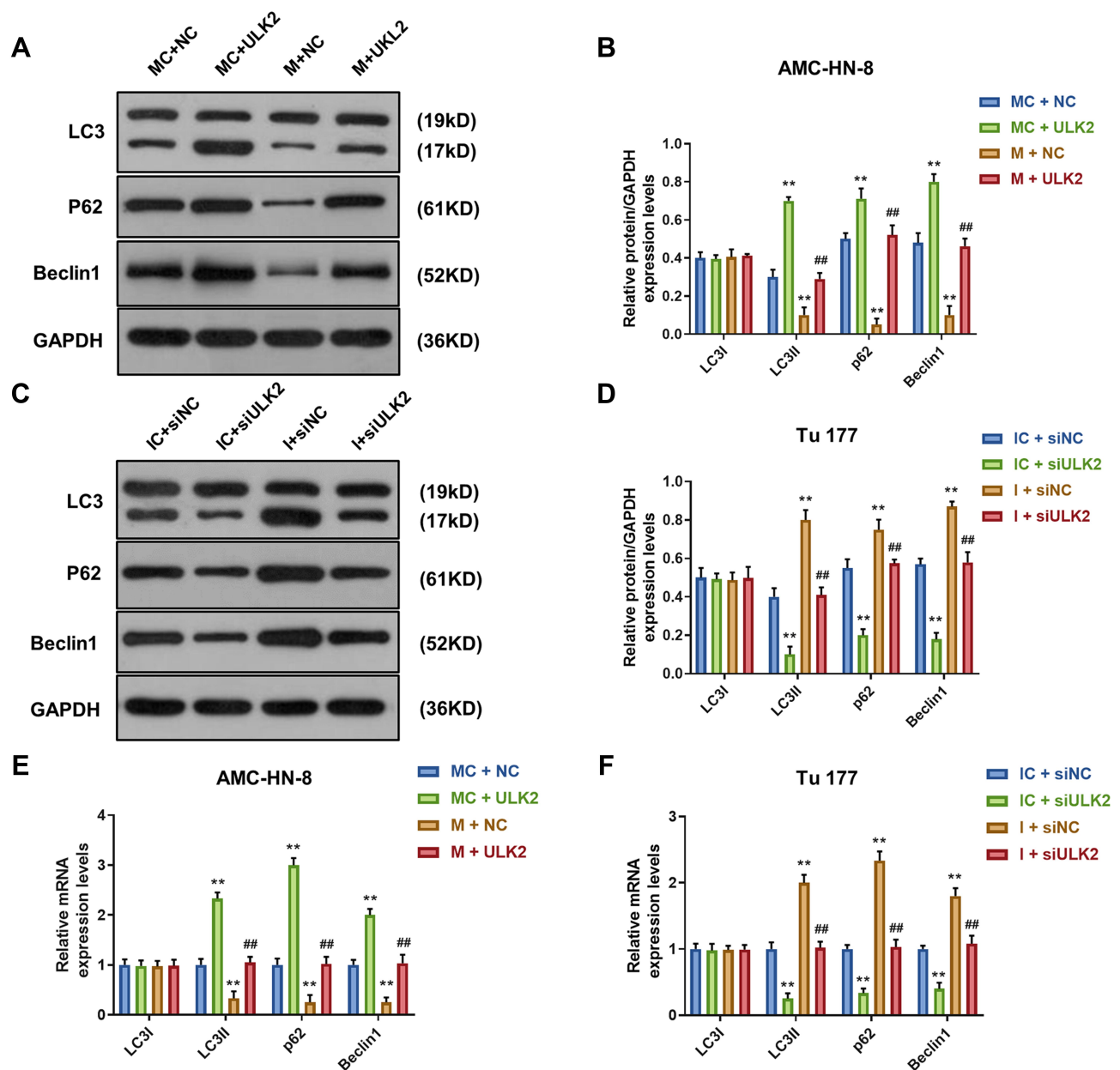


Figure 11 Overexpression of ULK2 rescued the inhibitory effects of miR-26a-5p mimic on AMC-HN-8 cells autophagy. The protein expressions of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined (A) and quantified (B) by Western blot. The protein expressions of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined (C) and quantified (D) by Western blot. (E) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in AMC-HN-8 cells were determined by qRT-PCR. (F) The mRNA levels of LC3I, LC3II, Beclin1 and p62 in Tu 177 cells were determined by qRT-PCR. ** $P < 0.01$ vs MC+NC or IC+siNC, ### $P < 0.01$ vs M+NC or I+siNC.

Abbreviations: M, mimic; MC, mimic control; I, inhibitor; IC, inhibitor control; siNC, silenced negative control; NC, negative control; ULK2, uncoordinated 51-like kinase I.

cancer. As one of the autophagy genes, ULK2 overexpression significantly inhibited the proliferation of non-small cell lung cancer.³⁵ MiR-26b inhibited autophagy in prostate cancer cells, through down-regulation of ULK2 expression.³⁶ Downregulation of miRNA-26b-induced autophagy and apoptosis in laryngeal carcinoma were reversed by downregulation of ULK2.³⁷ Based on our work, ULK2 was the target gene of miR-26a. Autophagy was induced by *GAS5*. MiR-26a mimic could inhibit

autophagy, which was enhanced by *GAS5* and ULK2, respectively. These results further revealed that *GAS5*/miR-26a/ULK2 regulatory crosstalk in LSCC progression through autophagy pathway, which offered a promising therapy target for LSCC patients.

There are some limitations to our study. The function of *GAS5*/miR-26a-5p/ULK2 regulatory crosstalk in LSCC progression was only supported by in vitro experiments. Additionally, the observed regulation of

autophagy in LSCC is unclear and requires further investigation.

Conclusion

In summary, our present research provides convincing evidence that *GAS5*/miR-26a/ULK2 axis in LSCC. LSCC evolution is still a multifactorial event and this study provides promising biomarkers for LSCC diagnosis and therapeutic application.

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Disclosure

The authors declare no conflicts of interest.

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