

Patterns and Prevalence of *BRCA1* and *BRCA2* Germline Mutations Among Patients with Triple-Negative Breast Cancer: Regional Perspectives

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Background: Among all subtypes, patients with triple-negative (TN) breast cancer is known for their poor outcome and their higher risk of harboring *BRCA1* or *BRCA2* pathogenic mutations. Identification of such mutations has clinical impact on breast and ovarian cancer prevention and treatment decisions. We here report on patterns and prevalence of *BRCA1* and *BRCA2* mutations among Arab patients diagnosed with TN subtype.

Patients and Methods: Patients with TN-breast cancer (n=197) were enrolled regardless of their age or family history. Following a detailed genetic counseling, *BRCA1/2* testing was performed at reference labs. *BRCA1* and *BRCA2* variants were classified as negative, pathogenic/likely pathogenic (positive) and variants of uncertain significance (VUS).

Results: Median age of enrolled patients was 42 (range, 19–74) years and 27 (13.7%) were non-Jordanian Arabs. Among the study group, 50 (25.4%) were tested positive for *BRCA1* (n=36, 18.3%) or *BRCA2* (n=14, 7.1%), while 14 (7.1%) others had VUS. Compared to older ones, mutation rates were higher among patients <40 years (32.9%, P= 0.034), those with close relatives with breast, ovarian, pancreatic or prostate cancer (37.8%, P=0.002) and those with two or more breast cancers (41.4%, P=0.032). Among eligible patients, 23 (63.9%) patients underwent prophylactic mastectomy, while 19 (52.8%) patients had risk-reducing salpingo-oophorectomy. None of the patients with VUS underwent any prophylactic surgery.

Conclusion: Arab patients with TN-breast cancer have relatively high *BRCA1* or *BRCA2* mutation rates. Young age at diagnosis and personal and family history of breast cancer further increase this risk.

Keywords: cancer genetics, genetic consultation, genetic variants, women's cancer, breast cancer, *BRCA1/2* mutation

Introduction

Breast cancer is the most common cancer worldwide and, in our region, too.^{1,2} Triple-negative breast cancer (TNBC) is a subgroup that are negative for the estrogen (ER), progesterone (PR) and human epidermal growth factor-2 (HER2) receptors, account for 10–20% of all breast cancers and are more common in younger patients and in certain ethnic groups.^{3,4} Among all breast cancer subtypes, TNBC is usually associated with the worst outcome.⁵

Majority of breast cancer cases are sporadic; however, 5–10% of cases are hereditary and mostly related to mutations in *BRCA1* or *BRCA2* genes; both are

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cancer susceptibility genes that are part of the deoxyribonucleic acid (DNA) repair pathway.⁶ A large proportion of tumors in women with *BRCA1* mutation exhibits a triple-negative phenotype.⁷

Depending on age at diagnosis and personal and family history of cancer, women may undergo genetic counseling and genetic testing. Breast cancer histology is not, by itself, an indication for testing. However, TNBC as a particular subtype, is commonly tested.^{8,9} Because of higher risk for *BRCA1/2* mutations, the National Comprehensive Cancer Network (NCCN) guidelines recommend genetic counseling and testing for all women aged 60 years or younger with TNBC.¹⁰

Several studies have reported that up to 20% of women with TNBC breast cancer may carry *BRCA1* or *BRCA2* mutations.^{11–16} Pathogenic mutations in both genes confer a high risk of both breast and ovarian cancers.^{17,18} So, identification of carriers is extremely important and should be actively sought in high-risk patients. Risk-reduction interventions, like bilateral mastectomies and oophorectomies are highly recommended for patients with *BRCA1* or *BRCA2* mutation carriers, especially so among younger patients.^{19,20}

Identification of mutation carriers among patients actively treated for breast or ovarian cancers may have therapeutic implications, too. Recent data have suggested that patients with advanced-stage TNBC associated with *BRCA1* or *BRCA2* mutations may benefit from specific drugs like PARP (poly ADP ribose polymerase) inhibitors; both olaparib and talazoparib are currently approved for such situation.^{21–23} Additionally, there is some evidence that adding platinum-agents in the neoadjuvant setting improves the pathologic complete response.^{24–26}

The aim of our study is to define the pattern and prevalence of germline *BRCA1* and *BRCA2* mutations among Arab patients; Jordanian in particular, with TNBC diagnosed, treated and followed at our institution regardless of their family or personal history of breast or ovarian cancer.

Patients and Methods

We utilized our database of all breast cancer patients tested as per the NCCN guidelines for *BRCA1/2* mutations (n=1437). Patients with no expression of ER or PR receptors and negative for HER2 (triple-negative) were identified regardless of their personal or family history of cancer. Human epidermal growth factor receptor-2 (HER-2) was tested using immune histochemical staining (IHC) and tumor cells were considered positive with +3 staining,

negative with scores of 0 or +1 while those with +2 scores were considered equivocal, for which fluorescence in situ hybridization (FISH) was performed.²⁷ ER or PR were defined as positive if tumor cell nuclei staining is $\geq 1\%$. Clinical and pathological characteristics of the tumors were obtained from patients' electronic medical records. A detailed 3-generation family history was obtained by one of the investigators or by a genetic counselor. Genetic testing and counseling were done at no cost to participants as part of our routine clinical practice. DNA extraction and purification were done on peripheral blood samples at our molecular laboratory. The extraction method was performed using DNA kits (Gentra PureGene Blood Kit (Qiagen) or EZ1 Advanced XL which performs fully automated DNA purification of samples using magnetic particles). *BRCA1/2* testing was performed at 3 reference labs; invitae (San Francisco, CA, USA), Leeds Cancer Center (Leeds, United Kingdom) and Myriad Genetics laboratory (Salt Lake City, UT, USA). Full-gene sequencing and deletion/duplication analysis were carried out using next-generation sequencing (NGS) technology and confirmatory sequencing was performed by Sanger sequencing. Exonic deletions and duplications were called using multiplex ligation-dependent probe amplification (MLPA) dosage analysis by using P087, P045, and P260 or using an in-house algorithm that determines copy number by comparing the read depth for each target in the proband sequence.

BRCA1 and *BRCA2* mutations were classified as benign or likely benign variants (negative), pathogenic or likely pathogenic variants (positive) and variants of uncertain significance (VUS).

The study was conducted in accordance with the local and international guidelines and regulations on human research including the 1964 Helsinki declaration and its later amendments. The study was approved by our Institutional Review Board (IRB) and all patients signed informed consent.

Statistical Analysis

Clinical and pathologic characteristics of patients enrolled were collected, tabulated and described by percentages, ranges or medians. Related family members diagnosed with breast cancer who underwent genetic testing after the index case in the family were excluded. Chi-square tests were used to compare the proportion of *BRCA1* and *BRCA2* pathogenic/likely pathogenic mutation carriers according to age (<40 versus ≥ 40 years) and personal

history or family history of cancer; a P-value of 0.05 was considered significant.

We also compared the disease-free survival (DFS) and overall survival (OS) among the patients with mutation carriers and those without. DFS was defined as the time from the date of diagnosis to the date of first occurrence of local recurrence (breast or axilla), development of contralateral or ipsilateral breast cancer including ductal carcinoma in situ (DCIS) but not lobular carcinoma in situ (LCIS), distant metastasis, or death by any cause without evidence of disease, while OS was defined as the time from date of diagnosis until the date of death from any cause. Cancer survival probabilities were estimated using Kaplan–Meier curves using GraphPad PRISM version 6.0 for Windows (GraphPad Software, La Jolla California USA). Comparisons of survival times were performed using the Log rank test; a significance criterion of $P < 0.05$ was used for the analysis. SAS software version 9.4 (SAS Institute Inc., Cary, NC) was used to estimate survival rates and perform the Log rank test.

Results

Patients Characteristics

During the 3-year study period, genetic counseling and testing were performed for a total of 1437 patients with breast cancer who fulfilled the NCCN guidelines; 197 (13.7%) of them had triple negative disease and were the focus of this report. Median age at diagnosis (range) was 42 (19–74) years with 85 (43.1%) were younger than 40 years. Majority of the patients ($n=171$, 86.8%) had invasive ductal carcinoma (IDC) and 13 (6.6%) had de novo metastatic disease. Jordanians ($n=170$, 86.3%) constitute the majority, while the other 27 (13.7%) patients were from Palestine, Syria, Libya, and Iraq. Except for one, all patients were females; patients' characteristics are summarized in [Table 1](#).

Genetic Testing

Among the study group, a total of 50 (25.4%) were tested positive for *BRCA1* ($n=36$, 18.3%) or *BRCA2* ($n=14$, 7.1%) while 14 (7.1%) others had VUS. Among 85 patients diagnosed with triple-negative disease at age <40 years, *BRCA1/2* mutations were detected in 28 (32.9%), compared to 22 (19.6%) among 112 older ones, $P=0.034$. Mutation rate was higher ($n=12$, 41.4%) among a group of 29 patients who were personally diagnosed with two or more breast cancers (at any age) compared to a rate of

Table 1 Patient Demographics and Baseline Characteristics ($n=197$)

Characteristics		Number	(%)
Age at diagnosis (years)	Median	42	
	Range	19–74	
Age group at diagnosis (years)	< 30	17	8.6
	30–39	68	34.5
	40–49	66	33.5
	50–59	38	19.3
	> 60	8	4.1
Nationality	Jordanian	170	86.3
	Others	27	13.7
Pathology	Invasive ductal carcinoma	171	86.8
	Other	26	13.2
Grade	I, II	42	21.3
	III	134	68.0
	NA	21	10.7
Stage	Early stage	184	93.4
	Metastatic	13	6.6

22.6% ($n=38$) of the 168 others who had one personal history of breast cancer, $p=0.032$. Additionally, pathogenic/likely pathogenic *BRCA1/2* variants were significantly higher ($n=28$, 37.8%) among 74 patients with triple-negative disease who had one or more close relatives (first-, second- or third-degree) with breast, pancreatic, or prostate cancer (Gleason score ≥ 7), compared to a rate of 17.9% among a group of 123 patients without family history, $p=0.002$. Rates, however, were not different among Jordanians (24.1%) versus non-Jordanians (33.3%), $p=0.307$. Results of genetic testing are summarized in [Table 2](#). Details of all identified mutations in *BRCA1* and *BRCA2* (pathogenic, likely pathogenic and VUS) are summarized in [Tables S1–S3](#).

Outcome

One of the patients diagnosed with pathogenic variants had de novo metastatic disease while 7 (14.0%) others had bilateral breast cancer on presentation. Six (12.0%) patients returned to their home countries to be followed

Table 2 BRCA1/2 Pathogenic Mutation Rates by Subgroups

Characteristics		Number of Patients	BRCA1/BRCA2 n (%)	P-value
Age at diagnosis (years)	<40	85	28 (32.9%)	0.034
	≥40	112	22 (19.6%)	
Diagnosed at any age with two or more diagnoses of breast cancer at any age (synchronously or asynchronously)	Yes	29	12 (41.4)	0.032
	No	168	38 (22.6)	
Diagnosed at age 50 years or younger with: 1 or more close relatives with breast cancer at any age, 1 or more close relatives with pancreatic cancer, or 1 or more close relatives with prostate cancer (Gleason score ≥7)	Yes	74	28 (37.8)	0.002
	No	123	22 (17.9)	
Diagnosed at any age with 1 or more close relatives with breast cancer diagnosed at age 50 years or younger	Yes	47	19 (40.4)	0.007
	No	150	31 (20.7)	
Nationality	Jordanian	170	41 (24.1)	0.307
	Others	27	9 (33.3)	

there; all had extensive counseling and were aware of their genetic testing results and its implications. Among the remaining 36 patients, 23 (63.9%) patients underwent prophylactic mastectomy at the time of the primary breast cancer surgery while 19 (52.8%) patients had risk-reducing salpingo-oophorectomy. None of the patients with VUS had any risk-reducing surgery.

At a median follow-up of 21 (range, 2–60) months, 6 (12.0%) patients developed distal metastases. However, no differences were found in the rate of DFS (81.6% versus 86.7%; $p=0.94$, Figure 1) or OS (92.5% versus 92.0%; $p=0.65$, Figure 2) in patients with pathogenic/likely pathogenic BRCA1/2 variants versus patients without, respectively. During the follow up, 3 (23.1%) of the 13 patients who did not have prophylactic mastectomy developed contralateral breast cancer, compared to none among the 23 patients who underwent prophylactic mastectomy.

Discussion

Given the high penetrance rate of BRCA1/2 mutations, genetic counseling of family members is extremely important.²⁸ Many cases of breast and ovarian cancer can be prevented if comprehensive genetic counseling programs are implemented to deal with patients and their family members.

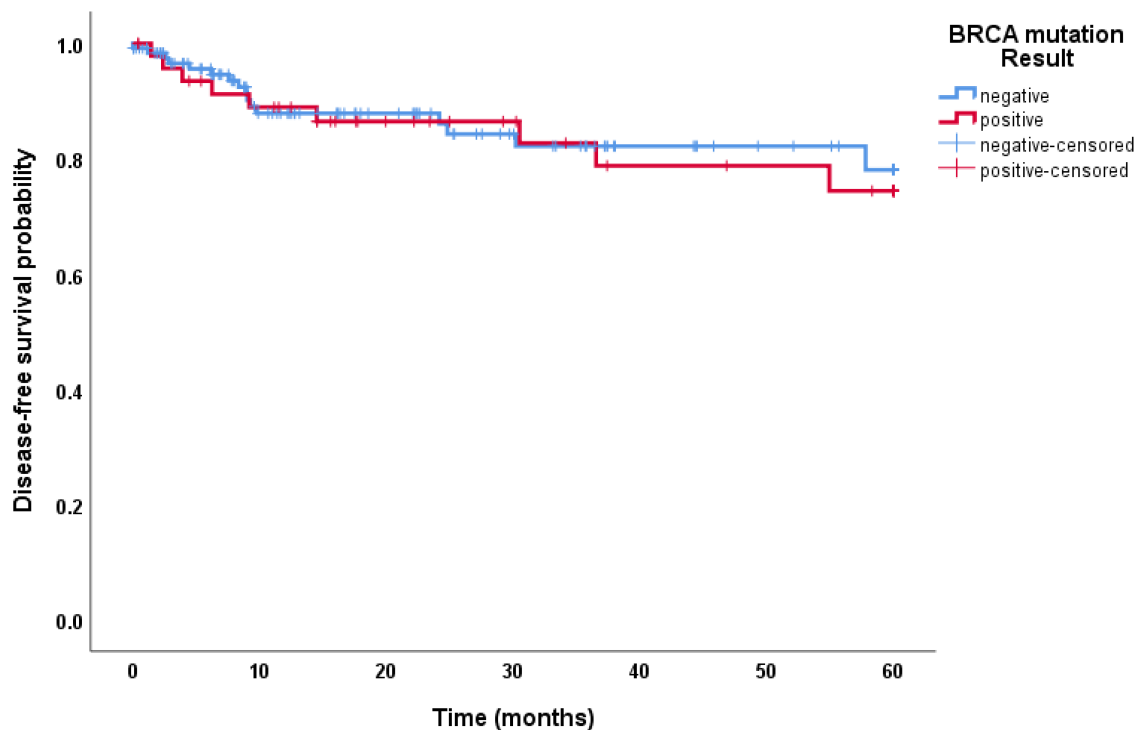
Rates of pathogenic BRCA1/2 mutations differ by ethnicity. In one retrospective study conducted at Duke and UCSF that included a total of 450 evaluable patients with TNBC, 139 (30.8%) had confirmed BRCA1 or BRCA2 mutations; rate was

highest among Ashkenazi Jewish (50%) and lowest among Hispanics (20%).²⁹ In another study from Korea, only 13.1% of 1628 women with TNBC treated at Samsung Medical Center (SMC), had BRCA1 or BRCA2 mutations. The mean age at diagnosis of mutation carriers was significantly younger than the non-carriers (45.6 vs 50.1 years, $p < 0.0001$).³⁰

Similar to many low- and middle-income countries, the median age at breast cancer diagnosis in Jordan is 52 years, which is 10 years younger than most Western societies.^{31–33} To enhance our knowledge about genetic variations associated with breast cancer and its contribution to “younger age at diagnosis” in our country and the region, we established a genetic testing and counseling program and teamed up with 3 international reference labs to initially test for BRCA1 and BRCA2 mutations and then expanded to test for more breast cancer predisposing genes. Through this program, and over the past few years, more than 1300 patients were already tested and initial results were reported earlier.^{34,35} Our mutation rates (11–14%) were little higher than previously reported in neighboring Arab countries.³⁶

Our rates of BRCA1/2 mutations in patients with triple-negative disease, mostly in BRCA1, are similar to previously reported rates.³⁷ However, our findings of positive pathogenic variants of 30–40% in special groups of TNBC worth emphasis. Such high rates were found among younger patients and those with positive family or personal history of breast cancer.

Though issues related to prognosis and treatment outcomes of BRCA1/2-carriers are not settled, many studies had shown



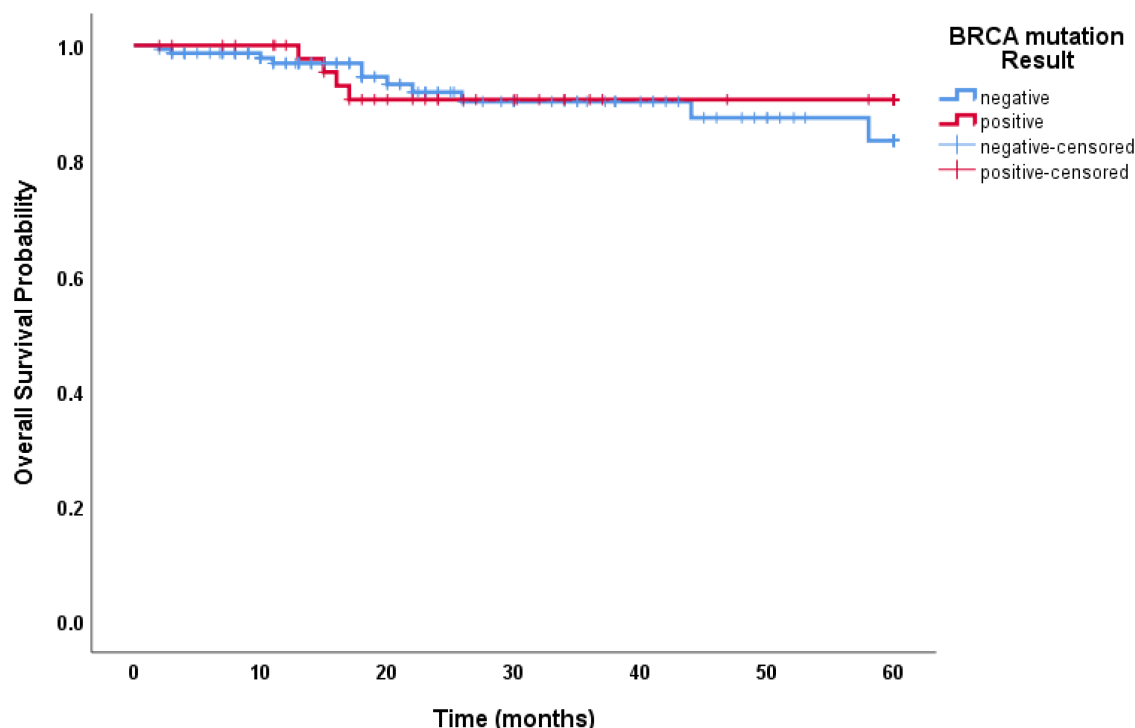
Month		0	12	24	36	48	60
BRCA-Negative	Patients	135	71	49	35	23	18
	Events	0	12	12	15	15	16
BRCA-Positive	Patients	49	37	26	21	18	15
	Events	0	5	6	7	8	9

Figure 1 Kaplan–Meier estimates of DFS: 81.6% in patients with positive BRCA1/2 mutation versus 86.7% in patients with no mutation, $P=0.94$.

worse outcomes. A meta-analysis that included 60 studies and 3588 *BRCA1* or *BRCA2* mutation carriers among over 100,000 patients found that *BRCA1* mutation carriers had worse OS and worse breast cancer specific survival (BCSS) than noncarriers (hazard ratio, HR 1.30, 95% CI: 1.11–1.52) and (HR 1.45, 95% CI: 1.01–2.07), respectively. *BRCA2* carriers, on the other hand, had similar OS but worse BCSS.³⁸ Similar conclusions were reached by another Dutch hospital-Based study that looked, specifically, into young women who were *BRCA1/2* mutation carriers and diagnosed with breast cancer before the age of 50.³⁹ Such difference in survival can be attributed to second ovarian cancers, differences in tumor characteristics and its associated treatment response. Several other studies had reached similar conclusions.⁴⁰ Things, however, may be

different in TNBC; some studies had shown that *BRCA1/2* mutation carriers with TNBC had better OS than noncarriers counterpart (HR 0.49, 95% CI: 0.26–0.92).³⁸ Better OS among *BRCA1/2*-carriers TNBC was also found in Cospen et al study, at least during the first 2 years of follow up; (95% [95% CI 89–97] vs 91% [88–94]; HR 0.59 [95% CI 0.35–0.99]; $p=0.047$) but not at 5 years or 10 years.³⁷ In our study, such difference in OS could not be identified.

The concept of prophylactic mastectomy was acceptable to at least two-thirds of our patients with mutation carriers. Only 4 patients refused any prophylactic procedure and 9 others asked for more time to think about it. The fact that 3 (23.1%) of these patients developed contralateral breast cancer should alert us to intensify our



Month		0	12	24	36	48	60
BRCA-Negative	Patients	147	102	58	42	28	20
	Events	0	4	8	9	10	11
BRCA-Positive	Patients	50	43	30	22	20	18
	Events	0	0	0	4	4	4

Figure 2 Kaplan–Meier Estimates of OS: 92.5% in patients with positive BRCA1/2 mutation versus 92.0% in patients with no mutation, P=0.65.

efforts to convince such patients how serious this issue can be. It is hoped that a stronger psychosocial program and patients’ support groups would have a positive impact.

Conclusions

Arab patients with triple-negative breast cancer subtype have high *BRCA1* or *BRCA2* mutation rates. Young age and personal or family history of breast cancer in close relatives further increase this risk.

Abbreviations

BCSS, breast cancer specific survival; BRCA1/2, breast cancer susceptibility gene-1 and 2; DCIS, ductal carcinoma in situ; DFS, disease-free survival; DNA, deoxyribonucleic acid; ER, estrogen receptors; FISH, fluorescence in situ hybridization; HER2, human epidermal growth factor receptor-2; HR, hazard ratio; LCI,

lobular carcinoma in situ; MLPA, multiplex ligation-dependent probe amplification; NCCN, National Comprehensive Cancer Network; NGS, next-generation sequencing; OS, overall survival; PARP, poly(adenosine diphosphate)-ribose polymerase; PR, progesterone receptors; TN, triple-negative; TNBC, triple-negative breast cancer; VUS, variants of uncertain significance.

Data Sharing Statement

Data associated with this manuscript can be made available through the corresponding author based on reasonable requests.

Ethics Approval

The study was approved by the Institutional Review Board (IRB) at King Hussein Cancer Center, and all patients signed informed consent.

Consent to Participate

Obtained and available.

Consent for Publication

Patients' data was deidentified, consent to publish is not mandated.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors reported no conflicts of interest for this work.

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