



Supplementary Figure 1. Flowchart of the process of identifying and selecting included studies. The grey boxes indicate the stage of the selection process; n denotes the number of articles included at each stage of the process.

Table with columns: Study Design, Baseline Characteristics, Results, and Adverse events. Rows include studies such as Gupta et al., Kumar et al., Shoaib et al., Pulphok et al., Minnaji et al., Tan et al., Ross et al., Charvati et al., UK AMD EMR, Bashier et al., Boroah et al., Williams et al., Buckle et al., Raszi et al., Taks et al., Almutaseb et al., Almutaseb et al., Lee et al., Lee et al., Vardarsoo et al., Yang et al., Ozturk et al., Elthenadi et al., Ficher et al., Faller et al., Hama et al., and Chandra et al.

Supplementary Table 2. Bias Assessment: Institute of Health Economics (IHE). Quality Appraisal of Case Series Studies Checklist.²⁷

Reference	Year	Study Objective	Study Design			Study Population		
		Clear Objectives	Prospective	Multi-Centre	Consecutive Recruitment	Patient Characteristics Described	Clear Inclusion / Exclusion Criteria	Similar Point in Disease
Gupta et al. ¹	2011	Yes	No	No	Unclear	Yes	Yes	Yes
Kumar et al. ²	2011	Yes	Yes	No	Yes	Yes	Yes	Yes
Shona et al. ³	2011	Yes	No	No	Unclear	Yes	Yes	Yes
Pushpoth et al. ⁴	2012	Yes	No	No	Yes	Yes	Yes	Unclear
Muniraju et al. ⁵	2013	Yes	No	No	Yes	Partial	Yes	Yes
Tan et al. ⁶	2013	Yes	No	No	Unclear	Partial	Yes	Yes
Ross et al. ⁷	2013	Yes	Yes	No	Unclear	Yes	Yes	Yes
Chavan et al. ⁸	2014	Yes	Yes	No	Yes	Yes	Yes	Yes
UK AMD EMR ⁹	2014	Yes	No	Yes	Unclear	Yes	Yes	Yes
Basheer et al. ¹⁰	2015	Yes	Yes	No	Unclear	Partial	Yes	Yes
Borooh et al. ¹¹	2015	Yes	No	Yes	Unclear	Partial	Yes	Unclear
Williams et al. ¹²	2015	Yes	Yes	No	Yes	Partial	Yes	Yes
Buckle et al. ¹³	2016	Yes	No	No	Unclear	Yes	Yes	Yes
Razi et al. ¹⁴	2016	Yes	No	No	Yes	Yes	Yes	Yes
Talks et al. ¹⁵	2016	Yes	No	Yes	Unclear	Yes	Yes	Yes
Almuhtaseb et al. ¹⁶	2017a	Yes	No	No	Unclear	Yes	Yes	Yes
Almuhtaseb et al. ¹⁷	2017b	Yes	No	Yes	Unclear	Yes	Yes	Yes
Lee et al. ¹⁸	2017	Yes	No	Yes	Unclear	Yes	Yes	Yes
Vardarinos et al. ¹⁹	2017	Yes	No	No	Unclear	Yes	Yes	Yes
Yang et al. ²⁰	2017	Yes	Partial	Yes	Unclear	Yes	Yes	Yes
Ozturk et al. ²¹	2018	Yes	No	No	Unclear	Yes	Yes	Yes
Eleftheriadou et al. ²²	2018	Yes	No	No	Yes	Yes	Yes	Yes
Fulcher et al. ²³	2019	Yes	No	No	Unclear	Yes	Yes	Yes
Fasler et al. ²⁴	2019	Yes	No	No	Unclear	Yes	Yes	Yes
Horner et al. ²⁵	2019	Yes	No	No	Yes	Yes	Yes	Yes
Chandra et al. ²⁶	2020	Yes	No	No	Yes	Yes	Yes	Yes

Reference	Year	Intervention and co-intervention		Outcome Measures				Statistical Analysis
		Intervention Described Clearly	Co-Interventions Described Clearly	<i>A priori</i> outcomes measures	Masked Outcome Assessors	Appropriate Outcome Measures	Before and After Intervention	Appropriate Statistical Tests
Gupta et al. ¹	2011	Yes	Yes	Yes	No	Yes	Yes	Yes
Kumar et al. ²	2011	Yes	Yes	Yes	No	Yes	Yes	Yes
Shona et al. ³	2011	Yes	Yes	Yes	No	Yes	Yes	Yes
Pushpoth et al. ⁴	2012	Yes	Yes	Yes	No	Yes	Yes	Yes
Muniraju et al. ⁵	2013	Yes	Yes	Yes	No	Yes	Yes	Yes
Tan et al. ⁶	2013	Yes	Yes	Yes	No	Yes	Yes	Yes
Ross et al. ⁷	2013	Yes	Yes	Yes	No	Yes	Yes	Yes
Chavan et al. ⁸	2014	Yes	Yes	Yes	No	Yes	Yes	Yes
UK AMD EMR ⁹	2014	Yes	Yes	Yes	No	Yes	Yes	Yes
Basheer et al. ¹⁰	2015	Yes	Yes	Yes	No	Yes	Yes	Unclear
Borooah et al. ¹¹	2015	Yes	Yes	Yes	No	Yes	Yes	Yes
Williams et al. ¹²	2015	Yes	Yes	Yes	No	Yes	Yes	Unclear
Buckle et al. ¹³	2016	Yes	Yes	Yes	No	Yes	Yes	Yes
Razi et al. ¹⁴	2016	Yes	Yes	Yes	No	Yes	Yes	Unclear
Talks et al. ¹⁵	2016	Yes	Yes	Yes	No	Yes	Yes	Yes
Almuhtaseb et al. ¹⁶	2017	Yes	Yes	Yes	No	Yes	Yes	Yes
Almuhtaseb et al. ¹⁷	2017	Yes	Yes	Yes	No	Yes	Yes	Yes
Lee et al. ¹⁸	2017	Yes	Yes	Yes	No	Yes	Yes	Yes
Vardarinos et al. ¹⁹	2017	Yes	Yes	Yes	No	Yes	Yes	Yes
Yang et al. ²⁰	2017	Yes	Yes	Yes	No	Yes	Yes	Yes
Ozturk et al. ²¹	2018	Yes	Yes	Yes	No	Yes	Yes	Yes
Eleftheriadou et al. ²²	2018	Yes	Yes	Yes	No	Yes	Yes	Yes
Fulcher et al. ²³	2019	Yes	Yes	Yes	No	Yes	Yes	Yes
Fasler et al. ²⁴	2019	Yes	Yes	Yes	No	Yes	Yes	Yes
Horner et al. ²⁵	2019	Yes	Yes	Yes	No	Yes	Yes	Yes
Chandra et al. ²⁶	2020	Yes	Yes	Yes	No	Yes	Yes	Yes

Reference	Year	Results and Conclusions					Competing interests and sources of support	Domains completed
		Follow-up Long Enough	Losses to Follow-up Reported	Estimates of Random Variability	Adverse Events	Conclusions Supported by Results	Competing Interests Reported	
Gupta et al. ¹	2011	Yes	Yes	Yes	Partial	Yes	Partial	15.5
Kumar et al. ²	2011	Yes	Yes	Yes	Partial	Yes	Partial	17
Shona et al. ³	2011	Yes	Yes	Yes	Partial	Yes	Partial	15.5
Pushpoth et al. ⁴	2012	Yes	Yes	Yes	Partial	Yes	Yes	16
Muniraju et al. ⁵	2013	Yes	Yes	Yes	No	Yes	Partial	15
Tan et al. ⁶	2013	Yes	Yes	Yes	No	Yes	No	14
Ross et al. ⁷	2013	Yes	Yes	Yes	Partial	Yes	Partial	16.5
Chavan et al. ⁸	2014	Yes	Yes	Yes	No	Yes	Partial	16.5
UK AMD EMR ⁹	2014	Yes	Yes	Yes	Partial	Yes	Partial	17
Basheer et al. ¹⁰	2015	Yes	Yes	Partial	No	Yes	Yes	15
Borooah et al. ¹¹	2015	Yes	Yes	Yes	No	Yes	Yes	15.5
Williams et al. ¹²	2015	Yes	Yes	Partial	No	Yes	Partial	15
Buckle et al. ¹³	2016	Yes	Yes	Partial	Partial	Yes	Partial	15
Razi et al. ¹⁴	2016	Yes	Yes	Partial	Partial	Yes	Partial	15
Talks et al. ¹⁵	2016	Yes	Yes	Yes	No	Yes	Yes	16.5
Almuhtaseb et al. ¹⁶	2017	Yes	Yes	Partial	No	Yes	Partial	14.5
Almuhtaseb et al. ¹⁷	2017	Yes	Yes	Yes	No	Yes	Yes	16.5
Lee et al. ¹⁸	2017	Yes	Yes	Yes	No	Yes	Yes	16.5
Vardarinos et al. ¹⁹	2017	Yes	Yes	Yes	Yes	Yes	Yes	16.5
Yang et al. ²⁰	2017	Yes	Yes	Yes	No	Yes	Yes	17
Ozturk et al. ²¹	2018	Yes	Yes	Yes	No	Yes	Yes	15.5
Eleftheriadou et al. ²²	2018	Yes	Yes	Yes	No	Yes	Yes	16
Fulcher et al. ²³	2019	Yes	Yes	Yes	No	Yes	Yes	15.5
Fasler et al. ²⁴	2019	Yes	Yes	Yes	No	Yes	Yes	15.5
Horner et al. ²⁵	2019	Yes	Yes	Yes	No	Yes	Yes	16
Chandra et al. ²⁶	2020	Yes	Yes	Yes	Partial	Yes	Yes	16.5

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