

A comparison of immunotoxic effects of nanomedicinal products with regulatory immunotoxicity testing requirements

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Abstract: Nanomaterials (NMs) are attractive for biomedical and pharmaceutical applications because of their unique physicochemical and biological properties. A major application area of NMs is drug delivery. Many nanomedicinal products (NMPs) currently on the market or in clinical trials are most often based on liposomal products or polymer conjugates. NMPs can be designed to target specific tissues, eg, tumors. In virtually all cases, NMPs will eventually reach the immune system. It has been shown that most NMs end up in organs of the mononuclear phagocytic system, notably liver and spleen. Adverse immune effects, including allergy, hypersensitivity, and immunosuppression, have been reported after NMP administration. Interactions of NMPs with the immune system may therefore constitute important side effects. Currently, no regulatory documents are specifically dedicated to evaluate the immunotoxicity of NMs or NMPs. Their immunotoxicity assessment is performed based on existing guidelines for conventional substances or medicinal products. Due to the unique properties of NMPs when compared with conventional medicinal products, it is uncertain whether the currently prescribed set of tests provides sufficient information for an adequate evaluation of potential immunotoxicity of NMPs. The aim of this study was therefore, to compare the current regulatory immunotoxicity testing requirements with the accumulating knowledge on immunotoxic effects of NMPs in order to identify potential gaps in the safety assessment. This comparison showed that immunotoxic effects, such as complement activation-related pseudoallergy, myelosuppression, inflammasome activation, and hypersensitivity, are not readily detected by using current testing guidelines. Immunotoxicity of NMPs would be more accurately evaluated by an expanded testing strategy that is equipped to stratify applicable testing for the various types of NMPs.

Keywords: nanomedicine, regulatory requirements, safety, testing methods, immunotoxicity

Introduction

Nanomaterials (NMs) are increasingly used in a wide variety of applications, including pigments in paint, antibacterial coatings, and ultraviolet filters in sunscreens, due to their unique physicochemical properties. One of the most active research fields of NM applications is nanomedicine,¹ defined by the European Science Foundation² as:

The science and technology of diagnosing, treating and preventing disease and traumatic injury, of relieving pain, and of preserving and improving human health, using molecular tools and molecular knowledge of the human body.²

This article focuses on nanomedicine applications, which are regulated as medicinal products. Expectations for the benefits of these so-called nanomedicinal products (NMPs) are high.^{3,4} NMPs can have a great impact in health care, including a reduction

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in costs as well as a contribution to the concept of personalized medicine.⁵ Research is ongoing for their use as an alternative in therapeutics for many different diseases. One of the key aims of developing NMPs is the minimization of unwanted side effects.^{6–8} Furthermore, due to their small size, the transport through the different biological barriers is expected to be enhanced, resulting in an improved transport and delivery of the therapeutic compounds to the target tissue.^{4,8,9} In addition, characteristics of NMPs, such as surface area, composition, and surface coating, can be designed to fit the particular purpose of a drug.^{6,8}

NMPs that are already used in the clinic include a range of therapeutic products, as well as contrast agents for magnetic resonance imaging (MRI).^{7,10} Various types of nanoformulations used in drug delivery are presented in Figure 1.¹¹

Although one of the major benefits claimed for many NMPs is a reduction in unwanted side effects, the use of NMPs does not guarantee the absence of side effects. Systemically available NMPs have the tendency to end up in lymphoid organs, such as the spleen,^{12,13} and interactions of NMPs and NM with the immune system play a leading role in the intensity and extent of side effects occurring simultaneously with the therapeutic activity.¹⁴

The immune system is the body's defense against the invasion of foreign material and is also responsible for maintaining the body's homeostasis. Many adverse immune effects were reported after conventional medicinal product administration, including allergy, anaphylaxis, hypersensitivity, and immunosuppression.¹⁵ In fact, it was reported that 10%–20% of the medicinal products removed from clinical practice between 1969 and 2005 were withdrawn due to immunotoxic effects.^{16,17} A careful investigation of the immunosafety profile of any medicinal product, including NMPs, is therefore of high importance.^{16,18}

As with any medicinal product, the quality, efficacy, and safety of NMPs need to be evaluated and approved by regulatory bodies (eg, European Medicines Agency [EMA], US Federal Drug Administration [USFDA], Health Canada [HC], and the Japanese Pharmaceuticals and Medical Devices Agency) before the products can enter the market. Generally, pharmaceutical companies need to demonstrate the quality, efficacy, and safety of their product based on the results of analytical testing, *in vitro* and *in vivo* nonclinical studies, and clinical trials, covering all aspects relevant to their product. Studies addressing the safety aspects are generally performed using harmonized guidelines, such as those defined by the International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use (ICH).

Currently, there are no regulatory guidance documents specifically dedicated to evaluate the immunotoxicity of NMPs. Assessment of immunotoxicity of NMPs is performed based on existing guidelines for conventional medicinal products, including the ICH S8 guideline on immunotoxicity studies for human pharmaceuticals. Due to the differences between conventional medicinal products and NMPs, it can be questioned whether the currently prescribed set of testing methods provides sufficient information for an adequate evaluation of potential immunotoxic effects of NMPs.

The aim of this review was to compare the present guidelines for the assessment of potential adverse effects of medicinal products on the immune system with the increasing knowledge on effects of NMPs, both marketed and under development, in order to identify potential gaps in the safety evaluation.

What are NMPs? Definitions

Various definitions of NMs and NMPs are used in regulations and scientific literature, but most refer to materials with a size range between 1 nm and 100 nm in one, two, or three dimensions.^{3,19–22} Although by this definition, a nanosheet with a 1 nm thickness is also considered as a NM, the term NM mostly refers to particulate structures consisting of solid materials for which the terms NMs and nanoparticles (NPs) are used interchangeably. The EMA defines nanotechnology as “the use of tiny structures – less than 1,000 nm across – that are designed to have specific properties”.²³ Nanomedicines are purposely designed, often using multiple components. The rationale for their design includes improved drug delivery, eg, drug targeting (organ specific, cell specific, or subcellular targeting), controlled and/or site-specific release, and improved drug transport across biological barriers.²⁴ A similar approach to define nanomedicine is used by the USFDA and HC. The working definitions of both HC and the USFDA determine the nanoscale as ranging up to 100 nm size. Nevertheless, further information may also be asked from the manufacturer by HC for products with sizes up to 1,000 nm within particular regulatory programs. Also the USFDA reserves the right, for the time being, to perform specific evaluation of engineered materials or end products up to 1,000 nm.^{25,26}

Depending on the definition used, the number of nanomedicines marketed and under development varies.^{10,27} Using EMA's definition, Noorlander et al²⁷ reported recently that 175 NMPs are on the market or in clinical trials. Of these products, 43 NMPs were approved by EMA, 71 NMPs were

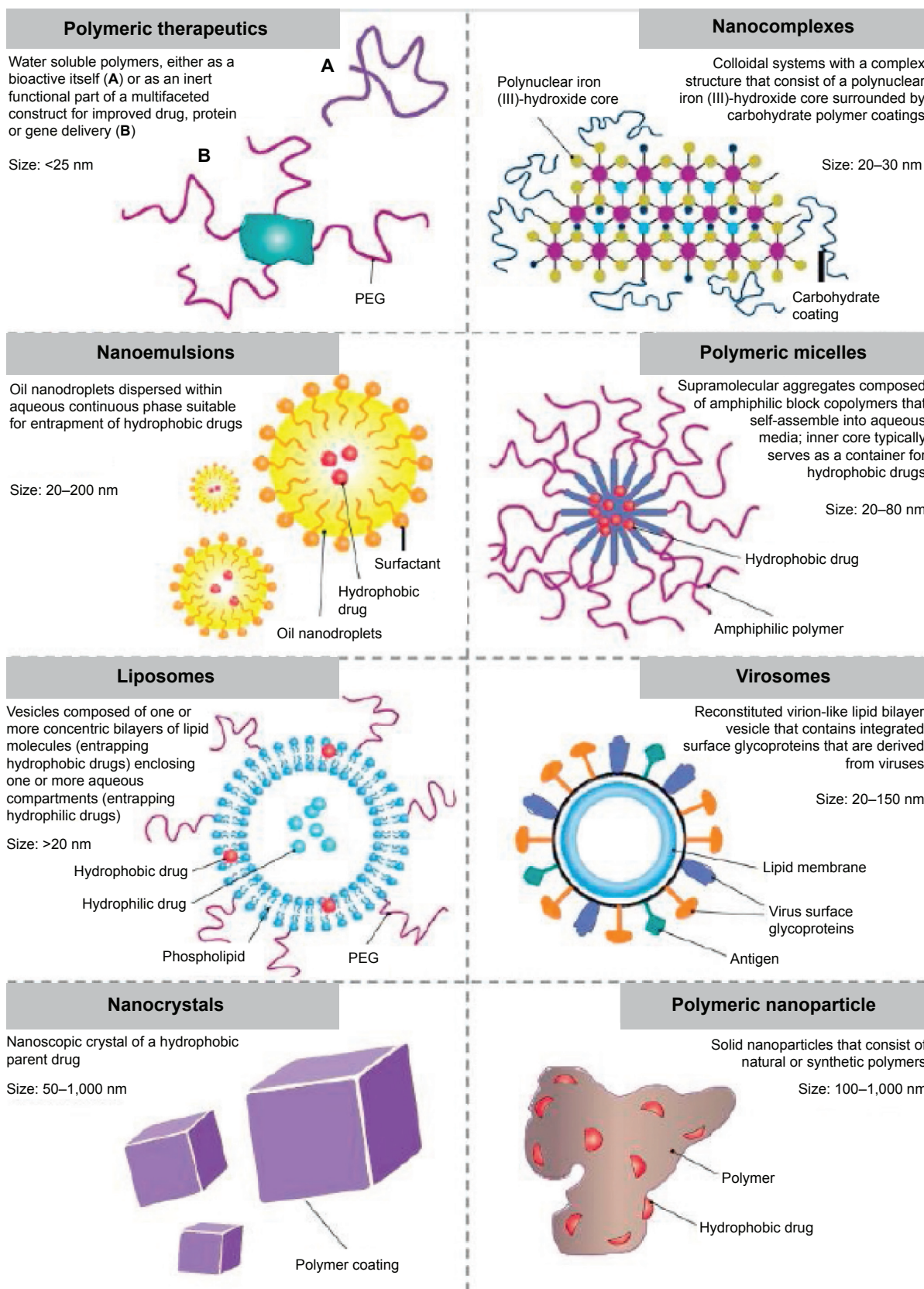


Figure 1 Nanoformulations in medicinal products.

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Abbreviation: PEG, polyethylene glycol.

approved by the USFDA, and 101 NMPs were in various stages of clinical trials.²⁷

Categories of NMPs according to their type of application

NMPs can be categorized according to their type of application: diagnostic and therapeutic. A very low number of NMPs is already integrated in clinical practice for diagnostic purposes. According to Kiessling et al,¹³ this absence of clinical use of different diagnostic NMPs has been linked to problems of developing NMPs with adequate pharmacokinetic characteristics and reproducible consistency, and considerations on toxicity, biodegradation, and elimination could be other factors.¹³ Iron oxide NMPs have been used but are currently no longer on the market. As a different example, $Gd_2O_3@SiO_2$ core-shell NM is an example of an NM under development as a contrast agent for MRI in cancer diagnosis. It shows adequate magnetic resonance contrast accompanied with limited cytotoxicity and immunotoxicity.²⁸ Feraheme (ferumoxytol) is an iron-based NMP administered for the treatment of iron deficiency anemia in adult patients with chronic kidney disease.²⁹ During the last decade, ferumoxytol has also been investigated for application as a contrast agent in MRI.^{30–33} It is an iron-based agent with no potential for causing nephrogenic systemic fibrosis as gadolinium-based contrast agents and, therefore, considered to be an attractive candidate product.³⁴

So far, therapeutic drug delivery systems are dominating nanomedicine^{1,35} and represent >75% of total sales.¹ The majority of the NMPs already marketed consist of liposomal products and polymer conjugates.^{27,36} An example of a liposomal nanoformulation is DOXIL[®], which contains the chemotherapeutic drug doxorubicin. DOXIL[®] was the first NMP that gained regulatory approval. It is used to treat patients suffering from AIDS-related Kaposi's sarcoma, ovarian cancer, and multiple myeloma. The benefit of this NMP compared to the conventional drug, free doxorubicin, is that the cardiotoxicity of the drug is reduced due to the altered toxicokinetics resulting in reduced levels of doxorubicin in the heart, accompanied by higher accumulation in the malignant tissue. Furthermore, a reduction in the effective therapeutic dose is possible.⁴ An example of a polymer conjugate is Neulasta[®], a covalent conjugate of recombinant methionyl human granulocyte-colony stimulating factor (filgrastim) and monomethoxypolyethylene glycol. It is prescribed for reduction of the risk of infection due to a low white blood cell count in patients suffering from certain types of cancer (nonmyeloid) and receiving chemotherapy that can cause fever and low blood cell count.^{27,37} Migration of

particulate NMPs in the tumor is promoted by the relatively poor quality of the blood vessels, which have gaps in their endothelial lining.³⁸ This results in the so-called enhanced permeability and retention effect that favors NMPs' accumulation at solid tumor sites.³⁶

In some cases, NMPs can function both as diagnostic and therapeutic agents, the so-called theranostics.¹³ An example of theranostics is the use of magnetoplasmonic NP assemblies for cancer theranostics. Chen et al³⁹ developed a magnetoplasmonic nanostructure for the treatment and diagnosis of cancer. These nanostructures were able to demonstrate high contrast magnetic resonance images and high apoptosis rates in leukemic cells in vitro.³⁹ Another example is a fullerene-based theranostic, in particular gadolinium endohedral fullerene, designed as an MRI contrast agent able to pass the blood-brain barrier that can also deliver a therapeutic compound to highly malignant glioblastoma. This theranostic was tested in vivo displaying selective targeting and reduction in human brain tumors, which were previously transplanted in mice.⁴⁰

Categories of NMPs according to innovation status

NMPs can also be categorized as follows: first-generation NMPs, nanosimilars, and second-generation NMPs. First-generation NMPs are already established and used in clinical practice today. For some of these NMPs, mainly liposomes and iron oxides, the patents have expired or will do so in the near future, and follow-on nanomedicines are expected to enter the market soon.^{1,10,11,24} These new products have been termed as “nanosimilars”.²⁴ Similarity is determined based on aspects of quality, efficacy, and safety and should be demonstrated before the product is granted market authorization. The last category includes new and more technologically complex “second-generation NMPs”, which are still under development.^{1,10,11,24} An important type of second-generation NMPs is based on block copolymer micelles.²⁴ An example is the development of nanomicelles based on cationic mPEG2000-PLA3000-b-R15 copolymer, tested in vitro on MCF-7 cells and erythrocytes directly isolated from rats and in vivo in a mouse model.⁴¹ Zhao et al⁴¹ reported that these nanomicelles can be regarded as a safe and efficient nano-carrier for in vivo delivery of therapeutic siRNA. Another example is the use of polymeric micelles that are constituted by amphiphilic block copolymers. This nanoformulation was regarded suitable for the encapsulation of poorly water-soluble, hydrophobic medicinal products and can be applied in cancer treatment.⁴² Due to limited experience with the

evaluation of these products, nanosimilars and second-generation NMPs constitute a challenge for manufacturers and regulators who have to ensure that safe products enter the market.²⁴

The immune system and immunotoxicity of medicinal products

The immune system is responsible for maintaining healthy homeostasis through host protection from pathogens and monitoring the body to effectively identify and remove damaged and dead cells. Functional and structural changes of the immune system can result in a variety of pathophysiological conditions and diseases.⁴³ Taking into account that the role of the immune system is to recognize and eliminate possible threats that come into contact with the body, preservation of its good condition is important to maintain the integrity of the organism.¹⁸

There may be different consequences of perturbation of the immune system by xenobiotics. One is direct toxicity of the xenobiotic for cells and organs of the immune system leading to malfunction of the immune system, potentially resulting in decreased resistance to infection or reduced defenses against neoplasms. Specific responses of the immune system can be of a cellular or of a humoral nature. For instance, T-cell-mediated hypersensitivity after exposure to abacavir⁴⁴ and anaphylaxis induction by penicillin.⁴⁵ Nonspecific interactions with components of the immune system may, eg, involve mast cells, leading to a pseudoallergic reaction. Xenobiotics may also be recognized by the immune system as a “threat” resulting in allergy, or they may alter self-components so that the immune system no longer recognizes certain components as self, resulting in autoimmunity. Direct toxicity of xenobiotics to components of the immune system may also aggravate adverse effects on the immune system caused by other factors, ie, allergic or autoimmune phenomena that are not caused by the xenobiotic itself but are evident or latently present because of other reasons. An example of this is an inadvertent adjuvant activity, where the xenobiotic aggravates an allergic response to another stimulant.

With regard to conventional medicines, autoimmunity occurs quite rarely.¹⁵ Serious responses to medicinal products include higher susceptibility to infections⁴⁶ and virus-induced malignancies^{46,47} as a result of immunosuppression. Several epidemiological studies have demonstrated an inhibition of resistance to infectious agents. However, the major drug-induced immunotoxic effects are specific or nonspecific

hypersensitivity-like reactions. For example, nonspecific hypersensitivity or so-called “pseudoallergy” can be caused by nonsteroidal anti-inflammatory medicinal products, analgesics, and morphine.^{48,49}

Most undesirable adverse effects of medicinal products are predictable as they are initiated by the known pharmacological or toxicological activity of the active pharmaceutical ingredient. Nevertheless, in 16% of all cases, idiosyncratic side effects are observed that cannot be predicted. The majority of these unpredictable side effects are regarded as immune-mediated hypersensitivity reactions to medicinal products.

The immune system and NMs

A large body of knowledge is evolving on the interactions of NMs with the immune system. Most of this knowledge is also relevant to NMPs. Studies on toxicokinetics of intravenously administered NMs, such as gold NPs (AuNPs), silver NPs (AgNPs), and titanium dioxide (TiO₂) NPs, have shown that most of the NMs end up in immune-related organs containing cells of the mononuclear phagocytic system (MPS), notably in the liver and the spleen.^{50–52} Only a small fraction of the administered dose showed a more widespread tissue distribution beyond the liver and spleen with the smallest NPs reaching most organs.⁵⁰ Immune cells, such as monocytes, platelets, leukocytes, dendritic cells, and macrophages, recognize and take up NMs, while they are still in the circulation or when present in tissues, such as liver (Kupffer cells) and spleen (macrophages). There are several pathways that immune cells use to take up NM, and they can be facilitated by the adsorption of opsonins on the surface of the particle. Opsonization can happen at the exact time point when the NM enters the bloodstream. After the NMs are taken up by the immune cells, their fate depends on their biodegradability. Biodegradable NMs are digested and, thus, facilitate elimination, but nondegradable NMs can be stored in the cells for long periods of time.⁵³ Variation of the characteristics of NMs, such as size, shape, surface charge, density, crystallinity, zeta potential, and extent and nature of the surface modification, could lead to changes in the distribution pattern and to variation in their persistence in the body. Different studies demonstrate that toxic effects to the immune system may depend on the size of the NMs. In vivo inhalation exposure of rats to different sizes of AgNPs demonstrated a size-dependent toxicity in the lungs compared to the controls.⁵⁴ Size-dependent effects of AgNPs were not only demonstrated after in vivo mammalian exposure but also following the exposure of microbial species, protozoans,

algae, crustaceans, and mammalian cells *in vitro*.⁵⁵ Studies also showed dependency of toxic effects on the size of the NMs after the exposure of AuNPs to murine fibroblasts.⁵⁶ The finding that immunotoxic effects may change with small changes in size (or likely also with small changes in other physicochemical properties) demonstrates that results of one NM cannot readily be extrapolated to another NM, even if they have the exact same chemical composition. This implies that batches of NMs need to be highly controlled, not only in terms of their chemical composition and purity, but also in terms of their physicochemical properties, such as size. The properties of the surface of NMs, thus, have a large impact on their biological behavior and, in turn, on their potential effects on the immune system.

Several studies have shown that a naked NP does not exist in the body but is quickly covered with all kinds of biomolecules forming the so-called “corona”.^{57–59} Although often referred to as protein corona, also other molecules, such as lipids, can adhere to the NMs.^{57,60} The effect of the corona on the distribution and biocompatibility of NMs is not well understood yet.

Recognition of NMs by the immune system as foreign material can result in responses leading to their elimination. Additionally, immune-mediated elimination of NMs can induce intense manifestations that may lead to pathologies, such as complement activation, and may induce acute inflammation.¹⁸ Toxicity may include immunotoxic effects in the broadest sense, ie, effects on innate immune responses and effects on specific immune responses.

Induction of inflammation can be triggered through NF- κ B pathway activation, as indicated by the enhanced production of cytokines and chemokines.^{7,8} Another mechanism that leads to adverse effects on the innate immune system is the excessive production of reactive oxygen species (ROS),^{7,8} which is often observed after exposure to metal and metal oxide particles.⁶¹ *In vitro* exposure to these NPs and the resulting excessive production of ROS may induce oxidative stress, eventually leading to cell death if the antioxidant resources in the cells are insufficient.⁶² ROS can also lead to inflammation and changes in proteins and DNA, which in turn leads to inflammatory damage.^{62,63}

An example of NMs presenting immunomodulatory effects is that of AuNPs, which find different applications including medical uses, such as contrast agents for imaging, drug delivery, and hyperthermia treatment.⁶⁴ AuNPs can have various surface charges and coatings, which are reported in literature to induce immunomodulatory effects.⁸ For instance, Deng et al⁶⁵ reported NF- κ B pathway activation and secretion

of inflammatory cytokines (TNF α and IL-8) after exposure of THP1 cells to negatively charged poly(acrylic acid)-coated AuNPs. In addition, Sharma et al⁶⁶ reported changes in cellular function and induction of NF- κ B-regulated luciferase reporter of murine B-lymphocyte cells after exposure to citrate-stabilized 10 nm AuNPs. Other examples of immunomodulatory effects by NMs are the induction of improper antigen-presenting cell maturation after exposure to multi-walled carbon nanotubes (MWCNT) and single-walled carbon nanotubes (CNT)^{67,68} and Th1/Th2 balance shift after exposure to iron oxides, TiO₂ and CeO₂.^{69,70}

Exposure to CNT resulted in adverse effects in various cell types *in vitro*, including those with immune-related functions, such as macrophages (m ϕ) (rat alveolar m ϕ [NR8383] and THP1-derived m ϕ), human microvascular endothelial cells, human epidermal keratinocytes, human bronchial epithelial (BEAS-2B), human mesothelial (MeT-5A) cells, and lymphoblastoid (MCL-5) cells.⁷¹ *In vivo* studies have shown depletion of antioxidants, increased intracellular production of ROS, and proinflammatory signaling, resulting in fibrosis and neoplastic changes in the lungs of mice and rats and elevated risk of cardiopulmonary diseases by generation of a proinflammatory and prooxidant milieu in the lungs.⁷¹ For nanosilver, immunosuppression was observed after 28-day repeated dose intravenous administration to Wistar rats,^{72,73} although no immunotoxicity was observed in another study using oral administration.⁷⁴

Some NMs can interact with the immune system in a direct way through toll-like receptors (TLRs).⁷⁵ Proteins of the complement cascade are not only able to stimulate the immune system independently with effects as those mentioned earlier, but they can also act in a synergistic way with TLRs to increase inflammation. TLRs are also able to lead to immune reactions independently from the complement cascade. TLR stimulation by agonists might result in extreme production of proinflammatory cytokines.⁴ For instance, it has been reported that silica and titanium dioxide NPs are able to suppress the expression of TLR9 receptor and faltering of the CpG oligonucleotides but on the other hand increase TLR4-mediated LPS-induced production of proinflammatory cytokines.⁷⁶

In addition, for NMs quite frequently hypersensitivity and immunosuppressive and anti-inflammatory effects are reported and less often autoimmunity.⁷⁷ Recently, the induction of protein citrullination by NMs was reported, which may potentially lead to triggering of autoimmune diseases.^{78,79}

Autophagy is an evolutionarily conserved intracellular process⁷⁹ that has a leading role in inflammatory and

immune responses.⁸⁰ Silica NPs can disturb the homeostasis of endothelial cells and affect angiogenesis. Duan et al⁸¹ reported that Silica NPs are able to generate VEGFR2-mediated autophagy in endothelial cells and pericytes. More NMs' types have recently been reported to be able to induce autophagy in different cell types, through Akt–TSC2–mTOR signaling or potentially as a result of excessive oxidative stress induction.^{82–84} A summary of the effects of NMs on the immune system is presented in Table 1.

The immune system and NMPs as a special group of NMs

Interactions with the immune system

Similar to what has been found for other NMs, physicochemical characteristics, including size, surface charge, coatings, and other surface characteristics influence the behavior of NMPs and thus their interaction with the immune system.^{10,24} In addition, the toxic profile of NMPs, including their immunotoxic profile, is determined by combined effects of

Table 1 Examples of immunotoxic effects reported after in vitro or in vivo testing of nanomaterials

Adverse side effects	Nanomaterial	Average size (nm)	Testing method	References
Inflammation due to ROS production	Nonporous silica nanoparticles	15	In vivo animal model Male SD rats Intravenous administration – single dose	137
ROS production	Carbon black	14	In vitro A549, CaCo, CaLu3, HaCaT, MDCK, MDCK2, RAW264.7, NIH3T3, NRK52E, and RLE6TN	62
ROS production and cell apoptosis	Titanium dioxide (TiO ₂) NPs	21	In vitro Beas-2B	138
NF-κB pathway activation Inflammatory cytokine secretion (TNF-alpha and IL-8)	Negatively charged PAA-AuNPs	–	In vitro THP-1 cells	65
Modification of cellular function NF-κB-regulated luciferase reporter induction	Citrate-stabilized AuNPs	10	In vitro Murine B-lymphocyte cell line (CH12.LX)	66
Improper antigen presenting cell maturation Partly exacerbate in vivo murine allergic airway inflammation by promotion of induction of T-helper immune responses	MWCNT	–	In vitro Bone marrow-derived DC In vivo ICR mice	67
Improper antigen-presenting cell maturation Exacerbate in vivo murine allergic airway inflammation by promotion of induction of T-helper immune responses	SWCNT	–	In vitro Bone marrow-derived DC In vivo ICR mice	68
Delayed-type hypersensitivity (DTH)	Resovist® (Bayer AG, Leverkusen, Germany)	58.7	In vivo Male BALB/c mice Intravenous administration 1 hour before ovalbumin sensitization	70
Inflammatory responses via ROS, inflammasome, IL-1beta pathway	Titanium dioxide (TiO ₂) NPs	7–10	In vitro PBMC-derived DC	69
Th1/Th2 balance shift	Cerium oxide (CeO ₂)	3–5	In vitro PBMC-derived DC	69
Inflammation and oxidative stress	CNT	–	In vitro mφ (rat alveolar mφ [NR8383], human THP1-derived mφ) Human microvascular endothelial cells Human epidermal keratinocytes Human bronchial epithelial (BEAS-2B) cells Human mesothelial (MeT-5A) cells Lymphoblastoid (MCL-5) cells	71

(Continued)

Table 1 (Continued)

Adverse side effects	Nanomaterial	Average size (nm)	Testing method	References
Generation of a pro-inflammatory and pro-oxidant environment in the lungs	CNT	–	Mice and rats	71
Immunosuppression	AgNPs	20 100	28-Day repeated dose Intravenous administration to Wistar rats	72, 73
TLR exploitation	PVM/MA NPs	230±5	In vitro Mouse DC from mouse femur bone marrow precursors In vivo C57/BL6 ip administration	75
Suppress the expression of TLR9 and altering of the CpG oligonucleotides	Titanium dioxide (TiO ₂) NPs Silicon dioxide (SiO ₂) NPs Zirconium dioxide (ZrO ₂) NPs Co NPs	TiO ₂ 70 SiO ₂ 15 ZrO ₂ 5–30 Co 50–200	In vitro Human mφ PMA-differentiated myelomonocytic U-937 cells	76
Increase of TLR4-mediated LPS-induced production of pro-inflammatory cytokines				
Post-translational citrullination of proteins	Silicon dioxide (SiO ₂) NPs Positively charged alumina-coated chloride ion-stabilized SiO ₂ NPs (Al-SiO ₂ NPs) Sc-SiO ₂ NPs SWCNT	SiO ₂ NPs 30, 80, and 400 Al-SiO ₂ NPs 40 Sc-SiO ₂ NPs 20 SWCNT: mean diameter 1–4 nm and length 1–3 μm	In vitro A549 and THPI cells In vivo C57BL/6 mice – inhalatory exposure	78, 79
Generation of VEGFR2-mediated autophagy	Silica NPs (SiNPs)	62	In vivo ICR mice	81
Autophagic cell death through the Akt–TSC2–mTOR pathway in vitro	PABS-, PEG-, or carboxylic acid (COOH)-functionalized SWCNT	–	In vitro Human lung adenocarcinoma A549 cells In vivo BALB/c mice	83
Acute lung injury in vivo				
Potential autophagy due to excessive oxidative stress induction	AuNPs	20	In vitro MRC-5 human fetal lung fibroblast cells	82

Abbreviations: AgNPs, silver nanoparticles; AuNPs, gold nanoparticles; CNT, carbon nanotubes; DC, dendritic cells; DTH, delayed-type hypersensitivity; ip, intraperitoneal; mφ, macrophages; MWCNT, multiwalled carbon nanotubes; NPs, nanoparticles; PAA, poly(acrylic acid); PABS, polyaminobenzene sulfonic acid; PBMC, peripheral blood mononuclear cell; PEG, polyethylene glycol; PVM/MA, poly(methyl vinyl ether-co-maleic anhydride); ROS, reactive oxygen species; Sc-SiO₂, sodium counterion-stabilized SiO₂; SiNPs, silica nanoparticles; SWCNT, single-walled carbon nanotubes; TLRs, toll-like receptors; ICR, Institute of Cancer Research; SD, Sprague Dawley; CpG, 5'-C-phosphate-G-3'; LPS, lipopolysaccharide; PMA, phorbol myristate acetate.

the nanocarrier, the active pharmaceutical ingredient, the potential coating, and the formulation of the final product. An example of the different parameters influencing the immunotoxic profile of NMPs is reported by Bastus et al.⁸⁵ They showed that the addition of a peptide on the surface of gold NMs and the pattern that these peptides were conjugated on the surface of the NMs resulted in immune responses through proinflammatory cytokine secretion (IL-6, IL-1b, and TNFα), while gold NMs alone did not.¹¹ Uptake of NMPs by immune

cells can lead to not reaching their target site and finally result in a lower number of NMPs, and thus a lower concentration of the active compound at the target tissue. Coating with polyethylene glycol (PEG) has been shown to enable escape from the MPS for a prolonged period of time, thereby increasing the half-life in blood.^{86,87} Dobrovolskaia et al⁶⁰ reported recently that the molecular weight of PEG coating affected the total amount of protein binding. However, the types of proteins forming the protein corona were not influenced by

the presence of PEGylation.⁶⁰ While increasing half-life in blood may be an advantage for the therapeutic or diagnostic efficacy of NMPs, it is important to realize that a modulation of the kinetics and distribution of NMPs by applying various types and amounts of PEG coating may also modify its toxicity profile.^{18,35,63} Therefore, a balance of hydrophilic and hydrophobic coating is needed for an optimal circulation of NMPs in the system.

Just as there are nanoformulations designed to evade recognition by the immune system, eg, by PEG coating, there are also NMPs designed to specifically target the immune system.⁷⁷ This may be useful, eg, as macrophages may be more abundantly present in diseased sites, such as tumors.³⁶ In addition, NMPs may be able to modulate the immune system in an advantageous way. For example, PEG-coated graphene oxide (PEG-GO) is of interest for its potential application in imaging, drug delivery, and cancer therapy. Studies in mice show that the administration of PEG-GO resulted in uptake by the MPS, resulting in a potentially high exposure of immune cells to PEG-GO.^{88–90} A single administration of PEG-GO affected B-cell and T-cell immune responses against the model antigen ovalbumin (OVA).⁹¹ Immunoglobulin E-specific antibodies were decreased, whereas OVA-specific T-cell responses were enhanced as indicated by the increase in cytokine (interferon- γ and IL-4) production of spleen cells after stimulation with OVA antigen. The authors suggested that PEG-GO might be useful as an immune modulator in view of its properties to suppress the immunoglobulin E responses and enhance both Th1 and Th2 cytokine production in spleen cells. Due to the particle scavenging role of immune cells, such as phagocytic and antigen-presenting cells, targeting the MPS and components of the immune system is much less problematic compared to other targets.¹⁸ Poly-D-L-lactide-*co*-glycolide (PLGA) NMs are considered safe to use with extremely low toxic effects.⁹² PLGA is a biodegradable polymer authorized for drug delivery systems in humans by USFDA and EMA.⁹³ PLGA is metabolized in the body into lactic acid and glycolic acid monomers. These two monomers can be adequately managed by the body, and biodegradable PLGA can be used in therapeutic drugs for different diseases, including cancer, inflammatory diseases, and infections. There are many different PLGA and PLGA-based nanosized formulations in the preclinical phase.⁹⁴

Hypersensitivity

Whether intentionally targeting the immune system or not, most NMPs will eventually interact with this system as they are generally cleared from the circulation by the cells of the

MPS, signifying the importance of evaluating their potential immunotoxic effects. Especially for intravenously administered NMPs, interaction with blood needs to be investigated carefully. An initially unexpected but now well-known and investigated adverse effect of liposomal drug formulations is the activation of the complement system resulting in an acute pseudoallergic hypersensitivity reaction called complement activation-related pseudoallergy (CARPA).^{49,95} Possible explanations why NMPs generate immunotoxic reactions, such as CARPA, are thought to involve misinterpretation by the immune system of NMPs as a pathogen (eg, DOXIL[®] as observed in cryo-transmission electron microscopy resembles the HIV-1 virus) and the lack of membrane proteins that protect host cells from complement attack.⁹⁶ CARPA induction was reported for radio contrast media,⁹⁷ micelles loaded with amphiphilic lipids (such as Cremophor[®] EL),⁹⁸ synthetic block copolymers (eg, poloxamer 188),⁹⁹ and liposomal nanoformulations (including DOXIL^{®100} and AmBisome[®]),¹⁰¹ after the first intravenous administration.^{49,95} CARPA can pose a threat to life for a small group of patients,⁹⁵ with the incidence of severe and fatal reactions being ~7% and ~0.3%, respectively.¹⁰² It is recognized today as an important immunotoxicity effect in the pharmaceutical nanotechnology field. CARPA symptoms are very similar to those of a common allergic response, but a few indicators are unique to CARPA. The reaction is observed after the first administration, without prior exposure to the allergen and becomes milder upon repeated administration. It demonstrates spontaneous resolution and an increased reaction rate of up to 45% of the total patients treated of which 2% with severe reactions.⁴⁹ As shown in Figure 2, there are three different pathways that can induce complement activation: the classical pathway, the alternative pathway, and the lectin pathway.^{103–105} Each pathway involves a cascade of different molecules in the process of recognizing foreign agents, such as NMPs. All pathways eventually lead to the activation of complement protein C3 through cleavage by C3 convertase enzymes.^{96,104} Differences in the liposomal structure and experimental conditions can result in major differences in the extent, pathway, and kinetics of complement activation, involving both classical and alternative pathways.⁴⁹

Immunostimulation

MWCNT are studied for potential use in nanomedicine, showing promising results as drug delivery carriers based on their special physicochemical properties and their transportation abilities along with suitable surface modifications.^{106–108} On the other hand, intraperitoneal administration of MWCNT

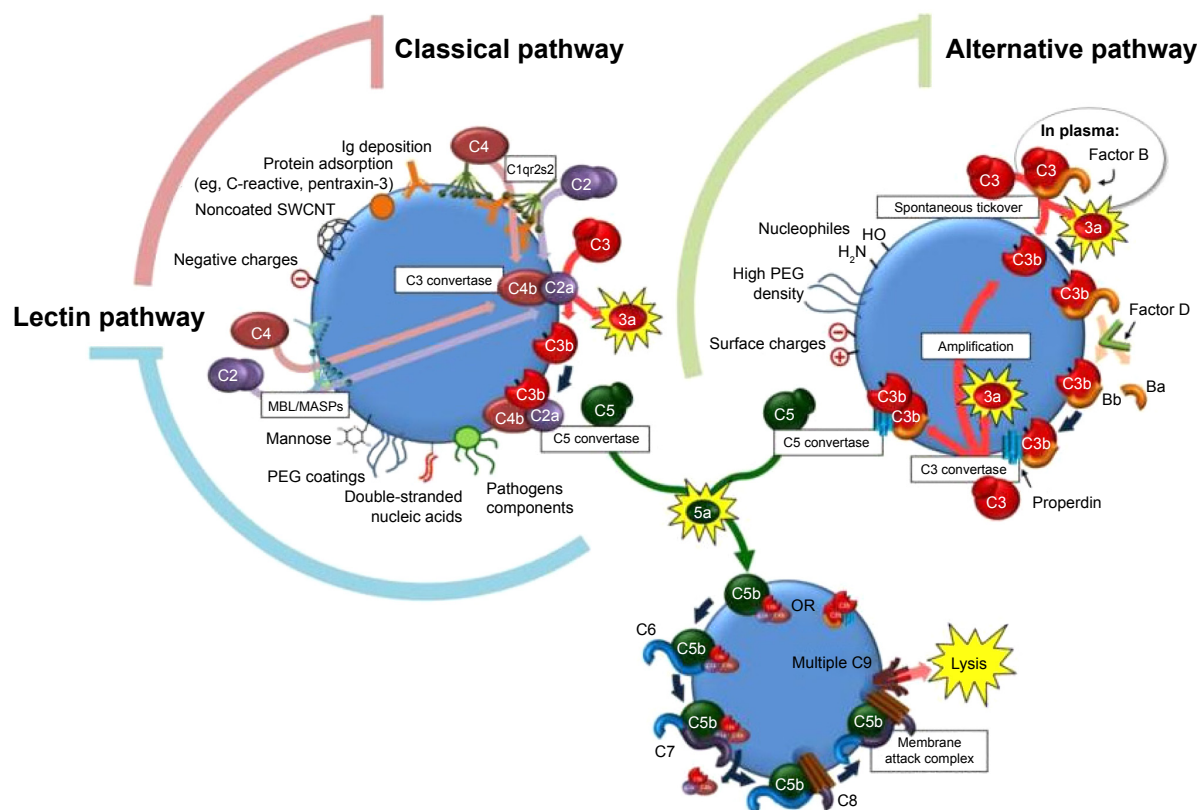


Figure 2 Illustration of the three pathways of complement activation-related pseudoallergy induction.

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Abbreviations: Ig, immunoglobulin; PEG, polyethylene glycol; SWCNT, single-walled carbon nanotubes; MBL, mannose binding lectin; MASPs, mannose-binding lectin-associated serin protease.

to adult male Wistar rats was reported to result in accumulation of the MWCNT in spleen, reaching a maximum concentration after 48 hours, and resulting in lymphoid hyperplasia and increased numbers of apoptotic cells.¹⁰⁹ Increasing mitosis in cells of white pulp and changes of oxidative stress and inflammation are also reported after intraperitoneal MWCNT administration.¹⁰⁹ However, it should be highlighted that MWCNT are a heterogeneous group of materials with quite differing properties, and it has been demonstrated that their potential toxicity depends on the type, surface geometry, diameter, length, and functionalization of these NMs.¹⁰⁹

Another potential immune effect of NMPs that was reported recently was related to blood coagulation. Cationic dendrimers induced size- and surface charge-dependent leukocyte procoagulant activity (PCA), associated with thrombogenicity in vitro, through a mechanism similar to that seen with doxorubicin. In contrast, anionic and neutral dendrimers did not induce PCA that is associated with thrombogenicity.¹¹⁰

Some NMPs may be developed to be administered via the inhalation route. For these NMPs, one needs to be aware

of the potential inflammatory responses in the lung, as this has been reported for many different NMs. For example, inhalation exposure of mice to pristine single-walled CNT, which are of interest for biomedical imaging, drug and gene delivery systems, was found to result in acute inflammatory responses in the lung.¹¹¹

Immunosuppression

NMPs are also potentially capable of causing immunosuppression. Immunosuppression as a side effect can be advantageous if it results in reduced inflammation or autoimmune conditions. However, it can also be an adverse reaction that triggers myelosuppression, thymic suppression, and inhibition of the response of the immune system to infections and malignancies. Myelosuppression is the inhibition of the activity of bone marrow resulting in lower numbers of erythrocytes, lymphocytes, and platelets circulating in the body, which can lead to life-threatening conditions. This is currently one of the most common limiting factors of increasing the doses of cytotoxic cancer medicinal products.⁷⁷ Immunosuppressive effects of NMs are not well studied, perhaps due to the fact that immunosuppression is not an acute toxic

effect. Therefore, long-term and systematic investigation of the function of the immune system is required to identify this.^{70,112} It has been reported that NMPs are capable of causing myelosuppression. Two doxorubicin-conjugated forms, with polyisobutylcyanoacrylate and polyisohexylcyanoacrylate, showed significantly enhanced myelosuppression induction compared to the free compound.¹¹³

Regulatory testing of immunotoxicity for NMPs

Evaluation of the quality, safety, and efficacy of NMPs is based on the existing regulatory frameworks for medicinal products. There is no separate legislation specifically dedicated to nanomedicines. The regulatory guidance documents used to assess and subsequently grant or refuse market authorization of human pharmaceutical products are included in both national and international documents. In Europe, the market authorization of medicines is granted by the European Commission after advice by EMA and national regulatory authorities. The regulatory system for medicinal products is based on the provisions of Directive 2001/83/EC¹¹⁴ that details the EU marketing authorization system. The legislation is supported by a series of community guidelines published in “The rules governing medicinal products in the European Union,” which include both regulatory and scientific guidelines. All medicinal products, including NMPs, are evaluated on a case-by-case basis. The evaluation includes outcomes of preclinical toxicity studies and human clinical trials.¹¹⁵ The scientific guidance documents are aimed to help design the required toxicity testing strategy and perform the toxicity studies needed. A common framework of guidance documents was developed by EMA together with other international regulators, organized in the ICH.¹¹⁵

According to the ICH S8 guideline, all new human pharmaceuticals should be evaluated for potential immunotoxic activity.¹¹⁶ The guideline provides a decision tree to design an immunotoxicity testing strategy and describes nonclinical assays that can be used for this purpose. Initial information on immunotoxicity comes from the repeated dose in vivo standard toxicity studies (STS), followed by additional in vivo rodent immunotoxicity studies if needed (Table 2). The STS include assays that are able to detect the following effects: hematological changes, such as leukocytopenia/leukocytosis, granulocytopenia/granulocytosis, and lymphopenia/lymphocytosis, and alterations in the red blood cell compartment, alterations in immune system organ weights and/or histology (eg, changes in thymus, spleen, lymph nodes, and/or bone marrow), changes in serum globulins not

Table 2 Summary of the standard toxicity tests and the additional immunotoxicity assays recommended by the harmonized ICH S8 guideline

Standard toxicity studies
Hematology and clinical chemistry
Gross pathology and organ weights
Histology
Additional immunotoxicity studies
TDAR
Immunophenotyping
Natural killer cell activity assays
Host resistance studies
Macrophage/neutrophil function

Abbreviations: ICH, International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use; TDAR, T-cell-dependent antibody response.

explained by other factors, and changes in serum immunoglobulins, while chronic testing may identify an enhanced infection incidence and an augmented tumor rate without a different possible explanation.¹¹⁶ The necessity for extra immunotoxicity studies is judged based on a weight of evidence review put together after the initial evaluation of the outcome of these immunotoxicity parameters in STS.¹¹⁶ In addition to the STS outcomes, the weight of evidence review takes into account the class of the compound, the structural similarity to other compounds demonstrating immunosuppressive characteristics, pharmacological properties of the product, the disposition of the drug, and possible clinical findings that could lead to new nonclinical testing. Additional studies that may be recommended include immune function studies in rodents or nonrodent species, such as the T-cell-dependent antibody response. If such additional tests provide sufficient data to conclude on a risk of immunotoxicity that is considered acceptable and/or can be addressed in a risk management plan,¹¹⁷ no extra animal testing might be called for. If the cell types affected in the STS are not known to take part in T-cell-dependent antibody response, then other cell-specific assays need to be selected.¹¹⁶ An acceptable study design of the additional rodent studies represents a 28-day study with daily dosing, which includes any of the following immunotoxicity assays: immunophenotyping (flow cytometry or immunohistochemistry), natural killer cell activity assays (performed if immunophenotyping studies demonstrate a change in number or if STS display high viral infectious rates), host resistance studies (testing if the test compound can modulate the host resistance to an infectious agent), macrophage/neutrophil function assays (macrophage/neutrophil function assessment), and assays to measure cell-mediated immunity (in vivo assays where antigens are used for sensitization).¹¹⁶

EMA has prepared a number of reflection papers (RPs) addressing aspects that need to be taken into consideration for NMPs during the development and assessment procedure.²⁴ In particular, RPs have been provided for intravenous liposomal and iron-based nanocolloidal products, block copolymer micelles and the effect of surface coatings.^{24,118} These RPs should be read in connection with a number of ICH guidelines, including the safety guidelines ICH S4 on chronic toxicity testing,¹¹⁹ S6(R1) on biological products¹²⁰ and S9 on pharmaceuticals,¹²¹ and the multidisciplinary guideline M3 (R2) on nonclinical safety studies for the conduct of human clinical trials for pharmaceuticals.¹²² Two of the RPs specifically address aspects of immune toxicity: the RP concerning liposomes¹²³ and the RP on the block copolymer micelles.¹²⁴ In more detail, the RP on block copolymer micelles recommends the study of potential complement activation, hematotoxicity, antigenicity, or immunotoxicity, based on the characteristics of the product.¹²⁴ In the RP-concerning liposomes, the investigation of immune reactivity assays, *in vitro* and *in vivo*, is recommended. These aspects cover testing for CARPA in sensitive animal models and other assays, including complement or macrophage and basophil activation assays.¹²³

Discussion

Development of new, more complex NMPs is advancing.¹²⁵ In order to make optimal use of the expected benefits of these products, it is vital to establish a feasible, scientifically sound safety assessment process specifically tailored to their unique properties.²⁴ In light of the obvious interaction of NMPs with the immune system, evaluation of the potential immunotoxicity of NMPs should be given high priority in such an assessment.

Gaps of knowledge in regulatory required immunotoxicity testing of NMPs

Literature indicates that both NMPs and NMs in general could have adverse effects on the immune system. For NMPs, immune-related effects reported in public literature are limited to CARPA, PCA, and myelosuppression. While advantageous in some cases, modulation of the specific immune system as reported for potential future NMPs based on PEG-GO⁹¹ may not be desired for other types of NMPs. However, for NMs in general, acute inflammation, oxidative stress, lymphoid hyperplasia, and immunosuppression have also been reported. Due to the nature of the experiments and the types of NMs used in these studies (mostly *in vitro* studies and rodent studies with metal oxides), the clinical

relevance of these effects for NMPs are unknown but cannot be excluded.

The possibility to detect immunotoxic effects of NMPs, like for all medicinal products, increases as they progress from the preclinical to the clinical phase during the drug development process.¹⁶ The current immunosafety evaluation guideline ICH S8 for conventional pharmaceuticals is only applied in case the type of product or results of the STS indicate that an interaction with the immune system is likely. Due to their uptake by immune-related cells, we recommend that NMPs should always require a thorough safety evaluation of the immune system. The ICH S8 is mainly focused on the detection of direct immunotoxicity, ie, the recommended tests are limited to evaluating the potential for inadvertent immunosuppression and immunostimulation. Such effects can be a result of intended drug-induced immune function modulation. On the other hand, this can occur with nonimmune targeting medicinal products that interact with immune cells or cellular receptors shared by both target tissues and nontarget immune system cells.¹¹⁶ Both are possible scenarios for NMPs, but other immunotoxic effects may also be encountered. Examples are hypersensitivity and autoimmunity, which are both not included in ICH S8. Testing for respiratory or systemic allergenicity or drug-specific autoimmunity is not based on standard testing approaches, since no (validated) models are available.¹¹⁶ Table 3 shows some examples of immunotoxic effects of NMs or NMPs, and whether or not the testing methods recommended in the ICH S8 guideline are expected to detect the immunotoxic effects reported after exposure to NMs and NMPs. Clear gaps in immunotoxicity screening between state of the art knowledge on immunotoxic effects of NMPs and the recommended testing strategy from the current regulatory guidelines are constituted by the lack of testing on CARPA induction, myelosuppression, inflammasome activation, and hypersensitivity. Validated assays for the investigation of these endpoints are lacking.

The time of exposure to NMPs is an aspect that should be considered in immunotoxicity assessment of these products. The first administration of a nanomedicine can result in CARPA induction to a patient. Repeated administrations may induce hypersensitivity or immunosuppressive reactions. However, depending on the clinical profile of the patients also after a first administration can result to immunosuppressive effects. In general, for most NMPs, administration is repeated. Therefore, most NMPs should be assessed for their full immunotoxic potential.

Table 3 Examples of immunotoxic effects of NMs or NMPs, and whether the testing methods included in the ICH S8 guideline are expected to detect the immunotoxic effects reported

Immunotoxic effects by NMs or NMPs	Testing techniques	ICH S8 guideline	Literature
Immunostimulation			
Inflammasome activation (eg, CeO ₂ and SiO ₂ NMs)	In vivo studies	–	+
	In vitro studies	–	+
Inflammation (eg, Au NMs)	In vivo studies	+	+
	In vitro studies	–	+
Hypersensitivity			
Lung hypersensitivity (eg, NiO and Co ₃ O ₄)	In vivo studies	–	+
	In vitro studies	–	+
CARPA			
By liposomes, lipid-based NMs	In vivo studies	–	+
	In vitro studies	–	+
Immunosuppression			
Reduction of IgG levels in vivo (eg, AgNMs)	In vivo studies	+	+
	In vitro studies	–	+
Myelosuppression (eg, PIBCA-conjugated doxorubicin and antimony and cobalt nanoparticles)	In vivo studies	–	+
	In vitro studies	–	+

Notes: Lung hypersensitivity refers to inhalatory exposure to NMs and also to NMPs. –, the absence to test on the adverse effects reported in literature; +, testing methods to detect these adverse immune effects.

Abbreviations: CARPA, complement activation-related pseudoallergy; ICH, International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use; IgG, immunoglobulin G; NMs, nanomaterials; NMPs, nanomedicinal products; PIBCA, polyisobutylcyanoacrylate.

Recommendations for immunotoxicity testing of NMPs

To adequately assess the immunosafety of NMPs, safety evaluation guidelines, such as ICH S8, need to be expanded with additional *in vitro* and *in vivo* immunotoxicity tests. It should be stressed that expanding the testing strategy does not necessarily mean an increase in the testing requirements for immunotoxicity *per se*. Instead, such a strategy would be better equipped to evaluate NMPs, waiving certain tests where possible and including other tests where needed. Current guidelines do not specifically require a different testing strategy for organic versus inorganic NMPs. In fact, future NMPs may consist of both organic and inorganic materials, so this distinction may be difficult to make. However, degradation should be considered as an important element in the testing strategy. This may start with *in vitro* biodegradation studies. Second, testing should result in obtaining kinetic information on the NMPs, revealing its fate and biodegradability and/or dissolution in the body, which would then determine whether further testing is necessary. Furthermore, it is known that NMs may interfere with the read out system of *in vitro* assays by, eg, light absorbance and/or autofluorescence.^{126,127} Therefore, potential assay interference by the investigational NMPs needs to be carefully evaluated when using *in vitro* assays for hazard identification in the testing strategy.

A useful source of immunosafety assessment methods of NMPs may be the ISO technical specification for

detecting the immunotoxicity of medical devices: ISO-TS:10993-20.¹²⁸ This document recommends conducting general immunotoxicity assays first in order to assess the immunosuppression or immunostimulation potential. These assays are categorized as functional and nonfunctional assays. Nonfunctional assays are used to detect morphological and/or quantitative changes, including changes in the lymphoid tissue, the lymphoid cell number, immunoglobulin levels, or other markers of immune function. Functional assays determine activities of cells and/or organs, such as proliferative responses of lymphocytes to mitogens or specific antigens, cytotoxic activity, and specific antibody formation (eg, in response to sheep erythrocytes).

In case immunosuppressive or immunostimulating effects are detected, further testing will follow. The type of testing depends on the immunomodulatory effect. For example, to assess inflammation after exposure to the studied compound, histopathology of the injection or implantation site of the agent is used. Delayed-type hypersensitivity (Type IV) includes testing for antigen-specific cellular inflammatory reactions. However, hypersensitivity cannot be predicted sufficiently by the currently available testing methods, because assays for immediate type hypersensitivity are lacking. In addition, as mentioned earlier for medicinal products, no validated animal models exist to assess autoimmunity.¹⁶

Other potentially useful sources of reasonably validated immunotoxicity tests may be the guidelines International

Programme on Chemical Safety Environmental Health Criteria 180 and Organization for Economic Co-operation and Development Test Guideline 407, which provide information on immunotoxicity testing for chemicals and pharmaceuticals,^{129,130} as well as the methods used by the United States Nanotechnology Characterization Laboratory (US-NCL). The US-NCL has developed a number of assays of physicochemical, *in vitro* and *in vivo* characterization for engineered NM^{131,132} including testing methods on immunotoxicity.¹³² A European Nanomedicines Characterization Laboratory is currently being set up, making use of the testing framework from US-NCL as a basis.

Integration of *in vitro* assays in immunotoxicity assessment

An aspect that needs consideration in evaluating the risk of adverse immune effects is that the majority of the assays recommended in the current guidance documents are *in vivo* assays. *In vivo* assays may be better at predicting the human situation compared to *in vitro* assays, but they are time consuming, costly, and undesirable from an animal welfare point of view. Research groups and pharma industries involved in developing NMs and NMPs already use a wide range of *in vitro* and *in vivo* assays to screen for essential aspects of the immunosafety profile that are not included in the current regulatory guidance. For example, a number of international projects have produced guidelines for testing strategies and test methods for NM safety evaluation, discussing both *in vitro* and *in vivo* assays (eg, the FP7 EU projects NANO-MMUNE and MARINA), although these guidelines do not specifically address NMPs.^{133,134}

However, many obstacles are encountered during the development of predictive *in vitro* and *in vivo* assays for the situation in the human body. In general, the pharmacokinetic properties and the behavior of the NMPs inside the cell are not sufficiently known yet.^{24,135} This is exemplified by the finding that plasma concentrations of iron are not directly linked to the therapeutic effect of iron-based nanocolloidal products. This is not surprising in view of the generally fast scavenging of NMs from the circulation by macrophages. Extrapolation of the findings from immunotoxicity assays to human patients is difficult because of the differences between humans and animals in composition, organization, and sensitivity to certain agents of the immune system. Moreover, the sensitivity of the available tests on immunostimulation and immunosuppression is rather low. Nowadays, it is common practice in pharma industries to detect adverse immune effects *in vivo* and perform further testing *in vitro* in order to evaluate and identify the mechanism behind the findings.¹⁶

One immunotoxicity endpoint relevant for NMPs that is currently the focus of a lot of attention is CARPA induction. A wide range of assays is used by different laboratories to evaluate the potential for CARPA induction *in vitro* and *in vivo*. These assays include an ELISA of complement (C) cleavage products (C3a, C5a, C4d, Bb, and SC5b-9), the hemolytic (CH50) C assay, FACS measurement of basophil leukocyte activation, a potentially multiplex bead assay for C activation by products, the porcine assay of NP-induced cardiopulmonary distress, and other CARPA tests in animals.⁹⁶ Pigs can be used as a useful model to study CARPA as CARPA induction by liposomes in pigs resembles the human situation to a relatively high degree.⁴⁹ Also, a rationale for the use of tests to predict infusion hypersensitivity in the form of a decision tree has been recommended.⁹⁶ Currently, testing for complement activation is required as an additional blood compatibility test for medical devices in the United States.¹³⁶ Introduction of testing on complement activation for NMPs in animal models would help to predict such effects to a better extent and to prevent incidences in the clinic.

Based on extensive experience at the NCL, Dobrovolskaia and McNeil¹⁶ recently reported a number of *in vitro* immunoassays that provide results with a good or fair correlation to *in vivo* assay outcomes. Good correlation was indicated for the *in vitro* assays of hemolysis, complement activation, opsonization and phagocytosis, and cytokine secretion assays. Other assays can be regarded as broadly predictive of the functional alterations of the immune system, including CFU-GM, leukocyte proliferation test (immunomodulatory assays), platelet aggregation, leukocyte PCA, and various plasma coagulation tests (thrombogenicity assays).¹⁶ According to Boraschi et al,¹⁸ representative *in vitro* assays should be performed with human primary cells in order to assess human health risk. *In vitro* assays using cell lines can be used during preclinical testing but only if the biomarkers are reflective of the response seen *in vivo*.

Conclusion

The knowledge on NMs and NMPs and their interactions with the immune system is increasing. NMPs are designed to target either the immune system or other tissues, but even in the latter case they will likely reach the immune system eventually. Currently, there are no regulatory documents specifically dedicated to the immunotoxicity assessment of NMPs. Assessment of immunotoxicity is performed based on existing guidelines for conventional medicinal products. Due to the various adverse immunotoxic effects of NMPs reported in clinical practice, it can be questioned whether assessment of this endpoint based on the currently prescribed

testing methods is sufficient. Effects, such as CARPA, myelosuppression, inflammasome activation, and hypersensitivity, illustrate some of the adverse effects that are not readily detected when current regulatory guidelines are followed. In addition, inflammation and aggravation of allergic responses in experimental animal studies are examples of effects of NMs in general that may also be relevant for NMPs.

There is a clear need for an NMP-specific testing strategy for assessing the function of the immune system, taking into consideration commonly known interferences of NMPs with biological assays. Future actions should point in the direction of developing an improved testing battery based on the proposed strategy, filling the gaps in immunotoxicity testing that were identified. The assays chosen are strongly recommended to have already proven useful to assess a variety of immunotoxic effects for different types of NMs. Finally, such a testing strategy would increase the success of applying these promising products in the clinic, by improving the identification of potential adverse effects.

Take home messages

- Virtually all NMPs eventually reach the immune system.
- Currently, no regulatory documents are specifically dedicated to the immunotoxicity assessment of NMPs, apart from sections in a number of RPs restricted to specific types of NMP formulations.
- Adverse effects reported after administration of NMPs that are not readily detected when applying current regulatory guidelines for conventional medicinal products include CARPA, inflammasome activation, myelosuppression, and hypersensitivity.
- There is a clear need for an NMPs-specific testing battery to assess the function of the immune system, taking into account potential interferences known to occur for NMs in various toxicity assays.

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Author contributions

CG drafted the manuscript. MVDZP and REG contributed to the concept and design of the article. MVDZP, REG,

HvL, RJV, and WHdJ were involved in critically revising the article for important intellectual content. All authors read and approved the final article. All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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