

# Positive relationship between number of negative lymph nodes and duration of gallbladder cancer cause-specific survival after surgery

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**Background:** Although the prognostic implications of negative lymph nodes (NLNs) has been reported for a variety of tumors, little information has been published about the NLNs in gallbladder cancer (GBC).

**Patients and methods:** In this study, clinicopathological characteristics and survival times of patients who had undergone surgery for GBC were collected from the Surveillance, Epidemiology, and End Results Program-registered TNM stage database and analyzed. Univariate and multivariate Cox proportional hazards models were used to identify the predictors of survival.

**Results:** It was found that a cutoff of one to two NLNs is optimal when assessing the association with survival, survival rates being consistently better with two or more NLNs than with fewer than two. This optimal cutoff value of 2 was identified as an independent prognostic factor by univariate and multivariate analyses (all  $P < 0.001$ ). Specifically, patients with two or more NLNs had better 5-year gallbladder cancer cause-specific survival than those with fewer than NLNs examined for stage I/II, stage III/IV, and all TNM stages (all  $P < 0.001$ ).

**Conclusion:** Our findings indicate that the number of NLNs is an independent prognostic factor after GBC surgery, and, together with the number of positive lymph nodes, this will provide better prognostic information than the number of positive lymph nodes alone.

**Keywords:** gallbladder cancer, SEER, surgery, survival analysis, negative lymph nodes

## Introduction

Gallbladder cancer (GBC) is the most frequent biliary tract malignancy worldwide. It is a rare but a fatal malignancy characterized by the absence of effective therapy and poor prognosis.<sup>1</sup> Surgery is the only definitively curative treatment, provides the only ray of hope for long-term survival.<sup>2</sup> However, even after operation, the survival was still poor.<sup>3</sup> The number of negative lymph nodes (NLNs) has been reported as a prognostic factor in various cancers.<sup>4-6</sup> However, few studies have reported the prognostic implication of the number of NLNs in GBC. Because GBC is often diagnosed at an advanced stage, its cause-specific survival (GCSS) is usually poor.<sup>7-9</sup> The aim of this study was to identify the prognostic significance of NLNs in patients who have undergone surgery for GBC.

## Patients and methods

### Patient selection from the Surveillance, Epidemiology, and End Results (SEER) database

The SEER Cancer Statistics Review, which comprises the most recent statistics on cancer incidence, mortality, survival, prevalence, and lifetime risk, is published annu-

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ally by the Data Analysis and Interpretation Branch of the National Cancer Institute, USA. The current SEER database derives from 17 population-based cancer registries in the USA.<sup>10</sup> It contains no identifiers and is publicly available for studies of cancer-based epidemiology and lymph node (LN) staging of colorectal, gastric, esophageal, and other cancers.

Using the SEER-stat software (SEER\*Stat 8.3.4), we searched for patients diagnosed as having a single primary GBC between 2004 and 2015.

SEER registry patients eligible for our study cohort included those with the following histologic type ICD-O-3: adenocarcinoma (8140, 8144, 8145), papillary adenocarcinoma (8260, 8261, 8263), mucinous adenocarcinoma (8480, 8481), adenocarcinoma with metaplasia (8574, 8576), papillary carcinoma (8050), duct carcinoma (8500), squamous cell carcinoma (8070, 8071, 8083), adenosquamous carcinoma (8560), signet ring (8490), small cell (8041, 8045), giant and spindle cell (8030, 8033, 8035), non-small cell carcinoma (8046), carcinoma not otherwise specified (8010, 8012, 8013), undifferentiated carcinoma (8020), cholangiocarcinoma (8160), neoplasm, malignant (8000), carcinosarcoma (8980), carcinoid tumor (8240, 8244, 8246), adenocarcinoma in adenomatous polyp (8210), solid carcinoma (8230), adenocarcinoma with mixed subtypes (8255), clear cell adenocarcinoma (8310), and mixed cell adenocarcinoma (8323). We excluded all other histologic types. Age was limited to  $\geq 18$  years. All study patients had histologically proven GBC. Other exclusion criteria were as follows: cause of death unknown, no surgery, unknown whether surgery had been performed, unknown TNM stage, unknown number of NLNs, and unknown tumor size.

## Statistical analysis

Sex, age, race, years of diagnosis, histotype, seer historic stage A, grade, tumor size, TNM, T stage, total regional lymph nodes (TLNs), NLNs, positive lymph nodes (PLNs), histological grade, survival time, and GCSS were extracted from the SEER database. Patients within each American Joint Committee on Cancer substage were dichotomized based on the number of NLNs. The comparison of the rate of GBC death between the two groups for each substage was made using the Kaplan–Meier method. Multivariable Cox regression models were built for the analysis of risk factors for survival outcomes. The primary endpoint of this study was GCSS, which was calculated from the date of diagnosis to the date of cancer-specific death. Deaths due to GBC were treated as events and deaths from other causes were treated as censored observations. Statistical evaluation was conducted

with SPSS 22.0 (IBM Corporation, Armonk, NY, USA).  $P$ -values  $< 0.05$  were considered statistically significant.

## Results

### Identification of cutoff points for optimal minimum number of NLNs for predicting GCSS in eligible patients from the SEER database

We identified 1,754 eligible patients in the SEER during the 12-year study period (between 2004 and 2015). The median follow-up period after resection is 15 months (range, 0–142.0 months). First, we treated NLN count as a continuous variable and used it as a single factor in univariate log-rank test ( $\chi^2=317.533$ ,  $P<0.001$ ), which identified it as a potentially valuable prognostic factor. Second, to evaluate the influence of different cutoff points on GCSS in patients with all TNM stages of disease, we further analyzed the prognostic effect of NLN counts from one to ten singly by determining the 5-year GCSS of patients with  $n$  (cutoff point) or more NLNs and less than  $n$  NLNs for each value for  $n$  from one to ten. Survival rates of patients with  $n$  or more NLNs were greatest when  $n$  ranged from one to two and the difference in survival was most significant (maximum of  $\chi^2$  log-rank values) for  $n=1$ . Patients with less than one NLN had a 30.7% higher rate of deaths from GBC than those with one or more NLNs (8.9% vs 39.6%,  $\chi^2=255.347$ ,  $P<0.001$ ). Patients with two or more NLNs had the highest 5-year GCSS (40.9%). For all cutoffs greater than two NLNs, the survival rates were lower and gradually reduce (Table 1). The cutoff of two NLNs is probably the most accurate, at and above which the influence of NLNs count on survival is minimal.

### Characteristics of eligible patients in the SEER database

The study cohort comprised 526 men and 1,228 women. Of these, 969 (55.25%) had fewer than two NLNs and 785 (44.75%) two or more NLNs. A greater proportion of patients in the group with two or more NLNs were women (68.9%), aged  $>60$  years (66.0%), white (72.5%), diagnosed most recently (2012–2015; 47.1%), had adenocarcinomas (72.2%), had grade I/II disease (54.9%), had tumor diameters  $<3$  cm (61.5%), and had TNM stage III/IV tumors (37.5%). Baseline patient and tumor characteristics are presented in Table 2. Age, year of diagnosis, histological type, grade, and TNM stage differed significantly between those with fewer than two NLN and those with two or more NLN ( $P<0.05$ ).

**Table 1** Univariate analysis for the influence of different cutoffs on gallbladder cancer cause-specific survival (GCCS)

Cutoff	N	5-year GCCS	Log-rank $\chi^2$	P-value
<1	490	0.089	255.347	<0.001
≥1	1,264	0.396		
<2	969	0.231	85.325	<0.001
≥2	785	0.409		
<3	1,167	0.270	37.818	<0.001
≥3	587	0.391		
<4	1,290	0.281	27.313	<0.001
≥4	464	0.383		
<5	1,377	0.291	17.570	<0.001
≥5	377	0.371		
<6	1,449	0.299	7.651	0.006
≥6	305	0.353		
<7	1,507	0.306	2.551	0.110
≥7	247	0.324		
<8	1,544	0.308	0.471	0.492
≥8	210	0.314		
<9	1,575	0.309	0.014	0.905
≥9	179	0.307		
<10	1,606	0.307	0.457	0.499
≥10	148	0.327		

Both the median number of NLNs and median number of PLNs were 1. As expected, patients with stage III/IV cancer had more PLNs (median of 1) than patients with stage I/II (median of 0). Conversely, patients with stage III/IV cancer had fewer NLNs (median of 1) than those with stage I/II cancer (median of 2). Patients with fewer than two NLNs had fewer TLNs examined (median of 1) than patients with two or more NLNs group (median of 5). The numbers of NLNs and TLNs were strongly correlated ( $r=0.929$ ,  $P<0.001$ ).

### Effect of the number of NLNs on GCSS in eligible patients from the SEER database

According to univariate analysis, the following were significant risk factors for poor survival: year of diagnosis ( $P<0.001$ ), age ( $P<0.001$ ), histological type ( $P<0.001$ ), TNM stage ( $P<0.001$ ), SEER historic stage A ( $P<0.001$ ), T stage ( $P<0.001$ ), number of NLNs ( $P<0.001$ ), number of PLNs ( $P<0.001$ ), tumor size ( $P<0.001$ ), and grade ( $P<0.001$ ) (Table 3). According to multivariate analysis with Cox regression, age ( $P<0.001$ ), histological type ( $P<0.001$ ), TNM stage ( $P<0.001$ ), SEER historic stage A ( $P<0.001$ ), T stage ( $P<0.001$ ), tumor size ( $P<0.001$ ), grade ( $P<0.001$ ), and number of NLNs (with optimal cutoff 2,  $P<0.001$ ) were independent prognostic factors for GCSS. The number of

NLNs was found to have a positive effect on survival (HR 0.654; 95% CI 0.572–0.746) (Table 3).

### Subgroup analysis to evaluate the effect of NLN counts according to TNM stage and N stage in eligible patients from the SEER database

After stratifying patients by TNM stage and N stage (except N2), the differences between GCSS for fewer than and two or more NLNs were statistically significant on both univariate and multivariate analyses (all  $P<0.05$ ; Table 4). Patients with all TNM stages and two or more NLNs had a 17.8% greater 5-year GCSS than those with two or fewer NLNs evaluated (40.9% vs 23.1%,  $P<0.001$ ; Figure 1A); patients with TNM I/II disease and two or more NLNs had a 19.1% greater 5-year GCSS than those with two or fewer NLNs evaluated (73.3% vs 54.2%,  $P<0.001$ ; Figure 1B); patients with TNM III/IV disease and two or more NLNs had a 6.3% greater 5-year GCSS than those with two or fewer NLNs evaluated (20.0% vs 13.7%,  $P<0.001$ ; Figure 1C); patients without a recorded TNM stage and two or more NLN had a 17.4% greater 5-year GCSS than those with two or fewer NLNs evaluated (38.1% vs 20.7%,  $P<0.001$ ; Figure 1D). Furthermore, for N1 stage, patients with two or more NLNs had 3.3% greater 5-year GCSS than those with two or fewer NLNs evaluated (17.3% vs 14.0%,  $P<0.001$ ; Figure 1E); and patients without an N stage and two or more NLNs had a 17.4% greater 5-year GCSS than those with two or fewer NLNs evaluated (38.1% vs 20.7%,  $P<0.001$ ; Figure 1F). Thus, according to these analyses, the number of NLNs (with an optimal cutoff of 2) is an independent positive predictor of GCSS on both univariate and multivariate analyses ( $P<0.05$ ).

### Discussion

GBC is the commonest malignant biliary neoplasm and the seventh most common gastrointestinal cancer. Operative resection remains the only curative therapy for GBC. NLN status has been confirmed as an independent prognosis factor for cancer-specific survival in colon,<sup>4</sup> gastric,<sup>5</sup> esophageal,<sup>1</sup> cervical,<sup>12</sup> breast,<sup>13</sup> and rectal cancer.<sup>14</sup> However, little has been published about the number of NLNs as a potential prognostic factor for GCSS. In the present study, we showed that the number of NLNs is also a prognostic factor for GCSS.

Thus far, the mechanism by which NLNs affect prognosis of GCSS is unknown. An effect of lymph micrometastasis on survival has been shown for laryngeal,<sup>15</sup> gastric,<sup>16</sup> and lung cancer.<sup>17</sup> Yokoyama et al<sup>18</sup> reported a strong correlation between LN micrometastasis and indications of wide-

**Table 2** Baseline patient and tumor characteristics of patients with gallbladder cancer from the SEER database according to NLN status

Characteristics	All patients (N=1,754) n (%)	<2 (N=969) n (%)	≥2 (N=785) n (%)	P-value
<b>Sex</b>				0.368
Male	526 (30)	282 (29.1)	244 (31.1)	
Female	1,228 (70)	687 (70.9)	541 (68.9)	
<b>Age</b>				<0.001
<60 years	497 (28.3)	230 (23.7)	267 (34.0)	
≥60 years	1,257 (71.7)	739 (76.3)	518 (66.0)	
<b>Race</b>				0.423
White	1,288 (73.4)	719 (74.2)	569 (72.5)	
Black	243 (12.7)	119 (12.3)	104 (13.2)	
Other <sup>a</sup>	243 (13.9)	131 (13.5)	112 (14.3)	
<b>Years of diagnosis</b>				0.001
2004–2007	449 (25.6)	277 (28.6)	172 (21.9)	
2008–2011	550 (31.4)	307 (31.7)	243 (31.0)	
2012–2015	755 (43)	385 (39.7)	370 (47.1)	
<b>Histotype</b>				0.035
Adenocarcinoma	1,279 (72.9)	712 (73.5)	567 (72.2)	
Squamous cell carcinoma	21 (1.2)	7 (0.7)	14 (1.8)	
Adenosquamous carcinoma	59 (3.4)	25 (2.6)	34 (4.3)	
Other <sup>b</sup>	395 (22.5)	225 (23.2)	170 (21.7)	
<b>SEER historic stage A</b>				<0.001
Localized	624 (35.6)	278 (28.7)	346 (44.1)	
Regional	623 (35.5)	383 (39.5)	240 (30.6)	
Distant	507 (28.9)	308 (31.8)	199 (25.3)	
<b>Grade</b>				<0.001
Well/moderate	963 (54.9)	480 (49.5)	483 (61.5)	
Poor/anaplastic	709 (40.4)	440 (45.4)	269 (34.3)	
Unstage	82 (4.7)	49 (5.1)	33 (4.2)	
<b>Tumor size (cm)</b>				0.821
<3	768 (43.8)	420 (43.4)	348 (44.3)	
3–5	604 (34.4)	348 (35.9)	256 (32.6)	
>5	382 (21.8)	201 (20.7)	181 (23.1)	
<b>TNM stage</b>				<0.001
I/II	366 (20.9)	154 (15.9)	212 (27.0)	
III/IV	685 (39.0)	391 (40.4)	294 (37.5)	
Unstage	703 (40.1)	424 (43.7)	279 (35.5)	
<b>No. of TLNs dissected (median)</b>	2.0	1.0	5.0	<0.001
<b>No. of PLNs dissected (median)</b>	1.0	1.0	0.0	<0.001
<b>No. of NLNs dissected (median)</b>	1.0	0.0	4.0	<0.001

**Notes:** <sup>a</sup>Other includes American Indian/Alaskan native, Asian/Pacific Islander, and unknown. <sup>b</sup>Other cancers includes signet ring, small cell, giant and spindle cell, non-small cell, carcinoma not otherwise specified, undifferentiated, mucinous adenocarcinoma, papillary adenocarcinoma, and carcinoma, duct, adenocarcinoma with metaplasia, cholangiocarcinoma, neoplasm, and malignant. Data shown as number of patients (%), or median, as indicated.

**Abbreviations:** NLNs, negative lymph nodes; PLNs, positive lymph nodes; SEER, Surveillance, Epidemiology, and End Results; TLNs, total regional lymph nodes.

spread LN disease in patients with GBC. Furthermore, they demonstrated a significantly worse prognosis for patients with micrometastases.<sup>18</sup> Similarly, Sasak et al reported that survival is worse in patients with GBC who have micrometastases.<sup>19</sup> Because it is difficult to identify lymphatic micrometastasis intraoperatively, as many NLNs as possible should be resected to minimize the residual micrometastases and improve the prognosis. Jin et al have suggested that

patients with GBC be managed at high volume centers with experience with complex patients because GBC treatment in high volume centers is associated with survival benefit.<sup>20</sup> Complete resection of the regional LNs may be crucial in the management of GBC.<sup>21</sup> The concept of the surgeon as a variable that affects outcomes is not new. Le Voyer et al indicated that surgeons with greater experience could better achieve complete resection. Patients from whom more

**Table 3** Univariate and multivariate survival analyses for evaluating the influence on GCSS in data from the SEER database

Variables	5-year GCSS	Univariate analysis		Multivariate analysis	
		Log-rank $\chi^2$ test	P-value	HR (95% CI)	P-value
<b>Sex</b>		3.268	0.071		NI
Male	0.266				
Female	0.325				
<b>Age</b>		30.930	<0.001		<0.001
<60 years	0.386			Reference	
≥60 years	0.280			1.494 (1.291–1.730)	
<b>Race</b>		5.672	0.059		NI
White	0.298				
Black	0.309				
Other <sup>a</sup>	0.379				
<b>Years of diagnosis</b>		20.073	<0.001		0.314
2004–2007	0.256			Reference	
2008–2011	0.293			0.876 (0.730–1.052)	
2012–2015	0.470			0.832 (0.641–1.079)	
<b>Histotype</b>		27.137	<0.001		<0.001
Adenocarcinoma	0.281			Reference	
Squamous cell carcinoma	0.095			2.475 (1.494–4.100)	
Adenosquamous carcinoma	0.269			0.964 (0.696–1.334)	
Other <sup>b</sup>	0.406			0.777 (0.662–0.911)	
<b>SEER historic stage A</b>		354.805	<0.001		<0.001
Localized	0.611			Reference	
Regional	0.177			2.439 (1.970–3.020)	
Distant	0.104			3.511 (2.803–4.396)	
<b>Grade</b>		71.964	<0.001		0.001
Well/moderate	0.358			Reference	
Poor/anaplastic	0.223			1.262 (1.107–1.439)	
Unstaged	0.450			0.910 (0.663–1.250)	
<b>Tumor size (cm)</b>		70.580	<0.001		<0.001
<3	0.395			Reference	
3–5	0.263			1.171 (1.011–1.356)	
>5	0.192			1.402 (1.186–1.657)	
<b>TNM</b>		167.351	<0.001		0.012
I/II	0.649			Reference	
III/IV	0.165			0.955 (0.633–1.441)	
Unstaged	0.276			1.478 (1.056–2.070)	
<b>T stage</b>		139.710	<0.001		<0.001
T1/T2	0.477			Reference	
T3/T4	0.112			1.655 (1.334–2.053)	
Unstaged	0.276			–	
<b>No. of NLNs</b>		85.325	<0.001		0.006
<2	0.231			Reference	
≥2	0.409			0.761 (0.627–0.925)	
<b>No. of PLNs</b>		133.372	<0.001		0.246
N0	0.533			Reference	
N1/N2	0.142			1.164 (0.901–1.503)	
Unstaged	0.276			–	
<b>No. of TLNs</b>		22.057	<0.001		0.035
≤2	0.280			Reference	
>2	0.350			0.814 (0.673–0.985)	

**Notes:** <sup>a</sup>Other includes American Indian/Alaskan native, Asian/Pacific Islander, and unknown. <sup>b</sup>Other cancers includes signet ring, small cell, giant and spindle cell, non-small cell, carcinoma not otherwise specified, undifferentiated, mucinous adenocarcinoma, papillary adenocarcinoma, and carcinoma, duct, adenocarcinoma with metaplasia, cholangiocarcinoma, neoplasm, and malignant. Data shown as number of patients (%), or median, as indicated.

**Abbreviations:** GCSS, gallbladder cancer cause-specific survival; NI, not included; NLNs, negative lymph nodes; PLNs, positive lymph nodes; SEER, Surveillance, Epidemiology, and End Results; TLNs, total regional lymph nodes.

**Table 4** Univariate and multivariate analyses of effect of NLN count on GCSS according to cancer stage

Variables	5-year GCSS	Univariate analysis	P-value	Multivariate analysis	P-value
		Log-rank $\chi^2$ test		HR (95% CI)	
<b>TNM</b>					
<b>I/II</b>		14.236	<0.001		<0.001
No. of NLNs					
<2	0.542			Reference	
$\geq 2$	0.733			0.413 (0.256–0.665)	
<b>III/IV</b>		18.048	<0.001		<0.001
No. of NLNs					
<2	0.137			Reference	
$\geq 2$	0.200			0.655 (0.563–0.801)	
<b>Unstage</b>		34.358	<0.001		<0.001
No. of NLNs					
<2	0.207			Reference	
$\geq 2$	0.381			0.595 (0.498–0.711)	
<b>N stage</b>					
<b>N1</b>		11.306	0.001		0.001
No. of NLNs					
<2	0.140			Reference	
$\geq 2$	0.173			0.664 (0.520–0.849)	
<b>N2</b>					NI
No. of NLNs		0.767	0.381		
<2	0.058				
$\geq 2$	0				
<b>Unstage</b>					
No. of NLNs		34.358	<0.001		<0.001
<2	0.207			Reference	
$\geq 2$	0.381			0.595 (0.498–0.711)	

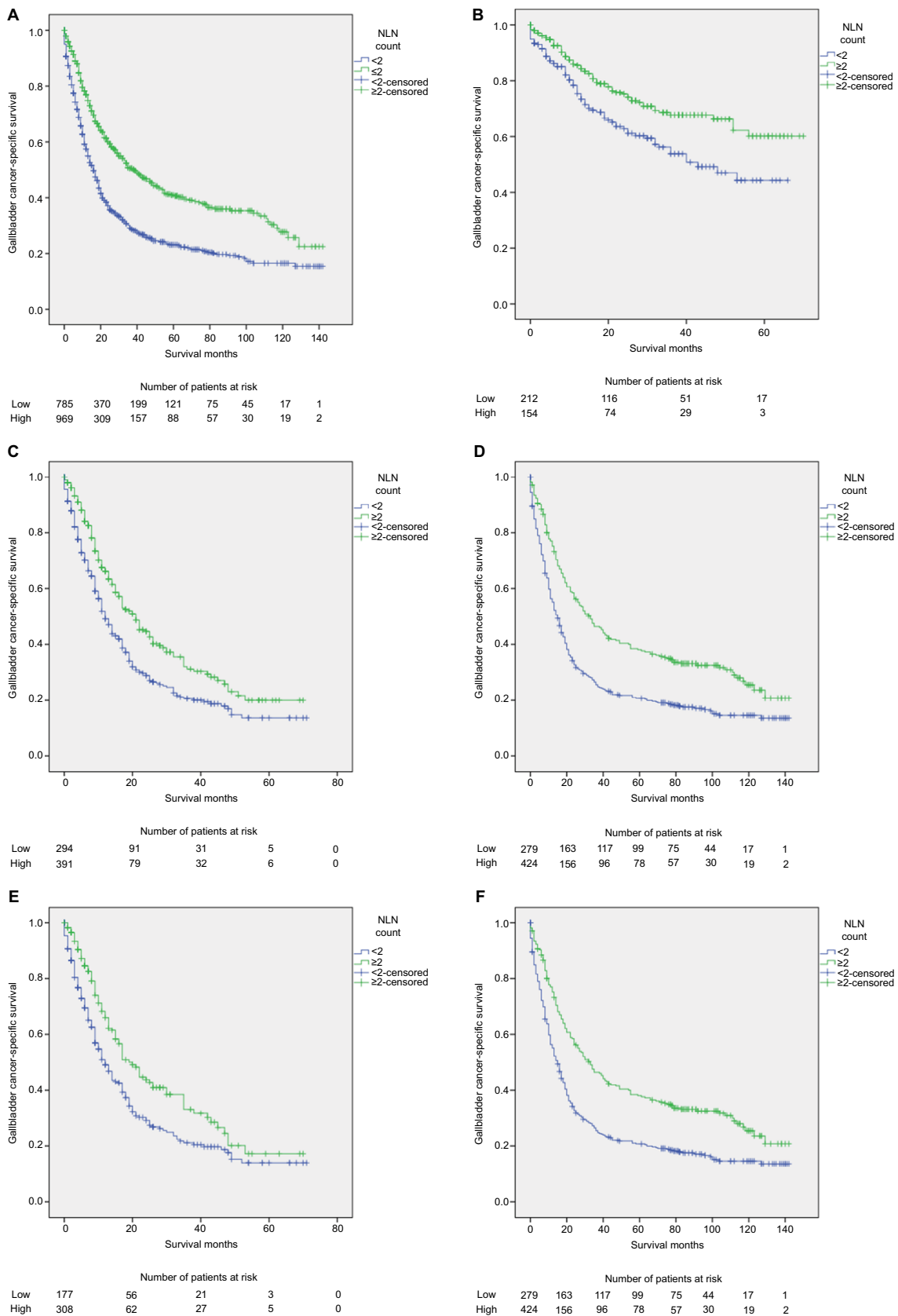
**Abbreviations:** GCSS, gallbladder cancer cause-specific survival; NI, not included; NLNs, negative lymph nodes.

nodes have been resected have potentially undergone more complete excision of their primary tumors and draining LNs. Complete excision of regional LNs means that more NLNs are examined. Likewise, the greater the number of NLNs identified, the more likely it is that complete resection has been achieved.<sup>22</sup>

In our study, the optimal cutoff value for NLNs was 2 (all stages) after surgical resection of GBC. There was not a statistically significant difference in 5-year GCSS between patients with N2 stage disease and fewer than two NLNs (23 patients) vs two or more NLNs (17 patients), probably because of the small number of patients with N2 stage disease. In previous studies, the incidence of LN micrometastases has been lower in patients with GBC than in those with other cancers.<sup>18,23–26</sup> Others have validated NLN count as an independent prognostic factor by both univariate and multivariate analyses; however, the cutoff number of NLNs is reportedly much larger than what we found for GBC. For example, Lu et al concluded that 6 is the optimal cutoff value for NLN count as an independent prognostic factor

for cervical CSS,<sup>12</sup> whereas Yang et al concluded it is 9 for breast CSS,<sup>13</sup> Li et al concluded it is 9 for rectal CSS,<sup>14</sup> and Li et al concluded it is 12 for gastric CSS.<sup>27</sup> Most GBCs are diagnosed at an advanced stage, about 70% of GBCs being diagnosed intra- or postoperatively. Patients with symptoms generally have advanced disease, which implies more LN metastases and fewer NLNs. Furthermore, because the gallbladder has no submucosal layer, organ invasion may develop more readily and earlier than in other cancers.<sup>28</sup>

Tumor immune responses may be one of the reasons for the number of NLNs affecting prognosis. The benefits associated with a higher number of NLNs may simply reflect a host lymphocytic reaction to the tumor, as has been reported for colorectal cancer.<sup>29</sup> Nakakubo et al evaluated the extent of immune cell infiltration of tumors in 110 surgically resected gallbladders by immunohistochemistry and reported that large numbers of infiltrating dendritic cells (DCs) correlate with fewer metastases to LNs. Furthermore, they found DC numbers to be significantly correlated with duration of survival.<sup>30</sup>



**Figure 1** Survival curves in gallbladder cancer patients according to number of NLNs.

**Notes:** Log-rank tests according to number of NLNs (two or more vs fewer than two) for **(A)** all TNM stages: 40.9% vs 23.1%, respectively;  $\chi^2=85.325, P<0.001$ ; **(B)** stage I/II: 73.3% vs 54.2%, respectively;  $\chi^2=14.236, P<0.001$ ; **(C)** stage III/IV: 20.0% vs 13.7%, respectively;  $\chi^2=18.048, P=0.002$ ; **(D)** TNM stage unavailable: 38.1% vs 20.7%, respectively;  $\chi^2=34.358, P<0.001$ ; **(E)** stage N1: 17.3% vs 14.0%, respectively;  $\chi^2=11.306, P=0.001$ ; and **(F)** N stage unavailable: 38.1% vs 20.7%, respectively;  $\chi^2=34.358, P<0.001$ . The absolute number of patients at risk is listed below the curve.

**Abbreviation:** NLNs, negative lymph nodes.

Although the current study is a large population-based study, it had some limitations. First, the use of chemotherapy and information on the quality of surgical care and pathological examination are not included in the SEER database. Second, use of the SEER database does not enable study of the mechanism for the association between the number of NLNs and GCSS. Third, the SEER GBC database does not provide data on adjuvant therapy, comorbidities, and recurrence rates.

## Conclusion

Our study suggests that the number of NLNs examined is a prognostic factor after GBC surgery and provides more information about the prognosis than the number of positive NLNs alone.

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## Disclosure

The authors report no conflicts of interest in this work.

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