

# Is ramucirumab and paclitaxel therapy beneficial for second-line treatment of metastatic gastric or junctional adenocarcinoma for patients with ascites? Analysis of RAINBOW phase 3 trial data

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**Purpose:** Second-line treatment with ramucirumab-paclitaxel has demonstrated statistically significant and clinically meaningful survival outcomes compared to paclitaxel-alone in patients with advanced gastric cancer (HR=0.807, 95% CI 0.678–0.962;  $P=0.017$ ). Post hoc, exploratory analyses of RAINBOW patient data were performed to examine whether ascites impacted the efficacy and safety of ramucirumab-paclitaxel.

**Patients and methods:** Patients were placed in with- or without-ascites subgroups based on baseline information collected on case report forms. The Kaplan–Meier method was used to estimate median progression-free survival (PFS) and overall survival (OS) of the ascites subgroups. HR and 95% CI were calculated using the Cox proportional hazards model. Survival distributions within the two arms in each ascites subgroup were compared using the log-rank test.

**Results:** There were 36% of RAINBOW trial patients (237/665) that had ascites at baseline (with-ascites subgroup); 64% of patients (428/665) had no baseline ascites (without-ascites subgroup). Most baseline characteristics were balanced. The with-ascites subgroup had a higher percentage of patients with peritoneal metastases (91% vs 23%) as expected. Overall survival for the with-ascites subgroup was worse than for the without-ascites subgroup (median OS for placebo-treated patients: 5.2 vs 8.5 months, respectively). However, OS treatment effects did not seem to differ significantly among patients with ascites (OS stratified HR=0.864, 95% CI=0.644–1.161;  $P=0.3362$ ) vs those without ascites (OS stratified HR=0.745, 95% CI=0.593–0.936;  $P=0.0115$ ). Similar results were observed for PFS. Ramucirumab treatment was associated with a greater incidence of all-grade vomiting for the with-ascites subgroup vs the without-ascites subgroup (ramucirumab arm: 39.2% vs 18.8%; placebo arm: 23.3% vs 19.5%, respectively). The incidence of adverse events of special interest was not elevated among the ramucirumab-treated ascites subgroup over the without-ascites subgroup.

**Conclusion:** The benefit/risk profile of ramucirumab-paclitaxel remains favorable in patients with ascites and is consistent with the findings of the RAINBOW trial.

**Keywords:** gastric cancer, GEJ, peritoneal metastases, efficacy, safety

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## Introduction

Gastric cancer is the fifth most frequently diagnosed cancer (1.03 million cases projected in 2018) but the third highest cause of cancer-related death due to frequent late stage detection and concomitant high mortality (76% mortality rate).<sup>1,2</sup> First-line treatment of advanced or metastatic gastric or gastroesophageal junction (GEJ) cancer

involves platinum and fluoropyrimidine chemotherapy, with a third agent sometimes added based on human epidermal growth factor receptor 2 status.<sup>3-5</sup> Upon disease progression after the front line therapy, second-line chemotherapy with irinotecan or a taxane yields a survival benefit over best supportive care. Recently, the phase 3 REGARD trial identified a new option for second-line treatment—ramucirumab, a human immunoglobulin G1 monoclonal antibody against the vascular endothelial growth factor receptor-2 (VEGFR-2).<sup>6</sup> The subsequent phase 3 RAINBOW trial revealed the addition of ramucirumab to second-line paclitaxel significantly extended second-line overall survival (OS; median 9.6 vs 7.4 months; hazard ratio [HR]=0.807;  $P=0.017$ ) and progression-free survival (PFS; median 4.4 vs 2.9 months; HR=0.635;  $P<0.0001$ ) over placebo-paclitaxel.<sup>7</sup>

Malignancy-related ascites is a frequent complication of advanced gastric cancer. It is thought to develop in conjunction with peritoneal tumors, in part due to the elevated concentration of VEGF in the peritoneal fluid and the resultant increased peritoneal capillary permeability.<sup>8</sup> Malignancy-occluded lymphatic vessels or portal hypertension resulting from hepatic metastases may also contribute to ascites formation. Critical complications such as infection, ileus, peritonitis, and hydronephrosis can follow ascites. Due to these potential complications and the numerous ascites-associated symptoms, clinicians proceed cautiously with second-line treatments. To assess the efficacy and safety of ramucirumab-paclitaxel second-line treatment for patients with ascites, post hoc, exploratory analyses of RAINBOW patient data were performed.

## Methods

### Study design

Details of the RAINBOW global, randomized, double-blind, placebo-controlled phase 3 trial ([ClinicalTrials.gov](https://clinicaltrials.gov) NCT01170663) have been reported.<sup>7</sup> In brief, eligible patients met the following criteria: metastatic or nonresectable, locally advanced gastric or GEJ adenocarcinoma; disease progression during or within 4 months of the last dose of first-line platinum/fluoropyrimidine (with or without anthracycline); Eastern Cooperative Oncology Group (ECOG) performance status score of 0 or 1; and measurable or nonmeasurable evaluable disease as defined by Response Evaluation Criteria in Solid Tumors version 1.1. Patients were randomized (1:1) with stratification by time to progression after first dose of first-line therapy (<6 months vs  $\geq 6$  months), disease measurability (yes vs no), and region. Patients were treated either with intravenous ramucirumab

(8 mg/kg) or placebo on days 1 and 15, and paclitaxel (80 mg/m<sup>2</sup>) on days 1, 8, and 15 of a 28-day cycle. Treatment was discontinued upon disease progression, unacceptable toxicity, or withdrawal of consent.

The RAINBOW trial followed the guiding principles of the Declaration of Helsinki and the Good Clinical Practice Guidelines of the International Conference on Harmonization. The institutional review board or independent ethics committee of each investigative site approved the trial (listing supplied in [Supplementary materials](#)), and all patients provided written informed consent.

### Statistical methods

Patients were designated as with-ascites or without-ascites subgroup based on investigator report of ascites at baseline as recorded on the patient case report form in response to a single question. Information on the volume of ascites and the diagnostic method was not collected. The Kaplan–Meier method was used to estimate median PFS and OS of the ascites subgroups. The log-rank test was used to compare the survival distributions within the two arms in each ascites subgroup. HR and 95% confidence interval (CI) were calculated using the Cox proportional hazards model.

### Results

Among the 665 patients participating in the RAINBOW trial, 237 (36%) had ascites at baseline and were included in the “with-ascites” subgroup; the remaining 428 patients (64%) were classified as the “without-ascites” subgroup. Baseline patient and tumor characteristics were generally balanced between the treatment arms within the ascites subgroups (Table 1). As expected, the subgroup with ascites had a much higher percentage of patients with peritoneal metastases (91% vs 23%). In addition, the ascites subgroup, vs the subgroup without ascites, had a higher percentage of women (44% vs 21%), patients with primary tumor of gastric cancer (vs GEJ) (94% vs 71%), and patients with diffuse histological subtype (53% vs 29%).

### Efficacy

Overall survival for the with-ascites subgroup was worse than that for the without-ascites subgroup. In the ascites subgroup, placebo-treated patients exhibited a median OS of 5.2 months (Figure 1A), while placebo-treated patients without ascites exhibited a median OS of 8.5 months (Figure 1B). In contrast, median PFS was similar for placebo-treated patients in both the with-ascites and without-ascites subgroups (2.8 and 2.9 months, respectively) (Figure 1C, 1D).

**Table 1** Summary of patient and disease characteristics in patient subgroups with and without ascites

	Patients with ascites		Patients without ascites	
	Ramucirumab + paclitaxel (N=130) n (%)	Placebo+ paclitaxel (N=107) n (%)	Ramucirumab + paclitaxel (N=200) n (%)	Placebo+ paclitaxel (N=228) n (%)
Age, median (range) (years)	59 (25–79)	60 (24–81)	63 (29–83)	62 (28–84)
Sex				
Male	71 (54.6)	62 (57.9)	158 (79.0)	181 (79.4)
Female	59 (45.4)	45 (42.1)	42 (21.0)	47 (20.6)
ECOG PS				
0	43 (33.1)	39 (36.4)	74 (37.0)	105 (46.1)
1	87 (66.9)	68 (63.6)	126 (63.0)	123 (53.9)
Weight loss in the previous 3 months				
≥10%	25 (19.2)	20 (18.7)	28 (14.0)	27 (11.8)
<10%	105 (80.8)	87 (81.3)	172 (86.0)	199 (87.3)
Primary tumor location				
Gastric	122 (93.8)	101 (94.4)	142 (71.0)	163 (71.5)
GEJ	8 (6.2)	6 (5.6)	58 (29.0)	65 (28.5)
Histological subtype				
Intestinal	42 (32.3)	25 (23.4)	103 (51.5)	110 (48.2)
Diffuse	66 (50.8)	59 (55.1)	49 (24.5)	74 (32.5)
Mixed	7 (5.4)	6 (5.6)	14 (7.0)	8 (3.5)
Unknown	15 (11.5)	17 (15.9)	34 (17.0)	36 (15.8)
Primary tumor present	95 (73.1)	74 (69.2)	114 (57.0)	135 (59.2)
Number of metastatic sites				
0–2	75 (57.7)	71 (66.4)	134 (67.0)	161 (70.6)
≥3	55 (42.3)	36 (33.6)	66 (33.0)	67 (29.4)
Peritoneal metastases	116 (89.2)	100 (93.5)	47 (23.5)	52 (22.8)
Measureable disease	79 (60.8)	63 (58.9)	177 (88.5)	202 (88.6)
Time to progressive disease on first-line therapy				
<6 months	97 (74.6)	65 (60.7)	111 (55.5)	135 (59.2)
≥6 months	33 (25.4)	42 (39.3)	89 (44.5)	92 (40.4)
Missing	0	0	0	1 (0.4)
Prior first-line therapy				
Doublet: platinum and fluoropyrimidine	98 (75.4)	80 (74.8)	155 (77.5)	166 (72.8)
Triplet: platinum and fluoropyrimidine with anthracycline	32 (24.6)	26 (24.3)	44 (22.0)	61 (26.8)

**Abbreviations:** GEJ, gastro-esophageal junction; ECOG PS, Eastern Cooperative Oncology Group performance status.

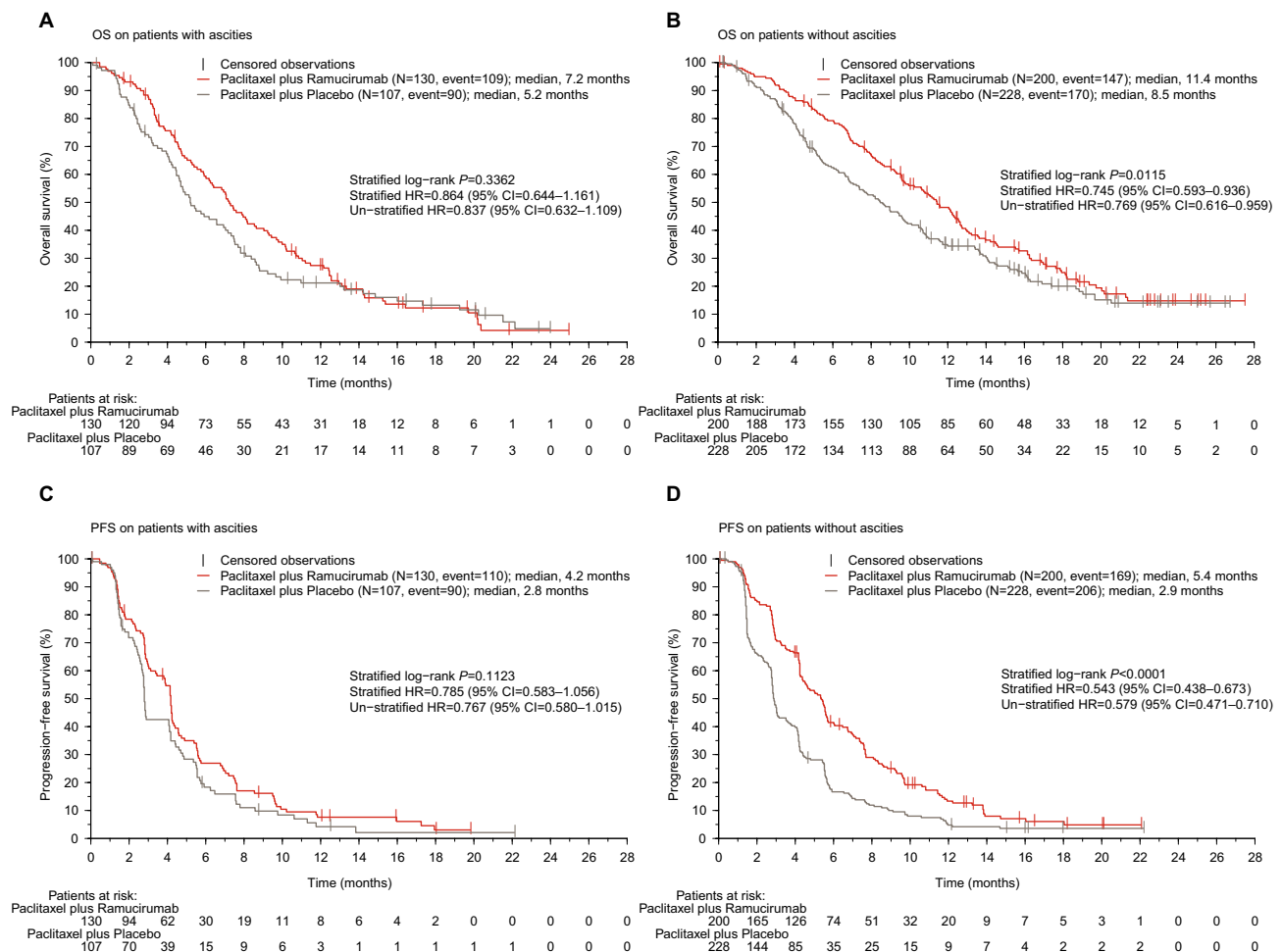
Although the study was not powered for subgroup analysis, Kaplan–Meier plots were used to examine the treatment effect in both ascites subgroups. As shown in Figure 1, the ramucirumab arm exhibited prolonged survival (HR <1) for both ascites subgroups: the with-ascites subgroup (stratified HR=0.864, 95% CI=0.644–1.161;  $P=0.3362$ ) and the without-ascites subgroup (HR=0.745, 95% CI=0.593–0.936;  $P=0.0115$ ). A similar trend was observed for PFS, with a stratified HR of 0.785 (95% CI=0.583–1.056;  $P=0.1123$ ) for the with-ascites subgroup and 0.543 (95% CI=0.438–0.673;  $P<0.0001$ ) for the without-ascites subgroup. Table 2 summarizes the results of the ascites subgroups and compares them with those from the full intent-to-treat population from the RAINBOW trial. A separate analysis examined the

ascites subgroups within the subpopulation of patients with peritoneal metastases and found similar results (Table S1).

## Safety

Among patients with ascites, median duration of therapy was 14 weeks (interquartile range [IQR] 8–24) for the ramucirumab arm and 12 weeks (IQR 6–20) for placebo. By comparison, the median duration of therapy for all study patients on the ramucirumab arm was 18 weeks (IQR 10–31). The median relative dose intensity for ramucirumab/placebo was 99% among patients with ascites.

Ramucirumab treatment was associated with a greater incidence of vomiting for the patients with-ascites subgroup vs ramucirumab-treated patients without ascites (any grade



**Figure 1** Kaplan–Meier curves of OS and PFS in subgroups with and without ascites.

**Notes:** OS (**A, B**) and PFS (**C, D**) were calculated using Kaplan–Meier plots of subgroups of patients with ascites (**A, C**) and without ascites (**B, D**). Treatment HRs and 95% confidence intervals were estimated from a stratified Cox model adjusted for covariates (stratification factors).

**Abbreviations:** OS, overall survival; PFS, progression-free survival.

vomiting 39.2% vs 18.8%, respectively; grade 3–4 vomiting 4.6% vs 2.0%, respectively) (Table 3). Independent of treatment, patients with ascites experienced a greater incidence of low-grade hypoalbuminemia. The with-ascites subgroup receiving ramucirumab exhibited a higher incidence of any grade leukopenia and any grade anemia as compared to the without-ascites subgroup. Adverse events of special interest were not elevated among the ramucirumab-treated ascites subgroup over the subgroup of ramucirumab-treated patients without ascites. The incidence of grade  $\geq 3$  GI perforation was 0.8% for ramucirumab-treated patients in the with-ascites subgroup and 1.5% in the without-ascites subgroup. Likewise, severe (grade  $\geq 3$ ) arterial thromboembolic events were not elevated among ramucirumab-treated patients with ascites (0%) vs ramucirumab-treated patients without ascites (1.5%). The incidence of grade  $\geq 3$  venous thromboembolic events was also similar among ramucirumab-treated patients

in both the with- and without-ascites subgroups (3.8% and 1.5%, respectively). The incidence of all grade and grade  $\geq 3$  hypertension was lower among patients with ascites compared to patients without ascites for both ramucirumab-treated and placebo-treated subgroups (Table 3).

## Discussion

Patients with advanced gastric/GEJ cancer may suffer from malignancy-related ascites, a condition associated with a poorer prognosis – shorter OS and inferior quality of life.<sup>8,9</sup> Standard clinical management of ascites may lead to temporary palliation of symptoms but is unlikely to improve survival.<sup>10</sup> Ramucirumab in combination with paclitaxel has demonstrated statistically significant and clinically meaningful survival outcomes compared to paclitaxel alone in patients receiving second-line treatment for advanced gastric cancer. The post hoc, exploratory analyses reported here examined

**Table 2** Summary of efficacy data for intent-to-treat population and ascites subgroups

	ITT population		ITT population with-ascites subgroup		ITT population without-ascites subgroup	
	Ramucirumab + paclitaxel (N=330)	Placebo+ paclitaxel (N=335)	Ramucirumab + paclitaxel (N=130)	Placebo+ paclitaxel (N=107)	Ramucirumab + paclitaxel (N=200)	Placebo+ paclitaxel (N=228)
Overall survival						
Median (months)	9.6	7.4	7.2	5.2	11.4	8.5
Stratified log-rank P	0.017		0.3362		0.0115	
Stratified HR (95% CI)	0.807 (0.678–0.962)		0.864 (0.644–1.161)		0.745 (0.593–0.936)	
Progression-free survival						
Median (months)	4.4	2.9	4.2	2.8	5.4	2.9
Stratified log-rank P	<0.0001		0.1123		<0.0001	
Stratified HR (95% CI)	0.635 (0.536–0.752)		0.785 (0.583–1.056)		0.543 (0.438–0.673)	

**Abbreviation:** ITT, intent-to-treat.

the safety and efficacy of second-line ramucirumab-paclitaxel for treatment of advanced gastric cancer in patients with and without ascites.

The RAINBOW with-ascites subgroup was similar to the without-ascites subgroup for most baseline patient and disease characteristics. Peritoneal metastases were higher among patients with ascites, as expected. There was also a higher incidence of female patients and diffuse histology in the with-ascites group, as another report has observed.<sup>11</sup> Comparison of RAINBOW patient subgroups revealed a favorable ramucirumab treatment trend among patients with and without ascites (OS and PFS HR <1), compared to placebo. This trend was duplicated in the population of patients with peritoneal metastases. Assessment of adverse events associated with ramucirumab-treatment of patients with and without ascites did not identify any new safety concerns associated with treatment.

As other studies have observed, gastric cancer patients with ascites have a poorer prognosis than those without ascites.<sup>8,9</sup> Indeed, as already reported for the RAINBOW trial, a stepwise Cox model identified absence of ascites as an independent predictor for improved survival.<sup>7</sup> Comparing placebo-treated subgroups, those with ascites had a median OS of 5.2 as compared with 8.5 months for those without ascites. Despite the poor prognosis, our analyses suggest that combining ramucirumab with paclitaxel may assist in prolonging survival even for patients with ascites (increased median OS by 2.0 months vs 2.9 months for patients without ascites).

In addition to the known limitations of post hoc, exploratory analyses, the RAINBOW trial ascites analyses were limited by the absence of patient data on the degree of ascites and lack of periodic monitoring of ascites changes.

Furthermore, these analyses were likely limited by the potential exclusion of some patients with a large volume of ascites since these patients frequently have poor performance status and thus were ineligible for enrolment.<sup>7</sup> Recent studies have reported on how the extent of ascites impacts treatment outcome.<sup>8,9,11,12</sup> One retrospective evaluation of data from gastric cancer patients treated with ramucirumab-paclitaxel found that patients with massive ascites had shorter OS and PFS than patients with small to moderate ascites, although the ramucirumab-paclitaxel treatment was tolerated in all patients.<sup>11</sup> Another retrospective study observed a subgroup with high ascites level had lower median PFS and OS values than the patient subgroup with a low ascites level, although both subgroups responded to ramucirumab.<sup>12</sup> Future investigations that prospectively plan to study outcomes for patients with ascites should include routine measurement of ascites volume throughout the study.

## Conclusion

Patients with advanced gastric cancer and malignancy-related ascites have a poor prognosis, potentially critical complications, and a myriad of debilitating symptoms. The benefit/risk profile of ramucirumab-paclitaxel compared to that of paclitaxel appears to be maintained in patients with ascites. This is consistent with the findings in the randomized intent-to-treat population in the RAINBOW trial, which inform treatment recommendations in all major guidelines.<sup>3–5</sup>

## Abbreviations

ECOG, Eastern Cooperative Oncology Group; GEJ, gastroesophageal junction; PFS, progression-free survival; VEGFR-2, vascular endothelial growth factor receptor-2.

**Table 3** Treatment-emergent adverse events regardless of causality in patient subgroups with and without ascites

	Patients with ascites				Patients without ascites			
	Ramucirumab + Paclitaxel (N=130)		Placebo + Paclitaxel (N=103)		Ramucirumab + Paclitaxel (N=197)		Placebo + Paclitaxel (N=226)	
	Any grade n (%)	Grade ≥3 n (%)	Any grade n (%)	Grade ≥3 n (%)	Any grade n (%)	Grade ≥3 n (%)	Any grade n (%)	Grade ≥3 n (%)
<b>Any grade TEAE in ≥10% of patients with ascites in ramucirumab-paclitaxel arm</b>								
Fatigue <sup>a</sup>	69 (53.1)	16 (12.3)	46 (44.7)	6 (5.8)	117 (59.4)	23 (11.7)	98 (43.4)	12 (5.3)
Neuropathy <sup>a</sup>	55 (42.3)	7 (5.4)	34 (33.0)	4 (3.9)	95 (48.2)	20 (10.2)	85 (37.6)	11 (4.9)
Nausea	52 (40.0)	4 (3.1)	37 (35.9)	3 (2.9)	63 (32.0)	2 (1.0)	71 (31.4)	5 (2.2)
Decreased appetite	52 (40.0)	6 (4.6)	38 (36.9)	8 (7.8)	79 (40.1)	4 (2.0)	67 (29.6)	5 (2.2)
Vomiting	51 (39.2)	6 (4.6)	24 (23.3)	8 (7.8)	37 (18.8)	4 (2.0)	44 (19.5)	4 (1.8)
Abdominal pain <sup>a</sup>	51 (39.2)	8 (6.2)	29 (28.2)	3 (2.9)	67 (34.0)	12 (6.1)	69 (30.5)	8 (3.5)
Diarrhea	46 (35.4)	4 (3.1)	23 (22.3)	1 (1.0)	60 (30.5)	8 (4.1)	53 (23.5)	4 (1.8)
Alopecia	37 (28.5)	0	36 (35.0)	0	70 (35.5)	0	91 (40.3)	1 (0.4)
Peripheral edema	30 (23.1)	4 (3.1)	20 (19.4)	2 (1.9)	52 (26.4)	1 (0.5)	25 (11.1)	0
Pyrexia	26 (20.0)	2 (1.5)	16 (15.5)	0	33 (16.8)	1 (0.5)	21 (9.3)	1 (0.4)
Constipation	25 (19.2)	0	23 (22.3)	1 (1.0)	45 (22.8)	0	48 (21.2)	1 (0.4)
Stomatitis	24 (18.5)	1 (0.8)	7 (6.8)	1 (1.0)	40 (20.3)	1 (0.5)	17 (7.5)	1 (0.4)
Weight decreased	22 (16.9)	3 (2.3)	20 (19.4)	3 (2.9)	23 (11.7)	3 (1.5)	29 (12.8)	1 (0.4)
Dyspnea	20 (15.4)	4 (3.1)	8 (7.8)	0	22 (11.2)	4 (2.0)	23 (10.2)	2 (0.9)
Hypoalbuminemia <sup>a</sup>	20 (15.4)	2 (1.5)	11 (10.7)	2 (1.9)	16 (8.1)	2 (1.0)	5 (2.2)	1 (0.4)
Rash <sup>a</sup>	17 (13.1)	0	7 (6.8)	0	25 (12.7)	0	24 (10.6)	0
Back pain	15 (11.5)	0	8 (7.8)	0	24 (12.2)	4 (2.0)	32 (14.2)	5 (2.2)
<b>Hematologic adverse events in ≥10% of patients in ramucirumab-paclitaxel<sup>a</sup></b>								
Neutropenia	75 (57.7)	50 (38.5)	36 (35.0)	23 (22.3)	103 (52.3)	83 (42.1)	66 (29.2)	39 (17.3)
Leukopenia	53 (40.8)	24 (18.5)	24 (23.3)	11 (10.7)	58 (29.4)	33 (16.8)	45 (19.9)	11 (4.9)
Anemia	52 (40.0)	16 (12.3)	38 (36.9)	10 (9.7)	62 (31.5)	14 (7.1)	81 (35.8)	24 (10.6)
Thrombocytopenia	17 (13.1)	4 (3.1)	6 (5.8)	2 (1.9)	26 (13.2)	1 (0.5)	14 (6.2)	4 (1.8)
<b>Adverse events of special interest<sup>a</sup></b>								
Bleeding/hemorrhage	48 (36.9)	6 (4.6)	19 (18.4)	3 (2.9)	89 (45.2)	8 (4.1)	40 (17.7)	5 (2.2)
Hypertension	24 (18.5)	12 (9.2)	2 (1.9)	1 (1.0)	58 (29.4)	36 (18.3)	17 (7.5)	8 (3.5)
Proteinuria	21 (16.2)	1 (0.8)	8 (7.8)	0	34 (17.3)	3 (1.5)	12 (5.3)	0
Gastrointestinal hemorrhage	13 (10.0)	6 (4.6)	5 (4.9)	0	20 (10.2)	6 (3.0)	15 (6.6)	5 (2.2)
Renal failure	8 (6.2)	5 (3.8)	4 (3.9)	1 (1.0)	14 (7.1)	1 (0.5)	10 (4.4)	2 (0.9)
Infusion-related reaction	8 (6.2)	1 (0.8)	3 (2.9)	0	11 (5.6)	1 (0.5)	9 (4.0)	0
Venous thromboembolic	6 (4.6)	5 (3.8)	8 (7.8)	6 (5.8)	7 (3.6)	3 (1.5)	10 (4.4)	5 (2.2)
Congestive heart failure	3 (2.3)	1 (0.8)	3 (2.9)	1 (1.0)	5 (2.5)	1 (0.5)	1 (0.4)	1 (0.4)
Gastrointestinal perforation	1 (0.8)	1 (0.8)	0	0	3 (1.5)	3 (1.5)	1 (0.4)	0
Arterial thromboembolic	0	0	2 (1.9)	1 (1.0)	6 (3.0)	3 (1.5)	3 (1.3)	2 (0.9)

Note: <sup>a</sup>Consolidated adverse event category.

Abbreviations: TEAE, treatment-emergent adverse event.

## Data sharing statement

Eli Lilly provides access to all individual participant data collected during the trial, after anonymization, with the exception of pharmacokinetic or genetic data. Data are available to request in a timely fashion after the indication studied has been approved in the USA and EU and after primary publication acceptance. No expiration date of data requests is currently set once they are made available. Access is provided after a proposal has been approved by an independent review committee identified for this purpose and after receipt

of a signed data sharing agreement. Data and documents, including the study protocol, statistical analysis plan, clinical study report, blank or annotated case report forms, will be provided in a secure data sharing environment for up to 2 years per proposal. For details on submitting a request, see the instructions provided at [www.clinicalstudydatarequest.com](http://www.clinicalstudydatarequest.com).

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## Author contributions

KM collected patient data for the study. M-HJ analyzed the study data, and all authors were involved in its interpretation. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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