



# Clinical Evaluation Of Evolocumab For The Treatment Of Homozygous Familial Hypercholesterolemia In Chinese Patients

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**Abstract:** Evolocumab, which can lower low-density lipoprotein (LDL) cholesterol levels by approximately 60% and prevent cardiovascular events in patients with cardiovascular disease, is a monoclonal antibody that inhibits proprotein convertase subtilisin/kexin type 9 (PCSK9). Some studies have investigated its efficacy and safety in the treatment of the homozygous form of familial hypercholesterolemia (HoFH), and others have focused on its efficacy and safety in Asians with high cardiovascular risk. Although no direct evolocumab clinical trials have been conducted in Chinese HoFH patients, its efficacy and safety in the Chinese population should be similar to those in other ethnic groups.

**Keywords:** Chinese, evolocumab, homozygous familial hypercholesterolemia, low-density lipoprotein, proprotein convertase subtilisin/kexin type 9

## Introduction

Familial hypercholesterolemia (FH; MIM# 143890) is one of the most common hereditary metabolic diseases. Its incidence ranges from 1/200 to 1/500 individuals.<sup>1,2</sup> The prevalence of the heterozygous form of FH (HeFH) is reported to be about 1/200-250,<sup>3</sup> while that of the homozygous form (HoFH) is reported to be about 1/160,000-300,000.<sup>4</sup> However, previous FH studies were focused mainly on Caucasian populations; hence, a complete investigation of its frequency in the Chinese population does not exist.

Some of the lipid metabolism defects that have been observed in FH patients include reduced LDLR-mediated low-density lipoprotein (LDL) cholesterol catabolism, impairment of apolipoprotein B (APOB)-mediated LDL clearance, and increased proprotein convertase subtilisin/kexin type 9 (PCSK9) levels, which mediates the posttranslational destruction of LDLRs.<sup>5,6</sup> The impairment in the functionality of LDLR, APOB and PCSK9 in HoFH patients results in a marked increase in LDL cholesterol levels and clinical cardiovascular events.

In a recent comparison of FH health care in Asia-Pacific and Southern Hemisphere countries, important gaps, including in detection and treatment, were still noticed across the FH care continuum, particularly in less economically developed countries.<sup>7</sup> Thus, comprehensive strategies are needed to improve FH patient care in these countries.

PCSK9 is a key regulator of LDLR function. Evolocumab, a monoclonal antibody that inhibits PCSK9, prevents PCSK9-mediated LDLR degradation and

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permits LDLR to recycle back to the liver cell surface with higher abundance, thereby lowers LDL cholesterol level by approximately 60% clinically.<sup>8</sup> The LDL-lowering effect of evolocumab in HoFH is heavily dependent on the residual function of mutated LDLR, which is defective if its residual activity is 2~30% of normal, and negative if it is less than 2%. The efficacy of evolocumab in HoFH patient therefore was quite variable depending on the type of LDLR mutation and its residual activity. Previous studies on the evolocumab's efficacy and safety in HoFH patients focused mainly on Caucasian populations, which were lacking in Chinese population. Therefore, the objective of this study was to review current evidences of its use in the treatment of Chinese HoFH patients.

## Evolocumab's Efficacy And Safety In HoFH

Evolocumab's efficacy and safety in HoFH treatment was first evaluated in an open-label, single-arm, multicenter, dose-scheduling pilot study consisting of 8 HoFH patients (2, LDLR-negative; 6, LDLR-defective), who were on a stable drug therapy (TESLA part A, Table 1).<sup>9</sup> They were treated with subcutaneous evolocumab (420 mg) every 4 weeks for 12 weeks, followed by the same dose treatment every 2 weeks for an additional 12 weeks. The mean change from baseline in LDL cholesterol level at week 12 was -16.5% and -13.9% with the 4- and 2-week dosing, respectively. Over the treatment periods, no reduction in LDL cholesterol was observed in the 2 LDLR-negative patients, while in the 6 LDLR-defective patients, the reductions were  $19.3 \pm 16\%$  and  $26.3 \pm 20\%$  with the 4- and 2-week dosing, respectively ( $p = 0.0313$  for both treatment periods), and ranged from 4% to 48% with the 2-week dosing. There were no serious side effects. This study, which was a very early stage study of the use of evolocumab in the treatment of HoFH patients, demonstrated a significant and dose-related lowering of LDL cholesterol with evolocumab use in LDLR-defective HoFH patients, while no reduction was observed in those who were receptor negative.

The TESLA part B study was a randomized, double-blind, placebo-controlled evolocumab phase III trial undertaken at 17 sites in 10 countries in North America, Europe, the Middle East, and South Africa (Table 1).<sup>10</sup> Fifty eligible HoFH patients (age,  $\geq 12$  years), who had been on stable lipid-regulating therapy for at least 4 weeks, and had not received lipoprotein apheresis, were randomly

allocated in a 2:1 ratio to receive subcutaneous evolocumab (420 mg) or placebo every 4 weeks for 12 weeks. Of the 50 eligible patients who were randomly assigned to the 2 treatment groups, 49 actually received the study drug and completed the study (16 in the placebo group and 33 in the evolocumab group). Compared with the placebo, evolocumab significantly reduced LDL cholesterol levels at week 12 by 30.9% (95% CI, -43.9% to -18.0%;  $p < 0.0001$ ). Treatment-induced adverse events occurred in 10 (63%) of the 16 patients in the placebo group, and in 12 (36%) out of the 33 in the evolocumab group. No serious clinical or laboratory adverse events occurred, and no anti-evolocumab antibody development was detected during the study.

The TAUSSIG study was an open-label, non-randomized evolocumab phase III trial, which was undertaken at 35 sites in 17 countries.<sup>11</sup> In the interim subset analysis, 106 HoFH patients (aged  $\geq 12$  years), who were on a stable LDL cholesterol-lowering therapy for at least 4 weeks were included, and they all received evolocumab (420 mg) subcutaneously once every month, or once every 2 weeks if they were on apheresis (Table 1). The dosing could be increased to every 2 weeks after 12 weeks in patients who were not on apheresis. The results revealed that after 12 weeks, mean LDL cholesterol decreased from baseline by 20.6%, and was maintained until week 48. In 47 out of the 72 patients who were not on apheresis at study entry, increasing evolocumab dosing to every 2 weeks led to an additional mean LDL cholesterol decrease of 8.3%. In a post-hoc analysis, mean reductions in LDL cholesterol in patients on apheresis were significant at week 12 ( $p = 0.0012$ ) and week 48 ( $p = 0.0032$ ), and did not differ from reductions observed in patients who were not on apheresis at week 12 ( $p = 0.38$ ) and at week 48 ( $p = 0.09$ ). The interim results suggested that evolocumab is well tolerated and is an effective additional option for reducing LDL cholesterol in HoFH patients, with or without apheresis.

Currently, the TAUSSIG study has expanded to include a total of 300 subjects (106 with HoFH and 194 with severe HeFH, respectively), who received evolocumab for a median of 4.1 years (Table 1).<sup>12</sup> A total of 61 subjects were on apheresis, and the median change in LDL cholesterol from baseline to week 12 was -18.3% in those with HoFH, and -57.1% in those with severe HeFH. Of the 48 subjects who were uptitrated, the median change in LDL cholesterol improved from -16.3% at week 12 to -29.3% after 12 weeks of 420 mg of Q2W. This study is the largest

Table 1 Efficacy And Safety Of Evolocumab In Homozygous Form Of Familial Hypercholesterolemia

Trial	Study Design	Patients	Dosing And Duration	Efficacy	Safety	Ref
TESLA, part A	Open-label, single-arm, multicenter, dose-scheduling pilot study	Eight patients with LDLR -negative or -defective HoFH	Background stable LDL cholesterol-lowering therapy for at least 4 weeks; evolocumab 420 mg every 4 weeks for $\geq$ 12 weeks, followed by evolocumab 420 mg every 2 weeks for an additional 12 week	Mean change from baseline in LDL cholesterol at week 12 was $-16.5\%$ and $-13.9\%$ with 4- and 2-week dosing, respectively. No reduction was seen in the 2 LDLR-negative patients. Over the treatment periods, LDL cholesterol reductions in the 6 LDLR-defective patients were $19.3 \pm 16\%$ and $26.3 \pm 20\%$ with 4- and 2-week dosing, respectively ( $P = 0.0313$ for both values), ranging from 4% to 48% with 2-week dosing.	There were no serious AEs.	[9]
TESLA, part B	A randomised, double-blind, placebo-controlled phase 3 trial	49 HoFH patients; no subjects were on apheresis	Background stable LDL cholesterol-lowering therapy for at least 4 weeks; evolocumab 420 mg or placebo every 4 weeks for 12 weeks.	Compared with placebo, evolocumab significantly reduced LDL cholesterol at 12 weeks by 30.9% (95% CI $-43.9\%$ to $-18.0\%$ ; $P < 0.0001$ ).	AEs occurred in ten (63%) of 16 patients in the placebo group and 12 (36%) of 33 in the evolocumab group. There were no serious clinical or laboratory AEs occurred, and no anti-evolocumab antibody development was detected during the study.	[10]
TAUSSIG, interim	An open-label, non-randomised phase 3 trial	106 HoFH patients; 34 subjects were on apheresis	Background stable LDL cholesterol-lowering therapy for at least 4 weeks; evolocumab 420 mg monthly in all or biweekly if on apheresis	After 12 weeks, mean LDL cholesterol decreased from baseline by 20.6%; these reductions were maintained at week 48. 47 of 72 patients not on apheresis at study entry increased evolocumab dosing to every 2 weeks, with an additional mean reduction in LDL cholesterol of 8.3%. In a post-hoc analysis, mean reductions in LDL cholesterol in patients on apheresis were significant at week 12 ( $P = 0.0012$ ) and week 48 ( $P = 0.0032$ ), and did not differ from reductions achieved in patients not on apheresis ( $P = 0.38$ at week 12 and $P = 0.09$ at week 48).	Evolocumab was well tolerated; 82 (77%) patients reported treatment-emergent AEs, which were mostly minor. The most common were nasopharyngitis (13%), influenza (12%), headache (10%), and upper respiratory tract infection (10%). Serious AEs occurred in 18 (17%) patients, with the most common being cardiovascular events (4%). There were no deaths and four positively adjudicated cardiovascular events, one (3%) among patients on apheresis and three (4%) among patients who did not receive apheresis.	[11]

(Continued)

Table 1 (Continued).

Trial	Study Design	Patients	Dosing And Duration	Efficacy	Safety	Ref
TAUSSIG	An open-label, non-randomised phase 3 trial	300 patients, including 106 HoFH patients and 194 severe HeFH patients; 61 subjects were on apheresis	Background stable LDL cholesterol-lowering therapy for at least 4 weeks; evolocumab 420 mg monthly in all or biweekly if on apheresis	The median change in LDL cholesterol from baseline to week 12 was -18.3% among those with HoFH and -57.1% among those with HeFH. Of 48 subjects who were uptitrated, median change in LDL cholesterol improved from -16.3% at week 12 to -29.3% after 12 weeks of 420 mg biweekly.	Serious AEs occurred in 29 (27.4%) patients with HoFH and 57 (29.4%) patients with severe HeFH.	[12]

and longest on HoFH, and its results also demonstrated that evolocumab is well tolerated, and effectively reduced LDL cholesterol over a median of 4.1 years. Although relative reductions of LDL cholesterol were lower in subjects with HoFH, absolute reductions were similar for both HoFH and severe HeFH patients.

## Evolocumab's Efficacy And Safety In The Asian Population

There are only a few studies on evolocumab efficacy and safety of in the Asian population, including Japanese and Chinese subjects, and the subjects in these studies were those with high cardiovascular risk instead of those with familial hypercholesterolemia (Table 2).

In the YUKAWA study, the efficacy and safety of a 12 week evolocumab treatment was evaluated in high cardiovascular risk statin-treated Japanese patients.<sup>13</sup> Eligible patients (310) receiving stable statin ( $\pm$  ezetimibe) therapy were randomly placed in 1 out of 6 treatments groups: placebo biweekly or monthly, 70 mg or 140 mg evolocumab biweekly, and 280mg or 420 mg evolocumab monthly. The mean changes in LDL cholesterol level vs placebo were greatest in the high-dose groups (-68.6% and -63.9% with 140 mg biweekly and 420 mg monthly dosing, respectively). The study also showed that evolocumab significantly reduced LDL cholesterol and was well tolerated during the 12-week study in high-cardiovascular-risk statin-treated Japanese hypercholesterolemia patients.

In the open-label extension (OLE) OSLER study, evolocumab efficacy and safety were evaluated in a pooled analysis of patients from the 12-week YUKAWA studies who were followed up for 1 year.<sup>14</sup> YUKAWA-1 and YUKAWA-2 were conducted in high-cardiovascular-risk Japanese hypercholesterolemia patients on statin therapy. Patients completing these studies were eligible for an OLE study. At the OLE study entry, patients were re-randomized in a 2:1 ratio to receive evolocumab + standard of care (SOC) or SOC alone (OSLER-1, 420 mg evolocumab monthly; OSLER-2, 140 mg evolocumab biweekly or 420 mg monthly). At parent-study baseline (YUKAWA-1 or YUKAWA-2 patients continuing into OSLER), mean baseline LDL cholesterol (on statin) was 119.7 mg/dL. Overall rates of adverse events were comparable between evolocumab + SOC and SOC alone. In the YUKAWA patients receiving evolocumab + SOC, mean LDL cholesterol reductions from parent-study baseline to the OLE study (1 year) were 69.1% (OSLER-1) and 65.1%

Table 2 Efficacy And Safety Of Evolocumab In Asian Population

Trial	Study Design	Patients	Dosing And Duration	Efficacy	Safety	Ref
YUKAWA	A randomized, double-blind, placebo-controlled, phase 2 study	310 Japanese patients at high cardiovascular risk	Background statin ( $\pm$ ezetimibe) therapy and one of the treatment groups: placebo biweekly or monthly, evolocumab 70 mg or 140 mg biweekly, or evolocumab 280 mg or 420 mg monthly	Mean changes vs placebo in LDL cholesterol were greatest in the high-dose groups: -68.6% and -63.9% with 140 mg biweekly and 420 mg monthly dosing, respectively.	AEs were more frequent in evolocumab (51%) vs placebo (38%) patients; 4 patients taking evolocumab discontinued treatment because of an adverse event. There were no significant differences in AE rates based on dose or dose frequency.	[13]
OSLER	An open-label extension study of YUKAWA-1 (OSLER-1) and YUKAWA-2 (OSLER-2)	556 Japanese patients, 219 from YUKAWA-1 and 337 from YUKAWA-2	Evolocumab+ SOC or SOC alone (OSLER-1: evolocumab 420 mg monthly; OSLER-2: evolocumab 140 mg biweekly or 420 mg monthly)	In YUKAWA patients receiving evolocumab+SOC, mean reductions in LDL-C from parent-study baseline to 1 year were 69.1% (138.7 to 42.7 mg/dL, OSLER-1) and 65.1% (106.0 to 35.4 mg/dL, OSLER-2).	Overall rates of AEs were comparable between evolocumab+SOC and SOC alone.	[14]
BERSON	A pre-specified analysis of Chinese patients in the BERSON study, a randomized, double-blind, placebo-controlled phase 3 study	453 Chinese patients with type 2 diabetes and hyperlipidemia or mixed dyslipidemia	Background atorvastatin 20 mg/d and one of the treatment groups: evolocumab 140 mg biweekly or 420 mg monthly or to placebo biweekly or monthly	Evolocumab significantly reduced LDL cholesterol compared with placebo at week 12 (biweekly, -85.0%; monthly, -74.8%) and at the mean of weeks 10 and 12 (biweekly, -80.4%; monthly, -81.0%) (adjusted P < 0.0001 for all) when administered with background atorvastatin.	No new safety findings were observed with evolocumab. The incidence of diabetes AEs was higher with evolocumab compared with placebo. There were no differences over time between evolocumab and placebo in measures of glycemic control.	[16]
FOURIER trial	A analysis of Asian participants and others in the FOURIER trial, a randomized, double-blind, placebo-controlled trial	2,723 Asian participants with prior myocardial infarction, stroke, or peripheral artery disease versus others (n=24,841)	Evolocumab (either 140 mg every 2 weeks or 420 mg monthly) or matching placebo	Evolocumab lowered LDL cholesterol (baseline to 48 weeks) similarly in Asians and others from median 89 to 22 mg/dL, and from 92 to 30 mg/dL respectively. Compared with placebo, reductions with evolocumab in annualized primary endpoint events and in key secondary endpoint events were comparable; 5.2% vs 4.2%; RRR (95% CI) 0.79 (0.61, 1.03), and 3.6% vs 2.7%; RRR (95% CI) 0.73 (0.53, 1.01) respectively in Asian patients and 5.4% vs 4.6%, RRR (95% CI) 0.86 (0.79, 0.93), and 3.4% vs 2.8%, RRR (95% CI) 0.81 (0.73, 0.89), in others (both P for treatment interactions = NS).	Serious AE rates were similar among Asian participants versus others (1.8% versus 1.5% respectively per annum), and active study drug discontinuations due to AEs were low in both Asian participants and others (1.5% vs 2.1% per annum).	[17]

(OSLER-2), showing that evolocumab was well tolerated and resulted in sustained LDL cholesterol reductions at 1 year.

The BERSON study was a double-blind, 12-week, phase III study conducted in 10 countries.<sup>15</sup> Patients ( $\geq 18$  to  $\leq 80$  years) with type 2 diabetes and hyperlipidemia or mixed dyslipidemia were enrolled. The patients were initiated with atorvastatin (20 mg/d), after which they were randomly divided in a 2:2:1:1 ratio to receive 140 mg evolocumab biweekly, 420 mg monthly, or placebo biweekly or monthly. In the pre-specified analysis of Chinese patients in the BERSON study in China, 453 patients were randomized, and 451 received at least one dose of the study drug (evolocumab or placebo).<sup>16</sup> The results showed that evolocumab significantly reduced LDL cholesterol compared with the placebo at week 12 (biweekly,  $-85.0\%$ ; monthly,  $-74.8\%$ ) and at the mean of weeks 10 and 12 (biweekly,  $-80.4\%$ ; monthly,  $-81.0\%$ ) (adjusted  $p < 0.0001$  for all treated groups) when administered with background atorvastatin. The study also showed that evolocumab was well tolerated and significantly reduced LDL cholesterol and other atherogenic lipids in Chinese patients with type 2 diabetes and hyperlipidemia or mixed dyslipidemia, who were on statin. There was no notable impact on glycemic measures.

In the post-hoc analysis of the FOURIER trial, which included 27,564 participants, the effects of adding evolocumab (either 140 mg subcutaneously every 2 weeks or 420 mg subcutaneously monthly) versus matching placebo to background optimized statin therapy over a median 2.2 years follow-up on LDL cholesterol reductions, cardiovascular events and adverse safety events were compared, according to declared ethnicity (Asian,  $n = 2,723$  vs Other  $n = 24,841$ ).<sup>17</sup> Evolocumab lowered LDL cholesterol (from baseline to week 48) similarly in Asians and others from a median of 89 to 22 mg/dL, and 92 to 30 mg/dL, respectively. Compared with placebo, reductions with evolocumab in annualized primary end point events (cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, and coronary revascularization) and in key secondary endpoint events (cardiovascular death, myocardial infarction and stroke) were comparable: 5.2% vs 4.2%, Relative risk reduction [RRR] (95% CI) 0.79 (0.61, 1.03); and 3.6% vs 2.7%, RRR (95% CI) 0.73 (0.53, 1.01), respectively, in Asian patients, and 5.4% vs 4.6%, RRR (95% CI) 0.86 (0.79, 0.93); and 3.4% vs 2.8%, RRR (95% CI) 0.81 (0.73, 0.89), in others (both  $p$  values for treatment interactions were not significant). Serious adverse event rates were similar amongst

Asian participants vs other races (11.8% vs 12.5%, respectively, per annum), and adverse events-related study drug discontinuations were low in both the Asian participants and other subjects (1.5% vs 2.1% per annum). The data further proved the efficacy and safety of the use of evolocumab in Asian subjects. Furthermore, there was no need to modify the evolocumab dose for Asians.

Evolocumab is quite effective in HeFH patients and yielded 60% reduction in LDL cholesterol, similar in magnitude to that observed in those without the disorder, indicating no association with the underlying genetic mutations of HeFH patients.<sup>18</sup> The efficacy of evolocumab in HoFH treatment is variable, depending on the mutation status of the LDLR. Response to evolocumab is better in patients with 2 LDLR-defective mutations than in those with the presence of a single LDLR-negative mutation. HoFH patients with 2 LDLR-negative mutations does not respond to evolocumab at all and should not be treated with this class of medication.<sup>10</sup>

Regarding the mutation types of LDLR in Chinese population, one systematic review had reported 131 LDLR mutations in Chinese population.<sup>19</sup> Most of the mutations were located in exon 4 of LDLR and approximately 60% of the mutations were missense mutations. The most frequent LDLR mutations were C329Y, H583Y, and A627T, which all had functional significance.<sup>19</sup> In our previous review, total 143 different LDLR mutations had been identified in Taiwan, including 134 point mutations and 9 large rearrangements; the 5 most frequent mutations included APOB-R3527W, followed by LDLR mutations C329Y, H583Y, A627T and D90N.<sup>5</sup> In a recent systematic review, the incidence rates of LDLR and APOB mutations were 82% and 9% respectively, and PCSK9 mutations were very rare in Chinese patients with FH.<sup>20</sup>

In terms of the genotypes of HoFH patients, 41 HoFH patients have been genetically diagnosed, including 9 true homozygous, 30 compound heterozygous and 2 double heterozygous, based on approximately 1000 consecutive sequencing of clinical FH patients in Taiwan. Furthermore, 4 out of the 41 HoFH patients were actually LDLR negative/negative genotypes with untreated LDL cholesterol level greater than 800 mg/dL, and were not expected to respond to evolocumab treatment, which would be at the very least partially effective in HoFH patients with other genotypes in the presence of at least one defective but functional LDLR allele. Therefore, HoFH patient genetic information is valuable and useful in the selection of patients for evolocumab treatment in clinical practice.

Since March 1st 2018, HoFH treatment with evolocumab has been reimbursed by Taiwan's national health insurance, and homozygous genotype, proved by genetic testing, is required for reimbursement. In China, since December 28th 2018, evolocumab has been available as compassionate use for HoFH patients. About 30 HoFH patients have been treated with evolocumab with variable LDL cholesterol lowering responses. As far as we know, there was no direct data about the appropriate dosage of evolocumab in Chinese HoFH patients. In a pharmacokinetics (PK) and pharmacodynamics (PD) study of evolocumab, there were no significant differences in the PK/PD relationship of its LDL cholesterol lowering effects between Caucasians and Asians.<sup>21</sup> The current approval dosage of evolocumab for HoFH treatment were 420 mg subcutaneously once a month in both China and Taiwan, which were the same recommended dosage as that in Caucasians. Therefore, although there were no direct evolocumab clinical trials in Chinese HoFH patients, its efficacy and safety in Chinese patients should be similar to that in different ethnic groups.

## Conclusion

Evolocumab, a PCSK9 inhibitor, is effective and safe in severe hypercholesterolemia patients. Presently, there are no direct evidences of its use of in Chinese HoFH patients. However, based on the currently available genotyping results of Taiwanese, evolocumab should be effective and safe in approximately 90% of Chinese HoFH patients.

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## Disclosure

The authors report no conflicts of interest in this work.

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