

# Cancer Immunotherapies Targeting Tumor-Associated Regulatory T Cells

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**Abstract:** Tumor-associated regulatory T cells (Tregs) are important effectors in the tumor microenvironment (TME), acting as accomplices in the promotion of tumor progression. Currently, the importance of removing the immunosuppressive activity in the TME has received its due attention, and Tregs have been focused on. The cytokine-receptor axes are among the essential signaling pathways in immunocytes, and tumor-associated Tregs are no exception. Therefore, manipulating cytokine-receptor pathways may be a promising effective strategy for treating various malignancies. Here, we summarize the classification, immunosuppressive mechanisms, existing immunotherapies, and potential biomarkers related to tumor-infiltrating Tregs to guide the development of effective cancer immunotherapies.

**Keywords:** Tregs, immune suppression, chemokine receptors, biomarkers, cancer immunotherapies

## Introduction

The tumor microenvironment (TME) is the microenvironment around a tumor, consisting of the surrounding blood vessels, immunocytes, fibroblasts and extracellular matrix. The tumor cells and the TME are closely related and interact constantly. Development and progression of tumor cells involves complex genetic and epigenetic changes within the cells themselves, which also influence the TME by releasing extracellular signals. In turn, the immunocytes in the TME can affect the growth and evolution of cancer cells.<sup>1,2</sup> Effective immunotherapies that promote the tumor-killing effect mediated by effector T cells (Teff) requires Teff activation and removal of the immunosuppressive activity in the TME, especially regarding the effects of immunosuppression-related immunocytes.

Regulatory T cells (Tregs) are a specialized subpopulation of CD4+ T cells. Tregs express transcription factor forkhead box P3 (FoxP3) and the surface molecule CD25. They have been widely regarded as critical effectors in the maintenance of healthy immune homeostasis and also play pivotal roles in preventing autoimmune diseases. Systemic depletion of Tregs can cause severe inflammation, autoimmune diseases, and allergies in both mice and humans.<sup>3,4</sup> The increased number of Tregs in various cancer types, such as gastric, breast, cervical, hepatocellular, renal, melanoma, pancreatic and non-small cell lung cancer, is highly associated with poor prognosis and tumor grade.<sup>5-8</sup> However, in some particular cancer types such as colorectal, bladder, and head and neck cancers, high infiltration of Tregs is positively associated with better prognosis.<sup>9,10</sup>

Inhibitory immune checkpoints such as cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) and programmed cell death 1 (PD-1) are known targets in cancer

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immunotherapies. These conventional immunotherapeutic strategies seem to have a better therapeutic effect in patients with higher tumor-specific antigen (TSA) levels. However, TSA is rarely detected in most patients, and only 20–30% of treated patients benefit from conventional immunotherapy. What is worse, a subset of treated patients develop severe adverse reactions, including immune-associated inflammation.<sup>11–13</sup> Additionally, CTLA-4 and PD-1 are highly expressed in Tregs, so blockage of CTLA-4 or PD-1 can simultaneously disable the systemic Tregs. Given that Tregs play an essential role in maintaining healthy immune homeostasis, this may partly explain why drugs targeting CTLA-4 or PD-1 can lead to immune-associated inflammation.<sup>14,15</sup>

Cancer vaccines can be classified as whole-cell tumor vaccines, tumor protein (or peptide) vaccines, genetically engineered (tumor DNA or RNA) vaccines and monoclonal antibody tumor vaccines. Since the US Food and Drug Administration approved the first therapeutic cancer vaccine, Provenge (which treats advanced prostate cancer) on 29 April in 2010,<sup>16</sup> therapeutic cancer vaccines have been used to treat cancer. Whole-cell tumor vaccines lack major histocompatibility complex (MHC) dependence and TSA dependence. Whole tumor cells express an array of TSA that are both identified and unidentified. In addition, whole tumor cells contain abundant epitopes of both CD8+ and CD4+ T cells. These features can allow whole-cell tumor vaccines to activate CD4+ and CD8+ T cells more efficiently. Therefore, whole-cell tumor vaccines have better therapeutic effects than other types of cancer vaccines, and they have been regarded as the most developed and promising therapeutic cancer vaccines. However, when used alone, whole-cell tumor vaccines cannot maintain long-term anticancer effects.<sup>17</sup> In contrast, combined use of a whole-cell tumor vaccine with a Treg scavenger results in better anticancer immune responses.<sup>12</sup>

The existing evidence indicates that enhanced tumor cytotoxicity combined with a reduction of tumor-associated Tregs can evoke more effective anticancer immune responses. Additionally, the degree of depletion of tumor-associated Tregs should be taken into account to maximally reduce side effects. Thus, identifying specific biomarkers for tumor-associated Tregs is critical. Here, we summarize the classification, immunosuppressive mechanisms, existing immunotherapies, and potential biomarkers related to tumor-infiltrating Tregs to guide the development of effective cancer immunotherapies.

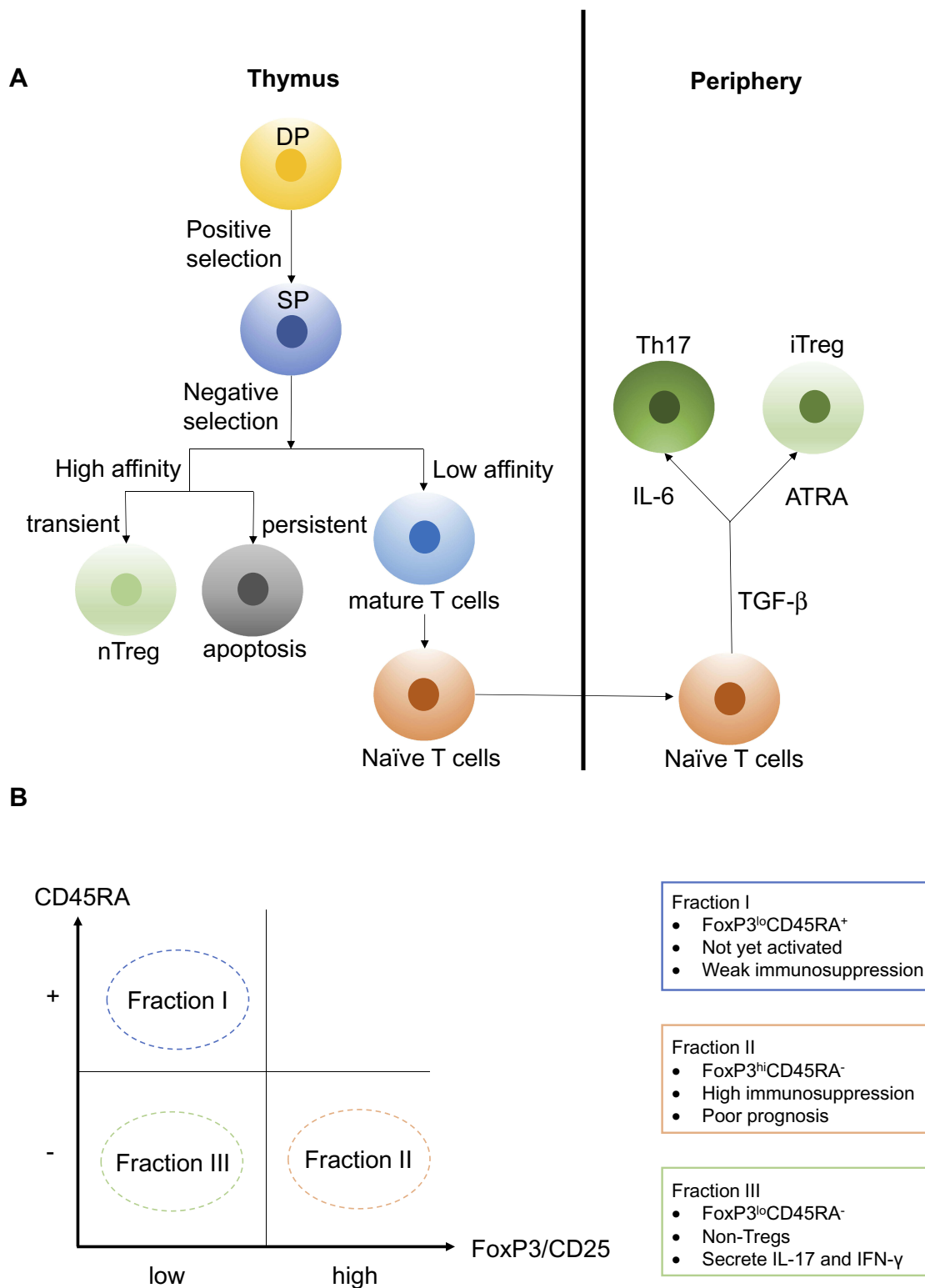
## Treg Classification

Double-positive (DP) CD4+CD8+ T cells undergo positive selection in the thymus. Only DP T cells that can recognize either major histocompatibility complex I (MHCI) or major histocompatibility complex II (MHCII) are allowed to undergo negative selection. During negative selection, transiently activated single-positive (SP) CD4+ T cells show high affinity for antigen-MHCII complexes and can differentiate into regulatory CD4+ T cells. However, persistently activated SP T cells show high affinity for antigen-MHCI/II complexes and lead to apoptosis.<sup>13</sup> Tregs formed in the thymus are referred to as natural Tregs (nTregs), which possess high efficiency at limiting overactive immune responses as they can be activated by a lower antigen-MHC complex concentration compared with T cells.<sup>18</sup> On the other hand, mature naïve CD4+ T cells can differentiate into Tregs in the presence of transforming growth factor beta (TGF- $\beta$ ) and all-trans retinoic acid (ATRA; a metabolic product of vitamin A), and this type of Treg that form in the periphery are referred to as inducible Tregs (iTregs)<sup>19</sup> (Figure 1A).

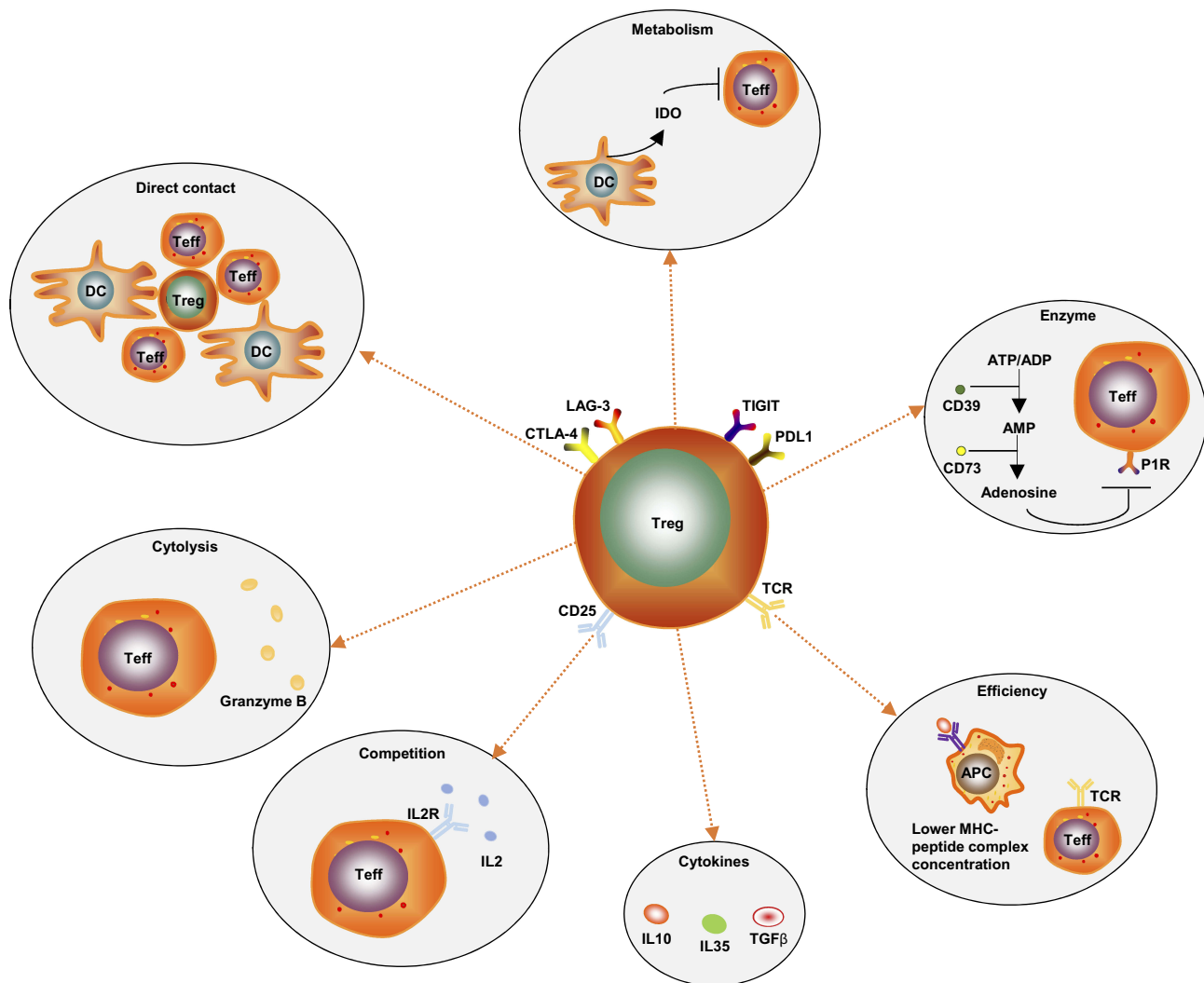
nTregs and iTregs are classified based on the site of differentiation. A second classification explains why a high level of tumor-infiltrating Tregs can indicate different prognoses even within the same malignancy type. In this classification, Tregs can be divided into three fractions based on the differential expression levels of CD45RA and FoxP3 (or CD25 can replace the indicator FoxP3). Fraction I is the FoxP3<sup>lo</sup>CD45RA<sup>+</sup> subpopulation, also referred to as naïve Tregs (nTregs). This set of Tregs is not yet activated and thus possesses weak immunosuppressive activity. In addition, Fraction I can differentiate into Fraction II under antigenic stimulation. Fraction II is the FoxP3<sup>hi</sup>CD45RA<sup>-</sup> subpopulation, referred to as effector Tregs (eTregs), which possess high immunosuppressive activity. Colorectal cancer (CRC) patients with tumor-infiltrating Tregs dominated by Fraction II tend to have a poor prognosis.<sup>10</sup> Fraction III is the FoxP3<sup>lo</sup>CD45RA<sup>-</sup> subpopulation, referred to as non-Tregs. This subpopulation lacks immunosuppressive activity. However, FoxP3<sup>lo</sup>CD45RA<sup>-</sup> non-Tregs can secrete pro-inflammatory cytokines such as interleukin (IL)-17 and interferon (IFN)- $\gamma$ . CRC patients with tumor-infiltrating FoxP3<sup>+</sup> T cells dominated by this Fraction III tend to have a better prognosis<sup>10,20</sup> (Figure 1B).

## Immunosuppressive Mechanisms of Tregs

The immunoregulatory mechanisms of Tregs are complicated. There are several known mechanisms (Figure 2): (1)



**Figure 1** (A) Double-positive (DP) CD4<sup>+</sup>CD8<sup>+</sup> T cells can recognize either MHC I or MHC II and are allowed to undergo negative selection. During negative selection, transiently activated single-positive (SP) CD4<sup>+</sup> T cells show high affinity for antigen-MHC II complexes and can differentiate into regulatory CD4<sup>+</sup> T cells. However, persistently activated SP T cells show high affinity for antigen-MHC complexes and lead to apoptosis. Tregs formed in the thymus are referred to as natural Tregs (nTregs). On the other hand, mature naïve CD4<sup>+</sup> T cells can differentiate into Tregs in the presence of transforming growth factor beta (TGF- $\beta$ ) and all-trans retinoic acid (ATRA), and this type of Tregs formed in the periphery are referred to as inducible Tregs (iTregs). (B) Tregs can divide into three fractions based on the differential expression levels of CD45RA and FoxP3. Fraction I is the FoxP3<sup>lo</sup>CD45RA<sup>+</sup> subpopulation, also referred to as naïve Tregs (nTregs). This set of Tregs is not yet activated and thus possess weak immunosuppressive activity. Fraction II is the FoxP3<sup>hi</sup>CD45RA<sup>-</sup> subpopulation, referred to as effector Tregs (eTregs), and they possess high immunosuppressive activity. Fraction III is the FoxP3<sup>lo</sup>CD45RA<sup>-</sup> subpopulation, referred to as non-Tregs, and they lack immunosuppressive activity. However, FoxP3<sup>lo</sup>CD45RA<sup>-</sup> non-Tregs can secrete pro-inflammatory cytokines such as IL-17 and IFN- $\gamma$ .



**Figure 2** Known immunoregulatory mechanisms of Tregs: (1) Direct intercellular contact may be the primary suppressive mechanism of Tregs. (2) Tregs produce granzyme B, which directly leads to Teff's death. (3) CD25 is highly constitutively expressed on Tregs, which gives Tregs an advantage regarding competitively combining with IL-2 to inhibit Teff proliferation. (4) Tregs secrete immunosuppressive cytokines, such as IL-10, IL-35 and TGF- $\beta$ . (5) The antigen concentration required for stimulating CD25-CD4<sup>+</sup> T cells to exert suppression is much lower than that required for stimulating CD25-CD4<sup>+</sup> T cells to proliferate. (6) Tregs secrete the extracellular enzymes CD39 and CD73. CD39 can degrade ATP or ADP into AMP, and then AMP is degraded into adenosine by CD73. Adenosine binds to the adenosine receptors (P1 receptors), which are expressed by activated Teff, thus inducing an immunosuppressive effect. (7) Direct contact of Tregs with DCs can induce DCs to produce and secrete indoleamine 2, 3-dioxygenase (IDO). IDO selectively impairs Teff function by producing the toxic catabolic product kynurenine. (8) Immune checkpoints such as TIGIT, LAG-3, CTLA-4 and PD-L1 are highly expressed on the surface of tumor-infiltrating eTregs.

Direct intercellular contact may be the primary suppressive mechanism of Tregs.<sup>21</sup> (2) Tregs secrete immunosuppressive cytokines, such as IL-10, IL-35 and TGF- $\beta$ . Additionally, they induce adjacent immune cells such as dendritic cells (DC) to secrete IL-10.<sup>22</sup> IL-10 is often considered as a significant factor controlling the immunosuppressive TME. IL-10 can stimulate the expression of the E3 ubiquitin ligase March-I in activated macrophages. Additionally, IL-10 can inhibit DC self-activation, thereby downregulating MHC-II and antigen presentation to CD4 T cells.<sup>23</sup> However, it has been reported that IL-10 can activate CD4<sup>+</sup> T cells and CD8<sup>+</sup> Teff under certain in vitro and in vivo

conditions,<sup>24</sup> and it has also been reported that the IL10-dependent signaling pathway may not be the critical immunosuppressive mechanism of Tregs.<sup>25</sup> Therefore, the paradoxical effects of IL-10 on tumors need further clarification. (3) Tregs produce granzyme B, which directly leads to Teff's death.<sup>26</sup> (4) Direct contact of Tregs with DCs can induce DCs to produce and secrete indoleamine 2, 3-dioxygenase (IDO). IDO selectively impairs the function of Teff by producing the toxic catabolic product kynurenine.<sup>27,28</sup> (5) Tregs secrete the extracellular enzymes CD39 (ectonucleoside triphosphate diphosphohydrolase) and CD73. CD39 can degrade ATP or ADP into AMP, and then AMP is degraded

into adenosine by CD73. Adenosine binds to the adenosine receptors (or P1 receptors), which are expressed by activated Teff, thus inducing an immunosuppressive effect.<sup>29</sup> (6) Immune checkpoints such as TIGIT, LAG-3 and CTLA-4 are highly expressed on the surface of tumor-infiltrating eTregs. TIGIT can induce adjacent DCs to secrete IL-10 and LAG-3 binds to ligands such as MHC-II, which is expressed by antigen presentation cells (APCs), to induce APCs' death.<sup>30,31</sup> The human monoclonal antibodies BMS-986207 and MK-4280 (which target TIGIT and LAG-3, respectively) plus nivolumab or pembrolizumab (anti-PD-1 antibodies) are currently undergoing Phase 1 clinical trials in patients with advanced solid tumors. The results show that no autoimmune disease has appeared so far.<sup>32,33</sup> Moreover, autoimmunity did not occur in TIGIT-deficient or LAG-3-deficient mice.<sup>32,33</sup> This evidence indicates that TIGIT and LAG-3 are mainly expressed on tumor-associated Tregs and may play a dispensable role in maintaining homeostasis. (7) Tregs inhibit Teff proliferation due to Tregs highly constitutively expressing CD25 (also known as IL-2RA, a high-affinity receptor for IL-2). IL-2 is produced mainly by conventional T cells (Tconv), and it is hardly secreted by Tregs because FoxP3 binds to and attenuates two transcription factors that are required for the production of IL-2. IL-2 is an essential cytokine for the proliferation of both T and B lymphocytes. Therefore, CD25 highly constitutively expressed on Tregs gives Tregs an advantage regarding competitively binding to IL-2 to inhibit Teff proliferation.<sup>34,35</sup> (8) The antigen concentration required for stimulating CD25+CD4+ T cells to exert suppression is much lower than that required for stimulating CD25-CD4+ T cells to proliferate.<sup>18</sup> (9) The programmed cell death 1 (PD-1)/PD-ligand (PD-L) pathway can promote the development and enhance the function of Tregs. At sites where TGF- $\beta$  is present, PD-L1 can promote the de novo generation of CD4+FoxP3+ iTregs from naïve CD4+ T cells. PD-L1 can also enhance and maintain the suppressive function of established iTregs.<sup>36</sup> In mechanistic studies, PD-L1 induces the production of iTregs from naïve T cells by attenuating Akt-mTOR signaling and concomitantly upregulating PTEN.<sup>36</sup> More specifically, the development of PD-L1 iTregs is mediated through the downregulation of phospho-Akt, mTOR, S6, ERK2 and the concomitant upregulation of PTEN.<sup>14,36</sup>

## Existing Treg Immunotherapies

The known mechanisms of tumor immune escape involve altering tumor antigens so that they are expressed less by immunogenic tumor cells, and causing the MHC allele in

leukocytes to be lost to reduce their ability to present neoantigens.<sup>37-39</sup> Furthermore, high infiltration of eTregs in the TME is positively associated with a poor prognosis for many cancer types. Developing therapies to combat these mechanisms will expand the therapeutic anticancer strategies. Here, we summarize the existing Treg immunotherapies to treat cancers.

## Anti-CTLA-4 Antibodies

CD28 is the natural ligand of B7 family members (including CD80 and CD86), and the inhibitory immune checkpoint CTLA-4 is the congener of CD28. B7 family members are expressed on activated APCs, and the B7-CD28 signaling pathway plays an essential role in activating the second co-stimulatory signals of T cells. Physiologically, when the second signals are not activated, even though the first signals have been initiated by the binding of the antigen-MHC complexes to TCRs, the T cells cannot achieve complete activation. The affinity between CTLA-4 and B7 family members is a hundred times greater than the affinity between CD28 and B7 family members. CTLA-4 is highly expressed in both Tregs and Teff in patients with tumors.<sup>40</sup> Due to these characteristics of CTLA-4, it can outcompete CD28 regarding binding to B7 family members and inhibit the second signals of Teff.<sup>15</sup> Additionally, CTLA-4+ Tregs can reduce the expression level of B7 family members on APCs, thereby promoting tumor immune escape.<sup>41</sup>

The anti-CTLA-4 antibodies ipilimumab and tremelimumab were initially used with the aim of restoring the tumor cytotoxicity of Teff. However, the major antitumor effect of anti-CTLA-4 antibodies is now considered to be a result of their cytotoxicity against Tregs.<sup>42</sup> Moreover, Fc receptors (FcR), which are mostly expressed on innate immunocytes, can recognize and combine with the Fc fragment of antibodies, thus inducing innate immunocytes to mediate antibody-dependent cell-mediated cytotoxicity (ADCC).<sup>43</sup> The effect of anti-CTLA-4 antibodies partly depends on the binding affinity of the human Fc fragment of IgG receptors (Fc $\gamma$ Rs) and highly immunogenic tumors such as advanced melanoma. Preclinical trial results<sup>44</sup> showed that antibodies with isotypes equivalent to anti-CTLA-4 antibodies mediate tumor-associated Treg depletion in vivo. Antibodies with improved Fc $\gamma$ R binding affinity have superior antitumor responses and survival outcomes and, in particular,<sup>45</sup> the IgG1 isotype confers higher relative binding affinity than IgG2.

A pooled meta-analysis of the long-term outcomes of patients with melanoma treated with ipilimumab showed

that in Phase II and III clinical trials, some patients have a long survival period, sometimes exceeding 10 years. However, only 20–30% of the participants had long-lasting antitumor immune responses, and these participants frequently experienced severe autoimmune disease.<sup>11</sup> In a phase II clinical trial for patients with mesothelioma treated with tremelimumab plus durvalumab (an anti-PD-L1 antibody), 63% of patients experienced disease control, but 75% of patients developed treatment-related adverse effects.<sup>46</sup>

## Anti-CD25 Antibodies

CD25 is highly constitutively expressed on Tregs, which gives Tregs an advantage regarding competitively binding with IL-2 to inhibit the proliferation of Teff. This characteristic of Tregs is considered as an immunotherapeutic target. In a preclinical trial, the anti-CD25 antibody daclizumab resulted in selective downregulation of FoxP3 among Fraction II Tregs; moreover, Fraction II Tregs in the daclizumab group could be converted into Fraction III Tregs and obtain the ability to produce IFN- $\gamma$ .<sup>47</sup> In a clinical trial for patients with metastatic breast cancer treated with daclizumab plus an anticancer vaccine, the daclizumab group had a significant and prolonged decrease in Tregs.<sup>47</sup> In contrast, a preclinical trial showed that anti-CD25 antibody depletes peripheral Tregs, but not tumor-infiltrating Tregs.<sup>48</sup> In Phase I and II clinical trials for patients with metastatic melanoma pretreated with daclizumab before DC vaccine treatment, the daclizumab pretreatment group had all CD25<sup>high</sup> immune cells depleted from their circulation, but there was no significant effect on the progression-free survival compared with the control group, as daclizumab pretreatment could not maintain a durable depletion of CD25<sup>high</sup> immune cells.<sup>49</sup>

## Cyclophosphamide (CTX)

CTX is an alkylating nitrogen mustard antineoplastic agent that undergoes biotransformation in the liver to produce the active form aldophosphamide. The immunosuppressive mechanisms of CTX involve inducing cross-linkages between DNA strands, inhibiting nucleic acid replication and inducing polarization of Th1 cells (a subpopulation of T helper cells). Its mechanism also involves transiently increasing the levels of interferon regulatory factor-1 (IRF-1). Downstream effectors like caspase-1 and IL-1 $\beta$  are subsequently increased in a direct IRF-1-dependent manner, while IL-6 and CXCL10 are decreased in an indirect IRF-1-dependent manner.<sup>50</sup>

The application of high-dose CTX severely affects all T cell types, whereas low-dose CTX with an extended treatment cycle selectively reduces the high proliferation of Tregs by decreasing the expression of FoxP3.<sup>51</sup> In phase I and II clinical trials for patients with metastatic CRC treated with 2-week-long courses of low-dose CTX, there was significant Teff activation with an absolute reduction of Tregs.<sup>52</sup> Similar therapeutic effects were shown in a phase I clinical trial for patients with metastasized breast cancer; depletion of Tregs was mirrored by a significant boost in tumor-reactive T cells.<sup>53</sup> However, CTX often causes adverse reactions such as myelosuppression, excessive immunosuppression and opportunistic infections.

The existing immunotherapies (summarized in Table 1) have similar drawbacks in that they are not specific enough to target tumor-associated eTregs. Given that peripheral Tregs are essential in maintaining host homeostasis, this may partly explain why these immunotherapies often lead to severe autoimmune disease. The following strategy may provide an idea for how to solve this problem:<sup>54</sup> based on identifying new biomarkers that allow accurate identification of tumor-associated eTregs, targeted medicines may preserve peripheral Tregs and prevent autoimmune diseases. Therefore, it is imperative to identify potential biomarkers specific to tumor-associated eTregs.

## Potential Treg Biomarkers

Cancer immunotherapies can be classified into two types: those that can recover the tumor-killing effect of Teff and those that remove the immunosuppression of the TME. Chimeric antigen receptor effector T cells and TCR-engineered T cells belong to the former type, while the existing immunotherapies mentioned in this review belong to the latter type. Given that tumor-associated Tregs are important effectors in the TME, the intention of the following section is to summarize and describe more specific targets regarding tumor-associated Tregs in order to attain better therapeutic effects and minimize off-target adverse events.

## CCR6

The number of thymic recirculating Tregs is lower in CCR6<sup>-/-</sup> mice than in wild-type controls, which suggests that CCR6 is a critical component involved in the circulation of peripheral Tregs. Additionally, high CCR6 expression in tumor-associated Tregs is positively associated with tumor progression, including in patients with laryngeal squamous cell carcinoma, hepatocellular carcinoma and breast

**Table I** Existing Treg Immunotherapies

Therapeutic Target	Mechanisms	Clinical Effect	Application	References
CTLA-4	Highly expressed on Tregs; Outcompetes CD28 in binding with B7 family members and inhibiting the second signals	In phase II or III clinical trials for melanoma and a phase II clinical trial for mesothelioma, some patients benefited	Ipilimumab monotherapy; tremelimumab combined with durvalumab	[11, 15, 40–46]
CD25	Constitutively expressed on Tregs, and gives Tregs an advantage in competitively combining with IL-2 to inhibit Teff proliferation	In a clinical trial for metastatic breast cancer, daclizumab led to a significant and prolonged decrease in Tregs; In phase I and II clinical trials for metastatic melanoma, daclizumab pretreatment had no significant effect on progression-free survival	Daclizumab plus an anticancer vaccine	[47–49]
DNA strands	Induce cross-linkages between strands of DNA; Regulate IRF-I and its downstream effectors	In phase I and II clinical trials for metastatic colorectal cancer and a phase I clinical trial for metastasized breast cancer, CTX-induced Tregs depletion was mirrored by a significant boost in tumor-reactive T cells	Low-dose CTX with a long treatment cycle	[50–53]

cancer.<sup>55–58</sup> Besides, CCL20 (a CCR6 ligand) has been detected in medullary thymic epithelial cells (mTECs)<sup>59</sup> and diverse cancer stem cells (CSCs) including cells from pancreatic, colorectal, gastric, lung, breast and head and neck cancer.<sup>60–62</sup> In the preclinical trial for advanced cutaneous T-cell lymphoma, knockdown of CCR6 by micro RNA-150 (miR-150) led to a distinct decrease in tumor metastasis and invasion.<sup>63</sup> Similarly, altering the enrichment of CCR6+ Tregs in the TME can lead to a beneficial antitumor effect against breast cancer.<sup>64</sup> The CCR6–CCL20 axis is therefore considered as an essential pathway in chemotaxis and functions in tumor-associated Tregs.

## CXCR4

CXCR4+ Tregs are abundant in the bone marrow of terminal cancer patients, and CXCL12 (a CXCR4 ligand), which can recruit CXCR4+ Tregs to enter the bone marrow, is highly expressed in the bone marrow.<sup>65</sup> Besides, CXCR4–CXCL12 is positively related to tumor advancement and metastasis in ovarian carcinoma and non-small cell lung cancer (NSCLC).<sup>66–68</sup> Administration of granulocyte colony-stimulating factor (G-CSF) to deplete CXCL12 can remove Tregs in the bone marrow in both humans and mice.<sup>69</sup> This partly explains the many kinds of late malignancies that often accompany osseous metastasis. CXCR4 is also expressed on tumor cells, and CXCL12 can directly promote tumor progression via the CXCR4–CXCL12 axis under the synergistic effect of vascular

endothelial growth factor (VEGF). In preclinical trials for primary brain tumors, non-Hodgkin's lymphoma and breast cancer, blocking CXCR4 inhibited tumor progression and prolong survival.<sup>70–72</sup> The mechanisms involved, including blockage of CXCR4, can enhance antitumor immune responses mediated by Teff and induce Treg conversion into T helper cells. The effect of CXCR4 blockage is related to both high CXCR4 expression and chemotactic responses to CXCL12 in ovarian cancer.<sup>73,74</sup>

## CCR4

CCR4 is abundantly expressed on tumor-associated eTregs in various types of cancer, including breast, bladder, colorectal, ovarian and oral squamous cancer and Hodgkin's lymphoma. Additionally, the expression of CCR4 on Tregs is positively associated with poor prognosis in ovarian carcinoma, oral squamous cell carcinoma, Hodgkin's lymphoma, colon adenocarcinoma, primary breast cancer and bladder cancer.<sup>6,75–79</sup> CCR4 is essential for the migration of Tregs to non-lymphoid tissues; in contrast, Tregs that scarcely express CCR4 lack the ability to migrate.<sup>80</sup> The mechanisms of immunosuppression of CCR4+ Tregs relates to the fact that CCR4+ Tregs possess high chemotaxis ability and can also inhibit the activation of T and NK cells via TGF- $\beta$  signaling pathways.<sup>81</sup> CCR4 blockage can selectively deplete tumor-associated eTregs and effectively increase the number of Teff in human and canine models.<sup>79,82</sup> The anti-CCR4 antibody mogamulizumab

first underwent a clinical trial in humans in 2007.<sup>83</sup> It was approved in Japan in 2012 for the treatment of CCR4+ adult T-cell lymphoma (ATCLL), and for CCR4+ cutaneous T cell lymphoma (CTCL) in 2014.<sup>84</sup> However, the therapeutic effect of CCR4 blockage in other types of solid tumors requires further investigations.

## CCR8

CCR8 is mainly expressed in tumor-associated eTregs in NSCLC, CRC and breast cancer,<sup>40,85–88</sup> and high expression of CCR8 in NSCLC and CRC is positively associated with poor prognosis. Furthermore, peripheral Fraction II Tregs are phenotypically the closest to tumor-associated Tregs, which implies that tumor-associated Tregs in the TME may be derived from the peripheral blood.<sup>87,88</sup> The effects of CCR8 on Tregs involve prompting differentiation, survival, function and migration of Tregs via the STAT3 signaling pathway, but CCR8 does not influence Treg proliferation in CRC and graft-versus-host disease.<sup>25,89</sup> The anti-CCR8 antibody prevents naïve T cells from differentiating into Tregs and inhibiting the immunosuppression of tumor-associated Tregs, but without influencing the function of peripheral Tregs in CRC.<sup>90</sup> CCL1 is a recognized ligand of CCR8 that is secreted by activated T cells or Tregs. CCL1 upregulates the expression of CCR8 and other factors such as FoxP3, CD39, granzyme B and IL-10 in Tregs.<sup>25</sup> The anti-CCL1 antibody can prevent de novo conversion of Tregs, which is consistent with the effect of the anti-CCR8 antibody.<sup>91</sup> Another known ligand of CCR8 is CCL18. Tumor-associated Tregs secrete IL-10, which causes tumor-associated macrophages (TAM) to abundantly express the chemokine CCL18. This enhances the immunosuppression of tumor-associated Tregs, thus forming a vicious cycle that leads to tumor progression.<sup>92–94</sup> Knockdown of CCL18 reduces tumor

growth and invasiveness in bladder cancer and esophageal squamous cell carcinoma.<sup>93,95</sup>

## Conclusion and Perspective

The existing immunotherapeutic strategies need to be improved. Take anti-CTLA4 antibodies as an example. The binding affinity of human FcγRs and their relative abundance are rarely considered, but the effect of anti-CTLA-4 antibodies partly depends on the binding affinity of human FcγRs and highly immunogenic tumors. Thus, FcγR polymorphism status and tumor mutational burden should be taken into account during the selection of patients who are likely to benefit from an anti-CTLA-4 antibody.<sup>45</sup> In addition, to obtain the best curative effect, adjusting the therapeutic dosage, course and administration route is of prime importance. For instance, it is necessary to deplete tumor-associated eTregs before activating T<sub>H</sub>17.<sup>96</sup>

Existing immunotherapies targeting Tregs can lead to severe autoimmune diseases due to both robust on-target mechanisms as well as off-target mechanisms. On-target adverse events are dependent on drug characteristics and patient heterogeneity, which is hard to control. Therefore, the Potential Treg biomarkers section in this review aimed to summarize and describe more specific targets regarding tumor-associated Tregs in order to minimize off-target adverse events. The chemokines that we selected in this review have comparatively clear and specific ligands, and the chemokine-receptor axes mentioned are involved in Treg chemotaxis, function or differentiation and show high potential as phenotypic and functional markers of tumor-associated eTregs (as summarized in Table 2). However, evidence showing the efficiency of the potential biomarkers mainly come from animal models, and clinical data are still lacking. Thus, we hope that more researchers

**Table 2** Potential Treg Biomarkers

Potential Biomarker	Mechanisms	Chemokine-Receptor Axis	References
CCR6s	CCR6 is an important component involved in the circulation of peripheral Tregs	CCR6-CCL20 axis	[59]
CXCR4	CXCR4+ Tregs are abundant in the bone marrow of terminal cancer patients; CXCL12 is highly expressed in the bone marrow and can recruit CXCR4+ Tregs to the bone marrow	CXCR4-CXCL12 axis	[65]
CCR4	CCR4+ Tregs possess high chemotaxis activity and inhibit the activation of T and NK cells via TGF-β signaling pathways	CCR4-CCL22 axis	[80, 81]
CCR8	The effects of CCR8 on Tregs involve prompting Treg differentiation, survival, function and migration via the STAT3 signaling pathway, but CCR8 does not influence Treg proliferation	CCL1-CCR8 or CCL18-CCR8 axis	[25, 89]



can focus on this research field and give pay attention to the potential biomarkers.

## Abbreviations

eTregs, effector regulatory T cells; Tregs, regulatory T cells; NSCLC, non-small cell lung cancer; Teff, effector T cells; TSA, tumor specific antigens; TME, tumor micro-environment; DP, double positive cells; SP, single positive cells; nTregs, natural Tregs or naive Tregs; cTregs, central Tregs; CRC, colorectal cancer; DC, dendritic cells; IDO, indoleamine 2, 3-dioxygenase; APCs, antigen-presenting cells; CTX, cyclophosphamide; IRF-1, interferon regulatory factor-1; mTECs, medullary thymic epithelial cells; CSCs, cancer stem cells; miR-150, micro RNA-150; G-CSF, granulocyte colony stimulating factor; VEGF, vascular endothelial growth factor; TAM, tumor-associated macrophages; ATCLL, CCR4+ adult T-cell lymphoma; CTCL, CCR4+ cutaneous T cell lymphoma; GZMB, granzyme B; CTLA-4, Cytotoxic T-Lymphocyte Associated Protein 4; PD-1, programmed cell death 1; PD-L, PD-ligand; TGF- $\beta$ , transforming growth factor beta; ATRA, all-transretinoic acid; FoxP3, forkhead transcription factor P3; MHCI, major histocompatibility complex I; MHCII, major histocompatibility complex II; Tconv, conventional T cells; TCR, T cells receptor; FcR, Fc receptors; ADCC, antibody-dependent cell-mediated cytotoxicity; Fc $\gamma$ Rs, Fc fragment of IgG receptors.

## Disclosure

The authors of this review state that they have written the complete article by themselves, and they have no conflicts of interest in this work.

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