

# Dexmedetomidine Promotes Hippocampal Neurogenesis and Improves Spatial Learning and Memory in Neonatal Rats

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**Background:** Dexmedetomidine (Dex) is a highly selective  $\alpha_2$ -adrenoceptor agonist used as an off-label medication for pediatric sedation and analgesia. Recently, Dex was reported to exhibit neuroprotective efficacy in several brain injury models. Here we investigate whether neonatal Dex administration promotes hippocampal neurogenesis and enhances hippocampus-dependent spatial learning and memory under physiological conditions.

**Methods:** Postnatal day 7 (P7) pups were administered saline (vehicle control) or Dex (10, 20, or 40  $\mu\text{g}/\text{kg}$ ) by intraperitoneal injection. Neurogenesis and astrogenesis were examined in brain slices by BrdU immunostaining on P8 and changes in the expression levels of GDNF, NCAM, CREB, PSD95, and GAP43 were assessed by Western blotting on P35, respectively. Open field and Morris water maze (MWM) tests were conducted from P28 to P36 in order to assess effects on general motor activity and spatial learning, respectively.

**Results:** Dexmedetomidine at 20  $\mu\text{g}/\text{kg}$  significantly enhanced neurogenesis and astrogenesis in hippocampus and upregulated GDNF, NCAM, CREB, PSD95, and GAP43 compared to vehicle and other Dex doses. Moreover, 20  $\mu\text{g}/\text{kg}$  Dex-injected rats showed no changes in motor or anxiety-like behavior but performed better in the MWM test compared to all other groups.

**Conclusion:** Neonatal injection of Dex (20  $\mu\text{g}/\text{kg}$ ) enhances spatial learning and memory in rat pups, potentially by promoting hippocampal neurogenesis and synaptic plasticity via activation of GDNF/NCAM/CREB signaling.

**Keywords:** dexmedetomidine, neurogenesis, GDNF, spatial learning and memory, neonate

## Introduction

Dexmedetomidine (Dex) is a potent  $\alpha_2$ -adrenoceptor agonist used in Europe as an adjunct to general anesthesia for prevention of pain and agitation during various pediatric medical procedures.<sup>1</sup> It is used independently or in combination with other regimens like propofol or ketamine and has been shown to be relatively safe, exhibiting no marked effects on hemodynamic or respiratory activity.<sup>2</sup> However, broad pharmacological and safety spectra are incomplete, so use in children is restricted mainly to sedation during radiological procedures and mitigation of pain and shivering in the pediatric intensive care unit (PICU).<sup>3</sup>

In recent years, the neuroprotective effect of Dex has been proved.<sup>2,4,5</sup> For instance, Dex reduced production of the inflammatory cytokine IL-1 $\beta$  and modulated expression levels of the antioxidant glutathione (GSH) and neurotrophic factors in premature infants with hyperoxia-induced brain injury.<sup>4-6</sup> In addition, Wang et al reported that Dex can mitigate postoperative cognitive dysfunction

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(POCD) in rats by promoting neurogenesis.<sup>7</sup> Furthermore, Perez-Zoghbi et al have clarified that co-administration of Dex dose-dependently was able to alleviate the injury of extensive brain regions against sevoflurane neurotoxicity.<sup>2</sup> However, the evidence above only indicated the effect of Dex against injuries under physiological conditions but neglecting its own neuroprotective efficacy. The conclusion of Wang et al illustrated that suitable dose of sevoflurane alone could improve neurogenesis which inspired us to test whether Dex used alone could promote the production of hippocampal new neuron. As we know, new neurons are produced throughout life in the hippocampal dentate gyrus (DG) subgranular zone (SGZ) and cortical subventricular zone (SVZ), and maintenance of neurogenesis is considered critical for neural plasticity, memory, and protection against metabolic insults.<sup>8,9</sup> However, whether Dex exerts neuroprotection by promoting neurogenesis, release of neurotrophic factors, antioxidant activity, anti-inflammatory activity, or some combination is still unclear.

GDNF is a soluble neurotrophic factor secreted by astrocytes that contributes to repair following neurological injury and sustains cortical dopaminergic (DAergic) neuron survival under normal physiological conditions.<sup>10</sup> For instance, Dex dose-dependently triggered GDNF release from cultured astrocytes and activated downstream cAMP-response element-binding protein (CREB) to protect neurons from oxygen and glucose deprivation (OGD) injury.<sup>5</sup> Hippocampal CREB is also a critical modulator of synaptic plasticity and learning and memory capacity,<sup>11</sup> and GDNF can trigger CREB activation through NCAM binding to influence neurite outgrowth, synaptic plasticity, and memory.<sup>12</sup>

To date, however, there is no direct evidence that Dex administration can trigger neurogenesis in the neonatal DG, activate GDNF/NCAM/CREB signaling, or promote hippocampus-dependent learning and memory. We examined these questions in neonatal rats by immunohistochemical assessment of neuronal and astroglial proliferation in the DG, Western blot analysis of GDNF, NCAM, and CREB expression in hippocampus, and behavioral tests of spatial learning and memory.

## Materials and Methods

### Ethical Approval and Animal Preparation

Postnatal day 7 (P7) Sprague-Dawley rat pups were used in this study due to peak neurogenesis of hippocampus. Housing conditions complied with the regulations of the

National Animal Experiment Center. Briefly, pups were housed under a 12 h:12 h light: dark cycle with ad libitum access to food and water. All experimental procedures were approved by The Laboratory Animal Care Committee of China Medical University (Shenyang, China; no. 2016PS337K) and conformed to the National Institutes of Health Guidelines for the Care and Use of Laboratory Animals.

### Grouping

Total 200 pups of both sexes were randomly divided into four groups (n=50 per group): a saline vehicle (Control, C) group and three Dex dose groups, 10 µg/kg (DEX10), 20 µg/kg (DEX20), and 40 µg/kg (DEX40). Dexmedetomidine (Hengrui Medicine Co, Ltd, Jiangsu, China) was injected intraperitoneally at the indicated dose in 0.1–0.2 mL saline, while group C received equal volume of 0.9% saline.

### Bromodeoxyuridine Injections

Bromodeoxyuridine (BrdU, 5-bromo-2-deoxyuridine; B5002, Sigma, USA) was intraperitoneally injected at 200 mg/kg 30 min before DEX injection to investigate effects on hippocampal neurogenesis. Rats were sacrificed and brains were harvested for staining 24 h after BrdU administration (P8).

### Tissue Processing and Immunostaining

Pups (n=5 for BrdU stain at P8 and P35, n=5 for BrdU/GFAP stain at P8, respectively) treated as indicated were deeply anesthetized with sodium pentobarbital (80 mg/kg) and transcardially perfused with 0.9% sodium followed by 4% paraformaldehyde. Brains were then removed, post-fixed overnight in 4% paraformaldehyde at 4°C, embedded in paraffin, and sectioned in the coronal plane at 3.0–3.5 µm thickness. Slices were then deparaffinized, and immunostained. Briefly, slices from BrdU-injected rats were treated with 2 N HCl for 30 min at 37°C for DNA denaturation and with 0.1 M borate buffer (pH 8.5) for neutralization. These slices were then blocked by incubation in 5% fetal bovine serum for 30 min, washed in PBS, and incubated overnight with anti-BrdU (1:500; Abcam, Cambridge, UK) or anti-BrdU mixed with anti-GFAP (1:100, Millipore, MAB377, Germany) at 4°C. Immunolabeled slices were then incubated with one or two kinds of secondary antibodies for single or double staining for 2 h at room temperature and cell nuclei were counterstained with DAPI. In order to evaluate neurogenesis level via BrdU stain at P8 and P35, we counted the

positively stained BrdU-labeled cells then divided by the total cell number in a fixed area (1000 × 1000) pixels by NIS-Elements AR Analysis 4.50.00 software from every 60 μm slice coronal sections, totally 5 sections per brain. In order to quantify the newly generated astrocyte number, double labelled BrdU/GFAP positive cells were counted in a fixed area at a magnification of X400 using a confocal scanning laser microscope (Zeiss LSM 880) from every 60 μm slice coronal sections, totally 5 sections per brain. Representative photographs of the hippocampal DG were captured using a Nikon C1 microscope.

For glial fibrillary acid protein (GFAP) immunostaining at P8 (n=5 per group), paraffin-embedded brain slices prepared as described were deparaffinized, heated in citrate buffer for 7 min 30 s at 120°C for antigen recovery, and immunostained with anti-GFAP (1:200, Ab53554, Abcam, UK) using a commercial immunohistochemistry kit (ZB2050, zsbio, China). Immunolabeling was visualized by chromogenic staining using diaminobenzidine (DAB) followed by nuclear counterstaining with hematoxylin (ZSGB-BIO, ZLI-9610) and imaging using a Nikon C1 microscope. For the purpose of evaluating the number of astrocytes at P8, we counted positive cells divided by the total cell number in a fixed area (1000 × 1000) pixels by NIS-Elements AR Analysis 4.50.00 software from every 60 μm slice coronal sections, totally 5 sections per brain.

## Western Blotting Analysis

At 24 h after DEX injection, bilateral hippocampi of P8 pups for GDNF/NCAM/CREB analysis (n=5 per group) and P35 pups for PSD95/GAP43 analysis (n=5 per group) were rapidly harvested, flash-frozen, and stored at -80°C until use. Frozen hippocampi were cut and then lysed on ice for 30 min. The lysate was centrifuged and total protein concentration measured using a BCA Protein Assay Kit (P0010; Beyotime, China). Equal amounts of protein per gel lane were separated by electrophoresis using 12.5% SDS-polyacrylamide gels and electrotransferred to polyvinylidene fluoride membranes (IPVH0010; Millipore, Germany). The membranes were blocked in 5% non-fat milk diluted in Tris-buffered saline with Triton X (TBST) for 1 h, incubated with the indicated primary antibodies overnight at 4°C, and then incubated in secondary antibodies for 2 h at room temperature. Protein bands were visualized and photographed using SuperSignal R West Pico Chemiluminescent Substrate (34080; Thermo, USA) and a GE Amersham Imager 600. The primary antibodies used

were anti-GDNF (1:500 Ab18956; Abcam, Cambridge, UK), anti-NCAM (1:1000, 3606S; Cell Signaling Technology, Danvers, MA, USA), anti-PSD95 (1:1000, 3450S; Cell Signaling Technology), anti-GAP43 (1:1000, 8945S; Cell Signaling Technology), and anti-CREB (1:1000, 9197S; Cell Signaling Technology).

## Ethological Tests

Rats in every group were housed separately after weaning until postnatal day 28. Two behavioral tests were conducted as previously described on days P28–P34, the open-field test and Morris water maze test.<sup>13</sup>

## Open Field Test

The open-field test was used to evaluate anxiety-like and locomotor behaviors.<sup>14</sup> Rats (n=10 per group) were placed in a 100 cm × 100 cm × 40 cm (W × D × H) arena with opaque sidewalls under dim lighting and tracked by infrared detectors to observe horizontal movement and rearing (Noldus Ethovision XT, Netherland). Rats tend to avoid the center region of the arena in favor of the wall.<sup>15</sup> Rats in each group were allowed to explore the arena for 10 min and movement distance, time spent in the center and wall, movement velocity, and fecal pellets were recorded for anxiety mood evaluation.

## Morris Water Test

Spatial learning and memory were tested in the Morris water maze (MWM) from P29 to P34. The MWM consisted of a steel pool 160 cm in diameter and 60 cm deep filled with opaque water at 20 ± 1°C and surrounded by salient visual cues. Rats (n=10 per group) were trained to find a hidden (submerged) escape platform in a fixed quadrant for 5 consecutive days (training phase). On each trial, the rat was placed at the side of the pool facing the edge and allowed to search for the submerged platform for 90 s. The time spent before the rats reached the submerged platform was recorded as Escape latency.<sup>16</sup> In case of failure, the rat was guided to the platform and allowed to remain on it for another 20 s.

During the spatial memory probe test on the 6<sup>th</sup> day, the platform was removed. Rats were released from the quadrant opposite to the former platform location and permitted to swim for 90 s. The swim paths of each animal were recorded by infrared detectors and data analyzed using image analysis software (Noldus Ethovision XT, Netherland)

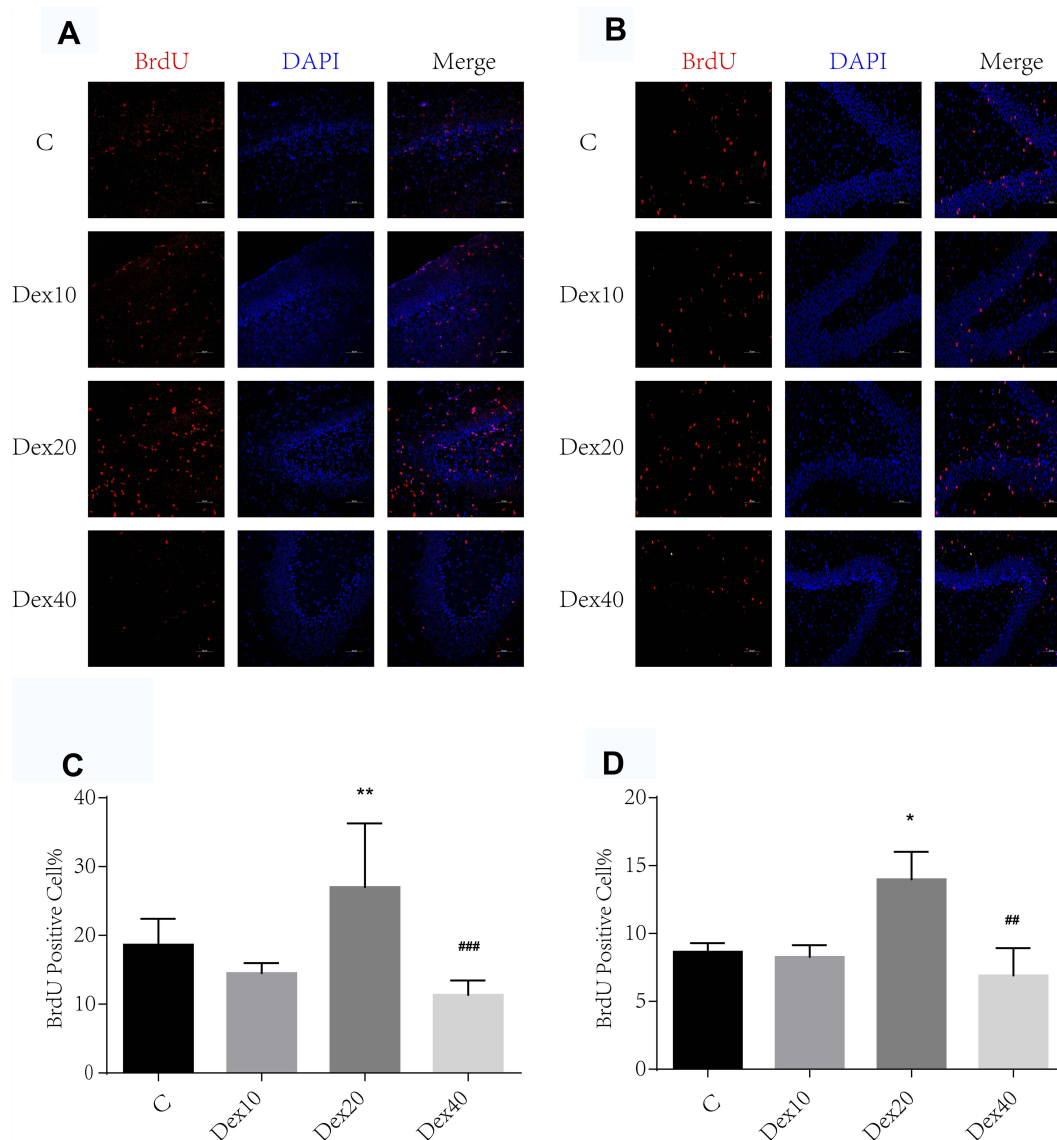
## Statistical Analysis

Data are presented as mean  $\pm$  standard deviation (SD). All data were analyzed using SPSS 20.0 or GraphPad Prism 6.0. Datasets were first assessed for equal variance using Bartlett's test and for normality using the Shapiro–Wilk test. Group means were compared by one-way analysis of variance (ANOVA) followed by Newman–Keuls post hoc tests for pairwise comparisons. Escape latencies during MWM training trials were compared by two-way repeated measures ANOVA. In all tests, a  $P < 0.05$  (two-tailed) was considered significant.

## Result

### Dexmedetomidine Promotes Neurogenesis in the Dentate Gyrus of Neonatal Rats

To investigate whether Dex alters neurogenesis, hippocampal slices were prepared from rats following intraperitoneal injection of Dex and the mitosis indicator BrdU and immunostained for BrdU detection at P8 and P35, respectively. Immunostaining revealed enhanced BrdU-positive cell number in the DG of rats injected with 20  $\mu\text{g}/\text{kg}$  Dex (DEX20 group) compared to the control



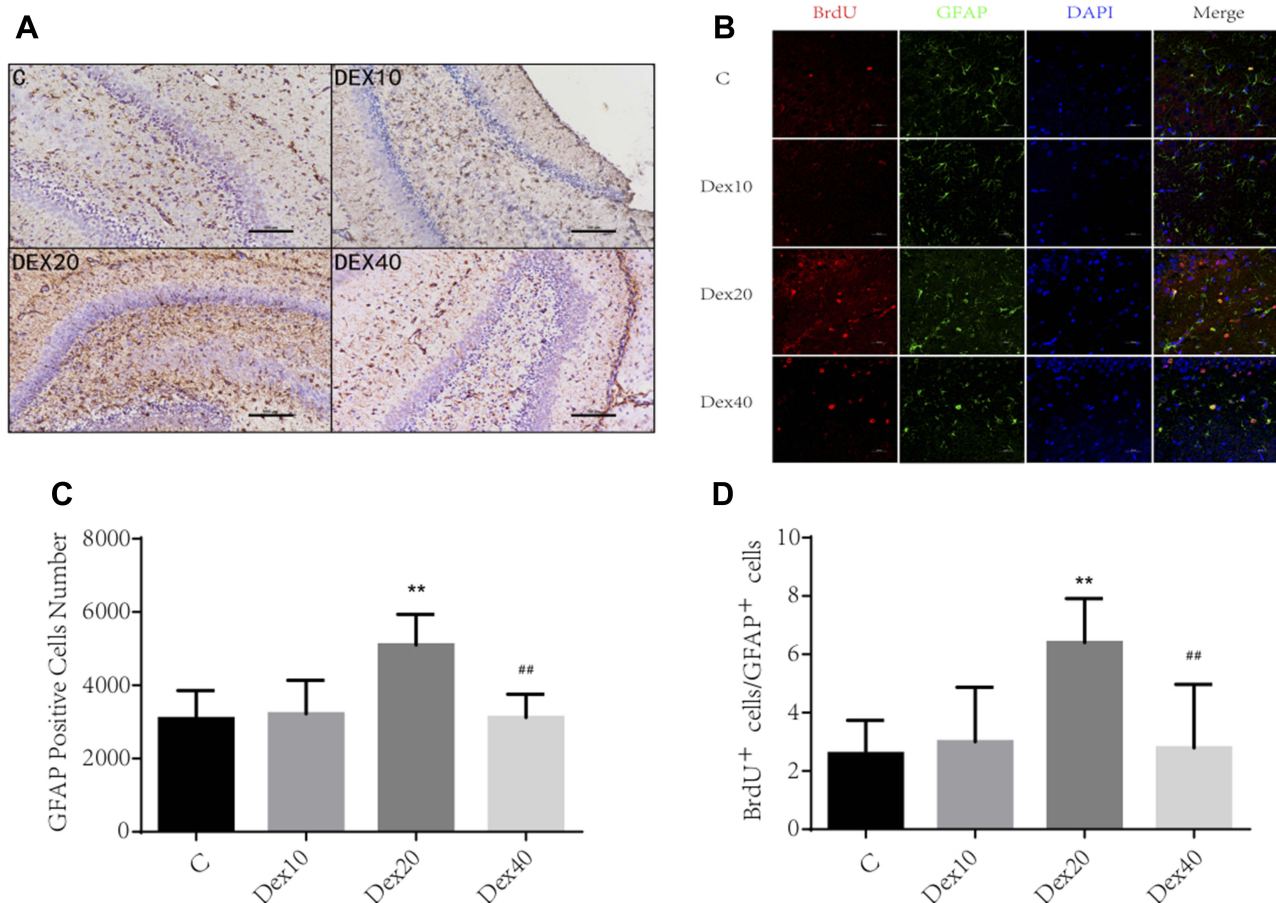
**Figure 1** Dexmedetomidine at 20  $\mu\text{g}/\text{kg}$  significantly enhanced neurogenesis in DG of the hippocampus at P8 and P35, respectively. **(A)** BrdU (red) immunostaining in the DG of the hippocampus at P8. **(B)** BrdU (red) immunostaining in the DG of the hippocampus at P35. **(C)** Quantification of BrdU-positive cells at P8. **(D)** Quantification of BrdU-positive cells at P35. Values are mean  $\pm$  SD ( $n=5$ ). One-way ANOVA with Newman–Keuls post hoc test or Kruskal–Wallis with Dunn's multiple comparison test was used for data analysis. Scale bar = 50  $\mu\text{m}$ . \* $p < 0.05$ , \*\* $p < 0.01$  vs C group; ### $p < 0.01$ , #### $p < 0.001$  vs DEX20 group.

(C) group (Figure 1A and C;  $p < 0.01$  at P8, Figure 1B and D;  $p < 0.05$  at P35, respectively). BrdU-positive cell number was slightly lower in the DEX40 group compared to the DEX20 group (Figure 1A and C;  $p < 0.001$  at P8, Figure 1B and D;  $p < 0.01$  at P35, respectively), while there was no significant difference between the C group and the DEX10 group. Therefore, a Dex dose of 20–40  $\mu\text{g}/\text{kg}$  accelerated hippocampal neurogenesis with peak efficacy at 20  $\mu\text{g}/\text{kg}$ , possibly because higher doses may also induce apoptosis of developing neurons.<sup>17</sup>

## Dexmedetomidine Increases Astrogenesis in Hippocampus of Neonatal Rats

Astrocytes are critical for maintaining neuronal survival under physiological conditions and for repair following injury. Whether Dex can trigger astrogenesis in the hippo-

campus was examined by immunochemistry and BrdU/GFAP double immunostaining. According to immunochemistry results, the overall astrocyte number was significantly higher in the DEX20 group compared to the C group (Figure 2A and C;  $p < 0.01$ ); however, GFAP expression was significantly lower in the DEX40 group compared to the DEX20 group (Figure 2A and C;  $p < 0.01$ ). In order to clearly present newborn astrocyte, double staining BrdU/GFAP was conducted at P8. Immunostaining revealed increased BrdU/GFAP positive cell number in the DG of rats in DEX20 group compared to the C group (Figure 2B and D;  $p < 0.01$ ). However, BrdU/GFAP positive cell number was lower in the DEX40 group in comparison with the DEX20 group (Figure 2B and D;  $p < 0.01$ ). There was no significant difference in newborn astrocyte number between the C group and the DEX10 group.



**Figure 2** Dex increases astrogenesis in the hippocampus of neonatal rats. (A) Representative photographs of GFAP immunohistochemistry in DG of the hippocampus in different groups. Scale bar = 100  $\mu\text{m}$ . (B) Representative photographs of BrdU (red) co-labelled GFAP (green) immunofluorescence in DG. Scale bar = 50  $\mu\text{m}$ . (C) Quantification of GFAP stained cells. (D) Quantification of BrdU/GFAP positive cells. Values are mean  $\pm$  SD ( $n=5$ ). One-way ANOVA with Newman-Keuls post hoc test or Kruskal-Wallis with Dunn's Multiple comparison test was used for data analysis. \*\* $p < 0.01$  vs C group; ## $p < 0.01$  vs DEX20 group.

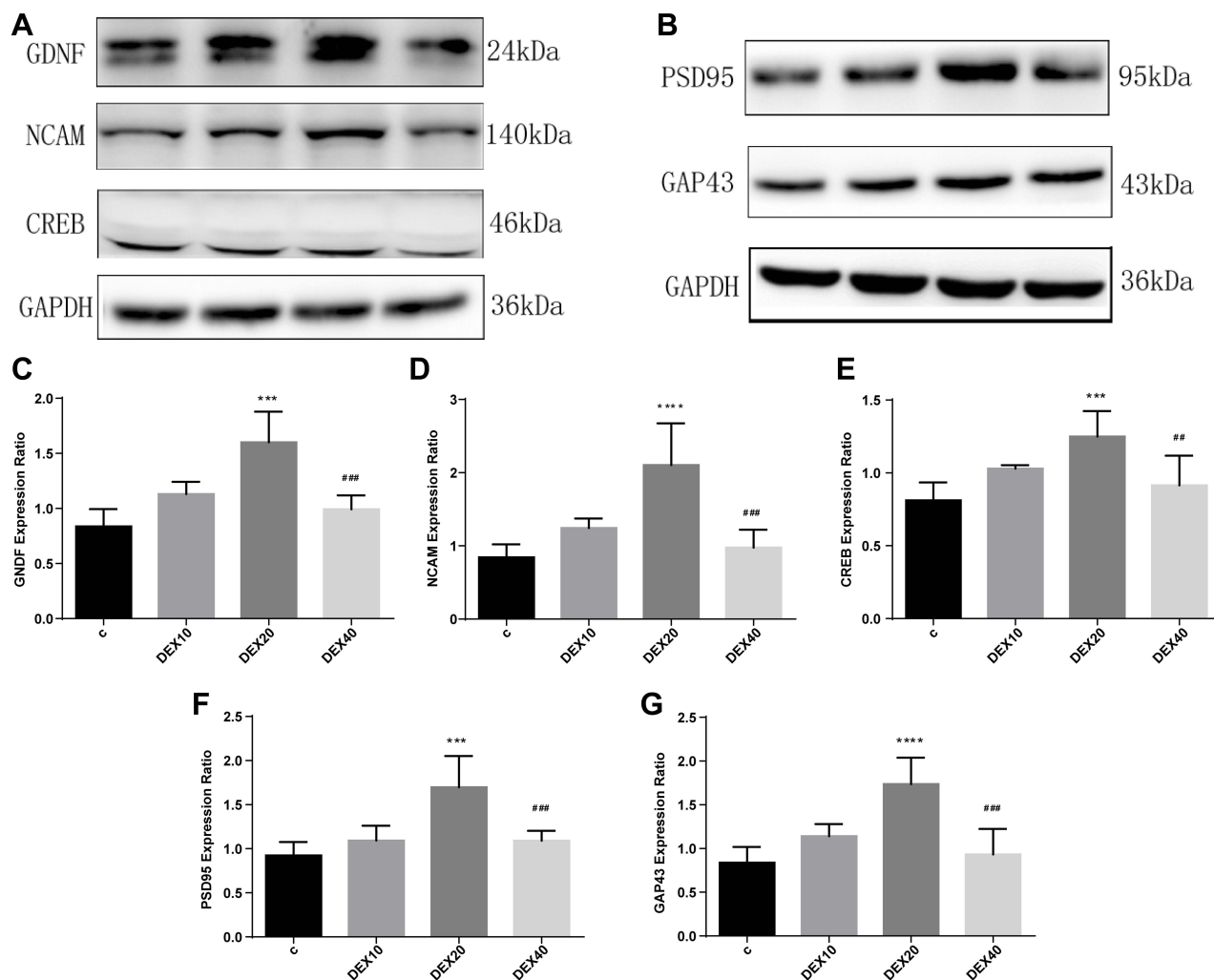
## Dexmedetomidine Enhances Neural Cell Expression of GDNF, NCAM, and CREB

The GDNF/NCAM/CREB signaling pathway is implicated in hippocampal neurogenesis, neuronal survival, and synaptic plasticity, processes essential for hippocampus-dependent learning and memory.<sup>18</sup> Given the upregulation of neurogenesis and gliogenesis observed following Dex administration, we examined if Dex also upregulates the expression of these signaling factors. Indeed, the DEX20 group exhibited significantly upregulated GDNF and NCAM expression compared to the C group (Figure 3A, C and D;  $p < 0.001$ ,  $p < 0.0001$ , respectively). Consistent with effects on neurogenesis and gliogenesis, expression levels of both GDNF and NCAM were lower in the DEX40 group compared to the DEX20

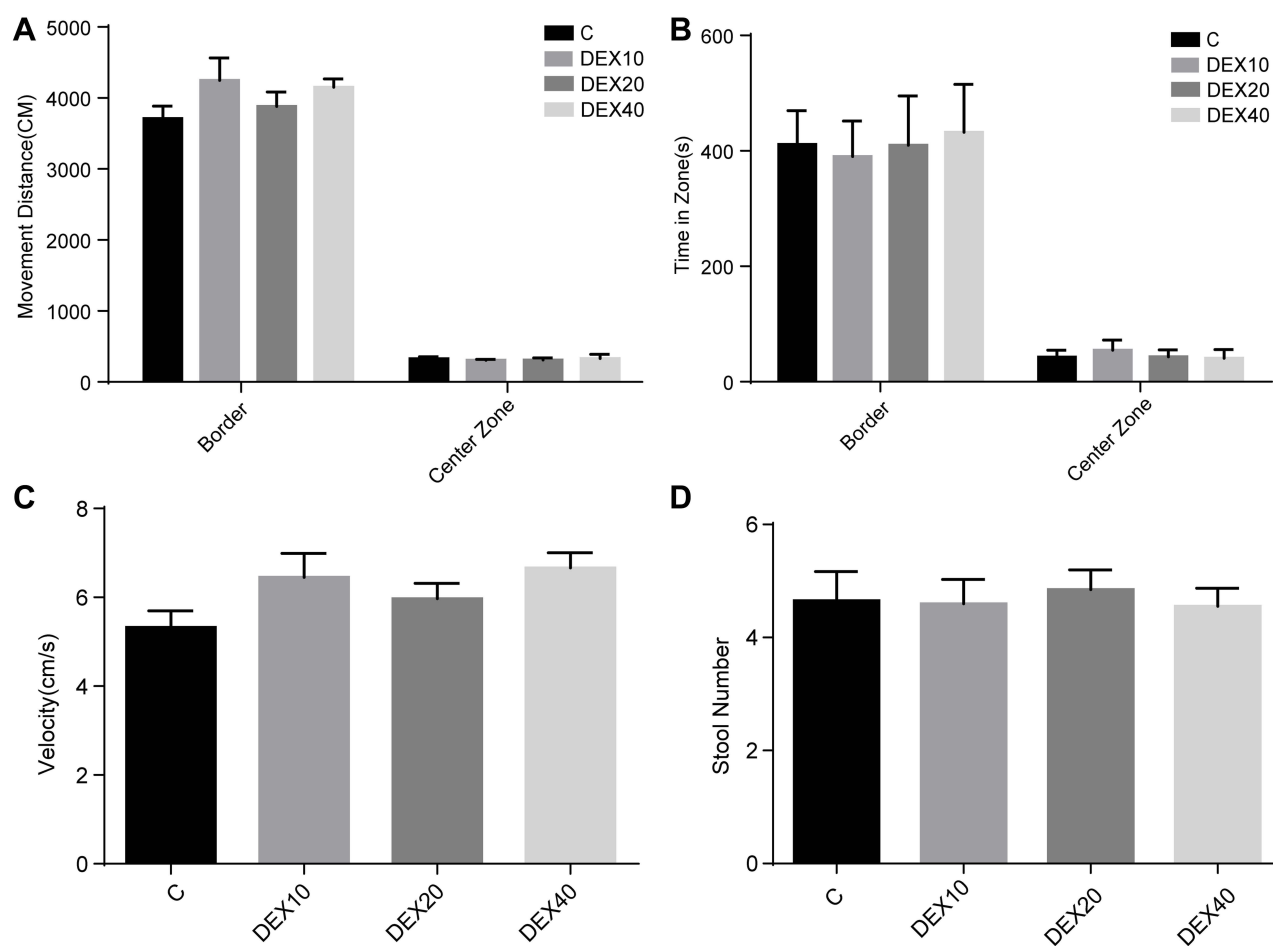
group (Figure 3A, C and D;  $p < 0.001$ ,  $p < 0.001$ , respectively). Similarly, 20  $\mu\text{g}/\text{kg}$  Dex also upregulated CREB expression compared to the C group (Figure 3A and E;  $p < 0.001$ ) and compared to the DEX40 group (Figure 3A and E;  $p < 0.01$ ). These findings suggest that 20  $\mu\text{g}/\text{kg}$  Dex may enhance GDNF/NCAM/CREB signaling.

## Dexmedetomidine Facilitates Expression of Synapse-Associated Proteins in the Hippocampi

We then examined the effects of Dex injection on the expression of the synaptic markers PSD95 and GAP43 in the hippocampus at P35 by Western blot. Indeed, in parallel with GDNF/NCAM/CREB upregulation, 20  $\mu\text{g}/\text{kg}$  Dex



**Figure 3** Dexmedetomidine modulated GDNF, NCAM and CREB expression which ultimately facilitated synaptic-associated markers PSD95 and GAP43 expression. (A, B) Representative Western blotting images. (C–E) Quantitative analysis of GDNF, NCAM and CREB expression (n=5). (F, G) Quantitative analysis of PSD95 and GAP43 expression (n=5). Values are mean  $\pm$  SD. One-way ANOVA with Dunn's multiple comparison test was used for data analysis. \*\*\* $p < 0.001$ , \*\*\*\* $p < 0.0001$  vs C group, ### $p < 0.01$ , #### $p < 0.001$  vs DEX20 group.



**Figure 4** Open field test of anxiety and locomotor system function at P28. **(A)** Movement distance of rats at P28. **(B)** Time spent in different zones (Center zone and Wall). **(C)** Movement velocity of rats at P28. **(D)** Fecal pellets of rats during the test. Values are mean  $\pm$  SD ( $n=10$ ). There were no statistical differences between the four groups among all parameters. One-way ANOVA with Kruskal–Wallis with Dunn's multiple comparison test was used for data analysis.

injection also elevated the expression levels of PSD95 and GAP43 compared to the C group (Figure 3B, F and G;  $p < 0.001$ ,  $p < 0.0001$ , respectively) and the DEX40 group (Figure 3B, F and G;  $p < 0.001$ ,  $p < 0.001$ , respectively), while expression levels in the latter group did not differ from the C group or DEX10 group.

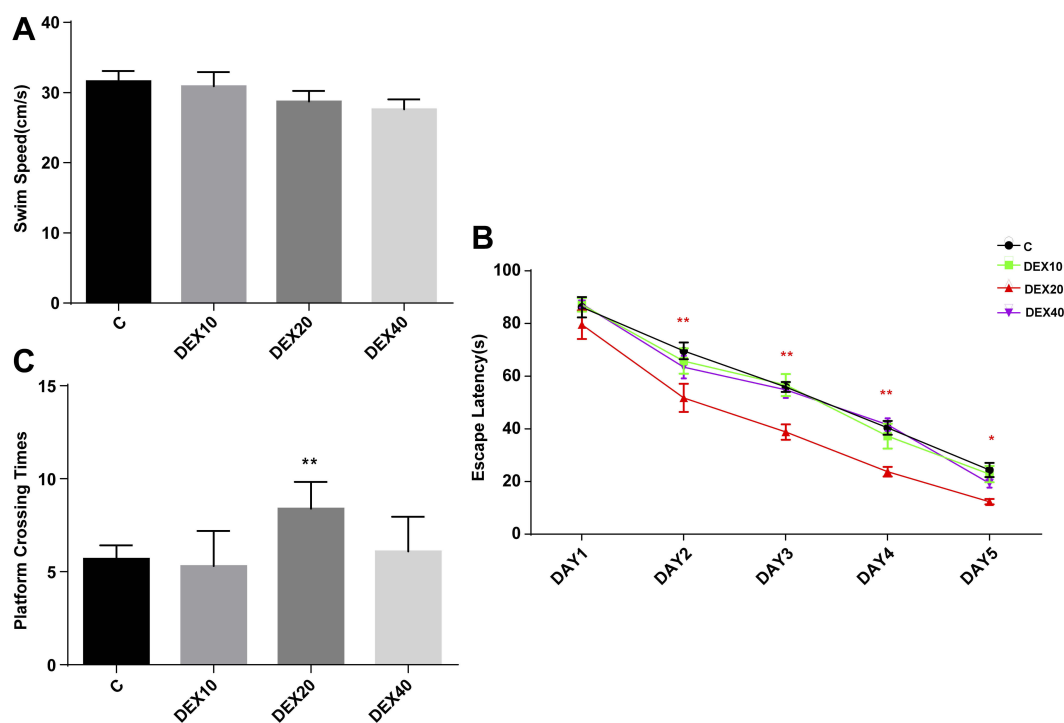
## Dexmedetomidine Treatment in Neonates Facilitates Later Spatial and Memory Performance

The long-term effects of Dex on learning and memory ability were examined in P-35 rats by the MWM test. To exclude anxiety and locomotor interference produced by Dex administration, rats were first examined in the open field test at P28. There were no differences in movement distance, time spent in the center and wall, movement velocity, and fecal pellets among groups (Figure 4A–D). There were also no significant

differences in swimming velocities among groups, consistent with open field results suggesting that Dex has no effect on motor function (Figure 5A). However, rats in the DEX20 group demonstrated significantly reduced escape latencies during hidden-platform training trials compared to the control group (Figure 5C, DEX20 group versus C group,  $p < 0.01$  on the 2nd, 3rd, and 4<sup>th</sup> training days,  $p < 0.05$  on the 5th day), indicating superior spatial learning. In addition, the DEX20 group demonstrated a greater number of crossings over the former platform location during the probe trial compared to the C group (Figure 5B,  $p < 0.01$ ), suggesting superior spatial memory for platform location. However, there were no significant differences in training or probe trial performance among controls and the other DEX groups.

## Discussion

Intraperitoneal injection of dexmedetomidine (20  $\mu\text{g}/\text{kg}$ ) promoted hippocampal neurogenesis and astrogenesis,



**Figure 5** Morris water maze tests of the spatial learning and memory function at P29-34. **(A)** The average swimming speed. **(B)** Escape latency. **(C)** Platform crossing times. Values are mean  $\pm$  SD (n=10). Two-way analysis of variance for repeated measurements followed by Tukey post-test was used for Escape latency calculation and Kruskal-Wallis with Dunn's multiple comparison test was used to test the difference of platform crossing times. \*p<0.05, \*\*p<0.01 vs C group.

upregulated expression of the neurotrophic factor GDNF, the GDNF receptor NCAM, the downstream transcription factor CREB, and the synaptic proteins PSD95 and GAP43, and this sustained neurogenesis resulted in enhancing both spatial learning and memory in later life. These findings suggest that Dex can enhance hippocampal synaptic plasticity via activation of GDNF/NCAM/CREB signaling, resulting in improved spatial memory capacity.

Dexmedetomidine is a potent and selective alpha-2-adrenergic agonist with superior analgesic efficacy compared to clonidine.<sup>19</sup> Neither a general anesthetic nor pure analgesic, it is used as an open-label drug across Europe for pediatric sedation, an application supported by a wealth of clinical research on its pharmacological activity in children.<sup>3,20,21</sup> However, there is still a need for additional information on pharmacological and safety profiles, especially as many anesthetics can induce post-operative cognitive dysfunction. Contrary to this effect, Dex actually promoted cognitive function when administered alone to neonatal rats.

Hoffman reported that Dex improved neurologic outcome following transient partial brain ischemia in rats,<sup>22</sup> a finding that inspired numerous subsequent studies on the neuroprotective efficacy of Dex under other pathogenic conditions.

Indeed, DEX may decrease the severity of neuroinflammation by reducing the release of the pro-inflammatory cytokines IL-1 $\beta$  and IL-6 in systemic inflammatory response syndrome (SIRS) and alleviate perinatal hypoxic brain injury by upregulating neurotrophic factor expression.<sup>23,24</sup> Moreover, Dex dose-dependently attenuated isoflurane-induced neural apoptosis in multiple brain regions by upregulating autophagy.<sup>25,26</sup> However, most of these studies have focused on the promotion of neurogenesis and neuroprotection under pathological conditions. For instance, Endesfelder reported that Dex pretreatment promoted hippocampal neural proliferation and plasticity in P7 rat pups subjected to hyperoxia-induced injury.<sup>27</sup> Furthermore, Wang demonstrated pro-neurogenic activity and improved cognitive recovery following POCD in adult rats via activation of the PKA/CREB/BDNF signaling pathway and consequent promotion of neurogenesis.<sup>7</sup> Thus, Dex appears to have pro-neurogenic, neuroprotective, and pro-synaptoplastic effects under pathological conditions, but effects during normal brain development are less clear.

Postnatal neurogenesis is a multi-step process involving neural stem cell proliferation, differentiation, migration to the programmed niche, and integration into existing neural circuits.<sup>28</sup> The two neurogenic niches, the



dentate gyrus SGZ and cortical SVZ, produce neuronal progenitors throughout life. The DG, a part of the hippocampal formation critical for spatial memory, reaches peak neurogenesis around postnatal week one in rodents. However, the rate of neurogenesis may be modulated by pathological events. Following ischemic or chemically induced neuronal death, neurogenesis rate may increase due to enhanced neurotrophic factor secretion by astrocytes.<sup>29</sup> Therefore, we examined the effects of Dex alone at P7 under normal physiological conditions and demonstrate that Dex at 20  $\mu\text{g}/\text{kg}$  i.p. can indeed promote neurogenesis and astrogenesis in the DG. In contrast, higher and lower doses were less effective and also did not substantially enhance spatial learning, suggesting that promotion of neurogenesis contributes to the superior spatial learning demonstrated by rats administered 20  $\mu\text{g}/\text{kg}$  i.p. Dex.

Astrocyte proliferation is an important reparative response to brain injury. These reactive astrocytes can scavenge cell debris and secrete neurotrophic factors to promote neuronal repair and metabolism.<sup>30</sup> Yan reported that Dex dose-dependently stimulated astrocytes to release GDNF via downstream activation of PKC and CREB.<sup>12</sup> Consistent with these findings, 20  $\mu\text{g}/\text{kg}$  i.p. Dex increased astrocyte numbers as revealed GFAP immunostaining and upregulated GDNF expression. Alternatively, high-dose Dex administration had less marked effects on astrogenesis and GDNF expression as well as on spatial memory, again suggesting that GDNF signaling is necessary for improved spatial memory by 20  $\mu\text{g}/\text{kg}$  i.p. Dex. While higher doses did not appear beneficial, they also did not appear to have deleterious effects on hippocampal function.

Synaptic plasticity is believed to be the primary neurocellular mechanism for information storage in the hippocampus.<sup>31</sup> CREB is a key transcription factor involved in long-lasting forms of hippocampal plasticity dependent on de novo protein synthesis. The enhanced expression of CREB and synaptic proteins suggests that Dex enhances spatial memory by promoting neural plasticity. It is widely accepted that the hippocampus is responsible for the early storage of episodic memories, and a large body of evidence suggests that the continuous supply of newborn hippocampal cells is necessary for the maintenance of spatial learning and memory over time.<sup>32</sup> However, it is still unclear how these effects are initiated by Dex and if neurogenesis is directly related to synaptic plasticity underlying spatial memory. Peak upregulation of the synaptic proteins PSD95 and GAP43 by 20  $\mu\text{g}/\text{kg}$  Dex

concomitant with peak enhancement of neurogenesis and MWM performance suggests such a relationship, but further studies are needed for confirmation. Finally, we found no differences in open field activity among groups, consistent with the report of Groves that newborn cell quantity fluctuation did not affect rodent performance in this task,<sup>33</sup> and suggesting that Dex has no effect on locomotor function or anxiety over the entire dose range tested.

Overall, the experimental data demonstrates that Dexmedetomidine promotes hippocampal neurogenesis and improves spatial learning and memory, however, it cannot be excluded that Dex exerted its neurogenic function directly or indirectly by neuroprotective, anti-oxidative, anti-apoptotic and anti-inflammatory effects in drug-induced brain injury and acute kidney injury model.<sup>34,35</sup> It is likely that Dexmedetomidine may bring about such effect by modulating signaling pathways like BMP/SMAD, Wnt/ $\beta$ -catenin signaling cooperates through LEF1, SHH, and thereby modulating neurogenic niches or microenvironment in the brain to enhance physiologically function like memory<sup>35-37</sup>. Overall, the data suggest that Dexmedetomidine promotes the neurogenesis and warrants further investigation in hippocampal and SVZ neurogenic niche and advanced genetic models.<sup>38</sup>

This study has several limitations. First, in this report, we only put our emphasis on clarifying neurogenesis promotive effect and molecular mechanisms of Dex on DG, regardless of SVZ, the other neural stem niche supplying newborn neural cells throughout the whole life. However, more experiments should be conducted to evaluate the hidden association of Dexmedetomidine with stem cells in SVZ via target gene detection approach and transgenic animal tool. In addition, we also did not provide evidence that any of these changes in protein expression or neurogenesis are necessary for improved cognition in Dex-treated rats.

## Conclusion

Our findings illustrate that Dex alone can promote neurogenesis in the DG, upregulate expression of GDNF, NCAM, and CREB through astrogenesis, components of a critical signaling pathway involved in synaptic plasticity, and improve spatial learning and memory in later life. Collectively, these results suggest that a suitable dosage of Dex is a promising potential treatment for neural repair via facilitating newborn neural cells into function state and functional recovery following brain insult. Further studies are needed to examine the underlying target gene-based mechanisms by advanced

approaches and the clinical potential and safety of Dex, especially in neonatal medicine.

## Disclosure

The authors report no conflicts of interest in this work.

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