

Curcumin Inhibits the Tumorigenesis of Breast Cancer by Blocking Tafazzin/Yes-Associated Protein Axis

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Purpose: This study was aimed to explore the anti-tumor effect of curcumin on breast cancer (BC) and the underlying mechanism involving Tafazzin (TAZ)/Yes-associated protein (YAP) axis.

Methods: Different concentrations of curcumin (0, 10, 20 and 30 μM) were used to treat BC cells (MCF-7 and MDA-MB-231 cells). The viability, colony formation, apoptosis, migration, and invasion of BC cells were detected by MTT, colony formation, flow cytometry, wound-healing and transwell assay, respectively. The protein expression of TAZ and YAP (effectors of Hippo signaling pathway) was detected by Western blot. MDA-MB-231 cells were injected into mice to verify the anti-tumor effect of curcumin in vivo.

Results: Curcumin (20 and 30 μM) inhibited the proliferation, migration and invasion, and promoted the apoptosis of MCF-7 and MDA-MB-231 cells. Curcumin decreased the protein expression of TAZ and YAP in MCF-7 and MDA-MB-231 cells. Overexpression of YAP reversed the anti-tumor effect of curcumin on MDA-MB-231 cells. In addition, curcumin (100, 200 and 300 mg/kg/d) inhibited the growth of tumor xenografts in mice, and down-regulated the protein expression of TAZ and YAP in tumor xenografts. However, curcumin at a concentration of 300 mg/kg/d slowed the increasing of body weight in mice.

Conclusion: Curcumin inhibited the tumorigenesis of BC by blocking TAZ/YAP axis.

Keywords: curcumin, breast cancer, Hippo signaling pathway, proliferation, metastasis

Introduction

Breast cancer (BC) is a common cancer in women with high morbidity and mortality in the world.^{1,2} It has been reported that the mortality of BC increases by 1.7% annually in Asian.³ Currently, BC is mainly treated by surgery, chemotherapy, and radiotherapy, but these therapies can only alleviate and delay this disease.⁴ There is a high risk of recurrence in the later period of BC, leading to poor outcomes.⁵ Therefore, exploring novel therapeutic strategies for BC is crucial.

Curcumin is an active phenolic pigment that is isolated from turmeric (*Curcuma longa*).^{6,7} Curcumin has diverse properties on tumor cells, including anti-proliferation, anti-inflammatory, and anti-oxidant.^{8–11} Previous studies have shown that curcumin can effectively suppress the invasion and proliferation of human cancers, such as wilms' tumor (WT),¹² BC,^{13–15} esophageal cancers,¹⁶ and pancreatic cancer.¹⁷ Jia et al have found that the proliferation, invasion and migration of WT cells are restrained by the treatment of curcumin.¹² Dharmalingam et al have shown that curcumin treatment inhibits the proliferation and colony formation of esophageal cancer cells in a dose and

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time-dependent manner.¹⁶ Choudhuri et al have proved that curcumin induces the apoptosis of BC cells.¹³ In addition, Bang and Kim have confirmed that curcumin significantly inhibits the motility and invasion of BC cells.¹⁵ Although the anti-tumor role of curcumin has been identified by a large number of researches, the therapeutic mechanism of curcumin on BC is still not entirely understood.

Hippo signaling pathway is a conservative signal transduction pathway that is involved in the regulation of cell proliferation, apoptosis, and differentiation.¹⁸ Tazazzin (TAZ) and Yes-associated protein (YAP) are key effectors of Hippo signaling pathway that are involved in the homeostasis of the internal environment.¹⁹ Notably, TAZ/YAP axis plays an important regulatory role in BC cells. For example, overexpression of TAZ and YAP induces the epithelial mesenchymal transformation (EMT), inhibits the apoptosis, and promotes the proliferation of BC cells.²⁰ The hyperactivation of TAZ/YAP leads to a variety of tumor-promoting functions in BC, such as EMT, cancer stem cell generation and therapeutic resistance.²¹ MiR-591 mimics inhibits the proliferation and invasion of BC cells through down-regulating YAP1 expression.²² In addition, a curcumin derivative CL-6 induces the apoptosis of gastric cancer cells, and inhibits both the protein and mRNA expression of YAP/YAP.²³ However, whether the anti-tumor role of curcumin on BC is associated with TAZ/YAP axis is still unclear.

In this study, we explored the effects of curcumin on the proliferation, migration, invasion and apoptosis of BC cells, and on the growth of tumor xenografts in mice. The therapeutic mechanism of curcumin in BC involving TAZ/YAP axis was evaluated for the first time. Our findings reveal a novel therapeutic mechanism of curcumin on BC, which lay a theoretical foundation for clinical treatment of BC.

Materials and Methods

Cell Culture

BC cells (MCF-7 and MDA-MB-231) were purchased from Guyan Biotech Co., Ltd. (Shanghai, China). Cells were cultured in DMEM medium containing 10% fetal bovine serum and 1% penicillin-streptomycin (Procell life science & technology Co., Ltd., Wuhan, China), and maintained at a 37°C incubator with 5% CO₂.

Cell Transfection and Treatment

Curcumin (Sigma-Aldrich, St Louis, USA) was dissolved in dimethyl sulfoxide (DMSO), and then diluted in DMEM at

different concentrations (0, 10, 20 and 30 μM). BC cells were seeded in 12-well plates at a density of 1×10^5 /well, and incubated with different concentrations of curcumin for 48 h (Curcumin group). YAP overexpression lentivirus vector (Len-YAP-OE) was constructed by OBiO Corp., Ltd. (Shanghai, China). MDA-MB-231 cells were transfected with Len-YAP-OE (Len-YAP-OE group) and empty vector (Mock group) using Lipofectamine 3000 (Thermo Fisher Scientific, Waltham, MA, USA). In addition, some Len-YAP-OE-transfected MDA-MB-231 cells were incubated with 30 μM curcumin for 48 h (Curcumin + Len-YAP-OE group). Cells without transfection and treatment were considered as the control (Control group).

Quantitative Real-Time PCR (qRT-PCR)

Total RNA was extracted from cells using TRIZOL reagent (Thermo Fisher Scientific), and then reverse-transcribed into cDNA using cDNA Reverse Transcription Kit (Thermo Fisher Scientific). qRT-PCR was performed using the SYBR Green PCR kit (TaKaRa, China). The PCR conditions were as follows: 96°C for 5 min, 30 cycles of 96°C for 5 min, 54°C for 30 s, and 72°C for 50 s. Relative mRNA expression level was calculated by the $2^{-\Delta\Delta Ct}$ method. GAPDH was used for normalization. The primer sequences (Shanghai Jierui Bioengineering, China) were shown in Table 1.

Western Blot

Total proteins were isolated from cells and tissues using RIPA lysis buffer (Santa Cruz, Dallas, USA). The protein samples were run on sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE), and transferred onto polyvinylidene fluoride (PVDF) membrane (Thermo Fisher Scientific). After blocking with 5% skim milk in TBST, the PVDF membrane was incubated with primary antibody (anti-YAP, 1:1000, 14,074; anti-TAZ, 1:1000, 83,669, Cell Signaling Technology, USA) for 12 h at 4°C. After three times of washing with TBST, the PVDF

Table 1 Primer Sequences Used in qRT-PCR

Name of Primer	Primer Sequences (5' - 3')
YAP-F	CCTGCGTAGCCAGTTACCAA
YAP-R	CCATCTCATCCACACTGT
TAZ-F	CTTGGATGTAGCCATGACCTT
TAZ-R	TCAATCAAAACCAGGCAATG
GAPDH-F	ATGGAGAAGGCTGGGGCTC
GAPDH-R	AAGTTGTCATGGATGACCTTG

membrane was incubated with horseradish peroxidase-conjugated secondary antibody (anti-rabbit 1:5000, ZB-2301, Beijing Zhongshan Jinqiao Biotechnology, China) for 1 h at 25°C. The protein bands were visualized using an ECL system (Thermo Fisher Scientific) and analyzed by Image Lab™ Software (Bio-Rad, USA). GAPDH was used as an internal reference.

MTT Assay

Cells were seeded into 96-well plates at a density of 2×10^4 /well. After cultured for 24 and 48 h, cells were incubated with MTT solution (5 mg/mL, 20 μ L, Gefan biotechnology Co., Ltd., Shanghai, China) for 4 h. The medium was then discarded and DMSO was added to dissolve the crystals. The absorbance at OD450 was measured using a Microplate reader (SpectraMax M5, Molecular Devices, CA, USA).

Colony Formation Assay

Cells were seeded into six-well plates at a density of 3×10^5 /well, and cultured for 2 weeks. After washed twice with PBS, the cells were fixed with 4% formaldehyde (Bio-protocol, Beijing, China) for 15 min and stained with crystal violet (Sangon Biotech Co., Ltd., Shanghai, China) for 15 min. The colony numbers were counted under a microscope (Olympus, Tokyo, Japan), and the colony formation rate was calculated.

Wound Healing Assay

Cells were seeded into six-well plates at a density of 5×10^5 /well, and cultured for 24 h. Scratch was then made using a pipette tip. After 48 h of culturing, the wounded area was observed under an optical microscope (Olympus), and the wound healing rate was calculated.

Transwell Assay

Cell invasion was detected using transwell chamber (Corning, NY, USA). Briefly, cells were seeded in the upper chamber pre-coated with matrigel at a density of 1×10^5 /chamber. The medium containing 10% FBS was added in the lower chamber. After 24 h of culturing, cells on the upper chamber were removed. Cells in the lower chamber were fixed with 4% paraformaldehyde (Shanghai Maokang Biotechnology Co., Ltd, Shanghai, China) for 15 min, and stained with 0.1% crystal violet (Sangon Biotech Co., Ltd.) for 30 min. Positive stained cells were counted under a microscope (Olympus) at five randomly selected fields, and the invasion rate was calculated.

Flow Cytometry

Cell apoptosis was detected using an Annexin V-fluorescein isothiocyanate (FITC)/propidium iodide (PI) kit (Thermo Fisher Scientific). Briefly, cells were seeded into six-well plates at a density of 1×10^5 cells/well. Cells were then incubated with Annexin V-FITC and PI for 15 min under darkness. The cell apoptosis was analyzed by a FACScan flow cytometer (Becton Dickinson Biosciences, San Jose, CA). The apoptosis rate (%) was calculated as the percentage of cells in the LR (early apoptosis cells) and UR (late apoptosis cells) regions in the scatter diagram.

Establishment of Subcutaneous Tumor Xenografts in Mice

Male BALB/c nude mice were obtained from Qianbi Biotechnology Co., Ltd (Shanghai, China). MDA-MB-231 cells were subcutaneous injected into the right flank of mice to establish tumor xenografts. One week later, these mice were intraperitoneally injected with different concentrations of curcumin (0, 100, 200, 300 mg/kg/d) for 3 weeks ($n = 6$ each group). The tumor volume was measured every week with calipers, and calculated as $(a \cdot b^2)/2$, where a is the largest diameter in millimeters and b is the smallest diameter in millimeters. After the last measurement (the 4th week), mice were anesthetized with pentobarbital sodium (60 mg/kg), and killed by cervical dislocation. The tumor xenografts were removed and weighed. All animal experiments were approved by the Animal Care and Use Committee of our hospital, and were performed in accordance with the Guide for the Care and Use of Laboratory Animals (eighth edition, 2011, National Institutes of Health, USA).

Statistical Analysis

All analyses were performed using SPSS 22.0 software (SPSS, Inc., Chicago, IL, USA). Data were presented as mean \pm standard deviation (SD). One-way ANOVA followed by the Turkey's post hoc test was used to analyze the differences among multi-groups. $P < 0.05$ was considered to be statistically significant.

Results

Curcumin Inhibits the Proliferation and Promotes the Apoptosis of BC Cells

The effects of curcumin on the cell viability and colony formation of BC cells were determined by MTT assay and cloning formation assay, respectively. The cell viability and

colony formation rate of BC cells were significantly decreased with increasing concentrations of curcumin in a dose-dependent manner (beginning from 20 μM , $P < 0.05$) (Figure 1A and B). The apoptosis rate of BC cells was detected by flow cytometry. The apoptosis rate of BC cells

was increased with increasing concentrations of curcumin in a dose-dependent manner (beginning from 20 μM , $P < 0.05$) (Figure 1C). Curcumin at a concentration of 10 μM did not influence the cell viability, colony formation and apoptosis of BC cells (Figure 1A–C).

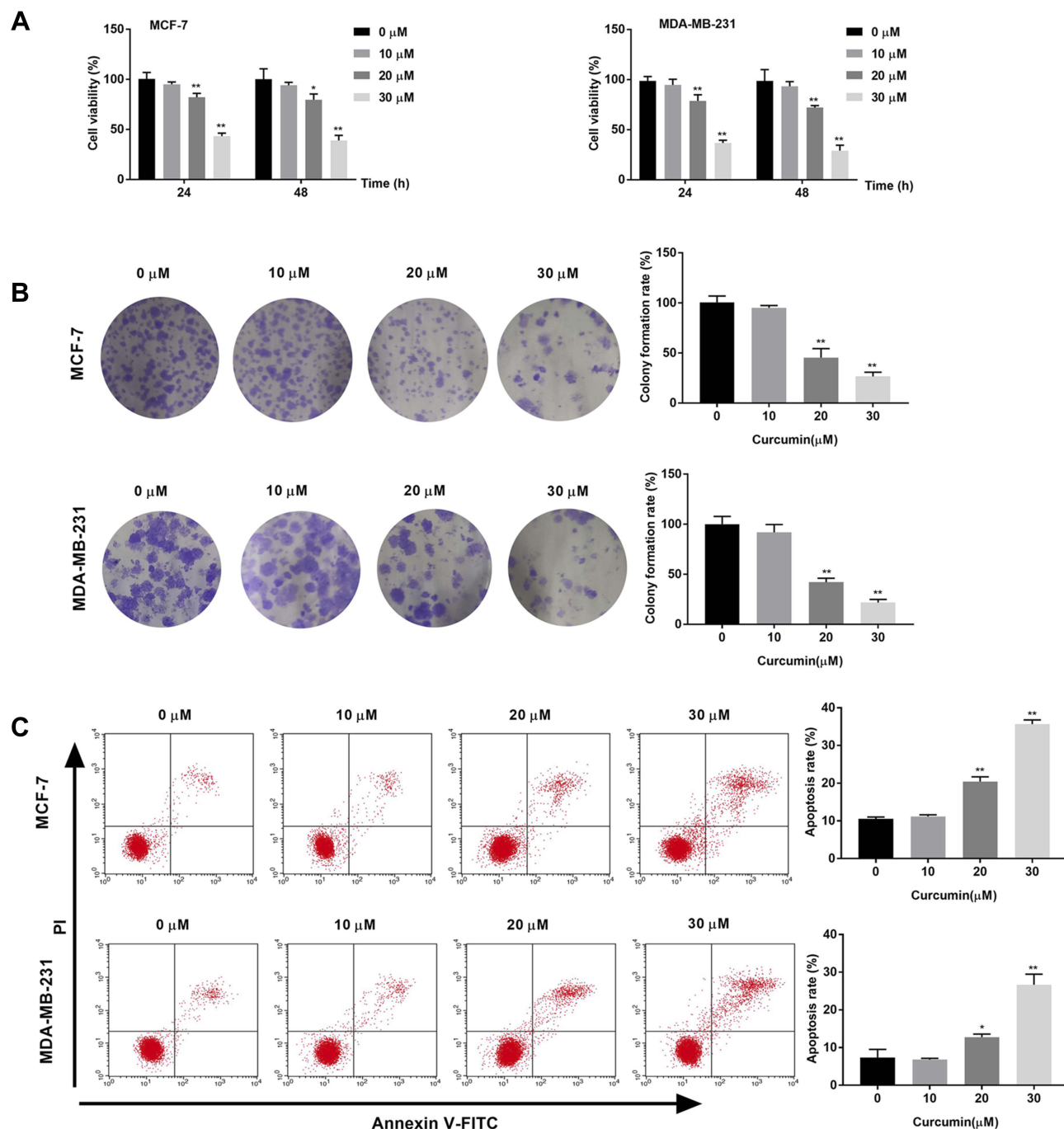


Figure 1 Curcumin inhibited the viability, colony formation and induced the apoptosis of breast cancer cells. (A) Cell viability of MCF-7 and MDA-MB-231 cells treated by different concentrations of curcumin (0, 10, 20 and 30 μM) for 24 and 48 h was detected by MTT assay; (B) Colony formation rate of MCF-7 and MDA-MB-231 cells treated with different concentrations of curcumin was detected by colony formation assay; (C) Apoptosis rate of MCF-7 and MDA-MB-231 cells treated with different concentrations of curcumin was detected by Flow cytometry. * $P < 0.05$, ** $P < 0.01$ vs 0 μM .

Curcumin Inhibits the Migration and Invasion of BC Cells

The effects of curcumin on the cell migration and invasion of BC cells were determined by wound healing and transwell assay, respectively. The wound healing rate of BC cells was significantly decreased with increasing concentrations of curcumin in a dose-dependent manner (beginning from 20 μM , $P < 0.01$) (Figure 2A). In consistent with the wound healing rate, the invasion rate was also significantly decreased with increasing concentrations of

curcumin in a dose-dependent manner (beginning from 20 μM , $P < 0.01$) (Figure 2B). Curcumin at a concentration of 10 μM did not influence the migration and invasion of BC cells (Figure 2A and B).

Curcumin Inhibits the Protein Expression of YAP and TAZ in BC Cells

Western blot was used to detect the protein expression of TAZ and YAP in BC cells. The protein expression of TAZ and YAP was significantly decreased with increasing

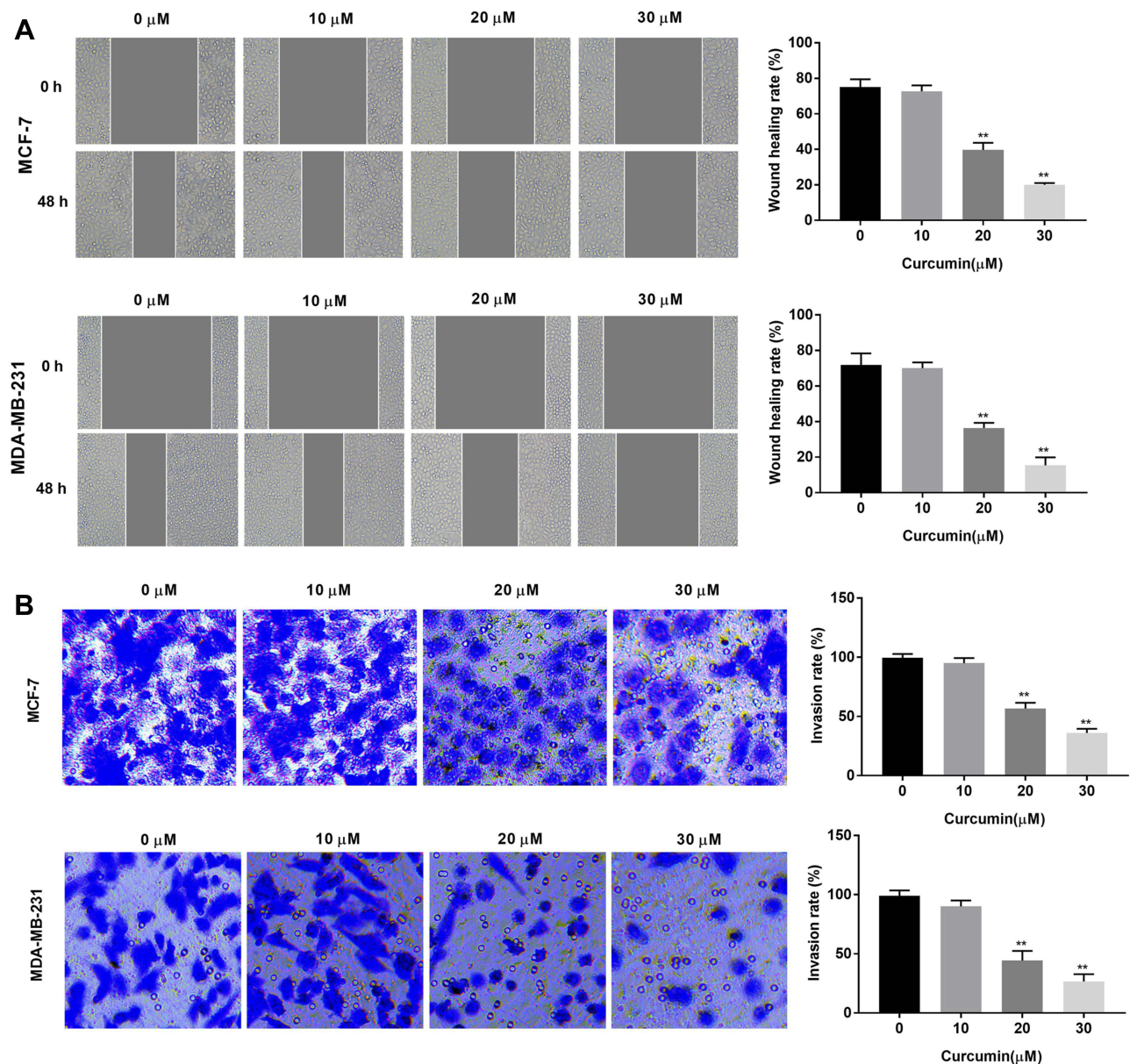


Figure 2 Curcumin inhibited the migration and invasion of breast cancer cells. (A) Wound healing rate of MCF-7 and MDA-MB-231 cells treated by different concentrations of curcumin (0, 10, 20 and 30 μM) was detected by wound healing assay; (B) Invasion rate of MCF-7 and MDA-MB-231 cells treated with different concentrations of curcumin was detected by transwell assay. ** $P < 0.01$ vs 0 μM .

concentrations of curcumin in a dose-dependent manner (beginning from 20 μM , $P < 0.05$). Curcumin at a concentration of 10 μM did not influence the protein expression of TAZ and YAP in BC cells (Figure 3A and B).

Overexpression of YAP Reverses the Anti-Tumor Effect of Curcumin on BC Cells

In order to investigate the therapeutic mechanism of curcumin involving TAZ/YAP axis, YAP was overexpressed in MDA-MB-231 cells by the transfection of Len-YAP-OE. Western blot showed that the protein expression of YAP in the Len-YAP-OE group was significantly up-regulated compared with the Control group ($P < 0.01$) (Figure 4A). Overexpression of YAP significantly increased the colony formation rate, invasion rate and wound healing rate, and decreased the apoptosis rate of MDA-MB-231 cells ($P < 0.01$) (Figure 4B–E). Notably, overexpression of YAP significantly reversed the anti-tumor effect of curcumin on MDA-MB-231 cells ($P < 0.01$) (Figure 4B–E).

Curcumin Inhibits the Growth of Subcutaneous Tumor Xenografts in Mice

To reveal the anti-tumor effect of curcumin in vivo, MDA-MB-231 cells were injected into mice to establish tumor xenografts. Different concentrations of curcumin (0, 100, 200, 300 mg/kg/d) were injected into mice. After the injection of MDA-MB-231 cells for 4 weeks, the tumor weight was significantly decreased with increasing concentrations of curcumin at a dose-dependent manner ($P < 0.05$) (Figure 5A). The injection of curcumin also significantly slowed the increasing of tumor volume in a dose-dependent manner ($P < 0.05$) (Figure 5B). In addition, the injection of curcumin at a concentration of 300 mg/kg/d significantly slowed the increasing of body weight of mice from the 2nd week ($P < 0.01$). The injection of curcumin at concentrations of 100 and 200 mg/kg/d did not influence the body weight of mice (Figure 5C). The protein expression of TAZ and YAP in tumor xenografts was further detected by Western blot. The protein expression of TAZ and YAP in tumor xenografts was significantly decreased

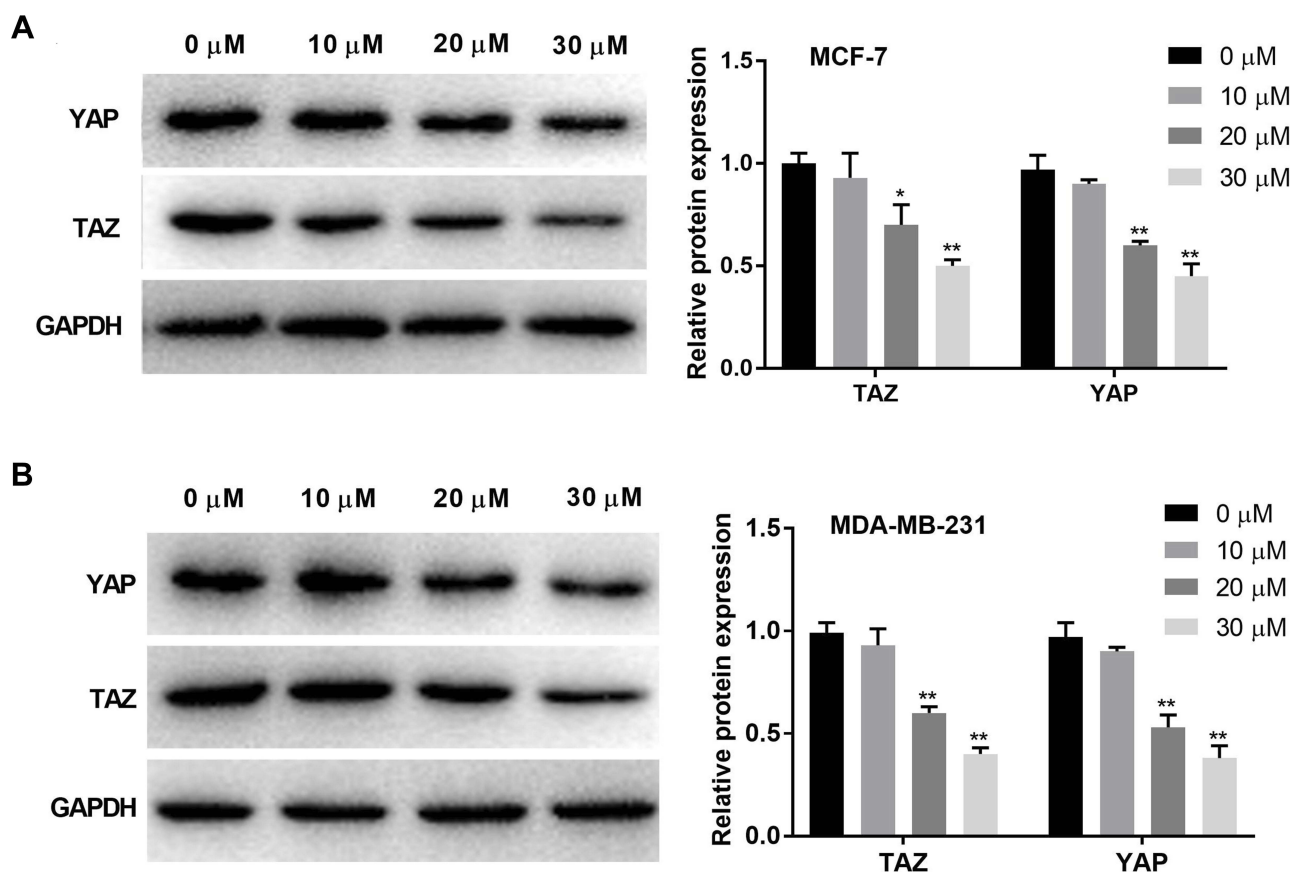


Figure 3 Curcumin inhibited the protein expression of YAP and TAZ in breast cancer cells. (A) The protein expression of TAZ and YAP in MCF-7 cells treated by different concentrations of curcumin (0, 10, 20 and 30 μM) was detected by Western blot; (B) The protein expression of TAZ and YAP in MDA-MB-231 cells treated with different concentrations of curcumin was detected by Western blot. * $P < 0.05$, ** $P < 0.01$ vs 0 μM .

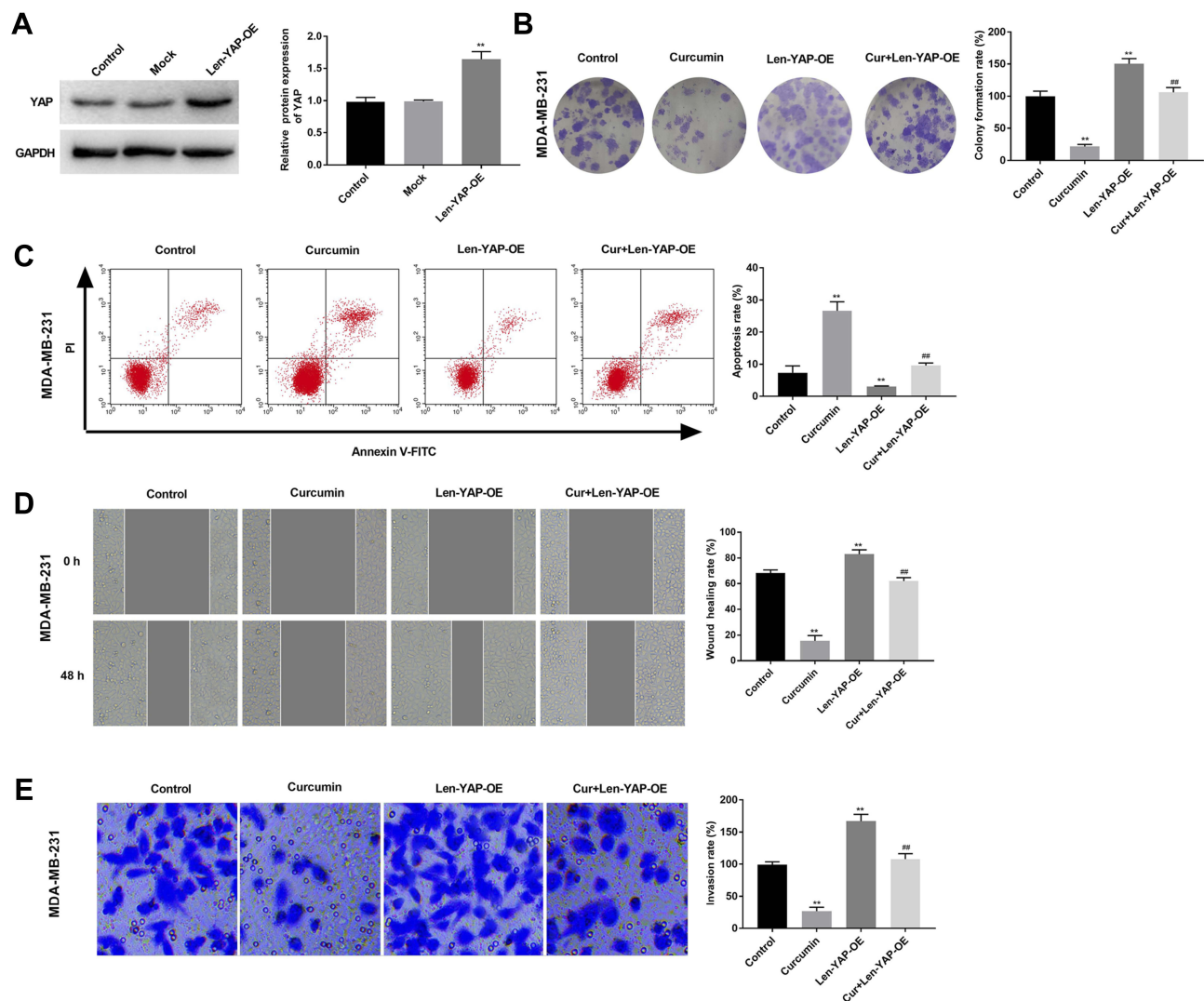


Figure 4 Overexpression of YAP reversed the anti-tumor effect of curcumin on breast cancer cells. **(A)** The protein expression of YAP in MDA-MB-231 cells was detected by Western blot; **(B)** Colony formation rate of MDA-MB-231 cells was detected by colony formation; **(C)** Apoptosis rate of MDA-MB-231 cells was detected by flow cytometry. **(D)** Wound healing rate of MDA-MB-231 cells was detected by wound healing assay; **(E)** Invasion rate of MDA-MB-231 cells was detected by transwell assay. Control, cells without transfection and treatment; Curcumin, cells treated with curcumin for 48 h; Len-YAP-OE, cells transfected with Len-YAP-OE for 24 h; Cur+Len-YAP-OE, cells transfected with Len-YAP-OE for 24 h and treated with curcumin for 48 h. ** $P < 0.01$, vs Control; ## $P < 0.01$, vs Curcumin.

with increasing concentrations of curcumin in a dose-dependent manner ($P < 0.05$) (Figure 5D).

Discussion

In recent years, traditional Chinese medicines have been widely used in the treatment of BC, such as *Astragalus membranaceus*,²⁴ *Taxus chinensis*²⁵ and *Angelica sinensis*.²⁶ Curcumin is a natural component extracted from turmeric that exhibits obvious anti-tumor activity with less toxicity. Petiti et al have indicated that the curcumin inhibits the growth of HEL cells in a dose and time-dependent manner, reaching the maximum effect at a dose of 20 μM for 48 h, by reducing the proliferation of

93%.²⁷ Ye et al have confirmed that the treatment of CL-6 (2.5, 5.0, and 7.5 μM) promotes the apoptosis of AGS cells.²³ In this study, curcumin significantly decreased the cell viability and colony formation rate, and increased the apoptosis rate of BC cells in a dose-dependent manner (beginning from 20 μM). Our findings are consistent with previous studies, and further indicate that curcumin can inhibit the proliferation and induce the apoptosis of BC cells in vitro.

Cancer metastasis involves many cellular biological processes, including cell separation, adhesion, migration and invasion.²⁸ The invasion and migration of tumor cells are the main causes of cancer metastasis.^{29,30} Ye et al have

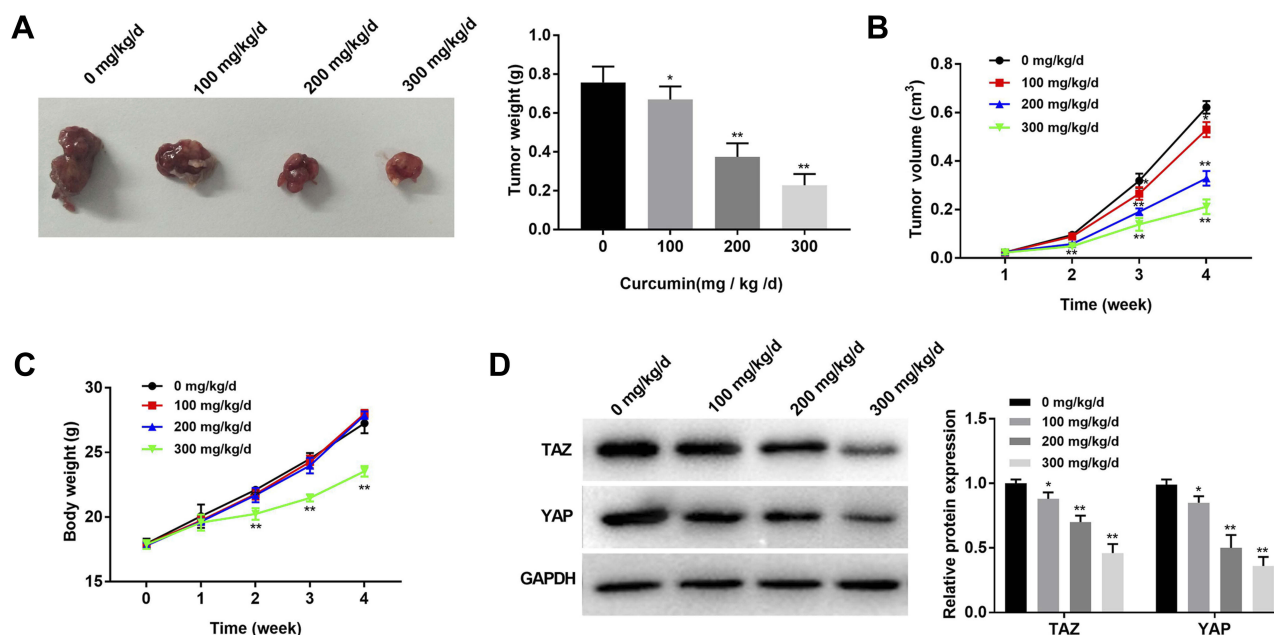


Figure 5 Curcumin inhibited the growth of subcutaneous tumor xenografts in mice. (A) Tumor morphology and weight in mice treated by different concentrations of curcumin (100, 200 and 300 mg/kg/d); (B) Tumor volume in mice treated by different concentrations of curcumin; (C) Body weight of mice treated by different concentrations of curcumin; (D) The protein expression of YAP and TAZ in tumor xenografts was detected by Western bolt. * $P < 0.05$, ** $P < 0.01$, vs 0 mg/kg/d.

shown that a curcumin derivative CL-6 inhibits the migration and invasion of gastric cancer cells.²³ Chiu et al have proved that curcumin inhibits the migratory activity of MDA-MB-231 cells.³¹ Sun et al have found that curcumin inhibits the migration and invasion of MCF7 cells.³² In consistent with previous studies, wound-healing and transwell assay in this study showed that the migration and invasion of BC cells were significantly decreased by curcumin in a dose-dependent manner (beginning from 20 μ M). Our results indicate that the curcumin can inhibit the migration and invasion of BC cells in vitro.

Curcumin plays an anti-tumor role in cancer cells through regulating diverse pathways, such as JAK/STAT,³³ RhoA/ROCK/MMPs,³² nuclear factor-kappaB,³⁴ and SLUG/Hexokinase 2.³⁵ Hippo pathway is involved in organ development and tissue stability via regulating cell differentiation, proliferation and apoptosis.³⁶ Yang et al have found that curcumin down-regulates the expression of the key effectors of Hippo signaling pathway, YAP and TAZ in bladder cancer cells.³⁷ In consistent with the above study, we found that curcumin inhibited the expression of YAP and TAZ in BC cells. These results indicate that curcumin blocks TAZ/YAP axis in BC. Yuan et al have proved that knockdown of YAP promotes the migration and invasion of BC cells.³⁸ Lai et al have found that overexpression of YAP or TAZ induces the EMT and taxol resistance in MCF10A cells.³⁹ In order to

further verify the therapeutic mechanism of curcumin involving TAZ/YAP axis, YAP was overexpressed in MDA-MB-231 cells. Our findings showed that overexpression of YAP reversed the anti-tumor effect of curcumin on MDA-MB-231 cells. We speculate that curcumin may inhibit the tumorigenesis of BC through blocking TAZ/YAP axis.

Up to now, many scholars have proved the anti-tumor effect of curcumin in animal models in vivo. Kunnumakkara et al have indicated that curcumin sensitizes the colorectal cancer to radiation in a xenograft mouse model.⁴⁰ Yang et al have proved that curcumin decreases the tumor volume and weight, and induces the apoptosis of PC-3 cells in mice.⁴¹ Curcumin inhibits the growth of gastric cancer xenografts in mice.⁴² In this study, we found that curcumin significantly decreased the tumor weight and volume in mice. Our findings are consistent with previous studies, and further illustrate that curcumin can inhibit the tumor growth in vivo. Notably, 300 mg/kg/d curcumin decreased the body weight of mice. This result indicates that 300 mg/kg/d curcumin may be toxic to mice. Curcumin should be used at specific doses in clinical practice. In addition, we also found that curcumin decreased the protein expression of TAZ and YAP in tumor xenografts. These results re-confirmed that the anti-tumor effect of curcumin is related to the blocking of TAZ/YAP axis.

Conclusions

In conclusion, curcumin (20 and 30 μM) inhibited the proliferation, migration and invasion, and promoted the apoptosis of BC cells. Curcumin (100, and 200 mg/kg/d) inhibited the growth of tumor xenografts in mice. The anti-tumor effect of curcumin on BC was closely associated with the blocking of TAZ/YAP axis. A certain concentration of curcumin may inhibit the tumorigenesis of BC through blocking TAZ/YAP axis.

Ethics Approval and Consent to Participate

This study was approved by the ethics committee of Affiliated Hospital of Beihua University. All animal experiments and programs were approved by the Animal Care and Use Committee of Affiliated Hospital of Beihua University, and were performed in accordance with the Guide for the Care and Use of Laboratory Animals (eighth edition, 2011, National Institutes of Health, USA).

Author Contributions

All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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