

Telomere Length in Renal Cell Carcinoma: The Jekyll and Hyde Biomarker of Ageing of the Kidney

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Abstract: Renal cell carcinoma (RCC) is a heterogeneous group of cancers where the clear cell (ccRCC) is the most common and the most lethal. The absence of accurate diagnostic and follow-up biomarkers along with the time-limited response to therapies may explain the lethality and shows the necessity of new sensitive and specific biomarkers. One of the most studied molecules are the telomeres: specialized ribonucleoprotein structures that keep the structural integrity of the genome. Among other features, telomere length (TL) has been widely studied in several tumor models regarding its biomarker potential, due to the easy detection and quantification. The scope of this review was to analyze all the information about this parameter in RCC. There was some disparity in the results of the studies, since some pointed to an association between short TL and risk or poor outcome of RCC; others between long TL and RCC outcome and some did not find any association. We propose some epidemiological and biological explanations to these differences. The telomeres may play a dual role during RCC carcinogenesis in the early stages, short telomeres may increase RCC risk and in late carcinogenesis, long telomeres seem to be associated with tumor prognosis. However, the controversy of the results along with the lack of specificity are some problems that need to be clarified for the usage of TL as a prognostic biomarker.

Keywords: telomere length, biological age, kidney, cancer, biomarker

Introduction

Kidney cancer accounted for approximately 403 thousand new cases and 175 thousand deaths worldwide in 2018.¹ There are several types of cancer in this organ but the most common and the most lethal one is renal cell carcinoma (RCC).² Its incidence has been rising along the years and there is a 2:1 male predominance with a peak incidence between 60 and 70 years.³ RCC comprises a heterogeneous group of cancers derived from renal tubular epithelial cells with different histopathologic, molecular and clinical characteristics. According to WHO 2016 classification, there are 16 subtypes, but the most common, accounting for 75% of all cases, and also the most lethal one is clear-cell RCC (ccRCC).⁴ This subtype presents a high tumor cell lipid content and a richly vascularized tumor stroma. However, even within this subtype, there is great heterogeneity and, consequently, great differences in the clinical outcomes of the different patients.³

Due to the anatomic location of the kidney, renal masses remain asymptomatic and non-palpable through most of their development.² Consequently, when patients start to present symptoms, the tumor is already in a more advanced stage.

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Additionally, there is a lack of standard screening tests. Despite the fact that the number of incidental detected renal tumors has significantly increased in the last few years, about 30% of all RCC patients present metastatic disease at the diagnosis.⁵ Even though localized renal neoplasias can be treated using surgery with a curative intent, the only valid options for inoperable or/and metastatic neoplasias are targeted agents and/or immune checkpoint inhibitors, since due to their hypoxic and high vascularity features, these cancers easily become chemo- and radioresistant.^{6,7} Nevertheless, these tumors rapidly develop resistance through escaping mechanisms and because of this, inoperable and metastatic ccRCC is still associated with high mortality rates.^{8,9}

These current dramatic scenarios, with the absence of accurate diagnostic and follow-up biomarkers, associated with the time-limited response to therapies show the necessity of defining new sensitive and specific biomarkers of diagnosis, prognosis and therapy response monitoring. In the last few years, the telomeres have been studied regarding their biomarker potential.

Telomeres

Telomeres are specialized ribonucleoprotein structures composed of DNA and bound proteins localized at the end of eukaryotic linear chromosomes that play an essential role in maintaining the structural integrity of the genome.¹⁰ In humans, telomeres are composed by a non-coding tandem repeat of double-stranded DNA sequence, 5'-(TTAGGG)_n-3' of variable length followed by a 3' G-rich single stranded tail of 150–200 nucleotides.¹¹

Among other functions, telomeres have two main roles in the cell. Firstly, they differentiate chromosome ends from DNA double-strand breaks and consequently prevent the activation of DNA damage response and avoid genomic instability.¹² Secondly, they prevent the loss of essential genetic information. Indeed, each division of somatic cells leads to a shortening of telomeres in about 200 nucleotides, since DNA polymerases are unable to completely replicate the ends of linear chromosomes.¹³ When telomeres reach a threshold length cells activate senescence or apoptosis. Nevertheless, a group of cell types which includes the germinal cells, stem cells and cancer cells can keep telomere length through two different telomere maintenance mechanisms (TMMs): telomerase-mediated telomere maintenance and alternative lengthening of telomere (ALT).¹⁴

These two mechanisms rely deeply on the ability of telomeres to bind to six-subunit protective protein complexes called shelterins.¹⁵ Each complex is composed by three components that bind in a sequence-specific manner to the tandem repeats: TRF1, TRF2 and POT1; and by three components that bind through protein–protein interactions: RAP1 binds TRF2, TPP1 binds POT1 and TIN2 binds TRF1, TRF2 and TPP1. These complexes bind along the entire length of the telomere and each of its components has specific functions that assure telomere integrity and function. TIN2 is responsible for stabilizing the shelterin complex.¹⁶ TRF2 prevents an ataxia telangiectasia mutated (ATM) protein-mediated DNA-damage signal, prevents end-to-end fusions and it also stimulates telomere homologous recombination.^{17,18} TRF1 ensures telomere replication and its disruption significantly increases the levels of fragile telomeres and sister-telomere association.¹⁹ POT1 and TPP1, similarly to TRF2, prevent the ATM-dominated DNA-damage response and telomere fusions.²⁰ Moreover, TPP1 is responsible for telomerase recruitment and processivity and for the recruitment of POT1²¹ (Figure 1). Telomerase is a large ribonucleic reverse transcriptase whose function is the addition of TTAGGG repeats at the chromosome ends in order to compensate the progressive telomere attrition.¹¹ This cellular enzyme is composed by three subunits: a catalytic subunit with reverse transcriptase activity (hTERT), an essential RNA component (TERC) that serves as template for adding the telomeric repeats and, finally, several components that bind and stabilize TERC, namely dyskerin, reptin, pontin, NOP10, GAR1 and NHP2.¹⁶ The expression of this complex is tightly regulated in humans. Even though telomerase is widely expressed in the early stages of embryonic development and in pluripotent stem cells, most somatic cells do not show any telomerase activity. Consequently, these cells' telomeres reach a critical length and a damage response is triggered leading to senescence or apoptosis, functioning as a “mitotic clock” against unlimited proliferation.²²

Besides telomerase, telomere length (TL) can also be regulated by the ALT mechanism. This mechanism is present in around 15% of immortalized cell lines and human cancer cells.¹⁶ Despite not being entirely understood, this mechanism is based on homologous recombination dependent exchange or/and homologous recombination dependent synthesis of telomeric DNA.¹³

Even though telomeres were considered to be transcriptionally silent for many years, in 2007, Azzalin et al first described the transcription of several subtelomeric loci located close to the chromosome ends in mammals.²³ The telomeric repeat-containing RNA

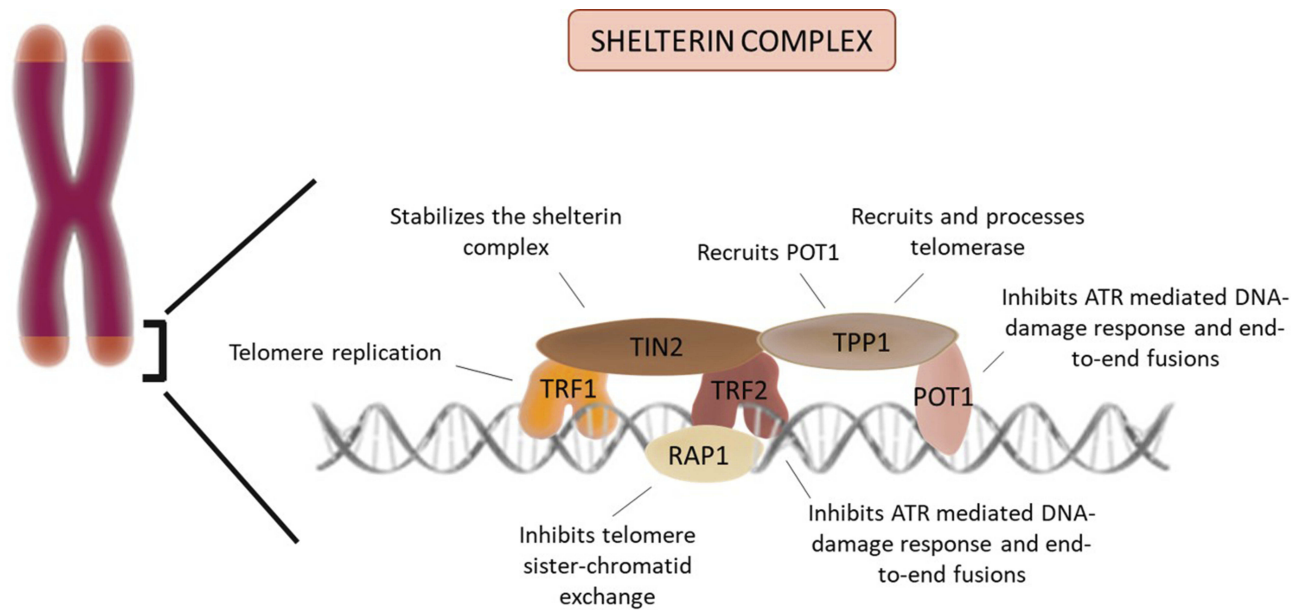


Figure 1 Telomere and the shelterin complex: Telomeres are stabilized by a protein complex (shelterin). Each component has a specific function essential to the telomere maintenance.

(TERRA) are composed of varying sizes of UUAGG repeat sequences and they have already been detected in yeast, mammals, zebra fish and in microbial pathogens such as *Trypanosoma brucei*.^{24,25} In mammals, their size ranges from 100bp to 9Kb and they are only transcribed from the C-rich strand.²⁶ TERRA participates in the regulation of cell biology having several functions regarding telomeres stability and maintenance, namely in the formation of heterochromatin at telomeres, in the proper capping of chromosome ends and in the regulation of telomere length.²⁷ Although the expression of TERRA is highly conserved through evolution, it is important to notice that its dynamics and functions do not seem to be conserved among the different organisms.²⁸ In fact, regarding telomere length, TERRA seems to interact with telomerase in different ways. In human and mouse cells, it seems to inhibit telomerase but in budding yeast *S. cerevisiae* and fission yeast *S. pombe*, it was proposed to positively regulate its activity.^{29,30}

Telomeres play a vital role in one of the hallmarks of cancer cells: the ability to achieve replicative immortality.³¹ Generally, when telomeres reach a critical short length, cellular senescence or apoptosis is triggered. However, certain cells can escape these events. The upregulation of telomerase, whether it happens through the amplification of the hTERT, duplication or translocation of the locus or even through an overexpression of its promoter (since it is known that it is targeted by numerous oncogenes, tumor suppressors and other transcription factors),

is one of these mechanisms.²² Other mechanisms are the inactivation of TP53 or Rb or both, initiation of ALT or other key pathways. Consequently, the continued division of cells leads to continued accumulation of mutations. Moreover, abnormal telomeres can cause sticky chromosome ends and like that contribute to chromosomal aneuploidy.¹⁰ Due to their role and their deregulation in cancer biology, there is the possibility of the usage of this parameter as a potential biomarker in several tumor models, including RCC.

Telomeres as Biomarkers in Cancer

According to WHO, a biomarker is a biological feature that it is objectively measured and evaluated as an indicator of normal biological or pathological processes or even pharmacological responses to therapeutic interventions.³² An ideal biomarker must be easy to measure through minimal invasive methods, easy and not expensive to quantify, specific and sensitive to the disease of interest, able to detect the disease before symptoms and useful in the response to therapy's monitorization.³³ In the past few years, several prognosis and predictive biomarkers have been suggested in ccRCC, but most of them still need further validation.³⁴

The knowledge of the telomeres biology allowed the definition of potential biomarkers in cancer regarding these structures, namely telomerase activity, polymorphisms associated with telomerase or TL. Since telomerase activity is present in most malignant cells but not in normal somatic cells, several researchers have been suggesting the measurement of

telomerase enzymatic activity or of telomerase gene expression as a potential biomarker.³⁵ Studies in prostate, breast, lung, colorectal and kidney cancer have all suggested telomerase activity as a biomarker of poor prognosis.^{36–41} Regarding genetic polymorphisms, one of the most common genes studied is *hTERT*, which codifies for the catalytic subunit of telomerase. The different variants of genetic polymorphisms in this gene have been associated with differences in TL and with the prognosis of patients in several tumor models, including lung, gastric, breast and kidney cancer.^{42–45} As so, TL is also another widely discussed biomarker since it has been widely associated with innumerable diseases, environmental exposures and phenotypic characteristics.^{10,40,46} There are several methods to determine the TL in tissues, single cells and DNA preparations.⁴⁷

For several years, the golden standard in the determination of the TL was the analysis of the terminal restriction fragment (TelRF) by Southern blot. However, this method required large amounts of DNA, was relatively laborious and could not be used on fixed tissues.⁴⁸ The adaptation of this method to a slot blot assay allows the usage of lower amounts of DNA and can be performed on fixed tissues, but it only mean telomere length and it does not identify telomere length in certain cell types.⁴⁷ On the other hand, Q-FISH is a method that allows the assessment of TL in fixed material and provides single-cell resolution while maintaining the tissue architecture, but it only provides relative telomere measurements while Flow-FISH allows the determination of average TL but can only be used on single-cell suspensions.⁴⁹ A variation of this technique (RNA-FISH) can also be applied in the detection of *TERRA*, which, as stated before, has been associated with TL regulation.⁵⁰ Quantitative telomere-specific PCR (Q-PCR) is a real-time PCR-based method and, because of that, allows the assessment of large sample sets with low DNA input, but it fails to detect the shortest telomeres and it only provides an average length of the telomeres of the sample.⁵¹ Single Telomere Length Analysis (STELA) is a recent method that can be used in individual chromosomes to detect their TL and also as the ability to identify extremely short telomeres. However, it is quite laborious and may not detect extremely long telomeres.⁴⁸ Regarding cancer, several studies suggest shorter telomeres as a cancer risk factor but there is still no concordance between authors.^{47,52} Most of the studies report an association between short telomeres and either risk of developing the disease or poor prognosis in breast, colon and prostate.⁴⁶ However, there are contradictory results. For

example, there are prospective studies that did not find any association of TL with the most incident cancers.⁵³ In addition, there are studies that report significantly longer telomeres in leukocytes of prostate cancer patients, when compared with healthy subjects.⁵⁴ Meta-analyses found that these results were highly dependent on the type of study (since they conclusions were different if the studies were prospective or retrospective) and the time of sample collection (before or after diagnosis).^{55–57}

The controversy of the results regarding TL and risk or prognosis of cancer is valid for RCC as well, since there are studies reporting either an association with short TL and RCC, long TL and RCC or even no association at all. As so, the scope of this review is to collect and analyze all the information about TL and its potential as a biomarker in RCC.

Literature Review and Data Collection

Systematic literature search in PubMed was conducted using the search terms “telomere length”, “renal cell carcinoma”, “RCC” and “leukocyte telomere length”. The articles were selected by relevance of their findings, namely the association of TL and RCC. The literature analysis includes scientific papers published between 1993 and 2018. Obtained scientific papers were manually curated to determine associations between TL and RCC. The criteria of exclusion were as follow: 1) scientific papers that do not directly compare TL in RCC samples with the ones in normal samples, or that do not directly correlate TL with an outcome of the disease; 2) scientific papers that use cell lines instead of human samples; 3) scientific papers that correlate TL with other kidney diseases. Of the 37 papers found, 25 were excluded either because they met the exclusion criteria or because they were review articles, meta-analysis or editorials. For each paper, information was collected concerning the type of sample, TL determination method, type of study, number of samples and main conclusions. The pooled information is synthetized in [Table 1](#).

From the 12 papers included, 9 were case-control studies and 3 were cohort studies. The first studies of TL assessment in RCC are all case-control studies and they all report shorter TL in tumor when compared with the paired normal tissue.^{58–61} Despite the same approach in the study design and the same overall conclusions, they all have specific results that are important to highlight. Holzmann et al have found, in addition to the reduction in telomere size in tumor samples when compared with the normal

Table I Studies Regarding the Relation Between TL and the Outcomes of RCC

Sample Type	Method for TL Determination	Type of Study	Sample Size	Outcome	Reference
Tumor and matching normal tissue	Southern Blot	Case-Control	8 cases/2 controls	Shorter TL observed in tumor DNA	Holzmann et al 1993 ⁵⁸
Tumor and matching normal tissue	Southern Blot	Case-Control	10 cases/10 controls	Shorter TL in tumors compared with the corresponding normal tissue	Mehle et al 1994 ⁵⁹
Tumor and matching normal tissue	Southern Blot	Case-Control	59 cases/59 controls	Shorter TL in tumors compared with the corresponding normal tissue	Fiedler et al 1996 ⁶⁰
Tumor and matching normal tissue	Southern Blot	Case-Control	60 cases/60 controls	72% of cases had shorter TL in tumor cells	Dahse et al 1999 ⁶¹
Blood	Q-FISH	Case-Control	65 cases/65 controls	Shorter telomeres in different T-cell subtypes and in overall PBLs of RCC cases	Shao et al 2007 ⁶²
Tumor tissue, normal tissue and blood	Real-Time PCR	Cohort	105 patients	Tumor tissue's telomeres were shorter than blood and kidney cortex's telomeres; longer telomeres in blood is an independent negative prognostic factor	Svenson et al 2009 ⁶⁵
Blood	Real-Time PCR	Case-Control	891 cases/894 controls	No association of TL with risk of RCC	Hofmann et al 2011 ⁶⁴
Blood	Real-Time PCR	Prospective Case-Control	209 cases/410 controls	No association of TL with risk of RCC	Hofmann et al 2013 ⁶³
Tumor and normal tissue	Southern Blot	Cohort	100 cases	Shorter telomere length in tumor tissues; low-grade tumors had longer TL than high-grade tumors	Pal et al 2015 ⁶⁶
Blood	Southern Blot	Case-Control	100 cases/112 controls	No differences in TL between cases and controls	Martino et al 2015 ³⁶
Blood	Real-Time PCR	Cohort	684 cases	Shorter telomere length was associated with poorer disease-specific survival	Callahan et al 2017 ⁶⁷
Blood	Real-Time PCR	Case-Control	244 cases/53 controls	Shorter telomere length in RCC patients; telomere length increased with clinical stage and with tumor size	Morais et al 2019 (unpublished data)

Abbreviations: TL, telomere length; RCC, renal cell carcinoma; PBL, peripheral blood lymphocytes.

adjacent ones, the presence of telomeric associations in the chromophobe RCC samples and in oncocytomas in opposition to clear-cell and chromophilic RCC, as well as in normal renal tissue. They suggested that telomeric associations appeared to be related with the histological type of tumors rather than with the grade and size. However, they did not find any differences in the size of telomeres when

comparing the tumors with telomeric associations and the ones without.⁵⁸ Regarding the study published by Mehle et al, they also found that all tumors had a reduction in the TelRF length when comparing with the adjacent normal ones, but they also reported an intra-tumoral heterogeneity in several tumor samples. Moreover, some of the tumor samples showed an increase in TelRF volume, which the

authors proposed that could be related to telomerase activation.⁵⁹ Fiedler et al, for instance, studied not only the TL but also the presence or absence of telomerase activity.⁶⁰ They found that no normal tissue had telomerase activity, in opposition to 93% of tumor samples analyzed. Interestingly, the four patients who did not show telomerase activity (7%) did not have metastasis or secondary tumors after a follow-up of two years. Regarding the TL, they found some heterogeneity in their results. The telomerase negative tumors showed a shorter TL comparing with the normal adjacent tissue. In the telomerase positive patients, 60% had reduced TelRF in tumor areas, 22% showed no disparity and 18% showed heterogeneous TelRF length in different tumor areas. This heterogeneity had already been stated by Mehle and Fiedler et al, they hypothesized that it can be due to the activation of telomerase which will consequently stabilize TelRF at different sizes. In concordance with the previous studies, Dahse et al also analyzed, in addition to TL, the presence of telomerase activity. The results are similar to the ones published previously, showing normal tissue's absence of telomerase activity and lack of metastasis or secondary tumors in the patients who were negative for telomerase. Moreover, the researchers reported that 72% of the RCCs displayed shorter TL in comparison with constitutional tissue, 25% showed no alterations and two cases had elongated telomeres.⁶¹

Shao et al also conducted a case-control study, but they were the first to use blood, instead of tissue, and they also used a different TL determination method (Q-FISH). They assessed TL in CD4+ and CD8+ T cells as well as in Peripheral Blood Lymphocytes (PBLs) and found out there were no significant differences between them.⁶² In concordance with the previous studies, the results showed that shorter telomeres were associated with a higher risk for RCC. This risk was more evident in males than in females and in younger patients rather than the older ones.⁶²

In 2015, Martino et al conducted a case-control study, using a southern blot methodology and they did not find any association between TL and RCC risk.³⁶ Hoffman et al also conducted two case-control studies, one of them prospective.⁶³ In both studies, no differences between cases and controls' TL were found, as well as no associations between TL and tumor stage.^{63,64} Interestingly, these two studies are the ones which display the biggest sample size of all the case-control studies.

Regarding the cohort studies, they all reported an association between shorter telomeres and RCC. Moreover,

Svenson et al compared two sample types: blood and tissue, analyzing the tumor tissue and the corresponding normal cortex tissue along with samples of blood of 105 patients, using for the first-time Real-Time PCR technology to access TL in RCC. Interestingly, they found that tumors had significantly shorter telomeres compared with kidney cortex and blood cells.⁶⁵ Moreover, they found that kidney cortex telomeres were significantly longer when compared with LTL. In addition, they show that RCC patients with the longest LTL had a poorer outcome, no capsule involvement of the tumor and nuclear grade of 1 to 3, verifying long blood relative TL as an independent negative prognostic factor. Pal et al, using a cohort of a hundred patients of RCC found that RCC tissues were significantly shorter than the adjacent normal parenchyma and there was a correlation between TL in different grades of ccRCC: low-grade tumors had significantly longer telomeres. Regarding telomerase, they found that the activity levels of this enzyme were higher in tumor tissues and that high levels were correlated with high grades and stage one and two ccRCC.⁶⁶ Finally, Callahan et al designed a population-based case-control study using blood samples and Real-Time PCR method and found that shorter LTL was significantly associated with poorer disease-specific survival.⁶⁷

To the best of our knowledge, the study conducted in our laboratory, currently submitted for publication, is the most recent one. It was a case-control study, using blood cells, where we found a significative association between shorter telomeres and risk of RCC. Moreover, we found that LTL was longer in T3/T4 patients and in patients with tumors larger than 7 cm, suggesting LTL as a potential prognostic biomarker (Morais et al; unpublished data; 2019).

Discussion

The potential of TL as a biomarker has been widely assessed by numerous scientists in several age-related diseases. In fact, shorter telomeres have been suggested as risk factors for insulin resistance, overt diabetes mellitus, cardiovascular disease or neurological disorders such as Alzheimer's disease.^{68,69} TL has been associated with some renal dysfunctions. In fact, studies show that TL contribute to renal senescence, impaired potassium clearance, glomerular senescence, renal cysts, fibrosis, glomerulosclerosis and RCC.⁷⁰ In general, short telomeres have been associated with an increased renal injury and decreased recovery.⁷¹ TL has also been associated with Chronic Kidney Disease (CKD). A systematic review conducted by Ameh O. et al postulated a double role of TL in

CKD: shortening TL is associated with CKD prevalence and declining kidney function, but an offset of this association due to the cellular telomere reparative process in those surviving longer with CKD.⁷²

TL has been extensively studied in several tumor models.⁷³ However, the disparity of results in the studies conducted until now makes it difficult to use TL as biomarker, either of diagnosis or of prognosis. Regarding RCC, there are 12 papers that study the association between TL and this type of cancer. Among them, the results are not concordant, since some point to an association between short TL and either risk of RCC development and poor outcome of the disease; some do not find any association, and some show an association between long TL and RCC outcome of the disease. However, there may be some epidemiological and biological explanations regarding these differences.

Firstly, it is important to notice that the study design and execution are highly variable among the studies. The different sample types, the different techniques used, the fact that some studies are cohorts and other are case-controls, or even the sample size may have influence in the different results. Regarding sample types, Svenson et al indeed proved that the TL depended on the type of sample, showing that telomeres were longer in blood cells than in tumor tissues'.⁶⁵ This may be explained by the fact that in blood we find not only tumoral but also genomic DNA. As so, it would be perhaps important to isolate tumoral DNA and only then assess the TL, in order to reduce the variability of results. The different techniques also may influence the results; even though southern blot was, for many years, the golden standard technique, qPCR is more sensitive, less time consuming and needs much less DNA amount. However, it does not detect the shortest telomeres and it only gives an average length of the telomeres of the sample.⁴⁸ But the main influencing factor may be the different types of study design. The fact that in case-control and some of the cohort studies the biological samples were collected after diagnosis and/or treatment initiation may influence the results. Moreover, there may be several confounding variables such as age, demographic and individual factors and results obtained should always be adjusted to these variables.⁵²

Nevertheless, there are possible biological explanations that integrate these apparent conflicting results. In the early steps of carcinogenesis, telomeres seem to have a preponderant role in genomic instability. The most common type of genomic instability shows ring-shaped or dicentric chromosomes that fail to undergo normal chromatid separation at anaphase and that instead form chromatin bridges that may break because of the tension forces of the mitotic spindles: the chromosomal

breakage-fusion-bridge (BFB).⁴⁷ Interestingly, most tumors with BFB instability present critical telomere shortening. The combination of this instability due to critically short telomeres and of disruptions in cell cycle checkpoints makes it possible for cells to avoid apoptosis.⁷⁴ This may explain why several studies show that tumor tissues display shorter telomeres than the adjacent normal ones or why cancer patients have shorter telomeres than controls. However, there seems to be a reactivation of telomerase by tumor cells in order to prolong neoplastic growth and facilitate tumor progression in later stages of carcinogenesis. More than 85% of cancers show telomerase activity, suggesting that this enzyme stimulates tumorigenesis by restoring telomere function and enabling tumor cells to achieve immortality. Moreover, even when there is no detectable telomerase activity, telomere's function can be achieved through ALT mechanism.⁷⁵ This would explain the results that show longer telomeres as an independent prognostic factor, the results that state that high-grade tumors, higher clinical stage and with a bigger size show longer telomeres (Figure 2).

The easy detection and quantification of TL, despite the sample type, is the main advantage of this potential biomarker. Nevertheless, it is important to understand that currently there is no cut off for TL that distinguishes short telomeres from long telomeres. On the opposite, these terms are always a comparison between the TL of different groups of individuals. Consequently, the TL of "short telomeres" in one study may not be the same that another study. This is a limitation that needs to be addressed in the near future.

Regarding TL application in clinical practice, the lack of specificity and the controversy of results are main problems that need to be clarified. TL seems to be altered not only in RCC, or even in cancer but also in several age-related diseases. Moreover, TL highly depends on genetic and environmental factors. Dalgård et al showed that women have telomeres significantly longer than men.⁷⁶ Also, some polymorphisms in hTERT and other specific enzymes related to TL maintenance influence the length of telomeres. Additionally, Alexandrov et al showed that smokers have telomeres significantly shorter than non-smokers and even ex-smokers.⁷⁷ This compromises the application of TL as biomarker of RCC, and cancer in general, since it can vary not only due to this disease but also because of these factors.

Moreover, the conflicting results found in the studies analyzed in this review can compromise the clinical usage of TL as RCC biomarker. Even though there seems to be a dual role of

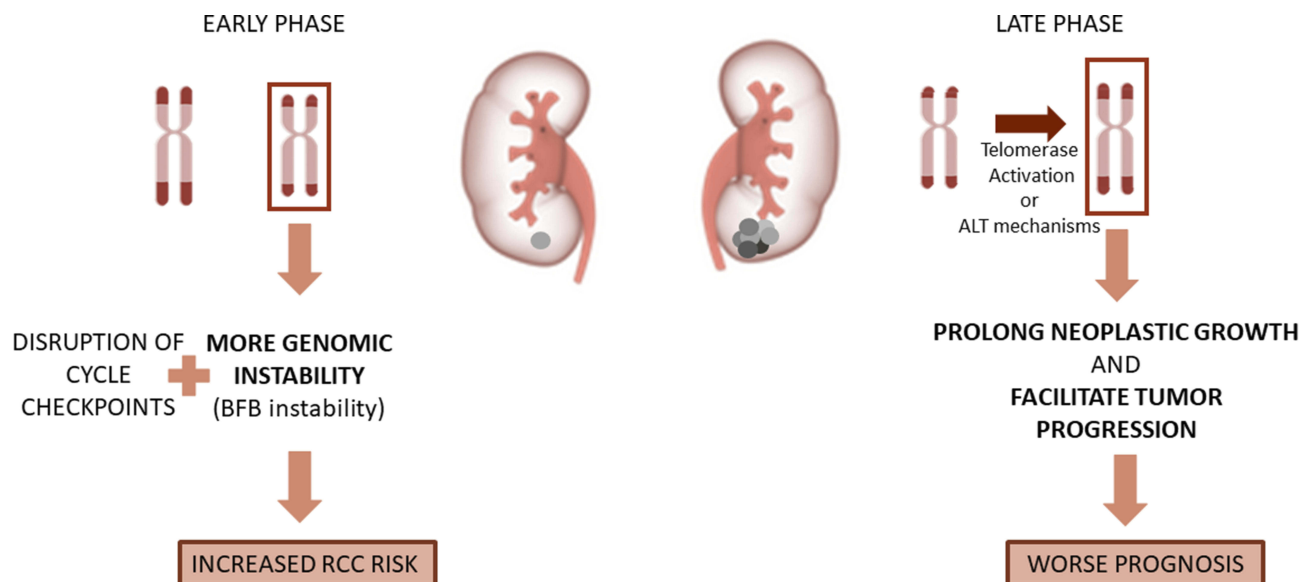


Figure 2 The role of Telomere length in the different steps of carcinogenesis in RCC. In the early stages, short telomeres will increase genomic instability and increase RCC risk; in late carcinogenesis, long telomeres will ease tumor prognosis and worsen the prognosis.

telomeres depending on the stage of carcinogenesis that can explain the results, there is still need of studies to clarify confounding aspects that also induce variability in the results published until now. One of the possible confounding variables may be the usage of whole blood to isolate DNA, leading to the detection not only of tumoral DNA but also of DNA derived from normal samples, which can change the medium length of telomeres in RCC cases. Besides, the use of blood collected after or before diagnosis and the design of the studies can also change the results.

As so, although being very difficult to perform, the ideal way of studying TL would be to have a high cohort of healthy subjects from a very early age and to monitor their TL along the years, until there would be a group of individuals who would have been diagnosed with RCC. As so, it would be possible to understand if those patients had significantly shorter LTL before being diagnosed (allowing the understanding of the potential of LTL as a risk biomarker) or if the shortening was coincident with the diagnosis (meaning it was a consequence of the carcinogenesis process). Additionally, the monitoring of these patients' LTL along with the treatment response would also help to clarify if longer TL is associated with resistance to therapies.

Conclusion

TL seems to have a double role in RCC carcinogenesis: in the early stages, short telomeres seem to increase

RCC risk due to a rise in genomic instability and in late carcinogenesis, long telomeres seem to be associated with tumor prognosis. In conclusion, despite the initial expectations for the use of TL as biomarker in RCC, this is still far from being used in clinical practice and there are several disadvantages, concerning either the conflicting results or the lack of specificity. In order to surpass these disadvantages, more studies are needed. Moreover, TL shall be used integrated in a panel of other biomarkers in order to increase its specificity.

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Disclosure

All of the authors declare no potential conflicts of interest.

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