

Anti-Proliferative, Pro-Apoptotic, Anti-Migrative and Tumor-Inhibitory Effects and Pleiotropic Mechanism of Theaflavin on B16F10 Melanoma Cells

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Purpose: Theaflavin (TF) is a primary pigment of tea, exhibiting anti-proliferative, pro-apoptotic and anti-metastatic activities on cancer cell lines. However, it is unknown whether TF is effective in treating melanoma cells.

Methods: To determine the effects of TF on melanoma cells, we conducted in vitro assays of cell viability, DAPI staining, wound healing, transwell, and flow cytometry as well as in vivo experiments on B16F10-bearing mouse model. Real-time PCR (qPCR) and Western blot (WB) were conducted to explore the molecular actions of TF.

Results: The cell viability assay showed that TF exerted inhibitory effect on B16F10 cells in a dose-dependent manner from 40 to 400 µg/mL, with IC₅₀ values ranging from 223.8±7.1 to 103.7±7.0 µg/mL. Moreover, TF induced early and late apoptosis and inhibited migration/invasion of B16F10 cells in a dose-dependent manner, indicating its pro-apoptotic and anti-migrative effects. In vivo, TF significantly inhibited B16F10 tumor size in mice model from 40 to 120 mg/kg, which exerted higher effect than that of cisplatin. The molecular data showed that TF significantly up-regulated the mRNA expressions of pro-apoptotic genes (*Bax*, *Casp3*, *Casp8*, *c-fos*, *c-Jun*, and *c-Myc*), up-regulated the protein expressions of apoptosis-related p53 and JNK signaling molecules (ASK1, phosphorylated Chk1/2, cleaved caspase 3, phosphorylated JNK, c-JUN, cleaved PARP, and phosphorylated p53), and down-regulated the protein expressions of proliferation-related MEK/ERK and PI3K/AKT signaling molecules (phosphorylated MEK1/2, phosphorylated ERK1/2, phosphorylated PI3K, and phosphorylated AKT) as well as the expressions of MMP2 and MMP9.

Conclusion: It can be concluded that TB exhibited anti-proliferative, pro-apoptotic, anti-migrative, and tumor-inhibitory effects on melanoma cells through pleiotropic actions on the above pathways. This study provides new evidence of anti-melanoma efficacy and mechanism of TF, contributing to the development of TF-derived natural products for melanoma therapy.

Keywords: theaflavin, apoptosis, B16F10, melanoma, JNK, p53

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Introduction

Melanoma is one of the most aggressive cancers that tends to metastasize rapidly and difficult to treat.¹ Notably, chemotherapy has been widely used as a mainstay treatment for melanoma.² However, the chemotherapeutics, such as cisplatin and doxorubicin, induce apoptosis in melanoma and normal tissues.^{3,4} Moreover, melanoma is prone to resist chemotherapy, resulting in unsatisfactory outcomes.⁵ Immunotherapy has largely become a subject of pivotal focus by researchers in the exploration of novel treatments for melanoma. Nevertheless, a few patients still

ineffectively respond to immunotherapy such as immune checkpoint inhibitors (eg, ipilimumab or nivolumab).⁶ Regardless of the therapy used, the pro-apoptotic effect on tumor cells determines the anti-cancer effectiveness. Furthermore, the anti-metastatic effect should be taken into consideration as a treatment option for melanoma. Therefore, effective medications that exhibit both pro-apoptotic and anti-metastatic effects on melanoma cells are promising therapeutics for melanoma treatment.

Recently, natural products have become a promising candidate of anti-cancer therapeutics, the application of which have reached maturity and attracted increasing interest. Natural products harbor significant potential and low side effects.⁷ Being the main reservoir of natural products, traditional Chinese medicine (TCM) has been applied for thousands of years, exerting pro-apoptotic, anti-metastatic, anti-angiogenic effects on tumor cells by herbs.^{8,9} For instance, tea (*Camellia sinensis* (L.) O. Kuntze) is one of the most popular beverages across the globe, and tea leaves have been characterized as TCM by the earliest national pharmacopeia “Xin Xiu Ben Cao” (Newly Revised Materia Medica) in Tang Dynasty of China (AD 659). Based on the TCM theory, tea leaves regulate pathogenic factors of chronic disease and cancers, including body temperature, phlegm, and toxins. Modern epidemiological surveys have reported that drinking more than 10 cups of tea per day significantly prevents the occurrence of cancer, confirming the anti-cancer potential of tea.¹⁰ Theaflavin (TF) is a primary pigment of tea produced by the oxidation of catechins in tea leaves during fermentation, and its concentration reaches approximately 30 mg/mL in the extract of tea leaves.¹¹ It acts against various tumor cells by inducing cell apoptosis.^{12,13} The anti-cancer effects of TF have been reported on breast carcinoma, ovarian carcinoma, and hepatocellular carcinoma cells. Besides, a recent study reported that TF exhibits anti-metastatic activity on cancer cells, suggesting its potential role in treating tumors with a high risk of metastasis, such as melanoma.¹⁴

However, little attention has been paid to the activity of TF on melanoma to date. Considering the pro-apoptotic and anti-metastatic activities of TF on several tumor cells,^{14,15} we hypothesize that TF might be effective in treating melanoma. To validate this hypothesis, this study performed cellular experiments to evaluate the pro-apoptotic and anti-migrative effects of TF on melanoma cells (B16F10 cells) and conducted an animal experiment to determine its tumor-inhibitory effect. Further

experiments were conducted to assess the molecular mechanism of TF.

Materials and Methods

Chemicals and Reagents

Theaflavin (TF, >95% of purity) was purchased from Theabio Co., Ltd (Hangzhou, China) (Batch number: 20181211061). Dulbecco's modified Eagle's medium (DMEM) containing high glucose was purchased from HyClone Laboratories (UT, USA). Fetal bovine serum (FBS) was purchased from Cell Max (Beijing, China). Trypsin was purchased from Gibco (NY, USA). Cell Counting Kit 8 (CCK-8) was purchased from Bimake (Houston, USA). Annexin-V: FITC apoptosis detection kit was purchased from BD Biosciences (CA, USA). DAPI (4'-6-diamidino-2-phenylindole) staining solution was purchased from Thermo Fisher Scientific (MA, USA). Primary antibodies were obtained from Cell Signaling Technology (MA, USA). Trizol reagent and real-time polymerase chain reaction (real-time PCR) kit were obtained from TaKaRa (Dalian, China). Cisplatin (5 mg/mL) was purchased from Hansoh Pharma (Jiangsu, China).

Cell Line and Animal Preparation

The mouse B16F10 melanoma cell line was purchased from Shanghai Cell Bank of Chinese Academy of Sciences (Shanghai, China) and cultured in DMEM medium containing 10% FBS at 37°C in a humidified 5% CO₂ incubator. The medium was daily changed, and the cells were treated with TF in their logarithmic growth phase. Male C57BL/6 mice weighing 20 to 22 g were purchased from Shanghai Laboratory Animal Center of Chinese Academy of Sciences (Grade SPF II, SCXK2012-0002) and housed under pathogen-free conditions with a 12 h light/dark cycle. Food and water were provided *ad libitum*. All mice were treated in strict accordance with the China legislation on the use and care of laboratory animals. The animal experiment was approved by the Medical Norms and Ethics Committee of Zhejiang Chinese Medical University (approval number: ZSLL-2018-049; date: 2018–01).

Cell Viability Assay

The inhibitory effect of TF on B16F10 cells was evaluated by cell viability assay using CCK-8. The B16F10 cells were seeded into 96-well plates at 6×10^3 cells/well in 200

μL medium for 24h adherence, followed by treatment with TF at concentrations of 0, 40, 80, 120, 160, 200, 250, 300, 350, 400 $\mu\text{g}/\text{mL}$ for 24 h and 48 h. Then, CCK-8 solution was added to each well and incubated at 37°C for 2h. The optical density value (OD value) was measured at 490 nm with Biorad microplate reader (CA, USA). Inhibitory rate (%) = $[1 - (\text{TF-treated OD} / \text{untreated OD})] \times 100\%$. The 50% inhibitory concentrations (IC_{50}) for 24 h and 48 h were calculated by regression analysis. Accordingly, the low, middle, and high concentrations of TF were determined for the following experiments.

Clonogenic Assay

Plate clonogenic assay was applied to test clone formation capability of B16F10 cells. Each 600 cells was added into each well of a 6-well plate and treated with TF at 0, 100, 200, and 300 $\mu\text{g}/\text{mL}$ for 24 h, followed by medium-change and cultivation for 12 days to form cell clones. Afterwards, the cells were fixed in 4% formaldehyde for 30 min, and then stained with crystal violet for 15 min. More than 50 cell clones were counted for each group.

DAPI Staining and Flow Cytometry Assay

The pro-apoptotic effect of TF was evaluated by DAPI staining and flow cytometry assay using annexin-V/PI staining. For DAPI staining, B16F10 cells were seeded into 24-well plates at 1.5×10^5 cells/well and treated with TF at low, medium, high concentrations for 24h, followed by fixation with 4% paraformaldehyde in PBS for 30 min at room temperature and staining with DAPI for 10 min in dark. After wash for three times, the cells were observed using five coverslips under Carl Zeiss fluorescence microscope (Göttingen, Germany) and the apoptotic cells were counted. For flow cytometry assay, B16F10 cells were seeded into 6-well plates at 3×10^5 cells/well for 24 h and treated with TF at low, medium, high concentrations for 72 h. Afterwards, the cells were washed twice and labeled with annexin V-fluorescein isothiocyanate solution and PI in binding buffer. Fluorescence intensity of the cells was detected by BD C6 flow cytometry (CA, USA). The early apoptotic and late apoptotic cell rates (%) were calculated.

Cell Migration and Invasion Assay

Wound healing assay and transwell assay were performed to test the anti-migrative and anti-invasive effect of TF. For wound healing assay, B16F10 cells at logarithmic phase were inoculated in 6-well plates (4×10^5 /well) and scratched by a pipette tip in cross form, followed by

treatment of TF at 100, 200, and 300 $\mu\text{g}/\text{mL}$. The DMEM medium contained only 1% FBS to minimize the proliferation component of cell migration. The cells were observed and imaged at 0, 8, and 16 h under an inverted microscope (CarlZeiss, Göttingen, Germany). Each experiment was conducted in triplicate, and the wound area (blank area) of each well was measured by Image J 1.47 software. As described previously, blank area ratio was calculated as the ratio of blank area of each well to average blank area of the well without TF treatment at 0 h (each blank area/average blank area with 0 $\mu\text{g}/\text{mL}$ TF at 0 h) for statistical analysis.¹⁶

Transwell assay was performed in 24-well transwell chambers with 8 μm nitrocellulose pore filters (Corning Costar, NY, USA). Two hundred microliters of B16F10 cell (2×10^5 /mL) was loaded into the upper chamber, and 600 μL serum-free medium with TF was added into the lower chamber. After incubation for 24 h, the cells that passed through the chamber membrane were fixed with 4% paraformaldehyde (Servicebio, Wuhan, China) and stained with 1% crystal violet dye solution (Beyotime Biotechnology, Shanghai, China). As described previously, the migrated cell number was recorded by direct counting in five randomly selected regions of each well, and the average number was calculated for statistical analysis.¹⁶

Real-Time PCR (qPCR) Assay

The molecular action of TF at mRNA level was explored by qPCR assay using an ABI QuantStudio™ 7 Flex Real-Time PCR System (Applied Biosystems, CA, USA). The total RNA of B16F10 cells was extracted using Trizol reagent and synthesized to cDNA via reverse transcription. The qPCR reaction system had a 20.0 μL volume: 10 μL SYBR® Premix Ex Taq II (Tli RnaseH Plus), 0.8 μL PCR forward primer, 0.8 μL PCR reverse primer, 2.0 μL template cDNA, 0.4 μL ROX reference dye, and 6.0 μL ddH₂O. The qPCR reaction condition was set to 95°C for 30 s initial denaturation, 40 cycles of 95°C for 5 s denaturation, 60°C for 34 s annealing, and 72°C for 40 s extension. At the end of each reaction, a melting curve analysis was performed. β -actin was used as reference gene and the $2^{-\Delta\Delta\text{CT}}$ method was applied to analyze the relative expression of each gene (Table 1).

Western Blot (WB) Analysis

The molecular action of TF at protein level was explored by WB analysis. Total proteins of B16F10 cells with TF treatment at 200 $\mu\text{g}/\text{mL}$ were extracted using a lysis buffer

Table 1 Primer Sequences Used for qPCR Analysis

Gene	Forward Primer	Reverse Primer
<i>β-actin</i>	5'-CATCCGTAAAGACCTCTATGCCAAC-3'	5'-ATGGAGCCACCGATCCACA-3'
<i>Bax</i>	5'-TGAAGACAGGGCCTTTTTG-3'	5'-AATTCGCCGGAGACTCG-3'
<i>Casp3</i>	5'-GGCCTGAAATACCAAGTCAGGAA-3'	5'-CCATGGCTTAGAATCACACACACA-3'
<i>Casp8</i>	5'-GAGATCCTGTGAATGGAACCTGGTA-3'	5'-GTTACGCCAGTCAGGATGCTA-3'
<i>Fos</i>	5'-CGGGTTTCAACGCCGACTA-3'	5'-TGGCACTAGAGACGGACAGAT-3'
<i>c-Jun</i>	5'-TTCCTCCAGTCCGAGAGCG-3'	5'-TGAGAAGGTCCGAGTCTTGG-3'
<i>c-Myc</i>	5'-CTGTGGAGAAGAGGCAAACC-3'	5'-TTGTGCTGGTGAAGTGGAGAC-3'

(50 mM Tris-HCl pH 7.4, 150 mM NaCl, 1 mM EDTA, 1% Triton, 0.1% SDS, 5 µg/mL leupeptin, and 1 mM PMSF) for 30 min on ice with repeated freezing and thawing. Targeted proteins were separated using denaturing sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) (8~12%) and then transferred onto a PVDF membrane (Millipore, MA, USA). The membrane was blocked with 5% non-fat milk for 2 h, followed by overnight incubation at 4°C with the antibodies against Actin, ASK1, phosphorylated Chk1 and Chk2 (p-Chk1 and p-Chk2), cleaved caspase 3 (*c-CASP3*), cleaved caspase 8 (*c-CASP8*), JNK, phosphorylated JNK (p-JNK), and c-JUN, cleaved PARP (poly ADP-ribose polymerase), p53, phosphorylated p53 (*p-p53*), MMP2, MMP9, phosphorylated ERK1/2 (*p-ERK1/2*), phosphorylated MEK1/2 (*p-MEK1/2*), phosphorylated AKT (*p-AKT*), and phosphorylated PI3K (*p-PI3K*). After incubation with secondary antibody, these proteins were visualized with an enhanced chemiluminescence kit (Amersham Pharmacia Biotech, Little Chalfont, UK) and detected using a chemiluminescence analyzer.

Animal Experiment in Mice

The tumor-inhibitory activity of TF was evaluated by animal experiment using B16F10-bearing mouse model. To establish the animal model, B16F10 cells (1.0×10^5 cells in 0.1 mL of PBS) were subcutaneously injected into 40 mice. The mice were randomly divided into four groups of 8 mice each: model group, TF-low dose (TF-L) group, TF-middle dose (TF-M) group, TF-high dose (TF-H) group, and cisplatin group as positive control. After the injection, mice in TF-L, TF-M, and TF-H groups were daily treated with TF at 40, 80, and 120 mg/kg by oral administration, respectively, for 21 days. Each mouse in

the cisplatin group was daily treated with cisplatin at 0.0625 mg by intraperitoneal injection for 21 days. Afterwards, all mice were sacrificed and the tumor size and weight were measured.

Statistical Analysis

Data were expressed as mean values \pm SD and subjected to one-way ANOVA, followed by Fisher's least significant difference (LSD) comparison. All analyses were performed using an updated version of DPS software.¹⁷

Results

Anti-Proliferative Effect of TF

Cell viability assay was performed to reflect the cell viability of melanoma cells and evaluate the effect of TF. As shown in Figure 1A, TF from 40 to 400 µg/mL significantly inhibited the viability of B16F10 cells and the inhibitory rate increased with the increasing concentrations of TF, indicating a dose-dependent manner. With the treatment of TF for 24h and 48h, the IC₅₀ were 223.8 \pm 7.1 and 103.7 \pm 7.0 µg/mL, respectively.

Clonogenic assay was performed to evaluate the anti-proliferative effect of TF by testing clone formation capacity of B16F10 cells. As shown in Figure 1F and G, the colony numbers of B16F10 cells were significantly decreased with TF treatment (100 to 300 µg/mL), when compared with control numbers (0 µg/mL) (each $P < 0.01$). The anti-clonogenic effect of TF was in a dose-dependent manner.

Pro-Apoptotic Effect of TF

DAPI staining and flow cytometry were performed to evaluate the pro-apoptotic effect of TF on B16F10 cells. As shown in Figure 1B, apoptotic morphology, such as

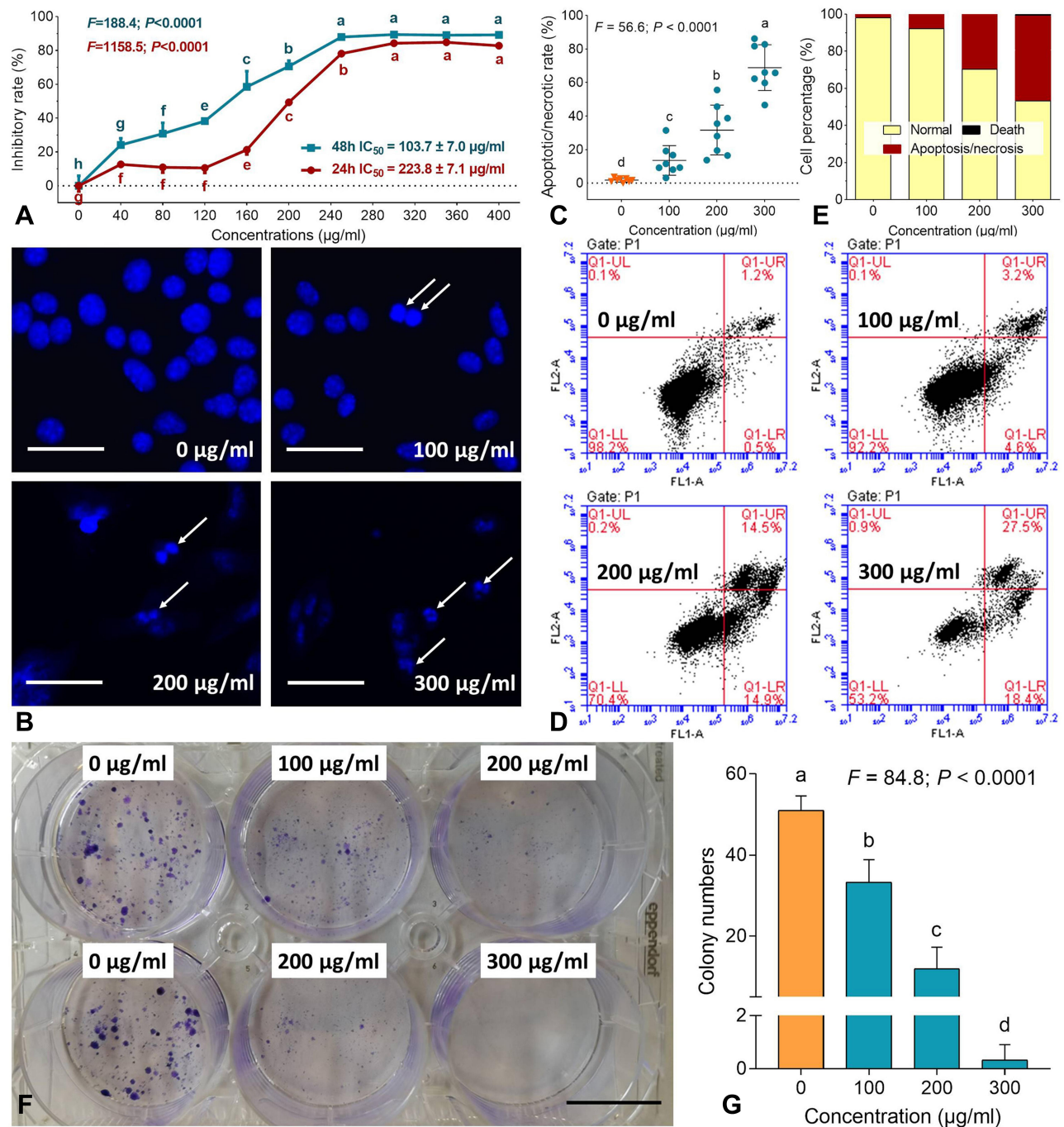


Figure 1 Cell viability (A), DAPI staining (B), apoptotic cell counting for DAPI staining (C), flow cytometry (D), cell percentages of apoptosis (E), clonogenic assay (F) and colony numbers (G) of B16F10 cells with treatments of TF. Data (mean \pm SD) points with different letters (a, b, c, d, e, f, g and h) indicate significant difference between each other [Fisher's least significant difference (LSD), $P < 0.05$], and the values decrease with the order from a to h. Scale bar = 50 μ m.

shrunk shape, karyopyknosis, and nuclear fragmentation, were seen with TF treatment from 100 to 300 μ g/mL. Moreover, necrotic morphology was also observed as ruptures and high permeability of plasma membrane with TF treatment at 200 and 300 μ g/mL. The apoptotic/necrotic cell rates were increased significantly with increasing concentrations of TF (each $P < 0.01$),

indicating a dose-dependent manner (Figure 1C). As shown in Figure 1D and E, the flow cytometry result showed that TF increased the percentages of apoptotic (upper right and lower right panels) B16F10 cells in a dose-dependent manner. The above results demonstrated that TF exerted dose-dependent pro-apoptotic effects on B16F10 cells.

Anti-Migrative and Anti-Invasive Effect of TF

Wound healing assay was performed to test the anti-migrative effect of TF on B16F10 cells. As shown in [Figure 2A](#), TF at low to high dose range obviously blocked the healing of B16F10 cells following scratch wound within 16 h. As shown in [Figure 2B](#), the blank area ratios of the TF-treated cells were significantly higher than that of the untreated cells (each $P < 0.01$) with increasing doses of TF, indicating a dose-dependent anti-migrative effect on B16F10 cells. Although the concentration range of TF for wound healing assay was similar to that for cell viability assay and flow cytometry, the treatment time (8 and 16 h) for wound healing assay was much shorter than that for other assays (24 and 48 h). Thus, the cytotoxic effect of TF could be ignored, since TF at 8 and 16 h would not have much effect on the cytotoxicity. Transwell assay was performed to test the anti-invasive effect of TF on B16F10 cells. As shown in [Figure 3](#), the number of B16F10 cells migrated to the bottom of chamber was significantly decreased with the elevated doses of TF when compared to NC (each $P < 0.01$), indicating a dose-dependent inhibitory effect of TF on the cell invasion.

Mechanism Underlying the Effects of TF

qPCR assay was performed to clarify the modulatory action of TF on genes of B16F10 cells. As shown in [Figure 4](#), TF significantly up-regulated the mRNA expressions of *Bax*, *Casp3*, *Casp8*, *Fos*, *c-Jun*, and *c-Myc* at a dose range from 100 to 300 $\mu\text{g/mL}$, except for *c-Jun* with TF treatment at 100 $\mu\text{g/mL}$. The up-regulatory effects were in a dose-dependent manner, except for that on *c-Myc*. Western blot was employed to analyze the expressions of apoptosis-, proliferation- and invasion-related proteins with the treatment of TF. As shown in [Figure 5](#), the expressions of apoptosis-related proteins, including *p-Chk1*, *p-Chk2*, *p-p53*, *c-CASP3* (19 kd and 17 kd), *c-PRAP* (89 kd), *ASK-1*, *p-JNK* (46 kd), and *c-JUN* were significantly up-regulated by TF at 200 $\mu\text{g/mL}$ (each $P < 0.01$). The expressions of p53 and JNK were not significantly up-regulated, indicating their phosphorylations independent of protein overexpressions. As shown in [Figure 6](#), the expressions of proliferation- and invasion-related proteins, including *p-MEK1/2*, *p-ERK1/2* (44 kd and 42 kd), *p-PI3K* (85 kd and 55 kd), *p-AKT*, *MMP2*, and *MMP9* (82 kd and 67 kd), were significantly down-

regulated by TF from 100 to 300 $\mu\text{g/mL}$ in a dose-dependent manner (each $P < 0.01$), except for *p-PI3K* (85 kd) with TF treatment at 100 $\mu\text{g/mL}$.

In vivo Tumor-Inhibitory Effect of TF

Tumor sizes and weights were measured to evaluate the inhibitory effect of TF on melanoma in vivo. As shown in [Figure 7](#), as compared with the model, TF obviously inhibited the tumor growth of B16F10 cells in mice at a dose range from 40 to 120 mg/kg, with statistical decrease of tumor size with TF at 40 and 80 mg/kg and very significant decrease of tumor size with TF at 120 mg/kg ($P < 0.01$). Also, the effect of TF-H was significantly higher than that of cisplatin ($P < 0.01$). Apparently, the B16F10 tumor weight was also decreased by TF at its dose range.

Discussion

This study conducted in vitro and in vivo experiments which demonstrated the apoptosis-inducing and tumor-inhibitory effects of TF on melanoma B16F10 cells. The similar efficacy of TF on one human melanoma cell line (A875) was also determined ([Figure S1](#) to [S3](#)). It was found that the in vivo effect of TF was even higher than that of cis-platinum at its safe dose. Moreover, we clarified that TF activated p53 and JNK signaling pathways with its apoptosis-inducing property and inhibited MEK/ERK and PI3K/AKT signaling pathways with its anti-proliferative property. This study contributed to the innovation discoveries of TF as follows: 1) determination of TF's anti-melanoma efficacy on B16F10 cells; and 2) clarification of TF's pleiotropic mechanism of action mediated by p53, JNK, MEK/ERK and PI3K/AKT signaling pathways. Previous studies have reported that TF exerted inhibitory effects on human colon cancer cells, ovarian cancer cells, HeLa cells, liver cancer cells, mammary epithelial carcinoma cells, and esophageal squamous carcinoma cells, and the p53, JNK, PI3K/AKT, NF- κ B, and MAPK signaling pathways were found mediated TF's mechanisms.^{15,18–23} Nevertheless, MEK/ERK signaling-mediated anti-cancer mechanism of TF remained unclarified, which was firstly reported by our study.

As a result, these findings provided new evidence of the anti-melanoma efficacy and mechanism of TF and promoted the development of natural products for melanoma therapy. The B16F10 cells we applied is the most widely used cell type of melanoma with an elevated metastatic potential that acts as a well-established preclinical model for evaluating the anti-melanoma efficacy of

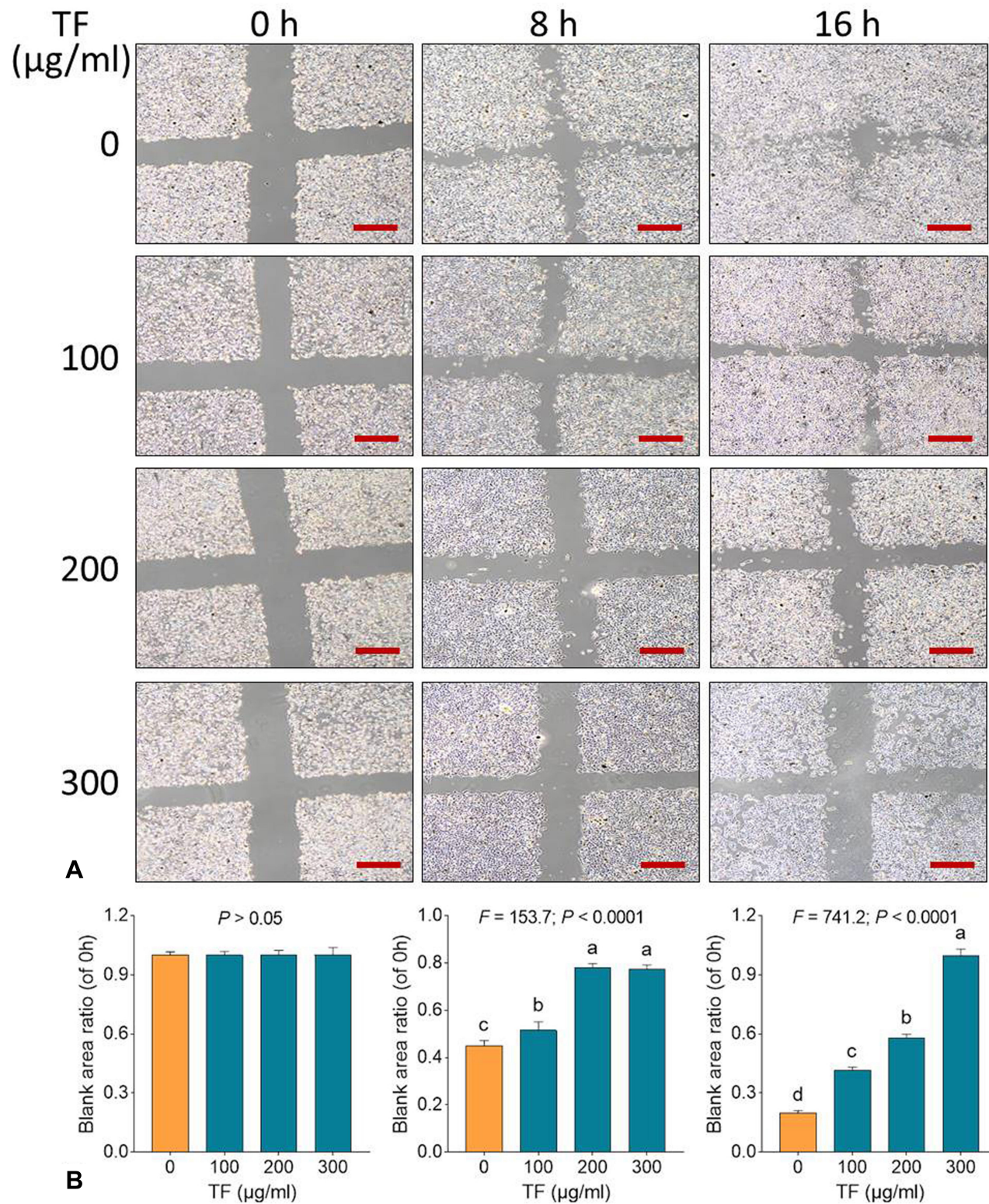


Figure 2 Wound healing assay (**A**) with statistical analysis of blank area ratios (**B**) on B16F10 cells with TF treatment. Data (mean \pm SD) points with different letters (a, b, c, and d) indicate significant difference between each other [Fisher's least significant difference (LSD), $P < 0.05$], and the values decrease with the order from a to d. Scale bar = 500 μm . The experiment was repeated for three times.

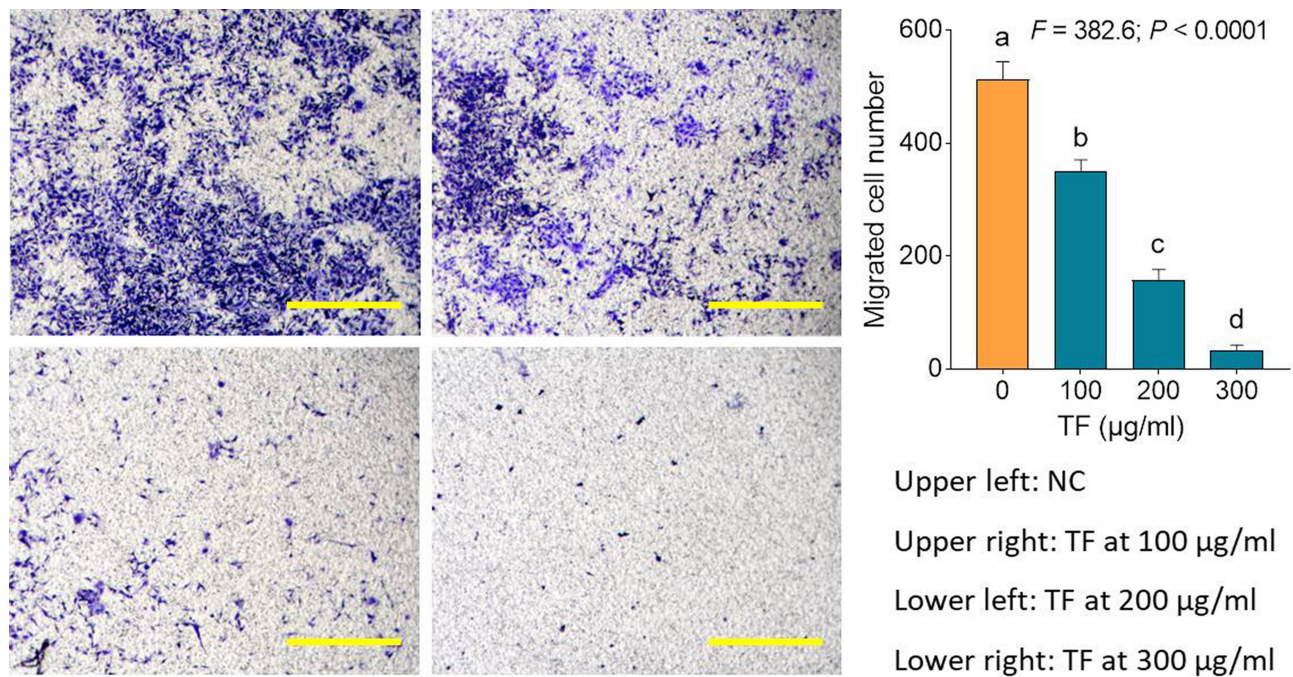


Figure 3 Transwell assay of B16F10 cells with TF treatments. Data (mean ± SD) points with different letters (a, b, c, and d) indicate significant difference between each other [Fisher's least significant difference (LSD), $P < 0.05$], and the values decrease with the order from a to d. Scale bar = 500 μm.

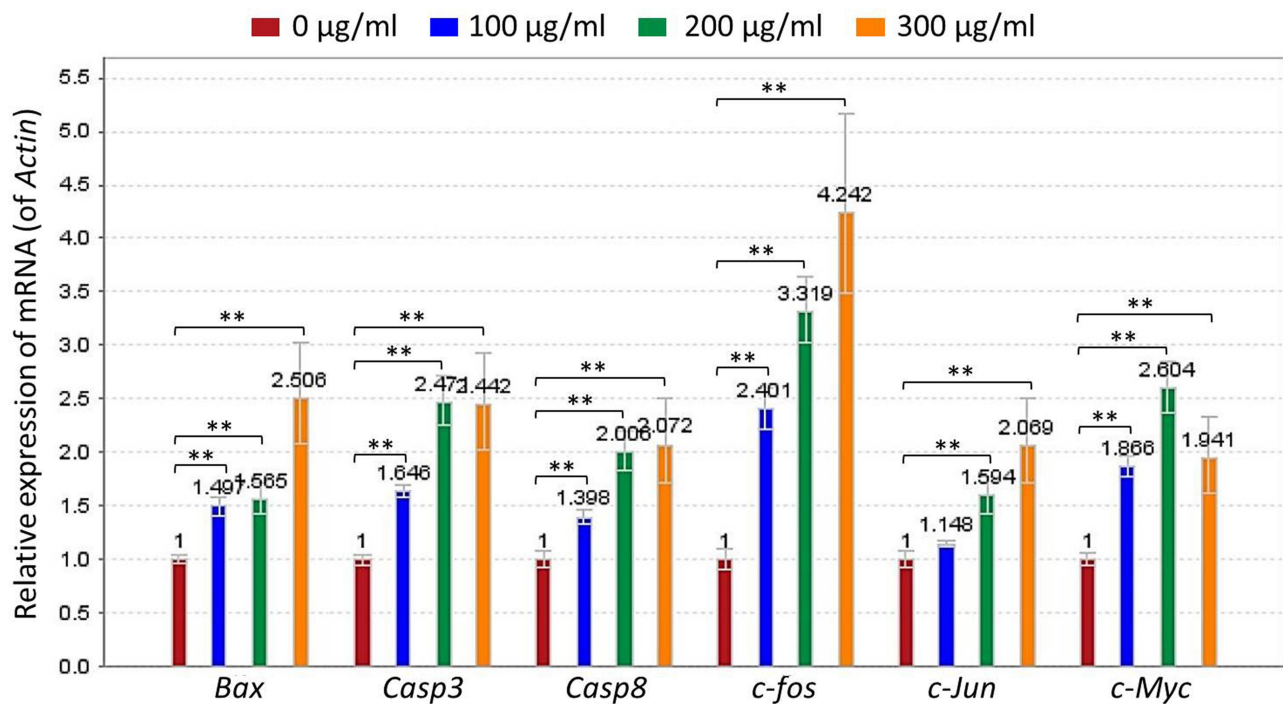


Figure 4 Relative mRNA expression of TF-targeted genes in B16F10 cells. Data were shown as mean ± SD. ** $P < 0.01$ vs NC.

therapeutics.²⁴ This model has important benefits over xeno-transplantation or genetically modified models since mice possess a normal immune system that opens a useful platform for new therapies and adequate host

response.²⁵ Moreover, B16F10 tumor growth drives pro-inflammatory response and muscle loss that are associated with impaired skeletal muscle strength and decreased locomotion and exploratory activity in

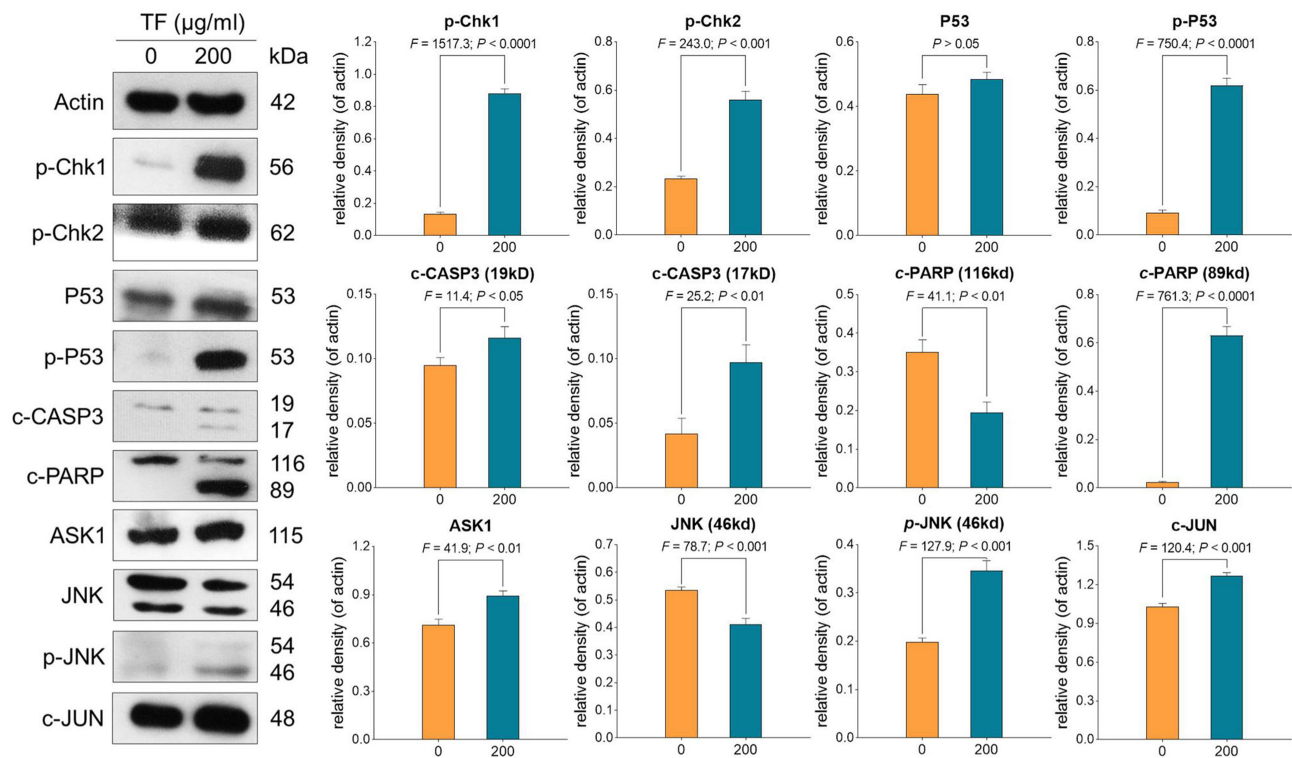


Figure 5 Expression and phosphorylation of apoptosis-related proteins in B16F10 cells with TF treatment. Data were shown as mean ± SD.

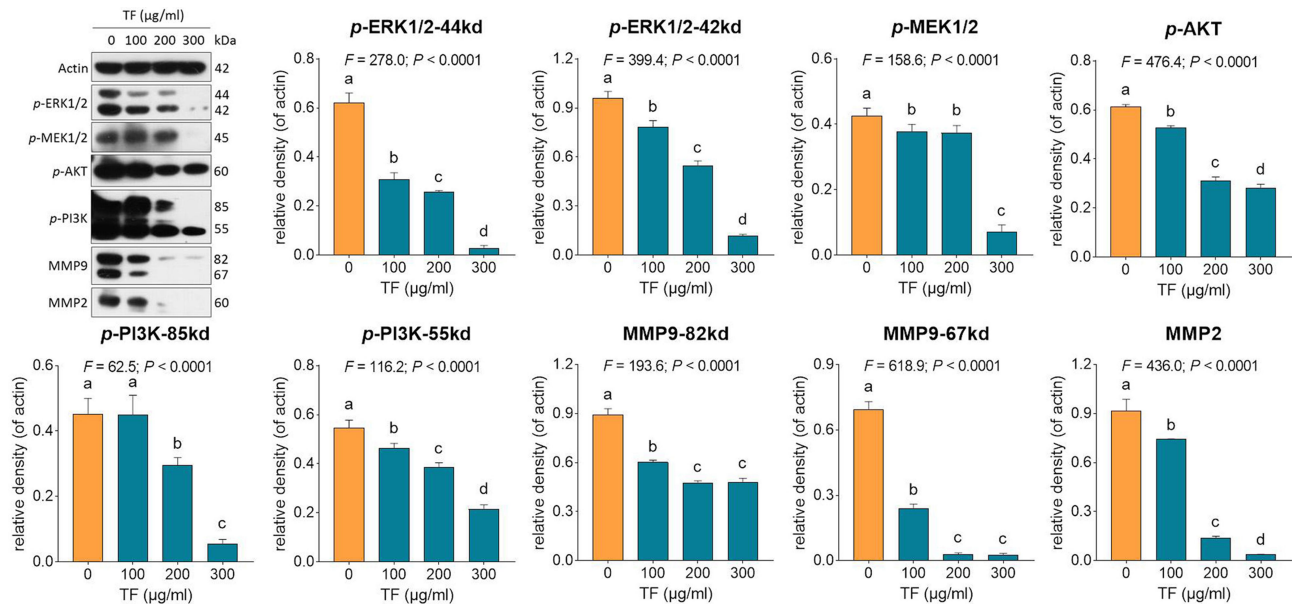


Figure 6 Expression and phosphorylation of proliferation- and invasion-related proteins in B16F10 cells with TF treatment. Data (mean ± SD) points with different letters (a, b, c, and d) indicate significant difference between each other [Fisher's least significant difference (LSD), $P < 0.05$], and the values decrease with the order from a to d.

B16F10 tumor-bearing mice, promoting cancer cachexia.²⁶ Therefore, this study implied that TF not only inhibited the melanoma growth and metastasis but also possessed additional effects on the tumor-driven catabolic state in response to inflammation, muscle loss,

and even cachexia. Future studies are needed to explore such additional effects of TF against cachexia.

In this study, activated p53 signaling pathway was found to mediate the mechanism of pro-apoptotic and anti-migrative effects of TF on melanoma cells. P53 was

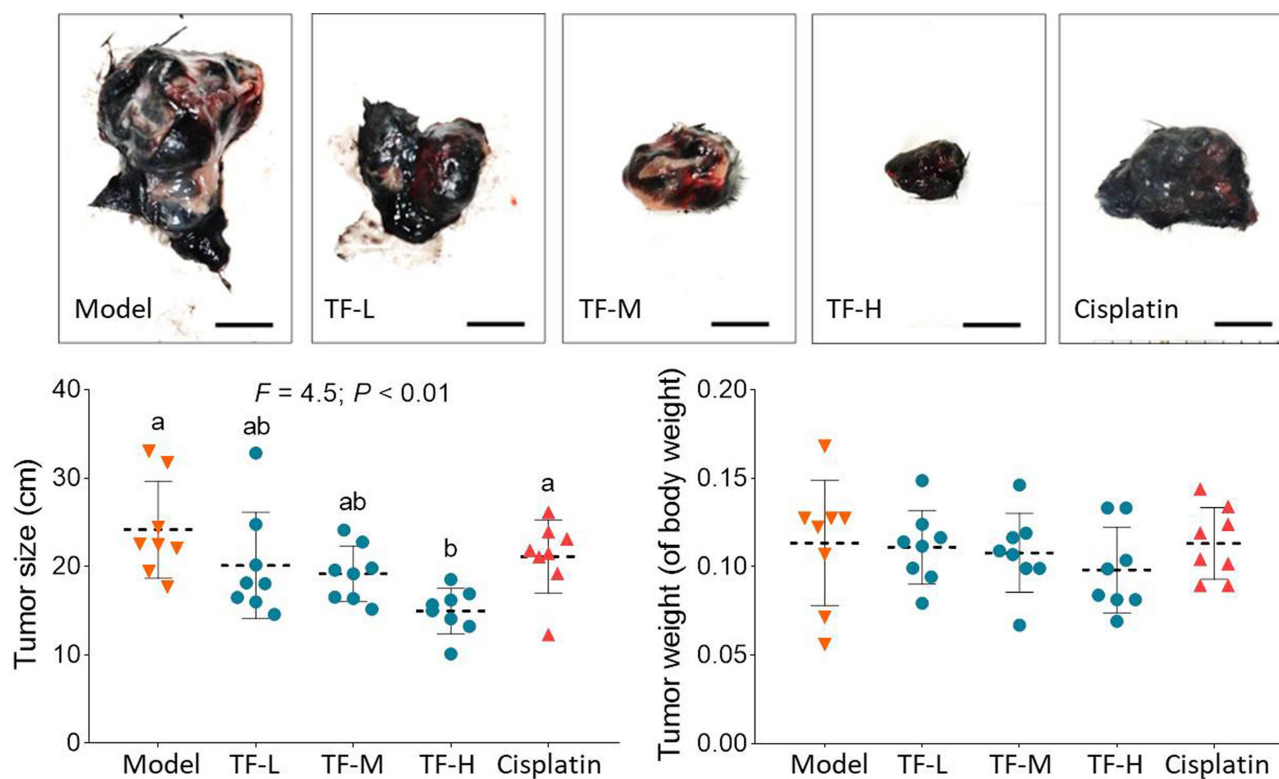


Figure 7 B16F10 tumor size and weight in mice with TF treatments ($n = 8$). Data (mean \pm SD) with different lowercase letters (a and b) indicate significant difference between each other [Fisher's least significant difference (LSD), $P < 0.05$], and the values decrease with the order from a to b. Scale bar = 1 cm.

considered as a tumor suppressor that regulates the expressions of several genes related to hundreds of biological functions associated with half of human cancers.²⁷ By regulating genomic stability, p53 induces apoptosis of DNA-damaged cells and inhibits the migration of tumor cells.²⁸ Additionally, p53 exhibits low mutation frequency (10~20%) in melanoma, while it has high mutation frequency (50~70%) in many other human cancers.^{29,30} Wild type p53 is prevalently expressed in 84% of human melanoma and its overexpression promotes suppression of melanoma development.³¹ By using genetically modified mice, previous studies have demonstrated that activation of p53 pathway is effective in the pro-apoptosis induction of melanoma cells.^{31,32} Here, the p53 pathway was activated by TF with phosphorylation of CHK1/2 and cleavage of CASP3, followed by the cleavage of PARP, which might mediate the apoptosis of B16F10 cells (Figure 8). Furthermore, phosphorylation of checkpoint kinases CHK1 and CHK2 promotes the phosphorylation of p53 and enhances the stability of p53, hence causing activation of CASP3.³³ Notably, CASP3 belongs to the caspase family member of 13 aspartate-specific cysteine proteases and promotes the formation of cleavage in cell apoptotic

processes.³⁴ Following the p53 signaling transduction, c-CASP3 cleaves PARP to induce cell apoptosis by producing nuclear DNA fragmentation.³⁵ PARP is implicated in repairing single-strand DNA breaks and acts as a marker of cell apoptosis.³⁶ Moreover, p53 degrades molecules involved in the migratory machinery for stabilizing junctions between cells, and hence the loss of p53 influences cell motility which further contributes to tumor metastatic potential.^{37,38} Along with the activated p53 signaling pathway, JNK signaling was also activated by TF in this study. JNK is another important pathway involved in apoptosis and metastasis of cancer cells.^{39,40} Activation of the JNK signaling pathway by chemotherapeutics (eg, doxycycline and docetaxel) triggers apoptosis response in melanoma cells.^{39,41,42} Also, by activating the JNK signaling pathway, natural products (eg, curcumin) exert an anti-metastatic effect on melanoma cells.⁴³ In this study, since TF up-regulated the expression of ASK1 as well as mediated phosphorylation of JNK and c-Jun, JNK pathway was activated along with the activation of p53 pathway in B16F10 cells (Figure 8). Notably, ASK1 belongs to the MAPKKK family and activates JNK signaling cascades.⁴⁴ The up-regulation of ASK1 initiates the activation of the

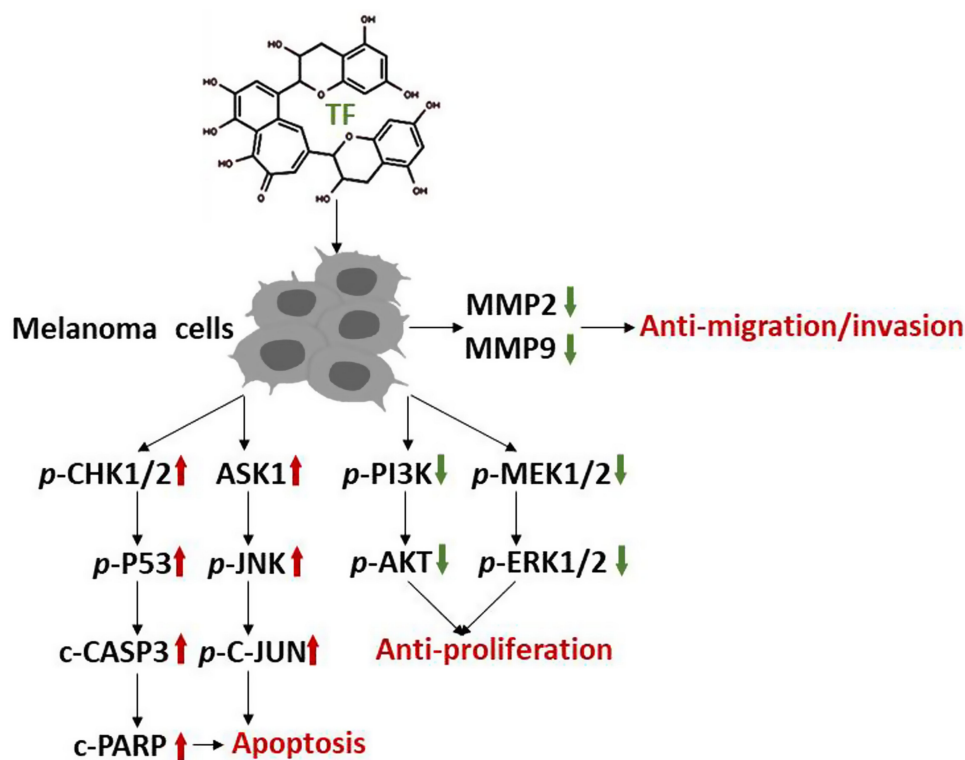


Figure 8 Overview of the anti-melanoma efficacy and mechanism of TF.

whole JNK signaling pathway which regulates cell survival and death balance in melanoma.^{40,45} Also, natural ingredients (eg quercetin) and chemotherapeutics (cisplatin) have been confirmed to induce apoptosis of melanoma cells through the JNK pathway.^{46,47} Our findings indicate that since p53 is frequently mutated in cancer cell lines, the JNK pathway-mediated mechanism might be a by-pass anti-cancer mechanism of TF.

Contrarily, MEK/ERK and PI3K/AKT signaling pathways were found suppressed by TF, which participate in the cell proliferation and tumor growth of cancers. Of these, MEK/ERK is the key pathway for transduction of extracellular signals into cells, with participation in sorts of pathological processes (eg, proliferation, migration, and apoptosis) and close relation to occurrence, development and deterioration of tumors.^{48,49} The importance of aberrant activation of the MEK/ERK signaling pathway in tumorigenesis has been demonstrated in over 80% of cutaneous melanomas.⁵⁰ As the major mediators of oncogene-induced melanoma formation, MEKs play a role in promoting cellular transformation and inhibiting apoptosis through transcriptional/post-transcriptional mechanisms.⁵⁰ Upon activation, MEKs act as dual specificity kinases and phosphorylate the regulatory Tyr and Thr residues of ERKs, thereby causing

the activation of ERK signaling cascade.⁵¹ Activated ERKs, the only known substrate for MEK phosphorylation, have been found in 90% of human melanomas.⁵² ERKs phosphorylate and activate a series of nuclear and cytoplasmic substrates that mediate the pleiotropic effects of this pathway, including regulation of proliferation and oncogenic transformation.⁵¹ PI3K/AKT signaling pathway is another important signaling pathway that plays a significant role in cancers, frequently in the setting of concurrent activation of MEK/ERK signaling.⁵³ There is growing evidence that this pathway is frequently activated in melanomas and contributes to both melanoma initiation and therapeutic resistance.⁵³ Activated PI3K recruits and activates AKT in most melanoma cell lines and melanoma samples of different progression stages.⁵⁴ It has been demonstrated that increased p-Akt expression is significantly associated with melanoma progression and a worse patient survival.⁵⁵ Moreover, AKT contributes to the invasiveness of melanoma cells by inhibiting anoikis and stimulating matrix metalloproteinase secretion.⁵⁶ Inhibition of in vitro proliferation and in vivo tumor growth of human tumor cells has been described following blockade of the PI3K/AKT signaling pathway.⁵⁷ There are also data that concurrent inhibition of MEK/ERK and PI3K/AKT signaling may be an effective

Table 2 Selected Anti-Cancer Phytochemicals

Phytochemicals	Signaling Pathways				Targeted Cancers
	P53	JNK	PI3K	ERK	
Berberine	*	*			Breast, colorectal, and prostate cancer.
Catechins		*	*		Breast, lung, prostate, and skin cancer, etc.
Lycopene			*	*	Prostate and colon cancer.
Fisetin	*		*		Breast, colorectal, lung, prostate, and skin cancer, etc.
Resveratrol	*			*	Breast, colorectal, lung, prostate, and skin cancer, etc.
Curcumin	*			*	Breast, colon, lung, prostate, and skin cancer, etc.
Celastrol		*	*		Breast, colon, lung, prostate, and skin cancer, etc.
Chrysin			*	*	Colorectal cancer.
Ursolic acid	*		*	*	Colon, lung, and liver cancer, etc.

therapeutic strategy for tumors.^{58,59} In this study, the expressions of *p*-MEK1/2, *p*-ERK1/2, *p*-PI3K, and *p*-AKT were decreased significantly by TF with a dose-dependent manner, indicating possible synergistic mechanism of MEK/ERK and PI3K/AKT signaling pathways in the anti-proliferative effect of TF on melanoma cells.

Aside from TF, many other phytochemicals/bioactive compounds present in medicinal plants possess chemopreventive and chemotherapeutic effects against cancers, with lower toxicity on normal cells. Some of them suppress cancer cells by activating similar signaling pathways as that of TF, indicating similar manner of pleiotropic actions as TF. For instance, as shown in Table 2, berberine, catechins, lycopene, fisetin, resveratrol, curcumin, celastrol, chrysin, and ursolic acid have been found to exert effects against many cancers through pleiotropic actions on p53, JNK, PI3K, and ERK pathways.^{60,61} Most of these phytochemicals targeted on the similar cancer types, such as breast cancer, colorectal cancer, lung cancer, prostate cancer, and skin cancer (Table 2), suggesting that TF might possess similar effects on these cancers. Moreover, studies have reported that fucoxanthin, capsaicin, genistein, quercetin, piperine, eugenol, ursolic acid, luteolin, apigenin, curcumin, EGCG, and resveratrol exerted anti-cancer effects against melanoma through inhibition of angiogenesis, cell proliferation, metastasis, and cell cycle progression, and induction of cell apoptosis.⁶² The main mechanisms of action of these phytochemicals were related to the transcriptional modulation of NF- κ B, Notch-1, EGFR, ERK/MAPK, STAT, β -catenin, and PI3K/mTOR pathways as well as the epigenetic modulation of DNA methylation, histone deacetylation, and miRNAs.⁶³ Since phytochemicals have a synergistic effect in the treatment of cancers,⁶⁴ further studies are warranted

to explore the synergistic effect of TF with these phytochemicals in the treatment of melanoma.

Conclusion

For the first time, we demonstrated TF's anti-melanoma effects by using mice B16F10 cell line and clarified its mechanism mediated by the activations of p53 and JNK signaling and the suppression of MEK/ERK and PI3K/AKT signaling. The anti-proliferative, pro-apoptotic, and anti-metastatic effects of TF were determined by in vitro assays, and the tumor-inhibitory effect was determined by in vivo experiment, the latter of which was even higher than that of cisplatin. Therefore, this study provides new evidence of the anti-melanoma efficacy of TF, contributing to the development of TF-derived natural products for melanoma therapy. Whether TF possesses in vivo anti-metastatic effect on melanoma or not, warranting further investigation.

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Disclosure

The authors report no conflicts of interest in this work.

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