

Interactive Association Between CYP2C9 rs2860905 Polymorphism and Atrial Fibrillation on Ischemic Stroke in Taiwan Biobank Participants

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Purpose: Ischemic stroke accounts for approximately 85% of all strokes. Risk factors include atrial fibrillation, metabolic disorders, and genetic and lifestyle factors. There is limited evidence to support the association between atrial fibrillation and the risk of ischemic stroke based on genetic variants. We assessed the relationship between ischemic stroke and atrial fibrillation among participants in Taiwan Biobank (TWB) based on the rs2860905 variant of the cytochrome P450 Family 2 Subfamily C Member 9 (CYP2C9) gene.

Materials and Methods: Using logistic regression analysis, we estimated the odds ratios (OR) and 95% confidence intervals (CI) for ischemic stroke among 17,726 biobank adults recruited from 2008 through 2015.

Results: Of the eligible participants (n = 17,726), 906 were identified with ischemic stroke. Atrial fibrillation was positively associated with ischemic stroke (OR=3.70; 95% CI, 2.21–6.20), whereas the rs2860905 variant was not. The OR for ischemic stroke among those with GA/AA genotype was 1.00 (95% CI, 0.82–1.22) compared to those with the GG genotype. Based on the genotype-stratified analysis, the OR for ischemic stroke was 4.68 (95% CI, 2.70–8.09) among individuals with GG genotype who had atrial fibrillation compared to those who did not.

Conclusion: These results demonstrate that the GG genotype of the CYP2C9 rs2860905 variant appears to enhance the risk of ischemic stroke among adults in Taiwan. It could be essential to factor this genotype-specific contributor to ischemic stroke into clinical and experimental investigations of the disease in Taiwan.

Keywords: genetic variation, risk prediction, stroke

Introduction

Stroke remains one of the significant health threats in Taiwan. Globally, about 13.7 million people over the age of 25 develop stroke each year,¹ and the incidence appears to be higher in men than women (52 vs 48). There are three main types, but generally, ischemic stroke is the most frequent type, especially in people under 70.¹ Ischemic stroke accounts for almost 85% of all stroke.² According to a previous report in Taiwan, ischemic stroke is predominant among adults aged 65 and 69.³

Several metabolic and lifestyle factors play a role in the development of ischemic stroke.⁴ Atrial fibrillation (dysrhythmia) is among the independent factors previously associated with ischemic stroke in Taiwanese⁵ and other populations.^{6,7} Dysrhythmia affects millions of people worldwide and has been linked to an interplay between genetic predisposition and several other factors.⁸

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Stroke that develops due to AF is associated with a higher fatality because of large thrombi in the atria.⁹ Warfarin, a plasma-bound anticoagulant, is commonly used to decrease stroke risk.⁹ According to a previous meta-analysis, warfarin use was associated with a 64% decrease in stroke risk.¹⁰ Despite these benefits, it has been suggested that sensitivity to this anticoagulant is affected by genetic variation.⁹ The Cytochrome P450 2C9 (CYP2C9) gene is among the genes whose variants have previously shown associations with warfarin dose.¹¹ It is responsible for the metabolic clearance of warfarin. Rs2860905 is among the CYP2C9 variants that remained significantly associated with warfarin dose after experiment-wise adjustments for multiple testing.¹² Compared to other CYP2C9 variants combined, rs2860905 has been associated with a better prediction of warfarin dose among Caribbean Hispanics of Puerto Rico.¹³ Assessing the pharmacogenomic influence on warfarin across different ethnicity is essential in clinical pharmacology. This study evaluated the relationship between ischemic stroke and atrial fibrillation among Taiwan Biobank participants based on the rs2860905 variant of the CYP2C9 gene.

Methods

Data Source

Genetic data from 2008 through 2015 were obtained from the TWB database. Through the Health and Welfare Data Science Center (HWDC), genetic data were linked to population data (from 1998 through 2015) available in the NHIRD. Linkage of both databases was made using personal identification numbers. The linked data provided information about ischemic stroke, atrial fibrillation, and warfarin use. Written informed consents had been obtained from all participants before assessments in TWB centers. The data accessed comply with relevant data protection and privacy regulations.

The Institutional Review Board of Chung Shan Medical University approved this study.

Study Participants

We obtained data of 17,985 TWB participants and excluded those with unfinished questionnaires (n=37) and incomplete genotype information (n=109). We also excluded 113 participants with hemorrhagic stroke. Finally, 906 participants with ischemic stroke and 16,820 controls were included in our analysis.

Definition of the Variables

We identified ischemic stroke and atrial fibrillation using the International Classification of Diseases Clinical Modification, 9th Revision (ICD-9-CM) diagnosis codes 433–437 and 427.3, respectively. This was based on either two outpatient consultations or inpatient admission. The lifestyle variables used in the current study have been previously defined.¹⁴

Selection of Variant and Genotyping

We chose the rs2860905 variant from previous studies using search engines such as GWAS Catalog, Google Scholar, PubMed, and others. We chose this variant because of its association with warfarin.^{12,15,16} Our samples were genotyped for this variant SNP by Affymetrix using the Axiom™ Genome-Wide Array Plate System (Affymetrix, Santa Clara, CA, USA). The rs2860905 variant passed quality control: the call rate was greater than 95% and the p-value for the Hardy-Weinberg equilibrium (HWE) test was greater than 1.0×10^{-3} . The minor allele frequency (MAF) was >0.05 .

Statistical Analysis

We performed statistical analyses using the statistical analysis system (SAS) software (version 9.4) and PLINK (version 1.09 beta). We performed the *t*-test and Chi-square test for the continuous and categorical variables. We investigated the association between atrial fibrillation and rs2860905 in relation to ischemic stroke using logistic multiple regression analysis. Variables included in the model were age, sex, alcohol drinking, educational level, smoking, physical activity, body mass index, diabetes, hypertension, hyperlipidemia, and warfarin use. We estimated the corresponding odds ratios (ORs) with their 95% confidence intervals.

Results

Baseline characteristics are provided in Table 1. Of the 17,726 eligible individuals, we identified 906 with ischemic stroke. Among them, 773 were those with the GG genotype, and 133 carried the GA/AA genotype. About 1.21% of patients with ischemic stroke and 0.65% of control individuals had a history of warfarin use. In our overall analysis (Table 2), atrial fibrillation was associated with an increased risk of ischemic stroke (OR=3.70; 95% CI, 2.21–6.20). We found no significant association between the rs2860905 variant and ischemic stroke risk.

Table 1 Baseline Characteristics of Participants

	Control		Ischemic Stroke		p-value
	N	%	N	%	
rs2860905					0.7450
GG	14,284	84.92	773	85.32	
GA/AA	2536	15.08	133	14.68	
Atrial fibrillation					<0.0001
No	16,748	99.57	879	97.02	
Yes	72	0.43	27	2.98	
Sex					0.0490
Women	8715	51.81	439	48.45	
Men	8105	48.19	467	51.55	
Age, y (Mean±SD)	48.33	10.90	58.48	8.14	<0.0001
Educational level					<0.0001
Elementary school	902	5.36	120	13.25	
Junior/Senior high school	6492	38.6	421	46.47	
University & above	9426	56.04	365	40.29	
Smoking					0.4390
No	12,704	75.53	674	74.39	
Yes	4116	24.47	232	25.61	
Alcohol intake					0.0070
No	15,098	89.76	788	86.98	
Yes	1722	10.24	118	13.02	
Physical activity					<0.0001
No	10,027	59.61	381	42.05	
Yes	6793	40.39	525	57.95	
BMI, kg/m ²					<0.0001
<18.5	508	3.02	18	1.99	
18.5≤BMI<24	8155	48.48	372	41.06	
24≤BMI<27	4814	28.62	302	33.33	
BMI≥27	3343	19.88	214	23.62	
Diabetes mellitus					<0.0001
No	14,746	87.67	577	63.69	
Yes	2074	12.33	329	36.31	
Hypertension					<0.0001
No	13,230	78.66	355	39.18	
Yes	3590	21.34	551	60.82	
Hyperlipidemia					<0.0001
No	12,059	71.69	328	36.2	
Yes	4761	28.31	578	63.8	
Warfarin use					0.0460
No	16,710	99.35	895	98.79	
Yes	110	0.65	11	1.21	

Abbreviations: BMI, body mass index; SD, standard deviation.

Table 2 The Odds of Ischemic Stroke Among General Participants

	OR	95% CI	p-value
rs2860905 (ref: GG)			
GA/AA	1.00	0.82–1.22	0.9950
Atrial fibrillation (ref: No)			
Yes	3.70	2.21–6.20	<0.0001
Sex (ref: Women)			
Men	1.04	0.87–1.23	0.6750
Age	1.07	1.06–1.08	<0.0001
Smoking (ref: No)			
Yes	0.90	0.74–1.09	0.2880
Alcohol intake (ref: No)			
Yes	1.21	0.96–1.51	0.1080
BMI (ref: 18.5≤BMI<24)			
<18.5	1.30	0.79–2.14	0.3050
24≤BMI<27	0.97	0.82–1.15	0.7590
BMI≥27	1.01	0.84–1.23	0.9020
Diabetes mellitus (ref: No)			
Yes	1.49	1.26–1.75	<0.0001
Hypertension (ref: No)			
Yes	2.28	1.94–2.69	<0.0001
Hyperlipidemia (ref: No)			
Yes	1.66	1.41–1.96	<0.0001
Warfarin use (ref: No)			
Yes	0.54	0.26–1.11	0.0910

Note: Adjusted for physical activity and educational level.

The OR for ischemic stroke among those with GA/AA genotype was 1.00 (95% CI, 0.82–1.22) compared to GG homozygotes. We also found positive associations between ischemic stroke risk and diabetes (OR=1.49; 95% CI, 1.26–1.75), hypertension (OR=2.28; 95% CI, 1.94–2.69), and hyperlipidemia (OR=1.66; 95% CI, 1.41–1.96). We observed that the ischemic stroke risk associated with warfarin use was lower but not significant (OR=0.54; 95% CI, 0.26–1.11). In the genotype-stratified analysis (Table 3), atrial fibrillation remained a significant risk factor only among those with GG genotype (OR=4.68; 95% CI, 2.70–8.09). Compared with the GG genotype (Table 4), a lower odds ratio was observed among GA/AA individuals with atrial fibrillation (OR=0.08) and higher estimates among the same individuals with no atrial fibrillation (OR = 1.04) even though they were not

Table 3 The Risk of Ischemic Stroke Based on rs2860905 Variant Genotypes

	rs2860905 (GG)		rs2860905 (GA/AA)	
	OR	95% CI	OR	95% CI
Atrial fibrillation (ref: No)				
Yes	4.68	2.70–8.09	0.51	0.06–4.48
Sex (ref: Women)				
Men	1.02	0.85–1.23	1.14	0.72–1.81
Age	1.07	1.06–1.08	1.09	1.07–1.12
Smoking (ref: No)				
Yes	0.88	0.72–1.09	1.02	0.62–1.68
Alcohol intake (ref: No)				
Yes	1.23	0.96–1.57	1.01	0.56–1.85
BMI (ref: 18.5≤BMI<24)				
<18.5	1.25	0.71–2.19	1.53	0.50–4.68
24≤BMI<27	1.03	0.86–1.24	0.69	0.44–1.07
BMI≥27	1.08	0.88–1.33	0.70	0.42–1.18
Diabetes mellitus (ref: No)				
Yes	1.38	1.15–1.64	2.41	1.58–3.69
Hypertension (ref: No)				
Yes	2.35	1.97–2.80	2.00	1.31–3.06
Hyperlipidemia (ref: No)				
Yes	1.75	1.47–2.09	1.15	0.75–1.77
Warfarin use (ref: No)				
Yes	0.55	0.25–1.23	0.71	0.15–3.43

Note: Adjusted for physical activity and educational level.

significant. That is, the 95% CI overlapped the null value (for instance, OR=1).

Discussion

This study assessed the relationship between ischemic stroke and atrial fibrillation among those with rs2860905 polymorphism in Taiwan using linked data from TWB and the NHIRD. To our knowledge, such associations have not been reported in Taiwan. Initially, we observed that atrial fibrillation but not the rs2860905 variant was a significant risk factor for ischemic stroke. However, when we stratified by rs2860905 genotypes, we found that atrial fibrillation was a risk factor only among GG genotype individuals (OR, 4.68; 95% C I: 2.7–8.09). On the contrary, the GA/AA genotype predicted a decreased but non-significant risk for ischemic stroke.

Strong associations have been observed between ischemic stroke and genome-wide measures of atrial fibrillation.^{17,18} The genetic variants previously analyzed

were simply those that have shown associations with atrial fibrillation.¹⁸ In our study, we included a variant that has been previously linked to warfarin use. Of note, warfarin decreases the risk of ischemic stroke^{9,10}. However, its dose is affected by genetic variants, including the rs2860905 variant.¹³

Considering that the rs2860905 variant has not been replicated in Taiwan and little is known about it in Asia, we thought it wise to determine whether it contributes to the association between ischemic stroke and AF. We believe that our findings expand knowledge on the genetic basis of ischemic stroke in Taiwan.

We observed that other well-established risk factors for ischemic stroke like diabetes,¹⁹ hypertension,²⁰ and hyperlipidemia²¹ remained strongly associated with ischemic stroke risk. We also observed that the OR associated with warfarin use was lower even though it was not significant. Moreover, we found that the risk of ischemic stroke did not differ significantly between men and women.

Table 4 The Odds of Ischemic Stroke Among Participants with and without Atrial Fibrillation

	No Atrial Fibrillation		Atrial Fibrillation	
	OR	95% CI	OR	95% CI
rs2860905 (ref: GG) GA/AA	1.04	0.85–1.26	0.08	0.01–0.82
Sex (ref: Women)				
Men	1.04	0.87–1.24	0.94	0.23–3.89
Age	1.07	1.06–1.08	1.02	0.93–1.12
Smoking (ref: No)				
Yes	0.91	0.75–1.10	0.40	0.10–1.66
Alcohol intake (ref: No)				
Yes	1.22	0.97–1.54	0.48	0.06–3.72
BMI (ref: 18.5≤BMI<24)				
<18.5	1.30	0.79–2.14	–	–
24≤BMI<27	0.97	0.82–1.15	1.49	0.39–5.69
BMI≥27	0.99	0.82–1.20	3.75	0.83–16.95
Diabetes mellitus (ref: No)				
Yes	1.48	1.26–1.75	2.21	0.63–7.76
Hypertension (ref: No)				
Yes	2.27	1.92–2.67	4.79	1.23–18.70
Hyperlipidemia (ref: No)				
Yes	1.66	1.40–1.96	1.79	0.57–5.60
Warfarin use (ref: No)				
Yes	0.76	0.32–1.78	0.43	0.11–1.65

Note: Adjusted for physical activity and educational level.

Thus far, efforts have been made to determine the relationship between ischemic stroke and genetic variants even though results have been inconsistent.²² Previous studies in Taiwan replicated variants of other genes.^{23,24} Of note, they did not include atrial fibrillation in their model as we have done.

Having presented these findings, we also acknowledge a few limitations. First, patients with a severe type of ischemic stroke were not enrolled in the TWB. Therefore, we may have underestimated the number of people with ischemic stroke. Next, our results may be mediated by the pharmacodynamic effect of warfarin. However, we did not have information about the actual dose of warfarin, or the treatment details of participants. Despite these, our study highlights the genetic basis of ischemic stroke even though functional genomic studies are still needed to validate these findings.

Conclusions

Taken together, our findings indicate that the association between ischemic stroke and atrial fibrillation may be stronger among adults with the CYP2C9 rs2860905 GG genotype. Further studies would be required to see whether the results reported here apply to other populations.

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Disclosure

The authors report no conflicts of interest in this work.

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