

# Are Doppler ultrasonography parameters symmetric between the right and left kidney?

Khalil Ansarin<sup>1</sup>  
Abolhassan Shakeri Babil<sup>2</sup>  
Kamyar Ghabili<sup>3</sup>  
Mohammadali M Shoja<sup>4</sup>  
Hamid T Khosroshahi<sup>5</sup>  
Babak Hajipour<sup>6</sup>  
R Shane Tubbs<sup>7</sup>  
Mojtaba Parvizi<sup>8</sup>

<sup>1</sup>Tuberculosis and Lung Disease Research Center, Tabriz University of Medical Sciences, Tabriz, Iran;

<sup>2</sup>Department of Radiology, Tabriz University of Medical Sciences, Tabriz, Iran; <sup>3</sup>Students' Research Committee, Tabriz University of Medical Sciences, Tabriz, Iran; <sup>4</sup>Indiana University Department of Neurosurgery, Indianapolis, IN, USA; <sup>5</sup>Department of Nephrology, Tabriz University of Medical Sciences, Tabriz, Iran;

<sup>6</sup>Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran;

<sup>7</sup>Section of Pediatric Neurosurgery, Children's Hospital, Birmingham, AL, USA; <sup>8</sup>Department of Pathology and Medical Biology, University Medical Center Groningen, Groningen, The Netherlands

Correspondence: Kamyar Ghabili  
Students' Research Committee, Tabriz University of Medical Sciences, Tabriz, Iran  
Tel +98 914 410 6136  
Fax +98 411 336 1120  
Email kghabili@gmail.com

**Background:** Among numerous modalities applied for evaluation of kidney diseases, Doppler ultrasonography (DU) provides information about the hemodynamic status of the kidneys. Meanwhile, the variability in DU parameters of the right and left kidney is a matter of controversy. The aim of this study was to determine whether any difference exists between the DU indices of the right and left kidney.

**Methods:** Retrospectively, we collected DU findings of 25 healthy potential renal transplant donors. All donors underwent renal DU and multidetector computed tomographic angiography before donor nephrectomy. DU indices, including peak systolic volume (PSV), resistive index (RI), pulsatility index (PI), end-diastolic volume (EDV), and acceleration time (AT), were recorded.

**Results:** The median age of the donors was 27 (range 23–39) years. The median PSV, RI, EDV, and AT for the right kidney were 29 cm/sec, 0.59, 10.9 cm/sec, and 50 msec, respectively. For the left kidney, the median PSV, RI, EDV, and AT were, respectively, 26.8 cm/sec, 0.60, 10.6 cm/sec, and 43 msec. Among the DU indices, median PI of the right kidney was significantly different from that of the left kidney (1.02 versus 0.95,  $P = 0.01$ ).

**Conclusion:** In conclusion, the present study revealed that right kidney DU indices, except for PI, may not differ from those of the left kidney.

**Keywords:** Doppler ultrasonography, peak systolic volume, resistive index, pulsatility index, kidney

## Introduction

Among the numerous modalities used for evaluation of kidney diseases, renal Doppler ultrasonography (DU) provides information about the hemodynamic status of the kidneys.<sup>1,2</sup> Owing to the repeatability of this technique, any temporal alterations within the renal arteries due to treatment protocols can be easily followed by DU indices, including peak systolic velocity (PSV), pulsatility index (PI), and resistive index (RI).<sup>2,3</sup> Alterations in these parameters have been noted in a range of conditions affecting the kidney, such as acute variations in renal vascular resistance (eg, renal artery stenosis) and renal damage in multiple-organ dysfunction syndrome.<sup>4,5</sup> For instance, diagnosis of renal artery stenosis is based on the presence of asymmetry in renal blood flow detected with imaging modalities, including DU.<sup>6</sup> However, a few studies with controversial results have investigated whether any asymmetry in DU parameters exists between the right and left kidney.<sup>7–10</sup> The aim of this study was to determine whether any difference exists between the DU indices of the right and left kidney in healthy individuals.

## Methods

In a retrospective study, we collected DU findings of 25 healthy potential renal transplant donors from October 2004 to July 2008. All these potential donors underwent renal DU of the interlobar and arcuate arteries in the superior and inferior lobes and middle part of the kidneys. The average values of DU indices were recorded thereafter. DU indices, including peak systolic volume (PSV), resistive index (RI), pulsatility index (PI), end-diastolic volume (EDV), and acceleration time (AT) were measured and recorded by a radiologist using an Hitachi EUB.525 ultrasound machine (Hitachi Medical Corp., Tokyo, Japan). RI was calculated using built-in software as follows:  $RI = [PSV-EDV]/PSV$ . Prior to donor nephrectomy, computed tomographic angiography (CTA) was performed by multidetector computed tomography (Somatom Sensation 64, Siemens, Germany). Six donors were excluded from the present study due to the presence of supernumerary renal artery detected by CTA. Data were presented as median (interquartile range). All statistical analyses were performed with Statistical Package for Social Sciences (SPSS Inc., Chicago, IL, USA) for Windows version 16.0. The Wilcoxon signed rank test was used to compare the DU indices between the right and left kidney. A  $P$  value  $< 0.05$  was considered statistically significant.

## Results

Twenty-five renal transplant donors were included, of median age 27 years (range 23–39 years, including two women and 23 men). The median PSV, RI, EDV, and AT for the right kidney were 29 cm/sec (24.3–36.2), 0.59 (0.53–0.62), 10.9 cm/sec (9.4–15.05), and 50 msec (43–64), respectively. For the left kidney, the median PSV, RI, EDV, and AT were, respectively, 26.8 cm/sec (25.1–33.35), 0.60 (0.55–0.63), 10.6 cm/sec (9.6–14.6), and 43 msec (39–57). Among the DU indices, median PI of the right kidney was significantly different from that of the left kidney (1.02 (0.90–1.15) versus 0.95 (0.86–1.09),  $P = 0.01$ , Wilcoxon signed rank test (see Table 1)).

**Table 1** Doppler ultrasonographic indices of the healthy individuals' right and left kidneys ( $n = 25$ )

	Right kidney	Left kidney	P value (two-tailed)*
PSV (cm/sec)	29 (24.3–36.2)	26.8 (25.10–33.35)	0.876
PI	1.02 (0.90–1.15)	0.95 (0.86–1.09)	0.016†
RI	0.59 (0.53–0.62)	0.60 (0.55–0.63)	0.604
EDV (cm/sec)	10.9 (9.4–15.05)	10.6 (9.6–14.6)	0.783
AT (msec)	50 (43–64)	43 (39–57)	0.075

**Notes:** \*Wilcoxon signed rank test; †statistically significant ( $P < 0.05$ ).

**Abbreviations:** PSV, peak systolic velocity; PI, pulsatility index; RI, resistive index; EDV, end-diastolic velocity; AT, acceleration time.

## Discussion

The results of this study showed that DU indices, excluding PI, did not vary between the right and left kidney in healthy individuals. This is in agreement with the findings of Milovanceva-Popovska and Dzikova,<sup>7</sup> Keogan et al,<sup>8</sup> and Murat et al<sup>11</sup> that failed to detect any difference in RI between the kidneys. On the other hand, no remarkable variation in RI and PI of both kidneys has been reported within canine and feline renal arteries.<sup>12</sup> Interestingly, Yildirim et al found no inequality in flow velocity waveform indices, including PSV, EDV, RI, and PI of the renal arteries on both sides in the neonatal population.<sup>9</sup> In contrast with our findings, Kliewer et al revealed PSV, among the DU parameters for early systole, as a varying parameter between the kidneys.<sup>10</sup> However, they concluded that such asymmetry in PSV was clinically insignificant.<sup>10</sup> In the present study, although not compelling, PI of the right kidney was higher than that of the left kidney. However, we do not have an explanation for such a difference in PI values between the two kidneys.

The concept of anatomic, physiologic, and functional asymmetry between the kidneys has been a matter of interest for researchers. A number of clinicians recommend that functional asymmetry of the kidneys should be investigated preoperatively to determine which kidney should be donated and transplanted.<sup>13,14</sup> In addition, considerable differences in renal blood flow (RBF) have been reported between the right and left kidneys in some previous investigations. Peters et al estimated lower RBF in the right than in the left kidney in normal subjects.<sup>15</sup> On the other hand, substantial differences between left and right RBF have been reported in groups of hypertensive patients.<sup>6,16–18</sup> Because DU is widely used to evaluate RBF in patients with renal disease, a probable asymmetry in DU parameters, similar to that in RBF, between two kidneys might be hypothesized. Nonetheless, we could not identify any asymmetry in DU parameters, except for PI, between the two kidneys.

In conclusion, the present study revealed that right kidney DU indices, except for PI, may not differ from those of the left kidney. Further investigations with a larger sample size are needed to assess DU parameters between the right and left kidneys.

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## Disclosure

The authors report no conflicts of interest in this work, which was presented as a poster at the 11th Congress of the Middle East Society for Organ Transplantation, November 2008, Shiraz, Iran.

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