


# Cell Sheet Technology as an Engineering-Based Approach to Bone Regeneration

Qi You<sup>1,2,\*</sup>, Minxun Lu<sup>1,2,\*</sup>, Zhuangzhuang Li<sup>1,2</sup>, Yong Zhou<sup>1,2</sup>, Chongqi Tu<sup>1,2</sup> 

<sup>1</sup>Orthopedic Research Institute, Department of Orthopedics, West China Hospital, Sichuan University, Chengdu, Sichuan Province, People's Republic of China; <sup>2</sup>Sichuan Model Worker and Craftsman Talent Innovation Research Studio, Chengdu, Sichuan Province, People's Republic of China

\*These authors contributed equally to this work

Correspondence: Chongqi Tu; Yong Zhou, Department of Orthopedics, West China Hospital, Sichuan University, No. 37, Guoxuexiang, Chengdu, 610041, Sichuan Province, People's Republic of China, Email [Tucq@scu.edu.cn](mailto:Tucq@scu.edu.cn); [zhouyongk@163.com](mailto:zhouyongk@163.com)

**Abstract:** Bone defects that are congenital or the result of infection, malignancy, or trauma represent a challenge to the global healthcare system. To address this issue, multiple research groups have been developing novel cell sheet technology (CST)-based approaches to promote bone regeneration. These methods hold promise for use in regenerative medicine because they preserve cell-cell contacts, cell-extracellular matrix interactions, and the protein makeup of cell membranes. This review introduces the concept and preparation system of the cell sheet (CS), explores the application of CST in bone regeneration, highlights the current states of the bone regeneration via CST, and offers perspectives on the challenges and future research direction of translating current knowledge from the lab to the clinic.

**Keywords:** bone defect, cell sheet technology, bone regeneration, bone tissue engineering

## Introduction

Bone defects that are congenital or that arise as a consequence of trauma, infection, or cancer have been shown to severely impair patient well-being, yet they are relatively common clinical entities. Approaches that can effectively regenerate or fix these problems are still major medical and economic challenges. Current regenerative strategies rely on the use of autografts,<sup>1</sup> allografts,<sup>2</sup> combinations of autografts and allografts,<sup>3,4</sup> xenografts,<sup>5,6</sup> and synthetic grafts<sup>7</sup> to facilitate bone reconstruction, but each of these approaches is associated with specific advantages and limitations. Bone tissue engineering strategies have developed substantially over the last two decades, highlighting promising new avenues for regenerative research and the clinical translation of resultant findings.<sup>8,9</sup> The majority of conventional tissue engineering techniques involve injecting cell suspensions or transplanting scaffolds that have been seeded with the relevant cells.<sup>10,11</sup> However, these delivery strategies generally result in suboptimal cellular survival and limited engraftment, and the injection of cells alone fails to provide the requisite structural support,<sup>12</sup> precluding efforts to appropriately regenerate bone tissue morphology and function. Optimal scaffold materials that are biodegradable, exhibit appropriate mechanical properties, and can effectively promote the adhesion, proliferation, and extracellular matrix (ECM) secretory activity of cells have yet to be developed despite extensive research efforts.<sup>13</sup> Existing scaffold materials are associated with a few limitations, including poor biological activity, irregular degradation, weak mechanical strength, and immunogenic properties.<sup>14,15</sup> Moreover, tissue engineering approaches that utilize trypsin to harvest cells can destroy cell membrane proteins and interfere with interactions among cells or between cells and the ECM, contributing to impaired adhesion and proliferative activity. As a result, cell-seeded scaffolds often exhibit poorly regulate cell-material interactions and high rates of cell death.<sup>16</sup>

Cell sheet technology (CST) approaches have been developed to overcome many of the abovementioned hurdles to tissue engineering, leading to growing research interest in CST applications. CST can preserve cell-cell junctions, the ECM, and key proteins, including fibronectin, leukemia inhibitory factor receptor (LIFR), integrin-5, stromal cell-derived factor 1 (SDF-1),

myosin heavy chain (MHC), vascular endothelial growth factor (VEGF), and  $\beta$ -actin by harvesting cells without the use of trypsin or other proteolytic enzymes.<sup>17,18</sup> MHC and  $\beta$ -actin are cytoplasmic, although integrin- $\alpha$ 5 and LIFR are membrane-bound. Both fibronectin and integrin  $\alpha$ 5 play roles in shaping cellular adhesion, while LIFR and MHC serve as differentiation indices, VEGF can promote angiogenic activity, and SDF-1 can recruit a range of progenitor and stem cells.<sup>19</sup> Owing to these properties, these proteins are of key clinical importance in cell sheets. Forming cell-cell contacts and secreting ECM prepares cell sheets, they are not subject to scaffold material-related limitations, avoiding the potential for implantation-related inflammatory immune reactions, tissue collapse as a consequence of rapid degradation, or impaired tissue development in the context of slow scaffold degradation.<sup>20-23</sup> Many studies to date have explored the value of cell sheets in the context of bone regeneration, demonstrating that these sheets can be used in a scaffold-free manner and that mesenchymal stem cell (MSC) differentiation into bone cells occurs more effectively within the confines of a cell sheet as compared to under monolayer growth conditions.<sup>24</sup> To extend their versatility, cell sheets can also be combined with traditional scaffold materials more effectively than combining scaffold materials with free cell suspensions owing to the ability of cell sheets to preserve the ECM and cell-cell interactions.<sup>25</sup>

Herein, several strategies for preparing cell sheets (CS) and their relative advantages and disadvantages are addressed below. Furthermore, recent advancements in CST-based bone regeneration and the selection of cell sources for use in this therapeutic context were explored. Moreover, the key limitations of CST were reviewed. These are important research directions for the future.

## Preparation of Cell Sheets

Several cell sheet preparation strategies have been pioneered to date, including magnetic, mechanical, pH-responsive, electro-responsive, photo-responsive, and temperature-responsive systems. A comprehensive description of the advantages and disadvantages of these approaches is provided in Table 1.

## Temperature-Responsive Systems

The initial method of preparing cell sheets was suggested using temperature-responsive systems, which is still considered an effective technique in this field. Through electron-beam irradiation, N-Isopropylacrylamide (NIPAAm) monomers can undergo polymerization and covalent grafting onto tissue culture dish surfaces. Cells can then attach to hydrophobic regions coated by dehydrated poly-NIPAAm (PNIPAAm) when cultured at 37°C. When the temperature of the culture plate is then decreased to 20°C, hydration of the grafted PNIPAAm results in a change in surface wettability and a shift

**Table 1** The Advantages and Disadvantages of Different Cell Sheet Preparation Systems

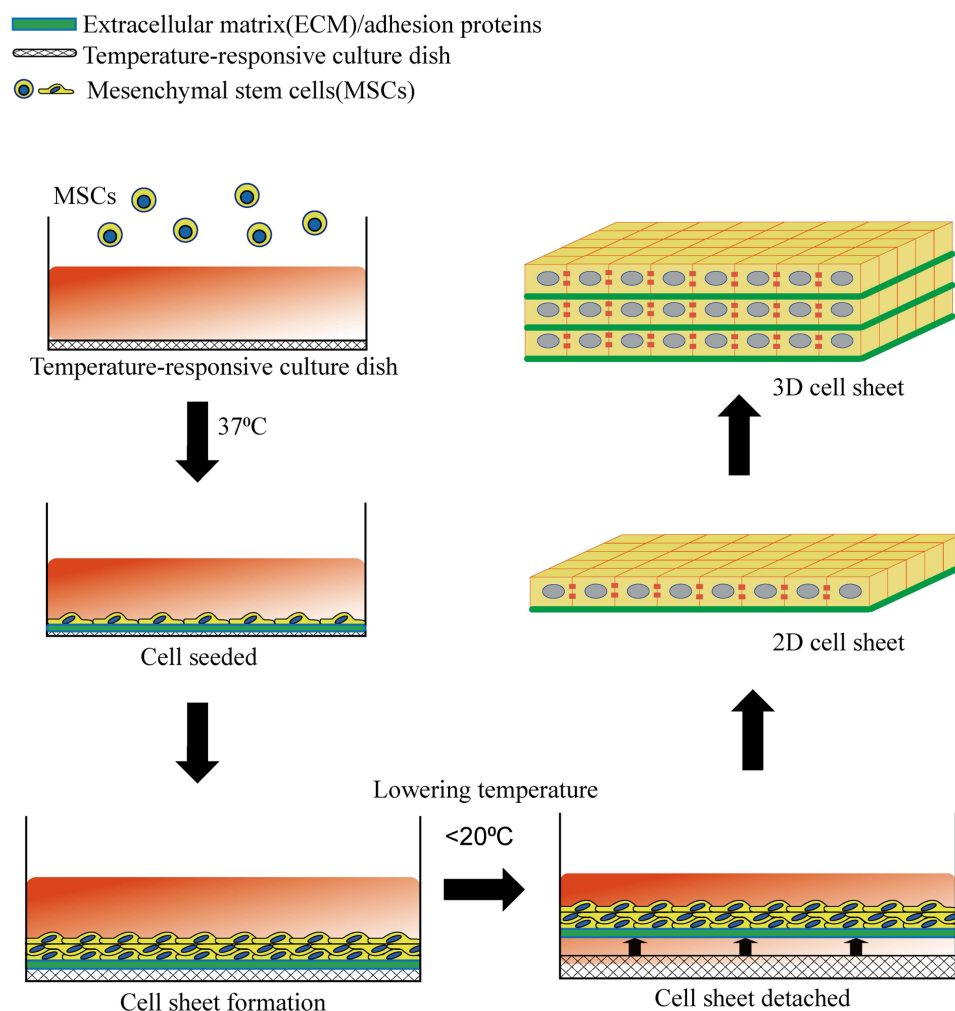
Preparation Systems	Advantages	Disadvantages	References
Temperature-responsive systems	Intact harvesting, homogeneous thickness, good initial adhesion.	High cost, decrease the viability of certain sensitive cell types.	[17,34,46]
Electro-responsive systems	Construction of monolayered and multilayered CSs, obtaining intact CSs.	Requires specific culture substrates and devices, deleterious chemicals residues, cell damage.	[13,47,52]
Photo-responsive systems	Construction of multilayer versatile CSs, rapidly detach CSs.	Prolonging irradiation cause cell membrane damage and cell killing	[53,68,69,72,84]
Magnetic systems	Construction of multilayer multifunctional CSs, a simple, cost-effective and time-saving method.	Deleterious chemicals residues, CSs do not detach in the form of cellular monolayers.	[85,86]
pH-responsive systems	Economical without complicated techniques, simple operation.	Difficulty in obtaining intact CS, cell damage.	[91,94]
Mechanical systems	Economical without specific culture substrate or techniques	Difficulty detachment, damage of cell membrane proteins.	[95,98]

**Abbreviation:** CSs, cell sheets.

from a hydrophobic to a hydrophilic local microenvironment such that cells detach from the culture surface (Figure 1).<sup>26</sup> Several improved versions of this basic temperature-responsive system have been developed or proposed to date.

Various biomolecules have been leveraged to accelerate cell sheet formation through the enhancement of proliferative and/or adhesive activity. For example, the synthetic Arg-Asp-Ser (RGDS) peptide has been immobilized on P(NIPAAm-co-CIPAAm) surfaces to promote enhanced cellular adhesion, thus expediting cell sheet formation.<sup>27</sup> More recently, Other research groups have used a heparin-immobilized P(IPAAm-co-CIPAAm) surface to facilitate the binding of proteins such as fibroblast growth factor and heparin-binding epidermal growth factor-like growth factor. Fibroblast growth factor<sup>28</sup> or epidermal growth factor<sup>29</sup> binding to heparin-immobilized P(NIPAAm-co-CIPAAm) surfaces is sufficient to promote more rapid cellular growth while maintaining cellular activity, thus reducing the overall time needed to generate a confluent cell sheet. Insulin immobilization on these temperature-responsive culture surfaces can also induce rapid cell proliferation, hence accelerating the process.<sup>30</sup> The average harvest period of a single CS, such as those formed utilizing human MSCs, human aortic smooth muscle cells, or human dermal fibroblasts, is known to be 7 days.<sup>31,32</sup> According to a recently reported study, the application of bulk PNIPAAm substrate nanotopography substantially reduces the time required for cell sheet harvesting to just two days, while also enabling the sheet's separation from the culture surface.<sup>33</sup>

To facilitate more rapid cell sheet detachment from culture surfaces, PNIPAAm has been grafted onto a porous membrane (PM) to yield the PNIPAAm-PM substrate, which can decrease the detachment time for prepared cell sheets from 75 min to 30 min relative to unmodified PNIPAAm following a temperature decrease to 20°C.<sup>34</sup> To further decrease this cell sheet detachment time, poly(ethylene glycol) (PEG) was co-grafted with PNIPAAm onto the PM, leading to the



**Figure 1** Schematic illustration of cell sheet formation and harvesting.

development of the PNIPAAm(PEG)-PM substrate, which brought the time to 19 minutes after cooling to 20 °C<sup>35</sup> Patel et al<sup>36</sup> additionally developed thermo-responsive films consisting of a combination of PNIPAAm and 3-aminopropyltriethoxysilane (APTES) that was then deposited onto the surface of glass slides via a spin-coating approach, providing anchoring sites for cells to attach and proliferate. Modulation of the PNIPAAm to APTES ratio enabled these researchers to tune the cell sheet detachment time within the range of 2.5–40 min. More recently, some groups have leveraged thermosensitive Tetronic<sup>®</sup>-based hydrogels to detach multiple cell sheets in response to size expansion induced by temperature decreases below 37°C, requiring over 15 min at 25°C but under 10 min at 4°C.<sup>37,38</sup>

It has also been investigated to manipulate cell sheets in a two-dimensional (2D) format using temperature-sensitive culture plates, with supporting membranes used for cell sheet harvesting often consisting of porous poly (ethylene terephthalate),<sup>39</sup> and hydrophilically-modified poly (vinylidene difluoride).<sup>40</sup> To facilitate 3D tissue development, plunger-based devices have been designed to aid in the process of cell sheet manipulation.<sup>41</sup> This plunger allows for repeated cell sheet layering to generate thicker 3D myoblastic or cardiac tissues,<sup>42</sup> hierarchically aligned microstructures,<sup>43</sup> and capillary-like networks in 3D tissues.<sup>41</sup> Commercial temperature-responsive culture dishes have been employed for cell sheet construction in the context of bone regeneration,<sup>44,45</sup> but these systems are subject to two key limitations. Firstly, the required temperature drop can reduce the viability of sensitive cell types.<sup>34,46</sup> Secondly, while commercial UpCell<sup>®</sup>-precoated temperature-responsive culture dishes are available, they are relatively expensive, limiting their more widespread use.<sup>17</sup>

## Electro-Responsive Systems

To immobilize ligands on a gold surface, Yeo et al<sup>47</sup> created an electro-responsive system based on electroactive self-assembled monolayers (SAMs). In this setup, the electroactive monolayer-tethered molecules are released upon application of an electrical potential to a gold film, resulting in the oxidation of the film. To create an electro-responsive platform, Inaba et al<sup>48</sup> used a gold surface modified with a SAM comprised of alkanethiol and RGD peptides. Within 10 minutes of applying a –1.0 V electrical potential to this surface, the cell sheets that had grown there detached. To decrease the likelihood of harmful chemicals used in the preparation of this system remaining present within prepared cell sheets, which could potentially induce an inflammatory response in vivo, the gold surface was modified with an oligopeptide containing a central RGD adhesion peptide surrounded by terminal cysteine residues. Cell sheets were detached by a negative electrical potential.<sup>49</sup> To facilitate cell sheet detachment during electrochemical polarization,<sup>50</sup> polyelectrolyte-modified surfaces have also been used in the context of electro-responsive cell sheet preparation.<sup>51</sup> Polyelectrolytes adsorb onto oppositely charged surfaces via electrostatic interactions. However, these polyelectrolyte-modified surfaces can introduce local alterations in pH attributable to polyelectrolyte electrochemical dissolution, and these may induce DNA damage or apoptotic cell death.<sup>52</sup> A recently reported study has demonstrated the design of an electrochemically switchable approach to micropatterned heterotypic cell sheet preparation utilizing a system consisting of a combination of photolithographic processing and local polyelectrolyte electrochemical dissolution.<sup>51</sup> To date, most studies have explored the use of electro-responsive systems to prepare cell sheets in the context of vascularized tissue generation, whereas no reports have specifically leveraged these techniques in the context of bone regeneration.<sup>54</sup> The particular platforms and substrates necessary to design these electro-responsive systems may also represent a barrier to their more widespread application.<sup>13</sup>

## Photo-Responsive Systems

Photo-responsive CST preparation strategies have recently emerged as a promising alternative to other techniques given that they do not leave any residues within the resultant cell sheets and they maintain the integrity of the ECM and associated cellular interactions,<sup>55,56</sup> preserving cell viability in a non-invasive manner. Importantly, illumination is easily controlled, making this approach to cell sheet harvesting highly efficient and convenient.<sup>57</sup> In 2013, researchers discovered that UV radiation might alter the wettability of titanium dioxide (TiO<sub>2</sub>), allowing for the detachment of cell sheets.<sup>58</sup> Several recent studies have demonstrated that a range of surface materials and wavelengths of light can be combined to similarly achieve a robust photo-responsive system.

## UV (365–366 nm)-Induced CST

The first study on using UV light (365 nm)<sup>58</sup> to trigger CS detachment used quartz coated with TiO<sub>2</sub> nanodot-coated quartz serving as a substrate to grow cells for 5 days. In response to subsequent UV (365 nm) irradiation for 20 min, an

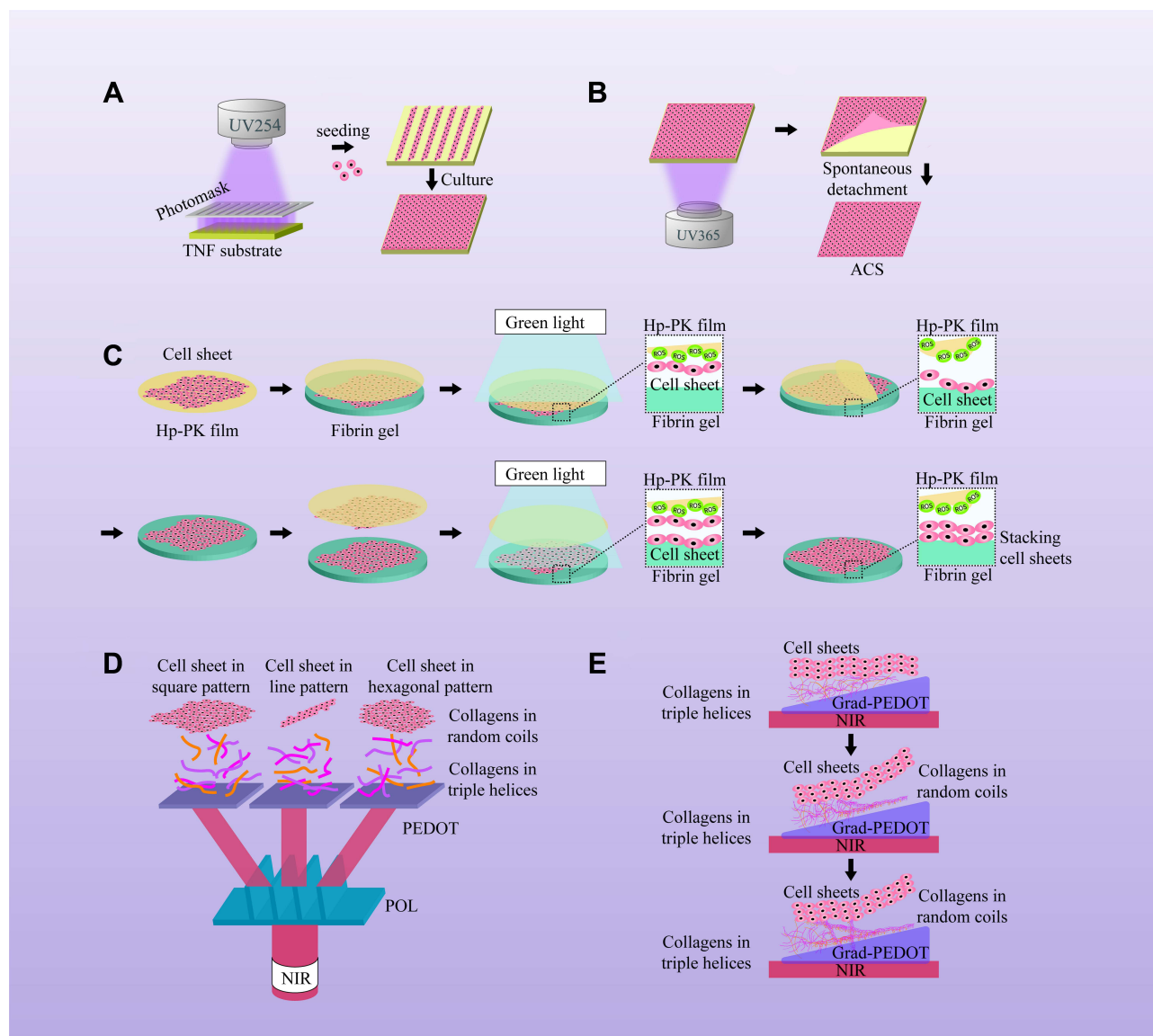
intact cell sheet that was viable, functional, and capable of reattaching to other surfaces was produced. Importantly, the cells in this sheet were also free of substantial oxidative DNA damage. More recently, many TiO<sub>2</sub> film modification approaches have been developed. For example, Cheng et al<sup>59</sup> revealed that cells were able to spontaneously detach from nanostructured anatase TiO<sub>2</sub> film culture surfaces when exposed to UV (365 nm) irradiation, with such detachment being more rapid than that observed from dense films or nanodot surfaces, suggesting that film nanostructural characteristics are an important consideration in the preparation of cell sheets. Other inorganic compounds have also been incorporated into TiO<sub>2</sub> films to improve cell sheet harvesting. In some studies, carbon quantum dots (CQDs) were added to TiO<sub>2</sub> films, resulting in faster CS detachment in response to UV (365 nm) irradiation than CQD-free films.<sup>60</sup> Other elements incorporated into these TiO<sub>2</sub> films include SiO<sub>2</sub>, Zn, and Gr, resulting in the spontaneous and rapid detachment of functionally intact cell sheets.<sup>60–62</sup> Moreover, TiO<sub>2</sub> film surfaces decorated using organic materials have been utilized, as in the case of two studies demonstrating that TiO<sub>2</sub> films with surface-immobilized RGD peptides can improve the adhesion of cells while allowing for rapid cell sheet detachment within 30 min upon UV (365 nm) irradiation.<sup>63,64</sup> A 2017 study explored the use of recombinant human laminin-521 to modify TiO<sub>2</sub> films and found that an intact cell sheet characterized by improved proliferation and adhesion could be attained using this strategy. Notably, the result cell sheet could readily reattach to other surfaces, making it well-suited to subsequent transplantation.<sup>65</sup> Recently, researchers have leveraged a polydopamine/TiO<sub>2</sub> film to construct a cell sheet that could be readily harvested and remained functionally intact.<sup>66,67</sup> Researchers have developed light-responsive multilayer cell sheets using a TiO<sub>2</sub> coating and photo-cross-linkable gelatin methacrylate. The micropatterning of this film was achieved via photomask-assisted UV254 illumination (Figure 2A), while cell sheet harvesting was achieved via UV (365 nm) irradiation (Figure 2B). This strategy was demonstrated to be effective as a means of stacking cell sheets in a multilayered manner.<sup>53</sup> This new CST approach has facilitated the design of other versatile cell sheets as in the case of a pre-vascularized cell sheet amenable to subsequent transfer.<sup>68</sup> In a recent report, One group of scientists recently published a paper detailing their efforts to create a silicon surface that responds to both light and temperature by employing mixed polymer brushes.<sup>69</sup> The combination of light and temperature stimuli enhanced cell sheet collecting effectiveness when cells were cultivated on this surface and released in response to temperature decreases and UV (366 nm) irradiation. This strategy highlights a promising range of approaches that can be used to facilitate cell sheet collection in response to various stimuli.

## Visible Light (400–800) Induced CST

Wang et al<sup>55</sup> originally documented the fabrication of cell sheets utilizing a visible light-responsive technique, in which the sheets were detached from p/n junction-containing silicon wafer substrates (Si(p/n)) in response to illumination with visible light. Another study has reported a potent ROS-responsive cell sheet preparation strategy using a haematoporphyrin-incorporated polyketone (Hp-Pk) film that generates ROS in response to green light (510 nm).<sup>70</sup> This technique allows for the efficient spatiotemporal regulation of cellular detachment.<sup>71</sup> In more recent studies, researchers have achieved success in preparing a three-layered cell sheet via this approach that was subsequently used to repair wound defects in nude mice (Figure 2C).<sup>85</sup> While this strategy can effectively release cell sheets for downstream utilization, the high levels of ROS that are generated have the potential to harm cells and damage DNA, inducing apoptotic cell death as the duration or intensity of exposure is increased.<sup>71</sup>

## NIR Light (808 nm)-Induced CST

Na et al<sup>99</sup> constructed cell sheets using a near-infrared (NIR) light-based approach that is promising owing to the ability of NIR light to penetrate tissues while remaining safer than visible or ultraviolet light at a given intensity level (Figure 2D). These researchers were able to separate cell sheets in 5 minutes owing to the poly(3,4-ethylenedioxythiophene) (PEDOT) substrate's strong photothermal efficiency in response to NIR light diffraction through a micropatterned optical lens. More recently, a PEDOT substrate prepared with a thickness gradient via electrodeposition was utilized to facilitate cell sheet preparation. As the temperature on the thicker side of this substrate rose more rapidly in response to uniform NIR irradiation, collagen dissociation occurred more rapidly such that cell sheets detached in a controlled manner along the thickness gradient<sup>72</sup> (Figure 2E).



**Figure 2** Schematic illustration of light-induced cell sheet (CS) preparation and harvest. **(A)** Ultraviolet 254 (UV254)-induced cell sheet patterning on titanium oxide (TiO<sub>2</sub>) nanodots film (TNF). **(B)** UV365-induced anisotropic cell sheet (ACS) detachment on TNF. **(C)** The procedure for reactive oxygen species (ROS)-induced CS transfer from Hp-PK film to fibrin gel, and then the stacking process under green light. **(D)** A schematic illustration for the harvest of multiple CS by near-infrared (NIR) light. **(E)** A schematic illustration for the precisely directed CS detachment from the gradient photothermal surface.

**Notes:** Reproduced from Liu C, Zhou Y, Sun M, et al. Light-induced cell alignment and harvest for anisotropic cell sheet technology. *ACS Appl Mater Interfaces*. 2017;9(42):36513–36524. Copyright 2017, American Chemistry Society.<sup>67</sup> Reproduced from Koo MA, Hee Hong S, Hee Lee M, et al. Effective stacking and transplantation of stem cell sheets using exogenous ROS-producing film for accelerated wound healing. *Acta Biomater*. 2019;95:418–426. Copyright 2019, with permission from Elsevier.<sup>72</sup> Reproduced from Na JH, Seok J, Han M, Lim H, Kim HO, Kim E. Harvesting of living cell sheets by the dynamic generation of diffractive photothermal pattern on PEDOT. *Adv Funct Mater*. 2017;27:10. Copyright 2017, John Wiley and Sons.<sup>73</sup>

## Mechanisms of Light-Induced CST

The formation and separation of light-induced CS have related to the following factors: 1) Surface wettability changes under light illumination. There is evidence that some materials (such as organic material substrates and TiO<sub>2</sub>) change their hydrophobic to hydrophilic properties when exposed to light.<sup>73,74</sup> Hydrophilic surfaces are generated when oxygen vacancies are created by UV irradiation, changing the Ti<sup>4+</sup> sites to Ti<sup>3+</sup> sites that interact with water molecules in the surrounding solution or air.<sup>75</sup> Once the oxygen vacancies are filled by water, terminal hydroxyl groups (TiOHT) are generated, which can react with the amino groups (-NH<sup>3+</sup>) of surface-bound proteins to cause a change in the shape of the proteins.<sup>76</sup> Once the CS has detached, the release of external sticky proteins may be monitored. Second, the surface

accumulates electrons as a result of exposure to light. Cell adhesion is enhanced on positively charged surfaces because the cell membrane is negatively charged.  $\text{TiO}_2$  is excited by UV light to generate electron-hole ( $e^-/h^+$ ) pairs, which are then efficiently separated and transferred to create a surface with varying potentials.<sup>60</sup> The negative potential of the film surface may be augmented by the buildup of electrons thereon. The CSs detached the film surfaces because of the light-triggered, negative charge.<sup>77</sup> Surface charge is regulated by surface voltage and potential<sup>78</sup> and it has the potential to change the conformation of sticky proteins<sup>79</sup> and their release. Protein conformational changes (from  $\alpha$ -helix to  $\beta$ -sheet transition) have been linked to a negative charge and reactive oxygen species (ROS) in UV- and visible-light-induced CS detachment, leading to protein release and CS detachment.<sup>80</sup> 3) it might cause a structural shift in collagens. Adsorbed collagen molecules are heated locally as the photothermal effects heat the PEDOT surface rather than the cell medium. As the temperature rises, collagen loses its water content, and the triple helices unfurl into a polypeptide chain in a random-coil form. As a result of this structural modification, collagens disintegrate and dissociate into the medium.<sup>81</sup> It follows that the CSs and their intermediates break apart. Specifically, the additive effects of surface characteristics<sup>82</sup> can be used to control cell adhesion and detachment. When light is introduced, each of the aforementioned processes works together and happens simultaneously. To put it simply, CSs will detach from surfaces on their own under these conditions.

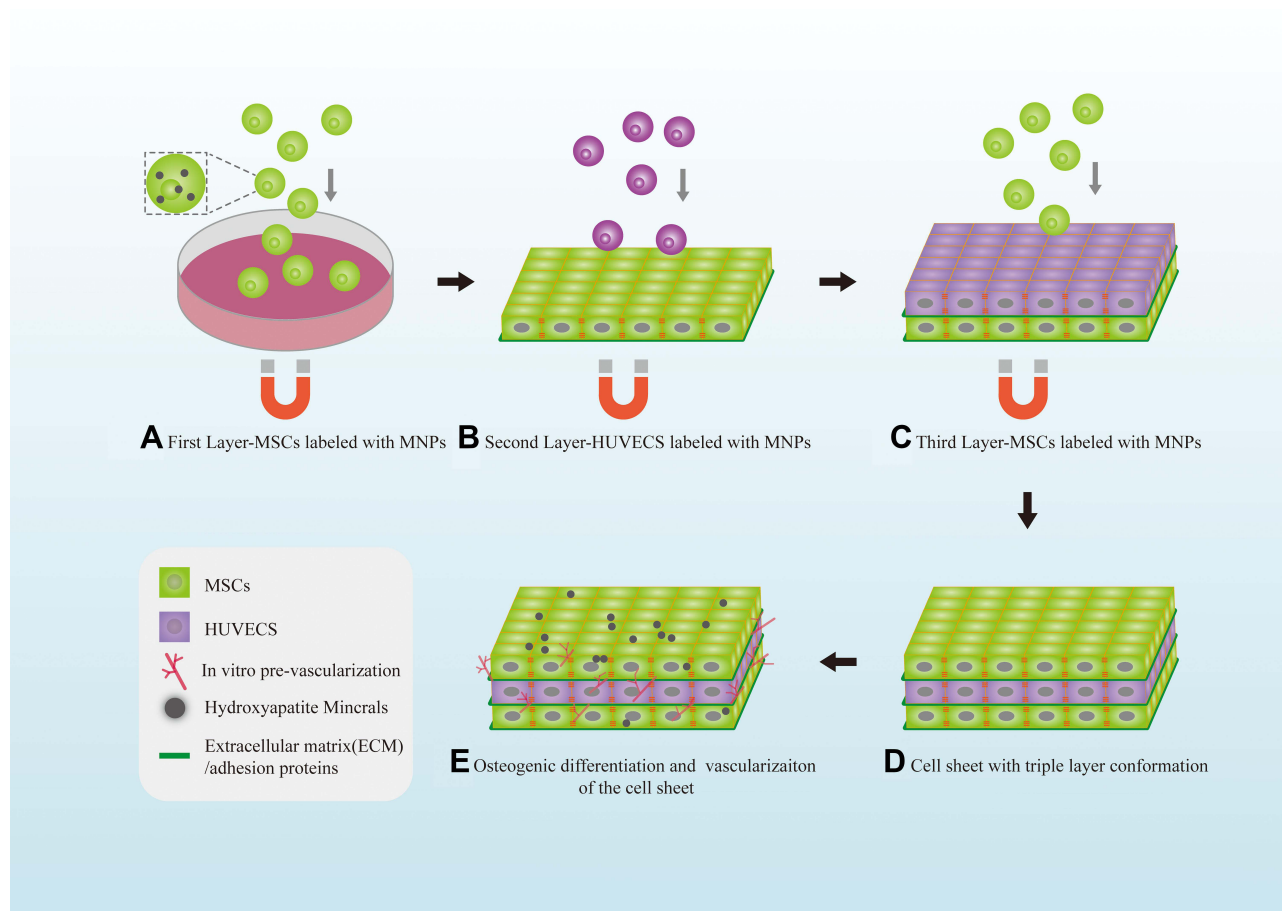
Given that light-mediated cell sheet harvesting is a relatively recent technique, it has primarily been utilized in the context of cutaneous wound healing and osseointegration to date.<sup>70,83</sup> While these experiments have yielded promising outcomes, further work is necessary to optimize this technique given that prolonged NIR irradiation can adversely impact the viability and activity of cells within the resultant cell sheet,<sup>72</sup> with ROS generated in the context of resultant cell sheet detachment having the potential to damage the cell membrane.<sup>84</sup> Clear standards regarding the biosafety of light in these photo-responsive systems are currently lacking.

## Magnetic Systems

Ito et al<sup>87</sup> were the first to discuss magnetic techniques for the fabrication of cell sheets. The magnetic attraction was used to construct multilayered MCL-labeled cell sheets in an ultralow-attachment plate after cells took up positively charged magnetite cationic liposomes (MCLs). When the magnetic field was removed, these cell sheets were readily harvested using a magnet. More recently, researchers proposed the utilization of RGD peptide-conjugated MCLs (RGD-MCLs) to facilitate magnet-based cell sheet preparation, with RGD-MCLs facilitating robust cellular adhesion while retaining the ability for cell sheets to be harvested when the magnetic field was removed.<sup>88</sup>  $\text{Fe}_3\text{O}_4$  magnetic nanoparticles (MNPs) coated with nanoscale graphene oxide ( $\text{nGO}@Fe_3O_4$ ) have also been proposed for use in the context of cell sheet generation, with cells that take up these particles being highly amenable to multilayered cell sheet preparation in a system in which the thickness of the cell sheet could be regulated via repeated cell addition.<sup>89</sup> Several cell sheet types have been reportedly prepared using magnet-based approaches, including sheets consisting of MSCs, hepatocytes, endothelial cells, and cardiomyocytes<sup>86,87,90</sup> (Figure 3). While magnetic nanoparticles have shown great promise as an efficient, inexpensive, and straightforward approach to cell sheet preparation, they do not allow for the harvesting of unmodified cell sheets. In addition, the resultant cell sheets do not detach in the form of cellular monolayers, instead forming cellular aggregate clumps.<sup>71,86</sup>

## pH-Responsive Systems

Guillaume-Gentil et al<sup>91</sup> suggested a pH-responsive culturing technique for the manufacture of cell sheets. Layer-by-layer deposition of cationic poly (allylamine hydrochloride) and anionic poly (styrene sulfonate) onto conductive electrodes made of indium tin oxide was used in this method, and cells were then seeded onto the resulting surface. When the pH was decreased to 4.0, an intact cell sheet monolayer could readily be obtained. While this technique was effective as a means of facilitating cell sheet harvesting, it induced unavoidable cellular damage owing to the pH-sensitive nature of cells.<sup>92</sup> Separation of cells in response to pH shifts was facilitated by Chen et al<sup>93</sup> using a novel chitosan-based method. In this case, chitosan was used for cell culture. Cell adhesion to the chitosan substrate was facilitated by the release of fibronectin from these cells, which was adsorbed on the substrate when the pH of the culture fluid was maintained at 7.2. However, an increase in the culture media pH to 7.65 resulted in chitosan surface deprotonation, yielding this surface a positive charge that leads to fibronectin desorption and cellular detachment.<sup>94</sup>



**Figure 3** Schematic illustration of the fabricated 3D vascularized heterotypic cell sheet by magnetic responsive system. MSCs, mesenchymal stem cells. MNPs, magnetite nanoparticles. HUVECs, human umbilical vein endothelial cells.

**Notes:** Reproduced from Silva AS, Santos LF, Mendes MC, et al. Multi-layer pre-vascularized magnetic cell sheets for bone regeneration. *Biomaterials*. 2020;231:119664. Copyright 2020, with permission from Elsevier.<sup>89</sup>

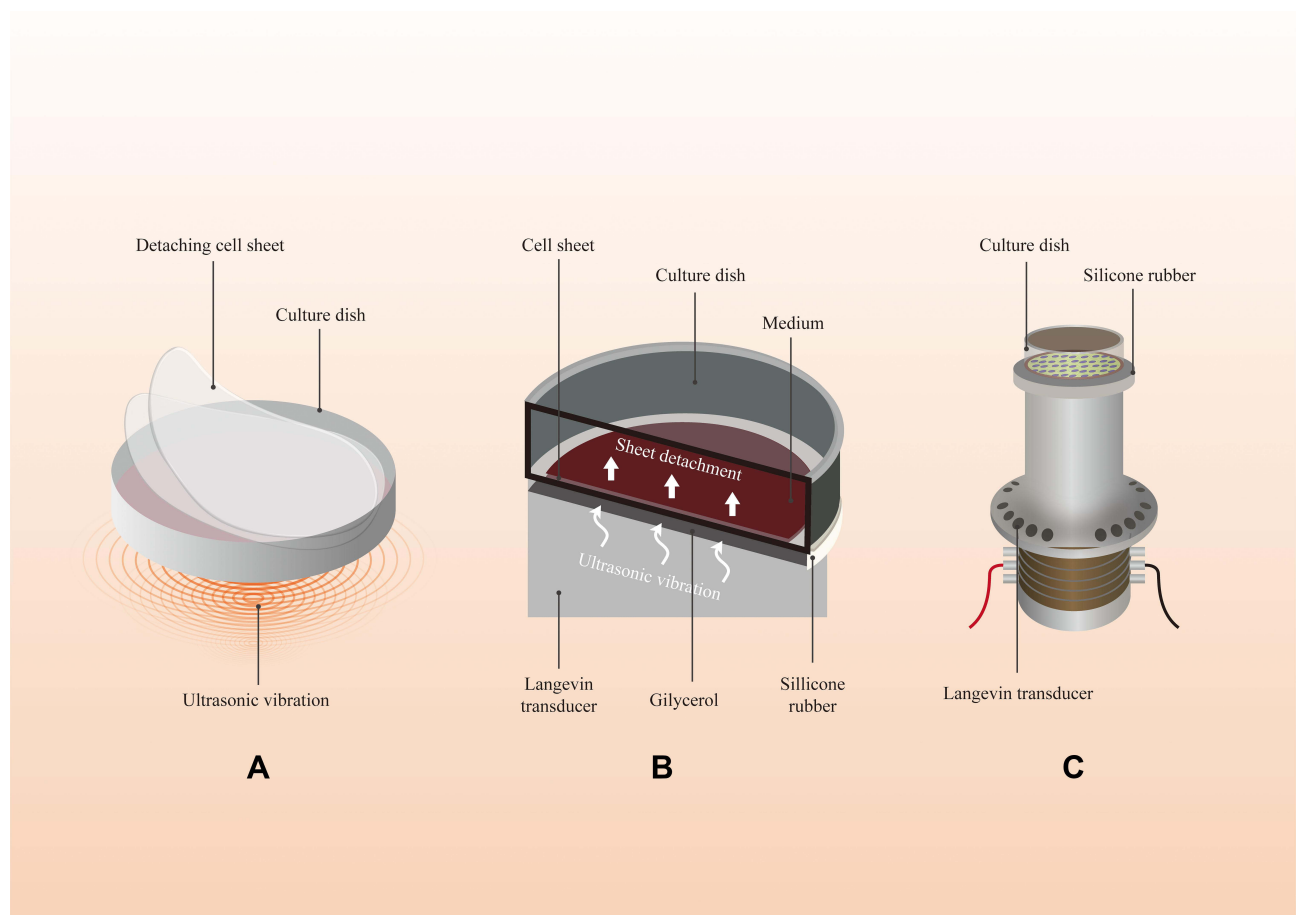
This strategy, however, has not yet been used to successfully promote complete cell sheet detachment. These pH-responsive systems have only been evaluated in a handful of studies to date, primarily owing to the limited pH range (6.8–7.4) required for normal cellular function.

## Mechanical Systems

Mechanical systems offer a means of preparing cell sheets without the need for particular culture substrates or techniques, but these systems can require difficult-to-implement manipulation strategies. There have been relatively few studies specifically exploring simple mechanical cell sheet preparation techniques, yet these techniques are often used in the context of CST applications. At the most basic level, cells grown in an appropriate cell sheet induction medium for days or weeks can be detached using a cell scraper and forceps following the formation of a viable cell sheet.<sup>95</sup> In one report, Imashiro et al<sup>17</sup> utilized ultrasonic vibration to detach cell sheets from standard cell culture vessels without adversely impacting cellular viability (Figure 4). Alternatively, some research groups have utilized cell sheet induction medium containing gelatin to produce cell sheets that were more proliferative and associated with a robust ECM, yielding stronger, thicker sheets that could be more easily collected.<sup>96</sup> To date, cell sheets prepared using this strategy have frequently been employed in the context of bone and cartilage regeneration.<sup>97,98,100</sup>

To improve cell sheet maneuverability when utilizing a mechanical approach, amniotic membranes (AMs), which consist of a thin tissue layer that covers the outermost placental surface, can be used as a cell culture substrate. Given that AMs are often discarded after delivery, there are no major ethical concerns regarding their use, and they are easily accessible. Importantly, AMs exhibit antifibrotic, antiangiogenic, and antimicrobial properties together with acceptable mechanical properties. In addition,





**Figure 4** Cell sheet (CS)-detaching process by ultrasonic vibration. **(A)** Schematic illustration of CS detachment. **(B)** The CS was detached from the bottom of the dish by ultrasonic vibration. **(C)** CS-detaching system in an incubator.

Notes: Adapted from Imashiro C, Hirano M, Morikura T, et al. Detachment of cell sheets from clinically ubiquitous cell culture vessels by ultrasonic vibration. *Sci Rep.* 2020;10(1):9468. Copyright © 2020, The Author(s), Creative Commons CC BY license.<sup>17</sup>

AMs are largely not immunogenic and suppress pain and inflammation, making them well-suited to use as a tissue culture scaffold.<sup>101–103</sup> Nam et al<sup>104</sup> seeded canine corneal epithelial cells on canine AMs, leading to successful corneal epithelial sheet preparation. More recently, human periodontal ligament-derived cells (PDLs) sheets and human dental pulp stem cells (DPSCs) sheets have been generated on AM surfaced by different research teams.<sup>105,106</sup> Lindenmair et al<sup>107</sup> successfully achieved intact human AM (hAM)-mediated osteodifferentiation in vitro and patented their approach.<sup>108</sup> Mohr et al<sup>109</sup> combined chorionic membrane-derived cells and hAM to improve the osteogenic differentiation of these cells, while Starecki et al<sup>110</sup> combined autologous bone and AMs to successfully repair critical femoral bone defects in rats. Takizawa et al<sup>111</sup> subcutaneously implanted AM-associated DPSC sheets into nude mice's maxillary bone defect sites, and within 4 weeks, they observed mineralization and bone defect regeneration. Importantly, AM-cell sheet composites have been explored in clinical contexts by Amemiya et al,<sup>112</sup> who cultured autologous oral mucosal epithelial cell sheets on AM substrate surfaces prior to use for the intraoral repair of mucosal defects in 5 patients. Following transplantation, these patients did not exhibit any signs of rejection, bleeding, infection, or sheet detachment, and new oral mucous membrane tissue ultimately developed at the treated site.

## The Application of CST to Promote Bone Regeneration

### The Use of Cell Sheets Alone

The use of CST to hasten bone healing, alleviate chronic pain and infection, and lessen the risk of immunologic responses associated with fresh frozen allogeneic bone transplants has gained popularity in recent years (Table 2).<sup>23</sup> Rapid advances in the CST field have led to the application of the techniques discussed above in the context of bone

**Table 2** The Application of Cell Sheet Technology in Bone Regeneration in vivo

Author	Cell Type	Preparation System	Scaffold/ Growth Factor	In vivo	Function	Ref
Akahane	Rat BMSCs (osteogenic induction)	Mechanical	None	Rats (subcutaneous)	Osteogenesis	[113]
Yan	Rat DPCs (osteogenic induction)	Mechanical	None	Nude mice (subrenal capsule)	Osteogenesis	[114]
Ueyama	Rat BMSCs (osteogenic induction)	Mechanical	None	Rats (mandibular symphysis)	Osteogenesis	[115]
Nakamura	Rat BMSCs (osteogenic induction)	Mechanical	None	Rats (femoral fracture)	Osteogenesis	[116]
Shimizu	Rat BMSCs (osteogenic induction)	Mechanical	None	Rats (femoral fracture)	Osteogenesis	[117]
Yoon	Beagle dog ADMSCs (osteogenic induction)	Mechanical	FT-GCS	Beagle dogs (radius bone fracture)	Osteogenesis	[118]
Ueha	Rat BMSCs (osteogenic induction)	Mechanical	$\beta$ -TCP	Rats (subcutaneous/femoral defects)	Osteogenesis	[123]
Zhang	Human PDLSCs	Mechanical	AuNPs/BCP	Nude mice (subcutaneous)	Osteogenesis	[124]
Xie	Human ESMSCs	Mechanical	PSeD	Rats (calvarial defects)	Osteogenesis	[45]
Shan	Canine BMSCs (osteogenic induction)	Temperature-responsive	PLGA	Canines (mandibular defects)	Osteogenesis	[125]
Zhao	Human PDLSCs	Mechanical	PCL-SIM	Athymic mice (subcutaneous)	Osteogenesis	[126]
Liu	Rat BMSCs (osteogenic induction)	Mechanical	CBB	Rats (skull defects)	Osteogenesis	[127]
Shang	Human BMSCs (osteogenic induction)	Temperature-responsive	Allografts	Mice (femoral defects)	Osteogenesis	[128]
Yu	MC3T3-E1	Mechanical	Collagen membrane	Mice (calvarial bone defects)	Osteogenesis	[129]
Qi	Rat BMSCs	Mechanical	CS/BMP-2	Rats (femoral defects)	Osteogenesis	[130]
Dang	Human BMSCs	Mechanical	TGF- $\beta$ 1/BMP-2	Rats (calvarial bone defects)	Osteogenesis	[131]
Chen	Rat BMSCs	Mechanical	SDF-1	Rats (tibial defects)	Osteogenesis	[132]
Hu	Rat ADSCs	Mechanical	CGF	Rats (skull defects)	Osteogenesis	[133]
Panduwawala	Human PDLSCs and HUVECs	Temperature-responsive	Human tooth roots	Nude mice (subcutaneous)	Osteogenesis and angiogenesis	[135]
Silva	Human ADSCs and HUVECs	Magnetic-responsive	None	A chick embryo model	Osteogenesis and angiogenesis	[86]
Xu	Rat BMSCs	Mechanical	None	Rats (calvarial bone defects)	Osteogenesis and angiogenesis	[136]

(Continued)

**Table 2** (Continued).

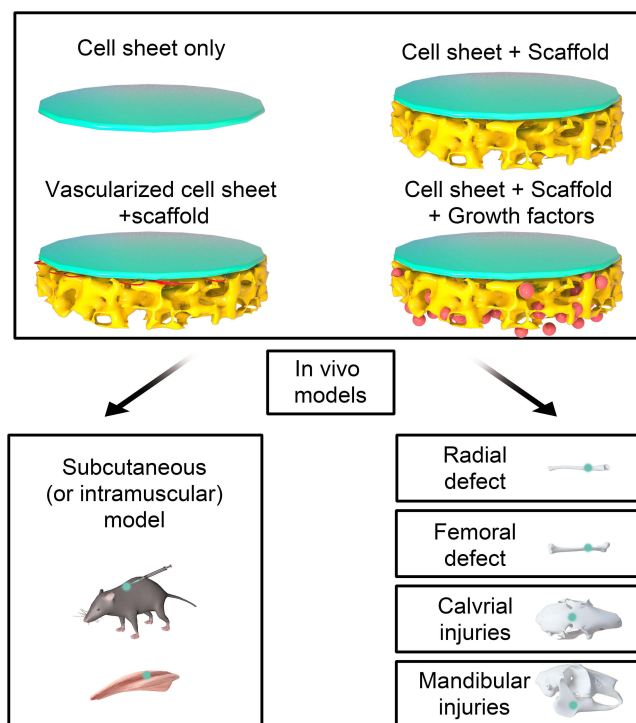
Author	Cell Type	Preparation System	Scaffold/ Growth Factor	In vivo	Function	Ref
Zhang	Rabbit ADSCs	Mechanical	CHA	Nude mice (subcutaneous)	Osteogenesis and angiogenesis	[137]
Ma	Rabbit BMSCs	Mechanical	$\beta$ -TCP	Rabbits (muscular pockets)	Osteogenesis and angiogenesis	[138]
Kang	Human MSCs and HUVECs	Mechanical	$\beta$ -TCP	Nude mice (subcutaneous)	Osteogenesis and angiogenesis	[95]
Zhang	Rat BMSCs	Mechanical	$\beta$ -TCP	Rats (calvarial bone defects)	Osteogenesis and angiogenesis	[139]
Jin	Rat transfected BMSCs	Mechanical	BMP-2	Rats (calvarial bone defects)	Osteogenesis	[144]
Wang	Rabbit transfected BMSCs	Mechanical	CTGF/HBD3	Nude mice (subcutaneous)	Osteogenesis	[154]
Kim	Canine ADSCs	Mechanical	BMP-7	Canine (radial bone defects)	Osteogenesis	[155]
Su	Rabbit transfected BMSCs	Mechanical	BMP-1	Rabbits (mandibular distraction osteogenesis)	Osteogenesis	[156]

**Abbreviations:** BMSCs, bone marrow mesenchymal stem cells; DPCs, dental pulp cells; ADMSCs; adipose-derived mesenchymal stem cells; FT-GCS; frozen-thawed gelatin-induced osteogenic cell sheet;  $\beta$ -TCP, beta-tricalcium phosphate; PDLSCs, periodontal ligament stem cells; AuNPs, gold nanoparticles; BCP, biphasic tricalcium phosphate; ESMSCs, ethmoid sinus mucosa derived mesenchymal stem cells; PSeD, poly (sebacoyl diglyceride); PLGA, polylactic-co-glycolic acid; PCL, polycaprolactone; SIM, simvastatin; CBB, calcined bovine bone; CS, calcium sulfate; BMP-2, bone morphogenetic protein-2; TGF- $\beta$ 1, transforming growth factor-beta 1, SDF-1, stromal cell-derived factor-1; CGF, concentrated growth factor; HUVECs, human umbilical vein endothelial cells; CHA, coral hydroxyapatite; CTGF, connective tissue growth factor; HBD3, human  $\beta$  defensin.

tissue regeneration (Figure 5). For example, in 2008 Akahane et al<sup>113</sup> subcutaneously transplanted osteogenic cell sheets in rats, and found that after 6 weeks these transplanted sheets exhibited evidence of new bone formation characterized by the presence of osteocytes, a mineralized matrix, and an osteoblast lining. In a separate report, researchers implanted layered cell sheets prepared from rat dental pulp (DP) cells into the subrenal capsule of nude mice, and observed new bone development at 8 weeks post-implantation.<sup>114</sup> Ueyama et al<sup>115</sup> further performed the transplantation of osteogenic bone marrow stem cell (BMSC) sheets into maxillofacial bone defects in rats, thereby promoting extensive new bone development in the implanted region at 8 weeks post-surgery. A number of studies have also highlighted the beneficial effects of osteogenic cell sheet application in the context of delayed bone union or nonunion, which is a complex process that can be shaped by a range of mechanical and/or biological factors.<sup>116–118</sup>

## The Use of Cell Sheets in Combination with Scaffolds

While cell sheet formation is primarily dependent upon interactions among cells and a robust ECM, these sheets lack any intrinsic mechanical strength, limiting their utility in the context of bone defect repair. However, combining these cell sheets with scaffolds can provide the requisite spatial and mechanical strength to make such repair strategies significantly more feasible. In addition, a novel osteoinductive material is also necessary to enhance bone regenerative outcomes.<sup>119–122</sup> For example, Akahane et al<sup>113</sup> subcutaneously implanted rats with hydroxyapatite (HA) scaffolds wrapped in osteogenic cell sheets, with subsequent histological analyses revealing that new bone growth was detectable at 4 weeks post-implantation within HA pores. In their study, Ueha et al<sup>123</sup> utilized BMSC-containing beta-tricalcium phosphate ( $\beta$ -TCP) scaffolds wrapped in osteogenic BMSC sheets that were subcutaneously implanted, thereby promoting new bone formation within femoral bone defects. Moreover, Zhang et al<sup>124</sup> leveraged biphasic tricalcium phosphate (BCP) ceramics wrapped with gold nanoparticle (AuNP)-treated PDLSC sheets to prepare a composite material that was then subcutaneously implanted into tissue pockets in nude mice, with the incorporated AuNPs significantly expediting ectopic bone growth in this model system at 8 weeks post-implantation.



**Figure 5** The types of constructions and in vivo models used in bone regeneration.

As an alternative to ceramic scaffolds, polymeric scaffolds combined with cell sheets have been explored as tools to promote bone regeneration. Xie et al<sup>45</sup> for example, generated composites consisting of BMCs contained within porous poly(sebacoyl diglyceride) (PSeD) that were wrapped using human ethmoid sinus mucosal-derived MSC (hESMSC) sheets, and they found that these composites effectively promoted new bone growth at 8 weeks post-implantation into rat calvarial defects (8 mm). Poly lactic-co-glycolic acid (PLGA) scaffolds wrapped using osteogenic cell sheets have also been utilized to promote new bone growth in the context of canine mandibular bone defects,<sup>125</sup> while Zhao et al<sup>126</sup> seeded PDLSCs on a polycaprolactone (PCL)-simvastatin (SIM) membrane scaffold, with the resultant cell sheet-scaffold construct being subcutaneously implanted into nude athymic mice, resulting in enhanced ectopic mineralization at 8 weeks post-implantation. Calcined bovine bones and allografts are only two examples of natural bone-derived scaffolds that have been utilized to promote faster bone regeneration.<sup>127,128</sup> In their recent study, Yu et al<sup>129</sup> transplanted angle-ply collagen membrane-supported cell sheets into murine calvarial defects, and found that these sheets were associated with more bone formation than that observed in other treatment groups at both 4 and 8 weeks post-implantation.

## Combined Use of Growth Factors and Cell Sheets

Growth factors are important mediators of bone regeneration and have been combined with cell sheets to improve regenerative outcomes in several recent reports. For example, Qi et al<sup>130</sup> observed significant increases in bone formation at 4 and 8 weeks post-surgery in a rabbit ulnar segmental defect model system when animals were implanted with recombinant human bone morphogenetic protein-2 (rhBMP-2)-loaded calcium sulfate wrapped in BMSC sheets as compared to the outcomes observed for rabbits treated with cell sheets or rhBMP-2/CS alone, consistent with the ability of the utilized bioactive microparticles to facilitate sustained BMP-2 delivery. In another study, Dang et al<sup>131</sup> detected improved bone defect healing in a rat calvarial bone defect model when human BMSC sheets were combined with such microparticles. Moreover, Chen et al<sup>132</sup> found that the transplantation of MSC sheets in combination with local stromal cell-derived factor-1 (SDF-1) injection was associated with accelerated bone tissue healing. Similarly, Hu et al<sup>133</sup>

generated a complex formed from concentrated growth factor (CGF) and adipose-derived stem cell (ADSC) sheets, with the resultant complex being used to repair rat skull defects, effectively promoting new bone formation.

## The Importance of Vascularized Cell Sheets in Bone Regeneration Applications

Pre-vascularization is critical to ensuring that engineered bone tissue remains viable and successfully integrates with host bone tissue following implantation. Osteogenic differentiated pre-vascularized MSC sheets preserve their immunomodulatory and microvascular characteristics upon implantation.<sup>134</sup> In some recent studies, research teams have sought to enhance vascularization in tissue-engineered bone. For example, Panduwawala et al<sup>135</sup> employed cell sheets consisting of human PDLc and human umbilical vein endothelial cells (HUVEC) sheets wrapped within human tooth roots and subcutaneously implanted within immunodeficient mice, leading to robust bone and vascular lumen development at 8 weeks post-implantation. In a separate report, multilayered cell sheets consisting of human ADSC and HUVEC sheets were implanted in a chick embryo model system, revealing that human vascular structures were preserved and human cells were capable of migrating and integrating with the chick vasculature within 3 weeks post-implantation.<sup>86</sup> Xu et al<sup>136</sup> seeded an undifferentiated BMSC cell sheet with BMSC-derived endothelial cells (ECs) to create a pre-vascularized cell sheet; they then implanted this sheet and an osteogenic BMSC sheet into rat calvarial defects, where the pre-vascularized group showed superior bone tissue formation and a greater number of functional perfused blood vessels compared to the control group. To further investigate the synergistic promotion of angiogenesis and osteogenesis in a subcutaneous heterotopic transplantation experiment, Zhang et al<sup>137</sup> generated a double-cell sheet complex consisting of a combination of osteogenic and vascular endothelial cell sheets and combined this complex with coral HA. In another novel report, researchers encircled a porous  $\beta$ -TCP scaffold with an arteriovenous loop via insertion onto the lateral groove, with the resultant complex being wrapped in a BMSC sheet before transplantation into a rabbit thigh muscle pocket, leading to the accelerated development of vascular and bone tissue.<sup>138</sup>

A thin membrane called the periosteum covers the surface of bone tissue and serves a critical function in controlling the growth and repair of bone.<sup>13</sup> Through the deposition of HUVECs on undifferentiated hMSC sheets, Kang et al<sup>95</sup> were able to recreate the fibrous layer of native periosteal tissue, and the osteogenic periosteal tissue layer was achieved through the activation of osteogenesis in hMSC sheets. When these cell sheets were combined and then wrapped in a porous  $\beta$ -TCP scaffold, the authors were able to create a biomimetic periosteum that could be effectively implanted subcutaneously in nude mice, whereupon it was sufficient to drive angiogenic activity and anastomose with the local host vasculature and to promote osteogenic activity. Zhang et al.<sup>139</sup> Similarly, these biomimetic periosteal scaffolds were shown to stimulate faster bone and vascular formation when they were constructed from rat BMSCs, wrapped in a porous  $\beta$ -TCP scaffold, and transplanted into calvarial defects in rats.

## Cells Type Used for the Generation of Cell Sheets

Since its initial emergence in the 1980s–1990s,<sup>23</sup> As time has progressed, tissue engineering has matured, and critical success criteria have been identified for various tissue engineering strategies, including sufficient blood supply, an appropriate number of progenitor cells, appropriate quantities of signals necessary to induce the differentiation of those cells in the appropriate order, and an appropriate ECM or scaffold capable of supporting engineered tissue development.<sup>140</sup> Therefore, the success of tissue engineering aimed at bone regeneration relies heavily on the selection of seed cells with strong osteogenic capacity. A range of cell types has been used to develop cell sheets for use in the context of bone regeneration, including BMSCs,<sup>141</sup> ADSCs,<sup>133</sup> hESMSCs,<sup>45</sup> dental follicle cells,<sup>142</sup> PDLcS,<sup>143</sup> DPSCs,<sup>44</sup> and genetically modified cells.<sup>144</sup> BMSCs exhibit greater osteogenic potential than ADSCs,<sup>145</sup> while DPSCs are thought to exhibit greater proliferative and clonogenic potential than BMSCs.<sup>44</sup> Human amniotic MSCs (hAMSCs) and human umbilical cord MSCs (HUCMSCs) have also been previously leveraged to promote osteochondral defect repair.<sup>100,146</sup> Currently, hAMSCs have attracted substantial research interest owing to their higher yields and superior osteogenic potential relative to ADSCs,<sup>147</sup> with these cells offering similar advantages over hBMSCs.<sup>148</sup> Moreover, hAMSCs exhibit greater immunosuppressive activity relative to HUCMSCs.<sup>149</sup> Importantly, Since hAMSCs are produced from amniotic membranes, which are often discarded as medical waste, hAMSC-based therapy does not raise the same ethical difficulties as other kinds of stem cell-based treatment.<sup>100</sup> To date, hAMSCs have been utilized to treat diabetes.<sup>150</sup> Due

to their impressive proliferative capacity, multipotency, immunomodulatory capabilities, and powerful paracrine effects, urine-derived stem cells (USCs) have lately attracted substantial attention in the context of employing them in cell-based treatments.<sup>151</sup> For instance, Guan et al,<sup>152</sup> developed a construct comprised of USCs and a  $\beta$ -TCP scaffold that successfully promoted new bone formation when implanted into femoral segmental bone defects. Xing et al<sup>153</sup> have also reported similar findings. Genetically modified cell sheets have also been explored as potential tools for use in the context of bone regeneration,<sup>144,154–156</sup> although this strategy remains to be tested in human patients in a clinical setting, and further efforts are necessary to optimize this approach through the design of novel gene transfection approaches, efforts to control and prolong transgene expression, and other safety-related improvements.<sup>157</sup>

## Clinical Applications and Challenges

However, several therapeutic applications have lately been documented in the context of regeneration of cornea,<sup>158</sup> lungs,<sup>159</sup> heart,<sup>160,161</sup> esophagi,<sup>162,163</sup> middle ears,<sup>164,165</sup> periodontal tissue,<sup>143</sup> blood vessels,<sup>166</sup> skin,<sup>167</sup> and knee cartilage<sup>168,169</sup> regeneration (Table 3). At present, the use of CST has shown great promise as a method for fostering effective bone tissue repair. Despite major advances in this field, the therapeutic potential of this technology has yet to be completely exploited since numerous issues and constraints remain unsolved. For one, CST is limited by the

**Table 3** Clinical Applications of the Cell Sheet Technology

Type of Regenerative Tissue	Cell Types	Method of Cell Sheet Formation	Combined with Scaffolds	Monolayer/Multilayer Cell Sheets	Effects	References
Cornea	Autologous oral mucosal epithelial cells	Temperature-responsive system	No scaffolds	Monolayer	Complete re-epithelialization of the corneal surfaces in all treated eyes	[158]
Lung	Dermal fibroblasts	Temperature-responsive system	No scaffolds	Monolayer	Air leaks were completely sealed.	[159]
Heart	Autologous myoblasts	Temperature-responsive system	No scaffolds	Multilayer	Clinical condition (ejection fraction) improved markedly.	[160,161]
Esophagus	Autologous oral mucosal epithelial cells	Temperature-responsive system	No scaffolds	Multilayer	Complete re-epithelialization occurred in ulcer surfaces.	[162,163]
Middle ear	Autologous nasal mucosal epithelial cells	Temperature-responsive system	No scaffolds	Monolayer	Promote middle ear mucosa regeneration.	[164,165]
Periodontal tissue	Autologous periodontal ligament-derived cells	Temperature-responsive system	Beta-tricalcium phosphate granules	Multilayer	Promote periodontal tissue regeneration.	[143]
Blood vessels	Autologous fibroblasts and endothelial cells	Temperature-responsive system	No scaffolds	Multilayer	Promote arterial revascularization	[166]
Skin	Allogeneic keratinocytes and fibroblasts	Mechanical systems	No scaffolds	Monolayer	Accelerate wound epithelialization	[167]
Cartilage	Autologous chondrocytes	Temperature-responsive system	No scaffolds	Multilayer	Promote cartilage regeneration	[168,169]

immunogenicity and viability of cell sheets following implantation, necessitating efforts to identify additional cell types with satisfactory osteogenic characteristics and to leverage autologous cell sources wherever possible to mitigate potential immune reactivity. The possibility of in vitro cell multiplication, with its accompanying danger of contamination or adverse cell alterations, is another major obstacle to the clinical implementation of CST. The cells used for cell sheet production must be free of bacteria, mycoplasma, viruses, or endotoxin in order to be safely utilized. As such, cell sheet production requires formally defined processes and highly skilled operators at present. Notably, it is difficult to regenerate bone tissue with CST because of the lack of a reliable blood supply. In this view, CST-based initiatives to produce vascularized 3D tissues are an effective way of studying this field. Lastly, cell sheets generally lack durable mechanical properties, and the ECM and cellular components within these sheets differ significantly from those in native bone tissue. The use of cell sheets in isolation to recapitulate bone tissue may thus be challenging. To overcome these challenges, further improvements to existing CST preparation systems and/or new systems will be essential. Moreover, research focused on the development of a novel osteoinductive material is also warranted to enhance these regenerative outcomes.

## Conclusions

The use of CST has shown great promise as a method for promoting effective bone tissue repair. There are several options for creating CSs. Preparing CSs for bone regeneration is most commonly done through temperature-responsive and mechanical approaches. This is likely because temperature-responsive systems are the most traditional system and mechanical approaches are simple because they do not require any special culture substrates or techniques. Multilayered CSs are also manufactured via a magnetic method, with the form being carefully controlled by varying the amount of magnets or the magnet pattern. There have been significant advancements in this area, but many uncertainties and limits remain before the therapeutic promise of this technology can be completely realized. Complicated structures and morphologies in hard tissue are challenging to recreate with CSs alone. Improving current preparation methods or proposing a new, effective preparation system is necessary to answer these problems. To further improve these regeneration results, research into the creation of a new osteoinductive substance is required.

## Author Contributions

Qi You and Minxun Lu contributed equally to this work and wrote the manuscript. Qi You, Minxun Lu and Zhuangzhuang Li participated in searching for literature and edited the paper. Chongqi Tu and Yong Zhou contributed to the study design and critically reviewed the manuscript.

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## Disclosure

There is no conflict of interest.

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